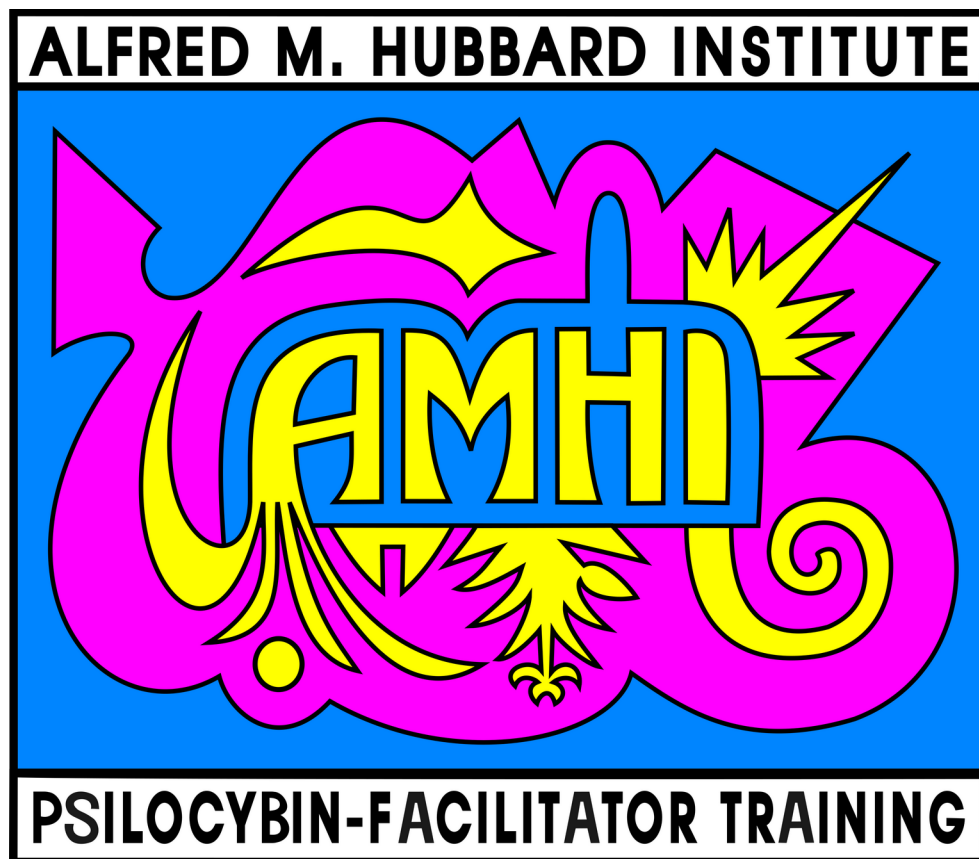


# **Student Handbook for the Psilocybin-Facilitator Training Program at the Alfred M. Hubbard Institute (AMHI)**



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# **AMHI Student Handbook Spring 2025**

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Captain Al Hubbard and psychiatrist Humphrey Osmond.

## **Introduction**

The Alfred M. Hubbard Institute (AMHI) is proud to offer a psychedelic-facilitator training program that prepares our alumni to apply for a license as a psilocybin facilitator who can work in Oregon's licensed psilocybin-service centers. Our curriculum is approved by Oregon Psilocybin Services (a section of the Oregon Health Authority) as meeting its educational requirement for licensure.

AMHI accepts students from anywhere in the world, however those intending to work in Oregon must be legally authorized to work in the United States and must be able to pass a criminal-background check. Convictions more than two years old for offenses such as psilocybin or marijuana are not disqualifying factors.

## **Objectives of the Program**

Our program is oriented toward educating students to gain a strong foundation in the skills of psychedelic facilitation, in understanding the changing context of psychedelics in our modern society, and in communication skills that will strengthen one's ability to perform on the job. The program is geared toward preparing students for a career in psychedelic facilitation, either in Oregon, in other states where psychedelics are becoming legalized, or in other parts of the world.

## **Dates for the Spring 2025 Cohort**

The program will run for 17 weeks from January 5 till April 27. Each week will have 3.5 hours of self-study and 3.5 hours of online classes. During the final week, we will prepare for and take the final exam. This will prepare the student to pass the state exam. Students can attend either two weekday classes or a single Sunday class. Both sections cover the same course content. Even if you ordinarily attend one section, if something comes up in a given week you are welcome to attend the other section.

<b>Schedule Spring 2025</b>	<b>Tuesday and Thursday</b>	<b>Sunday</b>
<b>Pacific Time</b>	6 PM till 7:50 PM	3 PM till 6:30 PM
<b>Mountain Time</b>	7 PM till 8:50 PM	4 PM till 7:30 PM
<b>Central Time</b>	8 PM till 9:50 PM	5 PM till 8:30 PM
<b>Eastern Time</b>	9 PM till 10:50 PM	6 PM till 9:30 PM

## **Curriculum**

The academic coursework will be 50% synchronous hours (meaning students studying together in online classes) and 50% self-study that involves reading the textbook, watching educational videos, and writing essays about the work. This is our curriculum:

Module 1. Historical, Traditional, and Contemporary Practices and Applications (12 hours)

Module 2. Cultural Equity in Relation to Psilocybin Services (12 hours)

Module 3. Safety, Ethics, Law and Responsibilities (12 hours)

Module 4. Psilocybin Pharmacology, Neuroscience, and Clinical Research (4 hours)

Module 5. Core Facilitation Skills (16 hours)

Module 6. Preparation and Orientation (16 hours)

Module 7. Administration (20 hours)

Module 8. Integration (12 hours)

Module 9. Group Facilitation (16 hours)

Module 10. Industrial Facilitation (4 hours)

The 40-hour practicum enables students to observe facilitation, and will be conducted in one or two in-person meetings. The practicum will be scheduled with input from the students in order to determine what dates and location would be most convenient for the most people.

## **Writing and Speaking Skills**

Student will be encouraged to use the highest standards of English usage while writing essays composed in formal scholarly style. Students will also be expected to develop good public-speaking abilities. If you have shortcomings in either writing or public speaking, then AMHI staff will gently guide you toward becoming more proficient in these areas. Even if you are shy, soft spoken, or have other personal issues that have impeded your progress, we hope to get the entire class working together collectively improve our ability to write, speak, and confidently debate a contentious point. The ability to effectively communicate will enable more successful interactions with clients from various walks of life.

## **Supplies**

Our textbook is *LSD Psychotherapy* by Stanislav Grof. You can buy this book on Amazon or MAPS.org.

You need a functioning computer or tablet, with a functioning camera and internet connection. You will need to appear on video conference calls for the classes, using the device both to confirm your attendance and to do screenshares of presentations and essays. Most people would find this difficult to do on a cell phone, but if you have issues around computer devices then discuss them with us.

## **Tuition and Refunds**

AMHI's facilitator-training program costs \$3,000 for the coursework and \$1,000 for the practicum, both of which are required for licensure. This is on the low end of the spectrum for similar training programs, some of which cost over \$14,000. If you are accepted to AMHI's program, you will reserve your place by paying a \$1,000 *non-refundable* deposit that will be deducted from your tuition. You will also have to pay for your transportation and hotel for the practicum, and we can discuss the most economical way to arrange this. Additionally, you will have to purchase the psilocybin products that you consume during your practicum. Your textbook is free, and there are no other charges.

If you drop out of the program, you will not receive a prorated tuition refund unless you can present documentation showing serious circumstances beyond your control, e.g. hospitalization.

## **Attendance and Tardiness**

You have to show up for classes and do the homework each week. If you miss a class, then you can do some make-up work, but this cannot become a habit. If your employment or childcare responsibilities conflicts with the class schedule, then explain your situation and we may be able to accommodate some flexibility in your schedule by placing you in a different section. If you are suddenly not able to finish the course, you could explain the problem and we might grant a leave of absence so you can finish your program with the next cohort. If you fail to attend classes or are constantly late, you will be given a couple warnings and then be kicked out. If you are

expelled for poor attendance then you will be ineligible for a refund, the reason being that AMHI wants to discourage students who are not serious from taking a slot that otherwise would have gone to somebody who would have finished the program.

### **Holidays**

The school will be closed on Easter Sunday, July 4<sup>th</sup> (U.S. Independence Day), and Thanksgiving. The school will be on vacation from before the Christmas season till after New Year's Day.

### **Acknowledgment**

Students who are admitted to the program must acknowledge having read, understood, and accepted this student handbook along with the other information on the AMHI website that explains information about our tuition, scheduling, curriculum, and various rules such as our academic-freedom policy. By paying the non-refundable tuition deposit, the student signifies having a complete understanding and acceptance of this requirement. Any students who have questions about AMHI policies or the nature of the program should email us or seek clarification in an online question-and-answer meeting.

By paying your non-refundable \$1,000 deposit, you pledge that the following is true:

I certify that the information in my application is true and correct to the best of my knowledge. I understand that providing false or misleading substantive information or withholding pertinent substantive information while applying to the program, or engaging in fraud, lies, dishonesty, cheating, plagiarism, or subversion of the educational process while participating in the program, is grounds for denial of admission or graduation, and it is also grounds for revocation of my diploma (certificate of completion) if fraud is discovered after my graduation.

### **Graduation Requirements**

Final Exam: After you complete the coursework, we will administer a final exam based on the most important points that will be useful in the real-life

practice of facilitation. Anybody who passes the AMHI final exam should be able to easily pass the state-license exam.

Practicum: If you decline to attend a 40-hour practicum, your diploma will indicate that you only completed the coursework. The practicum is optional for attending the school, however it is a requirement to apply for a psilocybin-facilitator license in Oregon.

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This photograph from Hollywood Hospital in Canada, first published in 1962, shows a patient undergoing psychedelic psychotherapy. Beginning in the mid 1950s, innovative psychotherapists encouraged introspection by using music therapy and having their patients wear eyeshades to internalize the experience. Oregon's psilocybin-service centers and other psychedelic-treatment facilities still use the same techniques today.



## **Introduction to the AMHI Academic-Freedom Policy**

What is academic freedom? It is the freedom to express ideas in scholarly discussions without having to fear being punished.

Most mainstream educational institutions in the United States and elsewhere in the Western world now have a concerted policy of beating open-mindedness out of even the smartest of their students. According to a 2024 report by the Academic Freedom Index, the United States ranked 88, almost in the middle of an inventory of the world's 179 countries. This means that many impoverished nations such as Burkina Faso and Papua New Guinea have more academic freedom than does the United States. This report also says that the repression of academic freedom is worsening in the United States. The good news is that the USA scored higher than such totalitarian regimes as Russia, Afghanistan, Iran, Communist China, Saudi Arabia, and (at the bottom of the list) North Korea. It is reassuring to know that Americans have more freedom than the citizens of North Korea. [See page 10: Katrin Kinzelbach, Staffan I. Lindberg, Lars Lott. 2024. *Academic Freedom Index Update 2024*. Institute of Political Science at Freidrich-Alexander-Universität, Erlangen-Nürnberg and V-Dem Institute (Varieties of Democracy). DOI: 10.25593/open-fau-405.

file:///home/r/Academic\_Freedom\_Index\_Update\_2024.pdf ]

During the past 17 years academic freedom has declined worldwide, so many young adults are products of educational systems that do everything possible to impair their ability to use logic and rational thought. Therefore, AMHI has to screen its applicants in order to maximize the likelihood that we only accept students who will be a good fit for our training program. Part of this screening involves informing applicants that AMHI emphasizes academic freedom.

AMHI believes that academic freedom is particularly necessary in the training of psychedelic facilitators because mind-expanding substances sometimes elicit strange ideas, weird feelings, extreme emotions, and otherworldly experiences. Anybody who is too narrow-minded to handle logical discussion about ideas will likely have difficulty skillfully handling psychedelic mind-expansion when supervising clients.

AMHI is probably the only psychedelic-facilitator training program to have a functioning academic-freedom policy. In fact, AMHI is one of the very few educational institutions anywhere in the English-speaking world that still genuinely values academic freedom, both for students and teachers.

If accepted into our training program, AMHI will email a letter of acceptance whose terms require all prospective students to pledge to follow our academic-freedom policy.

Any applicant, prospective student, or student who has questions about this policy should email: [AlfredHubbard@protonmail.com](mailto:AlfredHubbard@protonmail.com)



Psychedelic proponents in the 1950s, from left to right: the historian and philosopher Gerald Heard, the essayist and novelist Aldous Huxley, and the businessman Alfred Matthew Hubbard.

# **Academic-Freedom Policy at the Alfred M. Hubbard Institute (AMHI)**

AMHI is committed to honoring academic freedom both for students and for teachers, just as students and teachers must honor the academic freedom of others. Academic freedom includes:

1. Freedom to pursue ideas wherever they may lead.
2. Freedom to express thoughts, even unconventional ones, without being punished, shunned, humiliated, or retaliated against.
3. Respect for alternative viewpoints and the encouragement of dialogue.
4. Respect for our school's role as an institution dedicated to the search for rational knowledge and the unvarnished truth.
5. Respect for the articulation of unpopular concepts, particularly on controversial or emotionally charged topics, since valid insights may accrue from unexpected perspectives.
6. Respect for the liberty to commit an honest error, for only by feeling free to impartially explore what might turn out to be an intellectual dead end can we more accurately apprehend reality.
7. Following through on the duty to admit one's error (or admit the need for a more nuanced understanding) when new evidence necessitates a revision of opinions, interpretations, or the previously accepted consensus about the facts.

By enrolling in the psychedelic-facilitator training program, you signify that you solemnly vow to adhere to AMHI's academic-freedom policy while attending the Alfred M. Hubbard Institute.

Version: 4-July-2024



The only available color photograph of Captain Alfred M. Hubbard