# This homework is due at 11 PM on April 20, 2023.

**Submission Format:** Your homework submission should consist of a single PDF file that contains all of your answers (any handwritten answers should be scanned).

#### 1. Newton's Method, Coordinate Descent and Gradient Descent

In this question, we will compare three different optimization methods: Newton's method, coordinate descent and gradient descent. We will consider the simple set-up of unconstrained convex quadratic optimization; i.e we will consider the following problem:

$$\min_{\vec{x} \in \mathbb{R}^d} \vec{x}^\top A \vec{x} - 2 \vec{b}^\top \vec{x} + c \tag{1}$$

where  $A \succ 0$  and  $\vec{b} \in \mathbb{R}^d$ .

(a) How many steps does Newton's method take to converge to the optimal solution? Recall that the update rule for Newton's method is given by the equation:

$$\vec{x}_{t+1} = \vec{x}_t - (\nabla^2 f(\vec{x}_t))^{-1} \nabla f(\vec{x}_t). \tag{2}$$

when optimizing a function f.

(b) Now, consider the simple two variable quadratic optimization problem for  $\sigma > 0$ :

$$\min_{\vec{x} \in \mathbb{R}^2} f(\vec{x}) = \sigma x_1^2 + x_2^2. \tag{3}$$

How many steps does coordinate descent take to converge on this problem? Assume that we start by updating the variable  $x_1$  in the first step,  $x_2$  in step two and so on; therefore, we will update  $x_1$  and  $x_2$  in odd and even iterations respectively:

$$(x_{t+1})_1 = \begin{cases} \operatorname{argmin}_{x_1} f(x_1, (x_t)_2) & \text{for odd t} \\ (x_t)_1 & \text{otherwise} \end{cases} \text{ and } (x_{t+1})_2 = \begin{cases} \operatorname{argmin}_{x_2} f((x_t)_1, x_2) & \text{for even t} \\ (x_t)_2. & \text{otherwise} \end{cases}$$

Here,  $(x_t)_2$  represents  $x_2$  at time t and so on.

(c) We will now analyze the performance of coordinate descent on another quadratic optimization problem:

$$\min_{\vec{x} \in \mathbb{P}^2} f(\vec{x}) = \sigma(x_1 + x_2)^2 + (x_1 - x_2)^2. \tag{5}$$

where we have, as before,  $\sigma > 0$ . Note that (0,0) is the optimal solution to this problem. Now, starting from the point  $\vec{x}_0 = (1,1)$ , write how each coordinate of  $(\vec{x}_{t+1})_i$  relates to  $(\vec{x}_t)_i$  for i=1,2. Use this to show how the algorithm converges from the initial point (1,1) to (0,0). What happens when  $\sigma$  grows large? HINT: First find the update rule for  $(\vec{x}_t)_1$ , i.e. keep  $(\vec{x}_t)_2$  fixed and figure out how  $(\vec{x}_t)_1$  changes when t is odd. Then do the same for  $(\vec{x}_t)_2$  when  $(\vec{x}_t)_1$  is fixed for even t.

(d) Now, let  $f(\vec{x}) = \frac{1}{2}\vec{x}^{\top}A\vec{x} + \vec{x}^{\top}\vec{b} + c$  where A is PD. When we run gradient descent on  $f(\vec{x})$ , the convergence along each of the unit eigenvectors  $\vec{v}_i$  of A is

$$|1 - \eta\left(\lambda_i\{A\}\right)|\tag{6}$$

This can be derived similar to HW 8 Question 1e, which you may reference. Formally, in the current setting, we have

$$(\vec{x}_k - \vec{x}^*) = (I - \eta A)^k (\vec{x}_0 - \vec{x}^*)$$

One way we can derive an "optimal" learning rate  $\eta^*$  is to minimize the largest rate of convergence:

$$\eta^{\star} \in \underset{\eta \in \mathbb{R}}{\operatorname{argmin}} \max_{i \in \{1, \dots, n\}} |1 - \eta(\lambda_i \{A\})|. \tag{7}$$

One important property of  $\eta^*$  is that it makes the rates of convergence  $|1 - \eta(\lambda_i\{A\})|$  associated with the largest and smallest singular values of A equal, i.e.,

$$|1 - \eta(\lambda_{\max}\{A\})| = |1 - \eta(\lambda_{\min}\{A\})|$$

Use this property to show that

$$\eta^* = \frac{2}{\lambda_{\max}\{A\} + \lambda_{\min}\{A\}} \tag{8}$$

where  $\lambda_{\min}\{A\} = \lambda_n\{A\}$  is the  $n^{\text{th}}$  largest singular value of A and similar for the maximum.

(e) Finally, for the objective function (5), write an equation relating  $\vec{x}_t$  to  $\vec{x}_0$  if  $\vec{x}_0 = \begin{bmatrix} 1 \\ -1 \end{bmatrix}$ . Assume for this part that  $\sigma > 1$  and reason about how quickly gradient descent converges when  $\sigma$  grows large. HINT: What is the optimal step size for gradient descent, using the previous part? HINT: Also note that f is given by:

$$f(\vec{x}) = \vec{x}^{\top} A \vec{x} \text{ where } A = 2 \left( \sigma \begin{bmatrix} \frac{1}{\sqrt{2}} \\ \frac{1}{\sqrt{2}} \end{bmatrix} \begin{bmatrix} \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} \end{bmatrix} + \begin{bmatrix} \frac{1}{\sqrt{2}} \\ -\frac{1}{\sqrt{2}} \end{bmatrix} \begin{bmatrix} \frac{1}{\sqrt{2}} & -\frac{1}{\sqrt{2}} \end{bmatrix} \right). \tag{9}$$

## 2. Gradient Descent vs Newton Method

Run the Jupyter notebook gradient\_vs\_newton.ipynb which demonstrates differences between gradient descent and Newton's method.

#### 3. LASSO vs. Ridge

Say that we have the data set  $\{(\vec{x}^{(i)}, y^{(i)})\}_{i=1,\dots,n}$  of samples  $\vec{x}^{(i)} \in \mathbb{R}^d$  and values  $y^{(i)} \in \mathbb{R}$ .

Define 
$$X = \begin{bmatrix} \vec{x}^{(1)} & \dots & \vec{x}^{(n)} \end{bmatrix}^{\top}$$
 and  $y = \begin{bmatrix} y^{(1)} & \dots & y^{(n)} \end{bmatrix}^{\top}$ .

For the sake of simplicity, assume that the data has been centered and whitened so that each feature has mean 0 and variance 1 and the features are uncorrelated, i.e.  $X^{T}X = nI$ . Consider the linear least squares regression with regularization in the  $\ell_1$ -norm, also known as LASSO:

$$\vec{w}^* = \underset{\vec{w} \in \mathbb{R}^d}{\operatorname{argmin}} \|X\vec{w} - \vec{y}\|_2^2 + \lambda \|\vec{w}\|_1.$$
 (10)

This problem will compare  $\ell_1$ -regularization with  $\ell_2$ -regularization (ridge regression) to understand their similarities and differences. We will do this by looking at the elements of  $\vec{w}^*$  in the solution to each problem.

- (a) First, we decompose this optimization problem into d univariate optimization problems over each element of  $\vec{w}$ . Let  $X = \begin{bmatrix} \vec{x}_1 & \dots & \vec{x}_d \end{bmatrix}$  and recall that  $X^\top X = nI$ .
- (b) If  $w_i^* > 0$ , then what is the value of  $w_i^*$ ? What is the condition on  $\vec{y}^\top \vec{x}_i$  for this to be possible?
- (c) If  $w_i^* < 0$ , then what is the value of  $w_i^*$ ? What is the condition on  $\vec{y}^\top \vec{x}_i$  for this to be possible?
- (d) What can we conclude about  $w_i^{\star}$  if  $|\vec{y}^{\top}\vec{x}_i| \leq \frac{\lambda}{2}$ ? How does the value of  $\lambda$  impact the individual entries  $w_i^{\star}$ ?
- (e) Now consider the case of ridge regression, which uses the the  $\ell_2$  regularization  $\lambda \|\vec{w}\|_2^2$ .

$$\vec{w}^* = \underset{\vec{w} \in \mathbb{R}^d}{\operatorname{argmin}} \|X\vec{w} - \vec{y}\|_2^2 + \lambda \|\vec{w}\|_2^2.$$
 (11)

Write down the new condition for  $\vec{w}_i^*$  to be 0. How does this differ from the condition obtained in part (4) and what does this suggest about LASSO?

## 4. More Fun with Lasso and Ridge

 $Complete \ the \ Jupyter \ notebook \ \textbf{ridge\_vs\_lasso.ipynb} \ which \ demonstrates \ differences \ between \ ridge \ regression \ and \ LASSO.$ 

### 5. Connecting Ridge Regression, LASSO, and Constrained Least Squares

This question aims to help you develop an understanding of how a constraint in an optimization problem has the same effect as a penalty term in the objective.

(a) Let  $f: \mathbb{R}^n \to \mathbb{R}$  be strictly convex and such that  $\lim_{\alpha \to \infty} f(\alpha \vec{v}) = \infty$  for any nonzero  $\vec{v} \in \mathbb{R}^n$ . Let  $g \colon \mathbb{R}^n \to \mathbb{R}_+$  be convex and take non-negative values. Further, suppose that there exists  $\vec{x}_0 \in \mathbb{R}^n$  such that  $g(\vec{x}_0) = 0$ .

For  $\lambda \geq 0$  and  $k \geq 0$ , define the "penalty" and "constraint" programs

$$P(\lambda) \doteq \underset{\vec{x}}{\operatorname{argmin}} \{ f(\vec{x}) + \lambda g(\vec{x}) \}$$
 (12)

$$C(k) \doteq \underset{\vec{x}: \ g(\vec{x}) \le k}{\operatorname{argmin}} f(\vec{x}). \tag{13}$$

Show that:

- for every  $\lambda \geq 0$  there exists  $k \geq 0$  such that  $P(\lambda) = C(k)$ , and
- for every k > 0 there exists  $\lambda \ge 0$  such that  $P(\lambda) = C(k)$ .

HINT: First show using strict convexity that, for  $k \ge 0$  and  $\lambda \ge 0$ , both  $P(\lambda)$  and C(k) have exactly one element, i.e., each problem has exactly one optimal solution. You may use without proof that  $P(\lambda)$  and C(k) have at least one element each (this is true from assumptions but requires some analysis to show).

To show the first direction (i.e. for all  $\lambda$  there exists k...), let  $\vec{x}^* \in P(\lambda)$  and show that  $\vec{x}^* \in C(k)$ for  $k=q(\vec{x}^*)$ . You might need the fact that  $P(\lambda)$  and C(k) have exactly one element. To show the other direction (i.e. for all k there exists  $\lambda$ ...), prove that strong duality holds for the constraint problem, let  $\vec{x}^{\star} \in C(k)$  and  $\mu^{\star}$  be optimal primal and dual variables for the constraint problem and show that  $\vec{x}^* \in P(\lambda) \text{ for } \lambda = \mu^*.$ 

Let  $A \in \mathbb{R}^{m \times n}$  have full column rank, and let  $\vec{y} \in \mathbb{R}^m$ . In the course, we have looked at LASSO:

$$LASSO(\lambda) \doteq \underset{\vec{x}}{\operatorname{argmin}} \left\{ \|A\vec{x} - \vec{y}\|_{2}^{2} + \lambda \|\vec{x}\|_{1} \right\}$$
 (14)

and ridge regression:

$$\operatorname{Ridge}(\lambda) \doteq \underset{\vec{w}}{\operatorname{argmin}} \left\{ \|A\vec{x} - \vec{y}\|_{2}^{2} + \lambda \|\vec{x}\|_{2}^{2} \right\}$$
 (15)

which add an  $\ell^1$  and  $\ell^2$  norm penalty to the least squares objective, respectively. The analogous constrant programs are the  $\ell^1$ - and  $\ell^2$ -constrained least squares problems:

$$\ell^{1}\operatorname{CLS}(k) \doteq \underset{\vec{x}: \|\vec{x}\|_{1} \le k}{\operatorname{argmin}} \|A\vec{x} - \vec{y}\|_{2}^{2} \tag{16}$$

$$\ell^{1}CLS(k) \doteq \underset{\vec{x}: \|\vec{x}\|_{1} \leq k}{\operatorname{argmin}} \|A\vec{x} - \vec{y}\|_{2}^{2}$$

$$\ell^{2}CLS(k) \doteq \underset{\vec{x}: \|\vec{x}\|_{2}^{2} \leq k}{\operatorname{argmin}} \|A\vec{x} - \vec{y}\|_{2}^{2}.$$
(16)

- (b) Show that the result from part (a) can be used to show the equivalence of LASSO with  $\ell^1$ CLS and the equivalence of ridge regression with  $\ell^2$ CLS. Namely, for each pair of equivalent formulations, find f and q, prove that f is strictly convex, prove that g is convex, and prove that there is an  $\vec{x}_0$  such that  $g(\vec{x}_0) = 0$ .
- (c) Complete the Jupyter notebook, which will use this equivalence to show geometrically why LASSO solutions tend to be sparse (i.e. have many zeros) while ridge regression doesn't, and attach a PDF printout of your answers.

## 6. Homework Process

With whom did you work on this homework? List the names and SIDs of your group members.

NOTE: If you didn't work with anyone, you can put "none" as your answer.