Thinking about sucide? Call or text 988. In crisis call? 1-877-303-2462.

Looking for other supports? Call 211 (Saskatchewan only).





Laughter Begins Recovery Comedy Night 2025
Sat, May 10 | Location is TBD

Details





OSCI-CAN Mini Indy

Come set up track and race fo our trophy

Learn More





Learn More

## OSI-CAN Target Demographic

The target demographic of OSI-CAN are but not limited to Former and serving members of the Canadian Armed Forces, Allied Armed Forces, the Royal Canadian Mounted Police and Frontline Protectors--- Municipal Police Services, CN Police Services, Emergency Medical Services, Fire Protection Services, Wildland Firefighters and , Hospital Trauma personnel, Nurses, Healthcare Workers, Crown Prosecutors, Social Workers, Animal Control Officers, Coroners, Indigenous Emergency Management, Victim Services Personnel, Emergency Communications Specialist, Crisis Management Workers (such as Mobile Crisis, etc.), Corrections Officers, "Volunteer" First Responders, Conservation Officers, Tow Truck drivers, and private sector First Responders. Persons who in the performance of their jobs are exposed to criminal acts of Trauma. We also provide supports to the spouses and significant others of those exposed to such trauma. This demographic was chosen due to the commonality of experiences they share through the service they provide to the country and community. We have a special interest and support volunteer first responders as they may not have proper access to support.

## Canadian Mental Health Association Saskatchewan Mental health for all

IN PARTNERSHIP WITH



## With the Support of









