

Terms and Conditions - Fitnik App

Effective Date: March 24, 2025

1. Acceptance of Terms

By using the Fitnik mobile application ("the App"), you agree to be legally bound by these Terms and Conditions. If you do not agree with any part, you must not use the App.

2. Health Disclaimer

The App provides workout suggestions, fitness content, and habit tracking for informational purposes only.

- Always consult with a medical professional before beginning any exercise program.
- Use of the App is at your own risk. Fitnik is not responsible for any injury, health issues, or damages resulting from the use of the App or its recommendations.

3. User Responsibilities

By using the App, the user agrees to the following conditions:

- Do not misuse the App or attempt to access unauthorized features or data.
- You must be at least 16 years old. If you are underage, do not use the App without adult supervision.

4. Data and Privacy

- Fitnik may collect minimal personal data to improve user experience.
- We do not sell, rent, or share your data with third parties for commercial purposes.
- For more details, please refer to our Privacy Policy.

5. Intellectual Property

All content within the App (texts, images, workouts, illustrations, audio, videos, etc.) is owned by Fitnik or its licensors and protected by copyright laws.

You may not copy, modify, distribute, or reuse any part of the App without written permission from Fitnik.

6. Modifications

Fitnik reserves the right to update or modify these terms at any time. Continued use of the App implies acceptance of the revised terms.

7. Contact

If you have questions, concerns, or suggestions about these Terms and Conditions, you may contact us at:

Email: support@fitnik.app