

	biarticular, noload	monoarticular, noload	biarticular, loaded	monoarticular, loaded
mean hip actuator energy (J/kg)	1.42	1.091	1.587	1.52
mean knee actuator energy (J/kg)	1.586	1.241	1.526	1.239
mean metabolic rate (J/kg)	5.098	5.092	6.857	6.861
mean metabolic reduction (%)	22.386	22.474	20.496	20.454
std hip actuator energy (J/kg)	0.328	0.246	0.291	0.281
std knee actuator energy (J/kg)	0.308	0.13	0.297	0.275
std metabolic rate (J/kg)	0.174	0.176	0.395	0.401
std metabolic reduction (%)	4.915	4.895	2.873	2.813