

123 KL Street, VS Puram, Coimbatore - 641002 India

# **MEDICAL REPORT**

#### Visit Info

**Doctor's Name:** Ms. Devi K **Visit Date:** 09.09.2024

**Specialization:** Nutrition and Dietetics

#### **Patient Info**

Full Name: Ms. Radha L Birth Date: 09.08.1970

Med. Number: 60191234 IHI: 46758293

Phone: 9867452310 Email: radhal09@gmail.com

#### Assessment

The patient presents with symptoms of swelling (edema), irritability, fatigue, and a distended abdomen. Upon examination and review of the patient's nutritional history, it was determined that there has been severe protein deficiency in the diet over a prolonged period.

### **Diagnosis**

Kwashiorkor - A severe form of malnutrition caused by inadequate protein intake, leading to symptoms like edema, stunted growth, and a distended abdomen.



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## **Prescription**

- Administer protein supplements (whey protein or soy-based) as per dietary needs.
- Oral rehydration therapy to treat dehydration and electrolyte imbalance.
- Regular monitoring of nutritional intake and recovery over the next 4 weeks.