A list, wrapped in a phrase, wrapped in a cell, wrapped in a table, wrapped in a phrase:

List wrapped in a phrase:	- Item 1
	- Item 2
	- Item 3

A list, wrapped in a cell, wrapped in a table:

List placed directly into cell	- Item 1
	- Item 2
	- Item 3

A list, wrapped in a cell, wrapped in a table, wrapped in a phrase:

List placed directly into cell	- Item 1
	- Item 2
	- Item 3