

Practical Guide

WELCOME TO LINKÖPING UNIVERSITY



LINKÖPING
UNIVERSITY

Welcome to Linköping University!

You are now part of an international university renowned for innovation and a cross-disciplinary approach in both education and research. For us, internationalisation is a quest for quality, for having talented and ambitious students from around the globe – and more than 1,500 international students come to study at Linköping University each year.

We provide a safe and eco-friendly environment, excellent facilities and a fantastic student experience. We promote student-centered learning that encourages individual initiative and critical thinking. Our lecturers are dedicated to fostering an innovative mindset and an entrepreneurial spirit in their students.

Here at Linköping University we strive to provide our students with high-quality education and a life-changing experience. I hope that you too will have a rewarding time at LiU, acquiring new ideas and meeting new friends.

Helen Dannetun
Vice-Chancellor of Linköping University



Linköping University in figures

- over 27,000 students
- over 1,500 international students
- over 20 master's programmes taught in English
- almost 500 partner universities in more than 50 countries

Studying at Linköping University

A practical guide for international students

4	Study information	24	Life on campus
9	Residence permits and insurances	26	The campus cities and surroundings
13	Accommodation	28	Life in Sweden - A to Z
15	Arrival	36	Useful words
18	Exchange students	38	Campus maps
21	Master's students		

PRODUCTION: Published by the Communications Department at Linköping University, Sweden. April 2017.

DESIGN: Linkin **PHOTOGRAPHY:** David Einar, Hanna Söderquist **COPIES:** 1,750.

All the information in Practical Guide is to the best of our knowledge correct at the time of printing (April 2017).



Study information

Faculties

Linköping University (LiU) has four faculties that cover a wide range of study fields.

ARTS AND SCIENCES. The Faculty of Arts and Sciences offers bachelor's and master's programmes, as well as single-subject courses within about 40 subject areas. Studies at the faculty are characterised by in-depth subject knowledge, interdisciplinary working methods and an international outlook. Master's programmes fully taught in English are offered, for example Business Administration, International and European Relations, Applied Ethics, Gender studies, Child studies, Environmental studies, Statistics and Data Mining.

EDUCATIONAL SCIENCES. Teacher training builds upon a set of core courses in general education. These are designed and adapted to fit different school levels and subject specialisations while providing a common knowledge base and giving insight into theories and methods of educational science. Course content incorporates sociology pedagogics, psychology and philosophy. Educational research is closely linked to different school systems and pedagogical settings. International outreach is strengthened through exchange programmes with teacher training colleges both in and outside Europe. The faculty offers master's programmes taught in English, both on campus and via distance learning.

HEALTH SCIENCES. The Faculty of Medicine and Health Sciences offers study programmes in: Medicine, Nursing, Occupational therapy, Physiotherapy, Speech and language pathology as well as Medical biosciences. Problem-based learning (PBL), early integration of theory and practice, community orientation and health promotion are key concepts for the study programmes at the Faculty of Health Sciences. Integrated training of future doctors, nurses and health care professionals gives a better understanding of the professional roles in the workplace.

SCIENCE AND ENGINEERING. The Faculty of Science and Engineering is one of Sweden's major faculties in the field and has an international reputation for high-quality education and research. The Faculty of Science and Engineering offers around 30 bachelor's programmes within Engineering, Biology, Chemistry, Computer Science, Physics and Mathematics. In addition, about 15 international master's programmes are offered every year.

Campuses

Linköping University has three main campuses where education and research are conducted:

- Campus Valla – located in Linköping, and about three kilometres from the city centre. The majority of students and researchers are based here.
- University Hospital Campus – located in Linköping at the hospital of national importance, houses the Faculty of Medicine and Health Sciences.
- Campus Norrköping – located in the centre of Norrköping. About a quarter of all LiU students study here.

Linköping University also has a smaller campus – Campus Lidingö – located in Lidingö, in Stockholm. Carl Malmsten Furniture Studies is based here.

Academic year

The academic year consists of two semesters. The autumn semester usually runs from the middle or end of August to mid-January and the spring semester from mid-January to the beginning or middle of June. There is usually a teaching break of one or two weeks at Christmas. Other study breaks, e.g. around Easter, vary depending on the course or programme.

Academic system

Higher education in Sweden is divided into first, second and third cycle, which corresponds to the European standard. This includes bachelor's, master's and doctoral programmes.

In Sweden you can take single-subject courses or full study programmes. If you

choose to study a single subject course, you are awarded credits on completion of these courses.

Degrees are usually awarded after completing a study programme. Study programmes are made up of courses, some of which are compulsory (required) and some of which are optional. Single-subject courses taught in English at bachelor level cannot be combined into a master's degree. The degrees awarded at Linköping University are:

- Bachelor's degree, three years, 180 credits
- Master's degree one/two years, 60/120 credits

Several professional diplomas are offered as well.

Credits and grading

One week of full time studies equals 1.5 credits, which are identical to the European Credit Transfer and Accumulation System (ECTS). One semester of full-time studies equals 30 credits and one academic year equals 60 credits. LiU uses four grading systems, depending on the course. For ECTS conversion, see the table below.

GRADING	GRADE	DESCRIPTION	ECTS GRADE
Four grades	5	Pass with distinction	A
	4	Pass with credit	B
	3	Pass	C
	U/I	Fail	Fx
Three grades	Väl godkänt (VG)	Pass with distinction	A
	Godkänt (G)	Pass	C
	Underkänt (G)	Fail	Fx
Two grades	Godkänt (G)	Pass	
	Underkänt (G)	Fail	
ECTS	A,B,C,D,E F, Fx	Pass	
		Fail	

Workload and instruction

Full-time studies usually require 40 hours of study per week, whether in class or individually. Depending on the faculty, several courses can be studied in parallel or one at a time. Subjects may also be integrated into themes or blocks. The extent and method of instruction can vary. Technical courses tend to have a larger proportion of scheduled hours, while courses within social sciences and arts are more flexible, allowing students to devote some of their time to active individual learning.

Courses can include lectures with hundreds of students and smaller seminars where students are expected to be active in discussions and express their own views. Education is also conducted through laboratory work, excursions, study visits and independent project work. Online resources such as digital classrooms are used widely both for on-campus and distance programmes.

Examination

All courses are subject to continuous assessment, written and/or oral, individually or in groups. Written anonymous exams are the most common form of assessment. However oral presentations, take-home exams, certain assignments and active participation in seminars or projects might also be used to measure your performance in the course.

Academic culture

In the Swedish academic environment it is customary to address lecturers by their first name. The student-teacher relationship is quite informal and students are free to approach and question their teachers.

Students are expected to be independent in their work and take responsibility for the quality of their learning.

Language of instruction

While the majority of teaching in most courses at LiU is conducted in Swedish, there are a growing number of single-subject courses and master's programmes taught entirely in English that appeal to both Swedish and international students.

Swedish language courses

Swedish language courses at different levels are available to international students. The application procedure might differ depending on your faculty. Read more at www.liu.se/ikk/svenska-for-utlandska-studenter

Registration

You need to register on the Student Portal (study administrative service) for each course you plan to take. The registration is possible on the first day of the semester at the earliest and must be completed within the first two weeks from the start. If you study for more than one semester, you need to register for your courses at the start of each semester, even if you are registered in a programme.

In some programmes, your name will be taken during the roll call and then forwarded to the Student Service Desk for registration. If not, you will need to register yourself. The following offices can help you with your first registration:

- Campus Valla: Student Service Desk in the Zenit Building
- University Hospital Campus: Student Affairs Office



- Campus Norrköping: Student Service Desk, Kåkenhus building
- Campus Lidingö: contact your study coordinator for more information

Afterwards you will be able to register electronically via the Student Portal.

Master's students arriving prior to the start of the programme may register for an orientation course to receive their LiU Card and LiU ID.

The LiU ID is the username that gives access to email, the Student Portal, LiU computers and some systems at the departments. The LiU Card is a student card that verifies your affiliation to the University, gives you access to the facilities on the campuses, works as campus bus card, library card and even discount card.

Sign up for your LiU card at the Student Service Desk in the Zenit Building on Campus Valla, in the main building on Campus US or in Kåkenhus on Campus Norrköping. Make sure to bring proof of identity (passport, ID card).

Students with special needs

The University supports students with special needs by providing help with taking notes, audio books, student mentors, sign language interpreters, extra supervision, technical aid and more. The facilities on campus are well adjusted for easy access. Students with special needs who apply for studies at LiU should contact the university's coordinator as early as possible, preferably at the time of application. You can find more information on the student web pages.

Equal opportunities

LiU works constantly on ensuring equal opportunities for all students, regardless of gender, age, sexual orientation, ethnicity, religion or philosophy of life, disability, transgender identity or expression, or social background. The University's rules, norms and routines should show respect for individuals and their varying circumstances.

Residence permits and insurances

Residence permits and visas

Citizens of the European Union (EU), have the right to work, study or live in Sweden without a residence permit. If you meet the requirements for the right of residence, you are allowed to stay in Sweden without having to contact the Swedish Migration Agency (Migrationsverket). To see these requirements, visit www.migrationsverket.se. If you are staying in Sweden for over a year, contact the Swedish Tax Agency (Skatteverket) at skatteverket.se, to be registered in the population database and receive a personal identity number (personnummer). To be able to register EU citizens must have valid health insurance with full coverage for at least a year.

Citizens of the Nordic countries may live in Sweden without a residence permit but some special agreements apply.

Swiss citizens must apply for a residence permit if staying in Sweden longer than three months. This must be done within the first three months of arrival in Sweden.

If you are not a citizen of the Nordic countries or the EU/EEA area and are going to study for longer than three months, you must apply for a residence permit at the Swedish embassy/consulate in your home country. To ensure that you obtain your permit in time, submit your application as soon as you have received the Notification of Selection Results and paid your tuition fee. We strongly recommend that you use the electronic application

form, as this will shorten processing time and improve the quality of your application.

Do not forget to indicate if you have been admitted to a two-year master's programme, as this affects the duration of your residence permit. If you get a residence permit for a shorter time than one year, you will not be able to register in the Swedish population database and get a personal identity number, which is necessary to get access to many services in Sweden.

Students enrolled in distance programmes cannot receive a Swedish residence permit. Those who have face-to-face meetings on campus as a part of the programme's curriculum should apply for a short-term visa instead. For more information on residence permits, visas, etc., as well as forms and addresses, visit www.migrationsverket.se

Apply online for your residence permit:

- fewer spelling mistakes
- shorter processing times
- decisions made by study permit specialists in Sweden
- correct permit periods
- no extra requirements, such as an address in Sweden

Tuition fees and scholarships

At LiU tuition fees range from SEK 55,000 to 150,000 per academic year.

Citizens of EU/EEA countries and Switzerland are exempted from paying tuition fees at LiU. Citizens of other countries which are not a part of a bilateral exchange programme are required to pay tuition fees. Tuition fee payments are to be made in advance. The payment of the first instalment (for the first semester) is due on 1 June.

Those who hold a permanent Swedish residence permit or have a temporary permit granted for reasons other than studies may be exempted from tuition fees. For detailed information, check the "Fees and scholarships" section on www.universityadmissions.se

Students who have been granted a scholarship from LiU or the Swedish Institute are exempted from tuition fees and will not receive an invoice for the first instalment, but have to remember to apply for a residence permit as soon as possible.

LiU Scholarship holders:

Use the list of scholarships published on www.liu.se/admittedmasters as proof that you have received a scholarship. The Swedish Migration Agency will contact LiU separately to confirm this information.

Work and study

Students from Nordic and EU/EEA countries and students from other countries with a valid residence permit for studies have the right to work in Sweden.

Working and studying at the same time can be quite challenging, as full-time studies at Linköping University require 40 hours per

week. Also, be aware that opportunities for part-time work in Sweden are limited and that most jobs require a knowledge of Swedish.

Family and school

If you plan to bring your family to Sweden, they will most likely need a visa or residence permit, depending on their citizenship and length of stay. You need to ensure that you have sufficient means to support your family members, and that they have some form of health insurance. For more information see www.migrationsverket.se

If you have children, familiarise yourself with the Swedish school system and look into available schools and/or daycare centres in Linköping or Norrköping. Some schools have a long queue, so it is advisable to apply for a place before you arrive in Sweden.

Note that you cannot stay in a student corridor room if have accompanying family members. You will need to look for an apartment. Many apartments are rented out unfurnished, so be sure to have a budget for basic furniture.

Health insurance

Make sure you have proper medical insurance before you leave your home country and check carefully what it covers.

Citizens from an EU/EEA country and Switzerland must bring a valid European Health Insurance Card (EHIC) in order to benefit from the same medical services as Swedish citizens for urgent medical care. Contact your local health authority and make sure you receive your EHIC before coming to Sweden. The card needs to be valid for a full year in order to apply for a

Swedish personal identity number. If you are not eligible for an EHIC from your home country, be sure to arrange private insurance. Without health insurance, medical services in Sweden can be expensive – around SEK 1,700 for a doctor's appointment. Citizens from Australia, Algeria and Quebec benefit from a reciprocal agreement for public medical services between Sweden and the respective country/region. Students need only to show their passport and a certificate from the social insurance office in their home country. The agreement applies only for urgent medical care.

FAS+ insurance for fee-paying Students

Linköping University has signed the Swedish State's Insurance for Fee-paying Students (with property cover), called FAS+. This insurance applies to students who are required to pay tuition fees for education in Sweden. It covers emergency medical/dental care, home transport, accidents, property, liability and legal expenses.

Consider arranging additional insurance if you suffer from chronic illnesses or plan to start a family during your studies in Sweden.

Personal injury insurance

All students who are registered in the Student Records System (Ladok) are covered by a personal injury insurance from the Legal, Financial and Administrative Services Agency (Kammarkollegiet), paid for by Linköping University. This insurance only covers accidents that occur during study hours spent at the university or on work placements in Sweden and when travelling

directly between your place of work/study and your accommodation in Sweden. It is very important that you get complementary insurance before leaving for Sweden.

Travel and home insurance

It is advisable to have travel insurance that covers your travel to and from Sweden, plus the time you spend in the country prior to registration at the university and after your courses have finished. It is also good to have private insurance to protect your personal belongings. You should get home insurance to protect your personal belongings and avoid costs related to property damages such as that caused by fire, flooding or plumbing failures. Check with your landlord if home insurance is included in the rent or not.

Swedish personal identity number

A Swedish personal identity number (personnummer), similar to a social security number or civil registration number in other countries, can facilitate your contact with Swedish authorities, health care institutions, banks etc. The number has 10 digits, starting with your date of birth (YYMMDD-XXXX).

Non-EU students who hold a residence permit and EU students who stay in Sweden for at least a full year and have health insurance with full coverage can apply for a personal identity number at the Swedish Tax Agency. Visit www.skatteverket.se to find which documents you are required to submit. Note that it can take several weeks for you to receive your number. Once you have it, go to the Student Service Desk at LiU to replace your temporary number (which contains a letter instead of a digit).



Accommodation

If you search for accommodation on your own, you should register with different housing companies offering accommodation to students as soon as possible. Once you have received your admission letter (Notification of Selection Results), you will be able to apply for rooms and apartments. You can also look for a flat/room on the private market. Fee-paying students are guaranteed accommodation and will be offered a furnished corridor room, if they pay the deposit fee by 1 June.

Housing in Linköping

Linköping is a student city, and our students live in various residential areas all over town. Many students live in student housing areas situated within cycling/walking distance from Campus Valla. Student dormitories normally consist of

eight corridor rooms with private bathrooms, a shared living room and a shared kitchen. Please note that not all new students find accommodation at student housing companies. Most of them opt for a regular apartment or a room in a shared apartment with other students. Be careful and do not transfer money until you have seen the apartment and signed the contract.

Studentbostäder

(www.studentbostader.se, tel. +46 13 20 86 60)

This is one of the main housing companies for students, offering corridor rooms or flats to share in various areas of Linköping close to the university. We strongly recommend that you register with Studentbostäder as soon as possible so that you can start collecting queue points (1 point per day). You can apply for a specific accommodation after you have

received your admission letter (Notification of Selection Results). In order to retain your accumulated queue points you must log in to your account at least once every six months. You can register online and the service is free of charge and without any obligations.

The rent for a furnished room with a private bathroom and a shared kitchen/living room starts from SEK 3,100 per month. Rooms can only be rented for whole calendar months. The rental contract for student dormitories can be terminated by giving a full month's notice. It is worth keeping your room over the summer as June and July are free of charge. If you end your contract with Studentbostäder and then want to re-apply, you will have to go through the whole application process again; but then, you will not have the priority that new students have. Electricity, heating and internet are included

in the rent. Students supply their own bedding. Laundry facilities are available. The kitchen has a refrigerator, a freezer and an electric stove. Depending on the type of room you rent, you might have to bring your own kitchenware.

Byggvesta

(www.byggvesta.se, tel. +46 13 25 45 60)

The housing company owns Colonia – a newly built complex on Campus Valla. Flat sizes are between 25 and 43 square metres and the rent approx. SEK 4,600 to 6,400 per month. Colonia has student-led leadership and activity teams to help international students interact with Swedes and the Swedish culture.

Start collecting points!

Register with different housing companies as soon as possible so that you can start collecting points. You will receive one point per day.

Wear nice socks!

When invited to a Swedish home it is customary to take off your shoes at the entrance. Some guests even bring their own indoor shoes.

Weather or not

Some say that Swedes always talk about the weather ... or about their summer holidays (and the weather during it). True or false - it is a good conversation starter!

Housing in Norrköping

In Norrköping students benefit from many housing options close to the campus and the city centre. There are furnished corridor rooms as well as flats of different sizes, furnished or unfurnished. Most of the rooms and flats are set up for internet and TV connection.

Studentbo

(www.studentbo.se, tel. +46 11 21 16 70)

This is the main housing company for students, offering rooms/flats of different kinds. Check their website for more information.

Other options

You can rent a room or a flat on the private market. It is not uncommon for students to share a large flat with several rooms. Here is a list of landlords in the Linköping area (in Swedish): www.linkoping.se/sv/Bygga-bo/Hitta-bostad/Hyresvadar-i-Linkoping/

LiU's electronic notice board is a good source of ads for student accommodation: www.student.liu.se/anslagstavlan?l=en

Blocket is a website that lists, among other things, housing ads for all of Sweden (in Swedish): www.blocket.se

Temporary accommodation

As student rooms are only available for full calendar months, you might want to check in at a youth hostel first. Make sure that you reach an agreement with the hostel regarding when and how to pick up your key if you arrive late in the evening. Remember to bring your own bed sheets or you will have to pay extra. It might be difficult to get a room right before the semester starts so make sure you book well in advance!

Linköping Tourist Office (www.visitlinkoping.se) can assist you in finding a suitable hostel or hotel.

Still no luck?

We strongly recommend that you do your best to arrange accommodation before coming to Sweden. If you still haven't found anything at the time of your arrival, you can contact KOMBO on Campus Valla. They will supply you with information on how to look for accommodation on the private market and help you with emergency lodging.

Arrival

Linköping and Norrköping are situated southwest of Stockholm, only one - two hours away by train. From Copenhagen you can reach the campus towns in about four hours by fast train.

Transport

Airports

LINKÖPING CITY AIRPORT is located close to town, only five minutes away by taxi. There are usually taxis waiting outside the terminal building to take you either to the Central Station (Resecentrum) where you can catch a local bus or all the way to your final destination.

NORRKÖPING AIRPORT is easy to reach and has good connections to both Norrköping city centre and Linköping. There is a bus service that runs from the airport to the train station where you can catch other connections. It is also possible to take a taxi all the way to Linköping if needed, which costs around SEK 700–800 from the airport.

ARLANDA AIRPORT, STOCKHOLM. The easiest way to travel from Arlanda to Linköping/Norrköping is by train. It takes about two-three hours and there are several direct trains every day. You can also change at Stockholm Central Station for trains to Linköping and Norrköping.

For tickets and timetables check www.sj.se

SKAVSTA AIRPORT, NYKÖPING. Skavsta airport is located in Nyköping, between Stockholm and Norrköping. If you arrive at Skavsta you can catch an airport bus (Flygbuss) that will take you to Norrköping or Linköping in about 60 – 90 minutes. You can buy your ticket at the airport or online in advance, see www.flygbussarna.se

COPENHAGEN AIRPORT, DENMARK. If you arrive at Copenhagen Airport, you can take a direct train to Linköping or Norrköping. It is also possible to take the frequent commuter train to Malmö train station and catch a train or express bus from there. For tickets and timetables check www.sj.se

BROMMA AIRPORT, STOCKHOLM. Bromma Airport is a smaller airport in Stockholm. If you arrive there you can take the airport bus (Flygbuss) to the Stockholm City Terminal from where it is easy to catch a bus or a train onwards.

Trains

Sweden has a good railway network and travelling by train can be a very good option, depending on your destination. You can check timetables and other travel information on www.sj.se. You may also be able to buy your ticket online depending on the type of credit card you hold. You can then pick up your ticket at vending machines at train stations in Sweden using your booking reference. You can also ask a local convenience store (e.g. Pressbyrån, 7-eleven) to print your ticket in exchange for a small fee. You can, of course, buy your train ticket at the

train station in Sweden as well, but it might be more expensive than when booked in advance. Those under the age of 26 are eligible for a youth discount at www.sj.se

Express busses

If you arrive by plane, the cheapest way to continue your journey is usually to take an express bus further on.

For timetables and tickets check two of the biggest bus companies in Sweden, Swebus, www.swebusexpress.se and Bus4You, www.bus4you.se

Getting to

IN LINKÖPING: From Linköping's train station (Resecentrum) buses no. 2, 12 and 20 will take you to Campus Valla and buses 2 and 4 to the University Hospital Campus.

IN NORRKÖPING: From Norrköping's train station (Resecentrum) take bus no.115 to Skvallertorget, where the university campus is located.

Local transport in Linköping and Norrköping is run by Östgötatrafiken, www.ostgotatrafiken.se. On their website you will find detailed information about tickets and timetables. Note that local buses and trains are cash-free, which means you cannot pay in cash or by credit card on their buses and trains. You will need to purchase a single ticket or invest in a plastic travel card before going on a bus or train.

THE CAMPUS BUS: Students with a valid LiU card can travel for free between Campus Valla, the University Hospital Campus and Campus Norrköping by campus bus. Read more about this on www.liu.se/campusbussen

International

The International Office (IO) is a key point for new international students at Linköping University. Our coordinators are ready to help you get started by providing answers to practical questions and sharing useful material. Make the International Office your first stop when you arrive at LiU! Make sure you attend the Information Days (master's degree students) or the Orientation Days (exchange students) at the beginning of the semester, the perfect occasion to get all the information you need as a new student. For detailed information and exact dates go to www.liu.se/admittedmasters or www.liu.se/admittedexchange

You can find the international coordinators at the International Office on Campus Valla, in the Zenit Building. In Norrköping, the international coordinator can be found in the Kåkenhus Building (room 2342).

Peer Student

A peer student is a Swedish student who can introduce you to Swedish culture and life at Linköping University. Students at the Faculty of Medicine and Health Sciences will be appointed a peer student. All other students are welcome to apply for one via the Erasmus Student Network (ESN) in Linköping, www.esnlinkoping.org. If you have questions regarding peer students, contact peer@esnlinkoping.org





Exchange Students

Every year over 1,000 international students come to Linköping University on an exchange programme, be it within the EU framework or a bilateral agreement.

Accommodation

Exchange students in Linköping can apply for accommodation when applying for exchange studies, before 15 April for the autumn semester and 15 October for the spring semester. The university has a queuing system for rooms. A deposit of SEK 3,200 has to be paid in advance before arrival. The deposit will be repaid into the student's bank account if the room/apartment has passed the inspection. The repayment can take up to eight weeks after the end of the tenancy agreement.

Applying for accommodation through the university will not guarantee an accommodation. Students must therefore register with www.studentbostader.se and save queue points, one per day, as soon as they have been nominated for exchange, or look for accommodation with other landlords.

Arrival

When receiving your admission letter you will also get important information from the exchange student coordinators, such as opening hours for the International Office, date for the Orientation Day etc. Remember to inform the coordinators in advance about the time of your arrival. If you have accommodation in Linköping arranged by the university you should arrive during office hours to pick up your key. If you arrive outside office hours you might have

to arrange accommodation at a hotel or youth hostel for the first night. It is also possible to ask a friend to pick up the keys at the International Office.

Swedish language courses

As an exchange student you might want to know more about the Swedish language, culture and society. LiU offers language courses at different levels and pace of study. All exchange students are welcome to apply, but there are limited number of places on each course.

USEFUL ADDRESSES

International Student Reception
Zenit Building, Campus Valla
Email: intco@liu.se

International Coordinator
Käkenhus Building, Campus Norrköping
Email: intco@liu.se

Faculty of Arts and Sciences /Educational Sciences
Zenit Building, Campus Valla.
Email: international@ffk.liu.se
Telephone: +46 13 28 10 00

Faculty of Medicine and Health Sciences
University Hospital Campus
Email: international@medfak.liu.se
Telephone: +46 13 28 10 00

The Faculty of Science and Engineering
Zenit Building, Campus Valla.
Email: incoming@lith.liu.se
Telephone: +46 13 28 10 00

LiU's International Office on Facebook - search for "LiU International Students Reception"



Master's Degree Students

Every year Linköping University welcomes master's degree students from more than 50 countries.

Accommodation

Generally, as a master's degree student you will need to arrange your own accommodation. However, the university has reserved a limited number of furnished corridor rooms for fee-paying international master's degree students at a student-housing agency. Fee-paying students will receive an offer of a student corridor room at the beginning of May. We strongly encourage you to accept this offer, as it is always possible to change accommodation later if you find another place to stay. Please note that students with families are not allowed to stay in a student corridor room and will need to look for an apartment.

Master's degree students who hold a scholarship from Linnaeus Palme, the Swedish Institute or a LiU International Scholarship can also receive help finding accommodation. You will be offered a furnished corridor room and have to accept and pay the deposit fee by 1 June.

Arrival

Make sure to arrive in time for your faculty's Information Day. Information Days are held at the beginning of the autumn semester, in mid to late August. They are designed to welcome you and provide you with basic practical information for your time as a student. The dates will be published on www.liu.se/admittedmasters

It is mandatory to attend your master's programme's roll call; if you don't you will lose your place on your programme. If for some reason you cannot attend an Information Day, turn to the International Office for help with practical matters and to the international coordinator at your faculty for study-related questions.

Welcome activities are organised during the first weeks of the autumn semester for everyone who would like to participate.

Show your original transcripts

Admission is granted on the condition that you present the original documents that you used to support your application. If your documents are in a language other than Swedish, Danish, Norwegian, English, French or German, you must also provide an official translation. This translation should be in one of the following languages: Swedish, English, French or German. Your documents – diploma and transcripts – should be presented to the Admissions Office at Linköping University by 1 November.

Tuition fees and change of status

Students who pay tuition fees benefit from the following advantages:

- One Swedish language course for beginners (15 credits) without extra charge
- The Swedish state's insurance FAS+, including accident and property cover (on-campus programmes)
- A housing offer

USEFUL ADDRESSES

Before arrival:

www.liu.se/admittedmasters

After arrival:

www.student.liu.se/masters

Master's coordinators

- Zenit Building, Campus Valla
- Kåkenhus Building, room 2342, Campus Norrköping
- Email: admitted@liu.se

Student Service Desk

- Linköping: Zenit Building, Campus Valla
- Norrköping: Kåkenhus Building, Campus Norrköping

Email: central.studexp@liu.se

Telephone: +46 13 28 20 00

Tuition fees are to be paid in advance, normally one semester at a time. The fees cover a workload of 30 credits per semester; extra courses need to be paid for separately.

If you are a fee-paying student but claim to be eligible for a change of status to a non-fee payer, you need to submit a formal letter and supporting documents to the Admissions Office. For detailed information see www.liu.se/tuitionfees

Study counsellors

Turn to a study counsellor if you need help with change of courses or study breaks.

Study counsellors are also available for individual support on study related issues. You always speak to your study counsellor in confidence. You can contact a study

counsellor at centralstudievagledning@liu.se or visit the offices in Zenit or Origo (Campus Valla), Student Affairs Office (University Hospital Campus) and Kåkenhus (Campus Norrköping). For more information go to www.student.liu.se/vagledning

Farewell ceremony

All graduating master's degree students are invited to a festive Farewell Ceremony in early June. At the event students are personally congratulated and handed a letter by the Vice-Chancellor of Linköping University. This celebration is LiU's way of thanking all Atlantis and master's degree students for the time they spent at the university.

Diploma

Once you have finished your studies, you can apply for a diploma/degree certificate at the Examination and Academic Degree Service. The easiest way to apply is through the Student Portal, but you can also use an application form. The diploma is issued together with a supplement in English, providing detailed information about your studies. The certificate will be sent by post to the address you provide, but it may take up to a couple of months to issue. In the meantime you can download a transcript of records from the Student Portal or you can ask the Student Service Desk to give you a transcript of records.

Alumni

As a graduate, we would like you to join LiU Alumni – a global network that can help you grow both professionally and personally.

Read more on www.liu.se/alumni



Life on campus

The university library

The university library provides a broad range of high quality resources for students. Besides books and journals, it houses computer terminals where students can retrieve information from local catalogues as well as national and international databases. The library arranges courses in information retrieval. Read more on www.bibl.liu.se

Computers and internet access

Students have access to computers and internet connection on all campuses. Some of the computer rooms are available 24 hours a day with a LiU Card. Once you are registered as a student you will get a LiU ID that allows you to log on to these computers.

Student health care

There is a student health care centre (Studenthälsan) on Campus Valla, University Hospital Campus and Campus Norrköping. There you will find nurses that work with disease prevention and social counsellors ready to help you. Please note that for a doctor's appointment you need to visit a primary health care centre. All services at the student health care centre are confidential and free of charge.

Student unions

Student union representatives are present on the university boards and committees. This gives students an opportunity to influence the direction of the university.

Each faculty has its own student union:

- Faculty of Arts and Sciences and Educational Sciences – StUFF
- Faculty of Medicine and Health Sciences – Consensus
- Faculty of Science and Engineering – LinTek

Eating on campus

There are several restaurants and coffee shops on campus. They offer a varied selection of food. The day's special (dagens) usually costs around SEK 70 or less if you have a pre-paid lunch card. It is common among Swedish students to bring a lunch box, which you can warm up in microwave ovens. You will find lunch rooms for students in several places on campus.

Traditional student events

Linköping University is particularly known for its rich and one-of-a-kind student life. A key component are student festivities, called kravall, where the dress code is a student overall. Many kravalls have become a long-running tradition in relation to competitions or cultural events, such as:

- **DRA'T I SPA'T** – unofficially called Draget, where student teams from all over the country participate in a tug-of-war over the Tinnerbäcken creek.
- **LE MANS** – originally a go-cart competition, now replaced by races on human-powered vehicles.
- **INTERVALLEN** – the international kravall with bars representing different countries.
- **PALLEN** – a test of skill, strength and endurance, in recent years by means of a paintball competition, where the first prize is a load of beer.



Kravall

literally translates to "student riot" or "disturbance", but folk etymology explains it as krav på overall, meaning requirement to wear a student overall.

of interests such as: music/choirs, sports, religion, academic topics and others.

Read more about leisure activities at www.student.liu.se/vid-sidan-av-studierna

- **VALLA SAUCER-RENNEN** – sledging down the Valla slope in self-made sleds.
 - **SNUTTEKRAVALLEN** – where festivities revolve around short student movies made by students.
 - **DÖMD** – a darts competition and a big party.
 - **STUDENTORKESTERFESTIVALEN (SOF)** – a festival arranged every other year in Linköping/ Norrköping since 1973 with student orchestras and student bands from all the Nordic countries,
- ... and many more.

Meeting places

There are several student pubs with regular opening hours, including Herrgår'n, Flamman, Villevalla and Kårhuset Kollektivet, in Linköping, Trappan and Vattentornet in Norrköping, as well as Pub Örat on the University Hospital Campus. The student union building Kårallen on Campus Valla arranges a number of student parties and pub nights. Herrgår'n also arranges an international pub night on some Tuesdays, very popular among international students.

Student associations

There are about 100 student associations at Linköping University, based on a wide variety

Erasmus Student Network (ESN)

ESN is a student organisation that organises activities for all international students at LiU, such as parties, dinners, sport tournaments and various outings and trips. Read more on www.esnlinkoping.org

International Student association (ISA)

ISA arranges social and cultural activities for international students, for instance the annual International Day. Join ISA on Facebook and keep up-to-date with their events www.facebook.com/ISA.Linkoping

Association for international visitors (AIV)

International students who want to get to know a Swedish family can sign up with the Association for International Visitors (AIV). AIV arranges introductions to Swedish families, cultural programmes and trips. You can find more information on LiU's website.

The campus cities and surroundings

Linköping and Norrköping are situated 200 and 160 km southwest of Stockholm, in the county of Östergötland. The two towns are in the process of developing into one integrated urban region – Sweden's fourth metropolitan area or the Twin Cities region.

Östergötland

Östergötland is the fourth largest county in Sweden and has about 435,000 inhabitants. The region offers not only famous tourist attractions, such as Kolmården Zoo – the largest zoo and safari park in the Nordic region – but is also one of Sweden's most interesting counties from a historical point of view. There are numerous ancient fortresses, rune stones and prehistoric rock carvings in the area. Churches, castles and manors from the Middle Ages and later periods have also been well preserved. Read more about the county on www.visitostergotland.se

Linköping

Linköping is one of Sweden's oldest towns with a long cultural tradition. Over the past 50 years, Linköping has grown to become Sweden's fifth largest municipality, with 152,000 inhabitants. It is home to industries specialising in many different sectors, ranging from aircraft manufacturing to

emerging technologies. Several international companies such as Saab, Siemens, Toyota and others have offices in Linköping.

Despite its rapid growth, Linköping still holds the charm of a small town. The city centre is very easy to reach and it offers plenty of entertainment opportunities: theatre, concerts, museums or "spex" – the traditional student farces. Cafés and restaurants located downtown are ready to meet all tastes and demands. Read more about what Linköping has to offer on www.visitlinkoping.se

Norrköping

Norrköping, home to about 133,000 people, has a tradition as an industrial centre dating back to the 17th century. The old industrial area on the waterfront of Motala River in the heart of Norrköping was once famous for its cotton and paper mills. Today it has turned into a modern area that hosts, among others, LiU's Campus Norrköping and the student union building, Trappan, where students usually eat and socialise. The industrial buildings have been meticulously restored and are well worth a visit. When in Norrköping don't miss a ride with the tram, which has been in use since 1904. And do look in at Visualization Centre C inside one of the converted old factory buildings. Read more about Norrköping's attractions on www.upplev.norrkoping.se



Nature's for everyone

The Swedish Right of Public Access states that it is legal to be on someone else's land (though not in their garden), to swim or boat on their waters, and to pick wild flowers, mushrooms, berries, fallen cones and nuts. However you must show respect for people and nature.



Life in Sweden – A to Z

ATM machine Bankomat

ATM machines are available in many places throughout the cities and on the university campuses.

Bank Bank

Having a bank account makes life as a student much easier. Most Swedish banks require a personal identity number (personnummer) for opening a bank account. You can acquire a personal identity number if you can prove that you will stay in Sweden for at least 12 months and have health insurance with full coverage; otherwise you should check with your home bank before leaving for Sweden to see if they have a corresponding Swedish bank partner. Transferring funds from your home bank can take up to a week.

If you open a Swedish bank account, make sure you cancel it before you leave Sweden.

Bicycle Cykel

Bikes are popular means of transport among students and there are good bike paths both in Linköping and Norrköping. Second-hand bikes are available for sale in several places. Keep in mind that a bicycle needs to be equipped with a bell, front and rear lights as well as front, rear and wheel reflectors, according to the law. If biking in the dark without these, you can be fined SEK 500–1,000.

Budget Budget

Below is an average monthly budget in Swedish kronor (SEK) to give you an idea of the cost of living. The budget does not include expenses for travel within or outside of Sweden, medical care, course literature or expenses for household furnishings.

SEK per month:

Food	2,000
Student accommodation	3,750
Local travel	560
Insurance, medical care, hygiene	300
Telephone/internet	300
Clothing, hobby/leisure, other	1,100
Total	8,010

Bus, tram Buss, spårvagn

Buses – and trams in Norrköping – run from early morning until late evening, later on Fridays and Saturdays. You can buy single tickets at different selling points (sales agents, local convenience stores, supermarkets etc.) or at a vending machine – Quickomat. Please note that you cannot buy your ticket on the bus from the driver. If you travel frequently you can buy a top-up travel card, which offers a small discount for each trip, or a monthly bus pass for the urban region or for the whole county.

ÖSTGÖTATRAFIKEN is the public transport company operating within the county of Östergötland. More information about local travel, where to buy tickets and top-up cards can be found on their website www.ostgotatrafiken.se

LINKÖPING UNIVERSITY has a bus service between the three main campuses that is free of charge for students with a valid LiU Card. Timetables and more information about the campus bus can be found at www.liu.se/campusbussten

Clothes Kläder

As winters in Sweden can get quite cold, it is important to be prepared with proper clothes, as well as solid, waterproof footwear. Mittens/gloves and a warm hat are also necessary. Many student parties require a student overall as a dress code; an international student's overall can be purchased from ESN Linköping. For some of the student parties the dress code is quite formal; suits/ties and long dresses are often worn. These kinds of garments can be hired.

Contacts Kontakter

Emergency Number	112 (Ambulance, Fire Brigade, Police)
Emergency Dentist	1177
Linköping University	013-28 10 00
Medical advice	1177
Campus Security	013-28 58 88

Currency Valuta

The currency in Sweden is Swedish krona (SEK), plural kronor. Check the updated exchange rate to your local currency in order to get a clear picture of prices in Sweden. It is a good idea to have some kronor with you upon arrival, as you will not be able to pay in US dollars, euro or other currencies.

Dentist Tandläkare

Should you need to go to the dentist, you can turn to your nearest public dental clinic, Folktandvården. There are also several private dental clinics that you can find in the telephone directory under Tandläkare. Keep in mind that dental treatment in Sweden can be quite expensive and is not subject to the same bonuses as the rest of the health care system.

Doctor Doktor, läkare

See Medical Care.

As many Swedes as...

Sweden has about 9.5 million inhabitants, similar to the Dominican Republic or metropolitan Chicago.

Don't be cool

Not used to dressing for cold weather? Covering your hands, neck and head helps. Thick-soled shoes are also a good idea.

Golf on ice

Bandy – a popular Swedish team sport – is a combination of football and ice hockey.

Driving licence Körkort

Driving licences issued in EU/EEA countries are valid in Sweden. Other foreign driving licences are valid in Sweden for one year after civic registration. Driving licences issued in languages other than English, French, German and the Nordic languages require a translation into one of these languages to be attached to the licence. If the domestic driving licence does not bear a photo, photo identification is required in addition to the driving licence. It is prohibited in Sweden to drive under the influence of alcohol: at over 0.2 % you will face fines and a revoked driving licence. The use of seat belts is required in both the front and the rear seats, and it is the driver's responsibility to make sure that passengers use them. Cars should be driven with dipped headlights even in the daytime. Winter tyres must be used from December through March when road conditions are wintry.

Electricity Elektricitet

The voltage in Sweden is 220 volts at 50 Hz. As e.g. British and American outlets may differ from Europlug outlets used in Sweden, you may need a transformer and/or an adapter for your electrical appliances.

Emergency Nödfall

In case of emergency dial 112 from any phone and ask for the police, an ambulance or the fire brigade.

Libraries Bibliotek

In addition to LiU's libraries, there are public libraries where you can borrow books and other media. You can register at a public library with a valid ID card.

Medical care Hälso- och sjukvård

To get a doctor's appointment call the health centre/clinic, Vårdcentral, in the district where you live. If you do not know where the closest primary health care centre is, call 1177 for information. For emergencies call 112 or go to the Emergency Room, Akuten, at the University Hospital in Linköping or Vrinnevi Hospital in Norrköping. If you need medical advice, call 1177 at any time and talk to a nurse. They can also help you to make an appointment at a clinic with on-call medical staff when your local Health Centre is closed. Medical treatment in Sweden can be very expensive if you do not have insurance. Make sure you are properly insured.

Bring your European Health Insurance Card, if you have one, or a proof of other kind of medical insurance.

Mobile phones Mobiltelefoner

Normally you should be able to use your own mobile phone from your home country, if it's not locked to a certain network. Common operators in Sweden are Telia, Tele2, Comviq, 3 and Telenor. When possible, the International Office will arrange a SIM card to offer you free of charge upon arrival.

Narcotics Knark

All types of narcotics, including cannabis, are strictly forbidden in Sweden. Strict penalties apply for selling and using drugs.

Newspapers Tidningar

You can read Swedish news in English in the online newspaper The Local, www.thelocal.se. Foreign newspapers and magazines can be bought at several press shops or read at the library.

Personal identity number/ Civic registration number Personnummer

If you will stay in Sweden for at least a full year and have health insurance with full coverage you can apply for a Swedish personal identity number. This number can facilitate your contact with Swedish authorities, health care institutions, banks etc. It is also required if using services, such as discount cards at supermarkets or paying for mobile phone installments. The number has 10 digits, starting with your date of birth (YYMMDD-XXXX), and is not the same as the number that you receive at the university.

Pharmacy Apoteket

At every pharmacy in Sweden you can pick up your doctor's prescription or buy other health care products. Pharmacies are spread all over town both in Linköping and Norrköping and are easy to recognise. Check the closest pharmacy for specific opening hours.

Police Polis

Contact the police if you want to report a crime, either as a victim or as a witness. Make sure you notify the police of any stolen property. You can reach the police at 112 in case of emergency, otherwise at 114 14. For more information about the Swedish Police go to www.polisen.se/en



The thought counts

If you are invited to a Swede's home then it is suggested that you take some kind of gift such as a bouquet of flowers or a box of chocolates. If you are personally given a gift, then it is customary to open it upon receipt.

To hug or not to hug?

Hugging in Sweden is a common way of greeting close friends. However, personal space is important and as such it is recommended that you maintain awareness of someone's personal space and try not to invade it.





Fancy dining?

Sweden, like most of Europe, holds their silverware with the fork upside-down in the left hand and the knife in the right.

The green bag

The green bag helps turn your food waste into biogas, which is used to fuel buses and cars in the county of Östergötland.



Post office Posten

Post in Sweden is delivered Monday to Friday. The Swedish postal service, Posten, has outlets in supermarkets, service shops and petrol stations for domestic and international mail. There you can buy stamps, pre-paid envelopes and cardboard boxes, send letters and collect or send packages. For more information go to www.posten.se/en

Public Holidays Helgdagar

- New Year's Eve (Nyårsafton) and New Year's Day (Nyårsdagen): 31 December and 1 January
- Twelfth Night or Epiphany (Trettondedag jul): 6 January
- Easter (Påsk): Good Friday (Långfredagen), Easter Day (Påskdagen) and Easter Monday (Annandag Påsk)
- 1 May
- Ascension Day (Kristi Himmelfärds dag): on the Thursday of the sixth week after Easter
- Whitsun (Pingst): on a Sunday in May or June
- Sweden's National Day (Nationaldagen): 6 June
- Midsummer's Eve (Midsommarafhton) and Midsummer Day (Midsommardagen): on a Friday and the following Saturday between 19–25 June
- All Saints' Day (Alla helgons dag): on a Saturday in early November
- Christmas (Jul): Christmas Eve (Julafton) 24, Christmas Day (Juldagen) 25 and Boxing Day (Annandag jul) 26 December.

Recycling Återvinnning

Recycling is very common in Sweden. Almost every building has special containers where you can separate paper, newspapers, plastics, metal and glass into different containers. It will be collected and recycled, and waste which cannot be recycled is burned to produce central heating for households. When you buy drinks in cans and plastic bottles, usually a deposit for the container (one or two kronor) is included in the price. You will find a recycling machine at almost every supermarket. When you return your container you receive a receipt for which you can buy food or receive a cash refund.

Religion Religion

The predominant religion in Sweden is a Lutheran denomination but many other churches and religions are represented across Sweden. You are welcome to contact the student ministers (Kårallen building in Linköping and Trappan building in Norrköping) if you have any queries regarding religious matters or if you want to get in contact with someone of your own religion. For more information see www.stp.studorg.liu.se

Smoking Rökning

Smoking is forbidden in all public places in Sweden, i.e. at the university, in restaurants, coffee shops, shopping centres etc. Smoking outside the University Hospital in Linköping is only allowed in designated areas.



Sport Sport/Idrott

Students in Linköping can join LSIF, the Students' Sport and Athletics Club at Campus Valla, www.campushallen.se. Students in Norrköping can join Naffi, the Academic sports club at Campus Norrköping, www.naffi.nu. Both cities also have numerous gyms and sports centres, which usually offer student discounts. There are also indoor swimming pools in central Linköping and Norrköping.

Student discount Studentrabatt

If you have an International Student Identity Card (ISIC) when you arrive in Sweden, you can get a discount if travelling with Sweden's National Rail (SJ), or Swebus, one of the biggest bus companies in Sweden. While in Sweden you can benefit from numerous student discounts certified by the Mecenat logotype on your LiU Card.

Taxi Taxi

Travelling by taxi can be expensive but some companies offer student discounts. Ask the taxi driver before you start your journey.

Water Vatten

Tap water in Sweden is safe to drink and of very good quality. You can always ask for a free glass of water in any restaurant or pub/club.

TV and radio TV och radio

Cable TV with foreign channels is available in many residential areas. In the common living room and kitchen the TV set is available without any extra charge. However, if you get a TV in your own room, you will need to pay a fee of approximately SEK 2,000 per year. Foreign programmes on Swedish television are shown in the original language with Swedish subtitles. Swedish radio transmits daily in several languages on the national radio channel P2. For more information check www.sverigesradio.se

Time Tid

Local time in Sweden is GMT +1. Sweden uses daylight saving time (DST), namely clocks go forward one hour on the last Sunday in March and back on the last Sunday in October.

Tips Dricks

Tipping is not a must in Sweden. A service charge is included in restaurant and taxi bills, but if you are happy with the service it is quite common to leave a 10 % tip.

Weather Väder

Sweden has four distinct seasons and temperatures vary greatly between north and south. In Östergötland, the average temperature in July is approximately +17°C (63°F) and in February temperatures can reach -20°C (-4°F).

Wine, beer, Spirits Vin, öl, sprit

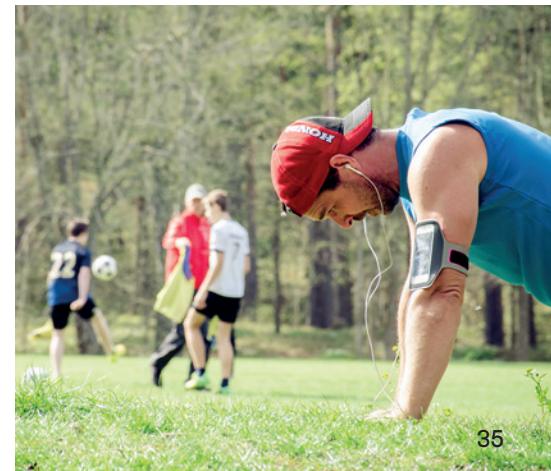
Alcohol and liquor are only sold in the state-owned Swedish Alcohol Retailing Monopoly, Systembolaget. Light beer/cider can be bought in regular supermarkets. The minimum age for buying alcohol at Systembolaget is 20 years old. A valid photo ID may be asked for. In bars and restaurants the legal drinking age is 18.

Time is of the essence

Punctuality is very important in Sweden and if the academic quarter applies you will be clearly informed about that. It can be considered disrespectful if you are late. Always apologise in such cases, even to a large group.

All 52 of them

Swedes often plan and count their time in weeks, which they refer to by their number.



Swedish

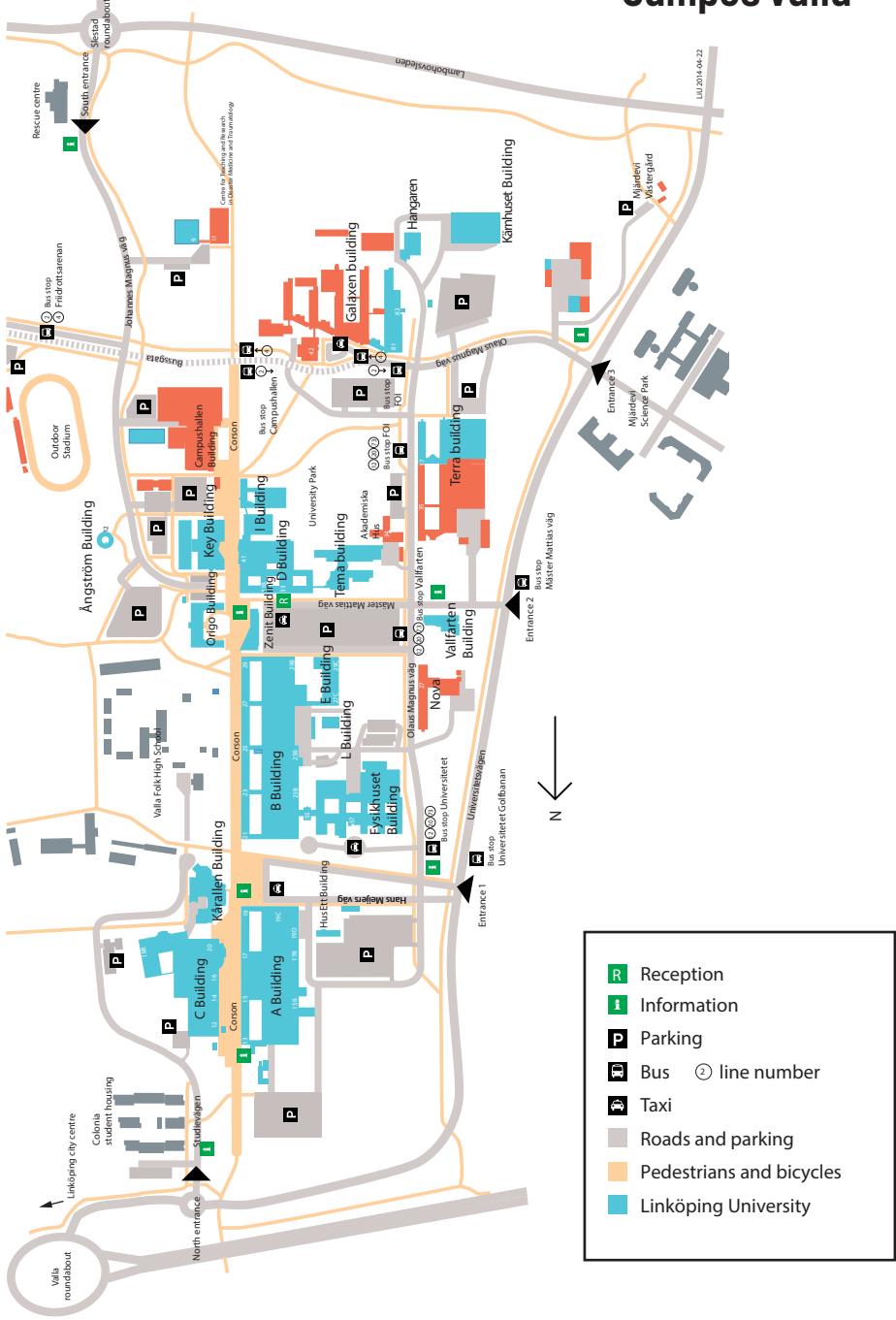
Hej
Hej då
Tack
Hur mår du?
Jag mår bra, tack.
Vi ses!
Ursäkta
Förlåt
Fika
Kanelbulle
Timme
Dag
Vecka
Hjälp
Universitet
Kurs
Bankomat
Kontant
Affär
Legitimation, Leg
Posten

English

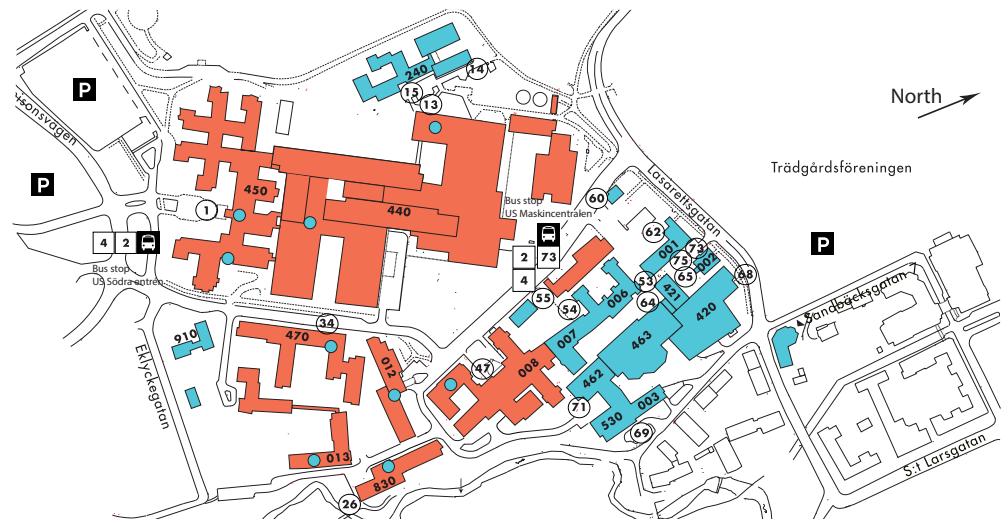
Hello
Goodbye
Thank you
How are you?
I'm fine, thank you.
See you!
Excuse me
I'm sorry
Coffee or tea break
Cinnamon bun
Hour
Day
Week
Help
University
Course
ATM machine
Cash
Shop
ID
The post office



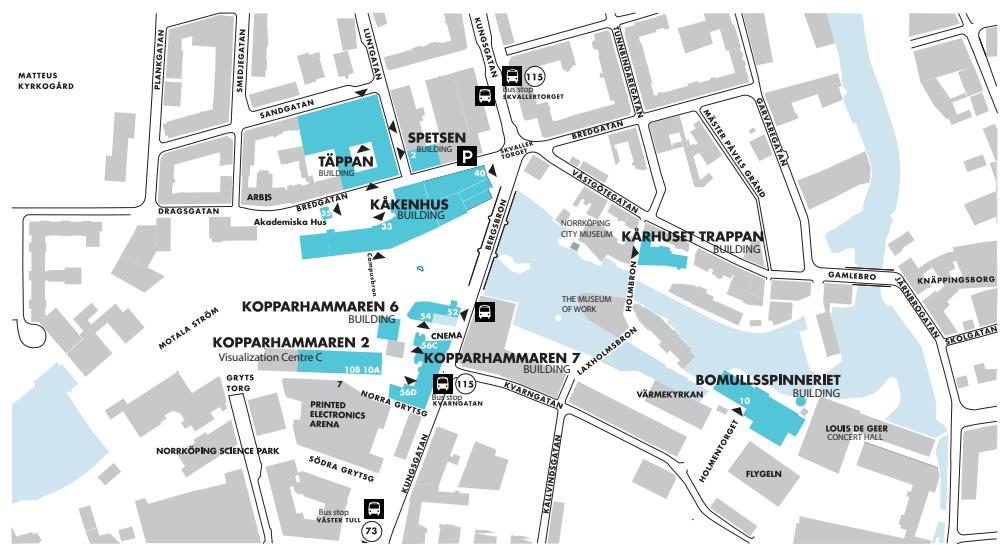
Campus Valladolid



University Hospital Campus



Campus Norrköping



Read more:
www.liu.se/education

