

Personas for Diary User and Clinician

Diary App User:

Giovanni Perez, 21, lives in Maynooth and attends MUI. Giovanni works part-time as a waiter in a local restaurant which often stresses him out. He also has a girlfriend of 2 years.

Giovanni focuses on college work most of the time, he has some free time in between lectures and often hangs out with his friends in his free time. He usually works evenings with occasional full days of work during the weekends.

Giovanni struggles with depression and lack of motivation in life, his girlfriend is the only one who he actively opens up to apart from his clinician. Giovanni in order to not rest all his problems on his girlfriend's shoulders often interacts with his clinician with the use of a mood diary, he tracks his moods on an hourly basis, fills out reports daily about what happened during the day and forwards those reports to the clinician for reviewing and feedback.

Clinician:

Frank Galagher, 66, lives in Kilcock and commutes daily to his office in Maynooth where he works as a clinician. Frank graduated from MUI and has a lot of experience in the field of psychology. Frank is also married and has 2 children who are adults.

Frank owns the Clinique he works at, he founded it 10 years ago when he felt he was ready to settle down in Maynooth. He works privately with multiple clients, and he meets with them on a weekly basis. Frank has also paid for the development of an app that he can use to communicate with his patients and monitor their progress. Due to the fact that Frank is an older person and has quite poor IT skills, the app was developed to be very user friendly, minimalistic and intuitive.

Frank checks the clients' progress on a daily basis when he comes back home from work. He also uses the app to keep track of his patients when they are abroad on holidays, making it possible for them to communicate without the need for meetings in person. The app makes it possible for Frank to monitor graphs that highlight the progress of his patients and actively observe what improves their situations.