



--- parabola $y = \alpha_0 + \alpha_1 x + \alpha_2 x^2$

Deve passare per $(a, f(a))$
 $(m, f(m))$
 $(b, f(b))$

Cambio coordinate per comodità:

$$\tilde{x} = x - a$$

Cerca $y = \beta_0 + \beta_1 \tilde{x} + \beta_2 \tilde{x}^2$

passante per $(0, f(a))$
 $(H/2, f(m))$
 $(H, f(b))$

$$\tilde{x} = 0 \quad f(a) = \beta_0$$

$$\left. \begin{aligned} \tilde{x} = H/2 \quad f(m) &= \beta_1 \frac{H}{2} + \beta_2 \frac{H^2}{4} + f(a) \\ \tilde{x} = H \quad f(b) &= \beta_1 H + \beta_2 H^2 + f(a) \end{aligned} \right\} \begin{aligned} f(b) - 2f(m) &= \beta_2 \frac{H^2}{2} - f(a) \quad \beta_2 = \frac{2f(a) + 2f(b) - 4f(m)}{H^2} \end{aligned}$$

$$f(b) = \beta_1 H + 2f(b) - 4f(m) + 3f(a) \quad \beta_1 = \frac{4f(m) - f(b) - 3f(a)}{H}$$

$$\int_0^H \beta_0 + \beta_1 \tilde{x} + \beta_2 \tilde{x}^2 = \beta_0 H + \frac{\beta_1 H^2}{2} + \frac{\beta_2 H^3}{3} = f(a)H + \frac{H}{2} (4f(m) - f(b) - 3f(a)) + \frac{H}{3} (2f(b) - 4f(m) + 2f(a))$$

$$= \frac{H}{6} (6f(a) + 12f(m) - 3f(b) - 3f(a) + 6f(b) - 8f(m) + 4f(a))$$

$$= \frac{H}{6} [f(a) + 4f(m) + f(b)] !$$