

	mean hip actuator energy (W/kg)	mean knee actuator energy (W/kg)	mean metabolic reduction (%)	std hip actuator energy (W/kg)	std knee actuator energy (W/kg)	std metabolic reduction (%)
monoarticular, noload, W-1	1.03	1.16	22.05	0.22	0.13	5.49
monoarticular, noload, W-2	1.03	1.13	21.72	0.22	0.14	5.52
monoarticular, noload, W-6	1.02	1.16	21.85	0.21	0.14	5.22
monoarticular, noload, W-7	1.02	1.13	21.57	0.21	0.14	5.34
monoarticular, noload, W-8	1.03	1.09	21.07	0.23	0.15	5.44
monoarticular, noload, W-13	0.98	1.1	20.67	0.2	0.15	5.01
monoarticular, noload, W-14	0.97	1.04	20.18	0.21	0.15	5.01
monoarticular, noload, W-15	0.94	0.95	19.62	0.19	0.15	4.92
monoarticular, noload, W-20	0.84	0.95	18.47	0.17	0.15	4.35
monoarticular, noload, W-25	0.67	0.96	16.35	0.17	0.15	3.94