OSI-CAN is proud to provide Equine Assisted Learning Programs across the Province in partnership with qualified providers, aiding in the recovery of Operational Stress Injuries / Occupational Stress Injuries (OSIs) and Post Traumatic Stress Disorder (PTSD)

For Regina and area, we are partnered with Serenity Farm, https://ridelkwind5.wixsite.com/serenity-farm provides Equine Assisted Learning and the Horses Heal program through clinics, riding lessons, and trail rides.

In Osler, Saskatchewan near Saskatoon you will find: ACE Equine, we are more than a sanctuary; we are a community of hope. Our commitment to empowering individuals, strengthening family units, and fostering a culture of healing is unwavering. Together, we can build a future where the effects of trauma are minimized, and every person can experience a life filled with wellness, resilience, and fulfillment. aceequine.ca@outlook.com https://aceequine.ca/ Mobile: (306) 321 5244

Near Saskatoon, we have the seasonal operation at Vicki's Equine Assisted learning. You can contact them at https://vickisealandphotography.com/ or Call Vicki directly at (306) 417-9022. On average, Vicki charges groups of 2 or more (including family groups) a rate of \$25.00 total per session while individuals are charged \$45/Session as they get one-on-one opportunities. OSI-CAN is able to provide support to attend these sessions but preferably at the group rate as OSI-CAN operates from private donations.

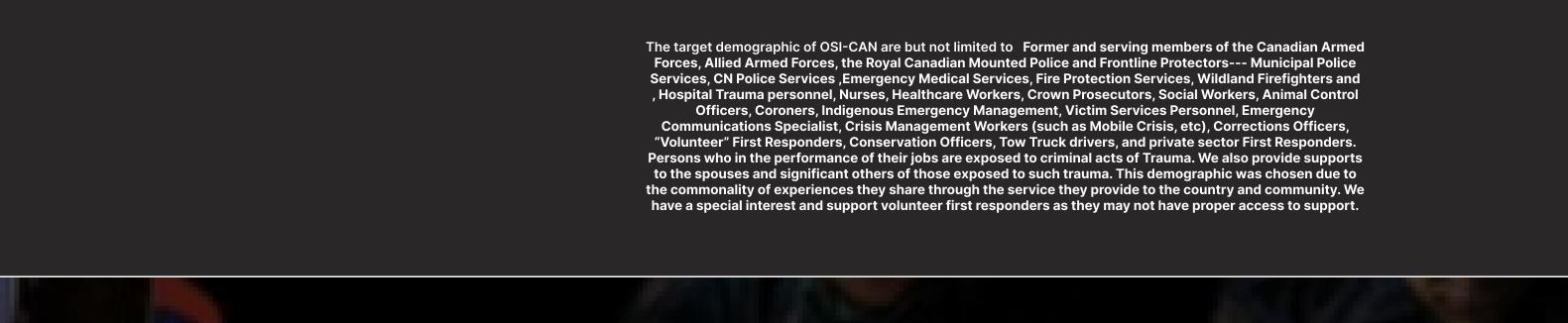
Near Balgonie we are partnered with Being Among Horses. Please call 306-531-3008 http://www.beingamonghorses.com/

For details contact Julius Brown at 306-552-3801 or toll free at 1-888-495-6068, or use our contact form.

By Ron --- OSI-CAN Equine Therapy Testimonial:

"One of the largest hurdles for myself in dealing with an Occupational Stress Injury as a Peace Officer in the Law Enforcement world is finding the ability to know if I can trust my own emotions, or even know what they are. The Trainer is there to help you understand that even if you do not trust yourself, you can trust the horse to know where your heart and head is at.

In the beginning, when it came to try riding my first instinct was to approach getting on the Horse like I was responding to a 'Code' at work. I do not know what my Trainer saw but she encouraged me to take a step back, and she was right! After taking time to know 'my' horse Aida, by brushing her and cleaning hooves and leading her through a course or a game of 'Horse Hockey' (not kidding, that is what it is called) I am slowly understanding what the Trainer meant. Really trusting others while also admitting you need them is a lot easier when trusting something whose needs for interaction are ... simpler. I have a long road ahead, but with OSI-CAN and Aida I can now acknowledge that I can count on others for my mental health.



Mobile Crisis: call 306-757-0127 Crisis/Suicide Hotline 24/7: 1-833-456-4566 Or Consult https://sk211.ca/ to find other help lines if you would like an OSCI-CAN support group or a spouse of OSI group in your community, contact Julius Brown at 306-552-3801 or 1-888-495-6068

osicandir@cmhask.com

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