

Fill in the blanks with your daily routine

1. I usually _____ (wake up) at 6:30 a.m.
2. She _____ (go) to work at 8:00 a.m.
3. They _____ (have) dinner at 7:00 p.m.

Match the daily routine activity
with the correct adverb of frequency

1. Wake up
2. Go to the gym
3. Have dinner

a) Usually

b) Always

c) Sometimes

Write a paragraph describing your daily routine .

- Use the present simple tense and adverbs of frequency.
- Include at least five activities.