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# Postgres Chat Message History

This notebook goes over how to use Postgres to store chat message history.

```
from langchain.memory import PostgresChatMessageHistory

history = PostgresChatMessageHistory(
    connection_string="postgresql://postgres:mypassword@localhost/chat_history",
    session_id="foo",
)

history.add_user_message("hi!")

history.add_ai_message("whats up?")
```

```
history.messages
```