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# You Can't Coach Speed!

— By Alex Diaz-Clark —

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## Research Hypothesis

Top-performers in the 40-yard dash are drafted in the 1st round at a higher rate than the top-performers in the other drills.

# Samples

*40yd dash top performers drafted in the 1st round  $\sim \text{Binomial}(n = 820, p_{40})$*

*Bench press TPs drafted in the 1st round  $\sim \text{Binomial}(n = 672, p_{BP})$*

*Vertical leap TPs drafted in the 1st round  $\sim \text{Binomial}(n = 732, p_{VL})$*

*Broad jump TPs drafted in the 1st round  $\sim \text{Binomial}(n = 716, p_{BJ})$*

*Shuttle drill TPs drafted in the 1st round  $\sim \text{Binomial}(n = 644, p_{Sh})$*

*3Cone drill TPs drafted in the 1st round  $\sim \text{Binomial}(n = 598, p_{3C})$*

# Frequentist Approach: Two-Sample Z-test

$$H_0 : p_{40} \leq p_{BP} \quad H_A : p_{40} > p_{BP}$$

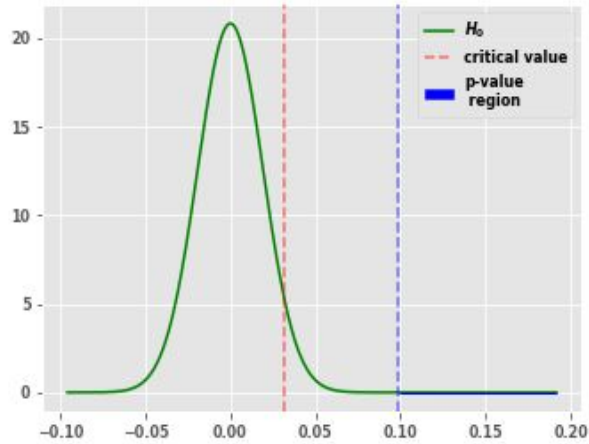
$$\text{Binomial}(n = 820, p_{40}) \approx \text{Normal}(820p_{40}, \sqrt{820p_{40}(1 - p_{40})})$$

$$\text{Frequency that 40yd TPs are drafted in the 1st round} \sim \text{Normal}(p_{40}, \sqrt{\frac{p_{40}(1 - p_{40})}{820}})$$

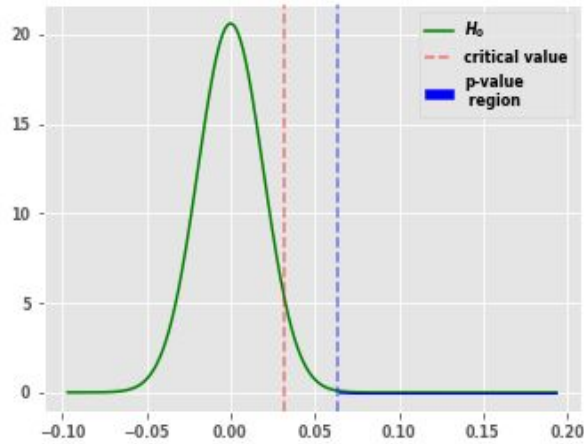
$$H_0 : p_{40} = p_{BP} = p \quad p = \frac{820p_{40} + 672p_{BP}}{820 + 672}$$

$$\text{Diff in sample freq between 40yd and bench press} \sim \text{Normal}(0, \sqrt{\frac{(820 + 672)p(1 - p)}{820 * 672}})$$

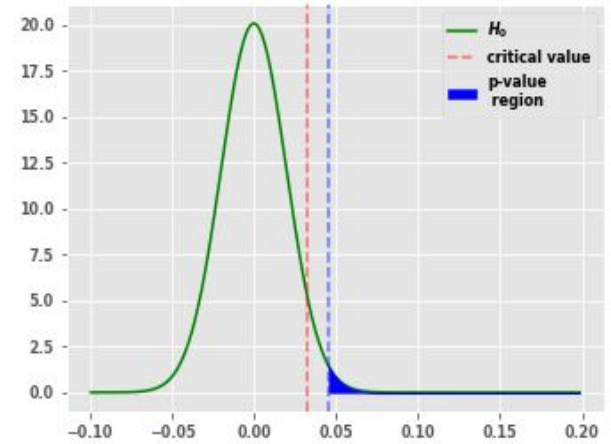
Distribution of Difference in Sample Frequencies  
40 Yard vs Bench Press  
p-value:1.2e-07, Power of test =1.0



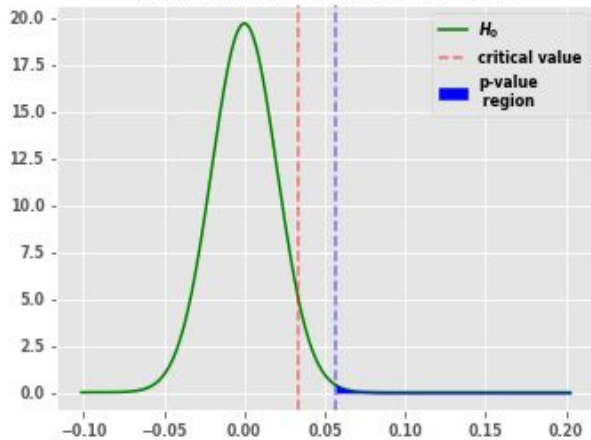
Distribution of Difference in Sample Frequencies  
40 Yard vs Vertical Leap  
p-value:0.00047, Power of test =0.952



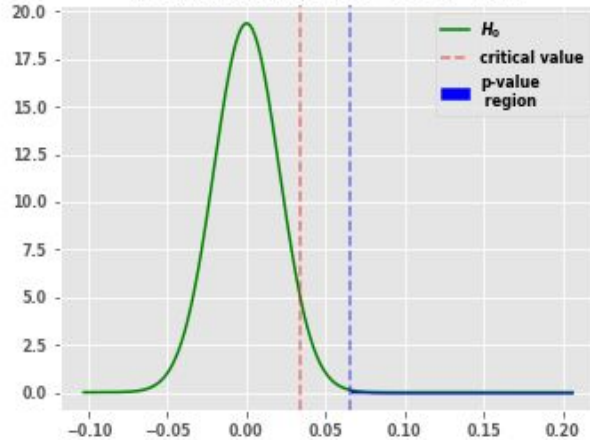
Distribution of Difference in Sample Frequencies  
40 Yard vs Broad Jump  
p-value:0.011, Power of test =0.741



Distribution of Difference in Sample Frequencies  
40 Yard vs Shuttle Drill  
p-value:0.0025, Power of test =0.879



Distribution of Difference in Sample Frequencies  
40 Yard vs 3 Cone  
p-value:0.00072, Power of test =0.939



$$\alpha = 0.05$$

Able to reject the null hypothesis with 95% confidence in all 5 cases!

# Bayesian A/B Testing

Frequentist:  $P(\text{Observed Data} \mid \text{Null Hypothesis})$

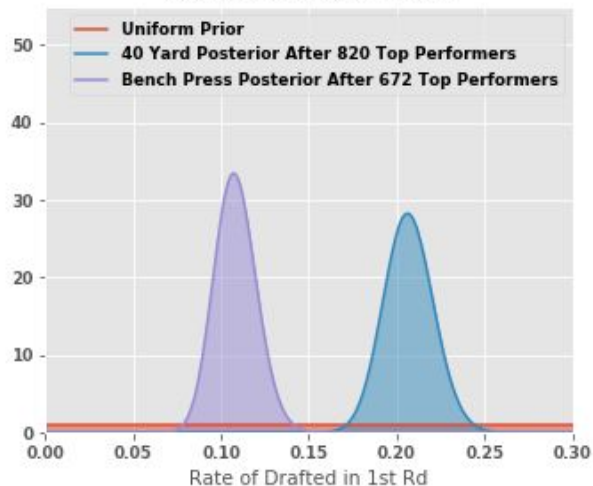
Bayesian:  $P(\text{Alternate Hypothesis} \mid \text{Observed Data})$

$$\text{Prior} = \text{Beta}(\alpha = 1, \beta = 1)$$

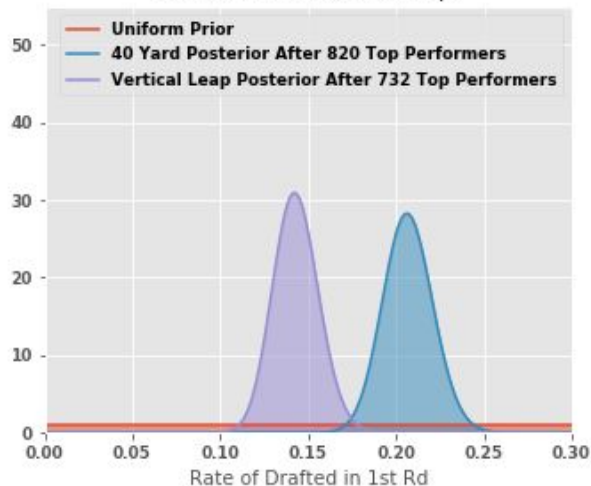
$$\text{Posterior}_{40} = \text{Beta}(\alpha = 170, \beta = 652)$$

$$\text{Posterior}_{BP} = \text{Beta}(\alpha = 73, \beta = 601)$$

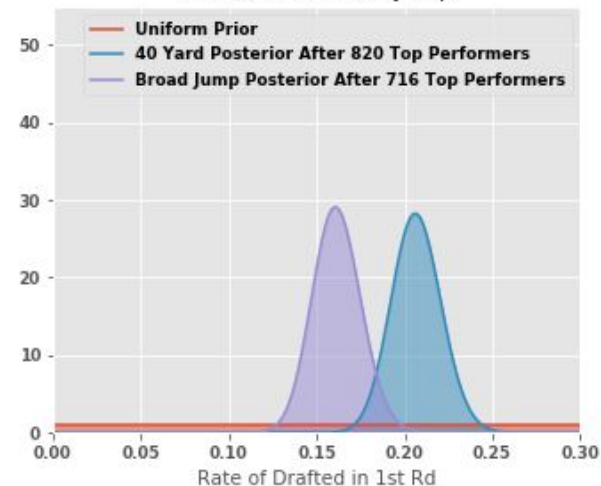
40 Yard Vs. Bench Press



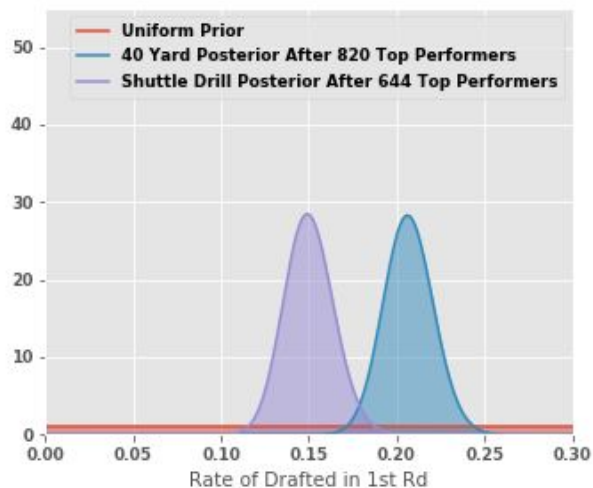
40 Yard Vs. Vertical Leap



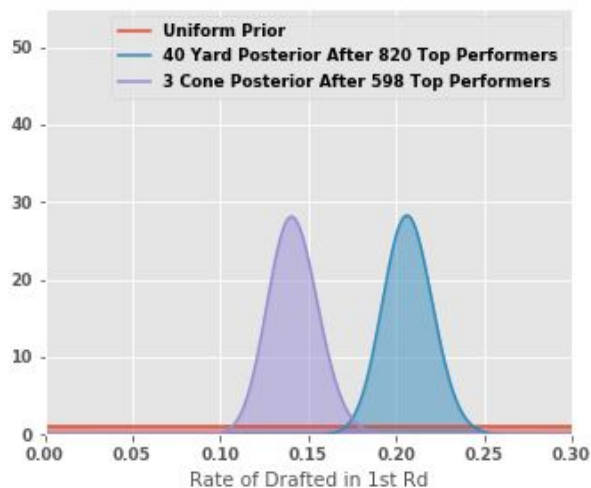
40 Yard Vs. Broad Jump



40 Yard Vs. Shuttle Drill

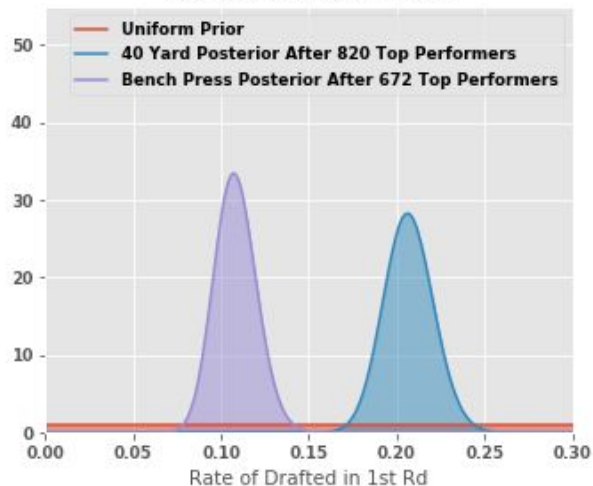


40 Yard Vs. 3 Cone

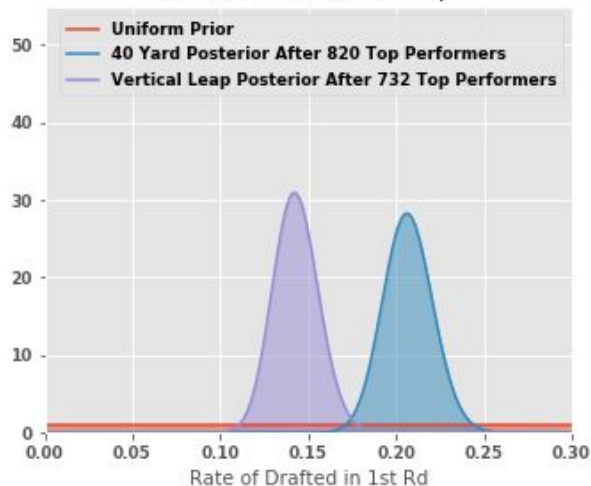


40-yard vs	# of times 40 > other	probability
Bench Press	10000/10000	1.0
Vertical Leap	9997/10000	.9997
Broad Jump	9883/10000	.9883
Shuttle Drill	9973/10000	.9973
3 Cone	9991/10000	.9991

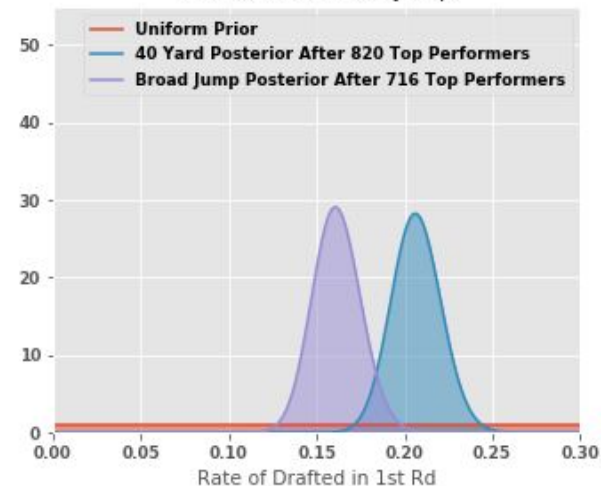
40 Yard Vs. Bench Press



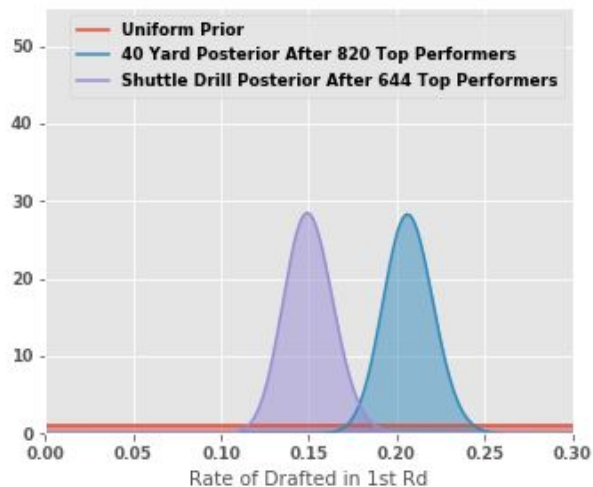
40 Yard Vs. Vertical Leap



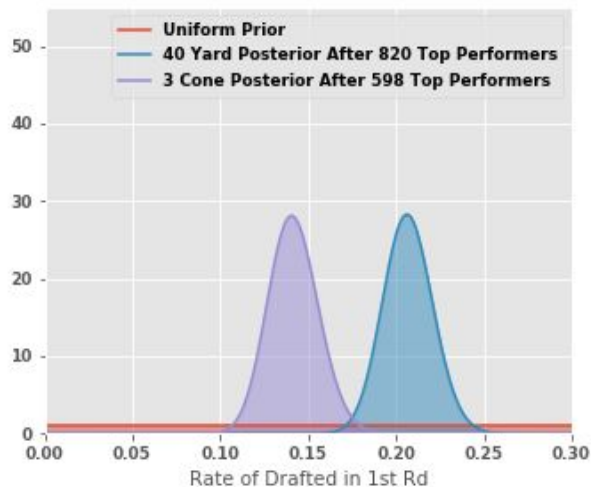
40 Yard Vs. Broad Jump



40 Yard Vs. Shuttle Drill



40 Yard Vs. 3 Cone



40-yard vs	assumed diff	probability
Bench Press	0.067	.9561
Vertical Leap	0.031	.9553
Broad Jump	0.013	.9503
Shuttle Drill	0.024	.9516
3 Cone	0.032	.9515



# Conclusions

## **Frequentist approach:**

I was able to reject the statement that top performers in the 40-yard dash are not drafted in the 1st round at a higher rate than top performers in the other drills, and I was able to reject that statement with 95% confidence.

## **Bayesian approach:**

There is a greater than 95% chance that top performers in the 40-yard dash are drafted in the 1st round at a rate that is:

- 6.7 percentage points higher than top performers in the bench press.
- 3.1 percentage points higher than top performers in the vertical leap.
- 1.3 percentage points higher than top performers in the broad jump.
- 2.4 percentage points higher than top performers in the shuttle drill.
- 3.2 percentage points higher than top performers in the 3-cone drill.