



Coronavirus Anxiety Scale (CAS) from CareCards on 18/06/2021

**** All calculations should be rechecked by clinician prior to use ****

RESULT SUMMARY:

Total score = 13 points

Positive

Screening for anxiety associated with the COVID-19 crisis

INPUTS:

Question	Chosen Option	Score
I felt dizzy, lightheaded, or faint when I read or listened to news about the coronavirus	More than 7 days	3
I had trouble falling or staying asleep because I was thinking about the coronavirus	Nearly every day over the last 2 weeks	4
I felt paralyzed or frozen when I thought about or was exposed to information about the coronavirus	Several days	2
I lost interest in eating when I thought about or was exposed to information about the coronavirus	Several days	2
I felt nauseous or had stomach problems when I thought about or was exposed to information about the coronavirus	Several days	2

FACTS & FIGURES

Interpretation:

Patients with score ≥ 9 are classified as having dysfunctional anxiety (Youden's index of 75) associated with the COVID-19 crisis (90% sensitivity and 85% specificity).

LITERATURE VALIDATION

Lee SA. Coronavirus Anxiety Scale: A brief mental health screener for COVID-19 related anxiety. Death Stud. 2020;44(7):393-401. doi: 10.1080/07481187.2020.1748481. Epub 2020 Apr 16. PMID: 32299304.