Respond to the problems below with advice using modals

- 1. I've been feeling really tired lately.
- 2. I argued with my best friend, and now we're not talking.
- 3. I'm struggling to meet my work deadlines.
- 4. I've been eating too much junk food.

Write a short dialogue between two people, where one gives advice and the other responds

Example:

A: I've been really stressed at work lately.

B: You ought to take regular breaks and try to manage your workload better.

A: Would it be possible to finish it by tomorrow?