

FAQ

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1. Who can provide me with a formal diagnosis of Post Traumatic Stress Disorder (PTSD)?

The people who are licensed to diagnose are psychiatrists and registered psychologists who have the designation APE behind their name. An Authorized Practice Endorsement (APE) is required to communicate a psychological diagnosis in Saskatchewan.

Close Answer

2. Do I need a formal diagnosis of PTSD to receive counseling therapy?

View Answer

3. Who are the professionals who offer counseling therapy (psychotherapy) for people with symptoms of psychological injury?

View Answer

4. What is the difference between a psychiatrist, a psychologist, a clinical counselor, and a social worker?

View Answer

OSI-CAN Target Demographic

The target demographic of OSI-CAN are but not limited to Former and serving members of the Canadian Armed Forces, Allied Armed Forces, the Royal Canadian Mounted Police and Frontline Protectors--- Municipal Police Services, CN Police Services, Emergency Medical Services, Fire Protection Services, Wildland Firefighters and , Hospital Trauma personnel, Nurses, Healthcare Workers, Crown Prosecutors, Social Workers, Animal Control Officers, Coroners, Indigenous Emergency Management, Victim Services Personnel, Emergency Communications Specialist, Crisis Management Workers (such as Mobile Crisis, etc), Corrections Officers, "Volunteer" First Responders, Conservation Officers, Tow Truck drivers, and private sector First Responders. Persons who in the performance of their jobs are exposed to criminal acts of Trauma. We also provide supports to the spouses and significant others of those exposed to such trauma. This demographic was chosen due to the commonality of experiences they share through the service they provide to the country and community. We have a special interest and support volunteer first responders as they may not have proper access to support.

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