



## **OSI-CAN is proud to provide Equine Assisted Learning Programs across the Province in partnership with qualified providers, aiding in the recovery of Operational Stress Injuries / Occupational Stress Injuries (OSIs) and Post Traumatic Stress Disorder (PTSD)**

For Regina and area, we are partnered with [Serenity Farm](#), <https://ridelkwind5.wixsite.com/serenity-farm> provides Equine Assisted Learning and the Horses Heal program through clinics, riding lessons, and trail rides.

In Osler, Saskatchewan near Saskatoon you will find: [ACE Equine](#), we are more than a sanctuary; we are a community of hope. Our commitment to empowering individuals, strengthening family units, and fostering a culture of healing is unwavering. Together, we can build a future where the effects of trauma are minimized, and every person can experience a life filled with wellness, resilience, and fulfillment. [aceequine.ca@outlook.com](mailto:aceequine.ca@outlook.com)  
<https://aceequine.ca/> Mobile : (306) 321 5244

Near Saskatoon, we have the seasonal operation at [Vicki's Equine Assisted learning](#). You can contact them at <https://vickisealandphotography.com/> or Call Vicki directly at (306) 417-9022. On average, Vicki charges groups of 2 or more (including family groups) a rate of \$25.00 total per session while individuals are charged \$45/Session as they get one-on-one opportunities. OSI-CAN is able to provide support to attend these sessions but preferably at the group rate as OSI-CAN operates from private donations.

Near Balgonie we are partnered with [Being Among Horses](#). Please call [306-531-3008](tel:306-531-3008)  
<http://www.beingamonghorses.com/>

For details contact [Julius Brown](#) at [306-552-3801](tel:306-552-3801) or toll free at [1-888-495-6068](tel:1-888-495-6068), or use our [contact form](#).

### **By Ron — OSI-CAN Equine Therapy Testimonial:**

*"One of the largest hurdles for myself in dealing with an Occupational Stress Injury as a Peace Officer in the Law Enforcement world is finding the ability to know if I can trust my own emotions, or even know what they are. The Trainer is there to help you understand that even if you do not trust yourself, you can trust the horse to know where your heart and head is at.*

*In the beginning, when it came to try riding my first instinct was to approach getting on the Horse like I was responding to a 'Code' at work. I do not know what my Trainer saw but she encouraged me to take a step back, and she was right! After taking time to know 'my' horse Aida, by brushing her and cleaning hooves and leading her through a course or a game of 'Horse Hockey' (not kidding, that is what it is called) I am slowly understanding what the Trainer meant. Really trusting others while also admitting you need them is a lot easier when trusting something whose needs for interaction are ... simpler. I have a long road ahead, but with OSI-CAN and Aida I can now acknowledge that I can count on others for my mental health.*

The target demographic of OSI-CAN are but not limited to: Former and serving members of the Canadian Armed Forces, Allied Armed Forces, the Royal Canadian Mounted Police and Frontline Protectors--- Municipal Police Services, CN Police Services, Emergency Medical Services, Fire Protection Services, Wildland Firefighters and Hospital Trauma personnel, Nurses, Healthcare Workers, Crown Prosecutors, Social Workers, Animal Control Officers, Coroners, Indigenous Emergency Management, Victim Services Personnel, Emergency Communications Specialist, Crisis Management Workers (such as Mobile Crisis, etc), Corrections Officers, "Volunteer" First Responders, Conservation Officers, Tow Truck drivers, and private sector First Responders. Persons who in the performance of their jobs are exposed to criminal acts of Trauma. We also provide supports to the spouses and significant others of those exposed to such trauma. This demographic was chosen due to the commonality of experiences they share through the service they provide to the country and community. We have a special interest and support volunteer first responders as they may not have proper access to support.



Mobile Crisis: call 306-757-0127

Crisis/Suicide Hotline 24/7: 1-833-456-4566

Or Consult <https://sk211.ca/> to find other help lines

if you would like an OSI-CAN support group or a spouse of OSI group in your community, contact Julius Brown at 306-552-3801 or 1-888-495-6068

[osicandir@cmhask.com](mailto:osicandir@cmhask.com)

OSCI-CAN IS A PROGRAM OF



IN PARTNERSHIP WITH



With the Support of

THE LORNE AND EVELYN JOHNSON FOUNDATION

