

D. Volcanoes

time limit per test: 1 second

memory limit per test: 256 megabytes

input: standard input

output: standard output

lahub got lost in a very big desert. The desert can be represented as a $n \times n$ square matrix, where each cell is a zone of the desert. The cell (i, j) represents the cell at row i and column j ($1 \leq i, j \leq n$). lahub can go from one cell (i, j) only down or right, that is to cells $(i + 1, j)$ or $(i, j + 1)$.

Also, there are m cells that are occupied by volcanoes, which lahub cannot enter.

lahub is initially at cell $(1, 1)$ and he needs to travel to cell (n, n) . Knowing that lahub needs 1 second to travel from one cell to another, find the minimum time in which he can arrive in cell (n, n) .

Input

The first line contains two integers n ($1 \leq n \leq 10^9$) and m ($1 \leq m \leq 10^5$). Each of the next m lines contains a pair of integers, x and y ($1 \leq x, y \leq n$), representing the coordinates of the volcanoes.

Consider matrix rows are numbered from 1 to n from top to bottom, and matrix columns are numbered from 1 to n from left to right. There is no volcano in cell $(1, 1)$. No two volcanoes occupy the same location.

Output

Print one integer, the minimum time in which lahub can arrive at cell (n, n) . If no solution exists (there is no path to the final cell), print -1.

Examples

input
4 2 1 3 1 4
output
6

input
7 8 1 6 2 6 3 5 3 6 4 3 5 1 5 2 5 3
output
12

input
2 2 1 2 2 1
output
-1

Note

Consider the first sample. A possible road is: $(1, 1) \rightarrow (1, 2) \rightarrow (2, 2) \rightarrow (2, 3) \rightarrow (3, 3) \rightarrow (3, 4) \rightarrow (4, 4)$.