Select paragraphs by expression:
1st
2nd
3rd
4th
5th
6th
7th
1st inside
2nd inside
3rd inside
4th inside
5th inside
6th inside
7th inside (last p)
8th
first inside but not p
1st p inside
2nd inside
3rd inside
4th inside
5th inside
6th inside
7th inside (last p)
last inside but not p
last p