

## CONSENT FORM

My name is Alex kipruto Tanui. I am a fourth year student at Maasai Mara University ,School of Arts and social science, department of Media Film and Communication.

I am carrying out a research on the influence of media on the use and knowledge of contraceptives among university students, a case study of Maasai Mara university.

You are hereby invited to participate in the study. Note that it is your right to decide if to participate in the study or not. Your refusal to participate in the study will not interfere with the services you are getting currently at MMARAU.

The questionnaire will take you about 20 minutes to fill. Objectives of the study: The objective of the study is to determine the influence of media on utilization of contraceptives among undergraduate students.

**What the study entails:** If you accept to take part, you will be asked some questions in regard to the topic. There will be no procedures or tests done on you.

**Benefits of the research:** The information you give will contribute in promoting timely completion of university by undergraduate students. It will assist the university management in formulating policies that would help prevent the effects of youth sexuality and will contribute to the existing body of knowledge on youths` sexuality and its effect.

**Potential risks:** there are no risks anticipated in this study. However, the interview will take some of your time.

You are assured that the information you will provide will not be linked to you directly and your personal details will not be revealed to any person.

**Follow up schedule:** No follow up is required after participating in the study.

Further information: for more information, you can contact the researcher through Telephone number; 0705977071 or the MMARAU ethics Committee directly.

Researcher's statement: I confirm that I have exhaustively explained the study to the participant and sought voluntary informed consent from him/her

Signed.....Date.....

Respondent's Statement: I confirm that this study has been explained to me and all the

questions satisfactorily answered to me by the interviewer.

Sign.....Date.....

Year of study (.....)

1. Gender of respondent    MALE 1..... FEMALE 2.....

2. What day, month and year were you born?    Day.....Month.....Year.....

3. How old were you at your last birthday?

..... Years old.    Cross-check with date of birth and reconcile

4. How old were you when you left high school? .....years.

5. Is the school you attended a government or private institution?

Government 1 .....Private 2 .....

6. Is it run by a particular religion or religious group? Yes 1 .....No 2.....

7. Is the school you attended for Boys and girls (mixed)? 1 ...Only boys 2... only girls?

8. What is your religion?

None 01 .....Catholic 02 .....Protestant 03.....

Muslim 04 .....Hindu 05 .....Jew 06 .....

Other.....

9. How important is religion in your life?

Very important 1 .....Important 2 .....

Not important 3.....

10. Is your father alive?

Yes 1 .....No 2 .....if no skip to 14

11. Does he live in the same household as you? Yes 1 .....No 2 .....

12. Do you find it difficult or easy to talk with your father about things that are important to you?

Very easy 1 .....Easy 2.....

Average 3 .....Difficult 4.....

Very difficult 5 .....Do not see him 6 .....

13. Have you ever discussed sex-related matters with your father?

Yes 1..... No 2.....

If YES, Often or occasionally?

Often 1 .....Occasionally 2..... Never 3 .....

14. Is your mother alive?

Yes 1 .....No 2..... if (2) skip to 18

15. Does she live in the same household as you? Yes 1..... No 2.....

16. Do you find it difficult or easy to talk with your mother about things that are important to you?

Very easy 1 .....Easy 2 .....Average 3 .....Difficult 4 .....Very difficult 5.....

Do not see her 6 .....

17. Have you ever discussed sex-related matters with your mother? If YES Often or occasionally?

Often 1 .....Occasionally 2 .....Never 3.....

18. Do you have any older siblings? Yes 1..... No 2..... if no go to 20

19. Do any live in the same household? Yes 1..... No 2.....

20. Do you ever go to clubs or parties where young people dance? IF YES. How many times in the last month? Number of times..... Never.....

21. Do you ever drink alcohol? IF YES. How many days in the last month did you drink alcohol?

Number of days..... Never.....

23. Have you ever had a girl/ boyfriend? I mean someone to whom you were sexually or emotionally attracted and whom you 'dated'

Yes 1 .....No 2..... if no go to 54

24. How many girl / boy friends have you had? Number.....

CURRENT (MOST RECENT) girl / boy friend

25. How old is he/she? Age.....

26. When you started your relationship, was she/he single, married, divorced or separated?

Single 1 .....Married 2..... Divorce 3..... Separated 4.....

27. When you started your relationship with him/her, was she/he a full time student, working or neither?

Full time student 1 .....Working 2 .....Neither 3.....

28. How many months or years ago did you first 'date' him/her?

Months..... or Years..... Ago

29. Has the relationship ended? Yes 1 .....No 2.....

30. How many days/weeks/months did it last? I mean from the first time you 'dated' to the last time?

Days .....Or Weeks..... Or Months.....

31. Who decided to end the relationship? You, him/her or both of you?

Me 1 .....him/her 2 .....Both 3 .....Other 4.....

32. During the time you were/have been 'dating' he/she did you 'date'/have you 'dated' anyone else? Yes 1 .....No 2.....

33. How would you describe your relationship with him/her? Was (is) it

(a) Casual 1 .....(b) Serious 2 .....(c) Important/might lead to marriage 3 .....

(d) Engaged to be married 4 .....

34. And how do you think she/he would describe her /his relationship to you?

(a) Casual 1 ..... (b) Serious 2 ..... (c) Important/might lead to marriage 3 .....

35. Did you have any physical contact, with him/her such as holding hands, hugging or kissing? Yes 1 .....No 2.....

36. MALES: Did you ever had sex with her?

Yes 1 .....No 2 ..... if no go to 54

37. Think back to the first time you had sex with him/her, you say

(a) I forced him/her 1 (b) I persuaded him/her 2

(c) he/she persuaded me 3 (d) she/he forced me 4

(e) We were both willing

38. And would you say it was planned or unexpected?

Planned 1 .....Unexpected 2.....

39. Was this the first time that you had full sexual intercourse in your life?

Yes 1 .....No 2.....

40. How old were you at the time you first had sex with him/her? .....years

41. Did you regret having intercourse with him/her on that first time?

Yes, regretted 1 .....No, not regretted 2.....

42. On that first time did she or he do anything to avoid a pregnancy?

Yes 1..... No 2..... If no go to 45

43. have you ever heard of the word contraceptive?

Yes 1..... No 2.....

44. If yes where did you hear/read/see about it?

1. Radio 2. TV 3. Internet 4. social media (*tick where appropriate*)

45. what was the message about?

1. Advertisement 2. public campaign 3. General information (*tick where appropriate*)

46. What method did you use?

Condom 1 .....Pill 2.....

Injection 3 .....Withdrawal 4.....

Safe period 5 .....Other..... 6

47. Did you ever discuss contraception with him/her? IF YES did you discuss  
contraception before or after you first had intercourse?

Before first intercourse 1 .....After first intercourse 2 .....Never 3.....

48. How many times did you and him/her have full intercourse? (estimate)

Number..... Once only 1 .....If no go to 54

49. Apart from the first time, did you and him/her ever use a method to avoid pregnancy?

IF YES Always or sometimes?

Always 1 .....Sometimes 2 .....Never 3.....

50. What method did you and him/her mostly use? (MULTIPLE RESPONSES PERMITTED)

Condom 1 ..... Pill 2 ..... Injection 3 ..... Withdrawal 4 ..... Safe period 5 .....  
Other..... 6

52. Where did you or him/her get this method? (CIRCLE ONLY ONE)

Shop 1 ..... Pharmacy 2 ..... Govt. Clinic/Health Centre/Hospital 3 .....  
Private Doctor/Nurse/Clinic 4 ..... Friend 5 ..... Other..... 6  
Don't know 9.....

53. Whose decision was it to use a method always/sometimes/never? Was it mainly your decision, he's/her's decision or a joint decision?

My decision 1 ..... he's/her decision 2 ..... Joint decision 3.....

54. MALES: Did she ever become pregnant by you?

FEMALES: Did you ever become pregnant by him?

Yes 1 ..... No 2 ..... if no go to 54

55. What happened to the pregnancy?

Currently pregnant 1 ..... Abortion 2 ..... Miscarriage 3 ..... Live-birth 4 ..... Not sure 5

56. Were you able to do anything to reduce the risk of infection Yes 1 ..... No 2.....

57. What did you do? Use condoms 1 ..... Take medicines 2.....

Other (.....) 3

58. Some young people are forced to have sexual intercourse against their will by a stranger, a relative or an older person.

Has this ever happened to you?  
persons have forced you to have sex  
against your will? Number.....

56. How many different strangers, relatives or older

59. Did you or the sexual partner do anything to avoid a pregnancy on these occasions? IF YES Always or sometimes? Always 1 ..... Sometimes 2 ..... Never 3 .....

60. Was the information you got from the media useful?

Yes 1 ..... No 2 .....

61. Does the media describe different types of contraceptives ?

Yes 1 .....No 2 .....

62. Does the media describe where to get the contraceptives?

Yes 1 .....No 2 .....

**Circle 1 of the following methods as answers if you are positive you got it from any media.**

For each method you do not know, read the description bellow it and respond

For each method known answer question bellow it

63. Pill

Women can take a pill every day

Knowledge of Method

Yes 1..... No 2.....

Knowledge of Source

"Do you know any place or person where young people could obtain this method?

Yes 1..... No 2.....

64. Injection

Women can have an injection every 2 or every 3 months

Yes 1..... No 2.....

"Do you know any place or person where young people could obtain this method?

Yes 1..... No 2.....

65. Condom

A man can put a rubber device on his penis before intercourse

Yes 1..... No 3 .....

"Do you know any place or person where young people could obtain this method?

Yes 1..... No 2.....

66. Emergency Contraceptive Pills

A woman can take pills soon after intercourse

Yes 1..... No 2.....



"Do you know any place or person where young people could obtain this method?

Yes 1..... No 2.....

67. Withdrawal

A man can pull out of a woman before climax

Yes 1..... No 2.....

68. Periodic Abstinence/Rhythm

A couple can avoid sex on days when pregnancy is most likely to occur.

Yes1 .....No 3.....

69. There are other methods of contraception that I have not mentioned. What other methods have you heard of?

IUD 1..... Implant 2.....

Jelly/foam 3 .....

Female Sterilization 4.....

Male Sterilization 5.....

Other (SPECIFY)..... 6

70. Which method do you think is most suitable for young people?

Pill 1..... Injection 2 .....

71. Have you ever heard of a method/methods that couples use to delay or avoid pregnancy?

1 = Yes.....2 = No.....

72. What was the source of FP information? Circle

1 = Radio 2 = Television 3 = Newspaper 4 = Magazine 5 = Health worker

6 = CHW/CHE

73. Which of the following FP methods have you heard of that are used in any way to delay or avoid getting pregnant? Circle 1 or 2

1 = Female sterilization 1= Yes 2= No

2 = Male sterilization 1= Yes 2= No

3 = Oral contraceptive pill                      1= Yes 2= No

4 = IUCD/Coil                      1= Yes 2= No

5 = Injectables                      1= Yes 2= No

6 = Implants                      1= Yes 2= No

7 = Male Condom                      1= Yes 2= No

8 = Female condom                      1= Yes 2= No

9 = Natural methods (Rhythm, periodic abstinence, withdrawal) 1= Yes 2= No

10 = Lactational Amenorrhea method (LAM)                      1= Yes 2= No

11 = other (specify) \_\_\_\_\_

74. Which of the FP methods have you or your partner ever used or tried in any way to delay or avoid getting pregnant?

1 = Female sterilization                      1 = Yes   2 = No

2 = Male sterilization                      1 = Yes   2 = No

3 = Oral contraceptive pill                      1 = Yes   2 = No

4 = IUCD/Coil                      1 = Yes   2 = No

5 = Injectables                      1 = Yes   2 = No

6 = Implants                      1 = Yes   2 = No

7 = Male Condom                      1 = Yes   2 = No

8 = Female condom                      1 = Yes   2 = No

9 = Natural methods (Rhythm, periodic abstinence, withdrawal) 1 = Yes   2 = No

10 = Lactational Amenorrhea method (LAM)                      1 = Yes   2 = No

11 = other (specify) \_\_\_\_\_

75. Are you currently doing something or using any method to delay or avoid getting pregnant?

1 = Yes      2 = No

86. Which method are you using? Circle

1 = Female sterilization                      2 = Male sterilization  
3 = Oral contraceptive pill      4 = IUCD/Coil  
5 = Injectables                      6 = Implants  
7 = Male Condom      8 = Female condom  
9 = Natural methods (Rhythm, periodic abstinence, withdrawal)  
10 = Lactational Amenorrhea method (LAM) 11 = Other  
(specify)\_\_\_\_\_

77. Where did you obtain the method you ever used/currently using?

Write name of facility

GOVERNMENT/PARASTATAL

1 = Government Hospital    2 = Government Health Centre

3 = Government Dispensary

PRIVATE

4 = Mission Hospital/Clinic    5 = Private Hospital/Clinic

6 = Nursing/Maternity Home

OTHER SOURCES

7 = Mobile Clinic    8 = Community Health Volunteer

9 = Shop/chemist (buy drugs)    10 = Friend/Relative

88. If not, Why are you not using any method of contraception?

1. I want to get pregnant

2. Fear of side effects/got severe side effects with last one

3. Don't know where I can get one    4. Don't know which one to use

5. I am in between making a decision

6. I just got a baby (Indicate age of baby: \_\_\_\_\_) 7. Others (specify)

**Thank you for sparing your time to participate in this important study to save our  
Future.**