IClock (../core/IClock.hpp)

The Clock is a helper class inheriting from [IClock (../core/IClock.hpp)](../core/IClock.hpp).

It implements two methods:

```cpp
// Returns the elapsed time in milliseconds from the internal time stamp to now
long IClock::getElapsedTime() = 0;

// Reset the internal time stamp to the current time
void IClock::reset();
```