

HOW TO DONATE TO OSI-CAN

DONATIONS CAMPAIGN
CLICK HERE

**** PLEASE NOTE THAT 100% OF
DONATIONS WILL BE KEPT IN
SASKATCHEWAN!!**

One-Time or Monthly Donations:

Just go to <http://www.canadahelp.ca/programs/dm/29044> and make your donation in any amount. Every dollar helps, and we sincerely appreciate all donations.

Memorial Donations:

Make a one-time or monthly donation in memory of a loved one or create a tribute page to raise funds. The deceased's family will receive a card or message acknowledging the donation. Memorial donations can be made at <http://www.canadahelp.ca/programs/dm/29044>

Fundraising Efforts:

Your unique fundraising efforts will help to promote awareness and the services of OSI-CAN to support the resilience and recovery of our veterans and community first responders. If you would like to fundraise for OSI-CAN, please contact our Provincial Director, Julius Brown, at [306-552-3801](tel:3065523801) or osicandir@cmhask.com

Corporate Fundraising:

Make a one-time or monthly donation in memory of a loved one or create a tribute page to raise funds. The deceased's family will receive a card or message acknowledging the donation. Memorial donations can be made at <http://www.canadahelp.ca/programs/dm/29044>

Become a Partner:

By partnering with OSI-CAN, you signal your support for our veterans and community first responders. There are many ways to align your brand with OSI-CAN:

- An outright gift – an unrestricted yearly donation to OSI-CAN supports our services by allowing its use in the area of greatest need and adapting to emergent issues.
- A directed gift – you may choose to support a particular service offered by OSI-CAN, such as service dog placement, equine-assisted learning, financial support for counselling, Indigenous land-based healing or peer support groups. A complete list of our programs is found on our website at www.osicandir.ca/programs. We can help direct your support to the impact area best aligned with your business.
- Cause Marketing and Point of Sale Campaigns – donating a portion of sales or proceeds or soliciting a point of sale donation are effective ways to show your support for our veterans and community first responders living with an operational stress injury or PTSD.
- Event and Campaign Sponsorship – by becoming an event or campaign sponsor, you can support OSI-CAN while connecting to new audiences. Events held by OSI-CAN include the Laughter Begins Recovery Comedy Night and the Mindy Indy Sponsorship details can be found by contacting osicandir@cmhask.com
- Corporate Fundraising for OSI-CAN – Become a hero by raising funds on behalf of OSI-CAN. Create your own company event or campaign to raise funds and have fun. Corporate fundraising can be internal – to engage your employees in the cause – or external, demonstrating your commitment to your clients and customers.
- Employee Matching and Payroll Deduction – Show your commitment to OSI-CAN by honouring your employees with a matching donation.

Gifts of Securities:

You can support OSI-CAN with a gift of publicly traded securities, mutual funds or stocks. A gift of securities, including stocks, stock options or bonds, is an easy way for you to make a current or deferred gift. By making a gift of your appreciated securities, you can avoid paying capital gains tax that would otherwise be due if you sold these assets. If you want to support OSI-CAN in this way, please contact the Director of Finance at the Canadian Mental Health Association (Saskatchewan Division) Inc., Peter Chays, at peterc@cmhask.com. He can guide you through the process. Please be sure to mention the donation is being made in support of OSI-CAN. Once we receive the transfer of your stocks and securities, a charitable tax receipt will be issued to you for the fair market value. The fair market value is dependent on the closing price for when the gift has been received.

This information is general and is not intended to be a substitute for professional advice. We strongly recommend that you seek advice from your financial advisor and/or lawyer and family to determine if the gift of securities is right for you.

LEAVE A LEGACY OR GIFT IN YOUR WILL:

The easiest way to leave a legacy for OSI-CAN is through a gift in your will. You can choose to leave a specific sum of money or a percentage of the value of your estate. A gift by bequest in your will is an easy and impactful way to make a meaningful gift. Your estate will receive a donation receipt that will produce generous tax credits to offset any taxes owing on your final tax return.

There are many ways to leave a legacy, and knowing the possibilities and deciding what works best for you and your family is important. We strongly suggest you discuss your plans with your loved ones and a professional advisor as well.

DONATIONS BY CASH/DEBIT:

CASH - DELIVER IN PERSON TO 3703-
12TH AVENUE, REGINA,
SASKATCHEWAN IN ENVELOPE
ADDRESSED TO OSI-CAN
DEBIT - WE HAVE A MACHINE
AVAILABLE AT OUR FRONT DESK

DONATIONS BY CREDIT CARD:

CLICK HERE →

Donate ▼

DONATIONS BY CHEQUE/MONEY ORDER:

Then mail to:
OSI-CAN
3703 12th Avenue
Regina, Sask.
S4S 0A2

11/2

OSI-CAN

3703 12th Avenue
Regina, Sask.
S4S 0A2

1-800-970-7830 • 306-552-3801 • 1-888-495-6068

We at OSI-CAN do not see PTSD or Post-Traumatic Stress Disorder as a Disorder, we see it as an injury you can recover from. If you are suffering from the symptoms of an Occupational or Occupational Stress Injury, then a PTSD or PTSI diagnosis is not needed to get our help.

OSI-CAN Target Demographic

The target demographic of OSI-CAN are but not limited to: Former and serving members of the Canadian Armed Forces, Allied Armed Forces, the Royal Canadian Mounted Police and Frontline Protectors--- Municipal Police Services, CN Police Services, Emergency Medical Services, Fire Protection Services, Wildland Firefighters and Hospital Trauma personnel, Nurses, Healthcare Workers, Crown Prosecutors, Social Workers, Animal Control Officers, Coroners, Indigenous Emergency Management, Victim Services Personnel, Emergency Communications Specialist, Crisis Management Workers (such as Mobile Crisis, etc), Corrections Officers, "Volunteer" First Responders, Conservation Officers, Tow Truck drivers, and private sector First Responders. Persons who in the performance of their jobs are exposed to criminal acts of Trauma. We also provide supports to the spouses and significant others of those exposed to such trauma. This demographic was chosen due to the commonality of experiences they share through the service they provide to the country and community. We have a special interest and support volunteer first responders as they may not have proper access to support.



Mobile Crisis: call 306-757-0127
Crisis/Suicide Hotline 24/7: 1-833-456-4566

Or Consult <https://sk211.ca/> to find other help lines

If you would like an OSI-CAN support group or a spouse of OSI group in your community, contact Julius Brown at 306-552-3801 or 1-888-495-6068

osicandir@cmhask.com

OSCI-CAN IS A PROGRAM OF

With the Support of

THE LORNE AND EVELYN JOHNSON FOUNDATION



IN PARTNERSHIP WITH

