

JUICES 果汁

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Watermelon Juice 西瓜汁	24	32
Pear Juice 梨汁	28	32
Orange Juice 橙汁	24	32
Carrot Juice 胡萝卜汁	38	49
Apple Juice 苹果汁	28	32
Beetroot Juice 红根甜菜汁	28	38
Carrot Orange Ginger 胡萝卜,橙,姜汁	37	51
Clean Sweep 清澈汁	37	51
(Apple 苹果, Coriander 香菜, Celery 芹菜, Carrot 红萝卜)		
Red Alert 红色警报汁	35	49
(Beetroot 红菜头, Spinach 菠菜, Orange 橙, Carrot 红萝卜)		

SMOOTHIES 奶昔

Punchy Strawberry 诱惑草莓	42
Blueberry Delight 蓝莓之心	42
Teasing Mango 诱人芒果	42
Bananalicious 鸳鸯香蕉	42

REFRESHERS 特饮

Lemonade with Mint 薄荷柠檬水	38
Lemonade with Ginger & Honey 生姜蜜糖柠檬水	38
Citrus Refresher 维C之王	34
Blueberry Chill 蓝莓果饮	34

COFFEE & TEA 咖啡&茶

Single/Double Espresso 意式浓缩咖啡	20	28
Short/Long Macchiato 玛奇朵咖啡	20	25
Americano 美式咖啡	20	28
Cafe Latte 拿铁	22	30
Cappuccino 卡布基诺	24	32
Mocha 摩卡	25	35
Hot Chocolate 热巧克力	30	
Various Organic Teas 有机茶	35	
Honey Lemon Tea 蜂蜜柠檬茶	38	
Mint Honey Lemon Tea 薄荷蜂蜜柠檬茶	38	

BOTTLED DRINKS 瓶装饮料

Coke/Diet Coke/Ginger Ale/Soda/Tonic Water	12
可乐/健怡可乐/干姜水/苏打水/汤力水	
Perrier 巴黎水 330ml	30
San Pellegrino 圣培露 500ml	35
VOSS, Still Water 水 380 ml	35
Celt Organic Beer (Gold, Bronze, Bleddyn) 有机啤酒 500ml	52

DELIVERY AREA 外卖地区



Delivery Fee 运费 ¥10

From 11:30am until 7:30pm
从上午11:30到晚上19:30

From Wednesday to Monday
从周三到周一

We deliver within 1km radius.
For farther location, order through Mealbay.
我们只提供一公里内送餐服务。
超过一公里, 请通过Mealbay订餐

www.mealbay.net
400-820-3727

Organic Kitchen & Wine

DELIVERY MENU 外卖菜单



57 Fuxing Xi Road, near Yongfu Road
复兴西路57号, 靠近永福路
☎ 021-6418 3220

Full menu on our website
详情菜单, 请上网站查询

www.organicitchenshanghai.com

From 8am to 12pm, Monday to Friday and until 4pm on weekends.
周一至周五从上午8点到中午12点，周末延迟到下午4点供应。

All breakfast sets come with a choice of a fresh juice or a coffee.
所有的早饭套餐配一杯果汁或者一杯咖啡。
Choice of juice: Orange, Watermelon, Apple
果汁：橙汁，西瓜汁，苹果汁。
or 或者
Choice of Organic coffee: Americano, Café Latte, Cappuccino, Mocha
咖啡：美式咖啡，拿铁咖啡，卡布奇诺，摩卡
Upgrade to large size or organic tea for an extra ¥10
加10元可以升级到大杯或者有机茶。



Bruschetta 意大利蕃茄面包	25
Mediterranean Platter (Kafta, falafel, pickles, tatziki sauce) 中东拼盘 (牛肉卷, 蔬食饼, 酸黄瓜, 酸奶黄瓜酱)	98
Hummus with Pita & Veggies 鹰嘴豆泥配皮塔面包和蔬菜	45
Vegetarian Platter (Falafel, hummus, veggies, tabouli, pita) 蔬食拼盘 (蔬食饼, 鹰嘴豆泥, 塔不理, 蔬菜)	74
Garlic & Parmesan Organic Pita Bread 蒜味皮塔饼	25
Organic Home-made Pita Bread 地中海茄子泥	22

Mythic Caesar Chicken Salad	45	65
凯撒色拉		

Oriental Sesame Chicken Salad	45	65
东方芝麻烤鸡肉沙拉		

Robert's Fitness Salad	49	69
罗伯特健康色拉		

Chicken Tabouli 79
烤鸡肉塔不理

Creamy Potato & Leek Soup 39
奶油土豆洋葱汤

Hearty Chicken Vegetable Soup 39
心灵鸡汤

Japanese Lentils and Pumpkin Soup 39
 日式扁豆南瓜汤

Carrot & Coriander Soup 39
胡萝卜香菜汤

Mediterranean Kafta Wrap 59
地中海牛肉卷

Lebanese Falafel Wrap 58
黎巴嫩蔬菜卷Arabic Chicken Shawarma Wrap 63
阿拉伯沙瓦玛烤鸡卷

OK Club Sandwich Wrap 68
俱乐部三明治卷

Grilled Vegetable Pesto Ciabatta 63
烤蔬菜意大利方面包

Italian Parma Fresh Tomato Ciabatta 63
意大利火腿罗勒方面包

Chicken Salad Ciabatta a l'Ancienne 65
法式鸡肉色拉三明治Chicken Parma Green Pepper Ciabatta 68
烤鸡肉青椒三明治

Indian Yellow Chicken Curry 72
印度黄咖喱鸡

Ok Thai Green Curry 泰式绿咖喱鸡肉饭 79

Grilled Chicken with Feta, Pumpkin & Spinach 70
烤鸡肉飞达烤南瓜菠菜

Stir-fried Black-Bean Chicken and Cashew Nuts 58
豉香鸡肉饭

Stir-fried Tofu, Vegetables and Mushrooms 55
豆腐鲜蔬菌菇饭

Select your organic pasta: spaghetti, wholewheat spaghetti or penne 选择您的意面：细面，全麦细面或者两头尖

Mama's Home-Style Pasta	48	68
妈妈意面		

Pesto Pasta with Chicken & Feta	46	66
罗勒意大利面		

Pasta a la Bolognaise	48	68
肉醬意面		

Gorgonzola, Rocket & Pinenuts Pasta	56	76
意大利蓝芝士意面		

Creamy Salmon & Zucchini Pasta 47 67
奶油三文鱼西葫芦鱼意面

Fruit Salad with Home-made Yogurt 35
水果沙拉配酸奶

Chocolate Mousse Nirvana 35
巧克力慕斯

Chocolate Truffle Cake 35
巧克力松露蛋糕

French Style Apple Pie «Tarte Tatin» 35
法式蘋果派

Carrot cake 25
胡萝卜蛋糕