

MEDIATION: THE CONCEPT



Mediating variable



A variable that explains the mechanism at work between X and Y



Agenda

- Full vs. partial mediation
- Partial mediation:
 - Direct and indirect effect in same direction
 - Direct and indirect effects in opposite direction
- Parallel vs. sequential mediation



1. Full vs. partial mediation



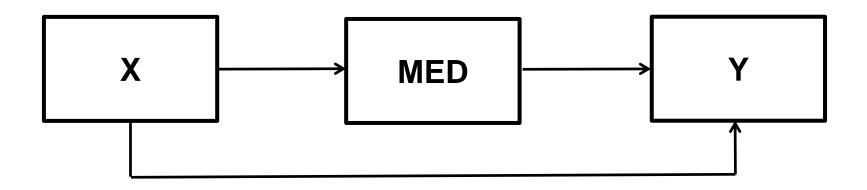
Full mediation



MED fully explains the relationship between X and Y



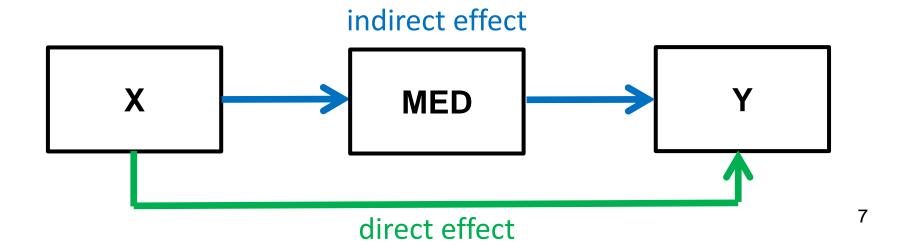
Partial mediation



MED partially explains the relationship between X and Y



Partial mediation



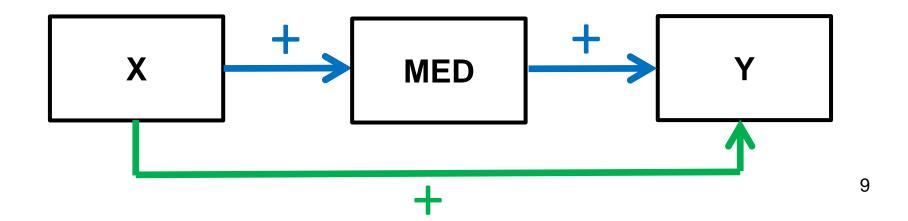
Total effect =
Direct effect + Indirect effect



2. Partial mediation: Direct and indirect effect in same direction



Direct and indirect effect in same direction CASE 1



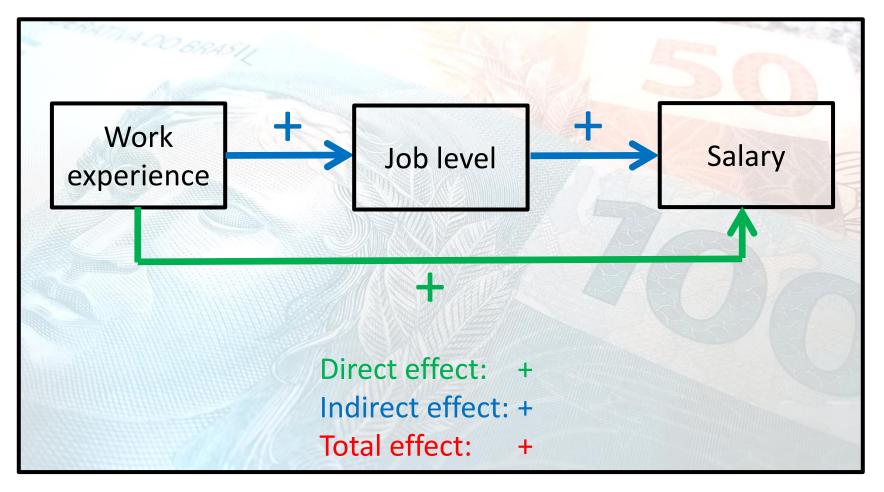
Direct effect: +

Indirect effect: +

Total effect: +

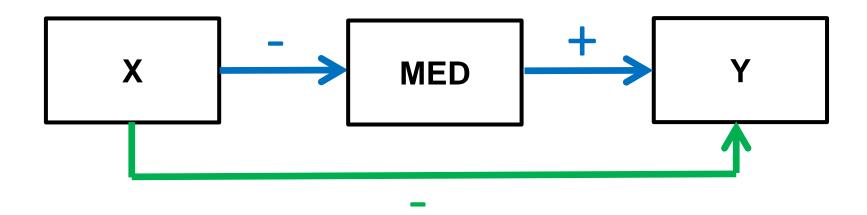


Direct and indirect effect in same direction CASE 1: Example





Direct and indirect effect in same direction CASE 2



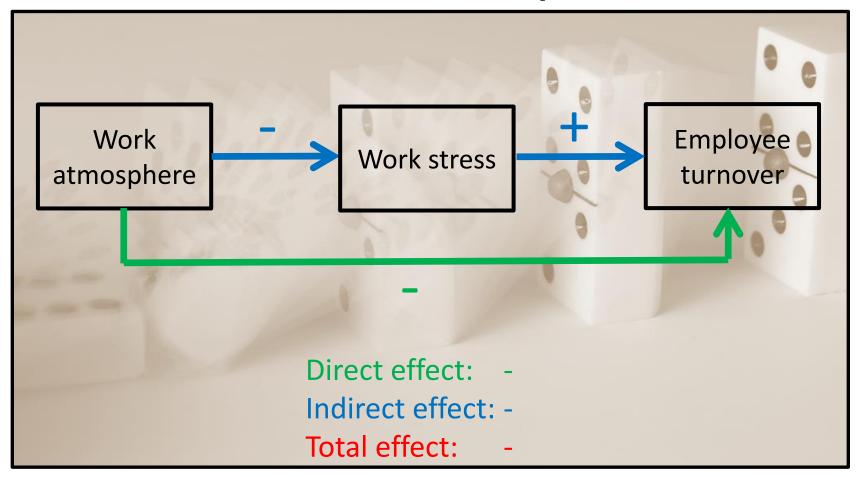
Direct effect: -

Indirect effect: -

Total effect: -

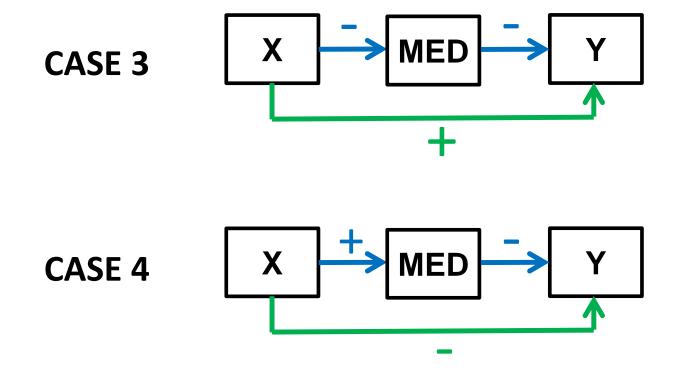


Direct and indirect effect in same direction CASE 2: Example





Direct and indirect effect in same direction CASE 3 and CASE 4

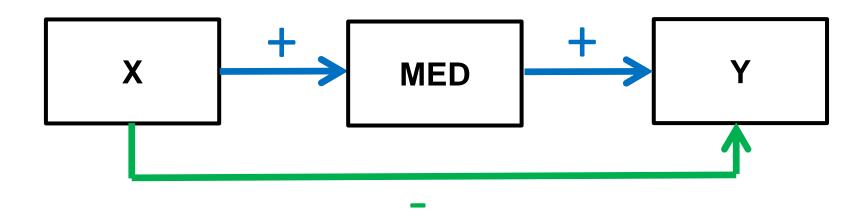




3. Partial mediation: Direct and indirect effect in opposite direction



Direct and indirect effect in opposite direction CASE 1



Direct effect: -

Indirect effect: +

Total effect:



Direct and indirect effects in opposite direction **CASE 1: Example**



Politics Voices Indy/Life Business Sport Tech Culture Subscribe

News > World > Europe

Employers in Sweden introduce six-hour work day

Some employers across the country, including retirement homes, hospitals and car centres, are implementing the change

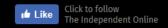
Matharu | @Hardeep_Matharu | Saturday 1 October 2016 08:30 BST | 156 comments









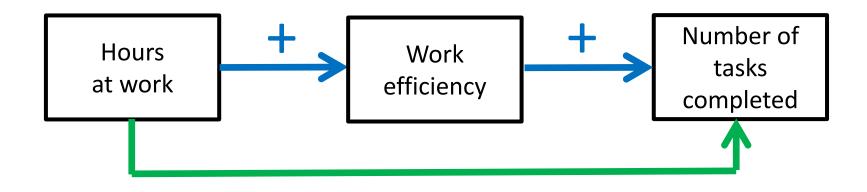


Problem statement:

What is the effect of a 6-hour work day (compared to an 8-hour work day) on the number of tasks completed by an employee?



Direct and indirect effect in opposite direction CASE 1: Example



Efficiency up, turnover down: Sweden experiments with six-hour working day



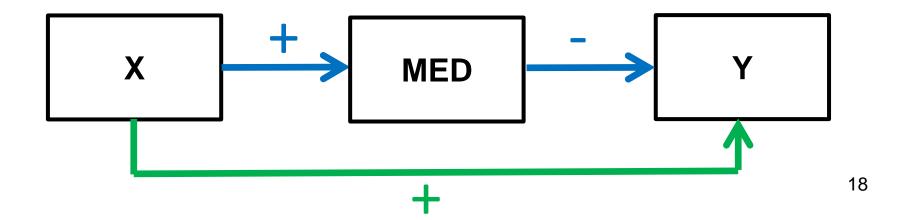
Direct effect: -

Indirect effect: +

Total effect:



Direct and indirect effect in opposite direction CASE 2



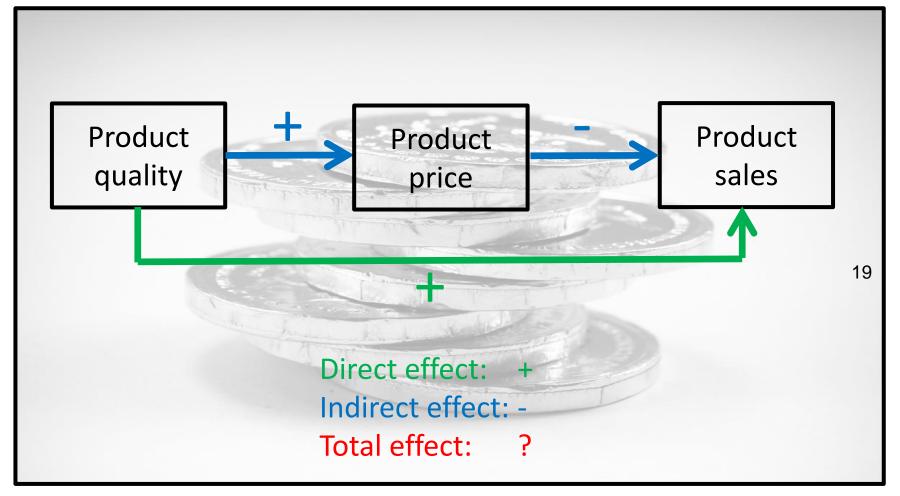
Direct effect: +

Indirect effect: -

Total effect: ?

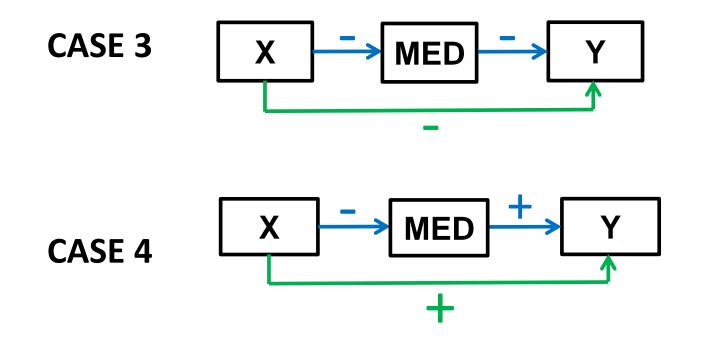


Direct and indirect effect in opposite direction CASE 2: Example





Direct and indirect effect in opposite direction CASE 3 and CASE 4

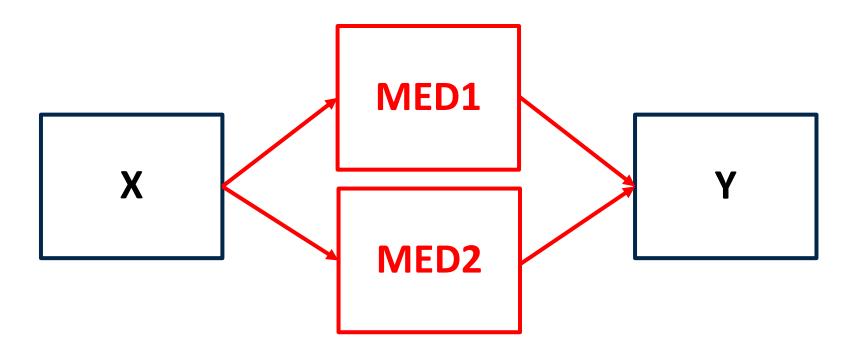




4. Parallel vs. serial mediation

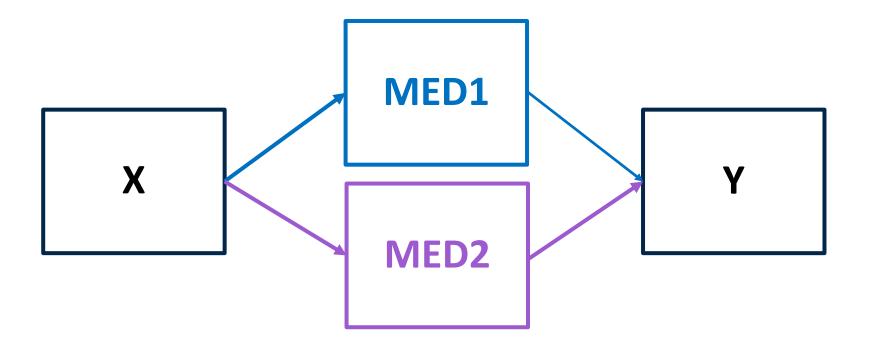


Parallel multiple mediators





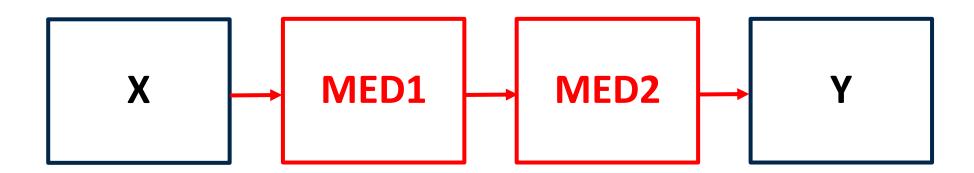
Parallel multiple mediators: Indirect effects



Total indirect effect =
Indirect effect 1 + Indirect effect 2



Serial multiple mediators





Final notes

- Mediation explains why there is an effect of X on Y.
- Typically, one or two mediators are studied. Seldom more.
- Partial mediation is standard. Full mediation rarely occurs.
- Parallel mediation is standard. Serial mediation rarely occurs.
- Mediation is most interesting when full mediation occurs.