# PORTFOLIO ACTIVITY

**JOBS - SCHEDULE 15:00-17:00** 

**LEVEL 5** SITE: CUCEI

Daniel Antonio Juárez Silva

### WRITING 1 - STRESS

### How do you cope with stress?

Normally dealing with stress is something that I can't do very well, this is because normally I deal with many things a day, these along with several personal problems that I carry, but some things that help me is mainly listening to music, various genres like k-pop, a genre called "Vocaloid" that is from an artificial intelligence that is very well done and sings, in addition to doing things like simple homework or playing video games help me a lot to reduce my stress.

There are some things that stress me out more than others, but if I had to describe some, it would be being with a lot of people, being with a lot of people stresses me out and gives me anxiety, I can deal with it, yes, but it's somewhat annoying, also noisy people or Just talking for the sake of talking, he also does some things and they don't come out, it annoys me and gives me some stress, and I identify it because my chest feels strange, like a pain, but sharp. The moment that i feel like A LOT of stress was in dance, in a contest, with a lot of people, i really i don't remember how i did to do it, but, it happens.



## WRITING 2 - MOVIE

#### MY FAV MOVIE:

It's about the movie called "Sinister" which is about a journalist or something like that (I haven't seen it for a long time but without a doubt one of my favorite movies) who has no luck with stories or something like that and then discovers about a haunted house, in which a lot of people or family supposedly died, then, together with his family, they moved after trying to see who the murderer was. After moving and finding more and more tapes of the murders and that in all of them for some reason the children get lost, strange things begin to happen in the house and her daughter, the youngest, likewise begins to act strange and draw things that other children also drew where the murders occurred. After going to the police and seeing that it is increasingly clear what was happening, he decides to return to his old house, since the children appeared to him and he was scared, later, in his old house, there he found the tapes and everything, then he kept looking for what it was and in the end, his daughter dissolved something in his drink and he passed out, then he appeared gagged and later his daughter killed him, recording everything on a tape and then the ghost along with the other children left they went, repeating the pattern of deaths.

