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By Esther Llull

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English. Brand new Book. The secret of happiness is the ability to empathize with others and know how to put oneself in their place. Someone once told me: "I do not think your life is sad, I think you have a very full life and a tremendous culture." And that made my day. There are those who, from science, think that this field of study is the greatest thing that a human being can achieve, but the greatest thing is to understand the smallest, from a neuron to a human or natural creation or sentiment. Happiness is where you want to look for it, what is clear is that that pattern of addictive happiness does not work, it is not making people happy, the large numbers of mental illness are telling us. You can change the word happiness through the word addictive economy. Throughout this book we try to study some of the philosophical currents of the literature on happiness but we also try to give concrete and current rules. Passing through Greek thought, mentioning stoicism very seriously until it reaches Spinoza, the so-called material ethics are proposed. But...

Reviews

An incredibly amazing ebook with perfect and lucid answers. It is written in basic terms and never difficult to understand. It has been written in an exceptionally basic way and it is only right after I finished reading this ebook in which it in fact modified me, affected the way I really believe.

-- Beverly Hoppe

Extremely helpful for all class of individuals. Better than never, though I am quite late in starting reading this one. I realized this publication from my mom and dad suggested this ebook to discover.

-- Adela Schroeder II