

## Make a Plan

Hurricanes don't only affect people living along the coast. They can still cause damage even if you live hundreds of miles from the shore. If you're in an area where hurricanes are a risk, you need a plan.

CDC can help you make an emergency plan. Go to [Make a Plan: Develop a Family Disaster Plan \(https://emergency.cdc.gov/preparedness/plan/index.asp\)](https://emergency.cdc.gov/preparedness/plan/index.asp) for help.

## Be Ready

Even if there's no risk of a hurricane right now, make sure you and your family are prepared.

- [Stock up on emergency supplies](#) for your home and car.
- Write down emergency phone numbers and keep them near every phone in your house or on the refrigerator. Program them into your cell phone, too.
- Buy a fire extinguisher and make sure your family knows where to find it and how to use it. [Read the National Fire Protection Association's tips for using fire extinguishers \(http://www.nfpa.org/public-education/by-topic/fire-and-life-safety-equipment/fire-extinguishers\)](http://www.nfpa.org/public-education/by-topic/fire-and-life-safety-equipment/fire-extinguishers).
- Find out where the nearest shelter is and the different routes you can take to get there if you have to leave your home.
- Make sure that everyone in your family knows what the warning sirens in your area sound like — and what to do if they go off.



Wondering what supplies to buy before a hurricane? Check out [Get Supplies](#) for a complete checklist of everything you'll need.

### Disasters & Severe Weather

Earthquakes  
Extreme Heat  
Floods  
Hurricanes  
Landslides  
Tornadoes  
Tsunamis  
Volcanoes  
Wildfires  
Winter Weather



(<http://www.ready.gov/>)



(<http://emergency.cdc.gov/socialmedia/index.asp>)

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