

# Post Sprint 1 Team Meeting: 2 Lists

At a team meeting, review the results of the sprint.

Make 2 lists:

- things you want to keep doing
- things that you want to avoid doing in the future

## List 1 - things you want to keep doing

- Regular Team Meetings: The regular team meetings during Sprint 1 were effective in keeping everyone informed about the progress and any challenges faced.
- Collaborative Problem-Solving: Our team shows excellent collaboration and problem-solving skills
- Clear Communication: Communication within the team was clear and transparent, making sure that everyone was on the same page in terms of tasks and priorities.
- Iterative Feedback: Providing and receiving feedback iteratively throughout the sprint helped in refining deliverables and improving our work.

## List 2 - things that you want to avoid doing in the future

- Overcommitment: Overestimating the team's capacity or committing to too many tasks can lead to burnout and lower quality work. It's important to accurately assess our team's capacity and commit to a realistic amount of work that can be completed.
- Insights gained during team meetings should be actively addressed and implemented to continuously improve team performance. Ignoring these insights can slow down progress and lead to issues.
- Lack of Documentation: Improving documentation practices can help us with transparency and accountability.