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Effect of freezing rate for cryopreservation of Persian sturgeon (*Acipenser persicus*) spermatozoa

ANIMAL REPRODUCTION

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1	Effect of freezing rate for cryopreservation of Persian sturgeon (Acipenser
2	persicus) spermatozoa
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23	Abstract
24	This study examined the effect of freezing rate (-10°C, -15°C, -20°C, -30°C, and -40°C /min)
25	on motility parameters, rates of fertilization and hatching, adenosine triphosphate (ATP) content
26	and indices of oxidative stress including thiobarbituric acid reactive substances (TBARS) and
27	carbonyl derivatives of proteins (CP), in Persian sturgeon (Acipenser persicus) sperm. Following
28	sampling, sperm was diluted in an extender composed of 23.4 mM sucrose, 0.25 mM KCl, and
29	30 mM Tris-HCl, pH 8.0, containing 10% methanol, and subsequently frozen in a programmable
30	freezer. For post-thaw sperm that were frozen at a rate of -40°C /min, sperm motile duration
31	(134 \pm 27.01s), sperm motile percent (60 \pm 4.1%), fertilizability (72 \pm 8.36% for fertilization rate
32	and 65 \pm 7.58% for hatching rate) and ATP content (4.8 \pm 0.57 nmol/10 ⁸) were significantly
33	higher than sperm frozen at any of the four slower rates (P <0.05). Moreover, sperm
34	cryopreserved using the fastest freezing rate had significantly lower levels of TBARS (0.5±0.05
35	nmol/ 10^8) and CP (41.3±4.9 nmol/ 10^8) than all other freezing rates (P <0.05). In addition, there is
36	a significant difference (P <0.05) between fresh sperm and the recovery of cryopreserved Persian
37	sturgeon sperm using programmable freezing with -40°C /min being the optimal freezing rate
38	among those tested.
39	Keywords: Motility, Fertility, ATP, Oxidative stress, Sperm, Cryopreservation, Persian sturgeon
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1. Introduction

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Sturgeons are commercially important fish that are valued for their meat, but primarily for their caviar [1]. Several sturgeon species, including the Persian sturgeon (Acipenser persicus), are listed as endangered or critically endangered on the IUCN Red List [2-4]. Restocking of the Persian sturgeon has occurred in Iran since 1969, but spawning populations have dramatically decreased due to many ecological disruptions as a result of human activities. The genetic resource banking of sperm along with restocking can maintain both the genetic variation and recover viable populations of A. persicus [5]. Cryopreservation as a method for the perpetuation of genetic resources of aquatic species offers many benefits to aquaculture and conservation biology. The advantages of cryopreservation include: (1) synchronization of gamete availability from sexes, (2) sperm economy, (3) simplification of broodstock management, (4) transportation of gametes between different fish farms, and (5) germplasm storage for genetic selection programs or conservation of endangered species [6]. However, despite the increasing success of sperm cryopreservation, this technique may causes extensive cell damage produced by the physical forces of ice crystal formation both within the cells and in the external medium, by osmotic stress, or by oxidative stress [7]. Thus, the conservation of cell structure and function will depend on the cryopreservation protocol. Sperm motility is crucial for the in vitro fertilisation of oocytes and depends on aspects of cell function including ATP production. The assessment of sperm quality using the available tools, such as viability tests, ATP content, and motility analysis, will be decisive for the selection of good sperm samples and for the standardization of the designed

cryopreservation protocols [6]. Programmable freezing units are preferred for gamete

cryopreservation as they ensure uniform freezing rates, thus providing more consistent results.

- 69 The freezing conditions described here offer consistency, precision, and accuracy. Furthermore,
- 70 the whole procedure is rapid, as immediately after the ejaculate is obtained, the cells are
- processed, frozen, and ready to be stored under liquid nitrogen in less than 15 min [8].
- Experiments have been conducted in an attempt to determine a protocol for the
- 73 cryopreservation of semen from several sturgeon species including Atlantic sturgeon (Acipenser
- 74 sturio) [9], Siberian sturgeon (Acipenser baeri) [10], Russian sturgeon (Acipenser
- 75 gueldenstaedtii) [11], Persian sturgeon (Acipenser persicus) [12], and the sterlet (Acipenser
- 76 ruthenus) [13]. To our knowledge, there are no data on the effects of freezing rate on the quality
- of A. persicus sperm. The present study was conducted to confirm the best freezing rate (from –
- 78 10°C to -40°C/min) for A. persicus sperm. We also evaluated the effects of programmable
- 79 freezing on sperm motility parameters, fertilizability, oxidative stress indices, and ATP content.
- 2. Materials and methods
- 81 2.1. Fish
- The fish species examined in this work is the Persian sturgeon, *A. persicus* (Borodin, 1897)
- of the Acipenseride family. Eight male (1–1.5 m total length and 15–20 kg mean body weight)
- and four female (1.5–2 m total length and 20–25 kg mean body weight) were captured using
- gillnets (length 18 m, width 5.4 m, mesh size 15 cm) in the southwestern part of the Caspian Sea
- and transported to the Rajaee Sturgeon Hatchery Center (Sari, Mazandaran, Iran) between March
- and April 2011. The fish were maintained in tanks with a water temperature of 15°C–16°C, an
- 88 oxygen content of >5 mg/L, and a pH of 7.6-7.9. All fish manipulations were conducted in
- 89 accordance with the guidelines on the care and use of animals for scientific purposes (National
- 90 Health and Medical Research Council, Australia).
- 91 2.2. Collection of gametes

92	Males were injected with an analogue of releasing hormone LHRH-A ₂ (D-Ala ⁶ GnRH Pro ⁹ -
93	Net, Ningbo Hormone Product Co., China) at 5 μg/kg body weight 18 h before sperm collection.
94	Semen was collected from the urogenital papilla by aspiration through a plastic catheter (5–7 mm
95	diameter) connected to a 50 mL syringe. Special care was taken to avoid contamination with
96	mucus, feces, or water. After collection, fresh semen was divided into two parts; one to be used
97	as control and the other for cryopreservation.
98	Females were injected with 10 μg LHRHA ² /kg body weight then after 14 h anesthetized and
99	placed in lateral recumbency on a table for the stripping of semen. A finger was inserted into the
100	gonopore to stretch the opening slightly. A scalpel (with a straight blade narrower than the
101	gonopore) was inserted carefully into the gonopore and a 1.5-3 cm incision was made through
102	the ventral area of the oviductal (Mullerian duct) wall. The scalpel was withdrawn and the
103	incision probed with one finger to ensure that the opening was not obstructed. The fish was
104	inverted and slight pressure applied to the abdominal region by two individuals. The ova flowed
105	through the incision in the oviduct and out of the gonopore [14, 15]. The analysis in each trial
106	was replicated three times.
107	2.3. Sperm cryopreservation
108	Sperm (n=8) was frozen using conventional freezing procedures [16]. Prior to freezing, the
109	samples were diluted 1:1 in a cryodiluent composed of 23.4 mM sucrose, 0.25 mM KCl, and 30
110	mM Tris-HCl, pH 8.0, containing 10% methanol (methanol concentration after semen dilution
111	was 5%). The resulting sperm suspension was placed in 0.5 mL straws (CRYO-VET, France),
112	placed into a programmable freezer (Planer Kryosave-Model KS30, Sunbury-on-Thames,
113	Middlesex, UK), and frozen at -10°C, -15°C, -20°C, -30°C, or -40°C/min. The straws were
114	removed from the freezer and immediately placed into dewars containing liquid nitrogen for

115	storage. The initial freezing rate used was rotated for each day of each sampling week to account
116	for potential differences in the time samples were frozen relative to when they were collected.
117	Each sample was removed from storage 15 days after it was frozen, thawed for 6 s in a 40°C
118	water bath, and re-evaluated for semen quality indices.
119	2.4. Sperm evaluation
120	2.4.1. Motion and density analysis
121	Tris-HCl buffer (10 mM, pH 8.0) containing 0.25% pluronic (a substance that prevents
122	spermatozoa from sticking to slides) was used as activating medium (AM). To trigger motility,
123	the post-thaw sperm and the fresh sperm were diluted in AM at dilutions of 1:500 and 1:1000,
124	respectively [13, 17]. Spermatozoa motility was recorded under dark-field microscopy (400×,
125	Olympus CK2, Tokyo, Japan). The percentage motility was determined arbitrarily on a 0-10
126	point scale, where 0 denoted 0% motility and 10 denoted 100% motility. The duration of motility
127	was determined by recording the time taken from activation to the complete cessation of activity
128	by the last spermatozoa in a field. One person conducted all of the sperm motility observations to
129	reduce the degree of variation. Sperm density was estimated using a Burker cell hemocytometer
130	(Meopta, Czech Republic) at 200× magnification using an Olympus BX 50 phase contrast
131	microscope.
132	2.4.2. Fertilization assessment
133	Eggs from the four females were pooled in equal parts and 3 g of eggs (approx. 150 eggs)
134	were inseminated in a Petri dish with sperm previously cryopreserved at rates of -10°C to -
135	40°C/min. Based on the sperm concentration of the sample, the volume of sperm was adjusted to
136	obtain a 10 ⁵ sperm/egg ratio. To measure the fertilization rate, all eggs were counted in each
137	Petri dish during incubation and dead eggs were removed. Live embryos were counted after the

138	second cleavage division at 4 h post-fertilization. Fertilization rate was expressed as the
139	proportion of live embryos at the corresponding post-fertilization times compared to the initial
140	number of eggs incubated according to recommendations for sturgeon fishery practices [18].
141	Hatching rate was determined as the proportion of yolk sack larvae obtained from fertilized eggs.
142	2.4.3. ATP bioluminescence assessment
143	The ATP content of spermatozoa was determined using the bioluminescence method
144	described by Boryshpolets et al. [19]. Sperm samples were added to a boiling extraction medium,
145	which contained 100 mM Tris-HCl (pH 7.75) and 4 mM EDTA. After boiling for 2 min at
146	100°C, samples of the sperm suspension were centrifuged at $12,000 \times g$ for 20 min. The ATP
147	content of the supernatant was evaluated using a Bioluminescence Assay Kit CLS II (Roche
148	Diagnostics GmbH, Germany). The luminescence was measured using a SpectraFluor Plus plate
149	reader (Tecan Group, 1-40 Miyamachi, Japan) and the data were expressed as picomoles (pmol)
150	of ATP per 10 ⁸ sperm cells.
151	2.4.4. Oxidative stress indices
152	Semen samples were centrifuged (Heraeus, Sepatech, Berlin, Germany) at $3000 \times g$ for 10
153	min at 4°C. The supernatant was collected carefully and discarded. The pellet was diluted with
154	potassium phosphate buffer (50 mM KPi-buffer, pH 7.0, 0.5 mM EDTA) to obtain a sperm
155	density of 5×10^8 cells/mL and then homogenized in an ice bath using an Omni Ruptor 4000
156	Ultrasonic Homogenizer (Omni International, USA). The homogenate was divided into two
157	portions: one to measure the thiobarbituric acid reactive substances (TBARS) and carbonyl
158	derivatives of proteins (CP), and a second was centrifuged at $12,000 \times g$ for 30 min at 4°C to
159	obtain the post-mitochondrial supernatant for assays of other antioxidant enzyme activities. The
160	TBARS method described by Zhou et al. [20] and Lushchak et al. [21] was used to evaluate

161	sperm lipid peroxidation (LPO). The TBARS concentration was calculated based on the
162	absorption at 535 nm with a molar extinction coefficient of 156 mM/cm. The value of TBARS
163	was recorded as nanomoles per 10 ⁸ cells. The CP content was assessed spectrophotometrically at
164	370 nm using a molar extinction coefficient of 22 mM/cm and was expressed as nanomoles per
165	10^8 cells.
166	2.5. Data analyses
167	All analyses were performed at a significance level of 0.05 using SPSS version 11.5
168	(Chicago, IL, USA). Data are presented as mean \pm SD. Normally distributed data were analyzed
169	by ANOVA followed by Fisher's LSD test. A nonparametric Kruskal-Wallis test, followed by
170	the Mann-Whitney U-test with Bonferroni correction, was used for comparison of motility
171	parameters, fertilization rate, oxidative stress, and ATP content.
172	3. Results
173	The total duration of sperm motility of fresh samples was 140 ± 19.2 s and the percentage
174	motility 90 \pm 4.3%. For post-thaw sperm frozen at-40°C/min., the duration (120 \pm 21.15 s) and
175	percentage (60 \pm 4.1%, respectively) of sperm motility were significantly higher than those
176	sperm frozen at any of the four slower rates. There were no significant differences among the
177	four slower freezing rates for either motility characteristic (Fig. 1A, B).
178	Fresh sperm provided a fertilization rate of $80 \pm 3.5\%$ and a hatching rate of $75 \pm 6.2\%$.
179	Significantly higher rates of fertilization (Fig. 1C) and hatching (Fig. 1D) were observed for the
180	sperm samples that were frozen at a rate of -40°C/min compared to those frozen at any of the
181	slower rates. Similar to the data on sperm motility, no significant differences in fertilization or
182	hatching were found between sperm frozen at the four slower rates.

183	Fresh sperm samples had an average ATP concentration of $6.1 \pm 0.45 \text{ nmol}/10^8$ sperm cells.
184	Sperm cryopreserved using the fastest freezing rate (-40°C/min) had significantly higher
185	concentrations of ATP (4.5 \pm 0.6 nmol/ 10^8 sperm) than all other freezing rates which were not
186	significantly different from each other (Fig. 2).
187	Sperm cryopreserved using the fastest freezing rate (-40°C/min) had significantly lower
188	levels of TBARS and CP than those at all other freezing rates which were not significantly
189	different from each other. However, indices of oxidative stress were significantly higher in
190	sperm from the fastest freezing rate than in fresh sperm, in which levels of TBARS and CP were
191	approximately 0.3 nmol/10 ⁸ cells and 28.3 nmol/10 ⁸ cells, respectively (Fig. 3A, B).
192	Discussion
193	Semen cryopreservation is a practical method for banking germplasm from threatened fish
194	species, and is especially useful when combined with conservation breeding or restocking
195	programs. New approaches that can be easily used to cryopreserve samples and that process
196	small volumes are urgently needed and the development of programmable freezing can satisfy
197	this need [6].
198	Improvements in sperm cryopreservation techniques require an in-depth knowledge of
199	gamete physiology and the biochemical processes occurring during sperm collection, processing,
200	freezing, and thawing. These steps of the cryopreservation process are known to produce reactive
201	oxygen species (ROS) in sperm [22]. During cryopreservation, sperm is exposed to cold shock
202	and atmospheric oxygen, which increase the susceptibility to lipid peroxidation resulting from an
203	elevated production of ROS [23].
204	In the present study, the best freezing rate was defined as the rate that produced the highest
205	duration of motility, motility percentage, ATP content, fertilization rate, and hatching rate in

post-thaw Persian sturgeon sperm. Based on the results of the current study, motility parameters
and fertilization success were significantly higher in samples frozen using the -40°C/min rate
than at all other rates investigated. Similar observations were reported by Frankel et al. [24], who
tested four different cooling rates (-10°C, -15°C, -20°C, and -40°C/min) for striped bass
(Morone saxatilis) sperm and reported that the highest motility and fertility were observed at a
cooling rate of -40°C/min. Trukshin [25] reported a deleterious effect on fertilization of a -
10°C/min freezing rate (0% fertilization) compared to -40°C/min (22% fertilization) in A.
stellatus. In data published by Liu et al. [26] on Chinese sturgeon (Acipenser sinesis) sperm, a
freezing rate of -2° C/min to a temperature of -6° C produced the highest post-thaw motility.
The quantity of stored ATP has been implicated as the primary source of immediate energy
that supports spermatozoa motility. Indeed, motility is initiated and maintained by the hydrolysis
of ATP catalyzed by dynein ATPase, which is coupled to the sliding of adjacent microtubules,
thereby leading to the generation of flagellar movement [27, 28]. The intracellular concentration
of ATP is decreased or lost and it value is usually affected by the osmotic stress caused by the
cryopreservation procedure [29]. In the present study, sperm from male A. persicus
cryopreserved using the-40°C/min rate had significantly greater concentrations of ATP after
thawing. This result obtained from the present study is in agreement with observations Aramli et
al [8] on Beluga (Huso huso) and Frankel et al. [24] on M. saxatilis. Moreover, decrease in cell
ATP content have been reported in the cryopreserved sperm of several species like gilthead sea
bream (Sparus aurata), common carp (Crprinus carpio) or rainbow trout (Oncorhynchus
mykiss), causing a reduction in motility duration and sperm velocity after cryopreservation[29,
30, 31].

Investigations of cryopreserved sperm from many mammalian and fish species have demonstrated that the production of ROS is increased during the freeze-thaw process [22, 32]. The mechanisms of ROS-induced spermatozoa damage includes an oxidative attack on membrane lipids leading to initiation of an LPO cascade [33]. Lipid peroxidation not only disrupts sperm motility, but also impairs sperm functions which are dependent upon the integrity of the plasma membrane, including sperm-oocyte fusion and ability to undergo acrosomal exocytosis [24]. Concentrations of carbonyl derivatives of proteins (CP) also indicate the extent of oxidative stress in the sperm and is the most frequently used marker of protein oxidation [34]. The current study has demonstrated dramatic increases in indices of oxidative stress in thawed sperm at all tested freezing rates, as compared to fresh sperm. Similar to the present findings, Li et al. [22] detected an increase in concentration of CP associated with the thawing process after cryopreservation of C. carpio sperm, indicating that the ROS generation was primarily related to the freezing/thawing procedure. In addition, excessive production of ROS during cryopreservation has been associated with reduced post-thaw motility, viability, membrane integrity, antioxidant status, fertility, and other sperm functions. Thus, we hypothesize that the loss of sperm motility parameters in Persian sturgeon during cryopreservation was caused by oxidative stress, which significantly disrupted cellular metabolism in spermatozoa, thereby leading to a subsequent decline in motility indices.

5. Conclusion

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This study has revealed that Persian sturgeon sperm cryopreserved at a freezing rate of – 40°C/min have significantly higher post-thaw motility than those frozen at slower rates (–10°C, –15°C, –20°C, and –30°C/min). When used in fertilization trials, sperm cryopreserved at – 40°C/min resulted in rates of fertilization and hatching that were close to those observed with

- 251 fresh semen. An examination of faster freezing rates in the present study was not possible as the
- 252 programmable freezer used was only able to consistently and repeatedly freeze at rates up to -
- 253 40°C/min. Thus, future studies should examine the effect of controlled freezing rates faster than
- 254 –40°C/min, and also the effects of novel cryoprotectants, on the post-thaw quality of Persian
- sturgeon sperm. Furthermore, to increase the efficiency of artificial reproduction using stored or
- 256 cryopreserved sperm, further studies should aim to optimize the composition of sperm activation
- 257 medium and to determine optimal sperm/egg ratios.

258 Competing Interests

- None of the authors have any conflicts of interest to declare.
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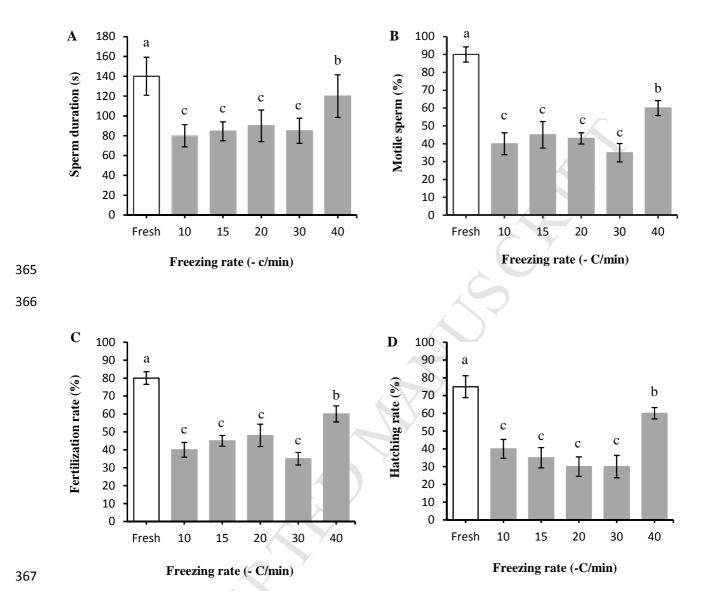


Figure 1. Mean (\pm SD) total duration of sperm movement (A), percentage of motile cells (B), fertilization rate (C) and hatching rate (D) for fresh and post-thaw male Persian sturgeon sperm (n= 8) when cryopreserved at various freezing rates. The same superscript in each chart indicates no significant difference (P > 0.05) and different superscripts indicate significant differences (P < 0.05).

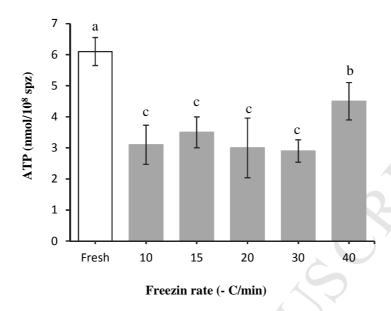
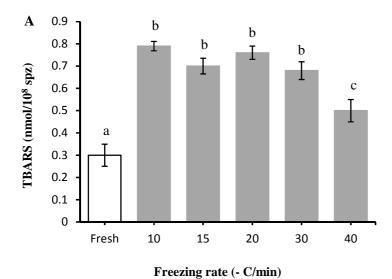


Figure 2. Mean (\pm SD) adenosine triphosphate (ATP) content for fresh and post-thaw male Persian sturgeon sperm (n= 8) when cryopreserved at various freezing rates. The same superscript in each chart indicates no significant difference (P > 0.05) and different superscripts indicate significant differences (P < 0.05).



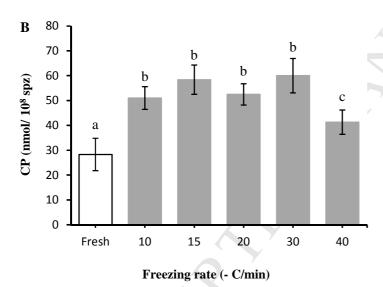


Figure 3. Mean (\pm SD) thiobarbituric acid reactive substances (TBARS; A), and carbonyl derivatives of proteins (CP; B) for fresh and post-thaw male Persian sturgeon sperm (n= 8) when cryopreserved at various freezing rates. The same superscript in each chart indicates no significant difference (P > 0.05) and different superscripts indicate significant differences (P < 0.05).

<u>Highlight</u>

- 1. This technique is useful for the controlled freezing of sturgeons sperm.
- 2. -40°C/min is the best freezing rate for cryopreservation of Persian sturgeon sperm.
- 3. Semen quality indices at -40°C/min were close to those observed with fresh semen.