

Daily Routine - Actions

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| • Wake up | - Despertar |
| • Turn off my alarm | - Apagar la alarma |
| • Get up | - Levantarse |
| • Take a shower / have a shower | - Tomar un baño |
| • Get dressed | - Vestirse |
| • Comb the hair | - Peinarse |
| • Make breakfast | - Hacer el desayuno |
| • Eat breakfast / Have breakfast | - Desayunar |
| • Brush my teeth | - Cepillarse los dientes |
| • Go to work | - Ir al trabajo |
| • Start work at 9 | - Empezar a trabajar |
| • Answer emails | - Responder correos electrónicos |
| • Eat lunch / Have lunch | - Almorzar |
| • Work on my computer | - Trabajar en el computador |
| • Finish work at 5 | - Terminar de trabajar |
| • Go home | - Ir a casa |
| • Arrive home | - Llegar a casa |
| • Feed the dog | - Alimentar al perro |
| • Cook dinner | - Hacer la cena |
| • Eat dinner / Have dinner | - Cenar |
| • Watch TV | - Ver TV |
| • Read a book | - Leer un libro |
| • Go to bed | - Ir a dormir |