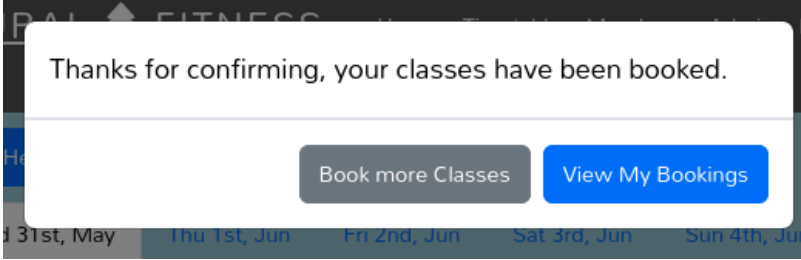
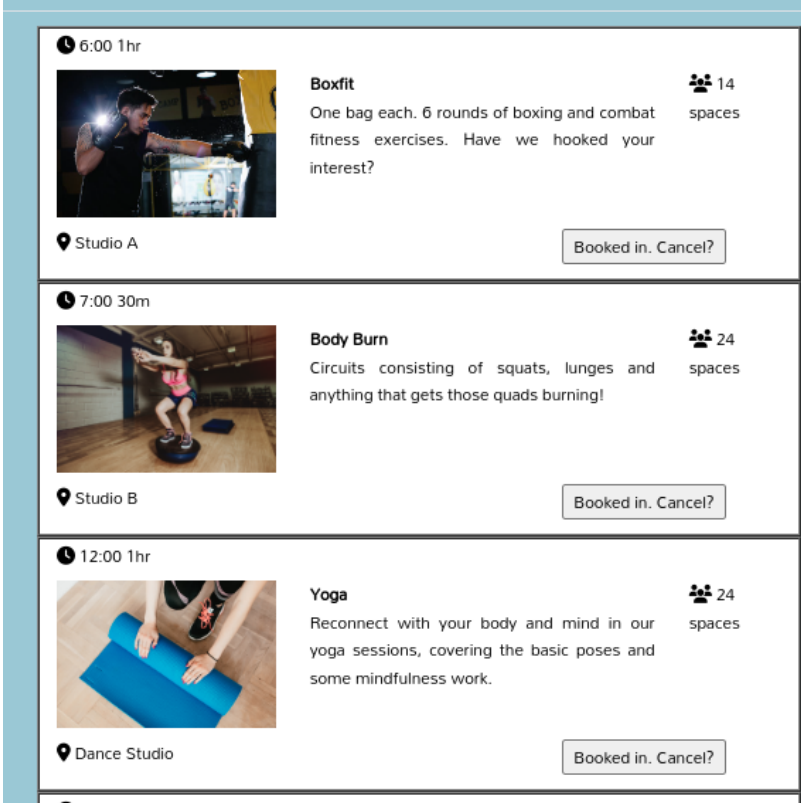
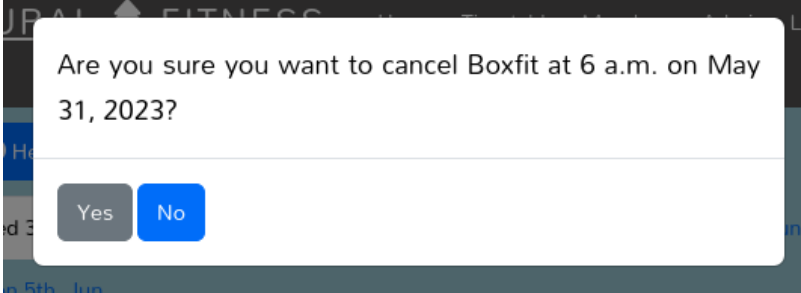
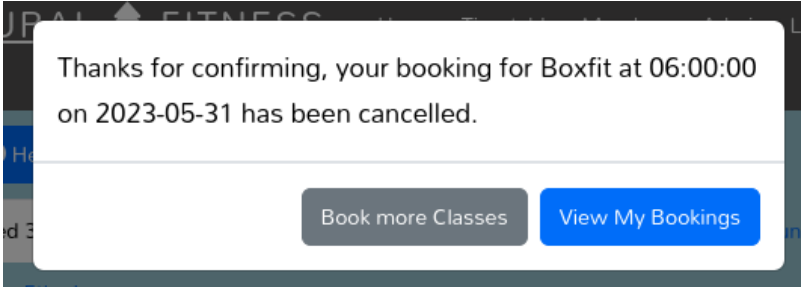



Test No. (s)	Screenshots of Results
6.1	
6.3	
6.4, 6.6	
6.7	
6.9	

6.10	
6.11, 6.16	
6.12	
6.13	

6.14

6:00 1hr



Boxfit

One bag each. 6 rounds of boxing and combat fitness exercises. Have we hooked your interest?


15

spaces

Studio A

Add to Cart

7:00 30m



Body Burn

Circuits consisting of squats, lunges and anything that gets those quads burning!


24

spaces

Studio B

Booked in. Cancel?

12:00 1hr



Yoga

Reconnect with your body and mind in our yoga sessions, covering the basic poses and some mindfulness work.

24

spaces


Dance Studio

Booked in. Cancel?

17:00 1hr

6.17

6:00 1hr




Boxfit

One bag each. 6 rounds of boxing and combat fitness exercises. Have we hooked your interest?

Apologies, class cancelled.

6.18

7:00 30m



Body Burn

Circuits consisting of squats, lunges and anything that gets those quads burning!

0

spaces

Studio B

Class Currently Full