

ALEXANDRA MEIKLE

Curriculum Vitae

06/11/18

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Department of Psychology
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EDUCATION

2019

M.Sc. Research Methods of Psychological Science
Institute of Neuroscience and Psychology, University of Glasgow

2018

MA (Honours of the First Class) Psychology
Institute of Neuroscience and Psychology, University of Glasgow
Dissertation Title: Strengthening Circadian Rhythmicity in Mice Housed Under Dim Light at Night through 3-Hr Dark Pulses

RESEARCH EXPERIENCE

2018

- M.Sc. Research Project: Evaluating User and Supporter Experiences of a Student-Led Peer Support Service.
Mixed-methods study utilizing focus groups, diary analysis, interviews and quantitative online surveys
- Systematic Review: Prevalence of Mental Health Issues in Postgraduate Students.
- Member of the Sleep Research Lab Group at the University of Glasgow. Attend weekly meetings to discuss projects and articles, and regularly present my own work.
- Final year undergraduate project - carried out behavioural study in animal lab

2017

- Research Studentship: Glasgow Science Centre
- Conducted summer research project on sleep and reasoning biases collecting data from visitors at the Science Centre.

AWARDS

2018

Robert H. Thouless Prize

Title: Eye Movement Desensitization and Reprocessing (EMDR) And Anxiety: A Trauma-Based Approach To Treatment

University of Glasgow

FUNDING/GRANTS

2017

Glasgow Science Centre Vacation Scholarship

University of Glasgow

CONFERENCE ACTIVITY

Papers Presented

2018

Strengthening Circadian Rhythmicity in Mice Housed Under Dim Light at Night through 3-Hr Dark Pulses

- University of Glasgow Undergraduate Conference (March 22nd)
- BPS Undergraduate Conference (March 23rd)

EMPLOYMENT

2018

Part-Time Technician

School of Psychology, University of Glasgow

EXTRACURRICULAR UNIVERSITY SERVICE

2018

Elected committee member (Fundraiser) for student society DanceMania

COMMUNITY INVOLVEMENT

2017

‘Meet the Expert’ at Glasgow Science Centre - ran a public engagement stall for 5 days during summer on the topic of sleep.

Glasgow ‘Explorathon’ at the Kelvin Art Gallery

RELATED PROFESSIONAL SKILLS

- Specialist software
 - Experienced in coding with R (within RStudio)
 - Clocklab Data Acquisition and Analysis
 - GENEactiv actigraphy devices and software
- Animal lab experience

PROFESSIONAL MEMBERSHIPS

BPS Student Membership

REFERENCES

Professor Stephany Biello
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Dr David Simmons
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