

Alba Arjona Obrero

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ABOUT ME

Transitioning from the field of psychology seeking a role in the field of data analytics. Proficient in researching, analyzing and interpreting data, developing comprehensive reports, and providing evidence-based recommendations. Strong interpersonal and communication skills necessary to collaborate with colleagues and clients.

EXPERIENCE

Health Psychologist

Freelance

September 2022 – Present, Malaga, Spain

- Use cognitive-behavioral therapy and mindfulness to reduce depression and anxiety symptoms by conducting group, individual and family therapy sessions.
- Track patient improvement with pre and post-treatment questionnaires.

Researcher assistant

Department of Psychobiology, University of Malaga

January 2019 – June 2022, Malaga, Spain

- Collection of previous information through academic databases and join 4 different sources of numerical data.
- Use of Microsoft Excel to process +1500 rows of the data obtained, including data cleaning and outliers.
- Statistical analysis of the results using the STATISTICA 8 program, and scan trends in +10 analysis.
- Visualization and graphics of the results with PRISM 5 and PowerPoint and drafting a report of the results and communicate them to others departments.

EDUCATION

Professional Certificate. Data Analytics by Google.

Minor in use structured thinking to define a problem and ask questions. Work with spreadsheets, databases and tools like SQL. Create impactful data visualization with Tableau. • Coursera. • 2023

Professional Certificate. Project Management by Google.

Minor in agile methodologies. Address key risks based on priorities and negotiation. Determine the benefits and costs of a project. • Coursera. • 2023

Master's Degree in Health Psychology

University of Malaga • 2022

Bachelor's Degree. Psychology

University of Malaga • 2020

CERTIFICATIONS

Award to the best Master's Thesis: Experimental research on the neurobiology of depression.

University of Malaga • 2023

Combination of different data to explore the relationship between stress and depression, with interesting results for the field of neurobiology.

PROJECTS

Speaker

Noche Europea de los Investigadores

- Presentation of the line of research "Neurobiology of Depression" and its results.
- Create part of the visualizations exposed in the forum and adapt the content to the general public.

Volunteer

Alheli Association • May 2021 – September 2022

- Participate in 2 projects aimed at women at risk of social exclusion due to gender violence.
- Draft the justification, aims, and methodology of the project for the granting of the subsidy.
- Create the project presentation to illustrate the content of the project.

SKILLS

Communication skills. Teamwork. Problem-solving. Adaptability.

Strong analytical skills. SQL and relational databases. Proficiency in spreadsheets. Strong data visualization skills.