

# Optimal Control

## Course Project #1

### Optimal Control of a Gymnast Robot

November 25, 2025

In this project, you are required to design an optimal trajectory for the robot shown in Figure 1. The system is a planar *gymnast* robot that performs swings via actuation at the hip. In a planar setting, it is modeled as a double pendulum with torque applied on the second link.

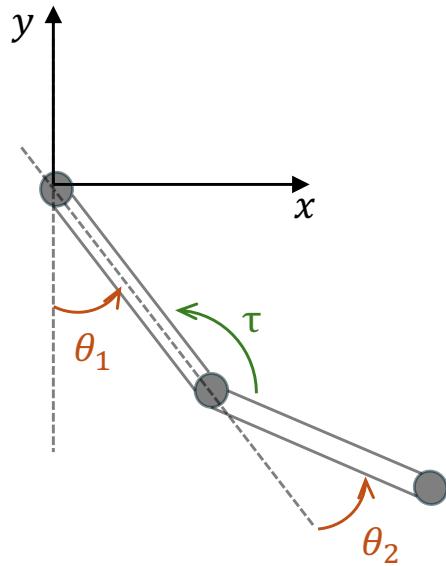


Figure 1: Model of an Acrobot

The state space consist in  $x = [\theta_1, \theta_2, \dot{\theta}_1, \dot{\theta}_2]^\top$ , where  $\theta_1$  represent the angle of the first link with respect to the vertical direction,  $\theta_2$  represents the angle of the second link with respect to the first link,  $\dot{\theta}_1$  and  $\dot{\theta}_2$  the angular rates of changes associate to  $\theta_1$  and  $\theta_2$ , respectively.

The input is the torque  $\tau$  on the second link.

$$M(\theta_1, \theta_2) \begin{pmatrix} \ddot{\theta}_1 \\ \ddot{\theta}_2 \end{pmatrix} + C(\theta_1, \theta_2, \dot{\theta}_1, \dot{\theta}_2) \begin{pmatrix} \dot{\theta}_1 \\ \dot{\theta}_2 \end{pmatrix} + F \begin{pmatrix} \dot{\theta}_1 \\ \dot{\theta}_2 \end{pmatrix} + G(\theta_1, \theta_2) = \begin{pmatrix} 0 \\ \tau \end{pmatrix}$$

where

$$M = \begin{pmatrix} I_1 + I_2 + l_{c1}^2 m_1 + m_2(l_1^2 + 2l_1 l_{c2} \cos(\theta_2) + l_{c2}^2) & I_2 + l_{c2} m_2 (l_1 \cos(\theta_2) + l_{c2}) \\ I_2 + l_{c2} m_2 (l_1 \cos(\theta_2) + l_{c2}) & I_2 + l_{c2}^2 m_2 \end{pmatrix}$$

$$C = \begin{pmatrix} -l_1 l_{c2} m_2 \dot{\theta}_2 \sin(\theta_2) & -l_1 l_{c2} m_2 (\dot{\theta}_1 + \dot{\theta}_2) \sin(\theta_2) \\ l_1 l_{c2} m_2 \dot{\theta}_1 \sin(\theta_2) & 0 \end{pmatrix}$$

$$G = \begin{pmatrix} g l_{c1} m_1 \sin(\theta_1) + g m_2 (l_1 \sin(\theta_1) + l_{c2} \sin(\theta_1 + \theta_2)) \\ g m_2 l_{c2} \sin(\theta_1 + \theta_2) \end{pmatrix}$$

$$F = \begin{pmatrix} f_1 & 0 \\ 0 & f_2 \end{pmatrix}$$

Where  $l_{c1}$  and  $l_{c2}$  are the distances between the pivot points of the links and their centers of mass,  $m_1$  and  $m_2$  are the masses of the links,  $f_1$  and  $f_2$  are the viscous friction coefficients and  $g$  is the gravitational acceleration.  $l_1$  and  $l_2$  are the lengths of the links, while  $I_1$  and  $I_2$  are the moments of inertia of the links about their centers of mass. All the parameters of the robot are available in table 1.

<b>Parameters: Set 1</b>		<b>Parameters: Set 2</b>		<b>Parameters: Set 3</b>	
$m_1$	1	$m_1$	2	$m_1$	1.5
$m_2$	1	$m_2$	2	$m_2$	1.5
$l_1$	1	$l_1$	1.5	$l_1$	2
$l_2$	1	$l_2$	1.5	$l_2$	2
$l_{c1}$	0.5	$l_{c1}$	0.75	$l_{c1}$	1
$l_{c2}$	0.5	$l_{c2}$	0.75	$l_{c2}$	1
$I_1$	0.33	$I_1$	1.5	$I_1$	2
$I_2$	0.33	$I_2$	1.5	$I_2$	2
$g$	9.81	$g$	9.81	$g$	9.81
$f_1$	1.0	$f_1$	1.0	$f_1$	1.0
$f_2$	1.0	$f_2$	1.0	$f_2$	1.0

Table 1: Model parameters with variations.

## Task 0 – Problem setup

Discretize the dynamics, write the discrete-time state-space equations and code the `dynamics` function.

*Hint:* Try different discretization schemes (e.g., Euler, Runge-Kutta, etc.). Some of them preserve stability and other properties. As an example, Runge-Kutta 4th order

method has the following update rule:

$$\begin{aligned}
k_1 &= f(x_t, u_t), \\
k_2 &= f\left(x_t + \frac{d_t}{2} k_1, u_t\right), \\
k_3 &= f\left(x_t + \frac{d_t}{2} k_2, u_t\right), \\
k_4 &= f(x_t + d_t k_3, u_t), \\
x_{t+1} &= x_t + \frac{d_t}{6} (k_1 + 2k_2 + 2k_3 + k_4).
\end{aligned}$$

*Hint:* You can use *symbolic* toolboxes to define the dynamics and compute the Jacobians.

### Task 1 – Trajectory generation (I)

Compute two equilibria for your system and define a reference curve between the two. Compute the optimal transition to move from one equilibrium to another exploiting the Newton's-like algorithm (in closed-loop version) for optimal control.

*Hint:* you can exploit any numerical root-finding routine to compute the equilibria.

*Hint:* define two long constant parts between the two equilibria with a transition in between. Try to keep everything as symmetric as possible, see, e.g., Figure 2.

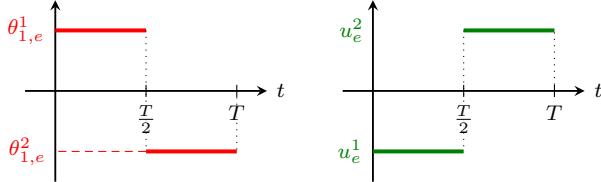


Figure 2: Example of a possible desired transition for one of the angles of the robot.

### Task 2 – Trajectory generation (II)

Generate a desired (smooth) state-input curve and perform the trajectory generation task (Task 1) on this new desired curve.

### Task 3 – Trajectory tracking via LQR

Linearizing the robot dynamics about the generated trajectory  $(\mathbf{x}^{\text{gen}}, \mathbf{u}^{\text{gen}})$  computed in Task 2, exploit the LQR algorithm to define the optimal feedback controller to track this reference trajectory. In particular, you need to solve the LQ Problem

$$\begin{aligned}
&\min_{\substack{\Delta x_1, \dots, \Delta x_T \\ \Delta u_0, \dots, \Delta u_{T-1}}} \sum_{t=0}^{T-1} \Delta x_t^\top Q^{\text{reg}} \Delta x_t + \Delta u_t^\top R^{\text{reg}} \Delta u_t + \Delta x_T^\top Q_T^{\text{reg}} \Delta x_T \\
&\text{subj.to } \Delta x_{t+1} = A_t^{\text{gen}} \Delta x_t + B_t^{\text{gen}} \Delta u_t \quad t = 0, \dots, T-1 \\
&\qquad \qquad \qquad x_0 = 0
\end{aligned}$$

where  $A_t^{\text{gen}}$ ,  $B_t^{\text{gen}}$  represent the linearization of the (nonlinear) system about the optimal trajectory. The cost matrices of the regulator are a degree-of-freedom you have.

*Hint:* to showcase the tracking performances, consider a perturbed initial condition, i.e., different than  $x_0^{\text{gen}}$ .

### Task 4 – Trajectory tracking via MPC

Linearizing the robot dynamics about the trajectory  $(\mathbf{x}^{\text{gen}}, \mathbf{u}^{\text{gen}})$  computed in Task 2, exploit an MPC algorithm to track this reference trajectory.

*Hint:* to showcase the tracking performances, consider a perturbed initial condition, i.e., different than  $x_0^{\text{gen}}$ .

### Task 5 – Animation

Produce a simple animation of the robot executing Task 3. You can use PYTHON or any other visualization tool.

### Required plots

For Tasks 1-2, you are required to attach to the report the following plots

- Optimal trajectory and desired curve.
- Optimal trajectory, desired curve and few intermediate trajectories.
- Armijo descent direction plot (at least of few initial and final iterations).
- Norm of the descent direction along iterations (semi-logarithmic scale).
- Cost along iterations (semi-logarithmic scale).

For the other tasks, you are required to attach to the report the following plots

- System trajectory and desired (optimal) trajectory.
- Tracking error for different initial conditions.

### Guidelines and Hints

- As optimization algorithm, you can use the (regularized) Newton's method for optimal control introduced during the lectures based on the Hessians of the cost only.
- In the definition of the desired curve, you may try to calculate the desired trajectories using a simplified model, e.g., a simplified kinematic model.

### Notes

1. Each group must be composed of 3 students (except for exceptional cases to be discussed with the instructor).
2. Any other information and material necessary for the project development will be given during project meetings.
3. The project report must be written in L<sup>A</sup>T<sub>E</sub>X and follow the main structure of the attached template.

4. Any email for project support must have the subject:  
“[OPTCON-RL]-Group X: rest of the subject”.
5. **All** the emails exchanged **must be cc-ed** to professor Notarstefano, dr. Falotico and the other group members.

### **IMPORTANT: Instructions for the Final Submission**

1. The final submission **deadline** is **one week** before the exam date.
2. One member of each group must send an email with subject “[OPTCON-RL]-Group X: Submission”, with attached a link to a OneDrive folder shared with professor Notarstefano, dr. Falotico and the other group members.
3. The final submission folder must contain:
  - `report_group_XX.pdf`
  - `report` – a folder containing the L<sup>A</sup>T<sub>E</sub>X code and `figs` folder (if any)
  - `code` – a folder containing the code, including `README.txt`