

Jan 14th thru Jan 20th

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Scrambled Eggs (egg) (GF) Breakfast Potatoes (GF) Bacon (GF) Assorted Bakery	Cinnamon Swirl French Toast (wheat, egg, milk) Sausage Links (GF) Syrup and Fruit Sauce Assorted Bakery	Blueberry Pancakes (wheat, milk, soy, egg) Sliced Ham (GF) Potato Triangles (GF) Assorted Bakery	Breakfast Burrito Bar (egg, milk, wheat) O’Brien Potatoes (GF) Assorted Bakery	Hot Cereal Bar (wheat) American Home Fries Smoked Sausage (GF) Cheese Frittata (dairy, egg) Assorted Bakery	Continental Breakfast Assorted Bakery	Continental Breakfast Assorted Bakery
Korean BBQ (milk, wheat, soy) Dixieland Cuban Sandwich (wheat, dairy) Jalapeno Potato Bites (wheat, milk) Assorted Desserts	Quiche (milk, egg, soy) Bavarian Ham and Cheddar on a Pretzel Roll (wheat, milk) Au Gratin Potatoes (wheat, milk) Assorted Desserts	Chicken Pot Pie (milk, wheat) Vegetable Pot Pie (milk, wheat) BBQ Beef Sandwich (bun contains – wheat, milk and soy) Tator Tots (GF) Assorted Desserts	Chicken Tappers (wheat, egg, soy) Black Forest Sandwich (wheat, dairy, soy, egg) Couscous (wheat) Assorted Desserts	Keweenaw Bowl (wheat, milk) Pho Bar (soy) Assorted Desserts	<u>Brunch</u> French Toast (wheat, soy, milk, egg) Sloppy Joes (wheat) Bacon (GF) Hash Brown Potatoes (GF) Assorted Bakery	<u>Brunch</u> Pancakes (wheat, milk, egg, soy) Sausage Links (GF) Breakfast Potatoes (GF) French Dip Sandwiches (bun contains wheat) Au Jus (soy) Assorted Bakery
Fried Chicken (egg, soy, wheat) Mac & Cheese (wheat, milk) Andouille Beans (GF) Assorted Desserts	Chicken Quesadillas (wheat, milk) Cheese Quesadillas (wheat, milk) Corn (GF) Spanish Rice (GF) Assorted Desserts	Carved Pork Loin (GF) Warm Apple Slices (GF) Mashed Potatoes (milk) Gravy (milk, soy, wheat) Baked Ziti (wheat, milk, eggs) Assorted Desserts	Spaghetti and Meatballs (wheat, egg, milk) Italian Sausage Spiral Cut Vegetables Marinara Cream Sauce (milk) Tomato Basil Sauce (GF) Italian Vegetables Bread Sticks (wheat) Assorted Desserts	Thai Salmon* (GF) Egg Rolls (wheat, soy) Crab Rangoon (shellfish, wheat, soy, milk) Sesame Chicken (wheat, soy) Rice (GF) Chef Vegetables Assorted Desserts	Boneless Chicken Wings (wheat, dairy, egg) Waffle Fries (wheat) Chef Vegetables Assorted Desserts	Beef Stroganoff over Egg Noodles (wheat, milk, egg) Pesto Sauce (tree nuts, milk) Butter Crumb Cod (wheat, milk, soy) Black Pepper French Fries (wheat) Assorted Desserts

Everyday: All meal periods including Deli Hour (1:30-4:00 PM) → Waffle Bar, Variety of Cold Cereal, Assorted Beverages, Breads and Bagels
Lunch, Deli Hour & Dinner → Deli Bar, Soup & Salad Bar

(GF) means Gluten Free

***Can be cooked to Order:** Regarding the safety of these items, written information is available upon request.

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition