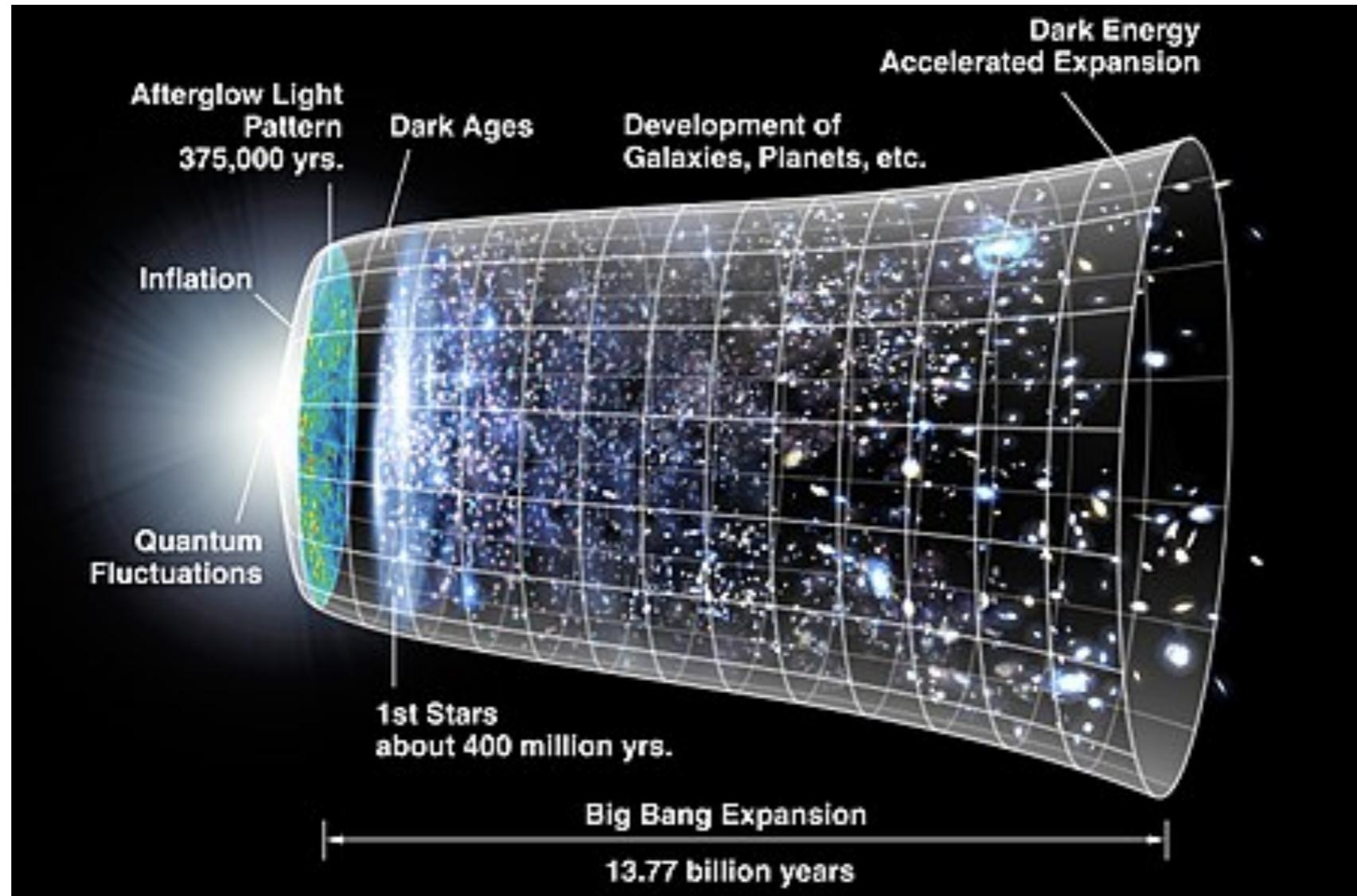


# Gravitational waves from the early universe

Chiara Caprini  
CERN and University of Geneva

# How can GW help to probe the universe?



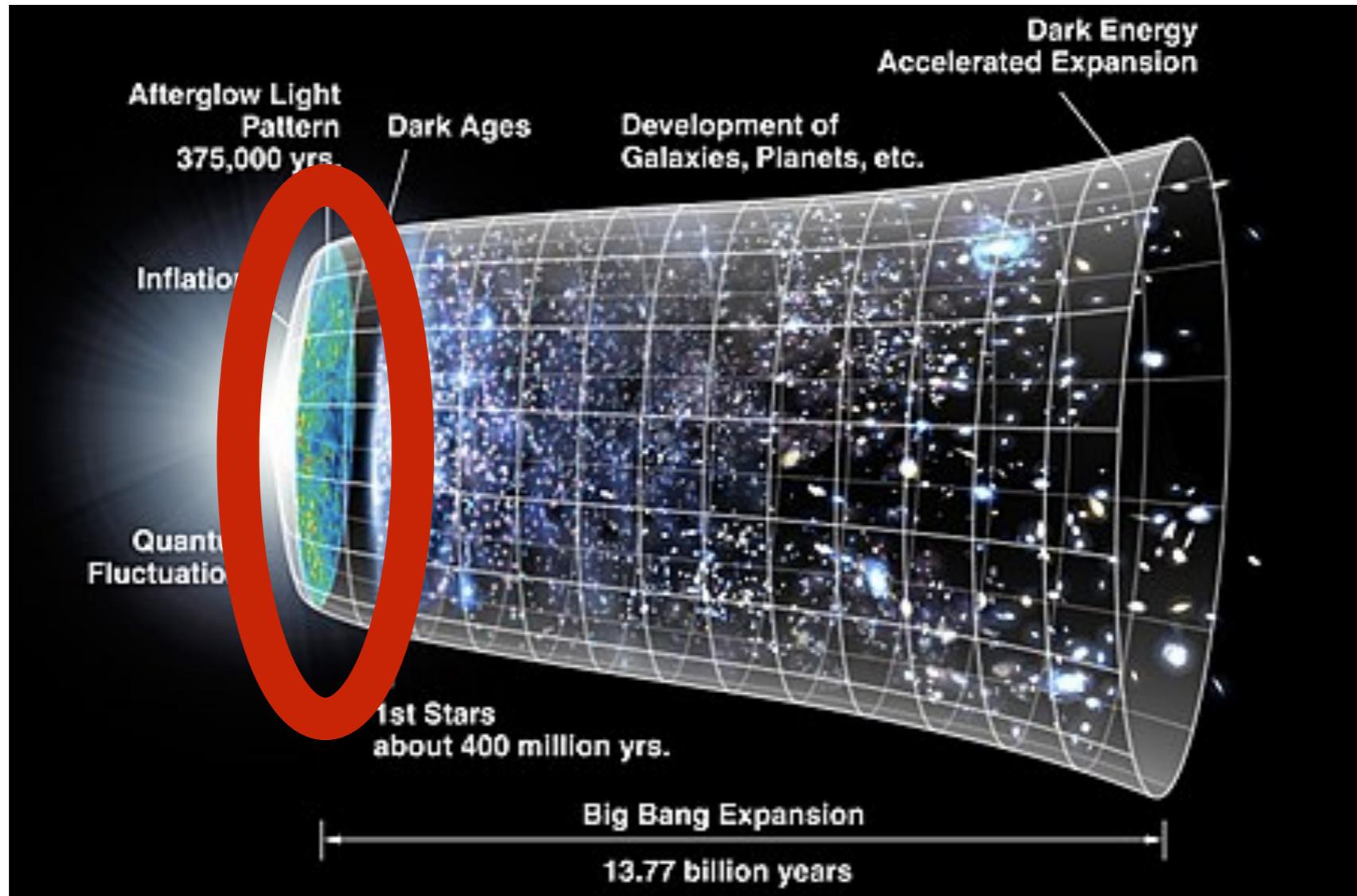
because of the weakness of the gravitational interaction the universe is “transparent” to GWs

rate of interaction  
Hubble rate

$$\frac{\Gamma(T)}{H(T)} \sim \frac{G^2 T^5}{T^2/M_{Pl}} \sim \left( \frac{T}{M_{Pl}} \right)^3 < 1$$

# How can GW help to probe the universe?

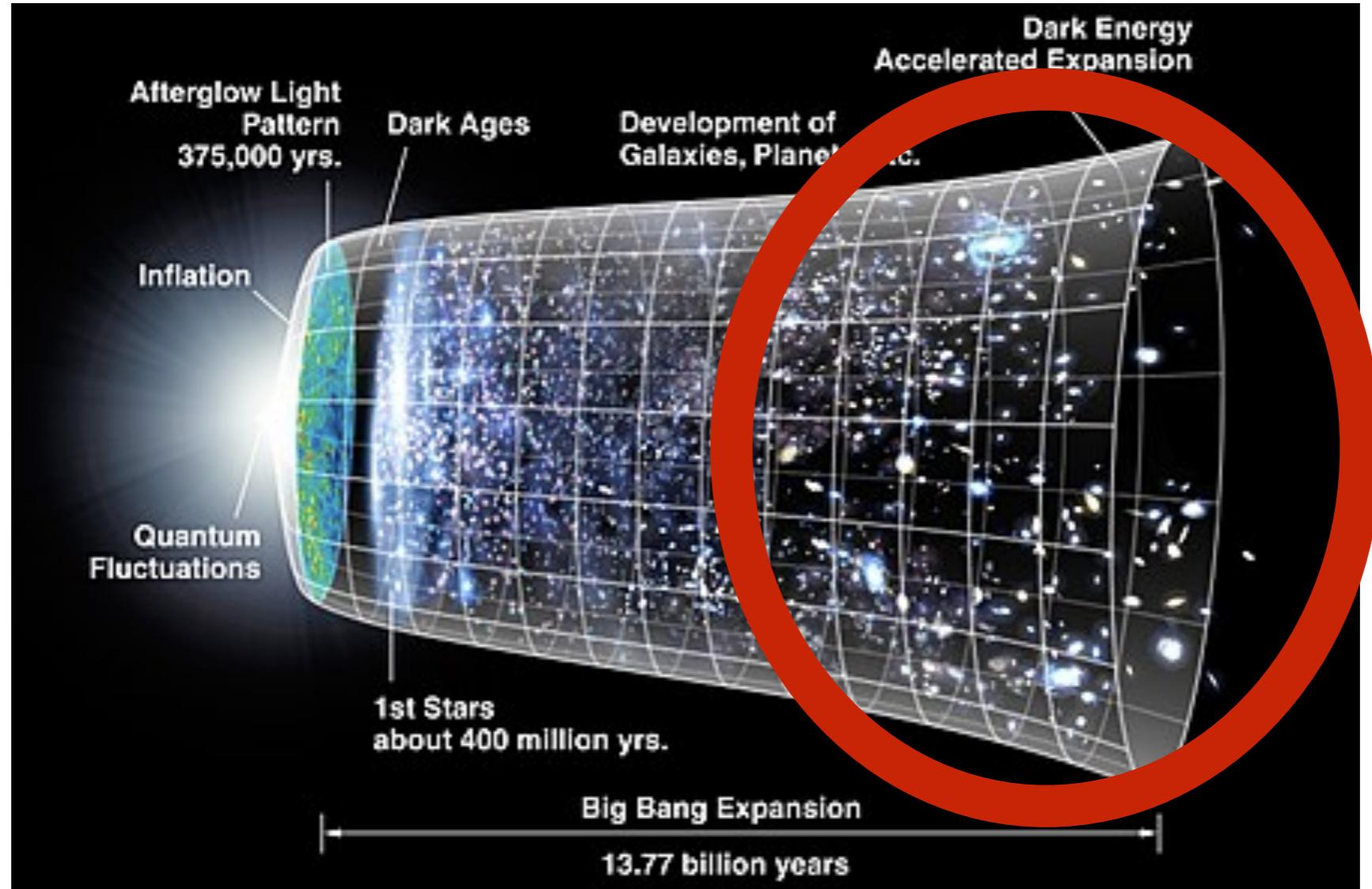
early  
universe



GW can bring direct information from the early universe:  
phenomena occurring in the early universe can produce **stochastic**  
**GW backgrounds (SGWB)** a fossil radiation like the CMB

tests of high energy phenomena

# How can GW help to probe the universe?



**Binaries** of compact objects (black holes, neutron stars...) orbiting around each other and possibly merging emit GWs

Provide information on binary formation and evolution, cosmological structure formation, black hole growth and environment, tests of General Relativity in strong and weak regime, tests of the cosmic expansion...

# Summary of the lecture

- GW equation of motion in FLRW and its relevant solutions
- Characterisation of a stochastic GW background from the early universe
- What is and will be known on the SGWB
- A few examples of SGWB sources with characteristic solutions

C.C. and D.G. Figueroa, “Cosmological backgrounds of GWs”, arXiv:1801.04268  
M. Maggiore, “Gravitational waves”, volume 1 and 2, Oxford University Press

# GW propagation equation in FLRW

- GWs emerge naturally in General Relativity as a causal theory of gravitation, in which there must be some form of radiation propagating information causally: GWs!
- “waves” are propagating perturbations over a background:
  1. take a background space-time metric (the gravitational field)
  2. define a small perturbation over this background metric
  3. insert it into the equations that describe the space-time dynamics (Einstein equations)
  4. (if everything goes well) one finds a dynamical solution for the perturbation which is propagating as a wave -> GWs!

$$1. \quad ds^2 = -dt^2 + a^2(t) (\delta_{ij} + h_{ij}) dx^i dx^j$$

Neglecting scalar and vector perturbations

$$2. \quad |h_{ij}| \ll 1 \quad h_i^i = \partial_j h_i^j = 0$$

superimposed on the homogeneous and isotropic background

$$3. \quad \bar{G}_{\mu\nu} + \delta G_{\mu\nu} = 8\pi G (\bar{T}_{\mu\nu} + \delta T_{\mu\nu})$$

# GW propagation equation in FLRW

$$4. \quad \ddot{h}_{ij}(\mathbf{x}, t) + 3H\dot{h}_{ij}(\mathbf{x}, t) - \frac{\nabla^2}{a^2} h_{ij}(\mathbf{x}, t) = 16\pi G \Pi_{ij}(\mathbf{x}, t)$$

Perfect fluid

Source: tensor  
anisotropic stress

$$T_{\mu\nu} = \bar{T}_{\mu\nu} + \delta T_{\mu\nu}$$

In the cosmological context:  
energy momentum tensor of the matter content of the  
universe (background + perturbations)

$$\delta T_{ij} = \bar{p} \delta g_{ij} + a^2 [\delta p \delta_{ij} + (\partial_i \partial_j - \frac{1}{3} \delta_{ij} \nabla^2) \sigma + 2\partial_{(i} v_{j)} + \Pi_{ij}]$$

$$(\partial_i v_i = 0, \partial_i \Pi_{ij} = 0, \Pi_{ii} = 0)$$

NO GWs FROM THE HOMOGENEOUS MATTER COMPONENT

**COMMENT:** In cosmology, the FLRW space-time is homogeneous and isotropic, so tensor modes can be defined also when  $\lambda \sim L_B$  (exemple: horizon re-entry after inflation), but one cannot say these are GWs, unless modes are well within the horizon ( $\lambda \ll L_B$ )

# GW propagation equation in FLRW

$$4. \quad \ddot{h}_{ij}(\mathbf{x}, t) + 3H\dot{h}_{ij}(\mathbf{x}, t) - \frac{\nabla^2}{a^2} h_{ij}(\mathbf{x}, t) = 16\pi G \Pi_{ij}(\mathbf{x}, t)$$

Source: tensor  
anisotropic stress

In the cosmological context:  
energy momentum tensor of the matter content of the  
universe (background + perturbations)

One exploits the translational invariance and performs a F.T. in space

$$h_{ij}(\mathbf{x}, t) = \sum_{r=+, \times} \int \frac{d^3\mathbf{k}}{(2\pi)^3} h_r(\mathbf{k}, t) e^{-i\mathbf{k}\cdot\mathbf{x}} e_{ij}^r(\hat{\mathbf{k}})$$

$$\Pi_{ij}(\mathbf{x}, t) = \sum_{r=+, \times} \int \frac{d^3\mathbf{k}}{(2\pi)^3} \Pi_r(\mathbf{k}, t) e^{-i\mathbf{k}\cdot\mathbf{x}} e_{ij}^r(\hat{\mathbf{k}})$$

# GW propagation equation in FLRW

$$4. \quad \ddot{h}_{ij}(\mathbf{x}, t) + 3H\dot{h}_{ij}(\mathbf{x}, t) - \frac{\nabla^2}{a^2} h_{ij}(\mathbf{x}, t) = 16\pi G \Pi_{ij}(\mathbf{x}, t)$$

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anisotropic stress

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$$h_{ij}(\mathbf{x}, t) = \sum_{r=+, \times} \int \frac{d^3\mathbf{k}}{(2\pi)^3} h_r(\mathbf{k}, t) e^{-i\mathbf{k}\cdot\mathbf{x}} e_{ij}^r(\hat{\mathbf{k}})$$

The evolution equation  
decouples for each  
polarisation mode

$$h_r''(\mathbf{k}, \eta) + 2\mathcal{H}h_r'(\mathbf{k}, \eta) + k^2 h_r(\mathbf{k}, \eta) = 16\pi G a^2 \Pi_r(\mathbf{k}, \eta)$$

conformal time, Hubble factor and comoving wavenumber

# GW propagation equation in FLRW

$$h_r''(\mathbf{k}, \eta) + 2\mathcal{H} h_r'(\mathbf{k}, \eta) + k^2 h_r(\mathbf{k}, \eta) = 16\pi G a^2 \Pi_r(\mathbf{k}, \eta)$$

Solution of the homogeneous equation

Power-law scale factor  $a(\eta) = a_n \eta^n$

Covering matter ( $n=2$ ) and radiation domination ( $n=1$ ), and De Sitter inflation  $n=-1$ )

$$h_r(\mathbf{k}, \eta) = \frac{A_r(\mathbf{k})}{a_n \eta^{n-1}} j_{n-1}(k\eta) + \frac{B_r(\mathbf{k})}{a_n \eta^{n-1}} y_{n-1}(k\eta)$$

Two notable limiting cases: sub-Hubble and super-Hubble modes

$$H_r(\mathbf{k}, \eta) = a h_r(\mathbf{k}, \eta) \quad H_r''(\mathbf{k}, \eta) + \left( k^2 - \frac{a''}{a} \right) H_r(\mathbf{k}, \eta) = 0$$

$$a''/a \propto \mathcal{H}^2$$

# GW propagation equation in FLRW

CASE 1: Sub-Hubble modes, relevant for **propagation after the source stops**

$$k^2 \gg \mathcal{H}^2$$

$$h_r(\mathbf{k}, \eta) = \frac{A_r(\mathbf{k})}{a(\eta)} e^{ik\eta} + \frac{B_r(\mathbf{k})}{a(\eta)} e^{-ik\eta}$$

In this limit, GWs  
are plane waves  
with redshifting  
amplitude

What are the coefficients  $A_r(\mathbf{k})$  and  $B_r(\mathbf{k})$  from the initial condition?

Suppose the source operates in a time interval  $\eta_{\text{fin}} - \eta_{\text{in}}$  in the radiation dominated era

$$H_r^{\text{rad}}(\mathbf{k}, \eta < \eta_{\text{fin}}) = \frac{16\pi G}{k} \int_{\eta_{\text{in}}}^{\eta} d\tau a(\tau)^3 \sin[k(\eta - \tau)] \Pi_r(\mathbf{k}, \tau)$$

Matching at  $\eta_{\text{fin}}$  with the homogeneous solution to find the GW signal today

$$H_r^{\text{rad}}(\mathbf{k}, \eta > \eta_{\text{fin}}) = A_r^{\text{rad}}(\mathbf{k}) \cos(k\eta) + B_r^{\text{rad}}(\mathbf{k}) \sin(k\eta)$$

$$A_r^{\text{rad}}(\mathbf{k}) = \frac{16\pi G}{k} \int_{\eta_{\text{in}}}^{\eta_{\text{fin}}} d\tau a(\tau)^3 \sin(-k\tau) \Pi_r(\mathbf{k}, \tau)$$

$$B_r^{\text{rad}}(\mathbf{k}) = \frac{16\pi G}{k} \int_{\eta_{\text{in}}}^{\eta_{\text{fin}}} d\tau a(\tau)^3 \cos(k\tau) \Pi_r(\mathbf{k}, \tau)$$

# GW propagation equation in FLRW

CASE 2: Super-Hubble modes, relevant for **inflationary tensor perturbations**

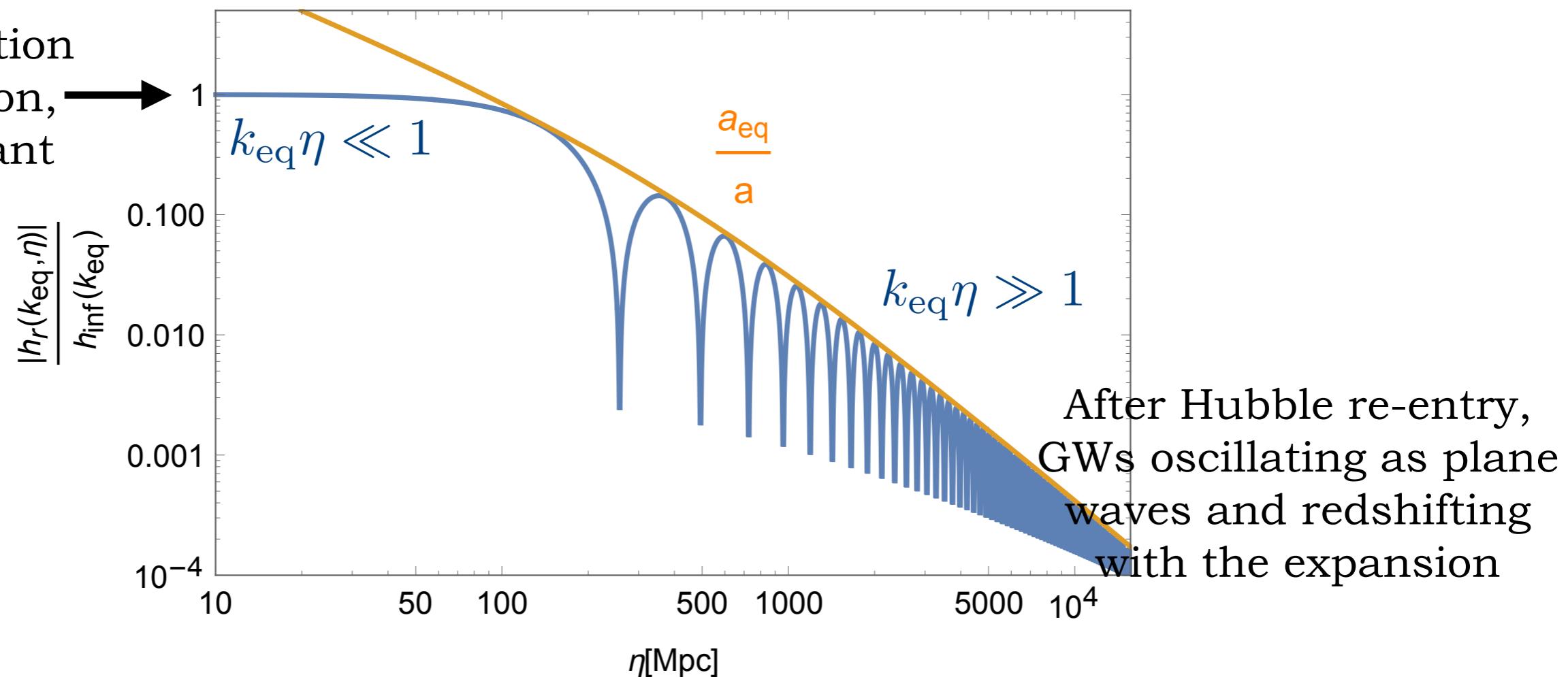
$$k^2 \ll \mathcal{H}^2$$

$$h_r(\mathbf{k}, \eta) = A_r(\mathbf{k}) + \frac{B_r(\mathbf{k})}{a^3(\eta)}$$

Decaying mode,  
negligible

Full solution with inflationary initial conditions  
Hubble re-entry at the radiation-matter transition

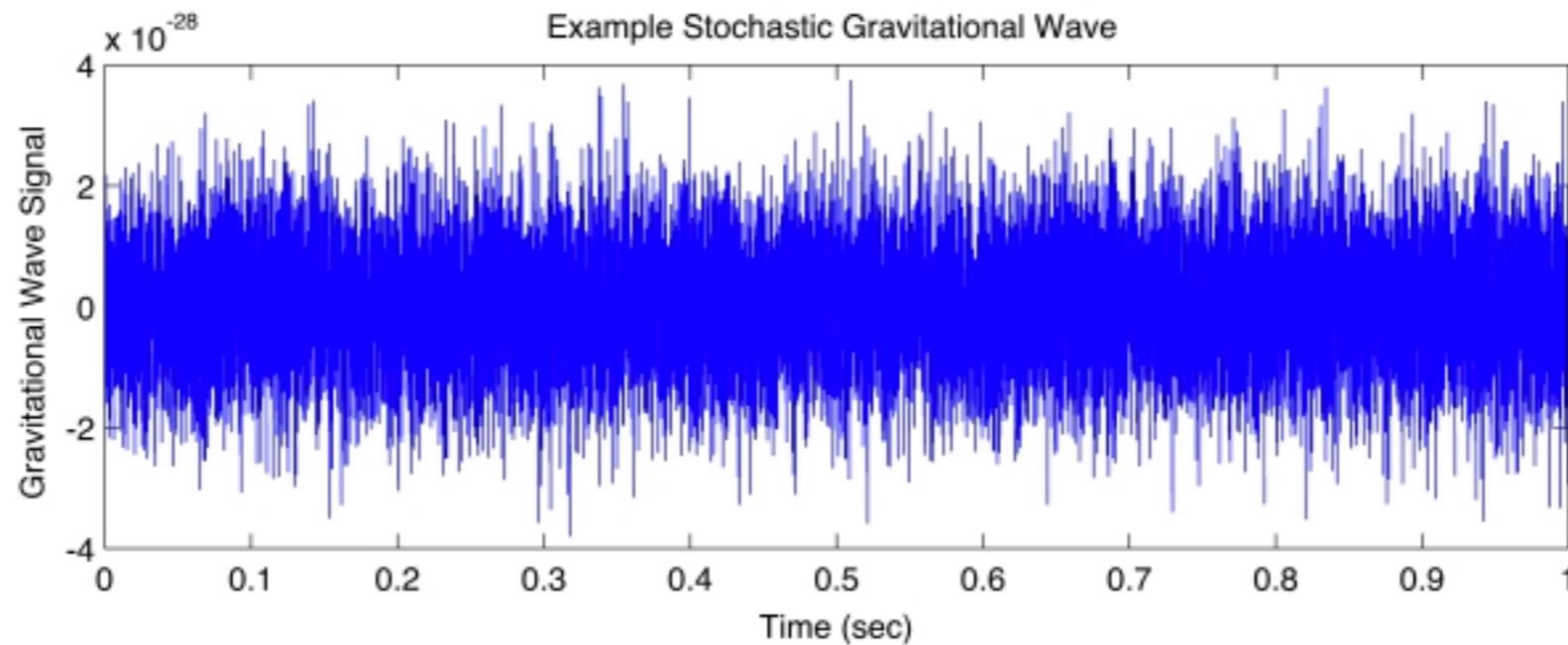
Initial condition  
from inflation,  
 $A_r(\mathbf{k})$  constant



# Why sources in the early universe produce SGWBs?

A **stochastic GW background** is a signal for which *only the statistical properties can be accessed* because it is given by the incoherent superposition of sources that cannot be individually resolved

LIGO website



- For example, the superposition of deterministic GW signals from astrophysical binary sources with too low signal-to-noise ratio, or too much overlap in time and frequency -> confusion noise (Examples: LVK, LISA, PTAs...)
- Early universe GW sources produce SGWBs because they are homogeneously and isotropically distributed over the entire universe, and correlated on scales much smaller than the detector resolution

# Why sources in the early universe produce SGWBs?

A GW source acting at time  $t_*$  in the early universe cannot produce a signal correlated on length/time scales larger than the causal horizon at that time

$$\ell_* \leq H_*^{-1}$$

$\ell_*$  characteristic length-scale of the source  
 $\ell_*$  (typical size of variation of the tensor anisotropic stresses)

# Why sources in the early universe produce SGWBs?

A GW source acting at time  $t_*$  in the early universe cannot produce a signal correlated on length/time scales larger than the causal horizon at that time

$$\ell_* \leq H_*^{-1}$$

Angular size on the sky today of a region in which the SGWB signal is correlated

$$\Theta_* = \frac{\ell_*}{d_A(z_*)}$$

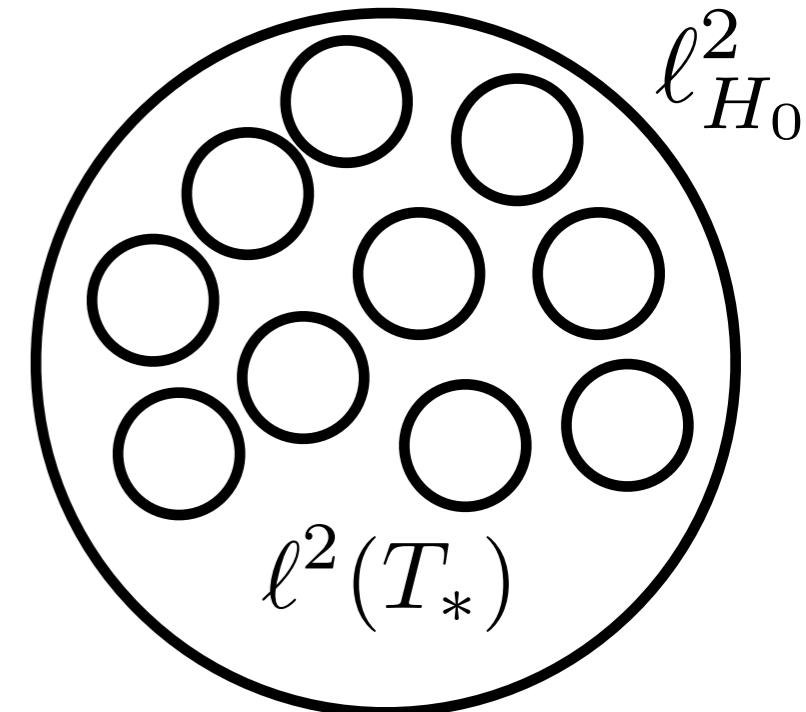
Angular diameter distance

Number of uncorrelated regions accessible today  $\sim \Theta_*^{-2}$

Suppose a GW detector angular resolution of 10 deg  $\longrightarrow z_* \lesssim 17$

$$\Theta(z_* = 1090) \simeq 0.9 \text{ deg}$$

$$\Theta(T_* = 100 \text{ GeV}) \simeq 10^{-12} \text{ deg}$$



Only the statistical properties of the signal can be accessed

# Why sources in the early universe produce SGWBs?

- We access today the GW signal from many independent horizon volumes:  $h_{ij}(\mathbf{x}, t)$  must be treated as a random variable, only its statistical properties can be accessed, e.g. its correlator  $\langle h_r(\mathbf{x}, \eta_1) h_s(\mathbf{y}, \eta_2) \rangle$   
where  $\langle \dots \rangle$  is an ensemble average
- The universe is homogeneous and isotropic, so the GW source is operating everywhere at the same time with the same average properties (“a-causal” initial conditions from Inflation)
- Under the ergodic hypothesis, the ensemble average can be substituted with volume / time averages: we identify this average with the volume / time one necessary to define the GW energy momentum tensor
- Notable exception: *SGWB from Inflation* (intrinsic quantum fluctuations that become classical (stochastic) outside the horizon)

# Characterisation of a primordial SGWB

The SGWB is in general homogenous and isotropic, unpolarised and Gaussian

As the FLRW space-time

$$\langle h_{ij}(\mathbf{x}, \eta_1) h_{lm}(\mathbf{y}, \eta_2) \rangle = F_{ijlm}(|\mathbf{x} - \mathbf{y}|, \eta_1, \eta_2)$$

Certainly some *induced anisotropy*, e.g. the dipole with respect to the cosmological frame

More challenging to detect than the “monopole”

If the sourcing process preserves parity

$$\langle h_{+2}(\mathbf{k}, \eta) h_{+2}(\mathbf{k}, \eta) - h_{-2}(\mathbf{k}, \eta) h_{-2}(\mathbf{k}, \eta) \rangle = \langle h_+(\mathbf{k}, \eta) h_\times(\mathbf{k}, \eta) \rangle = 0$$

Helicity basis  $e_{ij}^{\pm 2} = \frac{e_{ij}^+ \pm i e_{ij}^\times}{2}$

**There are exceptions!**

Central limit theorem: the signal comes from the superposition of many independent regions

# Characterisation of a primordial SGWB

Power spectrum of the GW amplitude  $h_c(k, t)$

$$\langle h_r(\mathbf{k}, \eta) h_p^*(\mathbf{q}, \eta) \rangle = \frac{8\pi^5}{k^3} \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} h_c^2(k, \eta)$$

 Statistical homogeneity and isotropy

Gaussianity: the two-point correlation function is enough to fully describe the SGWB

Unpolarised

$$\langle h_{ij}(\mathbf{x}, \eta) h_{ij}(\mathbf{x}, \eta) \rangle = 2 \int_0^{+\infty} \frac{dk}{k} h_c^2(k, \eta)$$

Related to the variance of the GW amplitude in real space

For *freely propagating sub-Hubble modes*, and taking the time-average:

$$h_r(\mathbf{k}, \eta) = \frac{A_r(\mathbf{k})}{a(\eta)} e^{ik\eta} + \frac{B_r(\mathbf{k})}{a(\eta)} e^{-ik\eta}$$

$$\langle h_r(\mathbf{k}, \eta) h_p^*(\mathbf{q}, \eta) \rangle = \frac{1}{a^2(\eta)} [\langle A_r(\mathbf{k}) A_p^*(\mathbf{q}) \rangle + \langle B_r(\mathbf{k}) B_p^*(\mathbf{q}) \rangle] \quad h_c(k, \eta) \propto \frac{1}{a^2(\eta)}$$

# Characterisation of a primordial SGWB

Power spectrum of the GW energy density  $\frac{d\rho_{\text{GW}}}{d \log k}$

$$\rho_{\text{GW}} = \frac{\langle \dot{h}_{ij}(\mathbf{x}, t) \dot{h}_{ij}(\mathbf{x}, t) \rangle}{32\pi G} = \frac{\langle h'_{ij}(\mathbf{x}, \eta) h'_{ij}(\mathbf{x}, \eta) \rangle}{32\pi G a^2(\eta)} = \int_0^{+\infty} \frac{dk}{k} \frac{d\rho_{\text{GW}}}{d \log k}$$

$$\langle h'_r(\mathbf{k}, \eta) {h'_p}^*(\mathbf{q}, \eta) \rangle = \frac{8\pi^5}{k^3} \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} {h'_c}^2(k, \eta)$$

For *freely propagating sub-Hubble modes*, and taking the time-average:

$${h'_c}^2(k, \eta) \simeq k^2 h_c^2(k, \eta)$$

$$\frac{d\rho_{\text{GW}}}{d \log k} = \frac{k^2 h_c^2(k, \eta)}{16\pi G a^2(\eta)}$$

$$\rho_{\text{GW}} \propto \frac{1}{a(\eta)^4}$$

GW energy density scales like radiation for  
freely propagating sub-Hubble modes  
(free massless particles)

# Characterisation of a primordial SGWB

GW energy density parameter

Evaluated today, for a source  
that operated at time  $\eta_*$

$$h^2 \Omega_{\text{GW}}(k, \eta_0) = \frac{h^2 \rho_*}{\rho_c} \left( \frac{a_*}{a_0} \right)^4 \left( \frac{1}{\rho_*} \frac{d\rho_{\text{GW}}}{d\log k}(k, \eta_*) \right)$$

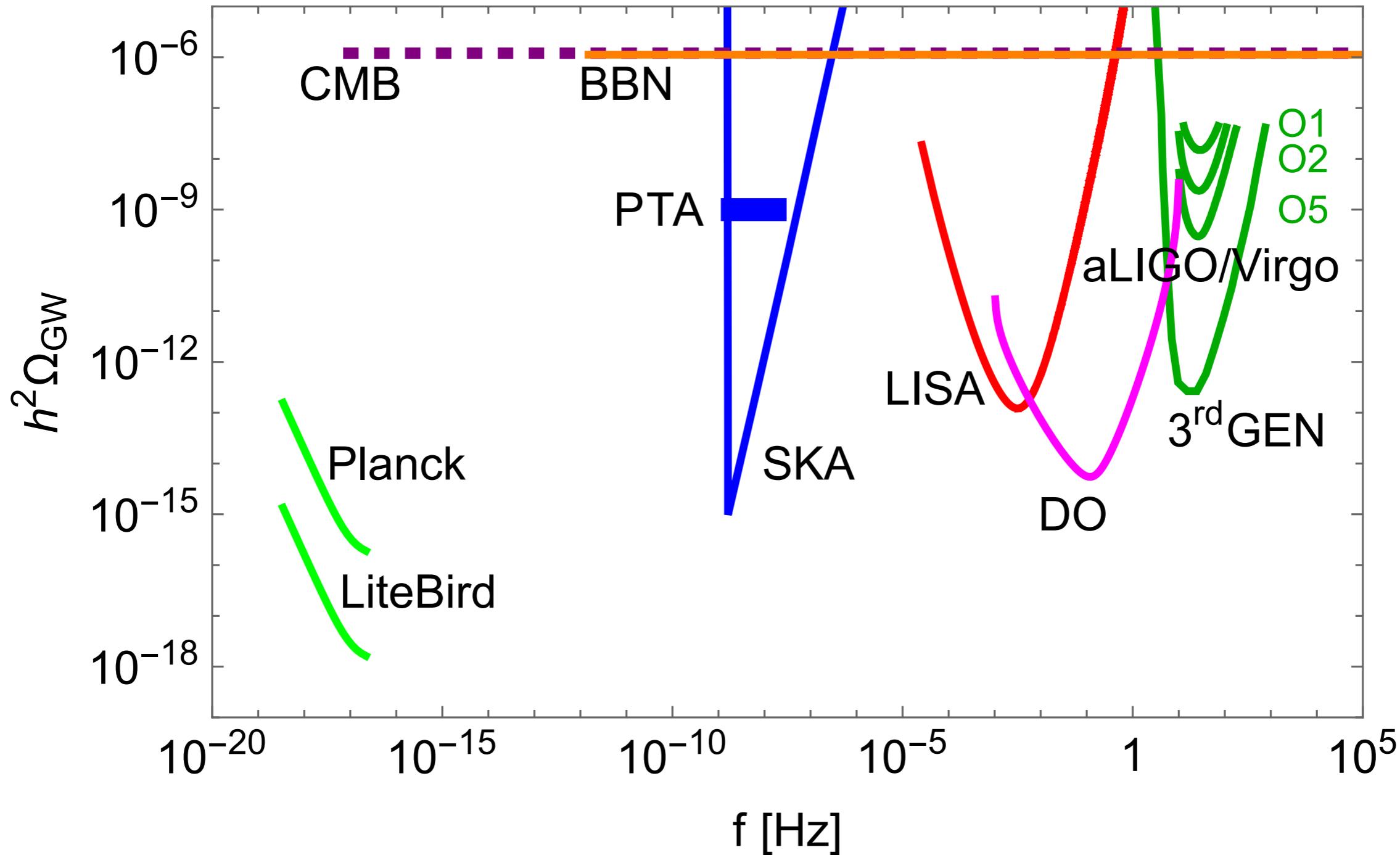
To make connection with the detection process one assumes that

- The source has stopped operating so the waves are freely propagating
- The expansion of the universe is negligible over the time of the measurement so that the SGWB appears stationary
- One can F.T. in time as well  $f = \frac{1}{2\pi} \frac{k}{a_0}$  Power spectral density

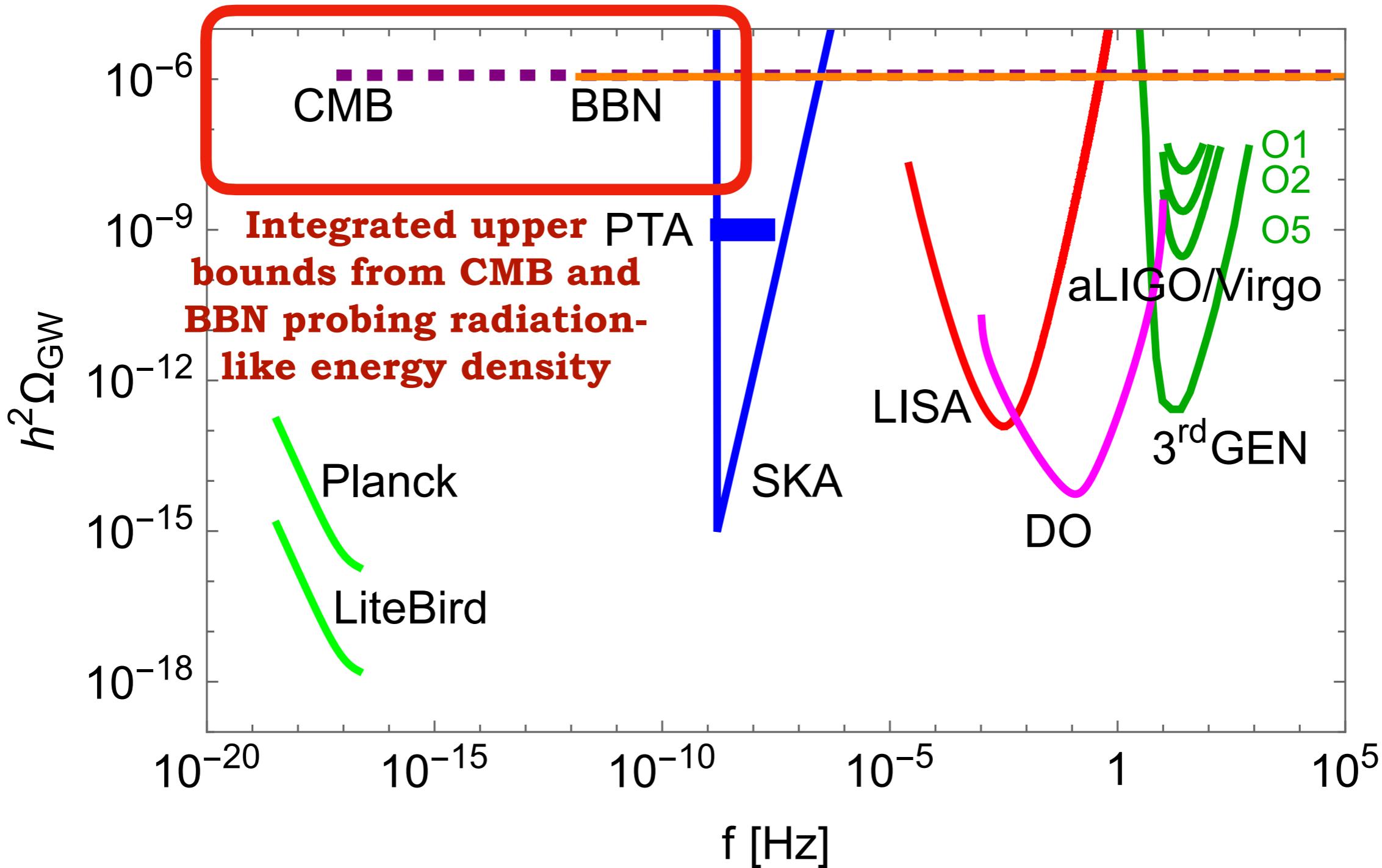
$$\begin{aligned} \langle \bar{h}_r(f, \hat{\mathbf{k}}) \bar{h}_p^*(g, \hat{\mathbf{q}}) \rangle &= a_0^4 f^2 g^2 \langle A_r(\mathbf{k}) A_p^*(\mathbf{q}) \rangle = \\ &= \frac{1}{8\pi} \delta(f - g) \delta^{(2)}(\hat{\mathbf{k}} - \hat{\mathbf{q}}) \delta_{rp} S_h(f) \end{aligned}$$

$$\Omega_{\text{GW}}(f) = \frac{4\pi^2}{3H_0^2} f^3 S_h(f)$$

# What is/will be known about the SGWB



# What is/will be known about the SGWB



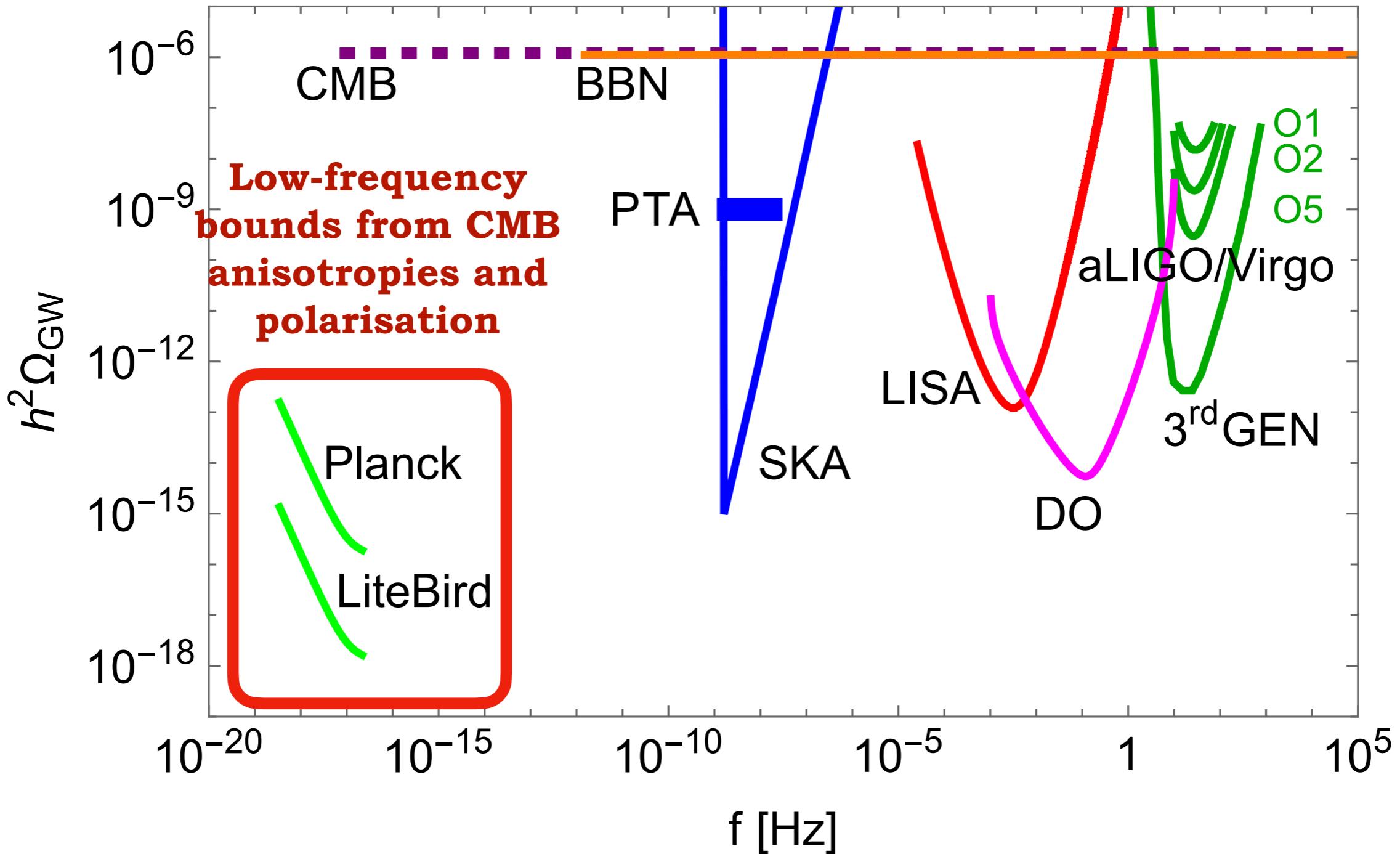
# What is/will be known about the SGWB

- GW contribute to the energy density in the universe and change its background evolution
- The abundances of elements produced at Big Bang Nucleosynthesis (BBN) depend on the relative abundance of neutrons and protons, which depends on the Hubble scale at  $T \sim \text{MeV}$
- The Cosmic Microwave Background (CMB) monopole and anisotropy spectrum depend on the Hubble scale at decoupling  $T \sim 0.3 \text{ eV}$ , on the matter-radiation equality...
- Bounds on the *integrated GW energy density* at/previous to the BBN and CMB epochs

$$\left(\frac{\rho_{\text{GW}}}{\rho_c}\right)_0 = \int \frac{df}{f} \Omega_{\text{GW}}(f) = \Omega_\gamma^0 \left(\frac{g_S(T_0)}{g_S(T)}\right)^{4/3} \boxed{\left(\frac{\rho_{\text{GW}}}{\rho_\gamma}\right)_T}$$

CAREFUL! Plot “wrong”...

# What is/will be known about the SGWB



# Cosmic microwave background

frequency range of detection:  $10^{-18} \text{ Hz} < f < 10^{-16} \text{ Hz}$

- **temperature anisotropy:**  
limit by Planck

$$P_h(k) = A_t(k_0) (k \eta_0)^{n_t}$$

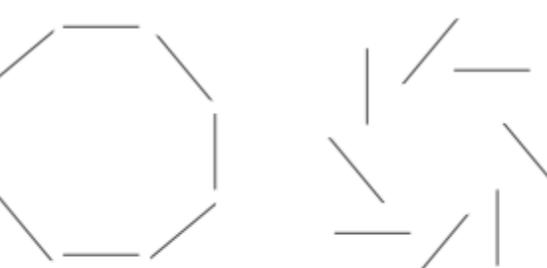
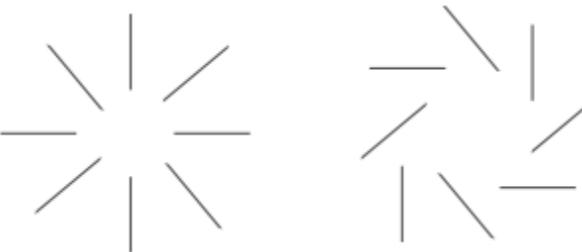
$$\frac{\delta T}{T} = - \int_{t_{\text{dec}}}^{t_0} \dot{h}_{ij} n^i n^j dt$$

$$C_{\ell,T}^{\Theta\Theta} \simeq \frac{\sqrt{\pi}}{3} A_t(k_0) \frac{\ell(\ell+2)!}{(\ell-2)!} \frac{\Gamma\left[\frac{7-n_t}{2}\right] \Gamma\left[\ell + \frac{n_t}{2}\right]}{\Gamma\left[4 - \frac{n_t}{2}\right] \Gamma\left[\ell + 7 - \frac{n_t}{2}\right]}$$
$$\propto \ell^{n_t-2} \quad \text{for } 1 \ll \ell \lesssim 60$$

- **polarisation:** BB spectrum measured by BICEP and Planck generated at photon decoupling time, from Thomson scattering of electrons by a **quadrupole temperature anisotropy** in the photons

generated by  
primordial scalar  
and tensor  
perturbations

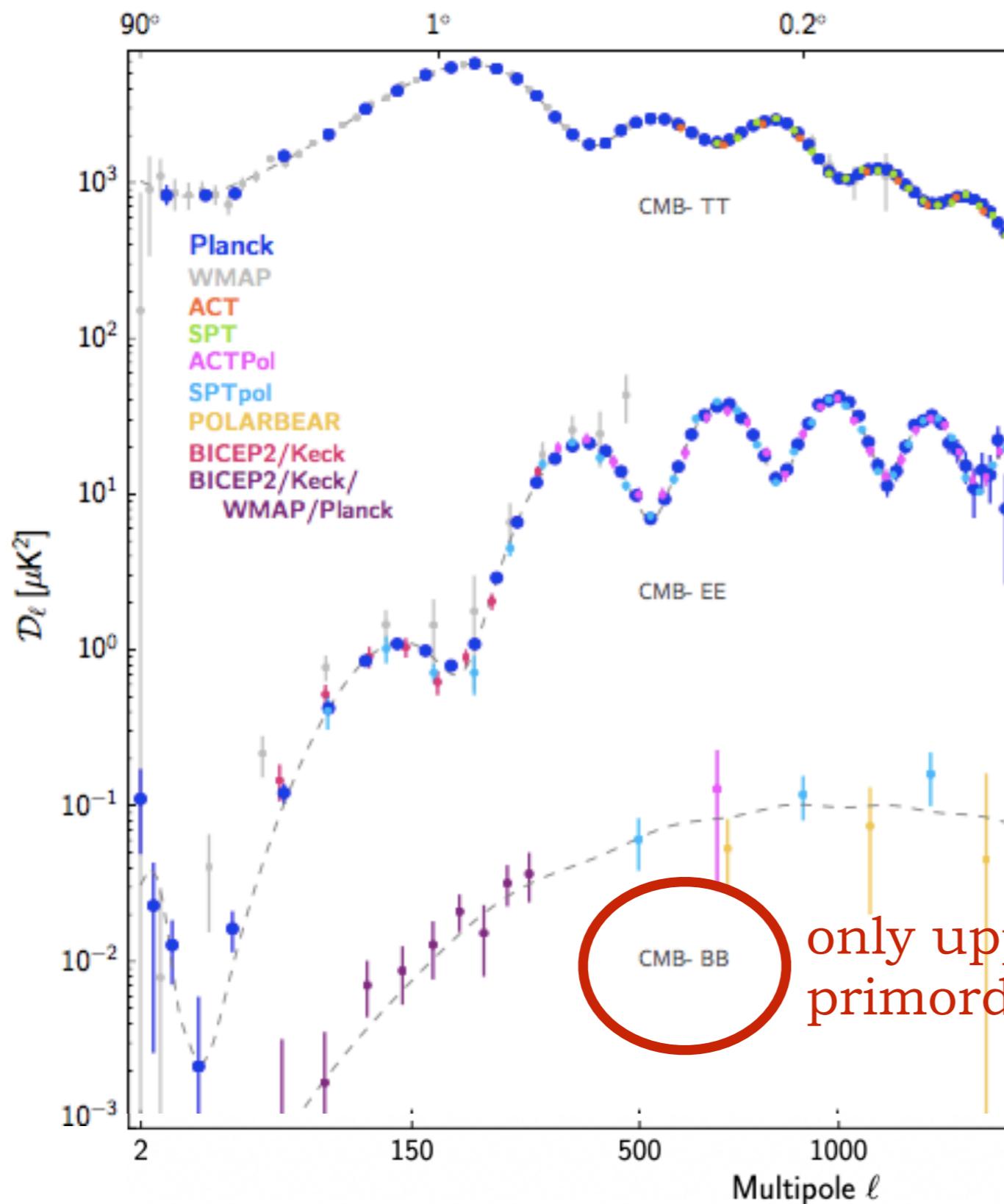
polarisation patterns



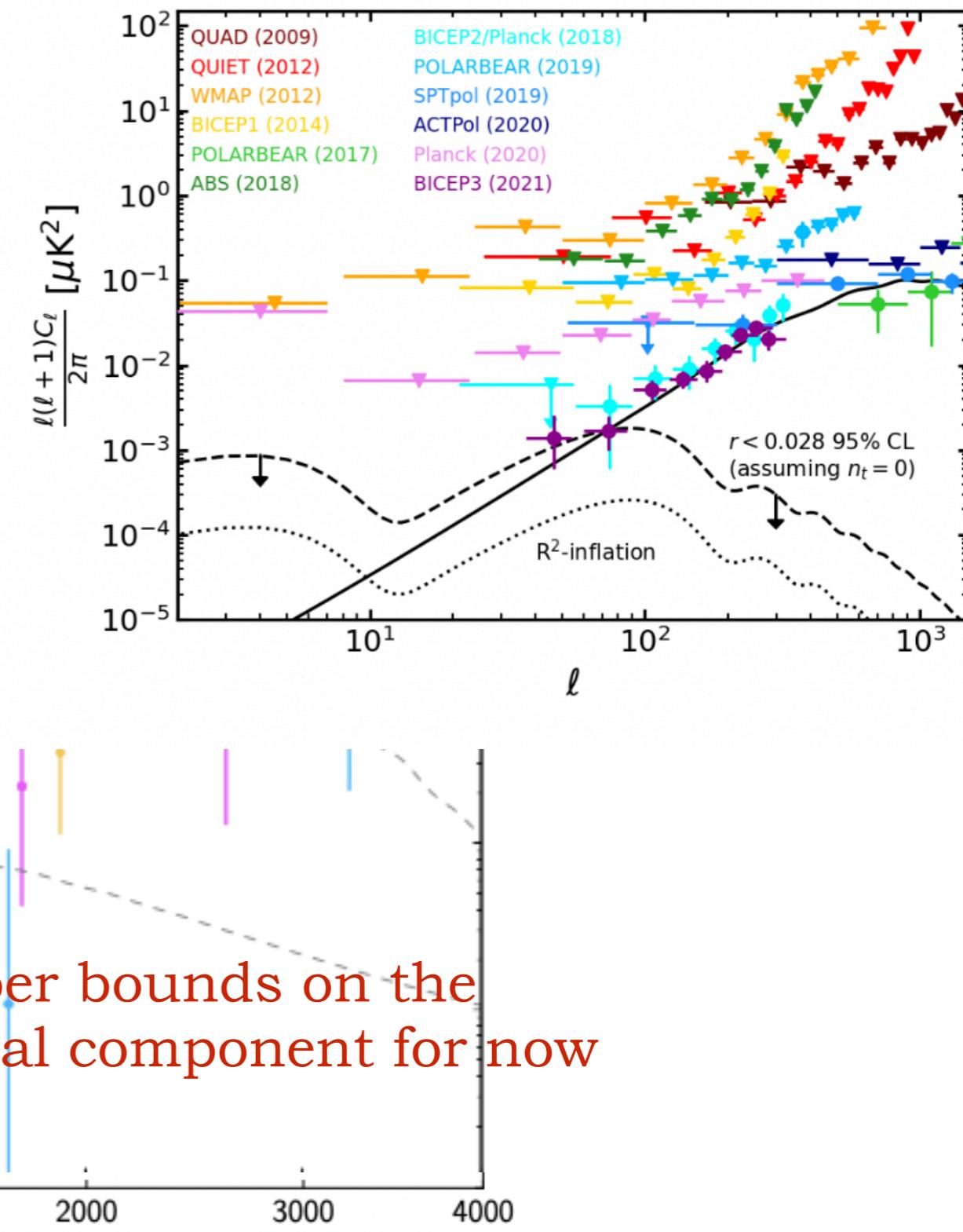
generated only by  
primordial tensor  
perturbations or by  
foregrounds

# Cosmic microwave background

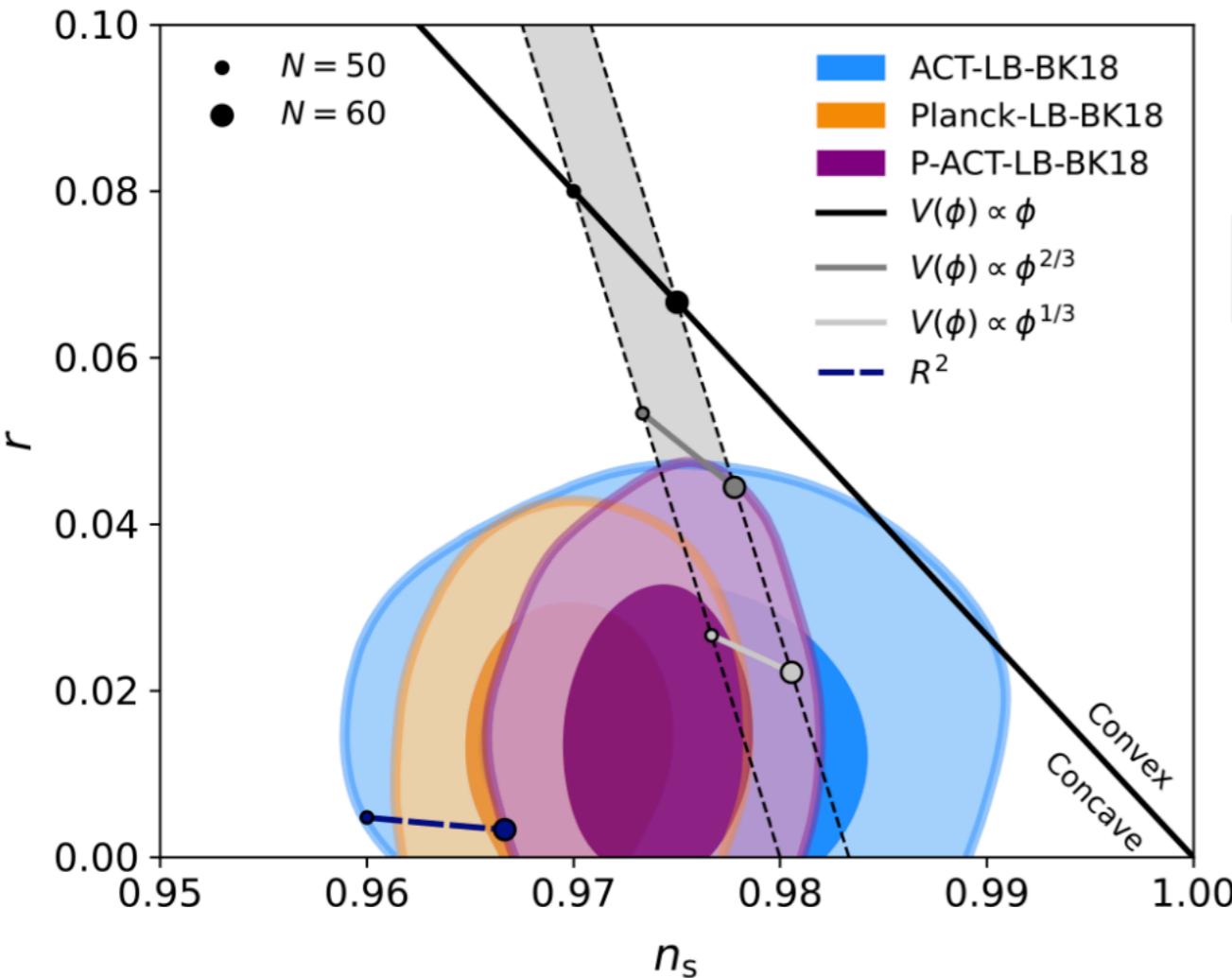
Galloni et al: arXiv:2208.00188



only upper bounds on the  
primordial component for now



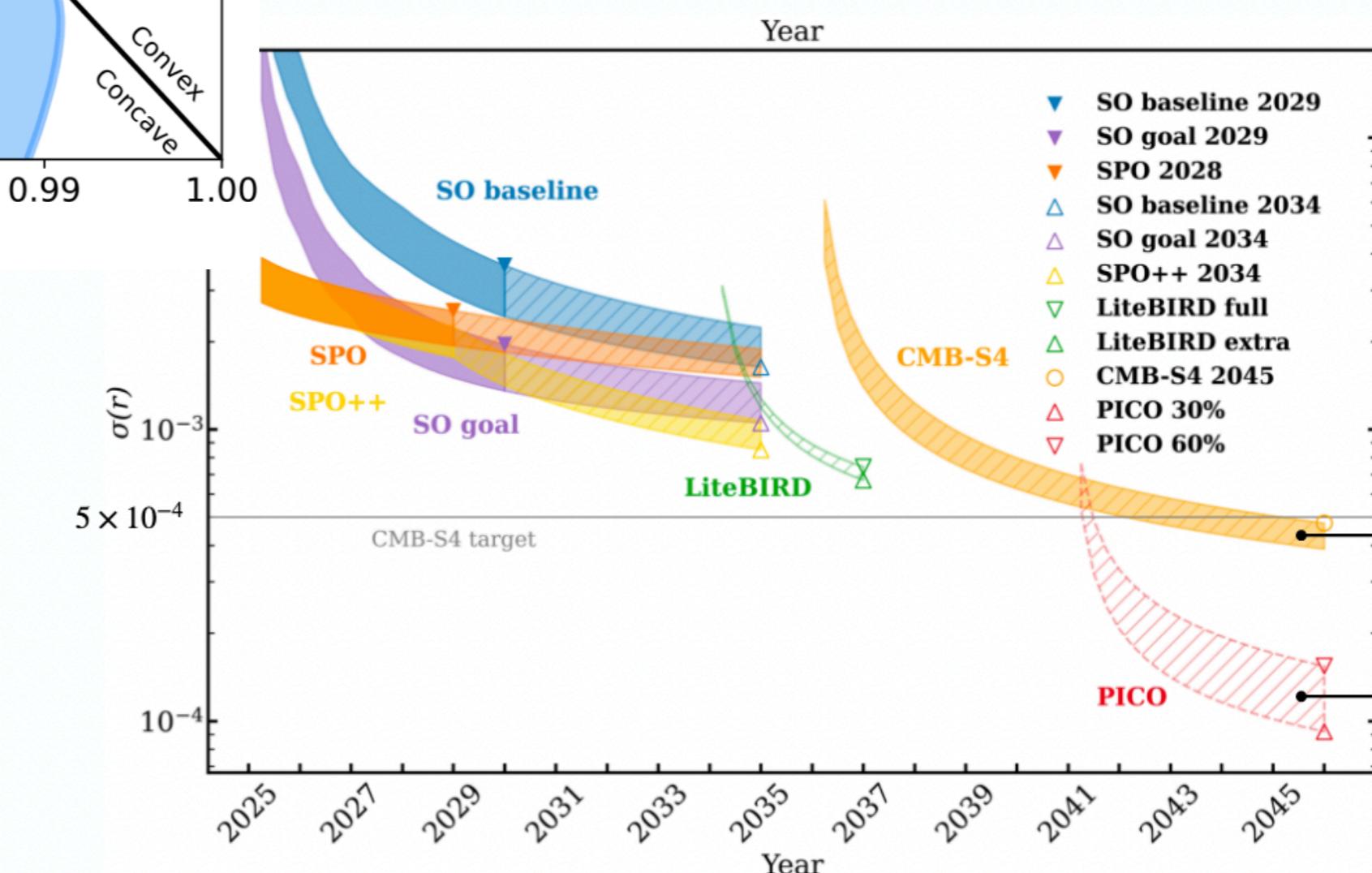
# Cosmic microwave background



Projected sensitivity on the tensor-to-scalar ratio

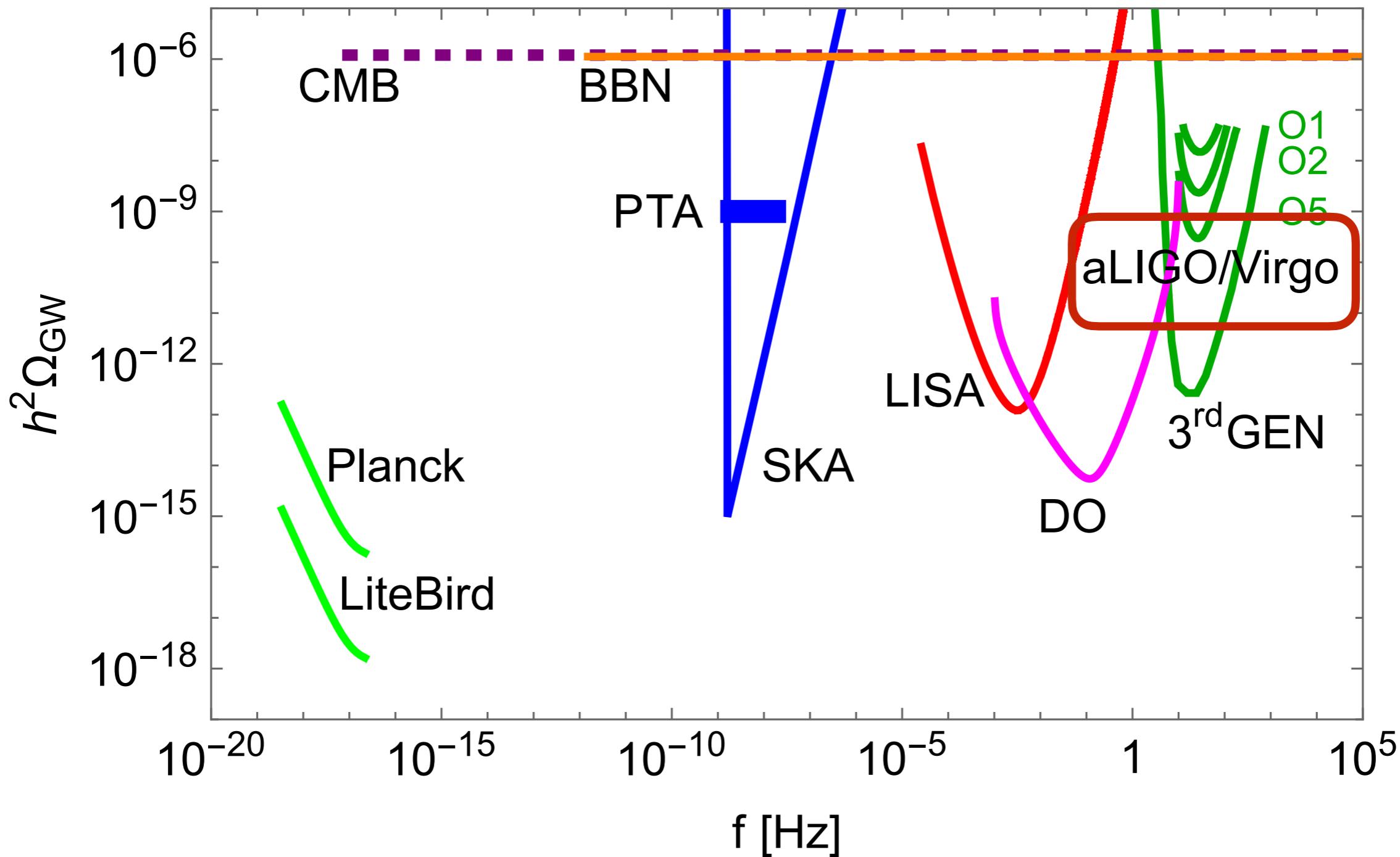
This constraint is usually represented in the context of Inflation as a bound on the tensor-to-scalar ratio

**A. Challinor**, [https://indico-dpt.unige.ch/event/1/contributions/31/attachments/16/19/Challinor\\_Geneva2025.pdf](https://indico-dpt.unige.ch/event/1/contributions/31/attachments/16/19/Challinor_Geneva2025.pdf)



# What is/will be known about the SGWB

**Present and future GW observatories:**  
**LIGO VIRGO KAGRA**



# Earth-based interferometers

LIGO/Virgo (operating)

arm length L = 4 km

frequency range of detection:  
 $10 \text{ Hz} < f < 5\text{kHz}$

3rd generation ET, CE (future)

arm length L  $\sim 15\text{-}20$  km

frequency range of detection:  
 $1 \text{ Hz} < f < 10^4 \text{ Hz}$

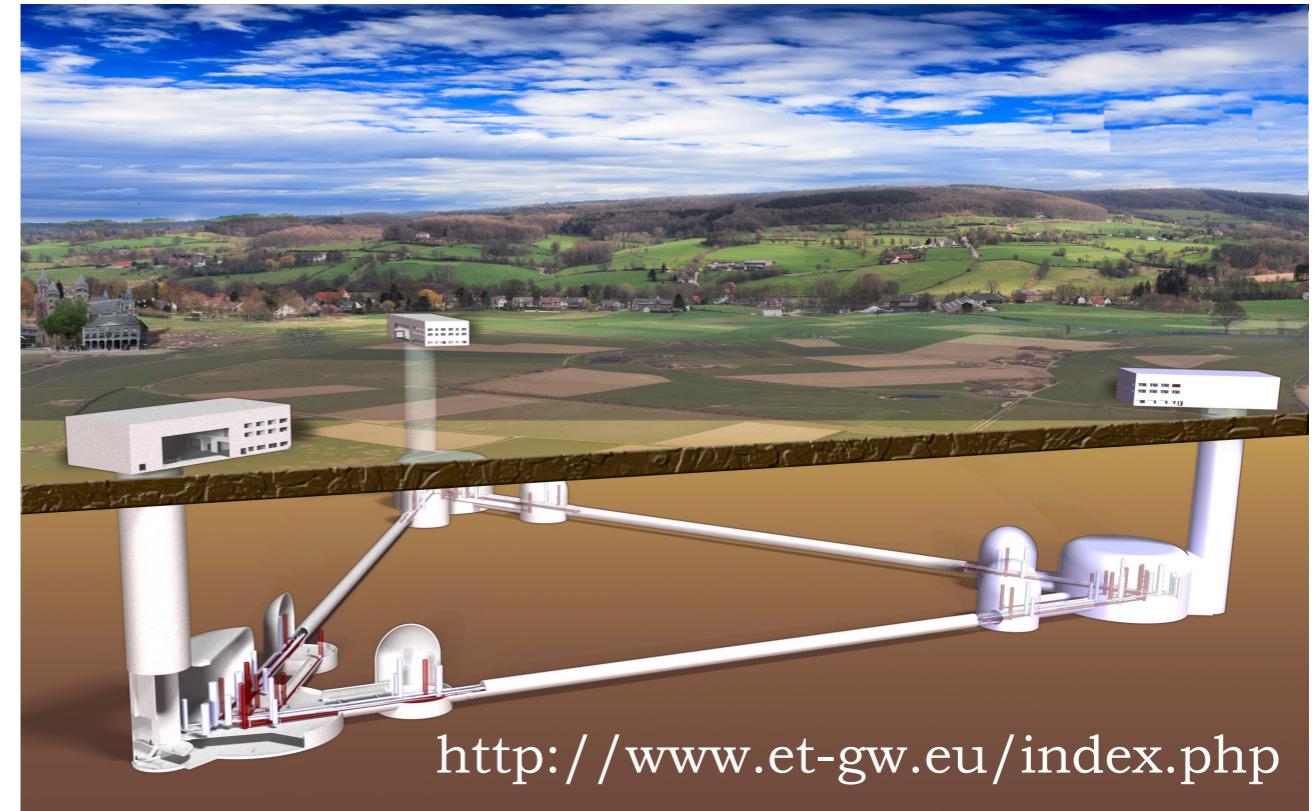
factor 20 improvement in sensitivity

## DETECTION TARGETS:

- Black hole coalescing binaries of masses few to hundred solar masses (BHs)
- Neutron Star and NS-BH binaries / SN explosions
- Stochastic GW background



<https://www.ligo.org/>



<http://www.et-gw.eu/index.php>

# Earth-based interferometers

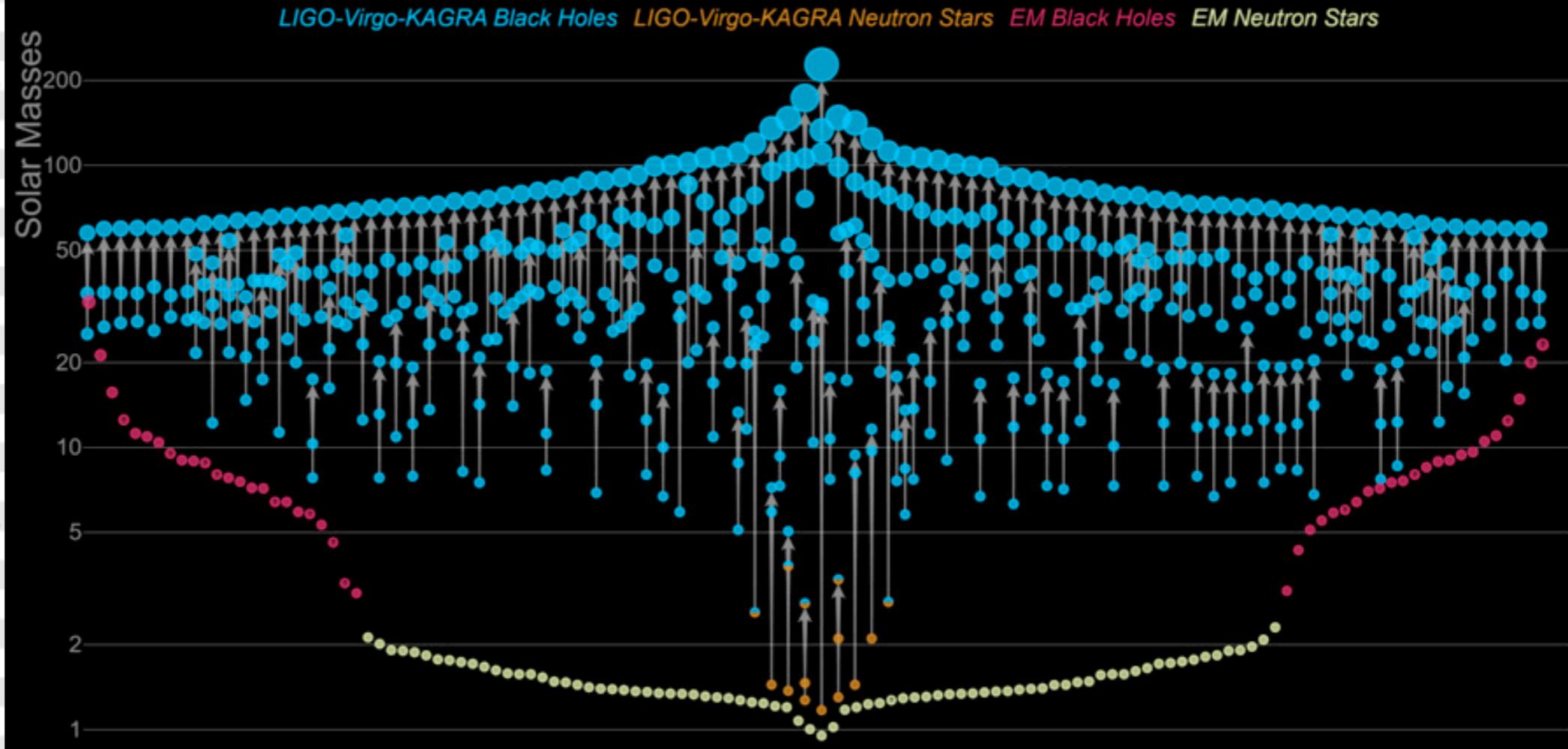
Individually resolved  
BHs, NSBs, NS-BH

Last catalogue GWTC-4:  
128 binary mergers  
detected, including NS-  
BH and NS-NS mergers

LVK Collaboration: arXiv::2508.18082

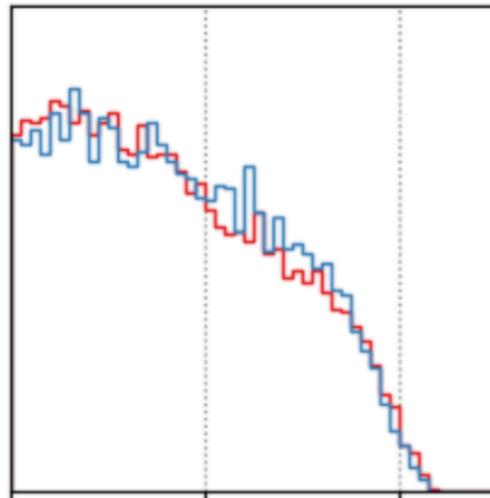
## Masses in the Stellar Graveyard

LIGO-Virgo-KAGRA Black Holes LIGO-Virgo-KAGRA Neutron Stars EM Black Holes EM Neutron Stars



# Earth-based interferometers

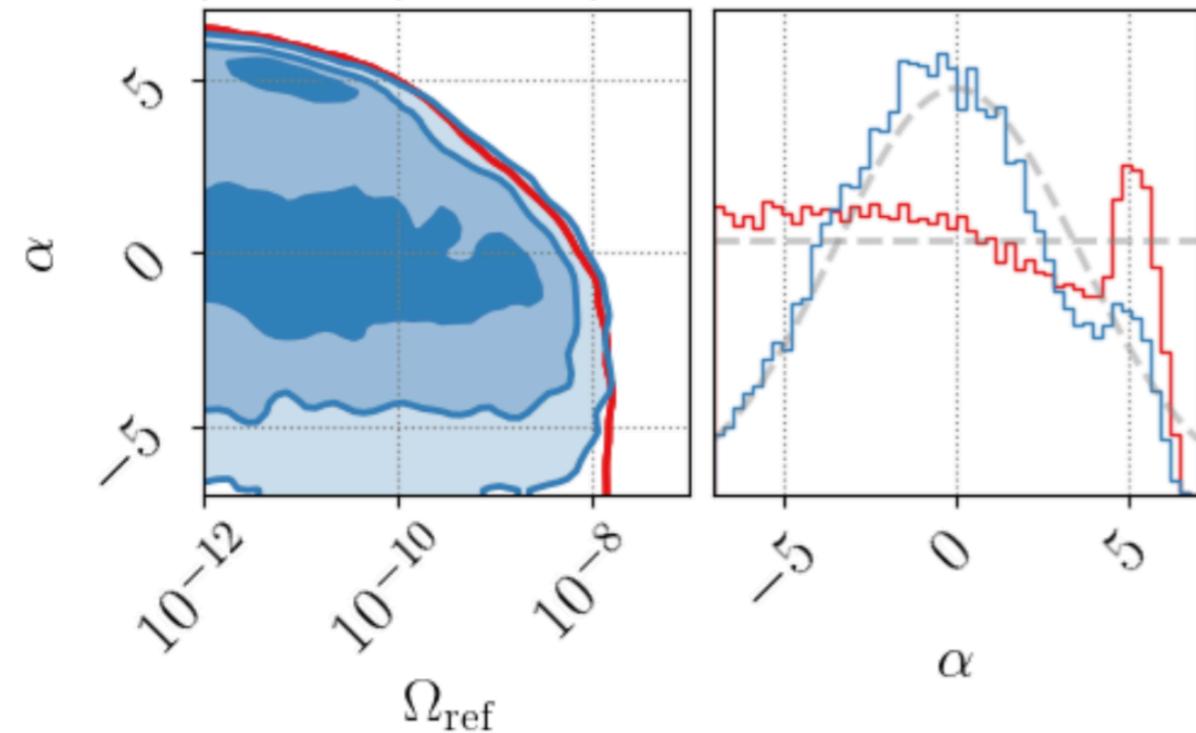
Stochastic GW background: for now, only upper bounds



— Uniform  
— Gaussian

$$\Omega_{\text{GW}}(f) = \Omega_{\text{ref}} \left( \frac{f}{25 \text{ Hz}} \right)^{\alpha}$$

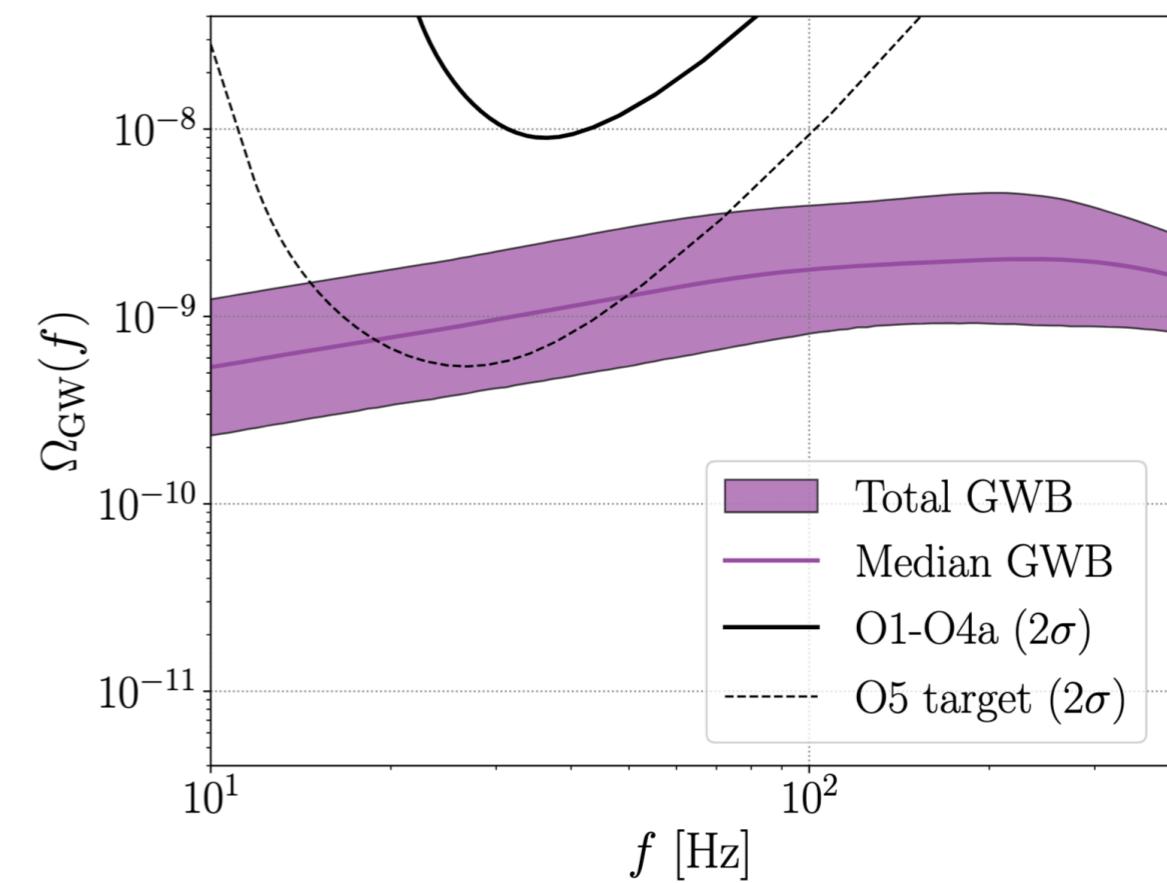
Most probably no cosmological SGWB detection by LVK, masked by astrophysical foreground detection expected for  $\sim 2030$



Detection via cross-correlation of signals from different detectors

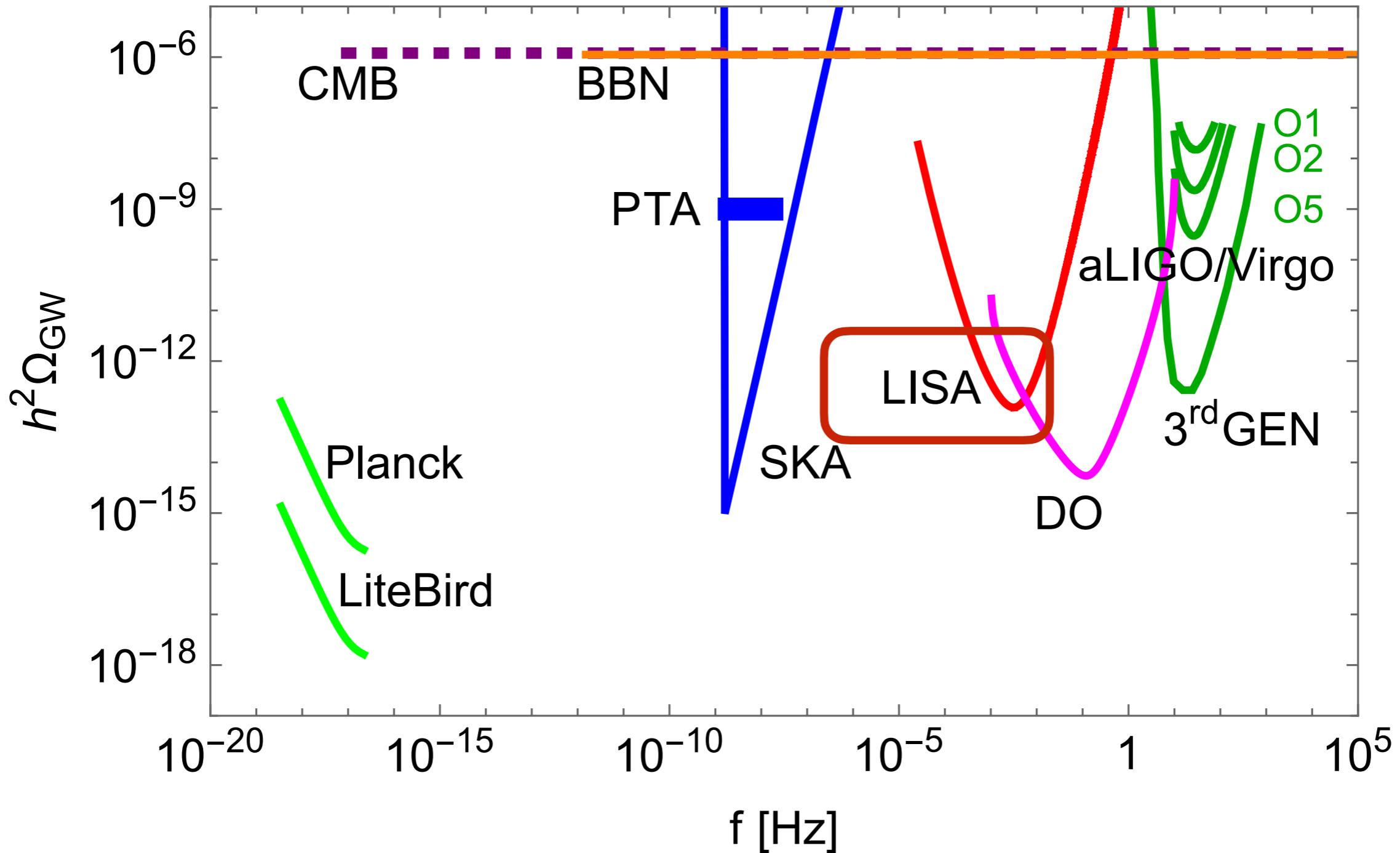
LVK Collaborations, arXiv:2508.20721

SGWB from BHs and NSBs



# What is/will be known about the SGWB

## Present and future GW observatories: LISA



# Space-based interferometers: LISA

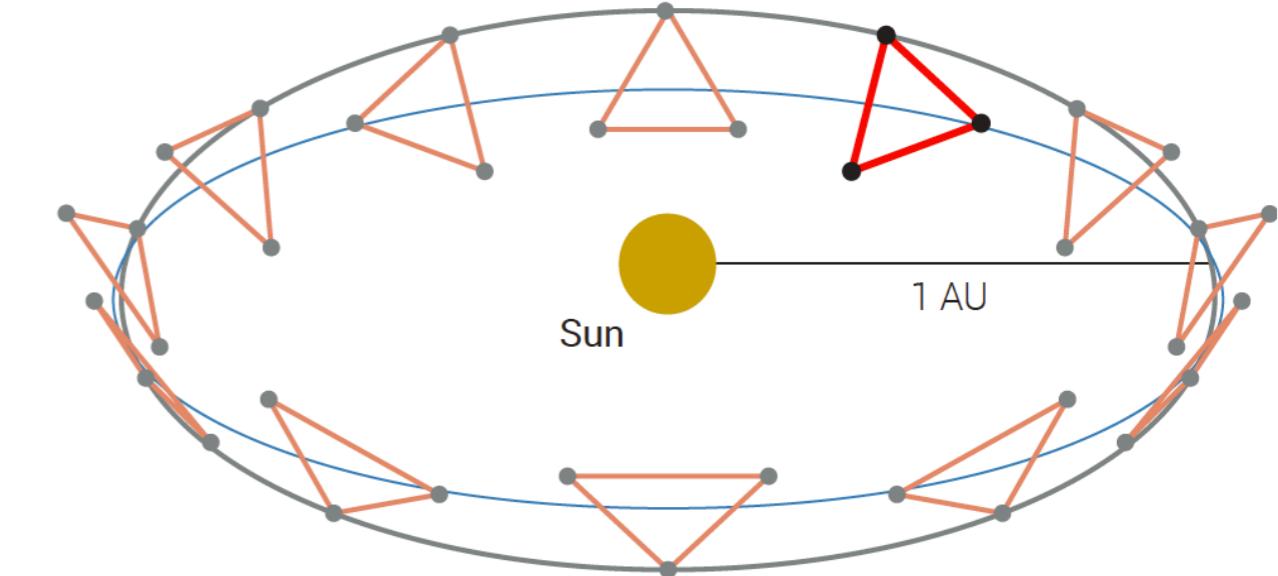
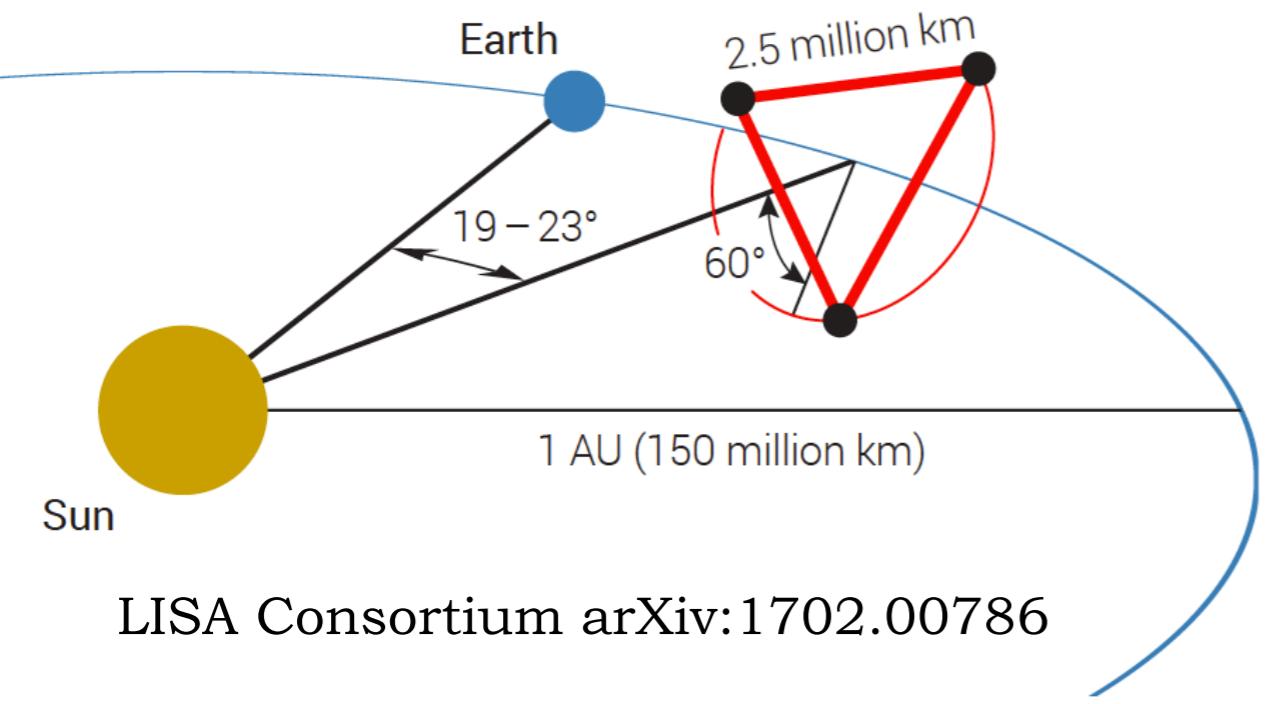
## LISA: Laser Interferometer Space Antenna

- no seismic noise
- much longer arms than on Earth

frequency range of detection:

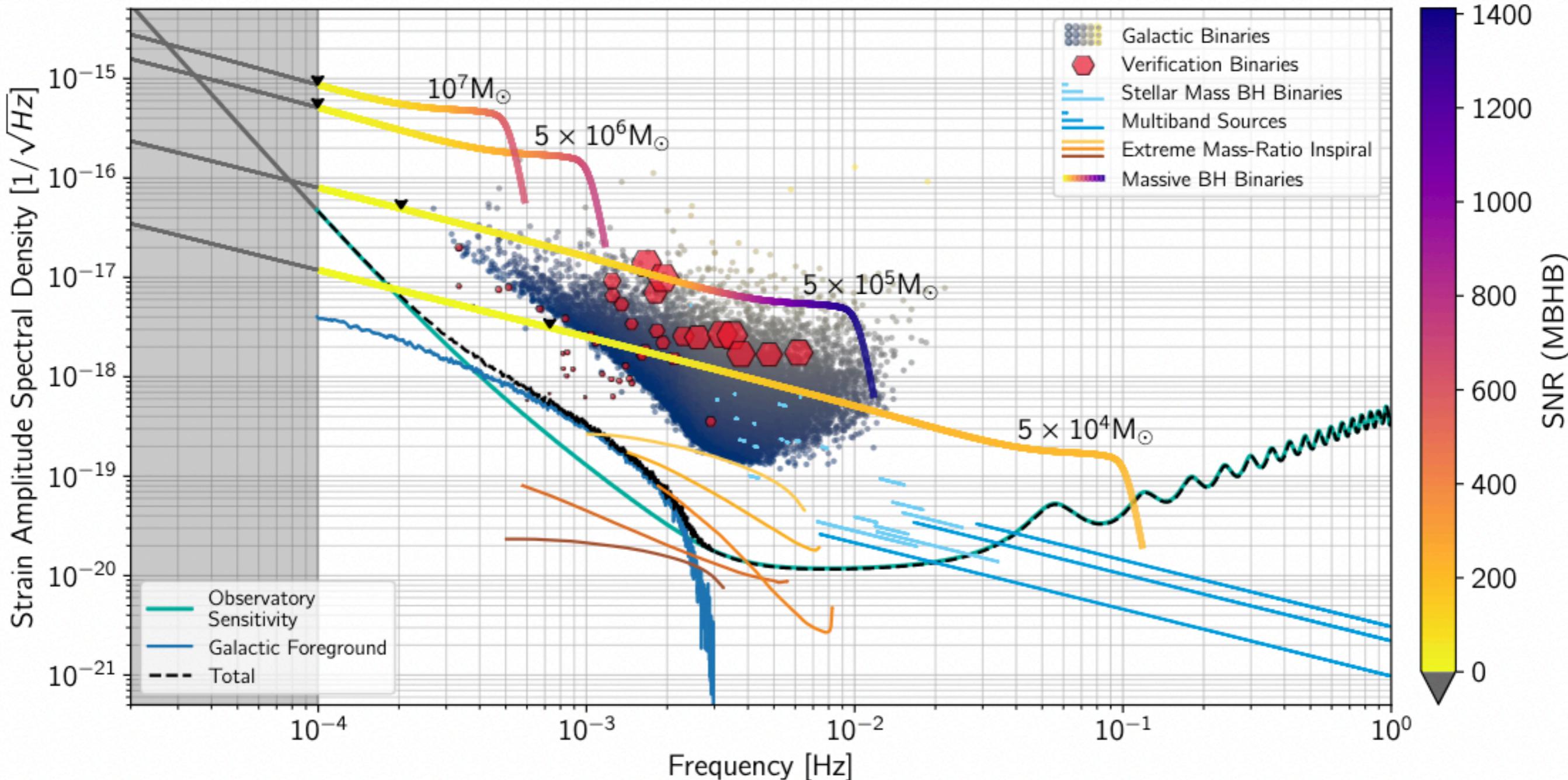
$$10^{-4} \text{ Hz} < f < 1 \text{ Hz}$$

- Launch in ~2035
- two masses in free fall per spacecraft
- 2.5 million km arms
- picometer displacement of masses



# Space-based interferometers: LISA

## DETECTION TARGETS:

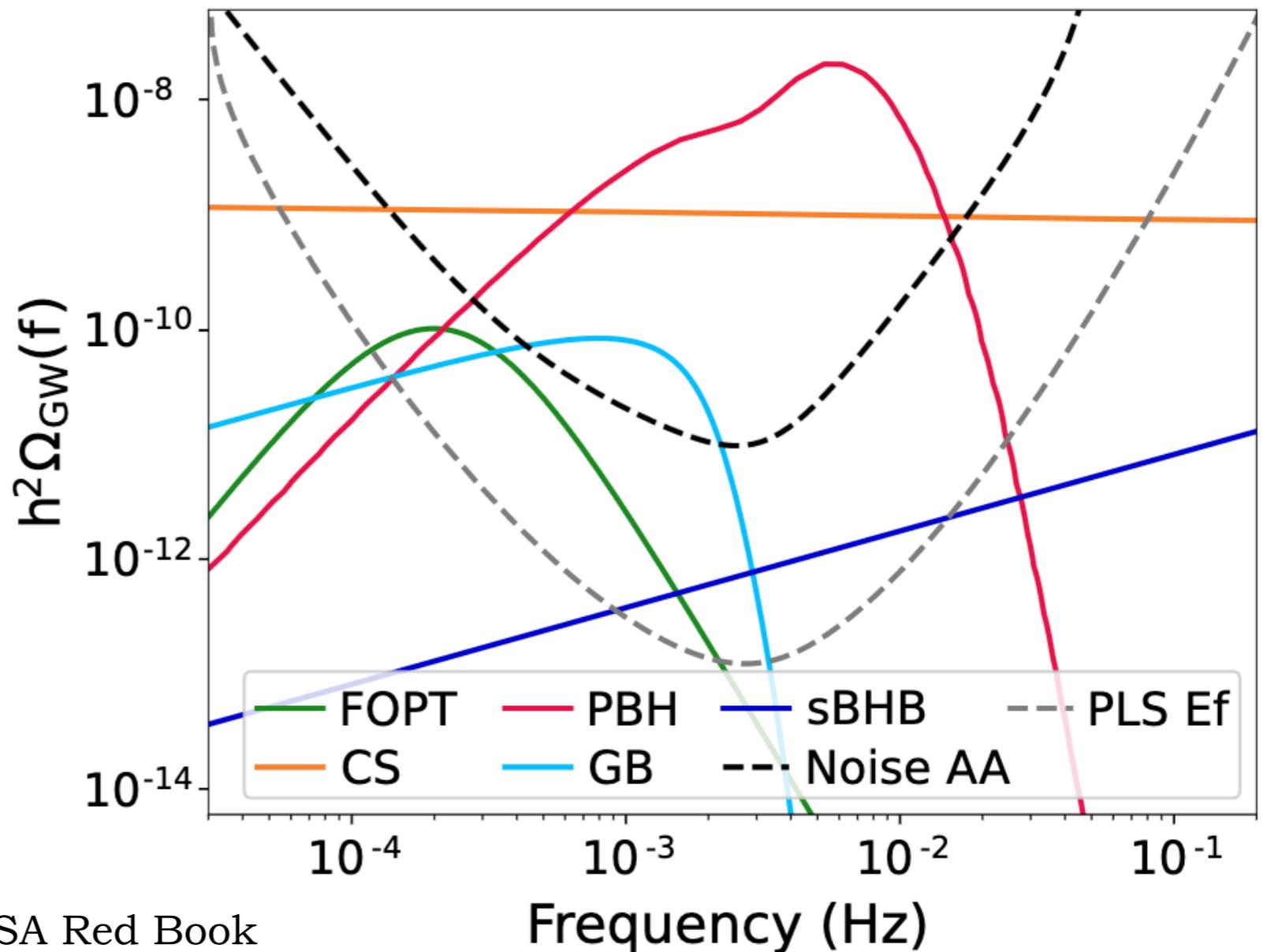


# Space-based interferometers: LISA

## Stochastic GW background

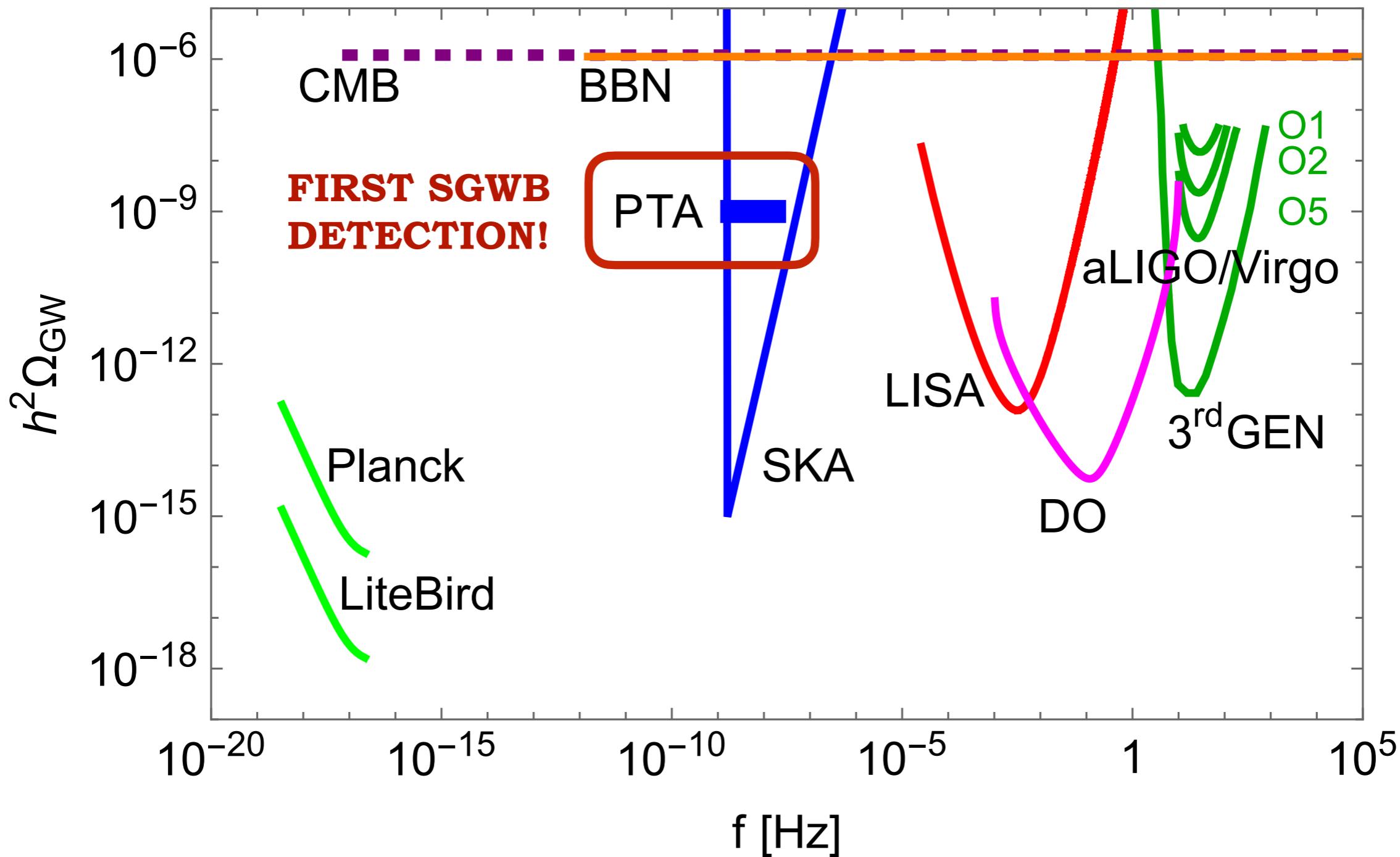
- Confusion noise from the binaries in the Galaxy (mainly WD binaries)
- Confusion noise from extra-galactic binaries (WD binaries and BHs)
- Candidates from the early universe, in particular at the EW scale

Detecting a SGWB with LISA  
is challenging: no cross-  
correlation, need to assume  
knowledge of the noise  
(possibility of null channels)



# What is/will be known about the SGWB

**Present and future GW observatories:  
Pulsar Timing Arrays**



# Pulsar timing arrays

CPTA, EPTA, NANOGrav, PPTA -> IPTA

frequency range of detection:  $10^{-9}$  Hz < f <  $10^{-7}$  Hz

- rotating, magnetised neutron stars emitting periodic radio-frequency EM pulses -> can be used as clocks in the sky
- the radio pulses are emitted at very regular time intervals, but their arrival times can be altered by a GW passing between the pulsar and the Earth
- First a timing model of the pulsar is constructed, which is then compared to observations to infer the *timing residuals* where the GW effect is looked for



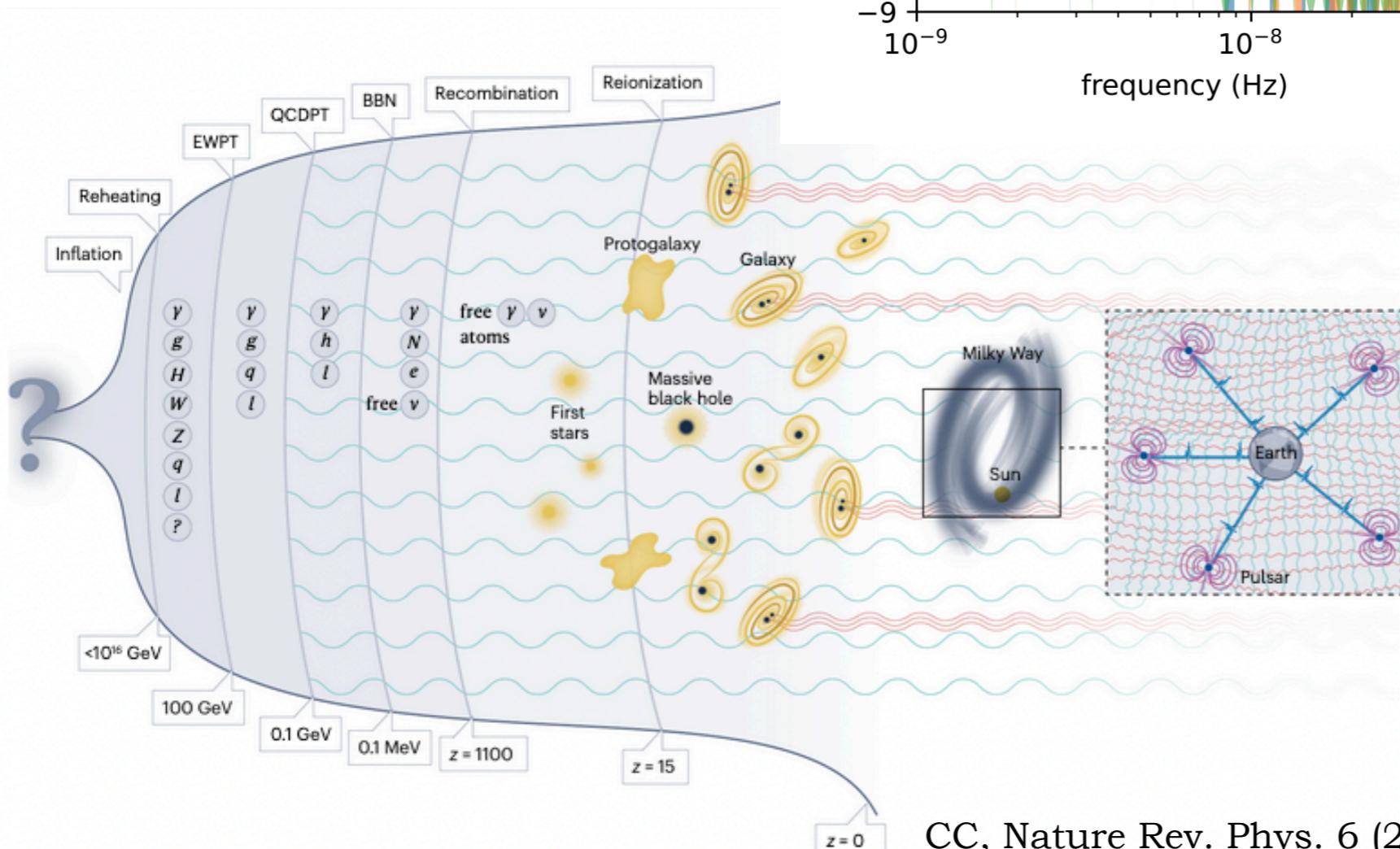
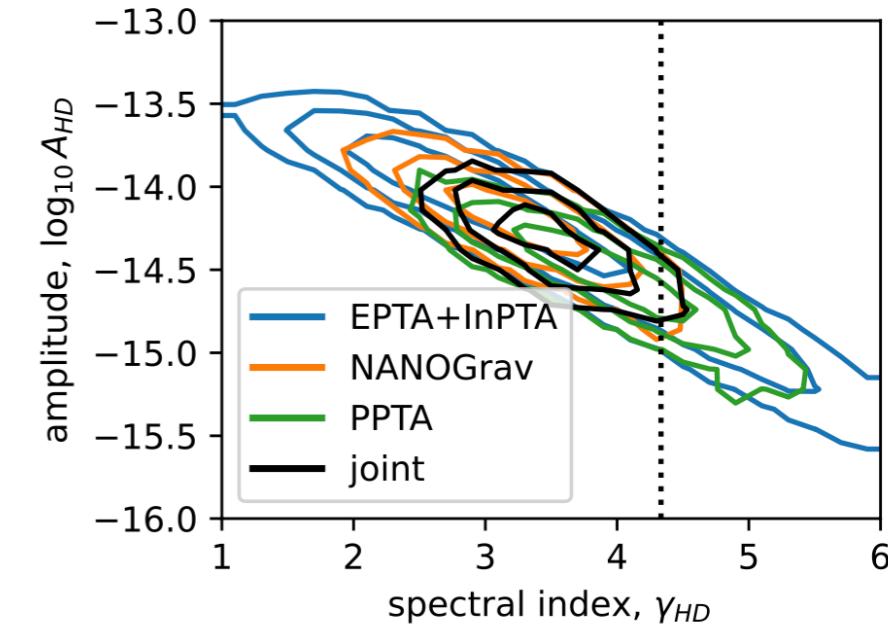
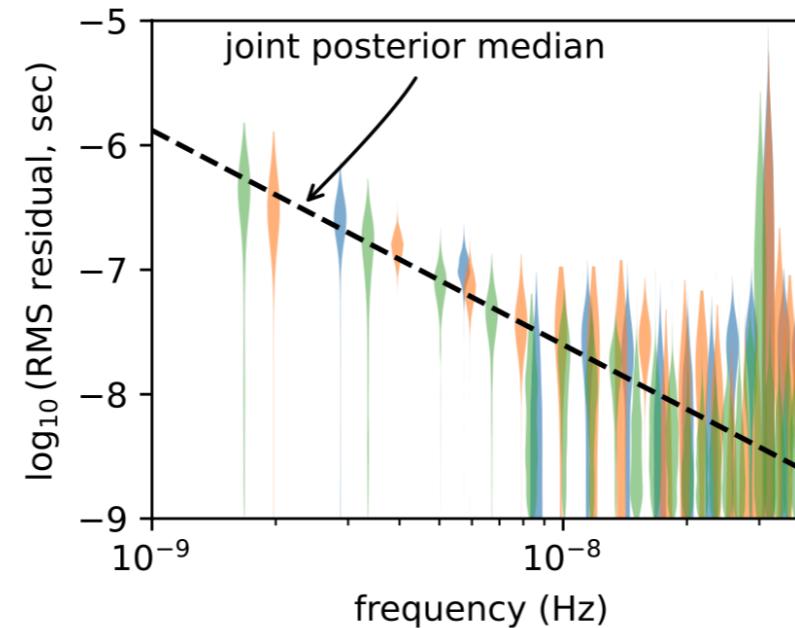
## DETECTION TARGETS:

Individual emission and stochastic background from inspiralling Super Massive Black Hole Binaries (SMBHBs) with masses  $\sim 10^9 M_\odot$  at the centre of galaxies

# Pulsar timing arrays

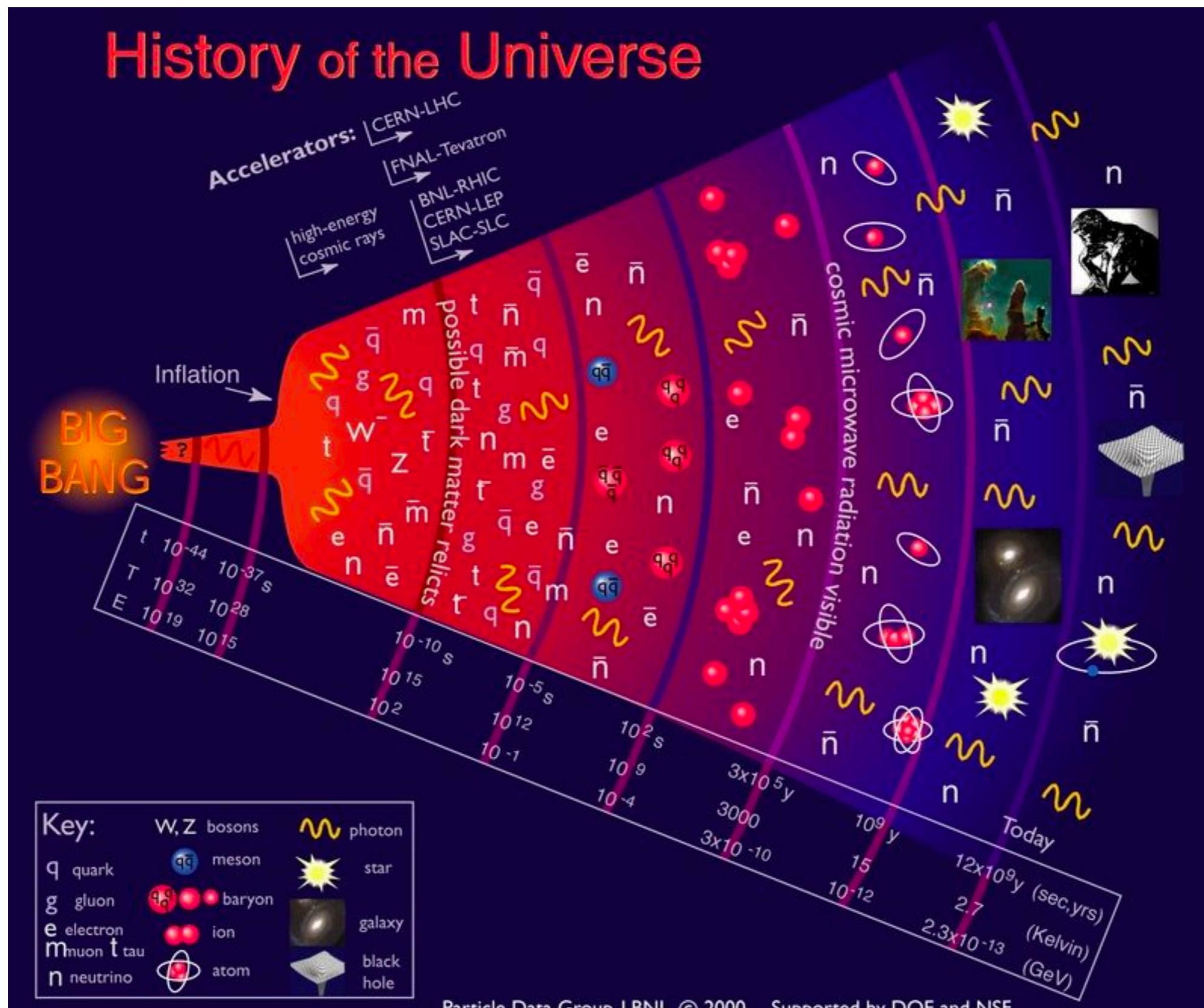
- The slopes are shallower than  $13/3$  (but maybe the model isn't fully adapted...)
- The amplitude is consistent with the one from a SMBHBs SGWB
- All datasets are consistent within  $1\sigma$  as shown by IPTA

IPTA Collaboration,  
arXiv:2309.00693

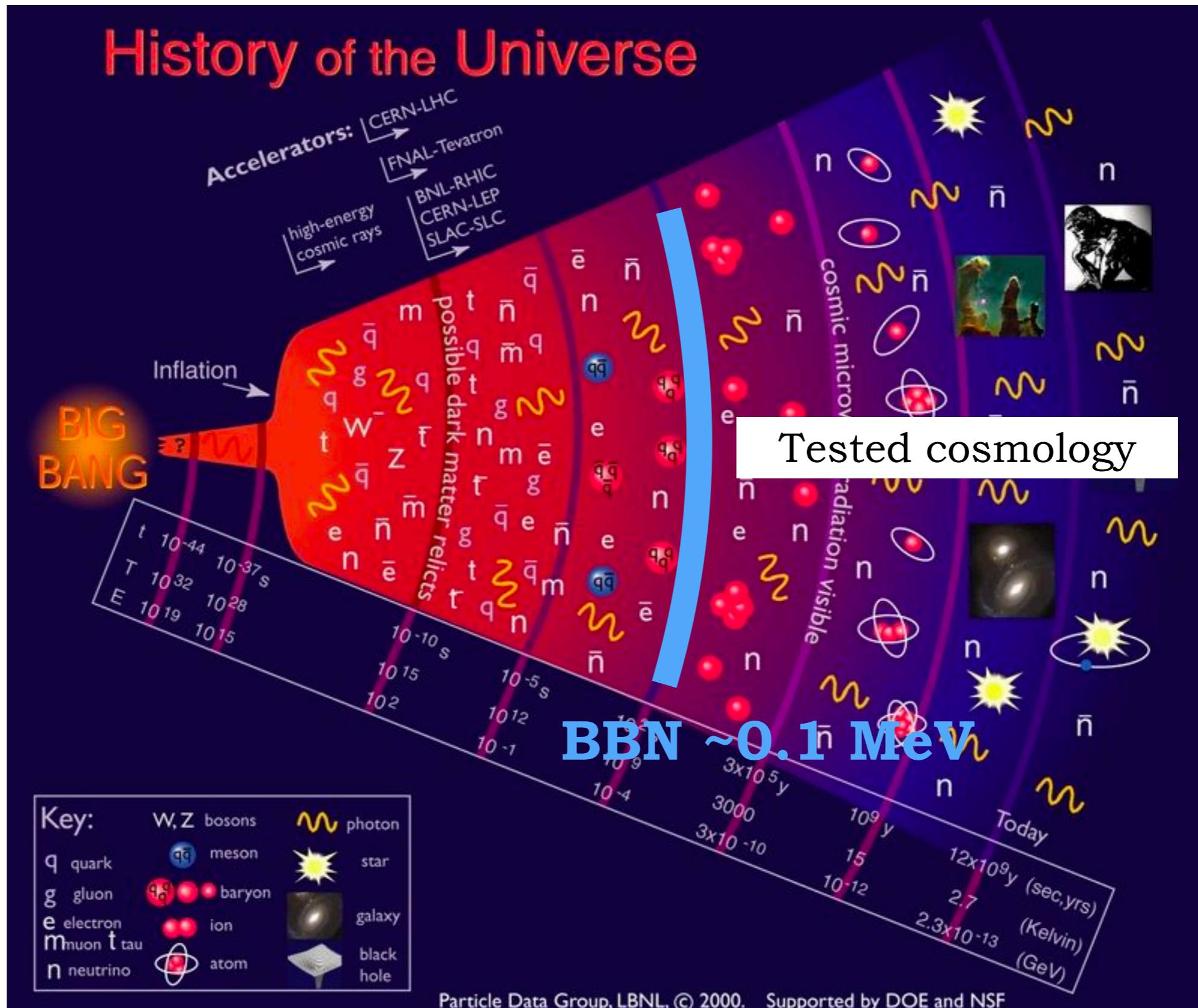


But the signal  
could also be of  
primordial origin...

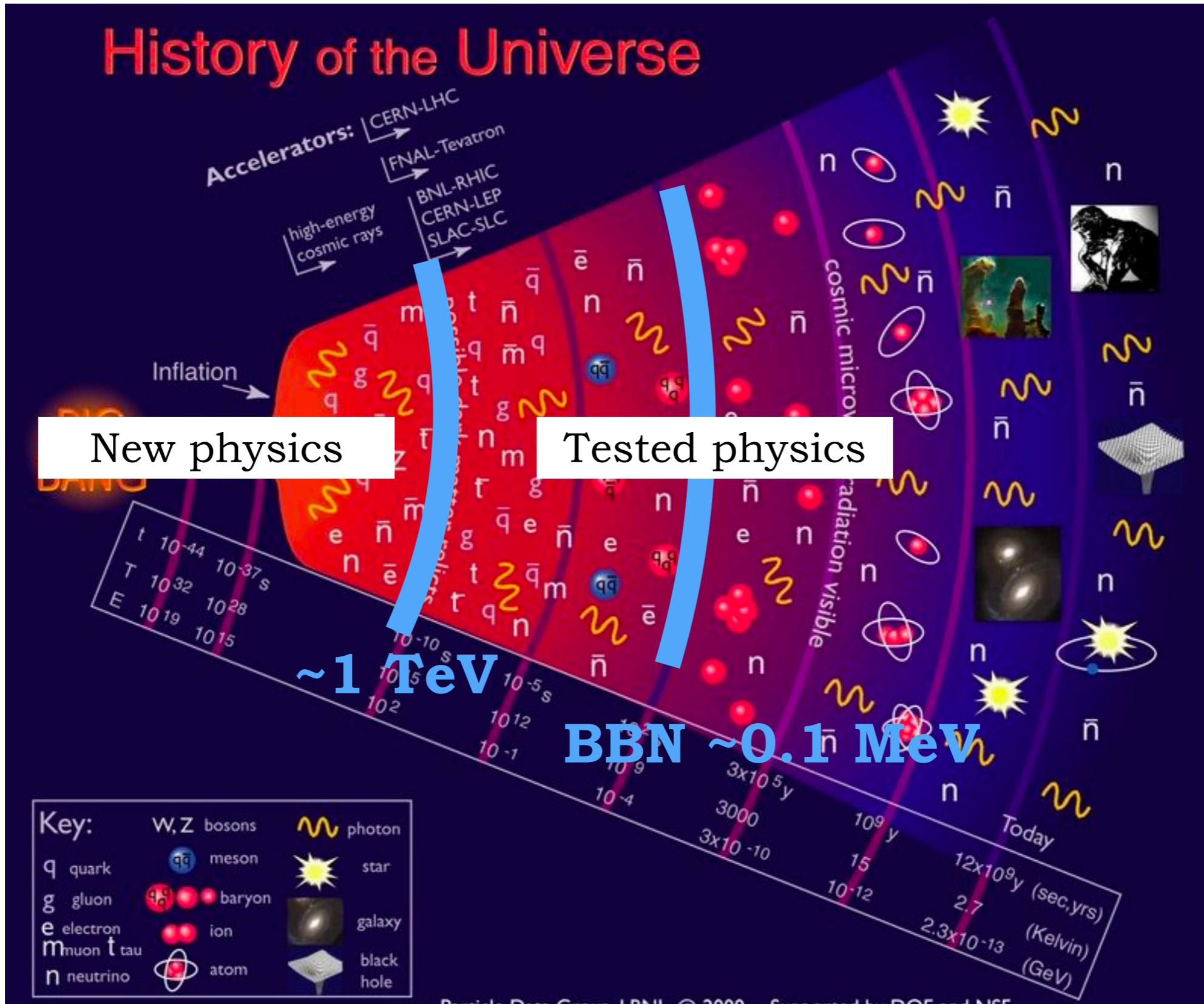
# Examples of SGWB sources in the early universe



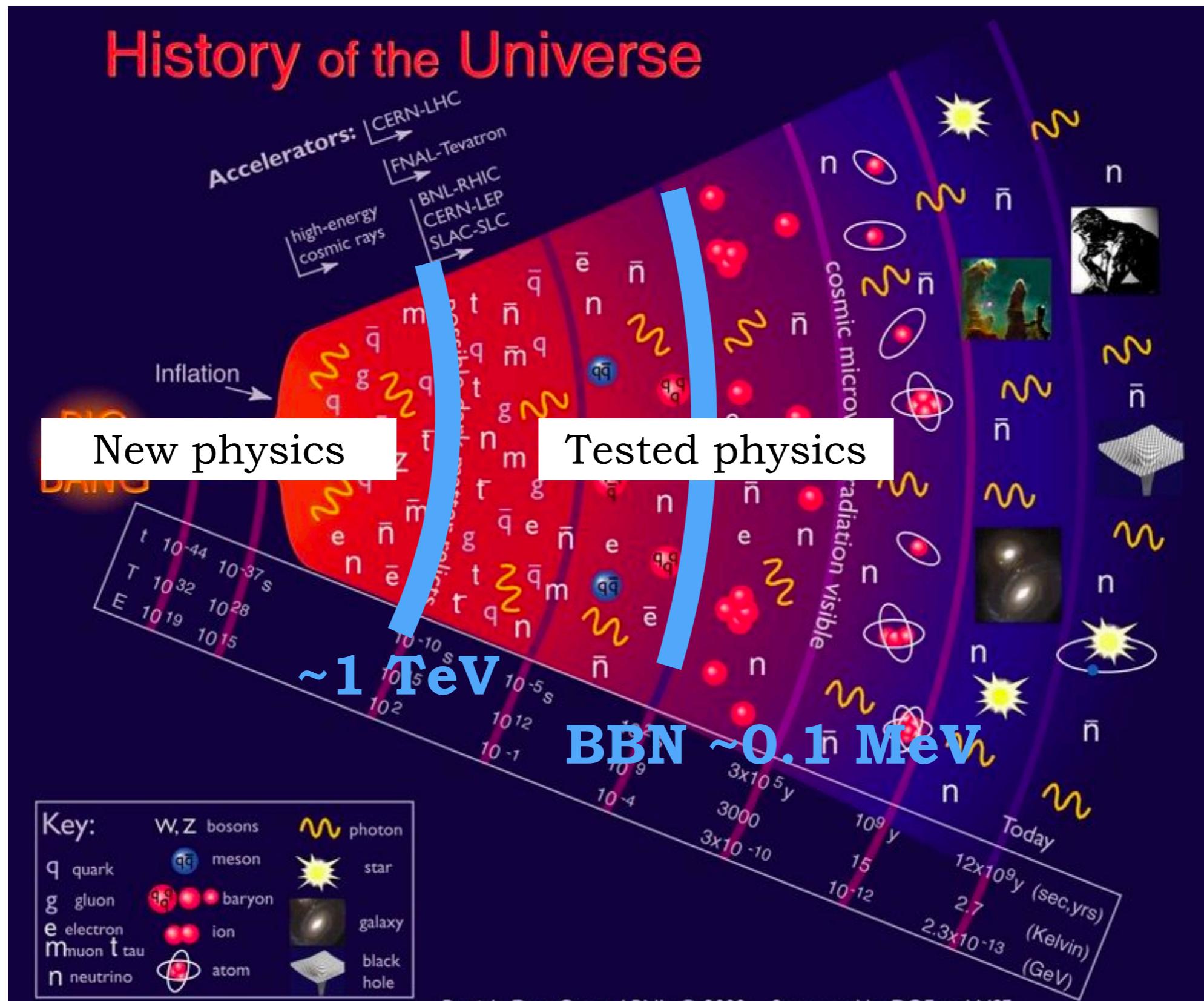
GWs can bring direct information from very early stages of the universe evolution, to which we have no direct access through em radiation —> **amazing discovery potential**



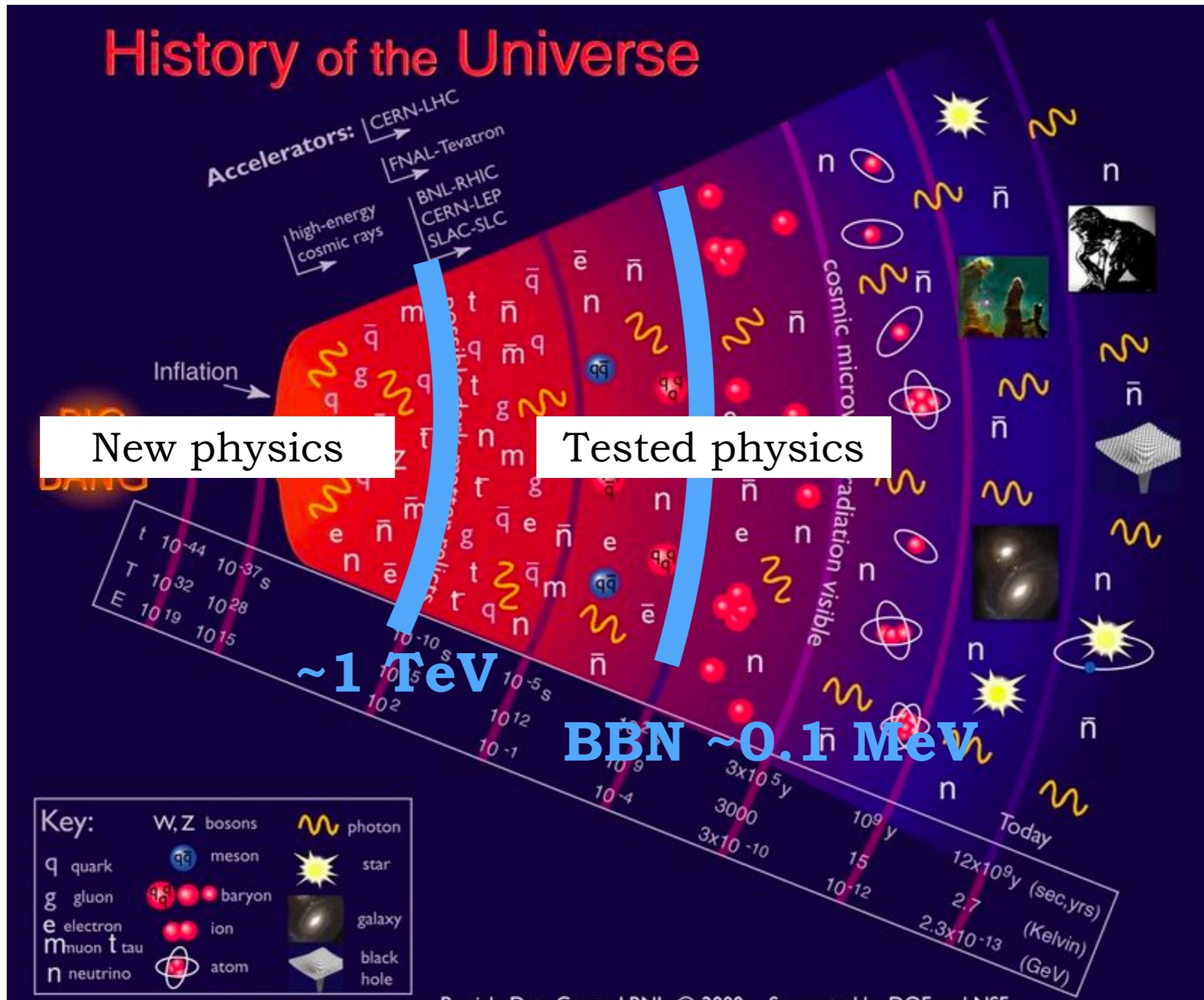
No guaranteed GW signal: predictions rely on untested phenomena, and are often difficult to estimate (non-linear dynamics, strongly coupled theories... )



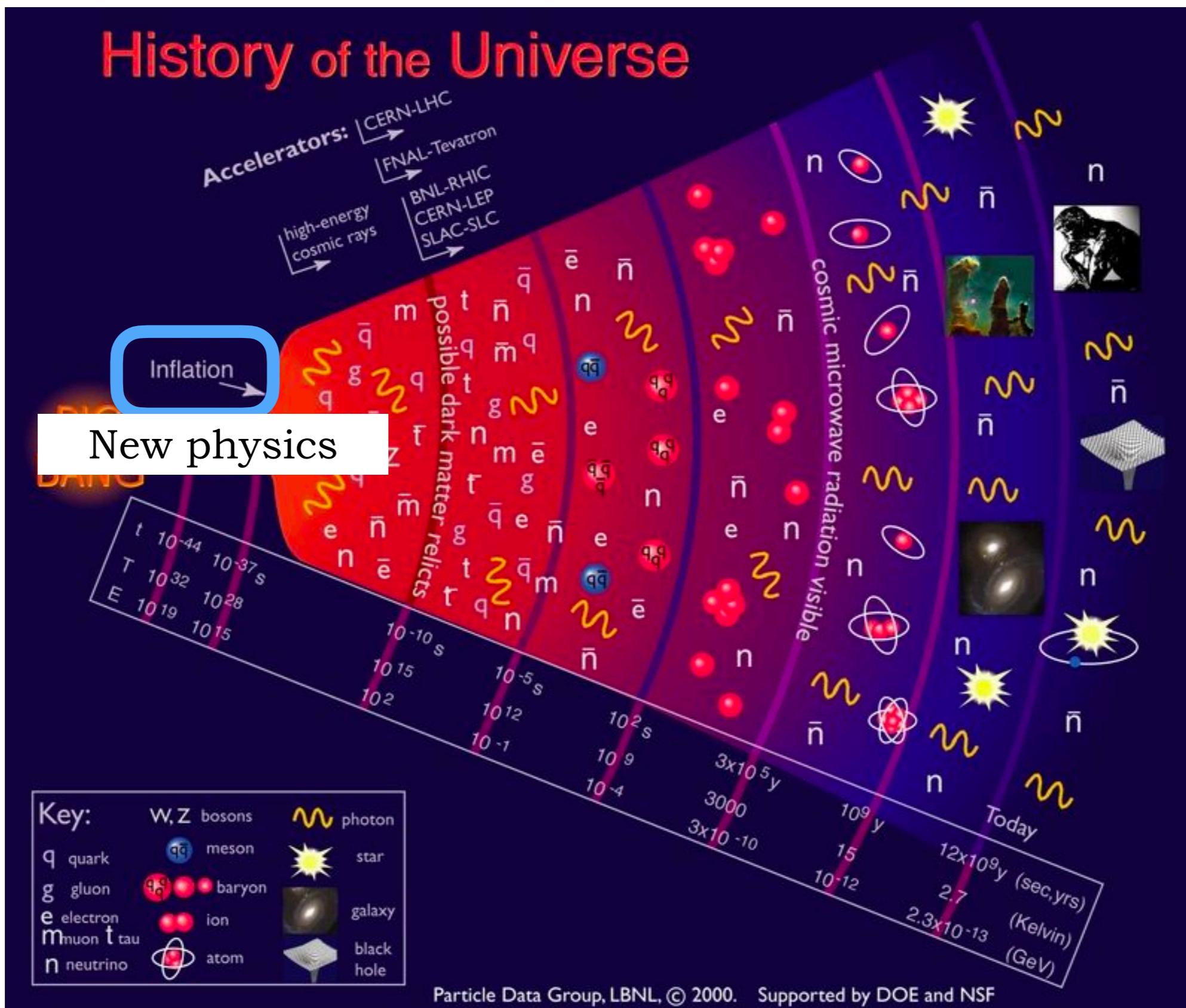
Many GW generation processes are related to PHASE TRANSITIONS



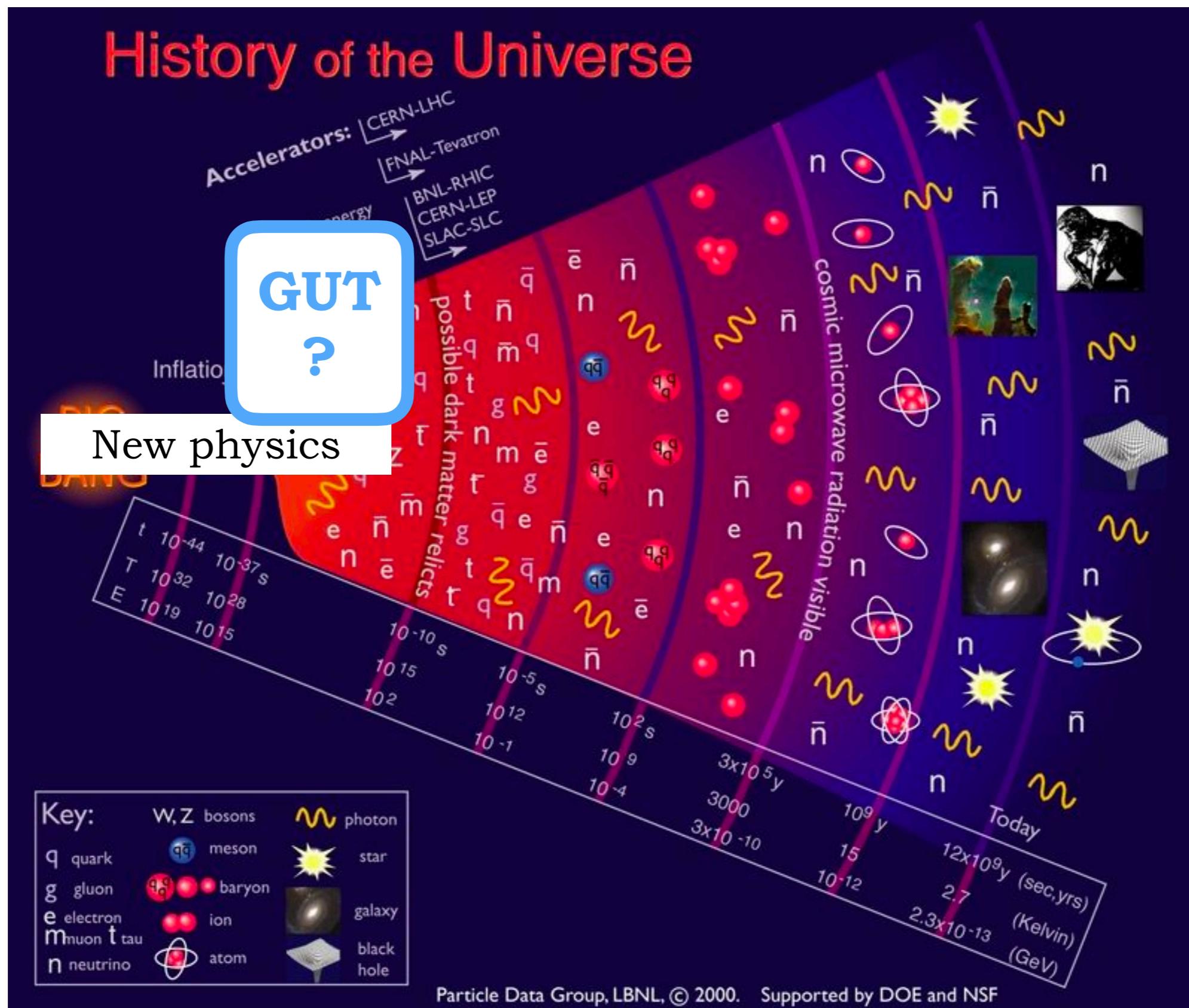
**Phase transition:** some field in the universe changes from one state to another, which has become more energetically favourable due to a change in external conditions (e.g. a change in temperature)



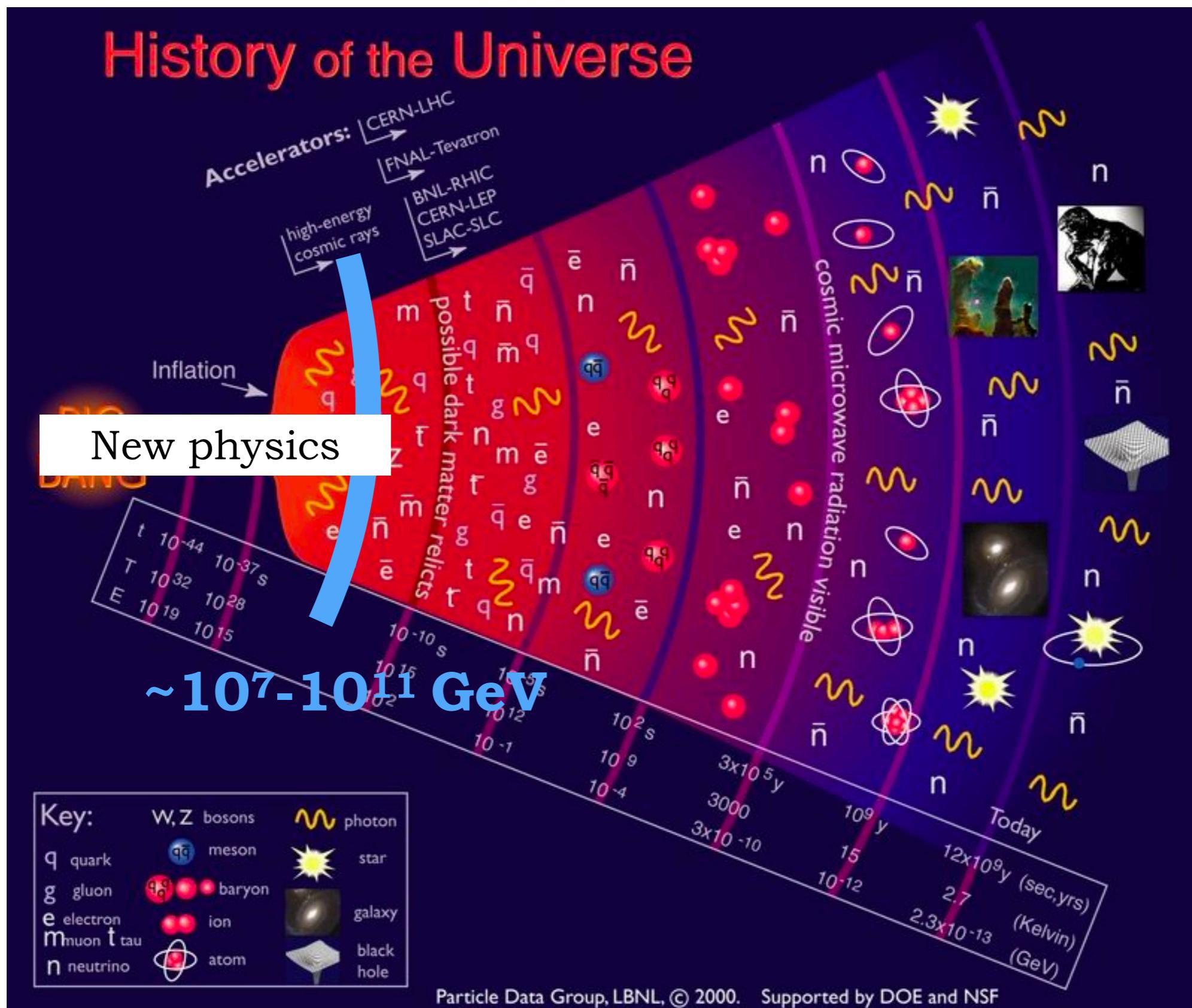
# Inflation: phase transition of the Inflaton field



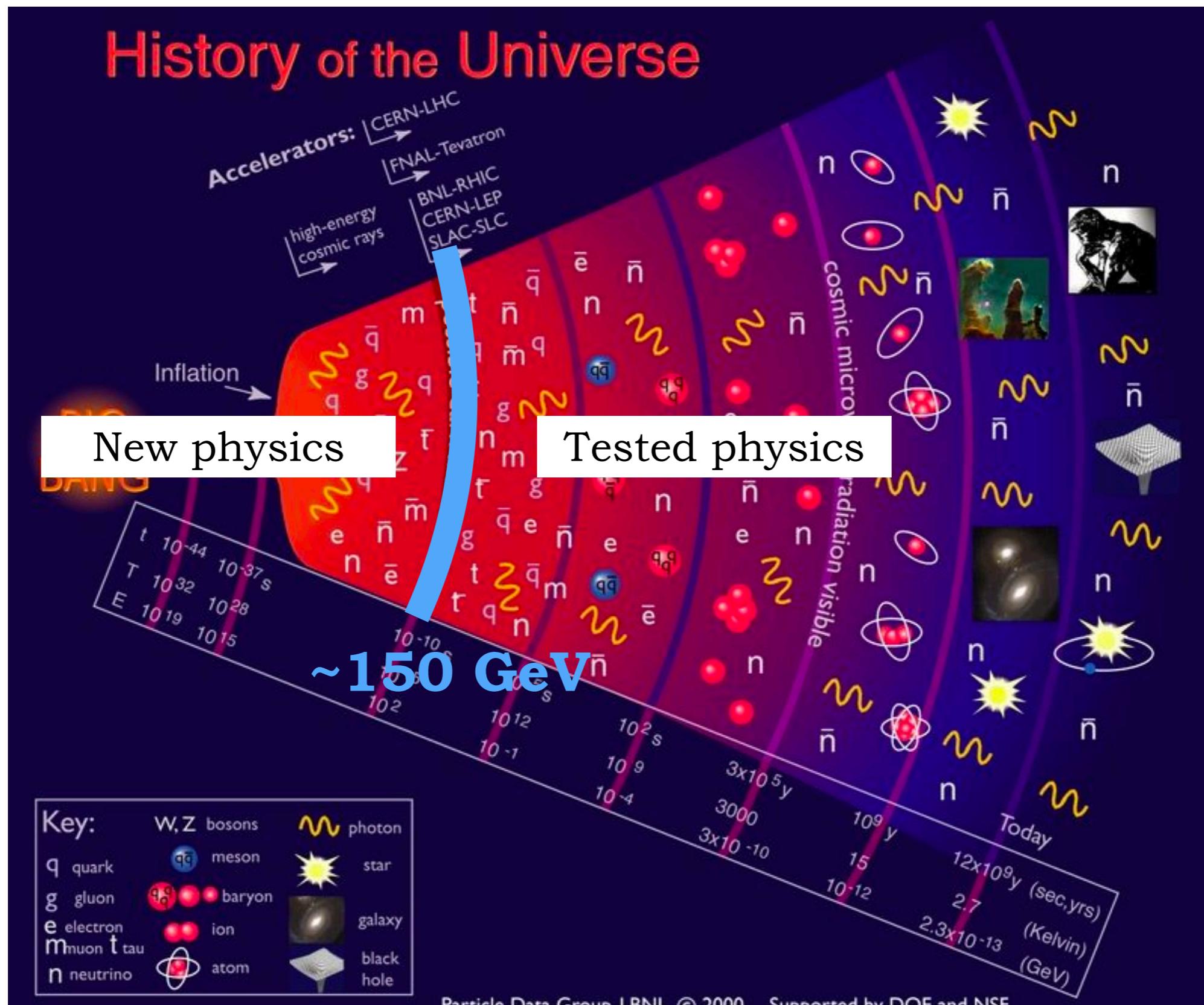
GUT phase transition or similar: related to the breaking of the symmetries of the high-energy theory describing the universe



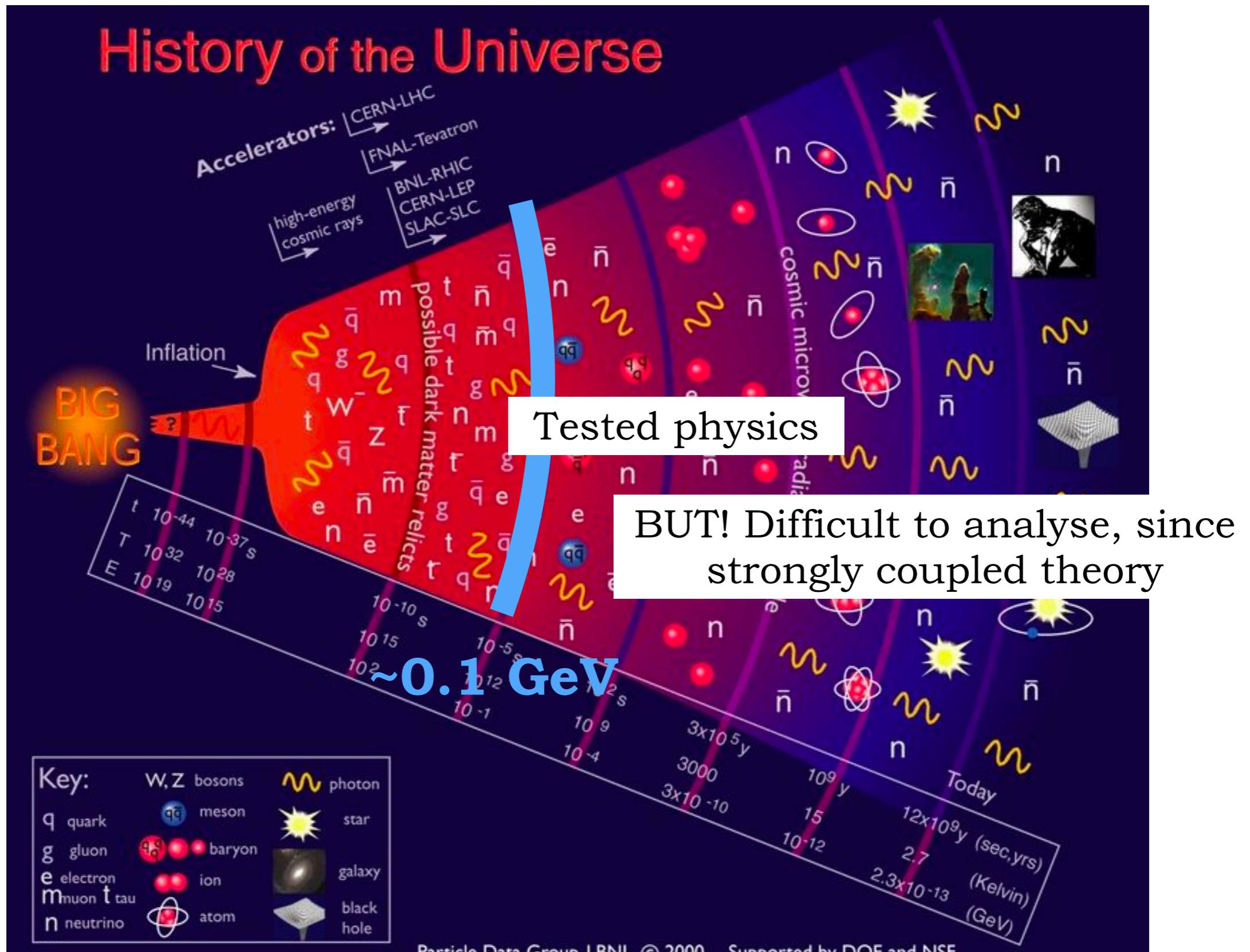
# Peccei-Quinn phase transition: invoked to solve the strong CP problem



Electroweak phase transition: phase transition of the Higgs field, driven by the temperature decrease as the universe expands



**QCD phase transition:** phase transition related to the strong interaction, confinement of quarks into hadrons



# SGWB from a stochastic source in the radiation era

$$h_r''(\mathbf{k}, \eta) + 2\mathcal{H} h_r'(\mathbf{k}, \eta) + k^2 h_r(\mathbf{k}, \eta) = 16\pi G a^2 \Pi_r(\mathbf{k}, \eta)$$

Possible sources of tensor anisotropic stress in the early universe:

- Scalar field gradients  $\Pi_{ij} \sim [\partial_i \phi \partial_j \phi]^{TT}$
- Bulk fluid motion  $\Pi_{ij} \sim [\gamma^2 (\rho + p) v_i v_j]^{TT}$
- Gauge fields  $\Pi_{ij} \sim [-E_i E_j - B_i B_j]^{TT}$
- Second order scalar perturbations,  $\Pi_{ij}$  from a combination of  $\partial_i \Psi, \partial_i \Phi$
- ...

The components of the anisotropic stress must be treated as  
**random variables**

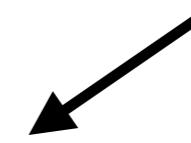
because we cannot access the detailed properties of the generation  
processes at the moment they operated

# SGWB from a stochastic source in the radiation era

unequal time correlator of the anisotropic stress

$$\langle \Pi_r(\mathbf{k}, \tau) \Pi_p^*(\mathbf{q}, \zeta) \rangle = \frac{(2\pi)^3}{4} \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} \Pi(k, \tau, \zeta)$$

Anisotropic stress  
power spectral  
density at unequal  
time



# SGWB from a stochastic source in the radiation era

unequal time correlator of the anisotropic stress

$$\langle \Pi_r(\mathbf{k}, \tau) \Pi_p^*(\mathbf{q}, \zeta) \rangle = \frac{(2\pi)^3}{4} \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} \Pi(k, \tau, \zeta)$$

Anisotropic stress  
power spectral  
density at unequal  
time

We now proceed with two approximate analytical solutions of the GW propagation equation:

- **Fast source** operating for less than one Hubble time -> **peaked SGWB power spectrum**
- **Continuous source** operating for several Hubble times -> **extended SGWB power spectrum**

# SGWB from a stochastic source in the radiation era

unequal time correlator of the anisotropic stress

$$\langle \Pi_r(\mathbf{k}, \tau) \Pi_p^*(\mathbf{q}, \zeta) \rangle = \frac{(2\pi)^3}{4} \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} \Pi(k, \tau, \zeta)$$

Anisotropic stress  
power spectral  
density at unequal  
time

We now proceed with two approximate analytical solutions of the GW propagation equation:

- **Fast source** operating for less than one Hubble time -> **peaked SGWB power spectrum**

operating in a **time interval  $\eta_{\text{fin}} - \eta_{\text{in}}$**  in the **radiation dominated era**

**Typical example: first order phase transition**

$$H_r^{\text{rad}}(\mathbf{k}, \eta > \eta_{\text{fin}}) = A_r^{\text{rad}}(\mathbf{k}) \cos(k\eta) + B_r^{\text{rad}}(\mathbf{k}) \sin(k\eta)$$

$$A_r^{\text{rad}}(\mathbf{k}) = \frac{16\pi G}{k} \int_{\eta_{\text{in}}}^{\eta_{\text{fin}}} d\tau a(\tau)^3 \sin(-k\tau) \Pi_r(\mathbf{k}, \tau),$$

$$B_r^{\text{rad}}(\mathbf{k}) = \frac{16\pi G}{k} \int_{x_{\text{in}}}^{x_{\text{fin}}} d\tau a(\tau)^3 \cos(k\tau) \Pi_r(\mathbf{k}, \tau)$$

# SGWB from a **FAST** stochastic source in the radiation era

GW amplitude power spectrum today for modes  $k\eta_0 \gg 1$

$$\begin{aligned}\langle h_r(\mathbf{k}, \eta_0) h_p^*(\mathbf{q}, \eta_0) \rangle &= \frac{1}{a_0^2} [\langle A_r(\mathbf{k}) A_p^*(\mathbf{q}) \rangle + \langle B_r(\mathbf{k}) B_p^*(\mathbf{q}) \rangle] \\ &= 8\pi^5 \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} \frac{h_c^2(k, \eta_0)}{k^3}\end{aligned}$$

GW energy density power spectrum today for modes  $k\eta_0 \gg 1$

$$\frac{d\rho_{\text{GW}}}{d\log k} = \frac{k^2 h_c^2(k, \eta_0)}{16\pi G a_0^2} \quad (\text{freely propagating sub-Hubble modes})$$

$$\frac{d\rho_{\text{GW}}}{d\log k}(k, \eta_0) = \frac{4}{\pi} \frac{G}{a_0^4} k^3 \int_{\eta_{\text{in}}}^{\eta_{\text{fin}}} d\tau a^3(\tau) \int_{\eta_{\text{in}}}^{\eta_{\text{fin}}} d\zeta a^3(\zeta) \cos[k(\tau - \zeta)] \Pi(k, \tau, \zeta)$$

# SGWB from a **FAST** stochastic source in the radiation era

GW amplitude power spectrum today for modes  $k\eta_0 \gg 1$

$$\begin{aligned}\langle h_r(\mathbf{k}, \eta_0) h_p^*(\mathbf{q}, \eta_0) \rangle &= \frac{1}{a_0^2} [\langle A_r(\mathbf{k}) A_p^*(\mathbf{q}) \rangle + \langle B_r(\mathbf{k}) B_p^*(\mathbf{q}) \rangle] \\ &= 8\pi^5 \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} \frac{h_c^2(k, \eta_0)}{k^3}\end{aligned}$$

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**SUPPOSE:**

$$\Delta\eta = \eta_{\text{fin}} - \eta_{\text{in}} \ll \mathcal{H}_*^{-1} \quad k\eta_{\text{in}} \ll 1 \quad \Pi(k, \tau, \eta) \text{ constant over } \Delta\eta$$

# SGWB from a **FAST** stochastic source in the radiation era

GW energy density parameter today for modes  $1/\eta_0 \ll k \ll 1/\eta_{\text{in}}$

$$h^2 \Omega_{\text{GW}}(k, \eta_0) = \frac{3}{2\pi^2} h^2 \Omega_{\text{rad}}^0 \left( \frac{g_0}{g_*} \right)^{\frac{1}{3}} (\Delta \eta \mathcal{H}_*)^2 \left( \frac{\rho_\Pi}{\rho_{\text{rad}}} \right)^2 (k \ell_*)^3 \tilde{P}_{\text{GW}}(k)$$

↓

$$\Pi(k) = \ell_*^3 \rho_\Pi^2 \tilde{P}_{\text{GW}}(k)$$

From the time integrals

# SGWB from a **FAST** stochastic source in the radiation era

GW energy density parameter today for modes  $1/\eta_0 \ll k \ll 1/\eta_{\text{in}}$

$$h^2 \Omega_{\text{GW}}(k, \eta_0) = \frac{3}{2\pi^2} h^2 \Omega_{\text{rad}}^0 \left( \frac{g_0}{g_*} \right)^{\frac{1}{3}} (\Delta \eta \mathcal{H}_*)^2 \left( \frac{\rho_\Pi}{\rho_{\text{rad}}} \right)^2 (k \ell_*)^3 \tilde{P}_{\text{GW}}(k)$$

$$\mathcal{O}(10^{-9})$$

Value detected  
at PTA

$$\mathcal{O}(10^{-6})$$

Factor depending  
slightly on the  
generation epoch  
through the  
number of  
relativistic d.o.f.

$$\mathcal{O}(10^{-3})$$

Value for detection  
at LISA

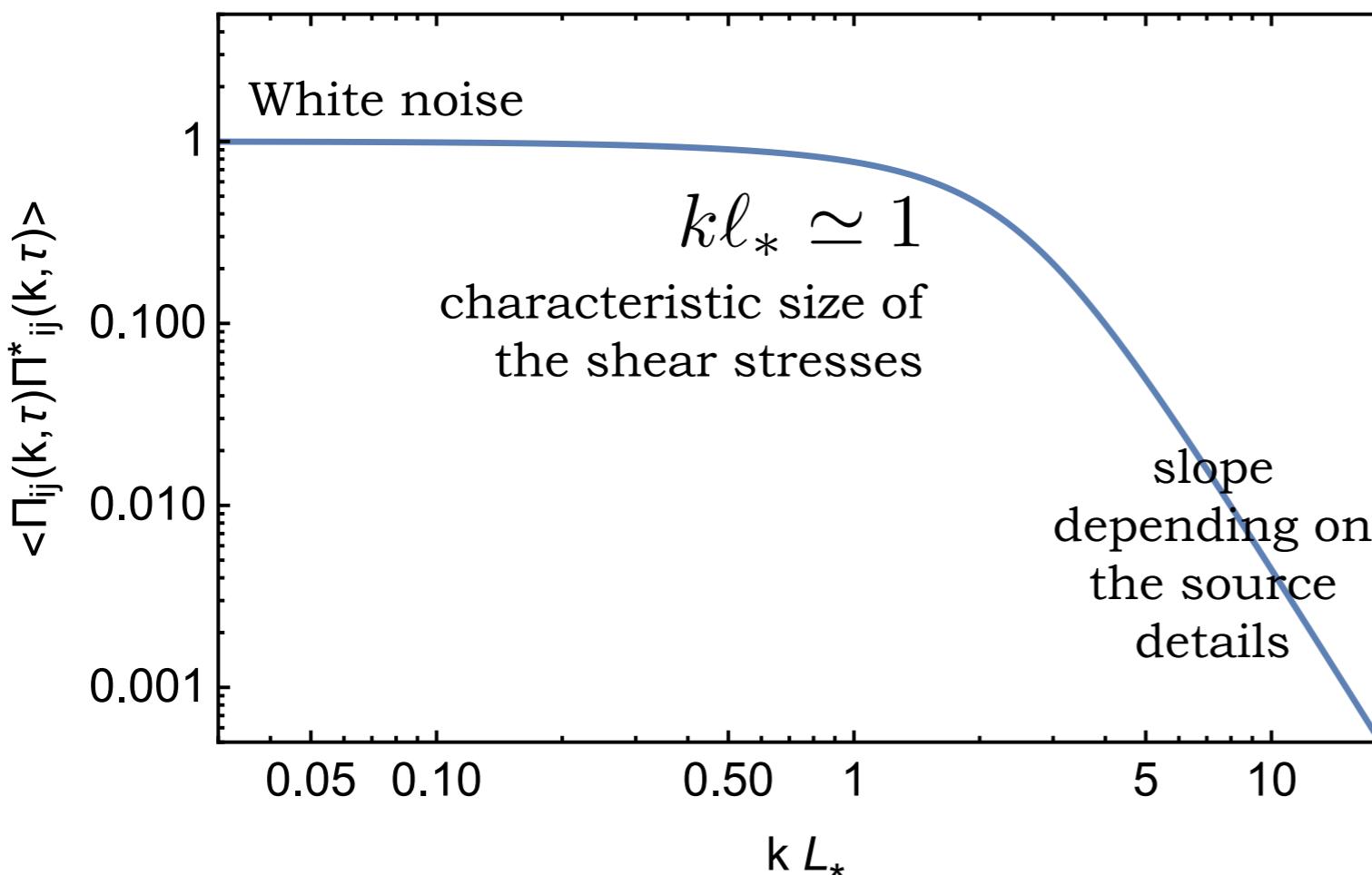
$$\mathcal{O}(10^{-11})$$

Only slow, very  
anisotropic processes  
have the chance to  
generate detectable  
SGWB signals  
for sub-Hubble sources

# SGWB from a **FAST** stochastic source in the radiation era

GW energy density parameter today for modes  $1/\eta_0 \ll k \ll 1/\eta_{\text{in}}$

$$h^2 \Omega_{\text{GW}}(k, \eta_0) = \frac{3}{2\pi^2} h^2 \Omega_{\text{rad}}^0 \left( \frac{g_0}{g_*} \right)^{\frac{1}{3}} (\Delta \eta \mathcal{H}_*)^2 \left( \frac{\rho_\Pi}{\rho_{\text{rad}}} \right)^2 (k \ell_*)^3 \tilde{P}_{\text{GW}}(k)$$



Fast source:  
independent on  $k$  for  
large enough scales  
(uncorrelated)

$$\ell_* \leq H_*^{-1}$$

# SGWB from a **FAST** stochastic source in the radiation era

GW energy density parameter today for modes  $1/\eta_0 \ll k \ll 1/\eta_{\text{in}}$

$$h^2 \Omega_{\text{GW}}(k, \eta_0) = \frac{3}{2\pi^2} h^2 \Omega_{\text{rad}}^0 \left( \frac{g_0}{g_*} \right)^{\frac{1}{3}} (\Delta \eta \mathcal{H}_*)^2 \left( \frac{\rho_\Pi}{\rho_{\text{rad}}} \right)^2 (k \ell_*)^3 \tilde{P}_{\text{GW}}(k)$$

$$1/\eta_0 \ll k \ll \mathcal{H}_* \ll 1/(a_* \ell_*)$$



Range of validity  
of the solution



Causality of the  
sourcing process

$$\Omega_{\text{GW}}(k) \propto (k \ell_*)^3$$

# SGWB from a **FAST** stochastic source in the radiation era

- Characteristic time of the source evolution

$$\delta t_c = \frac{\ell_*}{v_{\text{rms}}}$$

- Characteristic time of the GW production from the Green's function:

$$\delta t_{\text{gw}} \sim \frac{1}{k}$$

- GW production goes faster than source evolution** for all relevant wave-numbers including the spectrum peak

$$k > \frac{v_{\text{rms}}}{\ell_*}$$

- One assumes that the source is **constant in time** for a finite time interval (which can be larger than the Hubble time)

$$\delta t_{\text{fin}} \sim \mathcal{N} \delta t_c$$

- One can then easily integrate to find the GW spectrum

$$h^2 \Omega_{\text{GW}}(k, \eta_0) \propto h^2 \Omega_{\text{rad}}^0 \left( \frac{g_0}{g_*} \right)^{\frac{1}{3}} \left( \frac{\rho_{\Pi}}{\rho_{\text{rad}}} \right)^2 (k \ell_*)^3 \tilde{P}_{\text{GW}}(k) \begin{cases} \ln^2[1 + \mathcal{H}_* \delta t_{\text{fin}}] & \text{if } k \delta t_{\text{fin}} < 1 \\ \ln^2[1 + (k/\mathcal{H}_*)^{-1}] & \text{if } k \delta t_{\text{fin}} \geq 1 \end{cases}$$

# SGWB from a **FAST** stochastic source in the radiation era

$$k_{\text{peak}} \simeq 4\pi/\ell_*$$

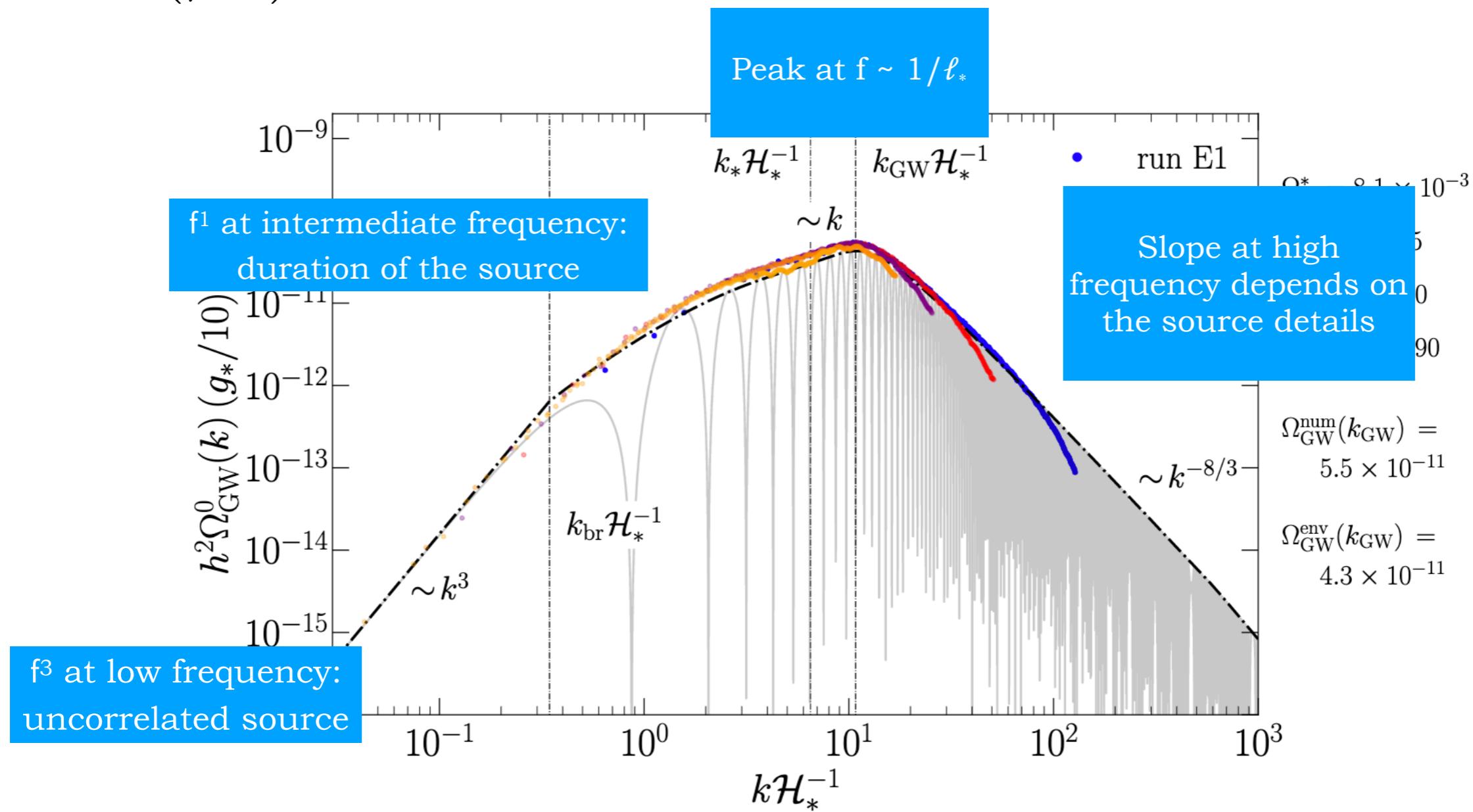
$$\Omega_{\text{gw, peak}} \propto \left( \frac{\rho_{\Pi}}{\rho_{\text{rad}}} \right)^2 (\mathcal{H}_* \ell_*)^2$$

Transition from  $k^3$  to  $k^1$

at  $k \simeq 1/\delta t_{\text{fin}}$

Can be smoother if

$$\delta t_{\text{fin}} > 1/\mathcal{H}_*$$



# SGWB from a **CONTINUOUS** stochastic source in the radiation era

## Typical example: topological defects

Suppose the source **is operating continuously in the radiation dominated era**

- No matching at the end time of the source
- No *free* sub-Hubble modes

$$H_r^{\text{rad}}(\mathbf{k}, \eta) = \frac{16\pi G}{k} \int_{\eta_{\text{in}}}^{\eta} d\tau a(\tau)^3 \sin[k(\eta - \tau)] \Pi_r(\mathbf{k}, \tau)$$

$$H_r(\mathbf{k}, \eta) = a h_r(\mathbf{k}, \eta)$$

$$h_r'(\mathbf{k}, \eta) = \frac{16\pi G}{a(\eta)} \int_{\eta_{\text{in}}}^{\eta} d\tau a(\tau)^3 \cos[k(\eta - \tau)] \Pi_r(\mathbf{k}, \tau)$$

$$\langle h_r'(\mathbf{k}, \eta) h_p'^* (\mathbf{q}, \eta) \rangle = \frac{8\pi^5}{k^3} \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} {h_c'}^2(k, \eta)$$

$$\frac{d\rho_{\text{GW}}}{d\log k} = \frac{{h_c'}^2(k, \eta)}{16\pi G a^2(\eta)}$$

$$\frac{d\rho_{\text{GW}}}{d\log k}(k, \eta) = \frac{4}{\pi} \frac{G}{a^4} k^3 \int_{\eta_{\text{in}}}^{\eta} d\tau a(\tau)^3 \int_{\eta_{\text{in}}}^{\eta} d\zeta a(\zeta)^3 \mathcal{G}(k, \eta, \tau, \zeta) \Pi(k, \tau, \zeta)$$

# SGWB from a **CONTINUOUS** stochastic source in the radiation era

## Typical example: topological defects

Suppose the source **is operating continuously in the radiation dominated era**

- Scaling (property of the topological defects network)
- Decays very fast in off-diagonal  $k\tau \neq k\zeta$
- Decays as a power law on the diagonal  $k\tau = k\zeta$

D. Figueroa et al, arXiv:1212.5458

$$\Pi(k, \tau, \zeta) = \frac{v^4}{\sqrt{\tau\zeta}} \frac{\mathcal{U}(k\tau, k\zeta)}{a^2(\tau)a^2(\zeta)}$$

$$\frac{d\rho_{\text{GW}}}{d\log k}(k, \eta) = \frac{4}{\pi} \frac{G}{a^4} k^3 \int_{\eta_{\text{in}}}^{\eta} d\tau a(\tau)^3 \int_{\eta_{\text{in}}}^{\eta} d\zeta a(\zeta)^3 \mathcal{G}(k, \eta, \tau, \zeta) \Pi(k, \tau, \zeta)$$



# SGWB from a **CONTINUOUS** stochastic source in the radiation era

## Typical example: topological defects

Suppose the source **is operating continuously** in the radiation dominated era

$$h^2 \Omega_{\text{GW}}(f) = \frac{32}{3} h^2 \Omega_{\text{rad}} \left( \frac{v}{M_{\text{Pl}}} \right)^4 F_{\text{RD}}^{[\mathcal{U}]}(\infty)$$

D. Figueroa et al, arXiv:1212.5458



TODAY FLAT SPECTRUM  
AT SUB-HORIZON MODES  
IN THE RADIATION ERA

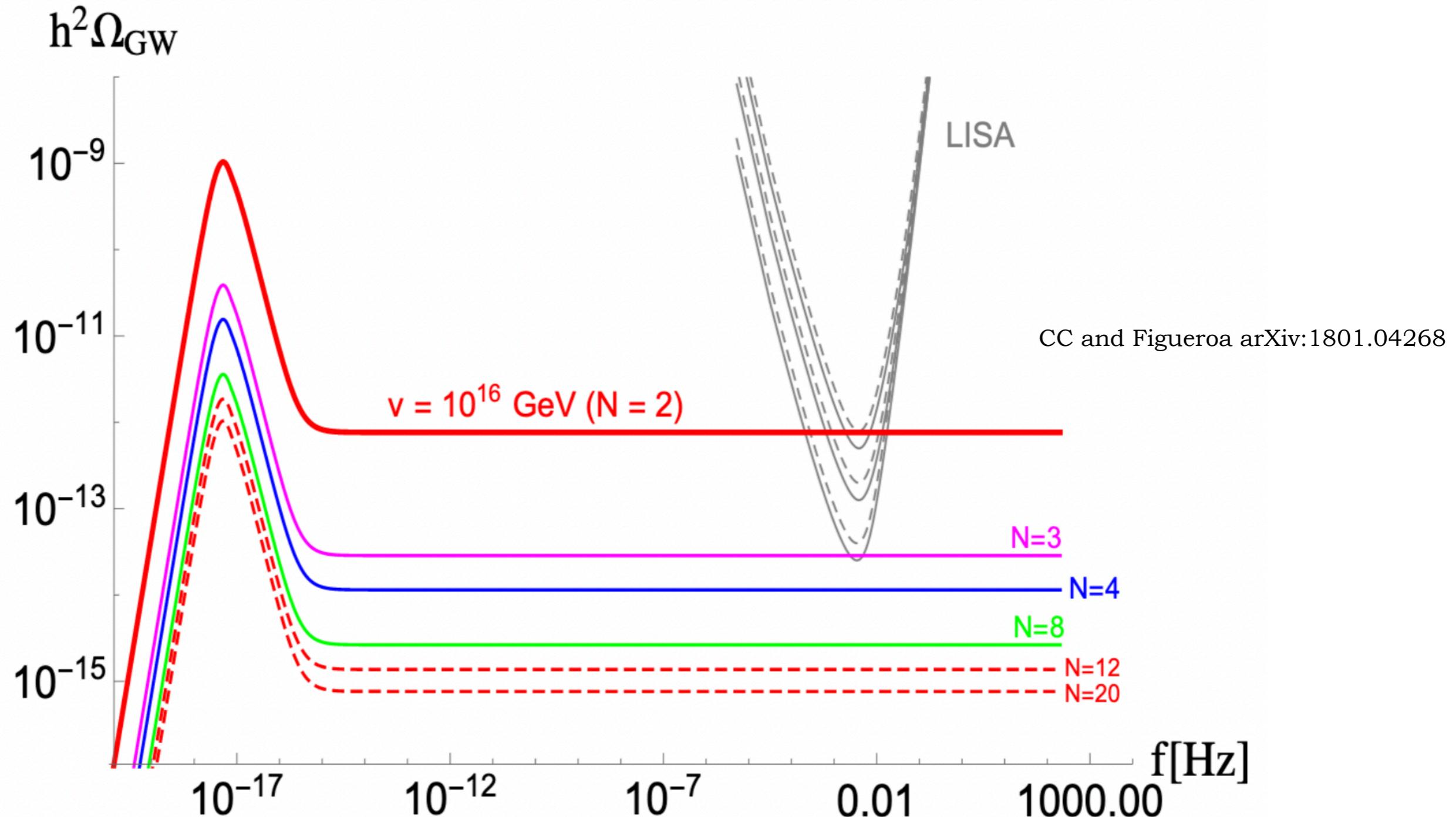
Progressively  
independent on the  
upper bound

$$\frac{d\rho_{\text{GW}}}{d\log k}(k, \eta) = \frac{32}{3} \Omega_{\text{rad}} \frac{\rho_c}{a^4} \left( \frac{v}{M_{\text{Pl}}} \right)^4 \int_{x_{\text{in}}}^x dx_1 \int_{x_{\text{in}}}^x dx_2 \sqrt{x_1 x_2} \mathcal{G}(x, x_1, x_2) \mathcal{U}(x_1, x_2)$$

D. Figueroa et al, arXiv:1212.5458

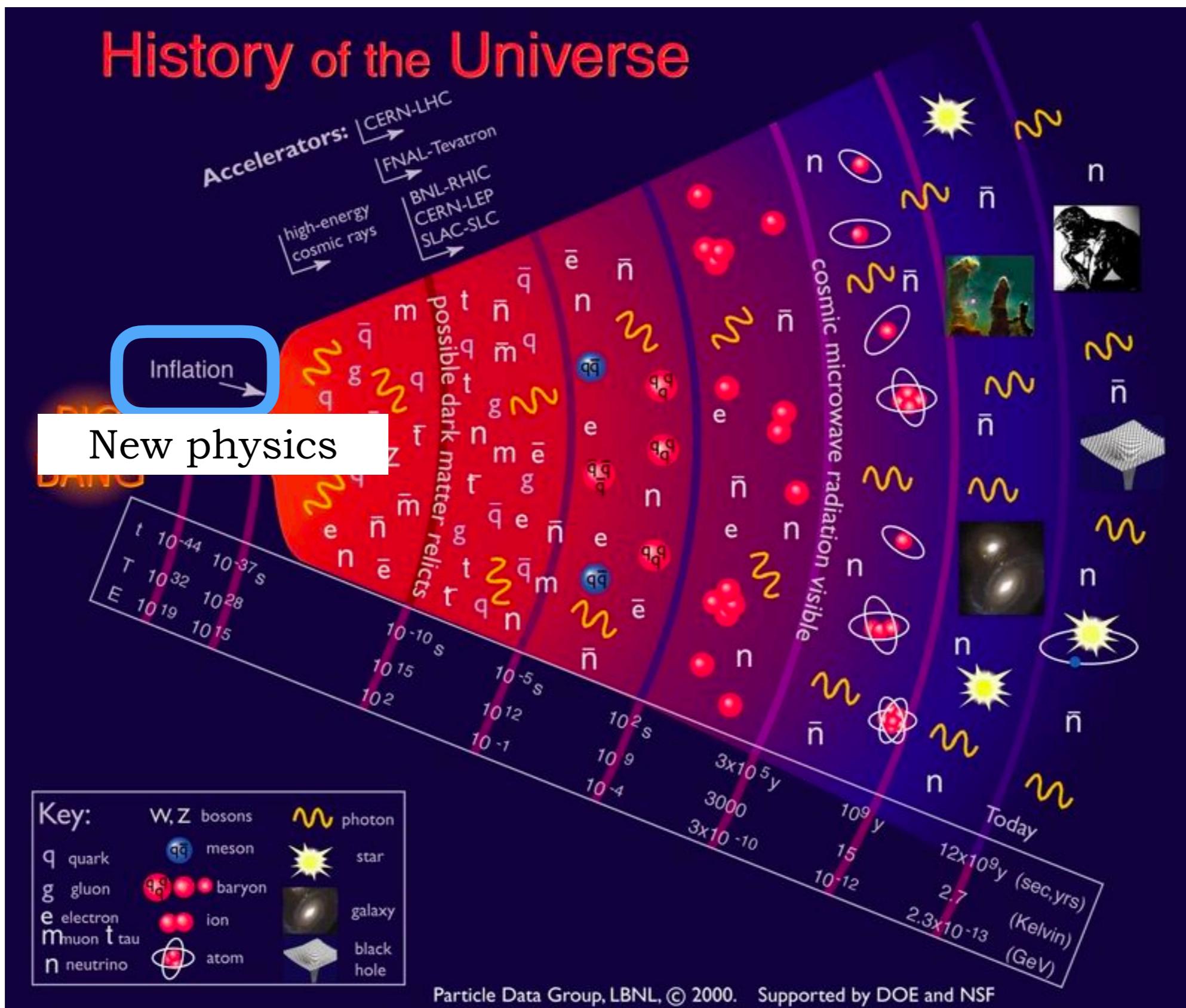
# SGWB from a **CONTINUOUS** stochastic source in the radiation era

**Typical example: topological defects**



# Examples of signals

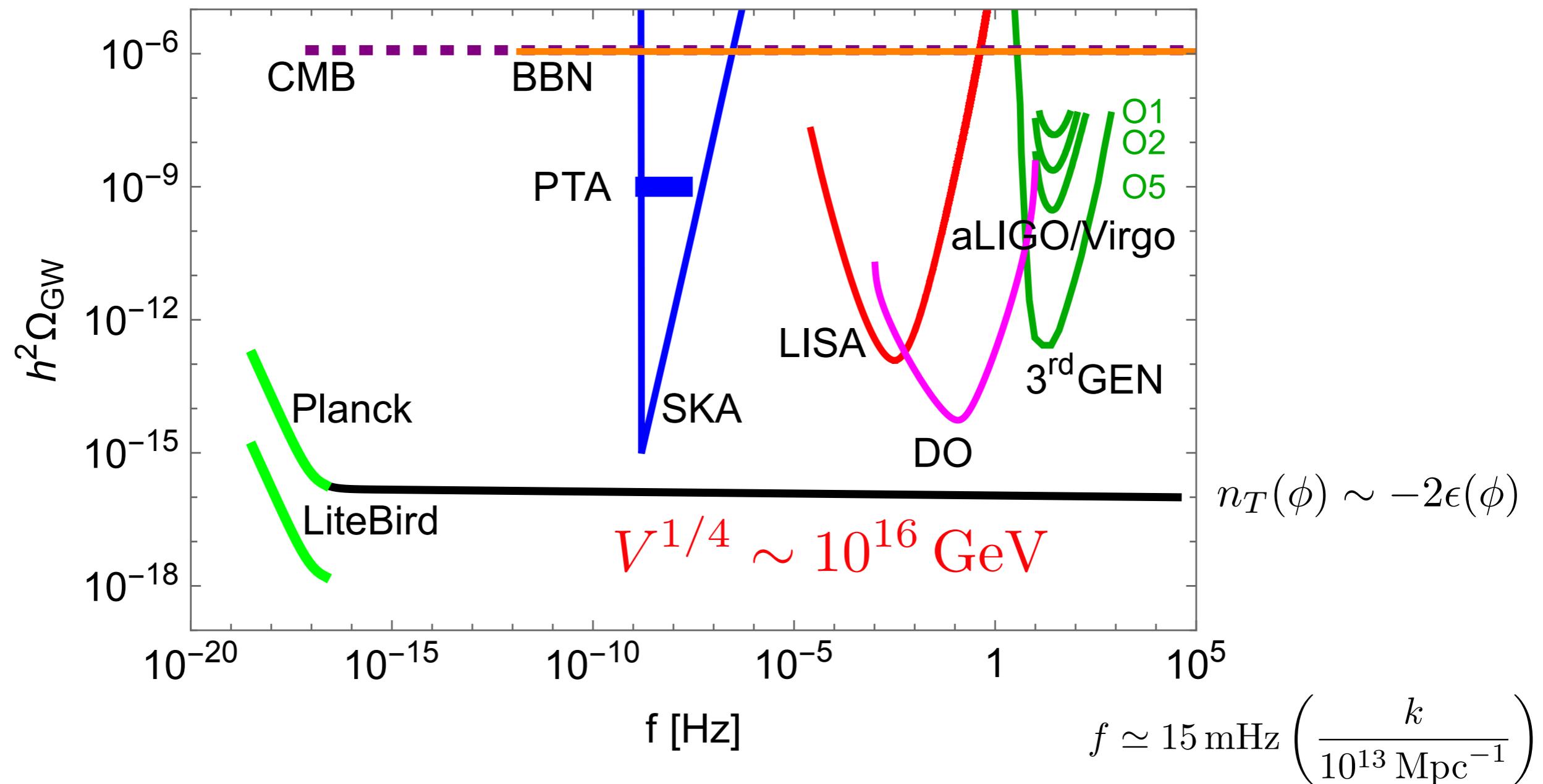
# Inflation: phase transition of the Inflaton field



# GW signal from (slow roll) inflation

Gw detectors offer the amazing opportunity to probe the inflationary power spectrum (and the model of inflation) down to the tiniest scales

**BUT!** The signal in the standard slow roll scenario is too low because of CMB observational bound



# GW signal from (slow roll) inflation

- tensor spectrum

$$\mathcal{P}_h = \frac{2}{\pi} \frac{H^2}{m_{Pl}^2} \left( \frac{k}{aH} \right)^{-2\epsilon} \quad \epsilon \equiv \frac{M_P^2}{2} \left( \frac{V'}{V} \right)^2 \ll 1$$

- transfer function as modes re-enter the Hubble scale

$$\Omega_{\text{GW}}(f) = \frac{3}{128} \Omega_{\text{rad}} r \mathcal{P}_{\mathcal{R}}^* \left( \frac{f}{f_*} \right)^{n_T} \left[ \frac{1}{2} \left( \frac{f_{\text{eq}}}{f} \right)^2 + \frac{16}{9} \right]$$

- tensor to scalar ratio  $r = \mathcal{P}_h / \mathcal{P}_{\mathcal{R}}$

Planck+BICEP+A  
CT+BAO limit

- scalar amplitude at CMB pivot scale  $\mathcal{P}_{\mathcal{R}}^* \simeq 2 \cdot 10^{-9}$

$$k_* = \frac{0.05}{\text{Mpc}}$$

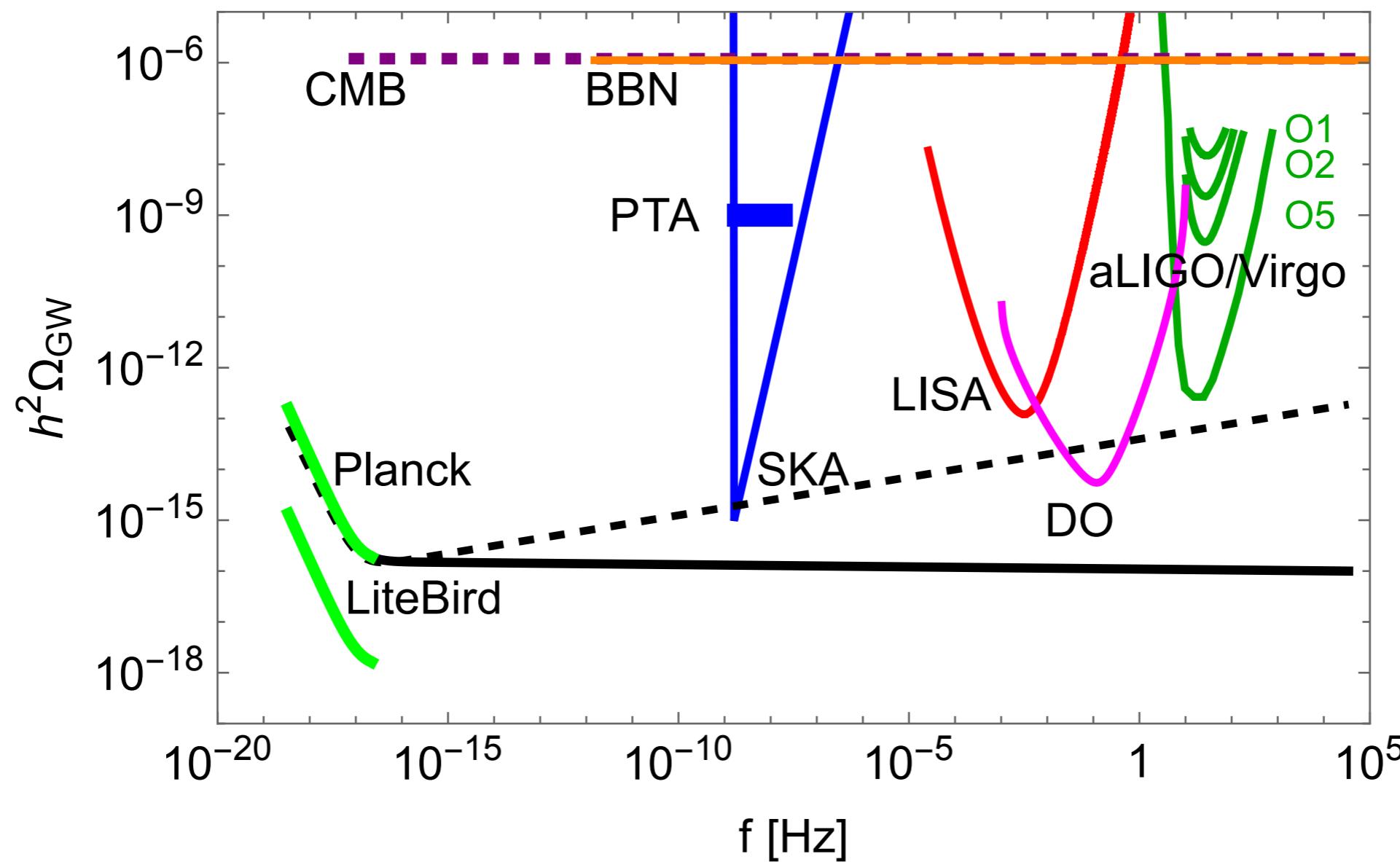
- GW signal extended in frequency:  $H_0 \leq f \leq H_{\text{inf}}$

continuous sourcing of GW as modes re-enter the Hubble horizon

# GW signal from (non-standard) inflation

There is the possibility to enhance the signal going beyond the standard inflationary scenario: adding extra fields, modifying the inflaton potential, modifying the gravitational interaction, adding a phase with stiff equation of state...

$$H_r''(\mathbf{k}, \eta) + \left( k^2 - \frac{a''}{a} \right) H_r(\mathbf{k}, \eta) = \boxed{16\pi G a^3 \Pi_r(\mathbf{k}, \eta)}$$



# Example: inflaton-gauge field coupling

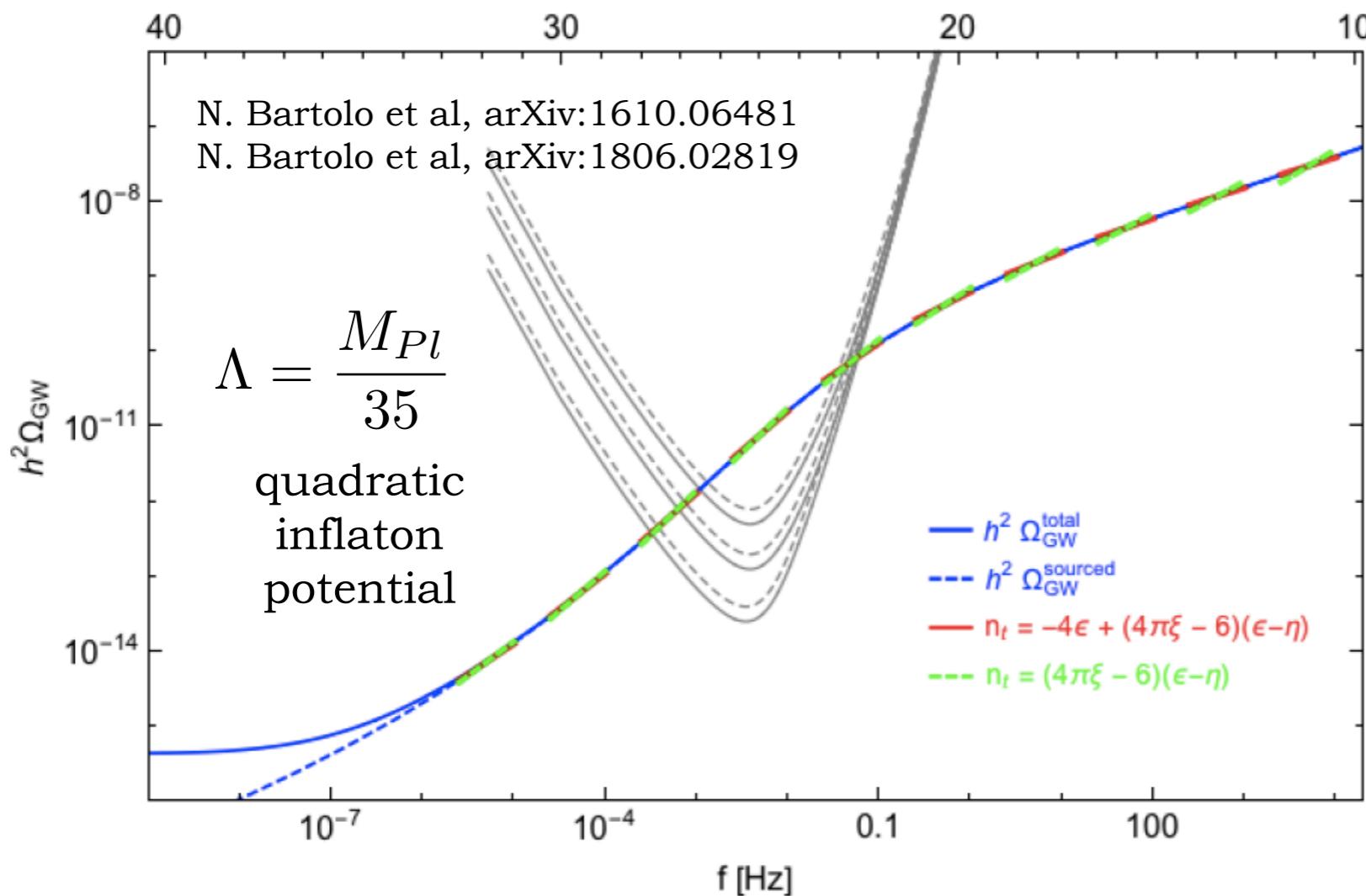
Add a term in the Lagrangian coupling pseudo-scalar inflaton to gauge fields

$$V(\phi) + \frac{\phi}{4\Lambda} F_{\mu\nu} \tilde{F}^{\mu\nu}$$

Production of gauge fields and consequently of GWs through the source

$$\Pi_{ij} \sim [-E_i E_j - B_i B_j]^{TT}$$

## EXAMPLE IN THE LISA BAND:



OTHER SIGNATURES/  
CONSTRAINTS:  
non-gaussianity, chirality,  
primordial black holes

**Predictions of the signal must be refined accounting for non-linearity of the system**

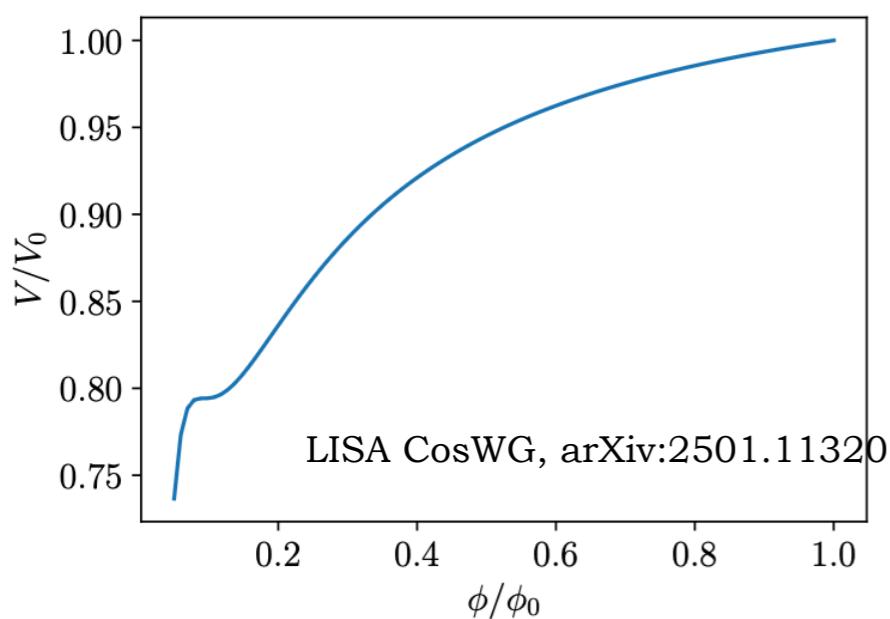
# Example: GW signal from second order scalar perturbations and associated primordial black holes

- At linear order in cosmological perturbation theory, scalar and tensor perturbations are decoupled and evolve separately, but *at second order they mix*
- Gradients in the scalar component *can source the tensor component at second order*: since the scalar fluctuations are order of  $10^{-5}$ , the tensors are small  $\partial_i \Psi, \partial_i \Phi$
- However, *if the scalar component is enhanced*, the induced tensor component can be important (e.g. from a phase of ultra slow-roll close to reheating)
- The enhanced scalar density fluctuations can collapse upon horizon reentry and produce *primordial black holes* whose properties are linked to those of the tensor spectrum

$$\Omega_{\text{GW}}(f) = \Omega_{\text{rad}} \int_0^\infty dv \int_{|1-v|}^{1+v} du \mathcal{K}(u, v) \mathcal{P}_{\mathcal{R}}(uk) \mathcal{P}_{\mathcal{R}}(vk)$$

$$\phi_0 = 3M_P \text{ and } V_0 = 2.3 \cdot 10^{-10} M_P^4$$

Second order in curvature perturbation

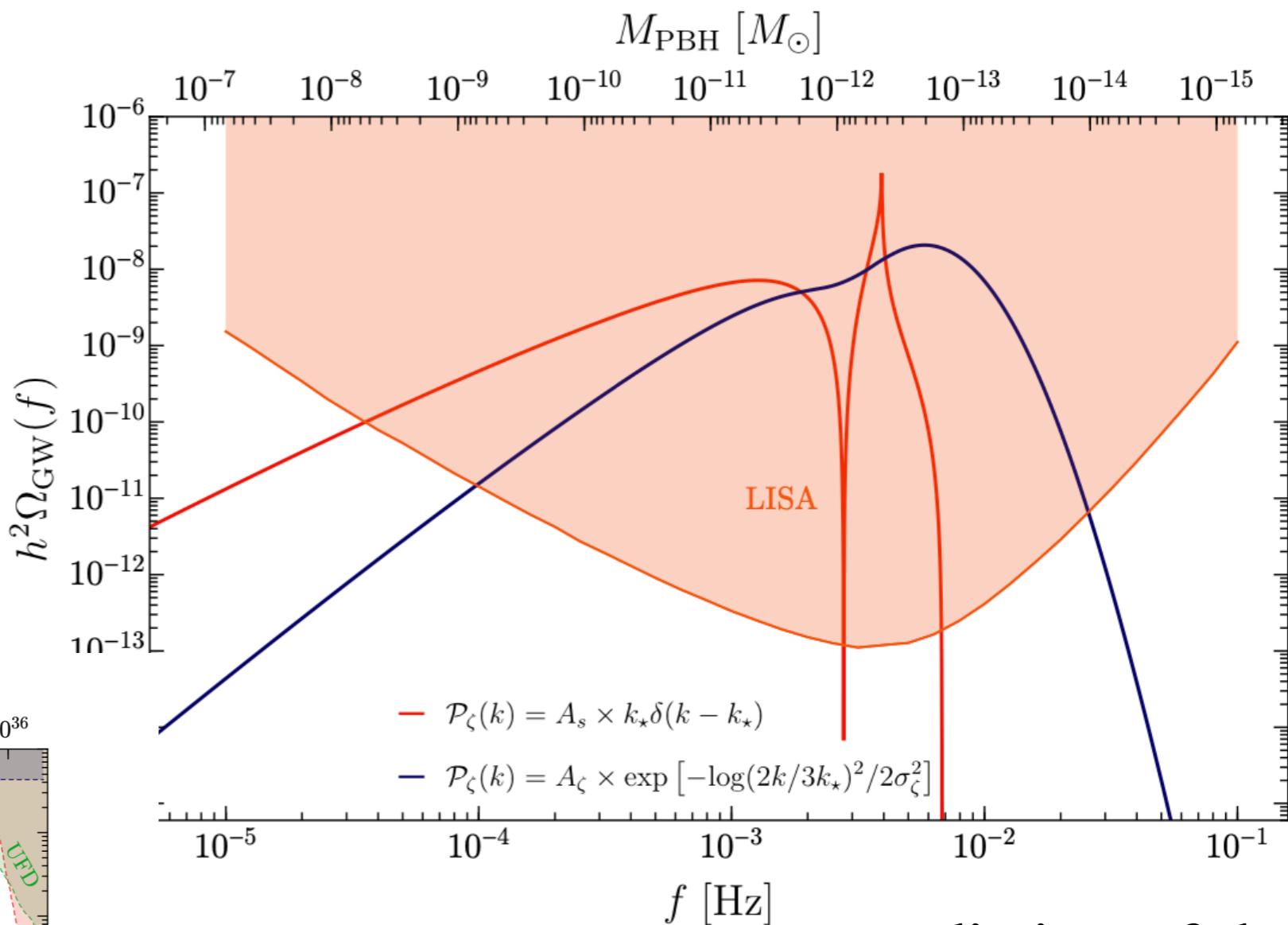
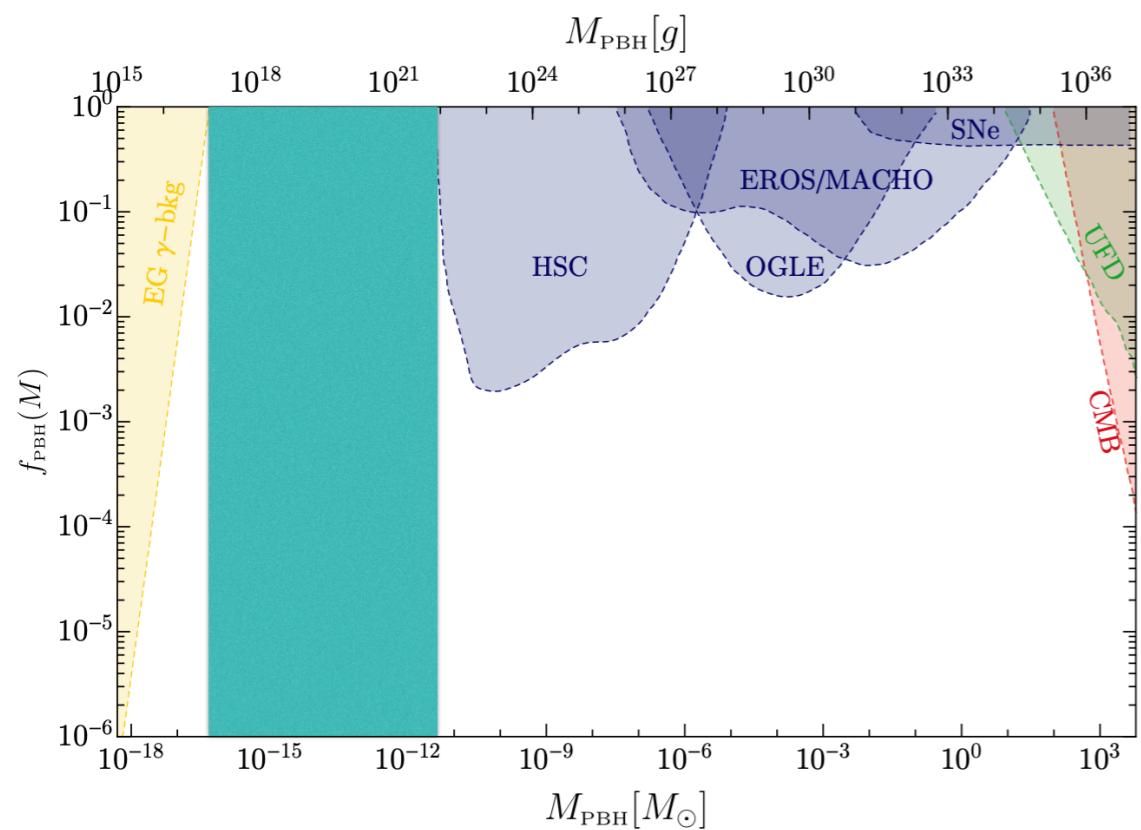


The signal depends on the shape of the curvature power spectrum, several phenomenological models are proposed

# Example: GW signal from second order scalar perturbations and associated primordial black holes

Source,  $\Pi_{ij}$  from a combination of  $\partial_i \Psi, \partial_i \Phi$

EXAMPLE OF SIGNAL IN THE LISA BAND:



Interesting for LISA: PBH in the mass window in which they can be the totality of the Dark Matter

$$\frac{M_H}{M_\odot} \simeq 7 \times 10^{-11} \frac{k}{10^{12} \text{ Mpc}^{-1}}$$

**Predictions of the signal are fairly model dependent**

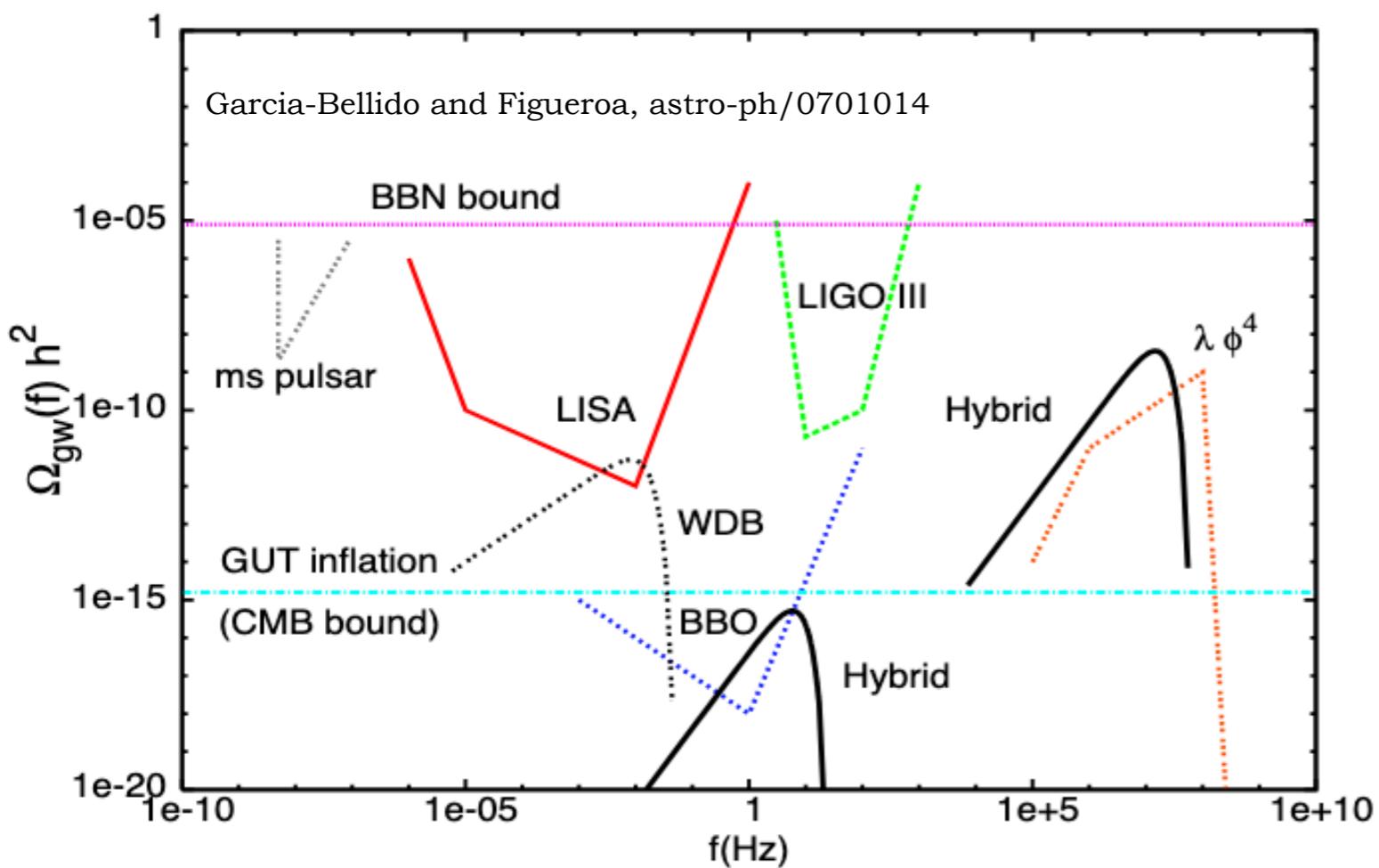
# Example: resonant particle production at preheating

$$V(\phi) + \frac{1}{2}g^2\phi^2\chi^2$$

Kofman et al. arXiv:hep-ph/9704452

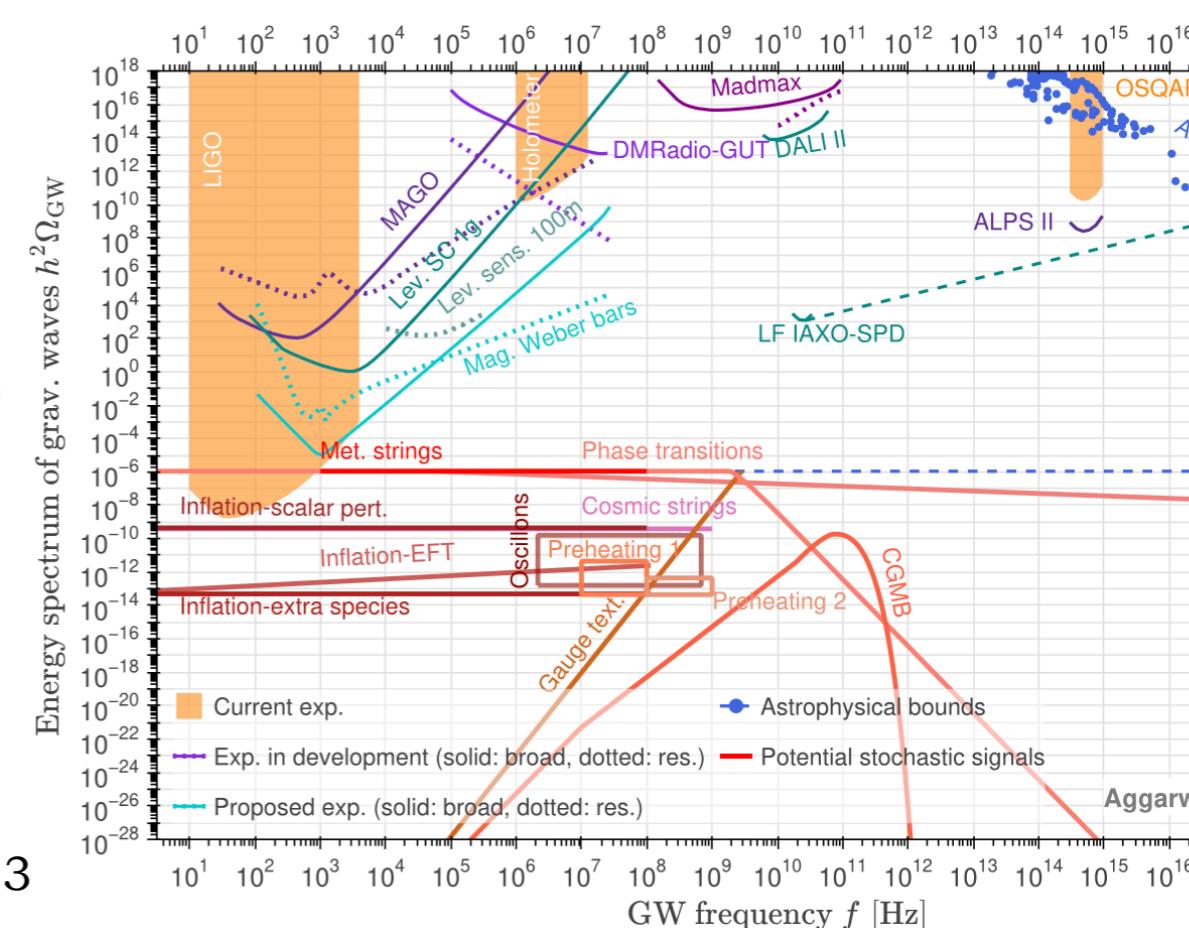
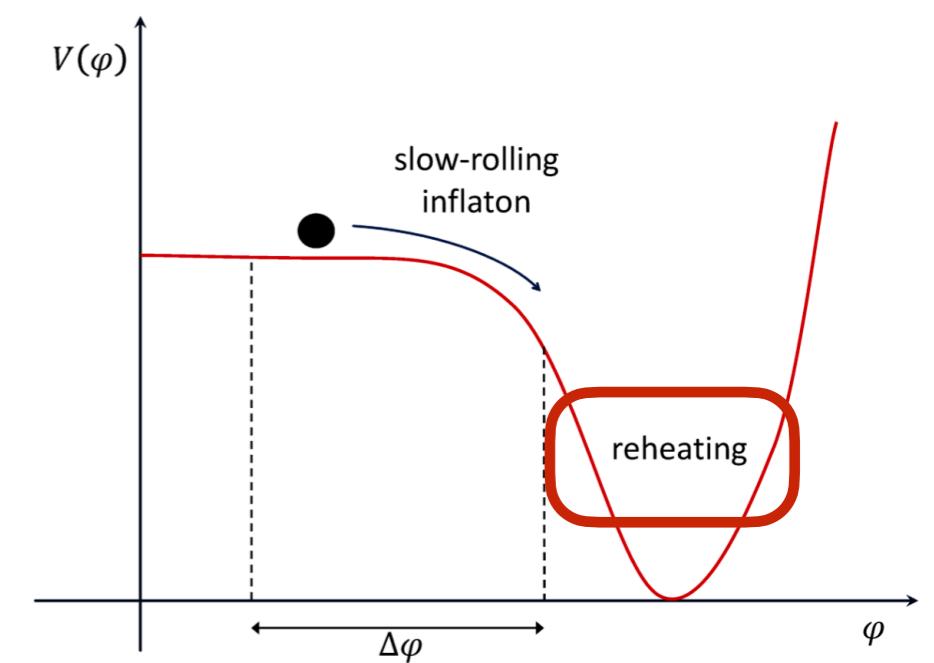
GW sourced from  
inhomogeneous field

$$\Pi_{ij} \sim [\partial_i \chi \partial_j \chi]^{TT}$$



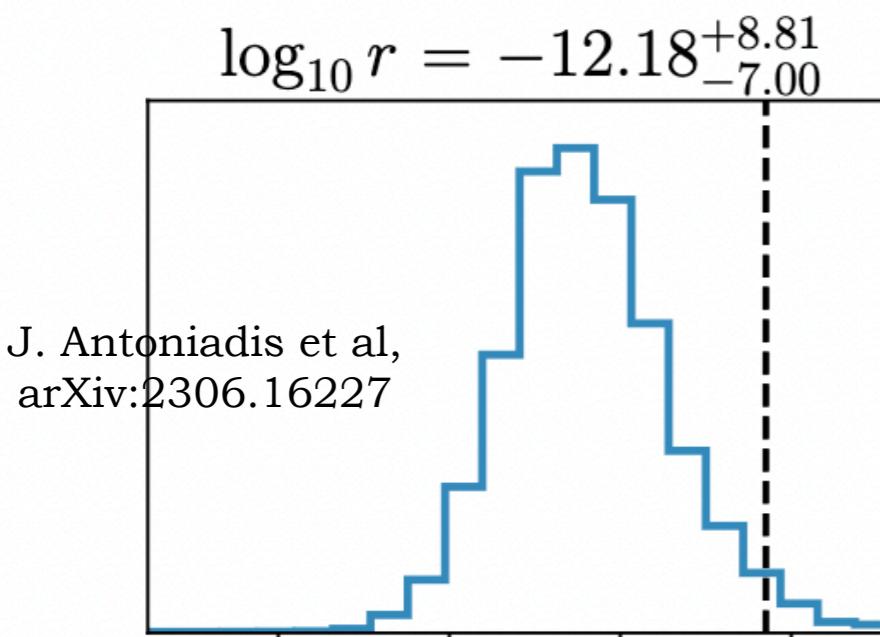
high frequency detectors up to  $10^{18}$  GeV,  
but sensitivity still above BBN and CMB bounds

Aggarwal et al, arXiv:2501.11723



# An example of possible detection at PTA?

Very small value of  
r at CMB scale



$$\Omega_{\text{GW}}(f) = \frac{3}{128} \Omega_{\text{rad}} r \mathcal{P}_{\mathcal{R}}^* \left(\frac{f}{f_*}\right)^{n_T} \left[ \frac{1}{2} \left(\frac{f_{\text{eq}}}{f}\right)^2 + \frac{16}{9} \right]$$

$$\times \left(\frac{f}{f_{\text{RD}}}\right)^{\frac{2(3w-1)}{3w+1}}$$

Compatible with CMB  
bound from Planck  
2020 relaxing slow roll

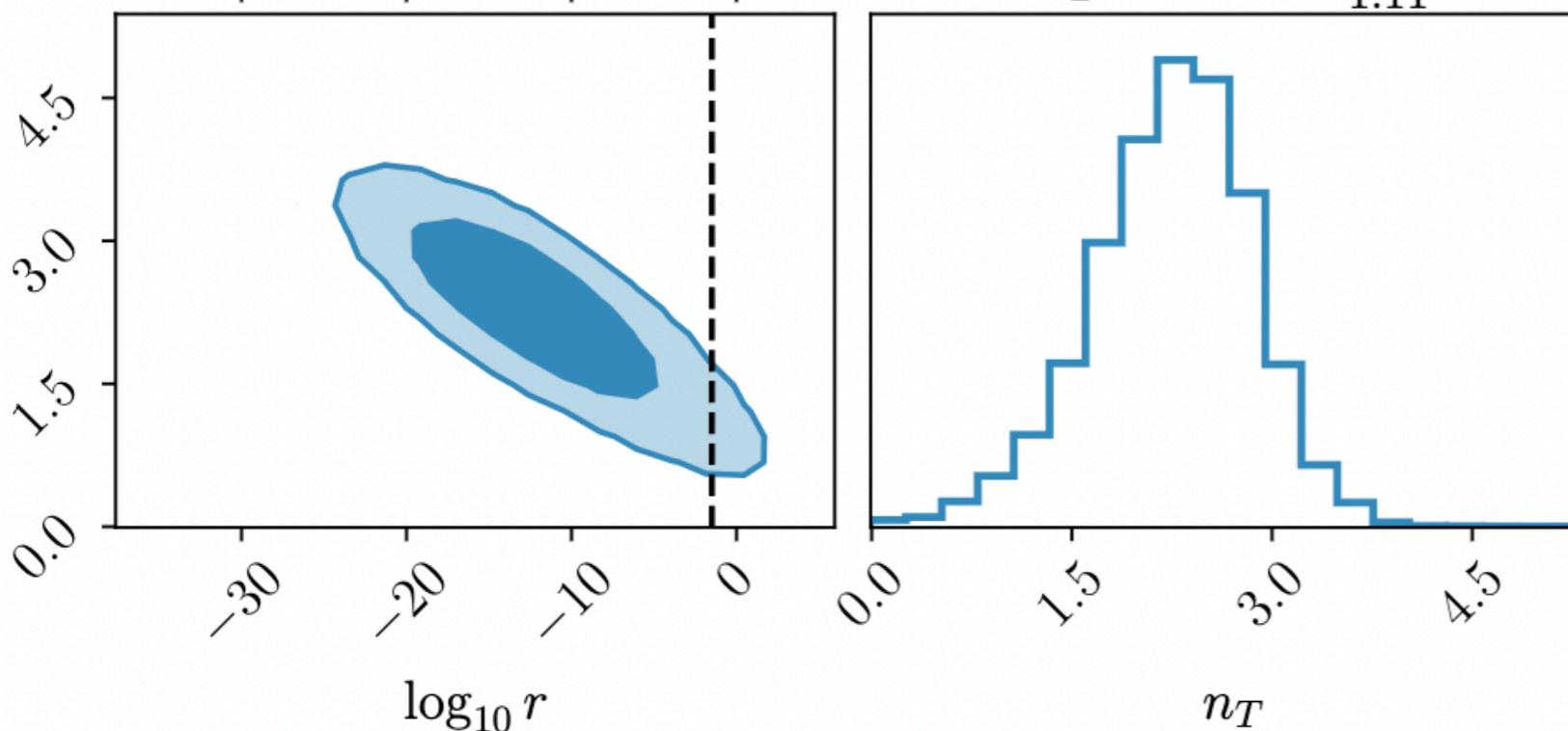
$$r < 0.076$$

$$-0.55 < n_T < 2.54$$

$$n_T = 2.29^{+0.87}_{-1.11}$$

Would this be  
compatible with **slow  
roll and a stiff equation  
of state?** Marginally

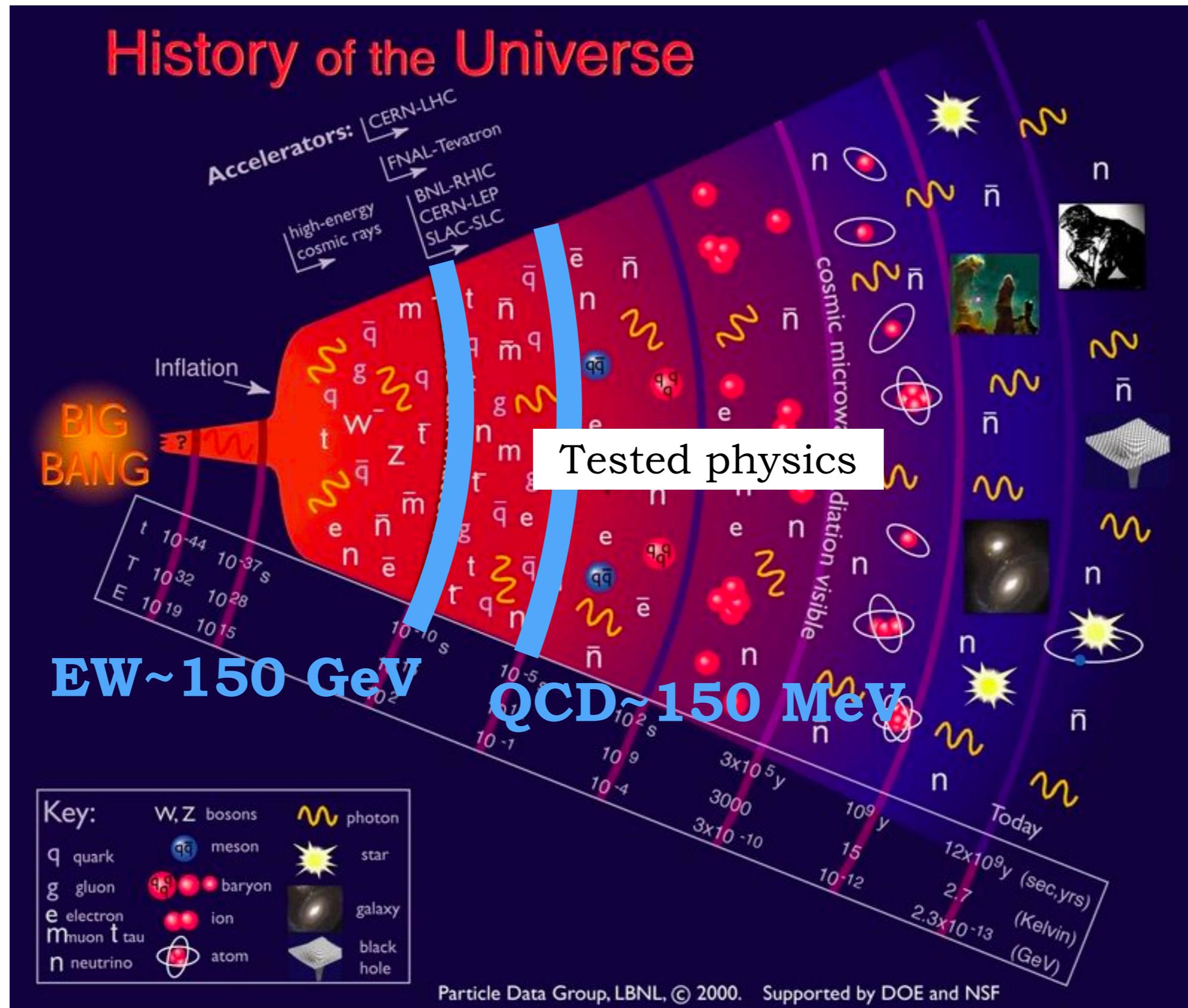
$$\gamma = 5 - n_T + \frac{2(1 - 3w)}{3w + 1}$$



$$\gamma_{\text{best fit}} \simeq 2.7 \rightarrow n_T \gtrsim 0.3$$

Strong degeneracy between the  
two parameters     $n_T = -0.16 \log_{10} r + 0.46$

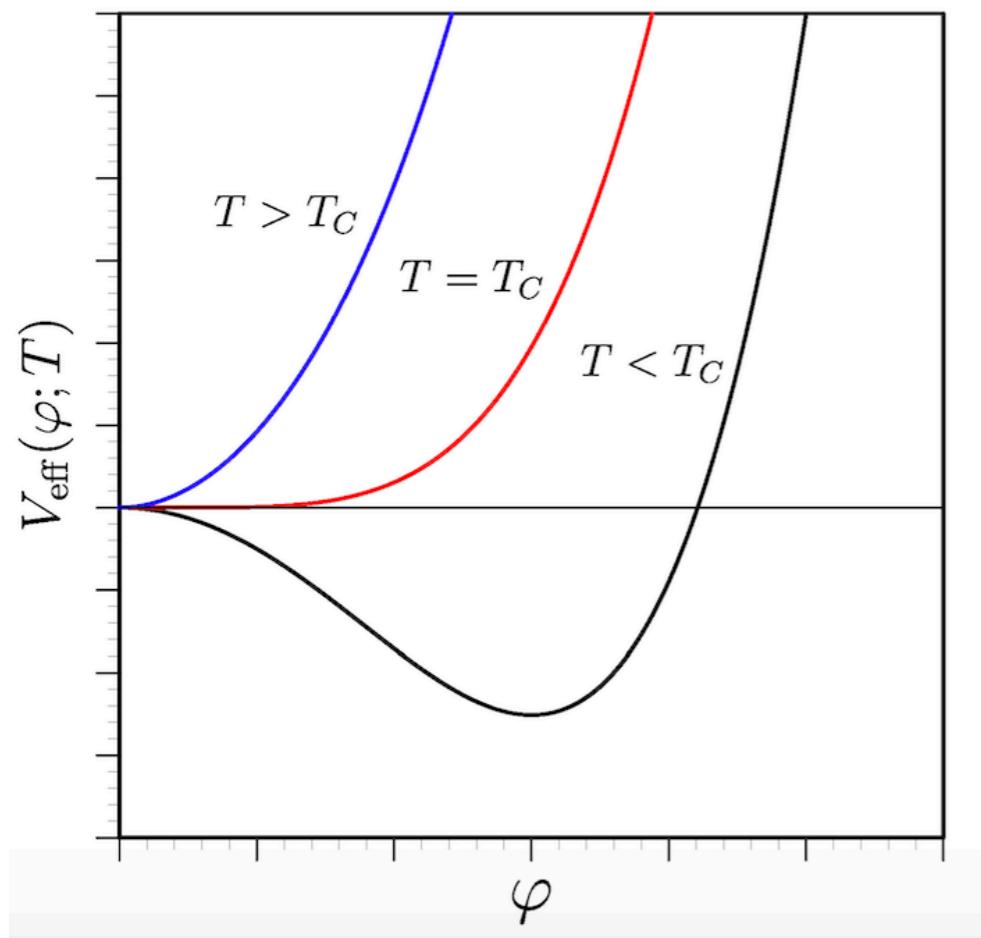
phase transitions predicted by the standard model of particle physics: electroweak and QCD



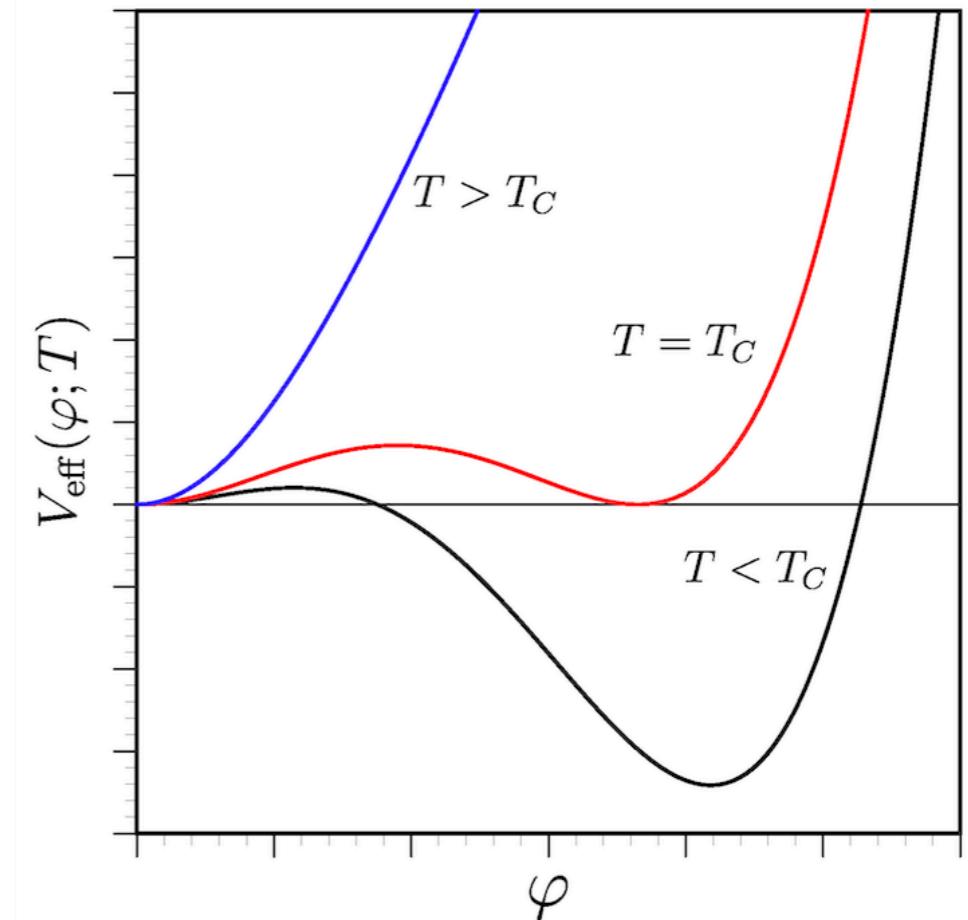
# First order phase transitions

- We know that at least two PTs occurred in the universe, the EW one and the QCD one: according to the standard model, they are both **crossovers**
- However, *sizeable (detectable) GW generation requires a first order PT*, proceeding through the *nucleation of true vacuum bubbles*

Second order phase transition

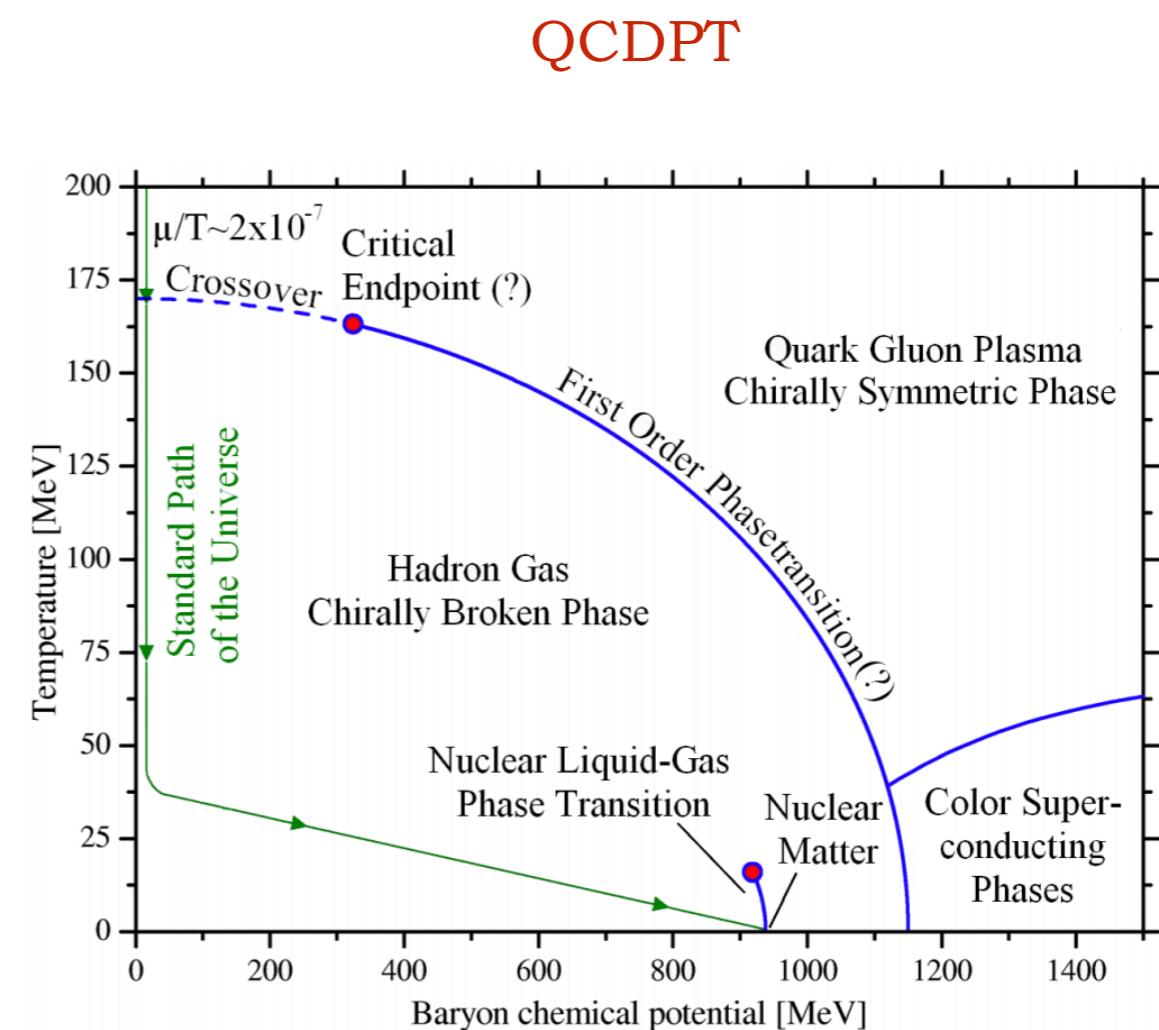
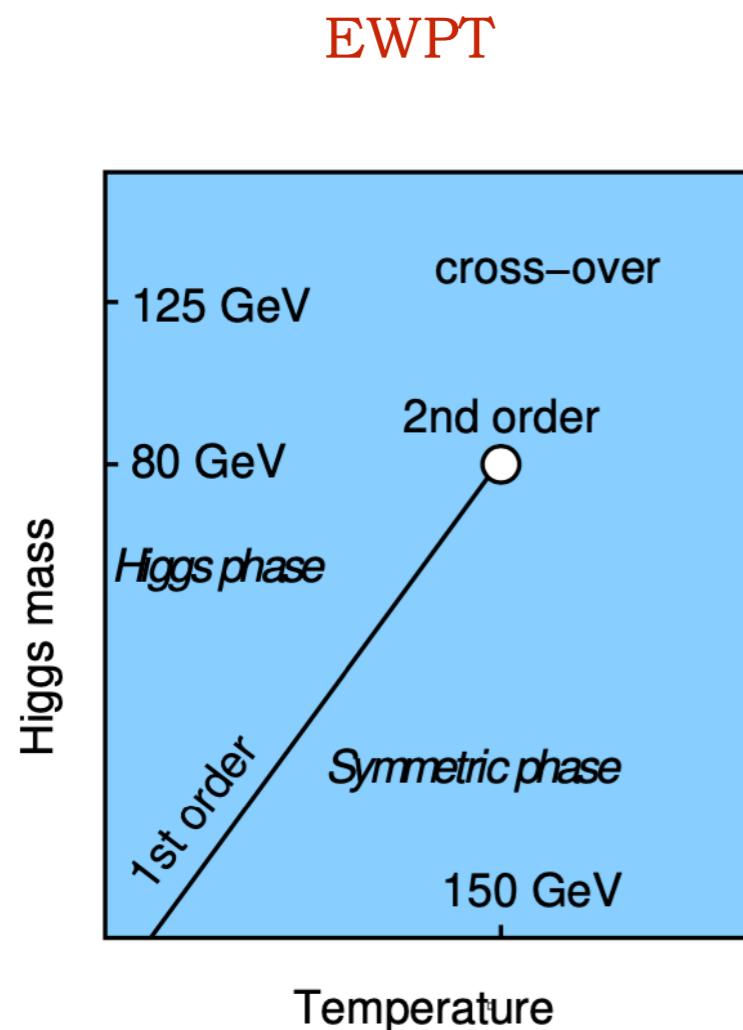


First order phase transition



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M. Hindmarsh et al,  
arXiv:2008.09136

T. Boekel and J. Schaffner-Bielich,  
arXiv:1105.0832

# First order phase transitions

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- However, *sizeable (detectable) GW generation requires a first order PT*, proceeding through the *nucleation of true vacuum bubbles*

EWPT

QCDPT

**might become first order in  
BSM EW sector extensions:**

SM + light scalars (SM+singlet,  
SUSY, 2HDM, composite Higgs...)

Depends on the conditions in the  
early universe: **might become first  
order if the lepton asymmetry in  
the universe is large**

OTHER EXAMPLES OF POSSIBLE FOPTs:

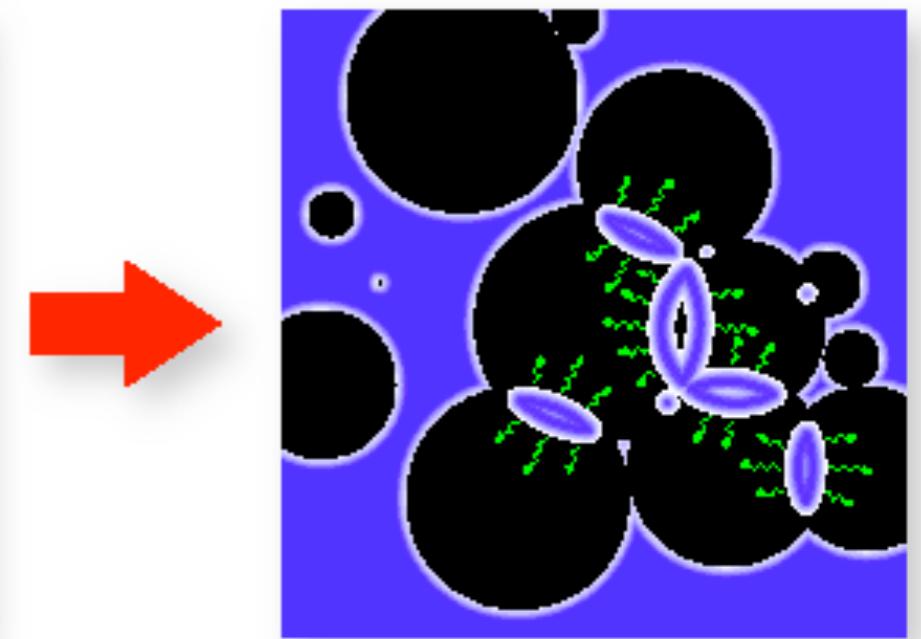
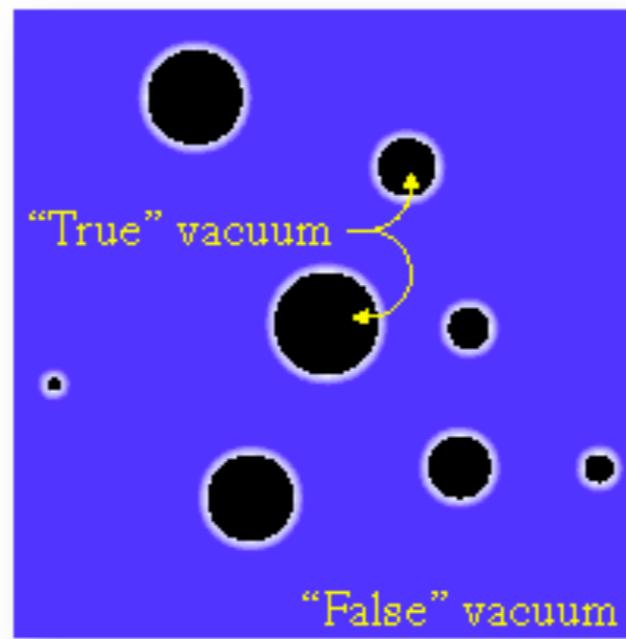
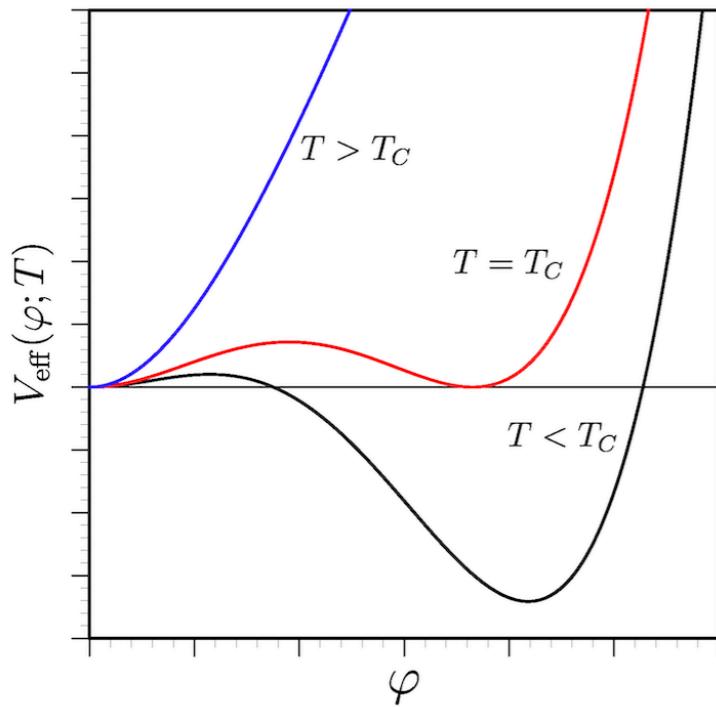
D. Schwarz and Stuke,  
arXiv:0906.3434  
M. Middeldorf-Wygas et al,  
arXiv:2009.00036

- **Effective approaches:** heavy new physics represented by higher dimensional operators
- **Conformal models:** e.g. conformal symmetry breaking with dilaton
- **New symmetries:** extend the SM with e.g.  $U(1)_{B-L}$
- **Hidden sectors:** provide also dark matter candidates, PT can be as strong as one wants
- **Peccei Quinn** can be first order depending on the realisation

Opportunity to probe high energy physics  
scenarios beyond the standard model

# First order phase transitions

Sources of tensor anisotropic stress (and thereby GWs) at a first order phase transition:



- Bubble collision (scalar field gradients)
- Bulk fluid motion
- Electromagnetic fields

$$\Pi_{ij}^{TT} \sim [\partial_i \phi \partial_j \phi]^{TT}$$

$$\Pi_{ij}^{TT} \sim [\gamma^2 (\rho + p) v_i v_j]^{TT}$$
 sound waves and/or turbulence

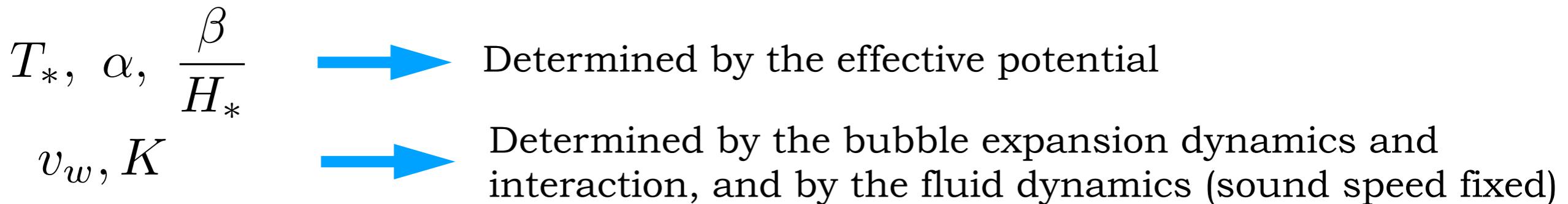
$$\Pi_{ij}^{TT} \sim [-E_i E_j - B_i B_j]^{TT}$$

Several processes, rich phenomenology!

# First order phase transitions

The signal depends on the following parameters

- The temperature of the FOPT  $T_*$
- The amount of energy available in the source  $K$ , connected to the PT strength
- The size of the anisotropic stresses, connected to the bubble size  $R_* = v_w / \beta$
- The bubble wall velocity  $v_w$



If the PT is strong and non-linearities in the bulk fluid develop: fraction  $\varepsilon = \frac{K_{\text{turb}}}{K}$  of kinetic energy in turbulent motions

**Most of these parameters are known (at least in principle) given a PT model + numerical simulations of the fluid dynamics**

**numerical simulations** are necessary to infer the GW signal because of non-linear dynamics and/or complicated fluid shells profiles and/or intrinsic randomness of the process

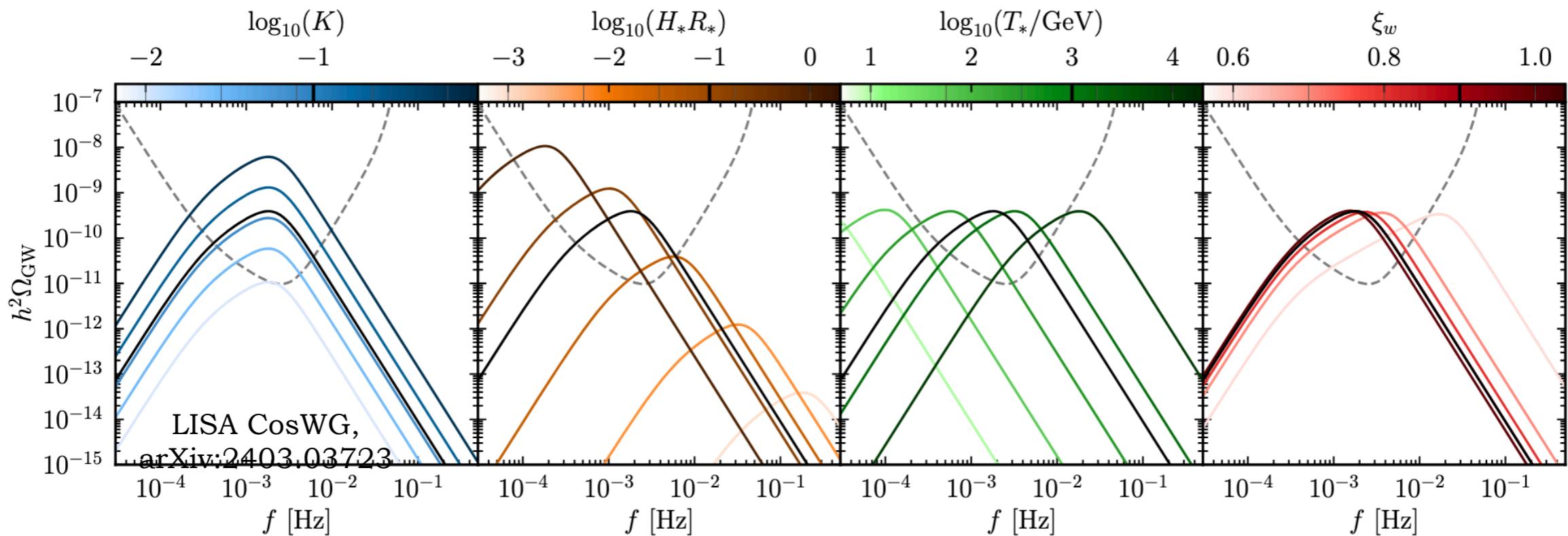
# First order phase transitions

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$T_*, \alpha, \frac{\beta}{H_*}$        $\rightarrow$  Determined by the effective potential

$v_w, K$        $\rightarrow$  Determined by the bubble expansion dynamics and interaction, and by the fluid dynamics (sound speed fixed)



(b) sound waves (black:  $K = 0.1$ ,  $H_*R_* = 0.1$ ,  $\xi_w = 0.9$ ,  $T_* = 1 \text{ TeV}$ )

# First order phase transitions

**LIGO Virgo Kagra**

$$1 \text{ Hz} < f < 1000 \text{ Hz} \quad \rightarrow \quad 10^6 \text{ GeV} \lesssim T_* \lesssim 10^{10} \text{ GeV}$$

CC et al, ArXiv:2406.02359

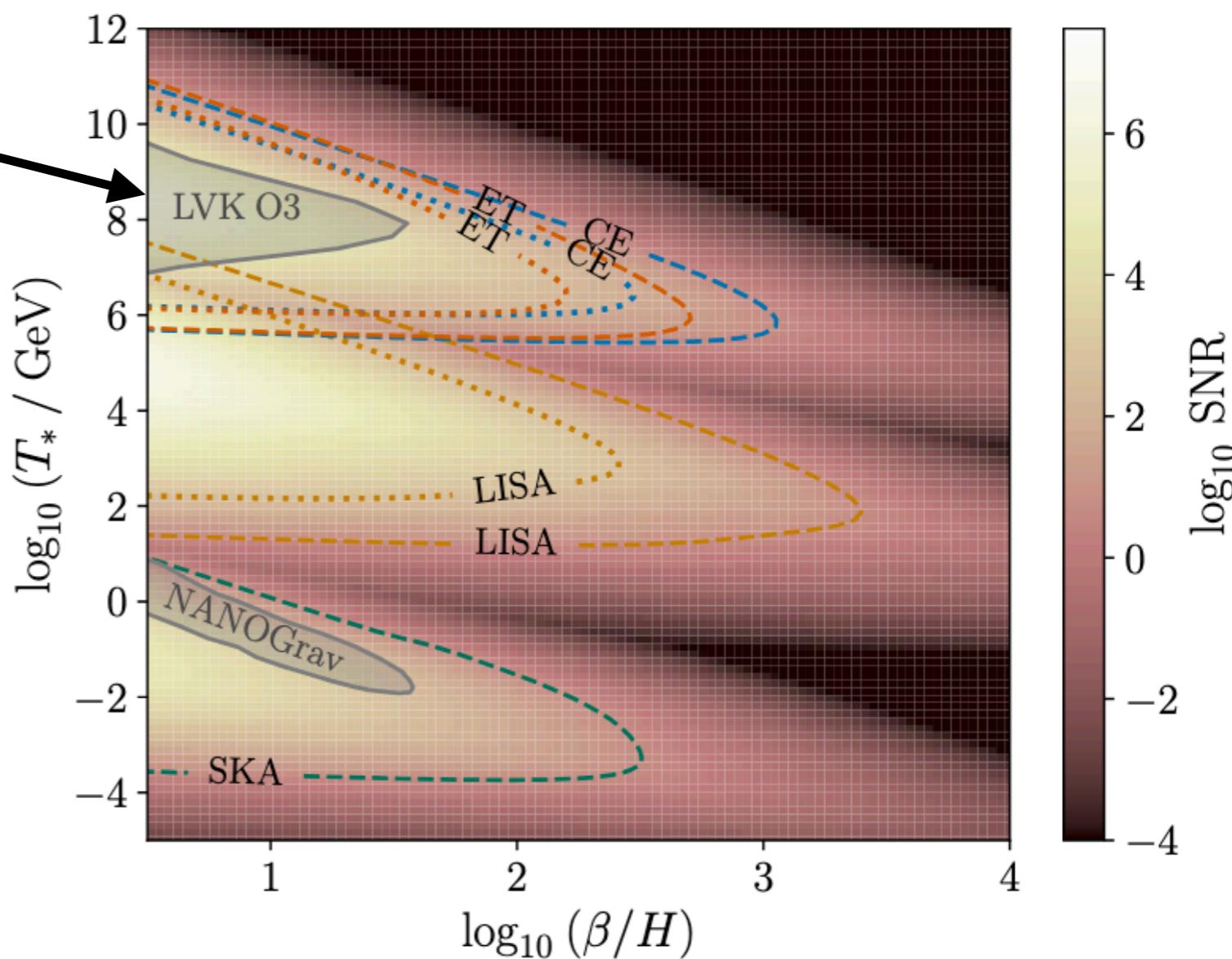
LVK constraints from non-detection

Badger et al, arXiv:2209.14707

**Peccei-Quinn phase transition**

$$T_{\text{PQ}} \sim F_a$$

$$10^{7-8} \text{ GeV} \lesssim F_a \lesssim 10^{10-11} \text{ GeV}$$



Parameter to which the signal amplitude is *inversely* proportional

# First order phase transitions

## Pulsar Timing Arrays

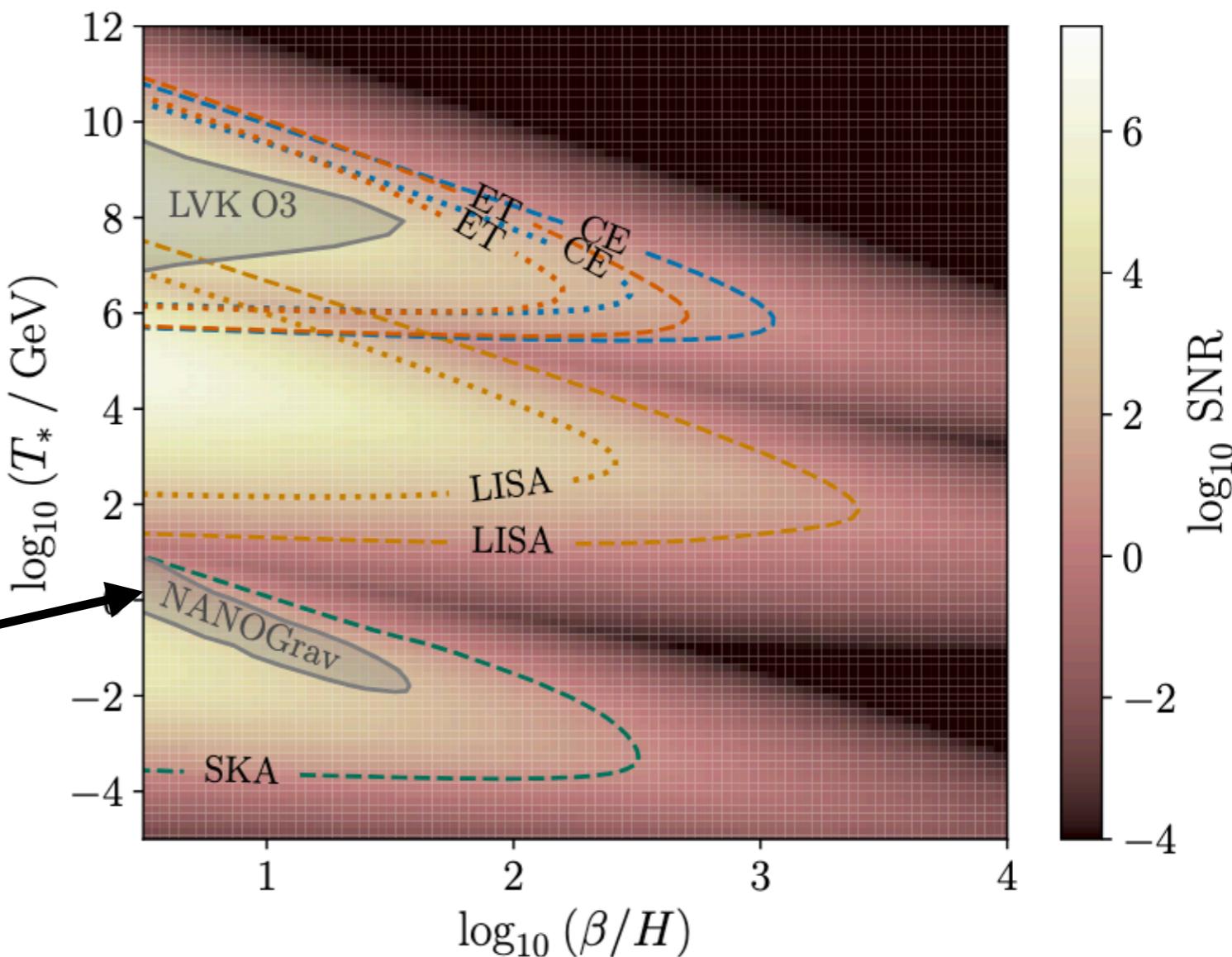
$$10^{-9} \text{ Hz} < f < 10^{-7} \text{ Hz} \quad \rightarrow \quad 1 \text{ MeV} \lesssim T_* \lesssim 1 \text{ GeV}$$

CC et al, ArXiv:2406.02359

PTAs offer the possibility  
to probe the  
**QCD energy scale**

Parameter space  
region that could  
explain the  
measurement

Afzal et al arXiv:2306.16219



Parameter to which the signal amplitude is *inversely* proportional

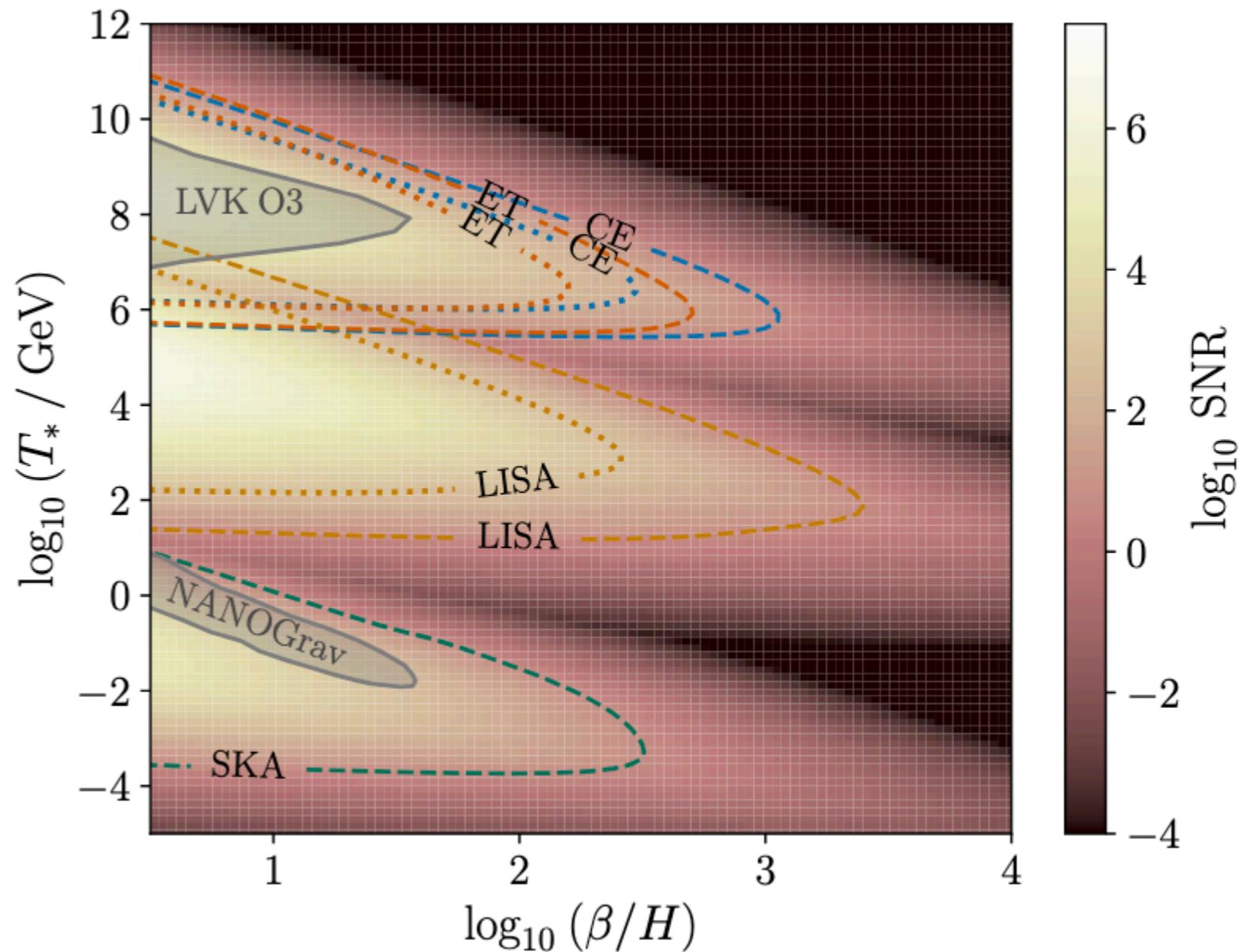
# First order phase transitions

## Laser interferometer space antenna

$$10^{-5} \text{ Hz} < f < 0.1 \text{ Hz} \quad \rightarrow \quad 10 \text{ GeV} \lesssim T_* \lesssim 10^5 \text{ GeV}$$

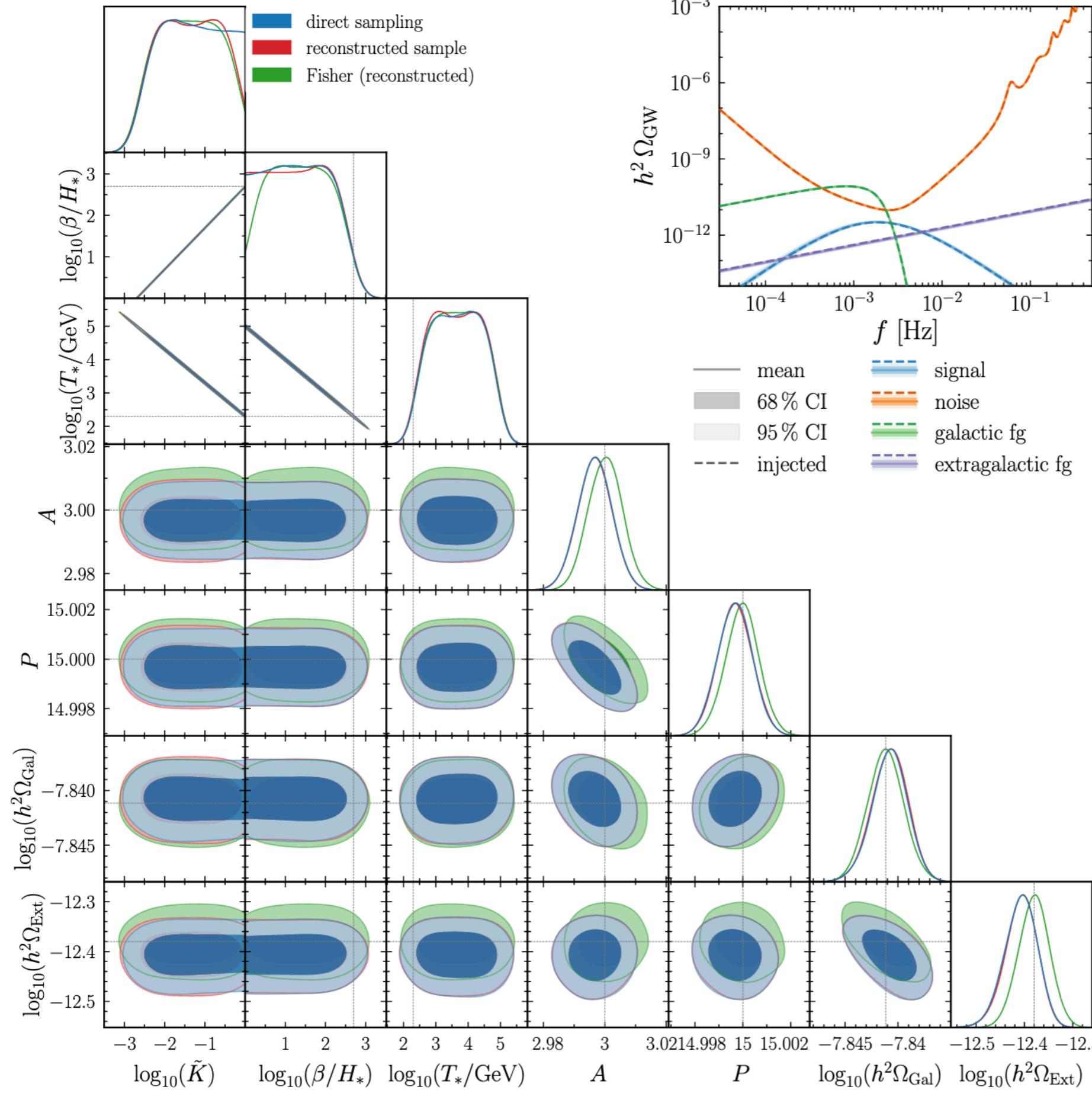
LISA offers the possibility to probe the **EW energy scale and beyond**

CC et al, ArXiv:2406.02359



Parameter to which the signal amplitude is *inversely* proportional

# Examples of detectable signal from the EWPT

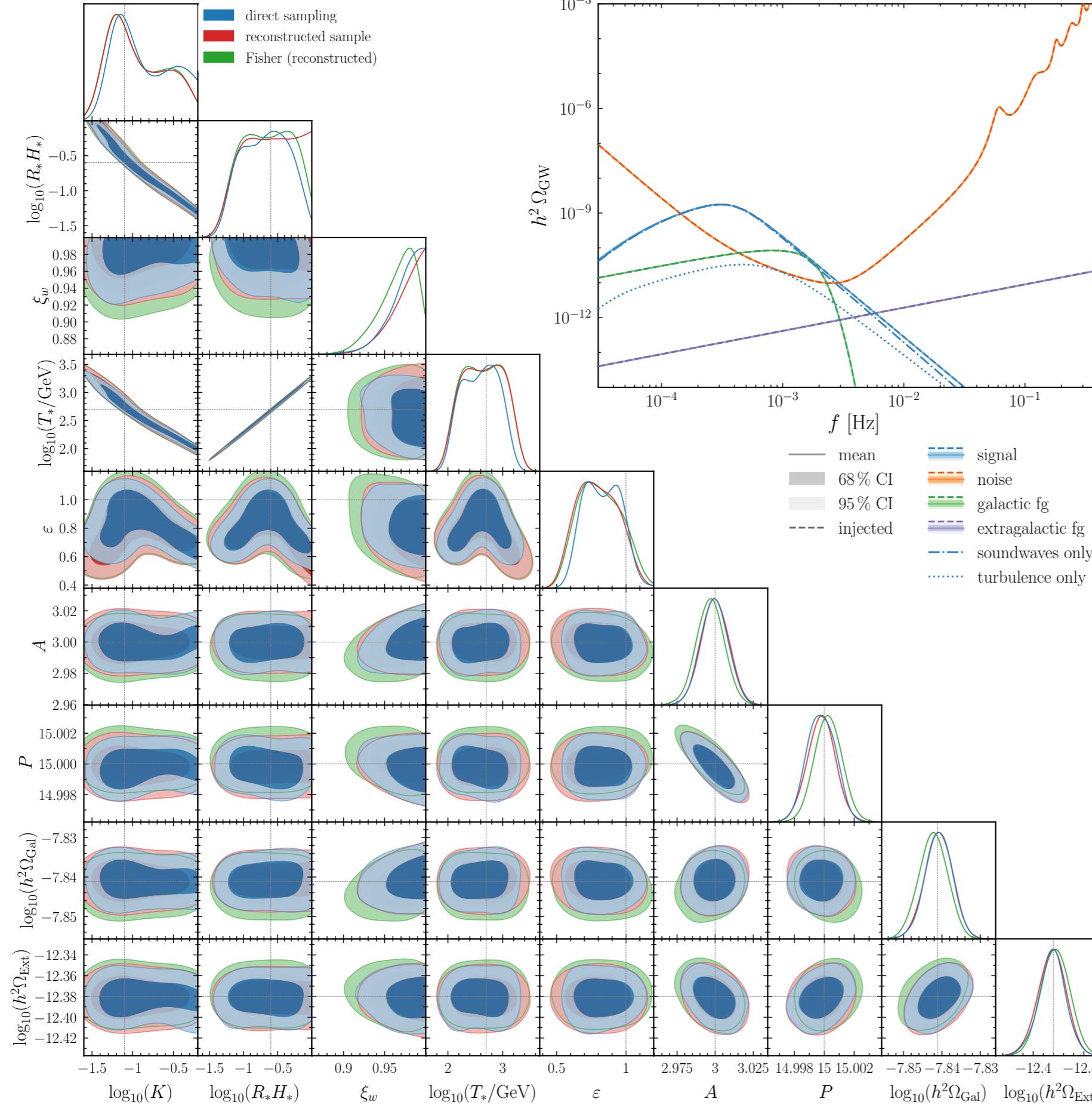


**Template-based**  
reconstruction of the  
*thermodynamic*  
parameters of the first  
order PT for  
**bubble collisions**

accounting for  
**foregrounds** and  
assuming a two-  
parameters noise model

LISA CosWG,  
arXiv:2403.03723

# Examples of detectable signal from the EWPT



**Template-based**  
reconstruction of the  
*thermodynamic*  
parameters of the first  
order PT for  
**sound waves +**  
**turbulence**

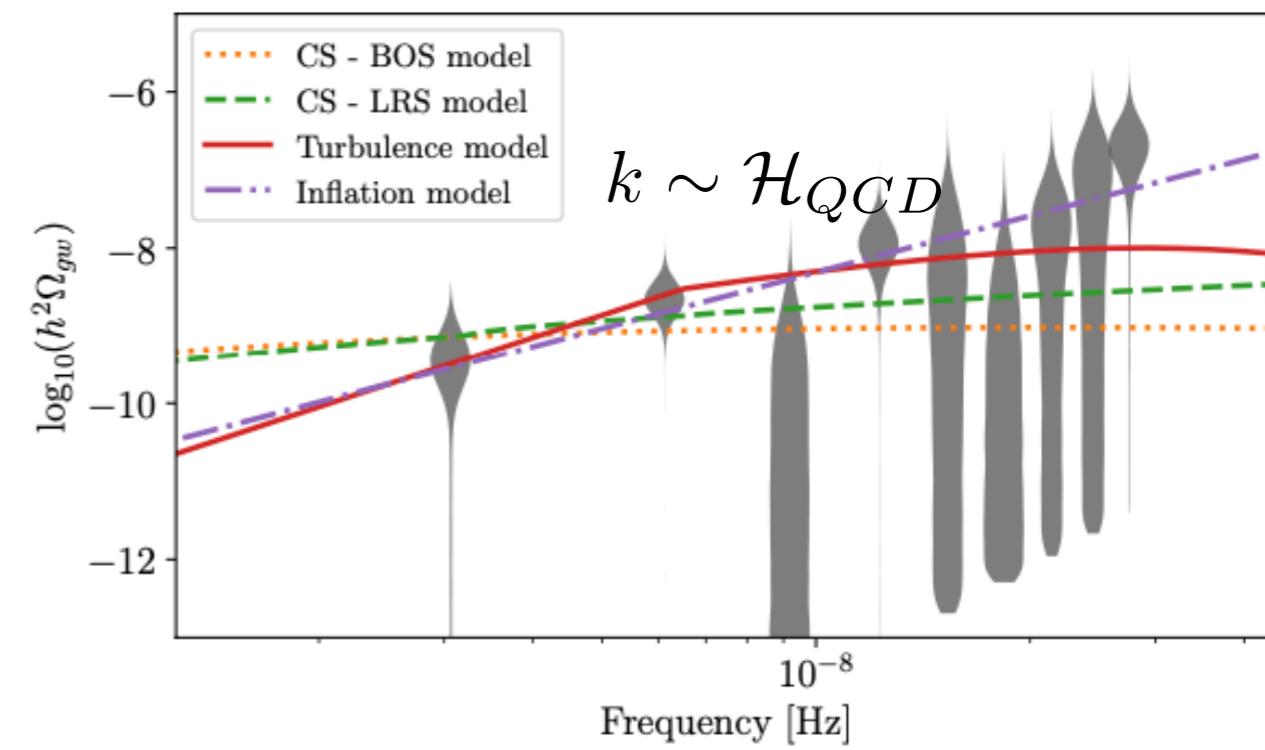
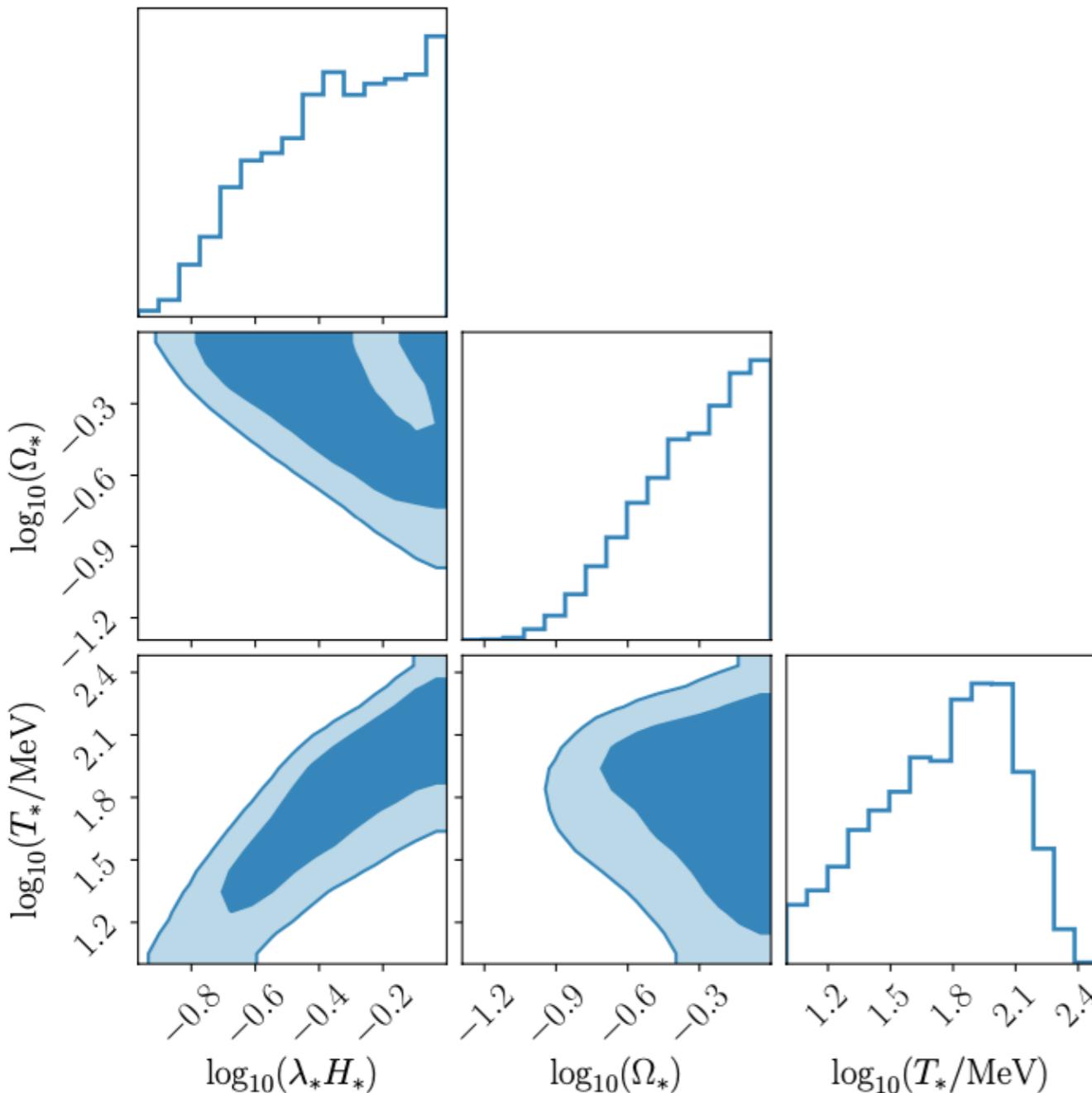
accounting for  
**foregrounds** and  
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LISA CosWG,  
arXiv:2403.03723

# An example of possible detection at PTA?

The PTA signal is compatible with GWs generated by MHD turbulence at the QCD scale

- $T_*$  must be close to the QCD scale, the amount of energy available in anisotropic stress  $K$  must be high (at least 10% of the total energy density of the universe, and size of the anisotropic stresses  $R_* = v_w/\beta$  must be close to the horizon



The signal is fit with the low frequency tail, and the spectrum has a break at a scale comparable to the horizon at the QCD PT

## To summarise:

- SGWB might reveal a powerful tool to probe the early universe and high energy physics
- The spectral shape must be predicted with good accuracy in order to disentangle the different sources (and also for foregrounds)
- General considerations about the characteristics of the spectral shape are possible in some cases, to pin down at least the class of SGWB sources
- **Inflation**: new physics but observationally compelling, extended GW signal in frequency, only accessible by CMB unless one goes beyond the standard slow roll scenario (there are well motivated scenarios!)
- **Topological defects**: amazing potential to probe high energy theory, but need to account for GW signal model dependent
- **Electroweak PT**: at the limit of tested physics, GW signal can be accessed/constrained by LISA only for models beyond the standard model of particle physics
- **QCD PT**: tested physics but difficult to predict, GW signal can be accessed/constrained by PTA only for models beyond the standard model of particle physics
- **SGWBs from the primordial universe might seem speculative but their potential to probe fundamental physics is great and amazing discoveries can be around the corner, especially after the PTA results!**