Investigating the Microbiota and Colorectal Cancer: The Importance of Community

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Abstract

- Background. An increasing body of literature suggests that there is a role for the microbiota in colorectal cancer (CRC). Important drivers within this context have ranged from individual microbes to the whole community. Our study expands on a recent meta-analysis investigating microbial biomarkers for CRC by testing the hypothesis that the bacterial community is an important driver of both early (adenoma) and late (carcinoma) stage of disease. To test this hypothesis we examined both feces (n = 1737) and tissue (492 total samples from 350 individuals) across 14 different studies.
- Results. Fecal samples had a significant decrease from control to adenoma to carcinoma for both Shannon diversity and evenness (P-value < 0.05) after correcting for study effect and variable region sequenced. Only evenness for adenoma (P-value < 0.05) resulted in a slightly increased relative risk while lower Shannon diversity and evenness in fecal samples resulted in a significant increase in relative risk for carcinoma (P-value < 0.05). Previously associated colorectal cancer genera (Fusobacterium, Parvimonas, Peptostreptococcus, or *Porphyromonas*) followed a similar pattern with a significantly increased relative risk by their presence for carcinoma (P-value < 0.05) but not adenoma (P-value > 0.05) with 16 the exception of *Porphyromonas* (P-value < 0.05). Using the whole community versus only CRC associated genera to build a prediction model resulted in a higher classification 18 based on Area Under the Curve (AUC) for both adenoma and carcinoma using fecal and tissue samples. For the included studies, most were adequately powered for large effect size differences. This may be more amenable for carcinoma than for adenoma microbiota research due to the smaller community level changes observed in our results.
- Conclusions. This data provides support for the importance of the bacteral community to both adenoma and carcinoma genesis. The evidence collected within this study on the role of the microbiota in CRC pathogenesis is much stronger for carcinoma then adenoma.

- ²⁶ A strong reason for this may be in part due to the low power to detect more subtle changes
- 27 in the majority of studies that have been performed to date.

28 Keywords

microbiota; colorectal cancer; polyps; adenoma; meta-analysis.

Background

Colorectal cancer (CRC) is a growing world-wide health problem [1] in which the microbiota has been purported to play an active role in disease pathogenesis [2]. Numerous studies have shown the importance of both individual microbes [3-7] and the overall community [8-10] in polyp formation using mouse models of CRC. There have also been numerous case/control studies investigating the microbiota in the formation of both adenoma and carcinoma. Recently, a meta-analysis was published investigating whether specific biomarkers could be consistently identified using multiple data sets [11]. Many 37 of the studies, along with the previous meta-analysis, focus on identifying biomarkers or 38 individual microbes but do not critically investigate the role the community has in CRC. Using both feces (n = 1737) and tissue (492 samples from 350 individuals) totalling over 2229 total samples across 14 studies [12-25] [Table 1 & 2], we expand both the breadth and scope of the previous meta-analysis to investigate whether the bacterial community is an important risk factor for both adenoma and carcinoma. To accomplish this we first assessed whether the diversity changes throughout disease (control to adenoma to carcinoma) and if it results in an increased relative risk (RR) for adenoma or carcinoma. Next, we assessed how typical CRC associated genera (Fusobacterium, Parvimonas, Peptostreptococcus, or Porphyromonas) affect the relative risk of adenoma or carcinoma. Third, using Random Forest models, we analyzed whether the full community or only the CRC associated genera resulted in better model classification based on the area under the curve (AUC). Since the changes in community were subtle for adenoma we also examined 50 what effect size and sample size the studies that were used were adequately powered for. 51 Our analysis found a continuous decrease in Shannon diversity as disease became more severe which correlated with a significantly increased RR for carcinoma. Using 53

only CRC-associated genera, the RR for carcinoma was higher relative to what was

observed for the Shannon diversity RR. Conversely, we demonstrate that the AUC of the classification models increased when the full community was incorporated as opposed to only CRC-associated genera. Although we analyzed data sets which sampled large numbers of individuals, our results indicate the individual studies were underpowered for detecting effect size differences of 10% or below between the case and control groups.

Results

Lower Community Diversity is Associated with Increased RR of Carcinomas: Using power transformed and Z-score normalized α-diversity metrics, both evenness and Shannon diversity in feces, but not tissue, were lower in those with carcinoma [Figure 1]. Using linear mixed-effect models to control for study and variable region, there was a significant decrease from control to adenoma to carcinoma for both evenness (P-value = 0.025) and Shannon diversity (P-value = 0.043). However, in tissue, this effect was not observed in tissue when resampling of the same individual was also controlled for (P-value > 0.05). Within fecal samples, a decrease in Shannon diversity and evenness resulted in a significantly increased RR for carcinoma (P-value = 0.01 and 0.0011, respectively) [Figure 2]. Although these values were significant, the effect size was relatively small for both metrics (Shannon RR = 1.31 and evenness RR = 1.34) [Figure 2]. Only a decrease in evenness had an increased RR for adenoma (P-value = 0.032) [Figure 2A & S1] but this effect size was even smaller than what was observed for carcinoma (RR = 1.16).

Using the Bray-Curtis distance metric, there was a significant difference across studies in the bacterial community of fecal samples between carcinoma and controls, but not adenoma and controls [Table S1 & S2]. For studies with unmatched tissue samples a similar trend was observed [Table S3 & S4] while studies with matched tissue samples had no differences [Table S3 & S4].

CRC-associated Genera Minimally Impacts RR of Adenoma: The majority of CRC-associated genera for both feces and tissue had a significantly increased RR for carcinoma but not for adenoma [Figure 3]. In fecal samples the RR due to CRC associated genera was greater than either the RR assoicated with evenness or Shannon diversity [Figure 2 & 3]. Additionally, the RR of carcinoma continuously increased as individuals tested positive for more CRC associated genera [Figure 3B & 3D]. The RR effect size was

greater for stool (RR range = 1.61 - 2.74) than for tissue (RR range = 1.21 - 1.81). This
decrease may be explained by the fact that the tissue analysis included matched samples.

There were two significant measures for increased RR of adenoma when investigating CRC-associated genera in stool: 1) Having a higher then median value of *Porphyromonas* (P-value = 0.023) and 2) whether samples were positive for three CRC associated genera (P-value = 0.022) [Figure 3A]. With tissue, there were three significant measures for an increased RR of adenoma: 1) being positive for one CRC-associated genera (P-value = 0.032), 2) being positive for two CRC associated genera (P-value = 0.008), and 3) being positive for four CRC associated genera (P-value = 0.039) [Figure 3C].

Using the Whole Community Instead of Only CRC-Associated Genera Increases
 Model AUC: For both fecal and tissue (matched and unmatched) samples, the AUC decreases when only OTUs from the CRC-associated genera are used [Figure 4 & 5]. This decrease is observed in both adenoma and carcinoma groups [Figure 4 & 5]. The genus models generally performed similar to the OTU-based models with the full genera models performing better than the CRC-associated genera models [Figure S2-S3]. Both genus models were similarily predictive in their ability to detect adenomas or carcinomas, with carcinoma having a higher AUC then adenoma [Figure S4-S5]. Of note, matched tissue samples for those with carcinoma had an AUC that was more similar to the adenoma models [Figure S4A, S5B, & S6] than carcinoma models [Figure S4B & S5A].

A Majority of Studies are Underpowered for Detecting Small Effect Size Differences:

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When assessing the power of each study at different effect sizes the majority of studies for both adenoma and carcinoma have an 80% power to detect a 30% difference [Figure 6A & B]. No single study that was analyzed had the standard 80% power to detect an effect size difference that was equal to or below 10% [Figure 6A & B]. In order to achieve adequate power for small effect sizes, studies would need to recruit over 1000 individuals for each arm [Figure 6C].

11 Discussion

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Our study identifies clear differences in diversity both at the community level and within individual genera that are present in individuals with CRC versus those without the disease. 113 Although there was a step-wise decrease in diversity from control to adenoma to carcinoma, 114 this did not translate into large effect sizes for the relative risk of either of these two 115 conditions. Even though CRC-associated genera increase the RR of carcinoma, they do 116 not consistently increase the relative risk of adenoma. This information suggests that these 117 specific genera are important in carcinoma genesis but may not be the primary members 118 of the microbial community contributing to the formation of an adenoma. Additionally, our 119 data show that by using the whole community, our models perform better than when only 120 the CRC-associated genera are included. CRC-associated genera are clearly important to 121 carcinoma pathogenesis but accounting for the community in which these microbes exist 122 can drastically increase the ability of models to make predictions. These observations 123 suggest that small localized changes within the community may be occuring that are 124 important in early disease progression of CRC and that this process may not directly involve CRC-associated genera. 126

The data presented herein supports the driver-passenger model of the microbial role in CRC, as summarized by Flynn [2], when applied to carcinoma but not necessarily adenoma. Both the drastically increased RR of CRC-associated genera versus diversity for carcinoma and increasing RR with more CRC-associated generea positivity are highly supportive of this model. It is also possible that in a driver-passenger scenario, simply having the driver present or only identifying the passenger is a good enough proxy that the event is occuring. This would account for the observation that there is no constant additive effect on RR for increasing positivity. Additionally, the initial establishment of the driver within the system appears to be dependent on the current community. This is supported by our finding that when adding the community context to our models in addition to the

CRC-associated genera, the model AUC increases.

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With regards to carcinoma, our results support the driver-passenger model within the 138 framework of the transition from adenoma to carcinoma. Conversely, using the present 139 data, we can only theorize observations related to adenoma development fit this model. 140 The changes that occur at this timepoint are small and possibly focal to the adenoma itself. 141 The stepwise decrease in diversity suggests that the adenoma community is not normal 142 but has changed subtly. Although there appears to be localized changes that do depend on the driver-passenger model, as supported by an increased RR for one, two, and four positive CRC-associated genera in tissue [Figure 3C], there may be other processes at 145 play that ultimately exacerbate the condition from a subtle localized change to a change in the global community. The poor performance of the Random Forest models for classifying adenoma based only on the microbiota would suggest that this is the case. It is possible to hypothesize that at early stages of the diease, the host interacts with these subtle changes and catalyzes what ultimately leads to a thoroughly dysfunctional community. 150

Although there are still questions that need to be answered regarding the microbiota and carcinoma, a clearer framework for their relationship is beginning to develop as to how this occurs. From our observations many changes in carcinoma could easily result in effect sizes that are 30% or more between the case and control and most studies analyzed have sufficient power to detect these types of changes [Figure 6]. Conversely, the role of the microbiota in adenoma is less clear and part of the reason this may be is because many studies are not powered effectively to observe the small changes reported here. None of the studies analyzed were properly powered to detect a 10% or lower change between case and controls. This small effect size range may well be the scope in which differences consistently occur in adenoma due to the subtle changes in community that occur between control and adenoma. Future studies investigating adenoma and the microbiota need to take these factors into consideration if we are to work out the role of the microbiota in

163 adenoma formation.

64 Conclusion

By aggregating together a large collection of studies from both feces and tissue, we are 165 able to provide evidence in support of the importance of the bacterial community in both 166 adenoma and carcinoma. We are also able to provide support for the driver-passenger 167 model in the context of carcinoma. However, within the context of adenoma, it is less clear 168 that this relationship exists. These observations highlight the importance of power and 169 sample number considerations when undertaking investigations into the microbiota and 170 adenoma due to the subtle changes in the community. Although there are power limitations 171 associated with adenoma, this report highlights the strong influence the microbiota has on CRC development.

74 Methods

Obtaining Data Sets: Studies used for this meta-analysis were identified through the review articles written by Keku, et al. and Vogtmann, et al. [26,27]. Additional studies not 176 mentioned in the reviews were obtained based on the authors' knowledge of the literature. 177 Studies that used tissue or feces as their sample source for 16S rRNA gene sequencing 178 analysis were included. Studies using either 454 or Illumina sequencing technology were 179 included. Only data sets that had sequences available for analysis were included. Some 180 studies did not have publically available sequences or did not have metadata in which the 181 authors were able to share. After these filtering steps, the following studies remained: Ahn, 182 et al. [21], Baxter, et al. [24], Brim, et al. [17], Burns, et al. [22], Chen, et al. [14], Dejea, et 183 al. [19], Flemer, et al. [13], Geng, et al. [25], Hale, et al. [12], Kostic, et al. [28], Lu, et al. 184 [16], Sanapareddy, et al. [20], Wang, et al. [15], Weir, et al. [18], and Zeller, et al. [23]. The 185 Zackular [29] study was not included becasue the 90 individuals analyzed within the study are contained within the larger Baxter study [24]. Additionally, after sequence processing 187 all the case samples for the Kostic study only had 100 sequences remaining and was not used. This left a total of 14 studies for which analysis could be completed. 189

Data Set Breakdown: In total, there were seven studies with only fecal samples (Ahn, Baxter, Brim, Hale, Wang, Weir, and Zeller), five studies with only tissue samples (Burns, Dejea, Geng, Lu, Sanapareddy), and two studies with both fecal and tissue samples (Chen and Flemer). The total number of individuals that were analyzed after sequence processing for feces was 1737 [Table 1]. The total number of matched and unmatched tissue samples that were analyzed after sequence processing was 492 [Table 2].

Sequence Processing: For the majority of studies raw sequences were downloaded from the Sequence Read Archive (SRA) (ftp://ftp-trace.ncbi.nih.gov/sra/sra-instant/reads/
ByStudy/sra/SRP/) and metadata was obtained from the by searching the respective

200 Of the studies that did not have sequences and metadata on the SRA, data was obtained from DBGap for one study [21] and for four studies was obtained directly from the authors [12,13,18,20]. Each study was processed using the mothur (v1.39.3) software program [30]. Where possible, quality filtering utilized the default methods used in mothur for either 454 or Illumina based sequencing. If it was not possible to use these defaults, the stated quality cut-offs were used instead. Chimeras were identifed and removed using VSEARCH [31] before *de novo* OTU clustering at 97% similarity using the OptiClust algorithm [32] was utilized.

Statistical Analysis: All statistical analysis after sequence processing utilized the R 208 (v3.4.2) software package [33]. For the α -diversity analysis, values were power transformed using the rcompanion (v1.10.1) package [34] and then Z-score normalized using the car (v2.1.5) package [35]. Testing for α -diversity differences utilized linear mixed-effect models created using the lme4 (v1.1.14) package [36] to correct for study and variable region effects in feces and study, variable region, and individual effects in tissue. Relative risk 213 was analyzed using both the epiR (v0.9.87) and metafor (v2.0.0) packages [37,38] by 214 assessing how many with and without disease were above and below the overall median 215 value within the specific study. Relative risk significance testing utilized the chi-squred test. 216 β-diversity differences utilized a Bray-Curtis distance matrix and PERMANOVA executed 217 with the vegan (v2.4.4) package [39]. Random Forest models were built using both the 218 caret (v6.0.77) and randomForest (v4.6.12) packages [40,41]. Differences between the 219 obtained AUC versus a random model AUC was assessed using T-tests. Power analysis 220 and estimations were made using the pwr (v1.2.1) and statmod (v1.4.30) packages [42,43]. 221 All figures were created using both ggplot2 (v2.2.1) and gridExtra (v2.3) packages [44,45]. 222

Study Analysis Overview: α -diversity was first assessed for differences between controls, adenoma, and carcinoma. We analyzed the data using linear mixed-effect models

and relative risk. β -diversity was then assessed for each inidividual study. Next, four specific CRC-associated genera (Fusobacterium, Parvimonas, Peptostreptococcus, and Porphyromonas) were assessed for differences in relative risk. We then built Random Forest models based on all genera or the select CRC-associated genera. The models 228 were trained on one study then tested on the remaining studies for every study. The data 229 was split between feces and tissue samples. Within the tissue groups the data was further 230 divided between matched and unmatched tissue samples. Where applicable for each 231 study, predictions for adenoma and carcinoma were tested. This same approach was then 232 applied at the OTU level with the exception that instead of testing on the other studies, 233 a 10-fold cross validation was utilized and 100 different models were created based on 234 random 80/20 splitting of the data to generate a range of expected AUCs. For OTU based 235 models the CRC associated genera included all OTUs that had a taxonomic classification 236 to Fusobacterium, Parvimonas, Peptostreptococcus, or Porphyromonas. The power of 237 each study was assessed for an effect size ranging from 1% to 30%. An estimated sample 238 n for these effect sizes was also generated based on 80% power. 239

Reproducible Methods: The code and analysis can be found here https://github.com/
SchlossLab/Sze_CRCMetaAnalysis_Microbiome_2017. Unless mentioned otherwise, the
accession number for the raw sequences for the studies used in this analysis can be found
directly in the respective batch file in the GitHub repository or in the original manuscript.

Declarations

Ethics approval and consent to participate

Ethics approval and informed consent for each of the studies used is mentioned in the respective manuscripts used in this meta-analysis.

248 Consent for publication

Not applicable.

250 Availability of data and material

A detailed and reproducible description of how the data were processed and analyzed for each study can be found at https://github.com/SchlossLab/Sze_CRCMetaAnalysis_
Microbiome_2017. Raw sequences can be downloaded from the SRA in most cases and can be found in the respective studies batch file in the GitHub repository or within the original publication. For instances when sequences are not publicly available, they may be accessed by contacting the corresponding authors from whence the data came.

257 Competing Interests

²⁵⁸ All authors declare that they do not have any relevant competing interests to report.

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62 Authors' contributions

All authors helped to design and conceptualize the study. MAS identified and analyzed the data. MAS and PDS interpreted the data. MAS wrote the first draft of the manuscript and both he and PDS reviewed and revised updated versions. All authors approved the final manuscript.

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Table 1: Total Individuals in each Study Included in the Stool Analysis

Study	Data Stored	16S Region	Control (n)	Adenoma (n)	Carcinoma (n)
Ahn	DBGap	V3-4	148	0	62
Baxter	SRA	V4	172	198	120
Brim	SRA	V1-3	6	6	0
Flemer	Author	V3-4	37	0	43
Hale	Author	V3-5	473	214	17
Wang	SRA	V3	56	0	46
Weir	Author	V4	4	0	7
Zeller	SRA	V4	50	37	41

Table 2: Studies with Tissue Samples Included in the Analysis

Study	Data Stored	16S Region	Control (n)	Adenoma (n)	Carcinoma (n)
Burns	SRA	V5-6	18	0	16
Chen	SRA	V1-V3	9	0	9
Dejea	SRA	V3-5	31	0	32
Flemer	Author	V3-4	103	37	94
Geng	SRA	V1-2	16	0	16
Lu	SRA	V3-4	20	20	0
Sanapareddy	Author	V1-2	38	0	33

- Figure 1: α -Diversity Differences between Control, Adenoma, and Carcinoma Across Sampling Site. A) α -diversity metric differences by group in stool samples. B) α -diversity metric differences by group in unmatched tissue samples. C) α -diversity metric differences by group in matched tissue samples. The dashed line represents a Z-score of 0 or no difference from the median.
- Figure 2: Relative Risk for Adenoma or Carcinoma based on α -Diversity Metrics in Stool. A) α -metric relative risk for adenoma. B) α -metric relative risk for carcinoma. Colors represent the different variable regions used within the respective study.
- Figure 3: CRC-Associated Genera Relative Risk for Adenoma and Carcinoma in

 Stool and Tissue. A) Adenoma relative risk in stool. B) Carcinoma relative risk in stool.

 C) Adenoma relative risk in tissue. D) Carcinoma relative risk in tissue. For all panels the

 relative risk was also compared to whether one, two, three, or four of the CRC-associated

 genera were present.
- Figure 4: OTU Random Forest Model of Stool Across Studies. A) Adenoma random forest model between the full community and CRC-associated genera OTUs only. B)
 Carcinoma random forest model between the full community and CRC-associated genera
 OTUs only. The dotted line represents an AUC of 0.5 and the lines represent the range in which the AUC for the 100 different 80/20 runs fell between. The solid red line represents the median AUC of all the studies for either the full community or CRC-associated genera
 OTUS only model.
- Figure 5: OTU Random Forest Model of Tissue Across Studies. A) Adenoma random forest model between the full community and CRC-associated genera OTUs only. B)
 Carcinoma random forest model between the full community and CRC-associated genera
 OTUs only. The dotted line represents an AUC of 0.5 and the lines represent the range in
 which the AUC for the 100 different 80/20 runs fell between. The solid red line represents

- the median AUC of all the studies for either the full community or CRC-associated genera
 OTUS only model.
- Figure 6: Power and Effect Size Analysis of Studies Included. A) Power based on effect size for studies with adenoma individuals. B) Power based on effect size for studies with carcinoma individuals. C) The estimated sample number needed for each arm of each study to detect aneffect size of 1-30%. The dotted red lines in A) and B) represent a power of 0.8.

- Figure S1: Relative Risk for Adenoma or Carcinoma based on lpha-Diversity Metrics
- in **Tissue.** A) α -metric relative risk for adenoma. B) α -metric relative risk for carcinoma.
- Colors represent the different variable regions used within the respective study.
- Figure S2: Random Forest Genus Model AUC for each Stool Study. A) AUC of adenoma models using all genera or CRC-associated genera only. B) AUC of carcinoma models using all genera or CRC-associated genera only. The black line represents the median within each group.
- Figure S3: Random Forest Genus Model AUC for each Tissue Study. A) AUC of adenoma models using all genera or only CRC-associated genera divided between matched and unmatched tissue. B) AUC of carcinoma models using all genera or CRC-associated genera only. The black line represents the median within each group divided between matched and unmatched tissue.
- Figure S4: Random Forest Prediction Success Using Genera for each Stool Study.

 A) AUC for prediction in adenoma using all genera or CRC associated genera only. B)

 AUC for prediction in carcinoma using all genera or CRC-associated genera only. The

 dotted line represents an AUC of 0.5. The x-axis is the data set in which the model was

 initially trained on.
- Figure S5: Random Forest Prediction Success of Carcinoma Using Genera for each
 Tissue Study. A) AUC for prediction in unmatched tissue for all genera or CRC-associated
 genera only. B) AUC for prediction in matched tissue using all genera or CRC-associated
 genera only. The dotted line represents an AUC of 0.5. The x-axis is the data set in which
 the model was initially trained on.
- Figure S6: Random Forest Prediction Success of Adenoma Using Genera for each
 Tissue Study.