

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | ALABAMA | | Abbreviation: | AL |
| Capital: | Montgomery | Most populous city: | Birmingham | |
| Population: | 4,708,708 | Square miles: | 52,423 | |
| Timezones: | CST (UTC-6) | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|---------------|----------------------------|-----------------------------------|
| Name: | ALASKA | Abbreviation: | AK |
| Capital: | Juneau | Most populous city: | Anchorage |
| Population: | 698,473 | Square miles: | 656,425 |
| Timezones: | AKST (UTC-09) | HST (UTC-10) | Daylight Savings time: YES |

United States of America

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|--------------------|-------------|-------------------------------|---------|
| Name: | ARIZONA | Abbreviation: | AZ |
| Capital: | Phoenix | Most populous city: | Phoenix |
| Population: | 6,595,778 | Square miles: | 114,006 |
| Timezones: | MT (UTC-07) | Daylight Savings time: | NO |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | ARKANSAS | | Abbreviation: | AR |
| Capital: | Little Rock | Most populous city: | Little Rock | |
| Population: | 2,889,450 | Square miles: | 53,182 | |
| Timezones: | CST (UTC-6) | | Daylight Savings time: | YES |

United States of America

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|--------------------|------------|-------------------------------|-------------|
| Name: | CALIFORNIA | Abbreviation: | CA |
| Capital: | Sacramento | Most populous city: | Los Angeles |
| Population: | 36,961,664 | Square miles: | 163,707 |
| Timezones: | PT (UTC-8) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|---------|
| Name: | COLORADO | Abbreviation: | CO |
| Capital: | Denver | Most populous city: | Denver |
| Population: | 5,024,748 | Square miles: | 104,100 |
| Timezones: | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|------------|
| Name: | CONNECTICUT | Abbreviation: | CT |
| Capital: | Hartford | Most populous city: | Bridgeport |
| Population: | 3,518,288 | Square miles: | 5,544 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|------------|
| Name: | DELAWARE | Abbreviation: | DE |
| Capital: | Dover | Most populous city: | Wilmington |
| Population: | 885,122 | Square miles: | 1,954 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | FLORIDA | | Abbreviation: | FL |
| Capital: | Tallahassee | Most populous city: | Jacksonville | |
| Population: | 18,537,969 | Square miles: | 65,758 | |
| Timezones: | EST (UTC-5) | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|---------|
| Name: | GEORGIA | Abbreviation: | GA |
| Capital: | Atlanta | Most populous city: | Atlanta |
| Population: | 9,829,211 | Square miles: | 59,441 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|--------------|-------------------------------|----------|
| Name: | HAWAII | Abbreviation: | HI |
| Capital: | Honolulu | Most populous city: | Honolulu |
| Population: | 1,295,178 | Square miles: | 10,932 |
| Timezones: | HST (UTC-10) | Daylight Savings time: | NO |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | IDAHO | | Abbreviation: | ID |
| Capital: | Boise | Most populous city: | Boise | |
| Population: | 1,545,801 | Square miles: | 83,574 | |
| Timezones: | MT (UTC-07) | PT (UTC-8) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | ILLINOIS | | Abbreviation: | IL |
| Capital: | Springfield | Most populous city: | Chicago | |
| Population: | 12,910,409 | Square miles: | 57,918 | |
| Timezones: | CST (UTC-6) | | Daylight Savings time: | YES |

United States of America

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|--------------------|--------------|----------------------------|-------------------------------|-----|
| Name: | INDIANA | | Abbreviation: | IN |
| Capital: | Indianapolis | Most populous city: | Indianapolis | |
| Population: | 6,423,113 | Square miles: | 36,420 | |
| Timezones: | EST (UTC-5) | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|------------|
| Name: | IOWA | Abbreviation: | IA |
| Capital: | Des Moines | Most populous city: | Des Moines |
| Population: | 3,007,856 | Square miles: | 56,276 |
| Timezones: | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | KANSAS | | Abbreviation: | KS |
| Capital: | Topeka | Most populous city: | Wichita | |
| Population: | 2,818,747 | Square miles: | 82,282 | |
| Timezones: | CST (UTC-6) | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | KENTUCKY | | Abbreviation: | KY |
| Capital: | Frankfort | Most populous city: | Louisville | |
| Population: | 4,314,113 | Square miles: | 40,411 | |
| Timezones: | EST (UTC-5) | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | LOUISIANA | | Abbreviation: | LA |
| Capital: | Baton Rouge | Most populous city: | New Orleans | |
| Population: | 4,492,076 | Square miles: | 51,843 | |
| Timezones: | CST (UTC-6) | | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|----------|
| Name: | MAINE | Abbreviation: | ME |
| Capital: | Augusta | Most populous city: | Portland |
| Population: | 1,318,301 | Square miles: | 35,387 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|-----------|
| Name: | MARYLAND | Abbreviation: | MD |
| Capital: | Annapolis | Most populous city: | Baltimore |
| Population: | 5,699,478 | Square miles: | 12,407 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|---------------|-------------------------------|--------|
| Name: | MASSACHUSETTS | Abbreviation: | MA |
| Capital: | Boston | Most populous city: | Boston |
| Population: | 6,593,587 | Square miles: | 10,555 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | MICHIGAN | | Abbreviation: | MI |
| Capital: | Lansing | Most populous city: | Detroit | |
| Population: | 9,969,727 | Square miles: | 96,810 | |
| Timezones: | EST (UTC-5) | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|-------------|
| Name: | MINNESOTA | Abbreviation: | MN |
| Capital: | Saint Paul | Most populous city: | Minneapolis |
| Population: | 5,266,214 | Square miles: | 86,943 |
| Timezones: | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|---------|
| Name: | MISSISSIPPI | Abbreviation: | MS |
| Capital: | Jackson | Most populous city: | Jackson |
| Population: | 2,951,996 | Square miles: | 48,434 |
| Timezones: | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|----------------|-------------------------------|-------------|
| Name: | MISSOURI | Abbreviation: | MO |
| Capital: | Jefferson City | Most populous city: | Kansas City |
| Population: | 5,987,580 | Square miles: | 69,709 |
| Timezones: | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|----------|
| Name: | MONTANA | Abbreviation: | MT |
| Capital: | Helena | Most populous city: | Billings |
| Population: | 974,989 | Square miles: | 147,046 |
| Timezones: | MT (UTC-07) | Daylight Savings time: | YES |

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | NEBRASKA | | Abbreviation: | NE |
| Capital: | Lincoln | Most populous city: | Omaha | |
| Population: | 1,796,619 | Square miles: | 77,358 | |
| Timezones: | CST (UTC-6) | MT (UTC-07) | Daylight Savings time: | YES |

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | NEVADA | | Abbreviation: | NV |
| Capital: | Carson City | Most populous city: | Las Vegas | |
| Population: | 2,643,085 | Square miles: | 110,567 | |
| Timezones: | PT (UTC-8) | MT (UTC-07) | Daylight Savings time: | YES |

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|--------------------|---------------|----------------------------|-------------------------------|-----|
| Name: | NEW HAMPSHIRE | | Abbreviation: | NH |
| Capital: | Concord | Most populous city: | Machester | |
| Population: | 1,324,575 | Square miles: | 9,351 | |
| Timezones: | EST (UTC-5) | | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|--------|
| Name: | NEW JERSEY | Abbreviation: | NJ |
| Capital: | Trenton | Most populous city: | Newark |
| Population: | 8,707,739 | Square miles: | 8,722 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|-------------|
| Name: | NEW MEXICO | Abbreviation: | NM |
| Capital: | Santa Fe | Most populous city: | Albuquerque |
| Population: | 2,009,671 | Square miles: | 121,593 |
| Timezones: | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|----------|
| Name: | NEW YORK | Abbreviation: | NY |
| Capital: | Albany | Most populous city: | New York |
| Population: | 19,541,453 | Square miles: | 54,475 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|----------------|----------------------------|-------------------------------|-----|
| Name: | NORTH CAROLINA | | Abbreviation: | NC |
| Capital: | Raleigh | Most populous city: | Charlotte | |
| Population: | 9,380,884 | Square miles: | 53,821 | |
| Timezones: | EST (UTC-5) | | Daylight Savings time: | YES |

United States of America

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|--------------------|--------------|----------------------------|-------------------------------|-----|
| Name: | NORTH DAKOTA | | Abbreviation: | ND |
| Capital: | Bismarck | Most populous city: | Fargo | |
| Population: | 646,844 | Square miles: | 70,704 | |
| Timezones: | CST (UTC-6) | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|----------|
| Name: | OHIO | Abbreviation: | OH |
| Capital: | Columbus | Most populous city: | Columbus |
| Population: | 11,542,645 | Square miles: | 44,828 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|---------------|-------------------------------|---------------|
| Name: | OKLAHOMA | Abbreviation: | OK |
| Capital: | Oklahoma City | Most populous city: | Oklahoma City |
| Population: | 3,687,050 | Square miles: | 69,903 |
| Timezones: | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|--------------------|------------|----------------------------|-------------------------------|-----|
| Name: | OREGON | | Abbreviation: | OR |
| Capital: | Salem | Most populous city: | Portland | |
| Population: | 3,825,657 | Square miles: | 98,386 | |
| Timezones: | PT (UTC-8) | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|--------------|----------------------------|-------------------------------|-----|
| Name: | PENNSYLVANIA | | Abbreviation: | PA |
| Capital: | Harrisburg | Most populous city: | Philadelphia | |
| Population: | 12,604,767 | Square miles: | 46,058 | |
| Timezones: | EST (UTC-5) | | Daylight Savings time: | YES |

United States of America

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|--------------------|--------------|----------------------------|-------------------------------|-----|
| Name: | RHODE ISLAND | | Abbreviation: | RI |
| Capital: | Providence | Most populous city: | Providence | |
| Population: | 1,053,209 | Square miles: | 1,545 | |
| Timezones: | EST (UTC-5) | | Daylight Savings time: | YES |

United States of America

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|--------------------|----------------|----------------------------|-------------------------------|-----|
| Name: | SOUTH CAROLINA | | Abbreviation: | SC |
| Capital: | Columbia | Most populous city: | Columbia | |
| Population: | 4,561,242 | Square miles: | 32,007 | |
| Timezones: | EST (UTC-5) | | Daylight Savings time: | YES |

United States of America

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|--------------------|--------------|----------------------------|-------------------------------|-----|
| Name: | SOUTH DAKOTA | | Abbreviation: | SD |
| Capital: | Pierre | Most populous city: | Sioux Falls | |
| Population: | 812,383 | Square miles: | 77,121 | |
| Timezones: | CST (UTC-6) | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | TENNESSEE | | Abbreviation: | TN |
| Capital: | Nashville | Most populous city: | Memphis | |
| Population: | 6,296,254 | Square miles: | 42,146 | |
| Timezones: | CST (UTC-6) | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | TEXAS | | Abbreviation: | TX |
| Capital: | Austin | Most populous city: | Houston | |
| Population: | 24,782,302 | Square miles: | 268,601 | |
| Timezones: | CST (UTC-6) | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|----------------|-------------------------------|----------------|
| Name: | UTAH | Abbreviation: | UT |
| Capital: | Salt Lake City | Most populous city: | Salt Lake City |
| Population: | 2,784,572 | Square miles: | 84,904 |
| Timezones: | MT (UTC-07) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|------------|
| Name: | VERMONT | Abbreviation: | VT |
| Capital: | Montpelier | Most populous city: | Burlington |
| Population: | 621,760 | Square miles: | 9,615 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|----------------------------|-------------------------------|-----|
| Name: | VIRGINIA | | Abbreviation: | VA |
| Capital: | Richmond | Most populous city: | Virginia Beach | |
| Population: | 7,882,590 | Square miles: | 42,769 | |
| Timezones: | EST (UTC-5) | | Daylight Savings time: | YES |

United States of America

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|--------------------|------------|----------------------------|-------------------------------|-----|
| Name: | WASHINGTON | | Abbreviation: | WA |
| Capital: | Olympia | Most populous city: | Seattle | |
| Population: | 6,664,195 | Square miles: | 71,303 | |
| Timezones: | PT (UTC-8) | | Daylight Savings time: | YES |

United States of America

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|--------------------|---------------|-------------------------------|------------|
| Name: | WEST VIRGINIA | Abbreviation: | WV |
| Capital: | Charleston | Most populous city: | Charleston |
| Population: | 1,819,777 | Square miles: | 24,231 |
| Timezones: | EST (UTC-5) | Daylight Savings time: | YES |

United States of America

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|--------------------|-------------|-------------------------------|-----------|
| Name: | WISCONSIN | Abbreviation: | WI |
| Capital: | Madison | Most populous city: | Milwaukee |
| Population: | 5,654,774 | Square miles: | 65,503 |
| Timezones: | CST (UTC-6) | Daylight Savings time: | YES |

United States of America

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|-------------|-------------|------------------------|----------|
| Name: | WYOMING | Abbreviation: | WY |
| Capital: | Cheyenne | Most populous city: | Cheyenne |
| Population: | 544,270 | Square miles: | 97,818 |
| Timezones: | MT (UTC-07) | Daylight Savings time: | YES |