

$$((p \vee H) \wedge \sim H) \rightarrow p$$

End result

$$(p \wedge \sim H) \vee \underbrace{(\sim H \wedge H)}_{\text{false}} \rightarrow p$$

$$\rightarrow (p \wedge \sim H) \rightarrow p \equiv (\sim p \vee H) \vee p$$

$$\underbrace{\sim p \vee p}_{\text{True}} \rightarrow T \vee H \equiv \text{True}$$

End result