Thinking about sucide? Call or text 988. In crisis call? 1-877-303-2462.

OSI-CAN is a free, confidential, community-based mental wellness support initiative for veterans, First Responders and Public Safety Personnel

Read More

## WHO CAN BENEFIT FROM OSCI-CAN

Former and serving members of the Canadian Armed Forces, Allied Armed Forces, the Royal Canadian Mounted Police and Frontline Protectors--- Municipal Police Services, CN Police Services, Emergency Medical Services, Fire Protection Services, Wildland Firefighters, Hospital Trauma personnel, Nurses, Healthcare Workers, Crown Prosecutors, Social Workers, Animal Control Officers, Coroners, Indigenous Emergency Management, Victim Services Personnel, Emergency Communications Specialist, Crisis Management Workers (such as Mobile Crisis, etc), Corrections Officers, "Volunteer" First Responders, Conservation Officers, Tow Truck drivers, and private sector First Responders. Persons who in the performance of their jobs are exposed to criminal acts of Trauma. We also provide supports to the spouses and significant others of those exposed to such trauma. This demographic was chosen due to the commonality of experiences they share through the service they provide to the country and community. We have a special interest and support volunteer first responders as they may not have proper access to support.

**Our Rescources** 

We have alot of resoucrcs and materials designed to help

> Learn More **Our Events**



OSCI-CAN has alot of program and Events and we would love for you to be apart of it

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Support



To support, Volunteer or Donate to OSCI-CAN click the icon below

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Indigenous Helpline



Click ro get acess to our free help Line

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Donate Now in to support oscican

Donate Now





Do you spen a lot of your downtime playing video games? Click the icon below to join our online community

Learn More

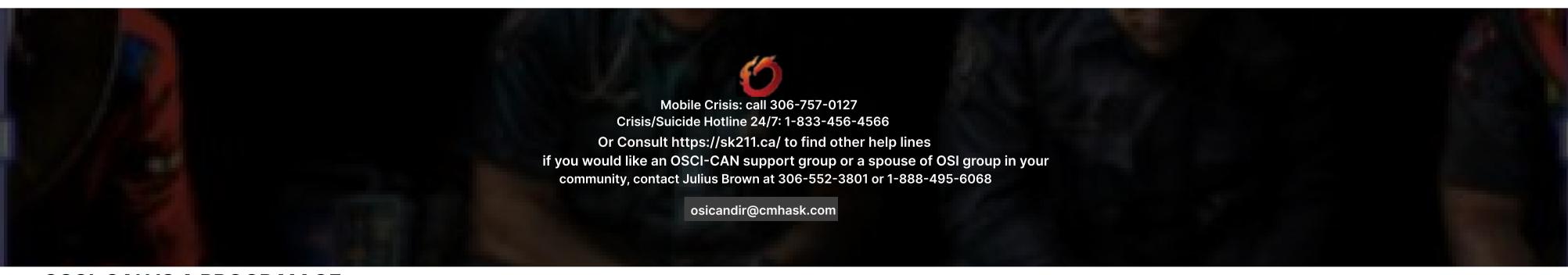
OSCI-CAN is not just a place to get help it is a family where you get to meet people and know that you are not alone

## **VIDEO TESTIMONIALS**











**IN PARTNERSHIP** 



## With the Support of

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