Let all landmark points lie on the same plane P:

$$n^T P + d = 0 \rightarrow \frac{-n^T P}{d} = 1$$

For a pair of matched feature points p1, p2:

$$
\begin{aligned}
p_2 &= K(RP + t) \\
&= K(RP + t(\frac{-n^T P}{d})) \\
&= K(R - \frac{tn^T}{d})P \\
&= K(R - \frac{tn^T}{d})K^{-1}p_1 \\
&= Hp_1
\end{aligned}
$$