

Team Number: 015 - 3

Team Name: Team Rocket

Team Members:

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Application Name: BetterFit

Application Description:

The fitness website features an interactive database of exercises and personalized workout tracking to support users in their fitness journey. Users can log their daily workouts, specifying each exercise with details like the number of sets and repetitions completed.

The website also includes a comprehensive recipe section with a range of nutritious meal ideas tailored to various dietary preferences, such as vegan, keto, and high-protein diets. Each recipe provides easy-to-follow steps and nutritional information, helping users make health-conscious food choices.

Vision Statement:

BetterFit is a fitness platform for tracking workouts and discovering healthy recipes, helping users build a balanced, sustainable path to wellness.

Repository Link: <https://github.com/Alexander-Baker-1/TBD.git>

Asana Link: <https://app.asana.com/0/1208629133004578/1208629090425830>

Communication Plan:

We made a discord server to communicate. We will have different channels for designs, front-end, back-end, and a general chat.

Meeting Plan:

Team Meeting: Mondays 2:30-3:30 in person in the BOLD Center & Wednesdays 1:30-2:30 on discord

Weekly meeting with TA: Fridays at 10:45 am in the recitation room