

## **SNG 014: Sociology and Nursing**

### **COURSE AIM:**

To equip students with basic sociological concepts to enable them understand the society in which they are working and the influence of these on human behaviour in health and illness.

### **Course Objectives**

By the end of this course you will be able to:

1. Define sociology and sociological concepts related to nursing.
2. Describe the influence of social units and institutions on peoples' health and illness.
3. Discuss the influence of family, marriage, and ethnic groups on health and illness
4. Explain the relationship between Gender and Health
5. Describe the traditional and modern patterns of care for illness
6. Discuss the influence of urbanization and Industrialization on health

<b>Unit Name and Number</b>	<b>Unit Objectives</b>	<b>Unit Topic and Subtopics Outlines (H1s and H2s)</b>
Unit One: Introduction to	By the end of this unit you will be able to: 1.1. Define sociology	<b>Introduction</b> <b>Unit Objectives</b>

Unit Name and Number	Unit Objectives	Unit Topic and Subtopics Outlines (H1s and H2s)
Sociology	1.2. Define key sociological concepts. 1.3. Describe health beliefs and their influence on health 1.4. Explain the relationship between the nurse and the patient, family and other healthcare team members 1.5. Discuss the relevance of sociology in nursing	1.1 Define Sociology  1.2 Definition of Sociological Concepts  1.3 Health Beliefs and Practices and Their Influence on Health  1.4 Nurse's Relationship with the Patient, Family and Other Health Care Team Members  1. 5 Relevance of Sociology in Nursing  Summary  <b>References</b>
Unit Two: Social Systems	2.1. Define the social system 2.2. Explain the characteristics of traditional and modern societies 2.3. Discuss the factors that have an impact on the health and services of a society	2.1 Definition of Social System  2.2 Characteristics of Traditional and Modern Societies  2.3 Factors That Impact on Society's Health and Services  Summary  References
Unit Three: Social Units	3.1. Describe the Family as a unit 3.2. Describe the meaning and types marriage 3.3. Explain the concept of the group	3.1 The family  3.2 Marriage  3.3 The group

Unit Name and Number	Unit Objectives	Unit Topic and Subtopics Outlines (H1s and H2s)
Unit 4: Gender and Health	4.1. Discuss the meaning of Gender and its relationship with health 4.2. Describe the factors that contribute to Gender Based violence and its effects on society	4.1 Gender and Health 4.2 Gender based violence Summary References
Unit 5: Patterns of care for illness	5.1. Define key terms 5.2. Explain the tradition patterns of care 5.3. Explain the modern patterns of care	5.1 Definition of Key terms 5.2 Traditional patterns of care 5.3 Modern patterns of care Summary References
Unit Six: Urbanisation and Industrialisation	6.1. Define the key terms 6.2. Identify the social effects of migration 6.3. Explain the relationship between housing and health 6.4. Explain the influence of social stratification on health 6.5. Describe the social problems related to health	6.1 Definition of terms 6.2 Migration 6.3 Housing 6.4 Social stratification and health 6.5 Social problems and health Summary References