Instructions:

1. Click on File -> Make a copy

Include your IPO Chart with your code in Eclipse IDE: We will discuss and demonstrate this in the computer lab.

IPO CHART

Program name:	Sleep	
INPUT	PROCESS	OUTPUT
Hint: What will the user input?	Hint: What is the program going to do with the input information?	Hint: What will the screen display after user input?
 User's birthdate (day, month, year) Today's date (day, month, year) 	 Convert both dates into number of days (30 days a month, 365 days a year) Calculate difference between today's date and birthdate in days Store results as 'alive' Multiply days lived by 8 hours to get 'sleep' 	 Display total number of days lived Display estimated total number of hours slept