

Feb 25<sup>th</sup> thru March 3<sup>rd</sup>

<i><b>Monday</b></i>	<i><b>Tuesday</b></i>	<i><b>Wednesday</b></i>	<i><b>Thursday</b></i>	<i><b>Friday</b></i>	<i><b>Saturday</b></i>	<i><b>Sunday</b></i>
Scrambled Eggs (egg) Breakfast Quesadillas (wheat, egg, dairy) Sausage Link (GF) Jalapeno Potato Bites (milk, wheat) Assorted Bakery	French Toast Sticks (wheat, milk, soy, eggs) Hash Browns (GF) Peppered Bacon (GF) Assorted Bakery	Oatmeal Cheese Quiche (milk, egg, wheat) Fried Potatoes Ham (GF) Assorted Bakery	Scrambled Eggs (egg) (GF) Hash Brown Patty (GF) Sausage Patty (GF) Assorted Bakery	Hot Cereal Bar (wheat) Pancakes (wheat, milk, soy, eggs) Smoked Sausage (GF) Battered Mash Potato Bites (milk, soy)	Continental Breakfast Assorted Bakery	Continental Breakfast Assorted Bakery
Chicken Chimichanga (dairy, soy, wheat) Asian Chicken Salad (wheat, soy) Nachos (milk) (GF) Frito Pie (milk) (GF) Assorted Desserts	Peppered Turkey and Cheese Sandwich (milk, wheat) Tator Tot Casserole (wheat, soy, milk) Assorted Desserts	Keweenaw Bowl (wheat, milk, soy) Assorted Desserts	Chicken Caesar Wrap (wheat, milk, fish, egg, soy) Reuben Sandwich (wheat, milk, soy, egg) Rachel Sandwich (wheat, milk, soy, egg) Curly Fries (wheat) Assorted Desserts	Chicken and Dumplings (wheat, milk, soy, egg) Cheese Quesadilla (wheat, milk) Tex Mex Bowl (milk) (GF) Assorted Desserts	<u><b>Brunch</b></u> French Toast Sticks (wheat, milk, soy, egg) O’Brien Potatoes (GF) Sausage Links (GF) Sloppy Joes (wheat, milk, soy) Assorted Bakery	<u><b>Brunch</b></u> McTech on a Biscuit (wheat, soy, milk, egg) Canadian Bacon (GF) Potato Triangle (GF) Hot Dogs (bun contains wheat, dairy, soy) Assorted Bakery
Grilled Chicken Sandwich (wheat, milk, soy) Beef Sirloin Tips over Egg Noodles (wheat, soy, eggs) Assorted Desserts	Chicken Parmesan (soy, wheat, milk) Mostaccioli Pasta (egg, wheat) Garlic Bread (wheat, milk) Mixed Sausage Grill (GF) Assorted Desserts	Country Style BBQ Ribs Garlic Mashed Potatoes (milk) Potato Cheddar Breaded Cod (milk, fish, wheat, soy) Assorted Desserts	Mongolian Beef and Broccoli (wheat, soy) Orange Chicken (wheat, soy) Rice Chef Vegetables Assorted Desserts	Breaded Cod (wheat, soy, egg, milk, fish) Vegetable Dumpling (wheat, soy) Steak Fries (GF) Chicken Cordon Bleu (wheat, milk) Assorted Desserts	Chicken Loaded Potatoes (milk) Bulgogi Beef (soy) Mushroom Parmesan (milk) Green Beans (GF) Assorted Desserts	Roasted Turkey (GF) Pork Fritter (wheat, milk) Mashed Potatoes (milk) Gravy (wheat, milk, soy) Assorted Desserts

**Everyday:** All meal periods including Deli Hour (1:30-4:00 PM) → Waffle Bar, Variety of Cold Cereal, Assorted Beverages, Breads and Bagels  
Lunch, Deli Hour & Dinner → Deli Bar, Soup & Salad Bar

**(GF) means Gluten Free**

**\*Can be cooked to Order:** Regarding the safety of these items, written information is available upon request.

**Notice:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition