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| <Insert your company’s logo here. Apply your company’s branding (fonts, colors, illustration or  images) to the rest of the document as desired.> | | |
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| [MyAnalytics](https://docs.microsoft.com/en-us/workplace-analytics/myanalytics/use/mya-elements) is a Microsoft 365 application to help you find focus time, build your network, and improve your wellbeing. You’ll also get weekly summaries and inline suggestions directly in Outlook to support your goals. | | |
| See it in action | | |
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| **01**  [Watch the video to learn how MyAnalytics can work for you](https://youtu.be/J9sokkEjGaE) | | **02**  [Plan time to focus on your most important work with MyAnalytics](https://docs.microsoft.com/Workplace-Analytics/myanalytics/use/focus-plan) |
| For your eyes only  MyAnalytics is a personal, private tool for tracking your productivity at work.  **Nobody in your organization can see your MyAnalytics data but you.** | | |
| Timing and how to opt out  We will introduce MyAnalytics on **<date>**. You’ll see a Welcome email from MyAnalytics in your Outlook inbox. And then you’ll get access to your personal dashboard in Microsoft 365 and start getting weekly summaries.  If you prefer not to participate, email us at <address>. You can also opt out of MyAnalytics at any time. [Learn more here](https://docs.microsoft.com/en-us/workplace-analytics/myanalytics/use/dashboard#can-i-opt-out-of-myanalytics). | | |
| Your next steps | | |
| A close up of a logo  Description automatically generated | Join us on <fill in date> for tips on getting started with Microsoft MyAnalytics. | |
| A close up of a logo  Description automatically generated | Share your questions or feedback. We’re here to help you. <Insert email alias or Teams group link, or customize this section with more information> | |