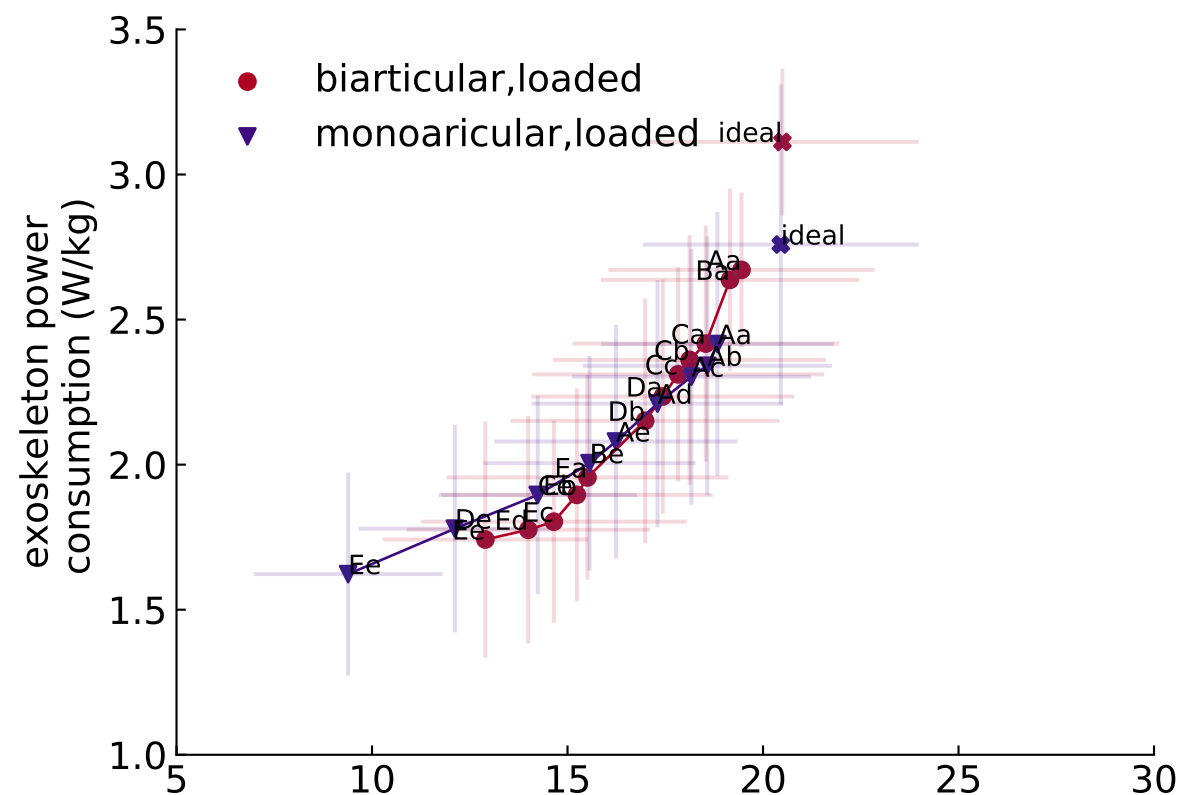
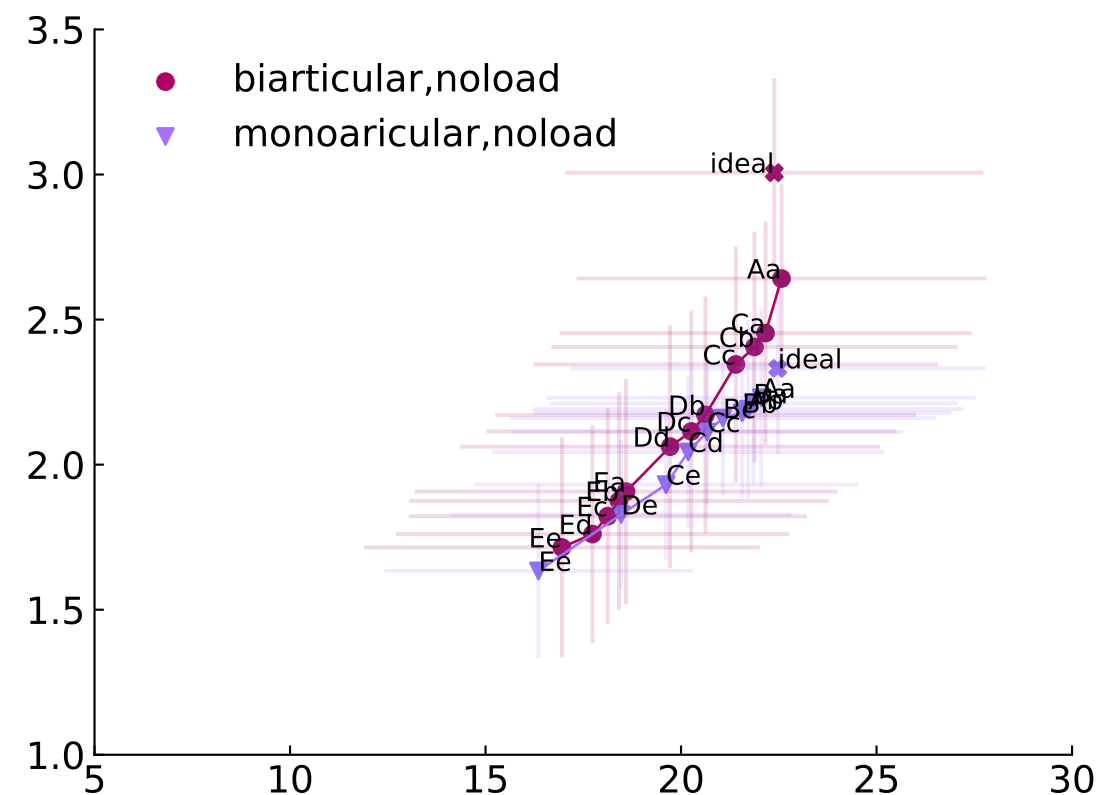


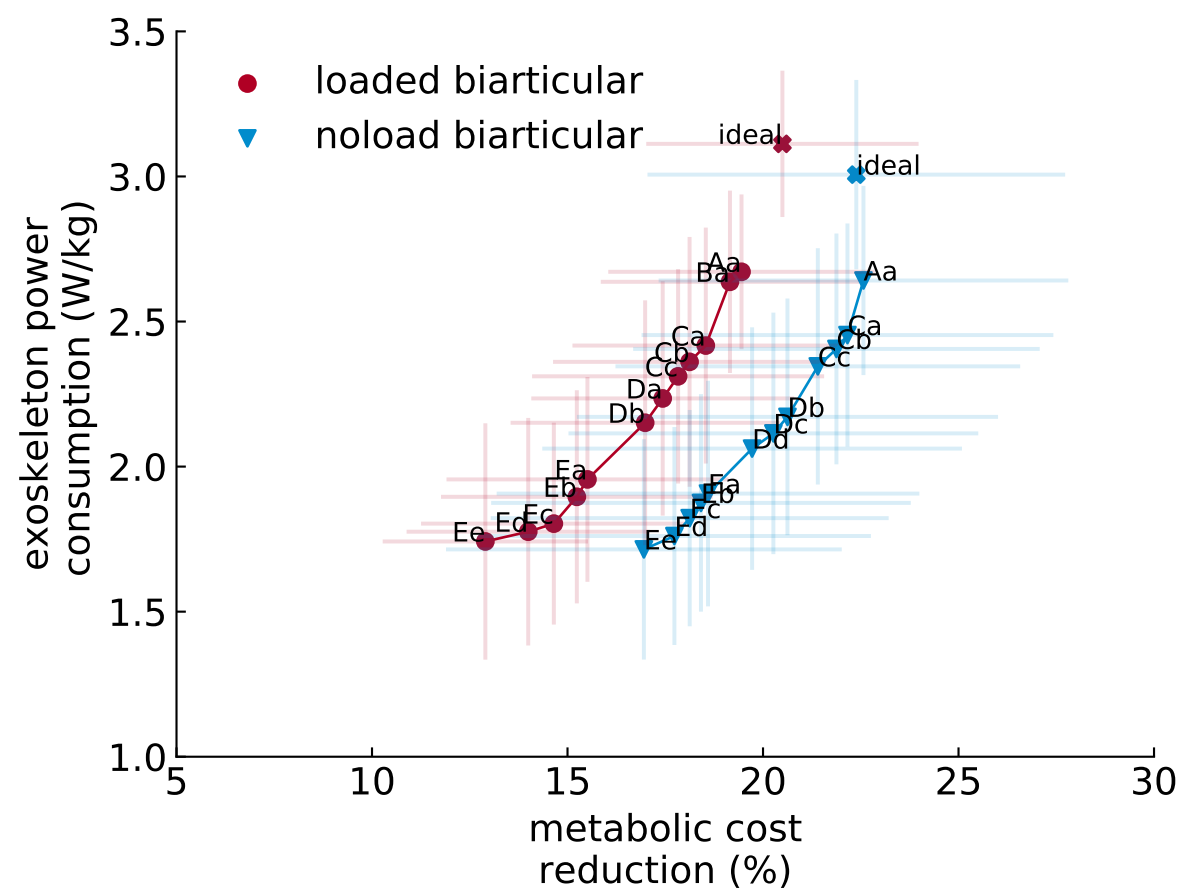
loaded: monoarticular vs biarticular



noload: monoarticular vs biarticular



biarticular: loaded vs noload



monoarticular: loaded vs noload

