The probability of observing the value $y_i \equiv y(t_i)$ when the expectation value is $\mu(t_i)$ and the error is gaussian is

$$
\begin{aligned}
f(y_i|\boldsymbol{\theta}) &= \frac{1}{\sqrt{2\pi\nu}} \exp\left(-\frac{1}{2}\frac{(y_i-\mu(t_i))^2}{\nu}\right),\\
\boldsymbol{\theta} &= (\nu, \omega, \phi),\\
\mu(t_i) &= N_0\left(1 + P\sin(\omega t_i + \phi)\right).
\end{aligned}
$$

The likelihood of observing a set of observations $\mathbf{y} = (y_1, \dots, y_K)$, under the i.i.d. assumption, is the product of propabilities taken as a function of the parameters:

$$
\mathcal{L}(\boldsymbol{\theta}|\mathbf{y}) = \prod_i f(y_i|\boldsymbol{\theta}),
$$

and the log-likelihood

$$
\ell(\boldsymbol{\theta}|\mathbf{y}) = -\frac{K}{2}\log 2\pi - \frac{K}{2}\log\nu - \frac{1}{2\nu}\sum_i \epsilon_i^2,\ \ \epsilon_i = y_i - \mu(t_i).
$$

The usual assumptions for the error term are zero expectation and strict exogeneity

$$
\mathrm{E}\left[\epsilon_i |\ \boldsymbol{\theta}_0\right] = \mathrm{E}\left[t_i\epsilon_i |\ \boldsymbol{\theta}_0\right] = 0,
$$

and the relations between the mean's derivatives are

$$
\begin{aligned}
\mu'_\phi &= N_0 P\cos(\omega t + \phi),\\
\mu'_\omega &= t\cdot\mu'_\phi, \epsilon'_\xi = -\mu'_\xi.
\end{aligned}
$$

The log-likelihood derivatives:

$$
\begin{aligned}
\ell'_\nu &= -\frac{K}{2\nu} + \frac{1}{2\nu^2}\sum_i \epsilon_i^2;\\
\ell'_\omega &= \frac{1}{\nu}\sum_i \mu'_\phi(t_i) t_i \epsilon_i;\\
\ell'_\phi &= \frac{1}{\nu}\sum_i \mu'_\phi(t_i)\epsilon_i;\\
\ell''_{\nu^2} &= \frac{K}{2\nu^2} - \frac{1}{\nu^3}\sum_i \epsilon_i^2, & -\mathrm{E}\left[\ell''_{\nu^2}|\ \boldsymbol{\theta}_0\right] &= \frac{K}{2\nu^2} - \frac{1}{\nu^3}\sum_i \nu = \frac{K}{2\nu^2};\\
\ell''_{\nu\omega} &= -\frac{1}{\nu^2}\sum_i \mu'_\phi(t_i) t_i\epsilon_i, & -\mathrm{E}\left[\ell''_{\nu\omega}|\ \boldsymbol{\theta}_0\right] &= \frac{1}{\nu^2}\sum_i \mu'_\phi(t_i)\mathrm{E}\left[t_i\epsilon_i|\ \boldsymbol{\theta}_0\right] = 0;\\
\ell''_{\nu\phi} &= -\frac{1}{\nu^2}\sum_i \mu'_\phi(t_i)\epsilon_i, & -\mathrm{E}\left[\ell''_{\nu\phi}|\ \boldsymbol{\theta}_0\right] &= \frac{1}{\nu^2}\sum_i \mu'_\phi(t_i)\mathrm{E}\left[\epsilon_i|\ \boldsymbol{\theta}_0\right] = 0;\\
\ell''_{\phi^2} &= \frac{1}{\nu}\sum_i\left(\mu''_{\phi^2}(t_i)\epsilon_i - \left(\mu'_\phi(t_i)\right)^2\right), & -\mathrm{E}\left[\ell''_{\phi^2}|\ \boldsymbol{\theta}_0\right] &= \frac{1}{\nu}\sum_i\left(\left(\mu'_\phi(t_i)\right)^2 - \mu''_{\phi^2}(t_i)\mathrm{E}\left[\epsilon_i|\ \boldsymbol{\theta}_0\right]\right) = \frac{1}{\nu}\sum_i\left(\mu'_\phi(t_i)\right)^2;\\
\ell''_{\phi\omega} &= \frac{1}{\nu}\sum_i\left(\mu''_{\phi^2}(t_i)t_i\epsilon_i - \left(\mu'_\phi(t_i)\right)^2 t_i\right), & -\mathrm{E}\left[\ell''_{\phi\omega}|\ \boldsymbol{\theta}_0\right] &= \frac{1}{\nu}\sum_i\left(t_i\left(\mu'_\phi(t_i)\right)^2 - \mu''_{\phi^2}(t_i)\mathrm{E}\left[t_i\epsilon_i|\ \boldsymbol{\theta}_0\right]\right) = \frac{1}{\nu}\sum_i t_i\left(\mu'_\phi(t_i)\right)^2;\\
\ell''_{\omega^2} &= \frac{1}{\nu}\sum_i\left(\mu''_{\phi^2}(t_i)t_i^2\epsilon_i - \left(\mu'_\phi(t_i)t_i\right)^2\right), & -\mathrm{E}\left[\ell''_{\omega^2}|\ \boldsymbol{\theta}_0\right] &= \frac{1}{\nu}\sum_i\left(\left(t_i\mu'_\phi(t_i)\right)^2 - \mu''_{\phi^2}(t_i)\mathrm{E}\left[t_i^2\epsilon_i|\ \boldsymbol{\theta}_0\right]\right) = \frac{1}{\nu}\sum_i\left(t_i\mu'_\phi(t_i)\right)^2.
\end{aligned}
$$

1 Variances

The Fisher matrix

$$
I(\boldsymbol{\theta}_0) = \begin{pmatrix}
{}^{K}\!/_{2\nu} & 0 & 0\\
0 & {}^{1}\!/_{\nu}\sum\left(t_i\mu'_\phi(t_i)\right)^2 & {}^{1}\!/_{\nu}\sum t_i\left(\mu'_\phi(t_i)\right)^2\\
0 & {}^{1}\!/_{\nu}\sum t_i\left(\mu'_\phi(t_i)\right)^2 & {}^{1}\!/_{\nu}\sum\left(\mu'_\phi(t_i)\right)^2
\end{pmatrix}.
$$

The determinant

$$|I(\boldsymbol{\theta}_0)| = \frac{K}{2\nu^4}\underbrace{\left(\sum\left(t_i\mu'_\phi(t_i)\right)^2\sum\left(\mu'_\phi(t_i)\right)^2 - \left(\sum t_i\left(\mu'_\phi(t_i)\right)^2\right)^2\right)}_{\Omega}.$$

The variance-covariance matrix

$$vcov = \begin{pmatrix} 2\nu^2/K & 0 & 0 \\ 0 & \nu\frac{\sum\left(\mu'_\phi(t_i)\right)^2}{\Omega} & \nu\frac{\sum t_i\left(\mu'_\phi(t_i)\right)^2}{\Omega} \\ 0 & \nu\frac{\sum t_i\left(\mu'_\phi(t_i)\right)^2}{\Omega} & \nu\frac{\sum\left(t_i\mu'_\phi(t_i)\right)^2}{\Omega} \end{pmatrix}.$$

Variance of the frequency estimate

$$var(\hat{\omega}) = \nu\frac{\sum\left(\mu'_\phi(t_i)\right)^2}{\sum\left(t_i\mu'_\phi(t_i)\right)^2\sum\left(\mu'_\phi(t_i)\right)^2 - \left(\sum t_i\left(\mu'_\phi(t_i)\right)^2\right)^2}.$$

Cross-check. Let $\mu(t_i) = \phi + \omega t_i$. In that case $\mu'_\phi(t_i) = 1$, $\mu'_\omega(t_i) = t_i = t_i \cdot \mu'_\phi(t_i)$, the determinant of the Fisher matrix simplifies to

$$\begin{aligned} |I(\boldsymbol{\theta}_0)| &= \frac{K}{2\nu^4}\left(K\sum_i t_i^2 - \left(\sum t_i\right)^2\right) \\ &= \frac{K^3}{2\nu^4}\left(\frac{1}{K}\sum t_i^2 - \langle t\rangle^2\right) \\ &= \frac{K}{2\nu^4}\cdot\underbrace{K\sum\left(t_i - \langle t\rangle\right)^2}_{\Omega} \end{aligned}$$

and the variance-covariance matrix becomes

$$vcov = \begin{pmatrix} 2\nu^2/K & 0 & 0 \\ 0 & \frac{\nu}{\sum(t_i-\langle t\rangle)^2} & \nu\frac{\sum t_i}{K\sum(t_i-\langle t\rangle)^2} \\ 0 & \nu\frac{\sum t_i}{K\sum(t_i-\langle t\rangle)^2} & \nu\frac{\sum t_i^2}{K\sum(t_i-\langle t\rangle)^2} \end{pmatrix},$$

with the well-known expression for the slope variance

$$var(\hat{\omega}) = \frac{\nu}{\sum\left(t_i - \langle t\rangle\right)^2}.$$

In matrix form, the frequency variance is written as

$$var(\hat{\omega}) = \nu\frac{\underline{\mathrm{M}}'\underline{\mathrm{M}}}{\left(\underline{\mathrm{T}}'\mathcal{D}_\mu\underline{\mathrm{T}}\right)\left(\underline{\mathrm{M}}'\underline{\mathrm{M}}\right) - \left(\underline{\mathrm{T}}'\mathcal{D}_\mu\underline{\mathrm{M}}\right)^2},$$

with

$$\underline{\mathrm{T}} = \left(t_0, \ldots, t_{K-1}\right)', \ \underline{\mathrm{M}} = \left(\mu'_\phi(t_0), \ldots, \mu'_\phi(t_{K-1})\right)',$$

$$\mathcal{D}_\mu = \begin{pmatrix} \mu'_\phi(t_0) & 0 & \cdots & 0 \\ 0 & \mu'_\phi(t_1) & \cdots & 0 \\ \vdots & \cdots & \ddots & \vdots \\ 0 & 0 & \cdots & \mu'_\phi(t_{K-1}) \end{pmatrix}.$$

2 Estimates