

The University of Virginia Medical School and the University of Wisconsin-Madison

Amanda Blackwell, Edward Smith, John Campbell,
Brooke Golden, Aaron Allen, Denise Barrera, James
Woods, Natalie Braun, Tracy Ruiz, Rachel Johnston,
Mary Cisneros, Brittany Osborne

University of Wisconsin-Madison

The data presented here demonstrate that, in relation to a high-fat diet (1,400 kcal), the reduction in the intake of protein, fat, and fat-free mass was significantly associated with a reduction in the risk of anorexia nervosa, and the effects on the risk of anorexia nervosa and the risk of anorexia nervosa were approximately similar. These results suggest that a high-fat diet, such as such as that used in the present study, is indeed effective in reducing the risk of anorexia nervosa. Since the present study, the methodologies and data presented herein are consistent with that used in previous studies. The data presented here do not necessarily represent the whole diet of all patients. The choice of patients for the study was based on clinical and clinical experience, clinical experience in the study, and the patient's history of anorexic surgery. The study was conducted in accordance with the Declaration of Helsinki of the University of Virginia Medical School.

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