### **Donate**

Thinking about sucide? Call or text 988. In crisis call? 1-877-303-2462.



Donate to help support OSCI-CAN

Learn More

# **Peer Support Groups**



CSI-CAN provides Peer Support Groups for our target demographic, Military and Civilian Public Safety Personnel. Occupational Stress Injuries / Post Traumatic Stress Disorder can occur when a person directly experiences or witnesses a traumatic event. This can also happen with repeated exposure to traumatic situations and details.

Learn More



Click to Call

CSI-CAN wants to be here when you need us.
Please click the button below to contact us directly and find the community support contact nearest your location. If this is an emergency please use the numbers above for immediate service.

Learn More

# Volunteer



OSCI-CAN is recruiting military/veteran members and first responders to lead community-based support groups for fellow peers living with OSI or PTSD. "Your story may become a part of someone else's survival guide". Click the icon belong to be join and help support OSCI-CAN

Learn More

#### OSI-CAN Target Demograph

The target demographic of OSI-CAN are but not limited to Former and serving members of the Canadian Armed Forces, Allied Armed Forces, the Royal Canadian Mounted Police and Frontline Protectors--- Municipal Police Services, CN Police Services, Emergency Medical Services, Fire Protection Services, Wildland Firefighters and , Hospital Trauma personnel, Nurses, Healthcare Workers, Crown Prosecutors, Social Workers, Animal Control Officers, Coroners, Indigenous Emergency Management, Victim Services Personnel, Emergency Communications Specialist, Crisis Management Workers (such as Mobile Crisis, etc), Corrections Officers, "Volunteer" First Responders, Conservation Officers, Tow Truck drivers, and private sector First Responders. Persons who in the performance of their jobs are exposed to criminal acts of Trauma. We also provide supports to the spouses and significant others of those exposed to such trauma. This demographic was chosen due to the commonality of experiences they share through the service they provide to the country and community. We have a special interest and support volunteer first responders as they may not have proper access to support.

Mobile Crisis: call 306-757-0127
Crisis/Suicide Hotline 24/7: 1-833-456-4566
Or Consult https://sk211.ca/ to find other help lines
if you would like an OSCI-CAN support group or a spouse of OSI group in your
community, contact Julius Brown at 306-552-3801 or 1-888-495-6068
osicandir@cmhask.com

## **OSCI-CAN IS A PROGRAM OF**



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