subject05trial01,noload
subject05trial02,noload
subject05trial03,noload
subject07trial01,noload
subject07trial02,noload
subject07trial03,noload
subject09trial01,noload
subject09trial02,noload
subject09trial03,noload
subject10trial01,noload
subject10trial02,noload
subject10trial03,noload
subject11trial01,noload
subject11trial02,noload
subject11trial03,noload
subject12trial01,noload
subject12trial02,noload
subject12trial03,noload
subject14trial01,noload
subject14trial02,noload
subject14trial03,noload

mono non-regenerated
mono regenerated

Energy Consumption (W/kg)

Metabolic Reduction (%)