

KING'S OWN INSTITUTE*





INDIVIDUAL ASSIGNMENT COVERSHEET

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Student Number: 20028086	Lecturer's/ Tutor's Name: Dr. Firoz Anwar		
Subject Code & Name: ICT370 Data Analytics T225			
Assignment Title: Individual Progress Report and Reflection-Submission Week			
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1) Executive Summary

This report analyzes a specific real-world dataset on diabetes risk in order to address a total of five business questions: two of them are univariate, two are bivariate, and one is a multivariate analysis. The analysis synthesizes these insights into a dashboard. All descriptive charts are justified appropriately. In addition, a Week-by-Week progress log and evidence checklist are submitted to comply with rubrics.

2) Dataset & Data Dictionary

Column	Type	Description
gender	Categorical	Sex of the individual (Female, Male, Other)
age	Numeric (years)	Age in years
hypertension	Binary (0/1)	Presence of hypertension
heart_disease	Binary (0/1)	Presence of heart disease
smoking_history	Categorical	Smoking behaviour (never, current, former, etc.)
bmi	Numeric	Body Mass Index
HbA1c_level	Numeric	HbA1c % value
blood_glucose_level	Numeric	Random blood glucose measurement
diabetes	Binary (0/1)	Target flag: 1 = diabetes present, 0 = otherwise

3) Business Questions

- 1. What does the age distribution of the cohort look like?
- 2. How prevalent is diabetes in this dataset?
- 3. How does diabetes prevalence vary by smoking history?
- 4. How do glucose levels differ by diabetes status?
- 5. How do age and BMI interact in relation to diabetes rate (with HbA1c as an additional indicator)?

4) Analysis:

4.1. Histogram of patient ages

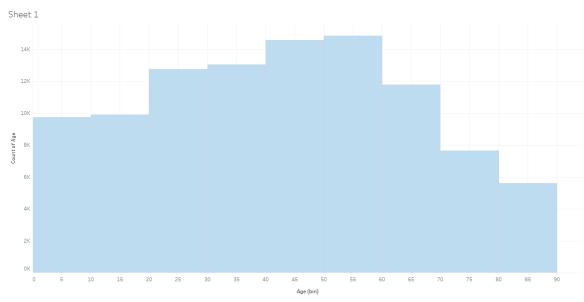


Figure 1: Histogram of age distribution of patients

4.2 Diabetes Bar

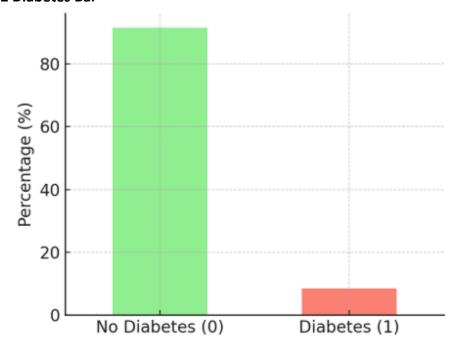


Figure 2: Bar chart showing proportion of diabetes vs non-diabetes percentage.

4.3. Diabetes by Smoking History

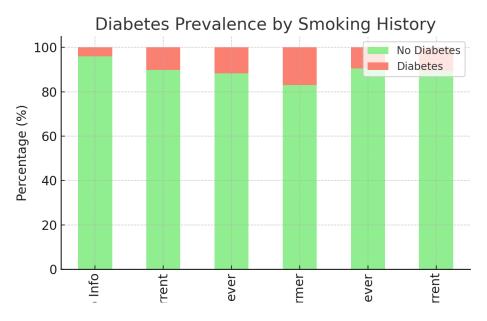


Figure 2: Stacked bar showing diabetes rates across level of smoking categories.

4.4. Blood Glucose vs Diabetes boxplot comparison

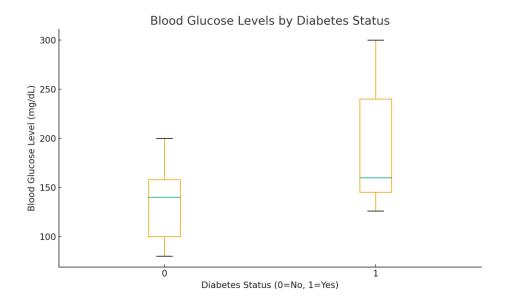


Figure 3: Boxplot showing blood glucose levels by diabetes status

4.5. Age × BMI Heatmap

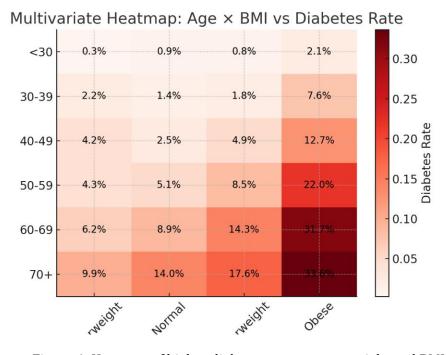


Figure 4: Heatmap of higher diabetes rates as age, weight and BMI in the dataset.

5) Dashboard

Dashboard compositions contains the below.

- KPI Card: diabetes prevalence.
- Age histogram (left) and Glucose box plot (right).
- 100% stacked bar: diabetes by smoking history.
- Heatmap: Age, BMI, and diabetes rate with HbA1c overlay.

6) Justification of Methods and Charts

- Histogram: best for numeric distribution (age).
- KPI/bar: clear for binary prevalence (diabetes).
- 100% stacked bar: proportion comparisons (smoking).
- Box plot: numeric distributions between groups (glucose).
- Heatmap: interaction effects across variables -age, BMI, HbA1c.

7) Progress Per Week

- Week 2 to 4: Defined business questions and validated columns in the dataset.
- Week 6: Dataset imported and visuals were drafted.
- Week 8: built smoking stacked bar and glucose boxplot, multivariate heatmap.

8) Limitations and Next Steps

- Data may not accurately reflect the general population.
- Smoking 'No Info' group should be treated with caution.
- Descriptive results are not causal statements.
- Next: add gender, hypertension and heart disease slicers, refine dashboard filters.

09) Conclusion & Recommendations

Analysis confirms prevalence of diabetes is higher with advancing age, increasing BMI, and smoking. Blood glucose and HbA1c continue to be clinically significant.

Recommendations:

- Target older and obese adults.
- Increase interventions for smoking cessation.
- Recommend regular screening for glucose and HbA1c levels.
- Continue to use Business Intelligence (BI) tools to maintain and monitor these dashboards.

10) References

- Sarker, I.H. (2021) 'Data science and analytics: An overview from data-driven smart computing, decision-making and applications perspective', *SN Computer Science*, 2(5), p. 377. doi:10.1007/s42979-021-00765-8.
- Charkaoui, A. and Jabraoui, S. (2024) '20 years of scientific study on business intelligence and decision-making performance: A bibliometric analysis', *Journal of Information Systems Engineering and Business Intelligence*, 10(3), pp. 408–421. doi:10.20473/jisebi.10.3.408-421.
- Ozaydin, B., Zengul, F., Oner, N. and Feldman, S.S. (2020) 'Healthcare research and analytics data infrastructure solution: A data warehouse for health services research', *Journal of Medical Internet Research*, 22(6), p. e18579. doi:10.2196/18579.