



$$\frac{\alpha \beta}{L} \int_L E(z) dz \equiv \alpha \beta \cdot \underbrace{\langle E(z) \rangle_L}_{=0} = \frac{c \beta S}{L} \int_{\Delta \theta} d\theta \equiv c \beta S \cdot \underbrace{\langle \theta(z) \rangle_L}_{=0}$$