ACCIPPTIBID DVIDIRY DAY DUAS

for every Muslim

Including The Asma-al-Husna and their Benefits

Accepted Everyday Duas

for Every Muslim



A Collection of:

The Asmaa al Husnaa
Aayaat of Shifaa
Morning and Evening Duas
Daily Duas, Duas after Salah
Duas for the Deceased
from the Qur-aan and Hadith

For the Ehtaale Thawaab of our beloved Nabi Sayyidinaa Muhammad 4 , my late father Ismail Saleh Mohamed Bhamjee, my grandparents, uncles, aunts and all Marhoomeen.

Accepted Everyday Duas for Every Muslim

A Collection of: The Asmaa al Husnaa, Aayaat of Shifaa, Morning and Evening Duas and Daily Duas, Duas aftger Salah and Duas for the Deceased - from the Qur-aan and Hadith

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بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ نَحْمَدُهُ وَنُصَلِّى عَلَى رَسُولِهِ الْكَرِيْمِ

ٱللَّهُمَّ صَلِّ عَلَى سَيِّ بِانَا مُحَتَّ بٍ وَعَلَى الرِسَيِّدِاتَ مُحَتَّ بٍ وَبَارِكُ وَسَلِّـهُ

This blessed book is a compilation of *six* beneficial works based on the Qur-aan and Sunnah. In it are daily devotions from the Quraan and Ahaadith of Rasulullah . In it is a healing for the ill, happiness for the sad heart, protection from all evils and in it the reader will find contentment of heart and solutions to everyday problems. Most of all, in making this book a part of ones daily recitations the reader will attain the pleasure of Allah and our beloved Rasulullah and also accumalate great benefits and rewards in this world and in the hereafter. Please do remember the compiler of this work in your duas as well.

Our Lord, accept (this) from us. Indeed You are the All Hearing, the All Knowing.

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بِسُمِ اللهِ التَّرِحُمُنِ التَّحِيْمِ اَللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى الرِسَيِّدِنَ مُحَمَّدٍ وَسَلِّمُ

Solve Your Problems Through the 99 Beautiful Names of Allah 🚒

INTRODUCTION

When we look at this world we see beauty, grandeur, sublimity, strength, the power of joy or the power of destruction manifested in it. We are attracted or repulsed by these manifestations. We feel threatened by some or inspired by awe. There is an inevitable link between what we see and feel and ourselves.

That link is provided by the attributes of Allah . Each object manifests some power of Allah . His joy or His anger, His love or His Magnificence emanates through these objects.

There is no end to these manifestations so long as the process of creation exists.

The first man, Adam was taught the names of everything. 'Teaching the names' means making man conscious of the essence of these things. This consciousness implies full knowledge. Full knowledge is impossible without the essence becoming part and parcel of the Being. That is why Adam could represent Allah as as His Khalifa and become worthy of receiving the salutation of the angels. That is why Allah granted him and through him to man the mastery of this entire creation. Allah s, therefore, commands us to remember Him and draw near to Him by reciting His name or His attributes. Allah says ...

Those who believe and whose hearts find satisfaction in the remembrance of Allah, for without doubt in the remembrance of Allah do hearts find satisfaction." (13:28)

And remembrance of Allah is the greatest (thing in life without doubt). (29:45)

You who believe! Celebrate the praises of Allah, and do this often. (33:41)

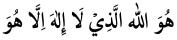
Therefore, remember Me and I will remember you; and be thankful unto Me and be you not ungrateful towards Me. (2:152)

Again Allah see says: And do thou (O reader!) bring thy Lord to mention in thy (very) soul with humility and in reverence without loudness in words, in the mornings and evenings and be not thou of those who are unmindful (7:205)

The remembrance of Allah sis the happiest and also the wisest of pastimes. Its blessings can never be counted and the satisfaction it brings cannot be measured. It relieves one of worries that otherwise eat into one's heart and improves one's spiritual and worldly life.

HOW TO RECITE THE ASMAA'UL HUSNAA

1. When wishing to recite ALL the Beautiful Names of Allah Ta'ala, begin by saying:



Huwal-laahul-ladhee laaa Ilaaha illaa Huwa He is Allah, besides whom there is no Deity and continue till the end. The last letter of each Name should be recited with the vowel 'Dhamma' (Pesh) and joined to the next word for eg:

But when pausing to take breath the last letter should be recited with a Saakin (Jazam) and the following Name should be started with J for eg:

2. When adopting a particular Name as a wazeefah (which one intends to recite daily) add ½ before the Name and eliminate the ½ For example:

Ar-Rahmaan اَلرَّحَمْنُ will be said as Ya Rahmaan يَا رَحَمْنُ and NOT as Ya Ar-Rahmaan يَا رَحَمْنُ

3. A learned 'Aalim should be consulted when one experiences any difficulty.

In Surah <u>Hashr</u> some of the 99 names of Allah sare mentioned as follows:

هُــوَ اللهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ عَالِـمُ الْغَيْبِ وَالشَّهَادَةِ هُوَ الرَّحْمَانُ الرَّحِيمُ ﴿٢٢﴾ هُوَ اللهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ، الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيْزُ الْجَبَّارُ الْمُتَكِّبُرُ مُسُبِّكَ إِنَّ اللهِ عَمَّا يُشْرِكُونَ ﴿٢٣﴾ هُوَ الله الخَالِقُ الْبَارِئُ الْمُصَوِّرُ اللهُ الْأَسْمَاءُ الْحُسْنَىٰ ۚ يُسَبِّحُ لَهُ مَا فِي السَّمَاوَاتِ وَالْأَرْضِ السَّمَاوَاتِ وَالْأَرْضِ السَّمَا وَهُو الْعَزِيْزُ الْحَكِيثُمُ ﴿٢٤﴾

Huwal-laahul-ladhee laaa Ilaaha illaa Huwa Aalimul Ghaibi wash-shahaadah; Huwar-Rahmaanur-Raheem.Huwal-laahul-ladhee laaa Ilaaha illaa Hu. Al-Malikul Quddoosus-Salaamul Mu-minul Muhayminul-Azeezul Jabbaarul-Mutakabbir; Sub<u>h</u>aanal- laahi Ammaa yushrikoon. Huwallaahul Khaaliqul Baari-ul Mu<u>s</u>awwiru lahul Asmaaa-ul <u>H</u>usnaa; yusabbi<u>h</u>u lahu maa fis samaawaati wal ar<u>d</u>i wa Huwal Azeezul Hakeem

He is Allah, besides whom there is no Deity, Knower of the unseen and the witnessed. He is the Entirely Merciful, the Especially Merciful. He is Allah, besides whom there is no Deity, the Sovereign, the Pure, the Giver of Peace, the Bestower of Faith, the Overseer, the Mighty, the Compeller, the Most Great. Exalted is Allah above whatever they associate with Him. He is Allah, the Creator, the Inventor, the Fashioner; to Him belong the Beautiful Names. Whatever is in the heavens and earth is exalting Him. And He is the Exalted in Might, the Wise.

'O Allah, for the sake of your Beautiful Names and for the sake of the ones in whom your Names are manifest, lead us on their path. Let us see Your attributes everywhere without, and cleanse the mirror of our hearts that perchance we may see Your beauty reflected within.'

هُوَ اللَّهُ الَّذِي لَا إِلهَ اِلَّا هُوَ

بسم الله الرحمن الرحيم

He is Allāh, besides whom there is none worthy of worship

The 13 Thian; besides whom there is none worthly of worship			
اَلْمَـٰلِكُ THE SOVEREIGN	اَلرَّحِيمُ THE MOST MERCIFUL	اَلرَّحمٰنُ THE COMPASSIONATE	ส้มโ THE NAME OF Allāh
المُهَيْمِنُ	ٱلۡمُؤۡمِنُ	اَلسَّلَامُ	ٱلۡقُـدُّوۡسُ
THE GIVER OF PROTECTION	THE GIVER OF SANCTITY	THE GIVER OF PEACE	THE ONE FREE OF BLEMISHES
اَلْخَالِقُ THE CREATOR	اَلُمُتَكَبِّرُ THE SELF GLORIOUS	الْجَبُّارُ THE OVER- POWERING LORD	الُعـــزِيْزُ THE MIGHTY
اَلْقَهَارُ THE SUBDUER	الُغَفَّارُ THE MOST FORGIVING	المُصورِ THE FASHIONER OF SHAPES	الْبَارِئ THE GIVER OF LIFE
الُعَلِيثُم THE ALL KNOWING	الْفَتَّاحُ THE OPENER	اَلْـرَزَّاقُ THE PROVIDER	اَلُوَهَّابُ THE BESTOWER

اَلرَّافِعُ THE EXALTER	اَخُنَافِضُ THE ONE WHO HUMBLES	الباسط THE EXTENDER OF PROVISIONS	اَلْقَابِضُ THE CONSTRICTOR
اَلْبَصِیْـرُ THE ALL SEEING	اَلسَّمِیْٹُ THE ALL HEARING	اَلُمُذِلُّ THE GIVER OF DISHONOUR	اَلُمُعِزُّ THE GIVER OF HONOUR
اَلْحَبِيثرُ THE ALL AWARE	الَّطِيْفُ THE GENTLE/ SUBTLE	اَلْعَدُلُ THE JUST	الُحكم THE JUDGE
اَلۡشَّكُـوۡرُ	اَلۡغَفُورُ	الْعَظِيْم	الْحَالِثُمُ
THE	THE ALL	THE	THE
GRATEFUL	FORGIVING	GRAND	FOREBEARING
اَلۡمُقِیۡتُ	الُحَفِينظُ	الُكَبِيـُرُ	اَلْعَلِيُّ
THE	THE	THE	THE
MAINTAINER	PROTECTOR	MOST GREAT	MOST HIGH
اَلُرَّقِيبُ	الگريئم	اَلۡجَلِيـُلُ	اَلْحَسِيْب
THE	THE	THE	THE
WATCHFUL	GENEROUS	MAJESTIC	RECKONER

اَلُوَدُودُ THE MOST LOVING	الْحَكِيثِ THE WISE	الُوَاسِعُ THE GIVER IN ABUNDANCE	الُمْجِيْبُ THE ANSWERER OF DUAS
الْحَقُ	اَلشَّمِيتُ	اَلْبَاعِثُ	الْمَجِيْدُ
THE	THE	THE	THE MOST
TRUTH	WITNESS	RESURRECTOR	VENERABLE
اَلُـوَلِيُّ	اَلْمَتِيْنُ	اَلْقَوِيُّ	الُوَكِيثِلُ
THE	THE	THE	THE
PATRON	FIRM	POWERFUL	TRUSTEE
المُعِيْدُ	الْمُبُدِئُ	اَلُمُحْمِي	الخميث
THE	THE	THE ONE WHO	THE
RECREATOR	ORIGINATOR	RECORDS	PRAISEWORTHY
اَلْقَیْتُومُ THE SELF- SUBSISTING	اَلُـئِيُّ THE EVER LIVING	المُمِيثُ THE GIVER OF DEATH	اَلُمُحْیِی THE GIVER OF LIFE
دُ الْآحَدُ THE ONE UN	•	الْمَاجِدُ THE EXCELLENT	الُـوَاجِـدُ THE FINDER

ٱلْمُقَدِّمُ	اَلْمُقْتَدِرُ	اَلْقَادِرُ	اَلصَّمَدُ
THE CAUSER OF ADVANCEMENT	THE ONE WITH FULL AUTHORITY	THE ALL POWERFUL	THE ONE FREE FROM WANT
الظّاهِرُ	ٱلآخِرُ	ٱلْأُوَّلُ	ٱلۡمُؤخِّرُ
THE MANIFEST	THE LAST	THE FIRST	THE DELAYER
ٱلۡبَرُّ	اَلْمُتَعَالِيُ	ٱلْوَالِيُ	ٱلْبَاطِنُ
THE SOURCE OF ALL GOOD	THE EXALTED	THE AUTHORITY	THE HIDDEN
ٱلۡرَّءُوۡفُ	اَلْعَفُ قُ	المُنتَقِمُ	اَلتَّـوَّابُ
THE AFFECTIONATE	THE ONE WHO PARDONS	TAKER OF RETRIBUTION	THE OFT FORGIVING
ذُوالْجَلَالِ وَالْإِكْرَامِ		اَلْمَالِكُ الْمُلْكِ	
POSSESSOR OF MAJESTY AND BENEVOLENCE		POSSESSOR OFSOVEREIGNITY	
اَلُمُغَنِيُ	ٱلۡغَـٰنِيُّ	الْجَامِعُ	اَلْمُقْسِطُ
THE ENRICHER	THE RICH	THE ASSEMBLER	THE EQUITABLE

النُّوْرُ THE LIGHT	اَلنَّافِعُ THE BENEFACTOR	الطبار THE GIVER OF DISTRESS	المانع THE HINDERER
اَلُـوَارِثُ THE INHERITOR	الْبَاقِي THE ETERNAL	اَلْبَدِيْعُ THE DEVISOR	اَلْهَادِیْ THE GUIDE
الْبَصِيْدرُ NOTHING IS LIKI	الَّذَىُ* لَيْسَ هُ وَّهُ وَ السَّمِيْعُ E HIM. HE IS THE HE ALL SEEING	اَلصَّبُورُ THE PATIENT	اَلرَّشِیدُ THE GUIDE TOWARDS VIRTUE

Rasulullah ﷺ said:

Allah has ninety-nine names, one hundred less one. Anyone who learns them will enter Jannah.

According to another narration:

Anyone who memorizes them

will enter Jannah.

ASMAA'UL HUSNAA THE BEAUTIFUL NAMES OF ALLAH

1. ALLAH ຟໍ່ທົ່ THE NAME OF ALLAH

Whoever reads this Name of Allah 1 000 times daily, all doubts and uncertainties will be removed from his heart and, instead, determination and faith will become ingrained in him. It is also very effective in the cure of an incurable disease if dua is made after reciting it excessively — Insha-Allah.

2. AR-RA<u>H</u>MAAN اَلـرَّحُـمٰنُ THE COMPASSIONATE

This beautiful name of Allah is very effective in removing hardness of the heart and negligence in matters of Deen if recited 100 times daily after every Salaah — Insha-Allah.

آلرَّحِـيمُ 3. AR-RA<u>H</u>EEM MOST MERCIFUL

If recited daily after every salaah 100 times, the reciter will be safeguarded against all calamities, and maladies and the entire creation will become affectionate towards him — Insha-Allah.

4. AL MALIK الْمَـلِكُ THE SOVEREIGN

The reciter of this Beautiful Name will become self-sufficient and independent if he reads it excessively daily after Zawaal — Insha-Allah.

اَلۡقُـدُّوۡسُ 5. AL QUDDOOS THE ONE FREE FROM ALL BLEMISHES

If recited excessively Allah will cure the reciter from all spiritual sicknesses — Insha-Allah.

6. AS-SALAAM اَلسَّلَامُ THE GIVER OF PEACE

Allah will protect one from all calamities if this Beautiful Name of Allah is read excessively. If recited 115 times and blown on a sick person, Allah will restore his health — Insha-Allah.

اَلْمُؤُمِنُ 7. AL MU'MIN THE GIVER OF SANCTITY

Whoever says this Name 630 times in times of fear, Allah will protect him from all calamities insha Allah. If anyone writes it (on paper or by engraving it on a silver ring) and keeps it with him (as ta'weez), his physical and spiritual safety will remain the responsibility of Allah.

8. AL MUHAYMIN اَلۡـُمُهَيۡـٰمِنُ THE GIVER OF PROTECTION

Anyone who offers 2 rakaat salaah after taking

a bath and recites this Beautiful Name of Allah 100 times with sincerity and devotion, he will be purified in body and soul. And if read 115 times, Allah will acquaint him with the unseen.

— Insha-Allah.

9. AL 'AZEEZ الْعَــٰزِيْزُ THE MIGHTY

Allah Ta'ala will grant honour, self esteem and self-sufficiency to the one who says this Beautiful Name of Allah 40 times for 40 consecutive days. If read 41 times daily the reader will become self-sufficient and will attain honour if he is disgraced and humiliated.

10. AL JABBAAR ٱلۡجَبُّـارُ THE OVERPOWERING LORD

Anyone who reads this Beautiful Name of Allah 226 times each morning and each evening will be safeguarded against the oppression of tyrants and despots. If engraved on a silver ring and

worn the wearer wil inspire awe in the hearts of people — Insha-Allah.

11. AL MUTAKABBIR ٱلۡمُتَكَبِّرُ THE SELF GLORIOUS

The constant reciter of this Beautiful Name will be granted honour and dignity. If read excessively continually before any task, it will be accomplished — Insha-Allah.

آخُالِقُ **12. AL KHAALIQ** THE CREATOR

Anyone who recites this Beautiful Name of Allah 100 times for 7 consecutive days, Allah will protect him against all adversities And one who forms the habit of its continuous recital, Allah will create an angel for the purposes of worshipping Allah on his behalf. — Insha-Allah.

لُبَارِئُ ' 13. AL BAARI THE GIVER OF LIFE

If a barren woman fasts for 7 days and each day, after making lftaar reads 21 times:

البارئ المُصَوِّر

Al Baarui-ul Musawwir - The giver of life, The Fashioner of Shapes Allah will grant her male children — Insha-Allah.

أَلُمُصَوِّرُ 14. AL MU<u>S</u>AWWIR المُصَوِّرُ THE FASHIONER OF SHAPES

If a barren woman fasts for 7 days and each day, after making lftaar reads 21 times:

Al Baarui-ul Musawwir - The giver of life, The Fashioner of Shapes Allah will grant her male children — Insha-Allah.

أَلْغَفَّارُ MOST FORGIVING

Any person who recites this Attribute of Allah 10 times after the Jumu'ah salaah, he will soon begin to perceive Allah's forgiveness. And anyone who says:

يًا غَفَّارُ اِغْفِرُلِي

Ya Ghaffaaru ighfirli - O Most Forgiving, forgive me, daily after 'Asr Salaah, Allah will include him amongst those whom He has forgiven.

اَلْقَهَارُ 16. AL QAHHAAR THE SUBDUER

The One who has control over all things. He who is materialistically inclined towards this world should say this Attribute of Allah excessively. Allah's love will become ingrained in his heart — Insha-Allah.

A poverty-stricken person should say this Attribute excessively or write it and keep it on him or say it 40 times in the last sajdah of Salaatud-Duha (Chaast). He will be amazed at how Allah will deliver him from poverty. For a particular need to be fulfilled, observe sajdah thrice in the courtyard of the house or masjid and then lift the hands as in dua and say this Attribute of Allah 100 times. Allah willing ones need will be fulfilled.

Anyone who blows in all four corners of his house after saying this Beautiful Name 10 times in each corner before Fajr, Allah will open for him the doors of rizq (sustenance). Moreover his family will be safeguarded against sicknesses

and poverty. Note: Begin from the right-hand corner while facing Qiblah.

اَلْفَتَّاحُ 19. AL FATTAA<u>H</u> THE OPENER

He is the opener and the solver, the easer of all that is locked, tied and hardened. Anyone who places both his hands on his chest after Fajr salaah and says this Attribute of Allah 70 times, his heart will be illuminated with the 'Noor' of Imaan. — Insha-Allah.

20. AL 'ALEEM الْعَلِيثُمُ THE ALL KNOWING

One who says this Beautiful Name of Allah excessively, Allah will open for him the doors of knowledge and wisdom. Also, his heart will be filled with the recognition (marifah) of Allah.

The straitener of sustenance. He is the one who constricts. Whoever writes (with saffron or by the mere action of ones finger) this Name of Allah on four morsels of bread /roti each day for 4 days and eats them, such a person will be safeguarded against hunger, thirst, injuries, pain etc. — Insha-Allah

22. AL BAASI<u>T</u> اَلۡبَـاسِطُ THE EXTENDER OF PROVISIONS

Lift the hands as in dua after Salaatud Duha (Chaast) and say this Name 10 times. Thereafter pass the hands across the face as when completing dua. If this is done on a daily basis Insha-Allah self-sufficiency and independence will be granted by Allah.

14 كافِضُ 23. AL KHAAFID THE ONE WHO HUMBLES

Anyone who says this Atribute 500 times,

Allah will fulfil all his needs and remove all his difficulties, insha-Allah. One who fasts for 3 days and on the fourth day says this Beautiful Name 70 times while sitting in seclusion, will gain victory over his enemy. — Insha-Allah.

أَلـرَّافِـعُ 24. AR RAAFI'I THE EXALTER

A person who says this Beautiful Name of Allah 100 times in the middle of the 14th night of every lunar month, Allah will grant him self sufficiency and independence of the entire creation. — Insha-Allah.

اَلُمُعِزُّ 25. AL MU'IZZ THE GIVER OF HONOUR

If this Beautiful Name of Allah is repeated 40 times after Maghrib Salaah on Mondays and Fridays, Allah will grant the reader honour and reverence — Insha-Allah

26. AL MUDHILL ٱلۡمُحَذِلُ THE GIVER OF DISHONOUR

Whoever makes dua for protection after saying this Beautiful Name of Allah 75 times, Allah will protect him from the harm of envious persons, oppressors and enemies, Insha Allah.

أَلسَّمِيْتُ كُلُّ 27. AS SAMEE'I THE ALL HEARING

One who says this Beautiful Name 500 times or 50 times on Thursday after offering Salaatud-Duha (Chaast), all his duas will be granted by Allah insha-Allah. No talking should be done while reciting it. Allah will send down His special Rahmah on the one that reads it 100 times on a Thursday between the Sunnah and Fard of Fajr — Insha-Allah.

الْبَصِيْـرُ 28. AL BASEER THE ALL SEEING Allah will grant strength to the eye-sight and light (noor) to the heart of the one who says this Beautiful Name of Allah 100 times after the Jumu'ah Salaah. — Insha-Allah.

اَلْحَڪَمُ 29. AL <u>H</u>AKAM THE JUDGE

One who says this Beautiful Name 99 times while in the state of wudu during the last portion of the night, Allah will fill his heart with Noor and cause his heart to perceive all secrets. And anyone who says it on a Friday night in such a manner that he expereinces ecstasy then Allah will cherish his heart with manifestations and inspirations.

Anyone who writes this Name of Allah using saffron or by the mere action of ones finger on 20 pieces of bread (roti) on the day or night of

Jumu 'ah, and consumes it, Allah will cause the entire creation to become subservient to him Insha-Allah.

آلَطِيۡفُ 31. AL - LA<u>T</u>EEF THE GENTLE / SUBTLE

Whoever reads this Name 133 times daily, Allah will grant him abundance in his rizq and cause all his tasks to be accomplished without difficulty. To remove poverty, misery, sickness or loneliness or any adversity a person should make wudhu in the proper manner and offer 2 rakaat salaah and say this Beautiful Name 100 times. His object will be accomplished — Insha-Allah.

اَلُخَبِيتُرُ **32. AL KHABEER** THE ALL AWARE

A person will be made to perceive hidden secrets if this Name of Allah is recited excessively for 7 successive days. It is also effective for eliminating insatiable desire for pleasure.

اَلُحَـٰلِيتُ مُ 33. AL <u>H</u>ALEEM THE FOREBEARING

If this Name is written on paper, and soaked in water and then such water is sprinkled on anything, barakah will be imparted to such a thing and it will be safeguarded against all calamities — Insha-Allah

آلْعَظِيْتُ مَّ 34. AL 'AZEEM THE GRAND

The reciter of this Beautiful Name of Allah will be graced with honour and respect. Insha-Allah.

35. AL GHAFOOR ٱلۡغَفُورُ THE ALL FORGIVING

One who repeats this Name of Allah frequently, all his grief and sorrow will be removed. Moreover Allah will give Barakah in his wealth and offspring. It is related in a Hadith that anyone who says thrice 'Ya Rabbighfir li - O Allah Forgive me', while in sajdah, Allah will forgive all his sins — Insha-Allah.

آلُشَّكُورُ 36. ASH SHAKOOR THE GRATEFUL

Recite this Beautiful Name 41 times daily for any difficulty - financial, physical, spiritual or mental etc. Allah Taʻala will remove the difficulty — Insha-Allah.

آلُعَاِيُّ 37. AL 'ALIYY THE MOST HIGH

Anyone who reads this Name of Allah daily and keeps a written copy of it with him, Allah will elevate him, grant him affluence, and all his legitimate desires will be fulfilled. Insha-Allah.

If anyone who is dismissed from his post fasts for 7 days and on each day says this Beautiful Name 1000 times, such a person will recover his job with honour and dignity — Insha-Allah.

اَلْحَفِينظُ 39. AL <u>H</u>AFEEZ

The one who recites this Name of Allah constantly and keeps with him a written copy of it will be protected from all hazards, losses and harms — Insha-Allah.

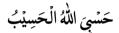
40. AL MUQEET الَّـٰمُقِيَّتُ THE MAINTAINER

The giver of sustenance and strength. A persons desire will be fuilfilled if he drinks water on

which he blows after repeating this Name 7 times. One who recites this name in a glass of water and gives this water to bad mannered child, it will help the child in attaining good manners — Insha-Allah.

41. AL <u>H</u>ASEEB الُحَسِيُبُ THE RECKONER

When in fear of any person or thing say:



70 times in the morning and 70 times in the evening for 8 days starting from Thursday. Insha-Allah protection will be granted against the evil caused by such a person or thing.

142. AL JALEEL ٱلۡجَلِيٰلُ THE MAJESTIC

Alah will grant a person honour and respect if he keeps with him a paper or cloth on which this Name of Allah is written — Insha-Allah.

الُكَرِيْدُ 43. AL KAREEM الُكَرِيْدُ THE GENEROUS

Anyone wishing to be honoured by the 'Ulama and pious people should continue repeating this Beautiful Name of Allah until he falls asleep.

44. AL RAQEEB ٱلۡـرَّقِيۡبُ THE WATCHFUL

Anyone who desires that his family and wealth be protected against all calamities should repeat this name of Allah 7 times each day and blow on them. He should also continue repeating this Name for his own safety.

الْمُجِيِّبُ **45. AL MUJEEB** THE ANSWERER OF DUAS

Read constantly for the assured acceptance of duas

الْوَاسِتُ 46. AL WAASI'I الْوَاسِتُ THE GIVER IN ABUNDANCE

Anyone desiring spiritual upliftment and material self-sufficieny and independence should repeat this Name of Allah over and over.

ألْحَكِيْثُمُ 47. AL <u>H</u>AKEEM THE WISE

Allah will open the doors of knowledge and wisdom for the person who says this Beautiful Name excessively. Anyone doing a task which he can not seem to get accomplished should repeat this Beautiful Name of Allah frequently and excessively. The task soon will soon be accomplished — Insha-Allah.

أَلُوَدُودُ 48. AL WADOOD الْوَدُودُ THE MOST LOVING

Anyone who repeats this Beautiful Name 1,000

times and blows on food, and such food is consumed by him and his wife together, their differences and dispute will soon be settled and a strong bond of love and affection will result between the spouses — Insha-Allah.

49. AL MAJEED ٱلۡمَجِيدُ THE MOST VENERABLE

Anyone who has contracted a fatal disease such as pox, leprosy etc, should fast on the 13th, 14th and 15th of the lunar month and after breaking fast repeat this Beautiful Name of Allah excessively and blow in water and drink such water. He will soon be cured — Insha-Allah.

Anyone who, at bedtime, places his hand on his chest and says this Name 101 times, his heart will become alive with knowledge and wisdom — Insha-Allah.

آلشَّهِيَّدُ 51. ASH SHAHEED THE WITNESS

Anyone wishing that his disobedient wife or children become obedient, should, while placing his hand on their foreheads, repeat this Name 21 times and blow on them. Soon they will become obedient — Insha-Allah.

آلُحَقُّ 52. AL <u>H</u>AQQ THE TRUTH

Anyone whose family member is missing or has absconded or whose belongings are stolen should write the Beautiful Name on all 4 corners of a sheet of square paper and at the time of Sehri, place this paper on his palms and lift it toward the heavens and make dua. The missing person will soon return or the stolen goods will be recovered — Insha-Allah.

أَوَكِتُلُ 53. AL WAKEEL THE TRUSTEE

When fearing the approach of any natural disaster this Beautiful Name should be repeated excessively. The reciter will be protected against such a disaster — Insha-Allah.

أَلْقَ وِيُّ THE POWERFUL

Anyone genuinely oppressed or victimized should read this Name of Allah excessively and profusely with a view of counteracting the oppressor. Allah will suffice for him insha Allah. This should only be done if circumstances warrant it.

آلَمَتِيتُنُ 55. AL MATEEN THE FIRM

Any lady whose breasts do not yield milk, should

be made to drink water in which a paper with this Beautiful Name of Allah is soaked. Her breasts will abound in milk — Insha-Allah.

آلُـوَلِيُّ THE PATRON

For bad charactered spouse, this Beautiful Name should be recited constantly while in their presence. They will soon reform — Insha-Allah.

آلحَکمِیتُدُ 57. AL <u>H</u>AMEED THE PRAISEWORTHY

Should anyone recite this Beautiful Name in seclusion 93 times for 45 successive days, all his evil habits and bad qualitites will change into good habits — Insha-Allah.

أَلُمُحُمِيُ 58. AL MU<u>HS</u>EE THE ONE WHO RECORDS

If a person recites this Name 20 times daily and thereafter blows on twenty pieces of bread and consumes it, Allah will make the entire creation subservient to the reciter — Insha-Allah.

آلِمُبُدِئُ THE ORIGINATOR

Anyone who while placing his hand on the stomach of his pregnant wife, repeats this Beautiful Name of Allah 99 times at the time of Sehri, neither will she have a miscarriage nor will she give birth prematurely — Insha-Allah.

آلَمُعِيْدُ 60. AL MU'EED THE RECREATOR

When any person is missing, then this Beautiful Name of Allah should be repeated 70 times in each corner of the house during the night when everyone is asleep. he will either return within 7 days or his whereabouts will be known within that period — Insha-Allah.

اَلُمُحْيِئ 61. AL MU<u>H</u>YEE THE GIVER OF LIFE

This Beautiful Name of Allah is a definite cure for any sickness if recited excessively and blown on the body by the sick person himself or on another

62. AL MUMEET المُممِيثَثُ THE GIVER OF DEATH

Anyone who has no control over his nafs should place his hand on his chest at bedtime and repeat this Beautiful Name until he falls asleep. If Allah wills, he will be given the strength to control his self —Insha-Allah.

أَلْحَيُّ 63. AL <u>H</u>AYY THE EVER LIVING

Anyone desiring of good health should say this

Beautiful Name of Allah 3,000 times daily. For the cure of any sickness this Beautiful name should be written with musk and rose water on a piece of paper and soaked in water which the sick person should be made to drink.

أَلْقَيُّــُومُ **64. AL QAYYUM** THE SELF-SUBSISTING

Honour and respect will be attained if this Beautiful Name is recited excessively. The continious recitation of يَا حَيُّ يَا قَيُّومُ Ya Hayyu Ya Qayyum-O Ever Living, O Self-Subsisting from Fajr till sunrise will remove lethargy and laziness — Insha-Allah.

Anyone who continues to say this Beautiful Name of Alalh while partaking meals, the food thus consumed will become a source of strength and noor for his heart — Insha-Allah.

66. AL MAAJID الْمَاجِدُ THE EXCELLENT

The One with Excellence and Veneration. Anyone who says this Beautiful Name of Allah in seclusion to such an extent and in such a manner that he experiences elation, then the Noor of Allah will soon become evident for him. — Insha-Allah.

67. AL WAAHIDUL AHAD

الواحد الأحد

THE ONE UNEQUALLED

Anyone who desires that the fear and love for the creation be driven out of his heart should recite this Beautiful Name 1,000 times daily. Anyone desiring good and pious children should inscribe this Beautiful Name on paper, cloth etc and keep it with him all the time.

اَلصَّمَتُدُ 68. AS <u>S</u>AMAD THE ONE FREE FROM WANT

Anyone who places his head in Sajdah at the time of Sehri and repeats this Beautiful Name 115 times will be granted honesty and and truthfulness. Anyone saying it constantly while in the state of Wudu will soon become independent of the entire creation — Insha-Allah.

أَلْقَادِرُ **69. AL QAADIR** THE ALL POWERFUL

Saying this Beautiful Name of Allah 100 times after offering 2 Rakaat's Salaah will cause ones enemies to be humbled and disgraced. Saying it 41 times before undertaking a difficult task will render it easy — Insha-Allah.

70. AL MUQTADIR ٱلۡمُقۡتَدِرُ THE ONE WITH FULL AUTHORITY

A persons tasks will be accomplished without difficulty if on awakening he recites this Beautiful Name of Allah 20 times or continiously — Insha-Allah.

أَلُمُقَـدِّمُ 71. AL MUQADDIM الْمُقَـدِّمُ THE CAUSER OF ADVANCEMENT

If read continiously while Jihaad is in progress, Allah Ta'ala will give the reciter the courage to advance in the ranks of the enemy and he will be safeguarded against their harm. And one who says it at all times will become submissive to Allah — Insha-Allah.

أَلُمُــؤَخِّــرُ 72. AL MU-AKKHIR THE DELAYER

The frequent reciter of the Beautiful Name of Allah will soon resort to sincere repentence. To draw closer to Allah it should be recited 100 times daily.

73. AL AWWAL اَلْأُوَّلُ THE FIRST

Anyone desiring male children should recite this Beautiful Name of Allah 40 times daily. If a musaafir (traveller) says it 1,000 times on a Friday, he will soon return to his people safe and sound — Insha-Allah.

أَلاَّخِرُ 74. AL AAKHIR THE LAST

If this Beautiful Name is read 1000 times daily the reader will benefit in the following ways.(1) The love for Allah will enter the recesses of his heart. (2) Unlawful love for anything or anyone besides Allah be driven out of his heart. (3) His sins will be forgiven. (4) H will die with Imaan. — Insha-Allah.

75. AZ ZAAHIR اَنظَاهِرُ THE MANIFEST

A persons sight and heart will be filled with noor if he reads this Beautiful Name of Allah 500 times daily. Prefereably it should be read after Ishraaq.

آلْبَاطِنُ 76. AL BAA<u>T</u>IN آلْبَاطِنُ THE HIDDEN

A person who recites this Beautiful Name of Allah 33 times daily, will soon begin to perceive the hidden secrets of Allah and love and admiration for Allah will develop in his heart. Anyone who with sincerity says the follwing words after performing 2 rakaat salaah, all his needs will be fulfilled Insha-Allah:

Huwal Awwalu wal Aakhiru waz Zaahiru wal Baatinu wa Huwa 'alaa kulli shay-in qadeer. - He is the first and the Last and the Manifest and The Hidden and He has power over all things

أُلُـوَالِيُ 77. AL WAALI THE AUTHORITY

One who excercises power over all things. Anyone who recites this Beautiful Name of Allah repeatedly will be safeguard from all unexpected calamities — Insha-Allah. If one wishes to subdue ones foe, it should be said 11 times at any time or before coming face to face with him.

أَلُمُتَعَالِيُ 78. AL MUTA'AALI THE EXALTED

Far above the Creation is He. The constant reciter of this Name will soon find all his problems solved. The woman who recites it abundantly during her menstruation will soon find relief from it and all ailments. Insha-Allah.

79. AL BARR ٱلۡبَــُرُ THE SOURCE OF ALL GOOD

The one wo treats with kindness. Anyone in the habit of taking intoxicants or committing adultery or indulging in any other evils should recite this Beautiful Name 7 times daily. He will soon receive guidance — Insha-Allah. Excessive recital of this Beautiful Name is very effective in expelling from the heart the love for this world. Anyone who reads it 7 times and blows on his or her child soon after birth, Allah will grant the child protection from calamities until puberty. — Insha-Allah

اَلتَّــَوَّابُ 80. AL TAWWAB THE OFT FORGIVING

Allah is He who constantly turns man to repentance. Allah will grant taufeeq of sincere repentance to a person who reads this Beautiful Name 360 times daily after Salatud-Duha (Chaast). Tasks will be accomplished without any difficulty if recited excessively. If this Beautiful Name is said 10 times in the presence of a tyrant, the reader will soon be freed from his oppression — Insha-Allah.

الْمُنْتَقِمُ 81. AL MUNTAQIM الْمُنْتَقِمُ THE TAKER OF RETRIBUTION

Anyone who is helpless and unable to take revenge against his enemy should read this Beautiful Name of Allah continually for 3 Fridays. Allah Himself will take revenge on his behalf — Insha-Allah.

الْعَفُــُوُّ **82. AL 'AFUWW** THE ONE WHO PARDONS

Allah will forgive the one who recites this Beautiful Name of Allah abundantly.

The entire creation of Allah Ta'ala wil become affectionate towards the person that reecites this Beautiful Name repeatedly. Anyone who desires that his anger be subdued, should recite first Salawaat (Durood) 10 times, then this Name of Allah 10 times. Alternatively, if someone recites it as shown above, and blows on an angry person his anger will soon be subdued — Insha-Allah.

84. MAALIKUL MULK

اَلْمَالِكُ الْمُلْكِ

POSSESSOR OF SOVEREIGNITY

Wealth and self-sufficiency will be granted to a person if he says this Beautiuful Name of Allah excessively — Insha-Allah.

85. DHUL JALAALI WAL ذُوالْجَلَالِ وَالْإِكْرَامِ

POSSESSOR OF MAJESTY AND BENEVOLENCE

The constant reciter of this Beautiful Name

will be granted honour, respect, dignity and self-sufficiency — Insha-Allah.

آلُمُقَسِطُ THE EQUITABLE

The Just. One who recites this Beautiful Name daily with constancy, Allah will protect him from evil doubts created by Shaytaan. If it is read 700 times for a purpose, it will be acquired Insha-Allah.

87. AL JAAMI'I اَلْجَامِعُ THE ASSEMBLER

To bring together ones family who have dispersed as a result of war, earthquake, floods etc, one should bath at the time of Dhuha (Chaast) and lifting the gaze towards the heavens say this Beautiful Name 10 times. But this should be enumerated with the fingers in such a way that with each reading, one finger should be closed until all ten fingers are closed.

Thereafter the hands should be passed across the face (as when completing dua). By doing so the dispersed members of his family will soon come together — Insha-Allah. If a certain belonging is misplaced or lost then read in abundance:

Allaumma yaa Jaami' an naasi liyawmin laa rayba feehi 'ijma <u>d</u>aallatee

O Allah, Gatherer of mankind on the Day wherin there is no doubt! Gather (return to me) me my lost property

By doing so it will soon be found — Insha-Allah. This dua is very effective for legitimate love as well.

اَلُغَنِيُّ **88. AL GHANIYY** THE RICH

The one who is free from want. Barakah and self sufficiency will be given to the who says this Beautiful Name 70 times daily Insha-Allah. To

be cured of any physical or spiritual sickness or any difficulty at all, this Beautiful Name should be said abundantly and then one should blow on the entire body.

اَلُمُغُنِيُ **89. AL MUGHNI** THE ENRICHER

Anyone who reads Salawaat (Durood) 11 times before and 11 times after saying this Name 1,111 times, he will be granted both material as well as spiritual wealth — Insha-Allah. This should be done either after Fajr or Esha salaah. But Surah Muzzammil should also be recited with it.

90. AL MAANI'I الْمَانِعُ THE HINDERER

Reciting this Beautiful Name of Allah 20 times while lying down on the bed will remove any differences one has with ones spouse. All disputes will also be settled and instead a strong bond

of love and affection will result. The constant reciter of this name will be safeguarded against all calamities. If recited for any legitimate purpose, it will materialize — Insha-Allah.

91. A<u>D</u> <u>D</u>AARR اَلضَّارُ THE GIVER OF DISTRESS

For ones spiritual and physical safety, this name of Allah should be recited 100 times on the eve of Jumu'ah, i.e the night preceding the day of Jumu'ah.

92. AN NAAFI'I اَلنَّافِعُ THE BENEFACTOR

If recited before embarking on a sea-going vessel or any conveyance whatsoever its reciter will be safeguarded against all hazards. If read 41 times before a difficult task, it will be accomplished efficiently. If said prior to intercourse, Allah will grant him good and pious children. — Insha-Allah.

If recited 1,001 times after reciting Surah Noor, the reciter's heart will become illuminated with the noor and light of Allah — Insha-Allah.

94. AL HAADI اَلۡهَادِیُ THE GUIDE

Anyone who lifts both hands (as in dua) whilst lifting the gaze towards the heavens, and recites this Name several times and then passes both hands on his face (as when completing dua), Allah will grant him complete guidance and associate him with the devout and pious — Insha-Allah.

95. AL BADEE'I ٱلۡبَدِيۡـُعُ THE DEVISER

A person in grief should recite 1,000 times:

يًا بَدِيْعَ السَمَاوَاتِ وَالْأَرْضِ

Ya Badee'as samaawati wal-ar<u>d</u>

O Deviser, Creator of the heavens and the earth. Allah will soon grant him relief from his misery and he will insha Allah die with Imaan. Reciting it between Maghrib and Esha is most effective for the same purpose. If a particular venture is to be undertaken, but one is not certain as to its feasibility then one should say this Beautiful Name before falling asleep. One will receive guidance in ones sleep either by way of inspiration or a dream — Insha-Allah. Anyone wishing for a particular task to be accomplished should say 1200 times:

يَا بَدِيْعَ الْعَجَائِبِ بِالْخَيْرِ يَا بَدِيْعُ

Ya Badee'al ajaa-ibi bil khayri Ya Badee'u O Wonderful Deviser of strange things. O Deviser.

Before the passing of 12 days his task will be accomplished — Insha-Allah. This amal is a proven one.

96. AL BAAQEE اَلۡبَاقِیُ THE ETERNAL

Allah will grant protection and accept all the virtuous deeds of one who says this Beautiful Name of Allah 1,000 times on the night of Jumu'ah. — Insha-Allah.

97. AL WAARITH آلُــوَارِثُ THE INHERITOR

Repeat this Beautiful Name of Allah 100 times at sunrise. Protection will be given against sorrows, grief, hardships and calamities. Anyone who desires to be safeguarded against perplexities, and disturbances should repeat this Name 1,000 times between Maghrib and Esha.

98. AR RASHEED اَلـرَّشِـيۡدُ THE GUIDE TOWRDS VIRTUE

Anyone who does not have the knowledge

about about a particular task or is unable to work out plans for a certain task should say this Beautiful Name 1,000 times between Magrib and Esha. The plan and scheme will soon become evident for him either by way of a dream or by inspiration. For financial progress and safety against all mishaps, one should read it daily.

99. AS <u>S</u>ABOOR اَلْطَنَّبُورُ THE PATIENT

He is the Most Forbearing. Anyone who repeats this Beautiful Name of Allah 100 times before sunrise will be safeguarded against all calamities for the remainder of the day. Moreover, Allah will cause his enemies not to utter a single unpleasent word against him. Any person in difficulty should repeat this Beautiful Name 1,020 times: He will soon find relief and be granted peace and contentment of heart — Insha-Allah.

معمولات صبح و شام

MORNING AND EVENING DUAS

by Aarif Billah Ha<u>d</u>rat Moulana Shah Hakeem Muhammad Akhtar **ﷺ**.

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمُ اَلْحَمْدُ لِللهِ وَكَفِى وَ سَلَامٌ عَلَى عِبَادِهِ الَّذِيْنَ اصْطَفَى

This booklet which consists of duas for protection against evil and calamities has been taken from authentic Ahaadeeth and is the work of Aarif Billah Hadrat Moulana Shah Hakeem Muhammad Akhtar

1. Protection against all evils

Hadrat 'Abdullah bin Khubaib in arratted that one dark gloomy night we came out in

search of Rasulullah **a.** When we finally found him he said to us 'Read'. We asked 'What must we read'? He replied, say:

3 times morning and evening (the complete surahs after Fajr and Maghrib). It will suffice for you against all things. (from the evils of witchcraft, black magic, mischief of jinn etc (Mishkaat)

Surah Ikhlaas

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ قُلْ هُوَ اللهُ أَحَدُّ ﴿ ﴾ اللهُ الصَّمَدُ ﴿ ٢﴾ لَمْ يَلِدُ وَلَمْ يُوْلَدُ ﴿ ٣﴾ وَلَمْ يَكُنْ لَّهُ كُفُوًا أَحَدُّ ﴿ ٤﴾ Bismillaahir Rahmaanir Raheem. Oul huwal laahu ahad. Allah hus-samad. Lam valid wa lam voolad. Wa lam vakul-lahu kufuwan ahad

Say, 'He is Allah, [who is] One, Allah, the Eternal Refuge. He neither begets nor is born, Nor is there to Him any equivalent.'

Surah Falag

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ

قُلُ أَعُوْذُ بِرَبِّ الْفَكَقِ ﴿ إِلَّهِ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقِ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿ ٤﴾ وَمِن شَرّ كَاسِدٍ إِذَا حَسَدَ ﴿٥﴾

Bismillaahir Rahmaanir Raheem. Oul a'oodhu bi rabbil-falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin idhaa waqab. Wa min sharrin-naffaa-thaati fil 'uqad. Wa min shar ri haasidin idhaa hasad

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from the evil of an envier when he envies."

Surah Naas

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ
قُلْ أَعُوْذُ بِرَتِ النَّاسِ ﴿ اللهِ مَلِكِ النَّاسِ ﴿ اللهِ اللهِ عَلَى اللهِ النَّاسِ ﴿ اللهِ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿ اللهِ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿ اللهِ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿ اللهِ اللهُ اللهِ اللهُ اللهُ اللهِ اللهُ اللهِ اللهُ اللهُ اللهُ اللهِ اللهُ اللهُ اللهِ اللهُ اللهُ اللهِ اللهُ اللهُ اللهِ اللهُ اللهِ اللهُ اللهُ اللهِ اللهُ اللهُ اللهِ اللهُ اللهُ اللهِ اللهِ اللهِ اللهِ اللهِ اللهِ اللهِ الل

Bismillaahir Ra<u>h</u>maanir Ra<u>h</u>eem. Qul a'oodhu birabbin naas. Malikin naas. Ilaahin naas. Min sharril was waasil khannaas. Al-ladhee yuwas wisu fee <u>s</u>udoorin naas. Minal jinnati wan naas

Say, "I seek refuge in the Lord of mankind, The

Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind."

2. Protection against black magic

By reciting the following Aayah thrice morning and evening one will be protected from black magic/sihr. If one is already afflicted with black magic it wil be removed.

فَلَمَّا جَاءَ السَّحَرَةُ قَالَ لَهُم مُّوْسَىٰ أَلْقُوا مَا أَنتُمُ مُّلُقُونَ (٨٠) فَلَمَّا أَلْقُوا قَالَ مُوسَىٰ مَا جِئتُمْ بِهِ مُّلْقُونَ (٨٠) فَلَمَّا أَلْقُوا قَالَ مُوسَىٰ مَا جِئتُمْ بِهِ السِّحْرُ ﴿إِنَّ اللهَ لَا يُصْلِحُ عَمَلَ السِّحْرُ ﴿إِنَّ اللهَ لَا يُصْلِحُ عَمَلَ السَّمُ اللهَ لَا يُصلِحُ عَمَلَ المُفْسِدِيْنَ (٨١) وَيُحِقُّ اللهُ الْحَقَّ بِكلِمَاتِهِ وَلُو كَرِهَ الْمُجْرِمُونَ

Falammaaa alqaw qaala Moosaa maa ji'tum bihis sihr. Innal-laaha sa-yubtiluhoo, innal-laaha laa yu<u>s</u>li<u>h</u>u 'amalal mufsideen. Wa yu<u>h</u>iqqul-laahul <u>h</u>aqqa bi Kalimaatihee wa law karihal mujrimoon

So when the magicians came, Musa said to them, "Throw down whatever you will throw." And when they had thrown, Musa said, "What you have brought is [only] magic. Indeed, Allah will expose its worthlessness. Indeed, Allah does not amend the work of corrupters." (Surah Yunus V:80)

Elimination of grief of both the worlds

Hadrat Abu Darda relates that the Rasul of Allah said: Whoever recites the following 7 times morning and evening, Allah will suffice for him by removing his grief of this world and the hereafter' - (Ruhul Ma'aani)

حَسْبِيَ اللهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبِّ الْعَرْشِ الْعَظِيمِ ﴿١٢٩﴾

<u>H</u>asbiya-Allahu laa ilaaha illaa huwa 'alayhi tawakkaltu wahuwa Rabbul Arshil Azeem

But if they turn away, [O Muhammad], say, "Sufficient for me is Allah; there is no Deity except Him. On Him I have relied, and He is the Lord of the Great Throne."

Seventy thousand angels seek forgiveness on ones behalf

Hadrat M'aqal bin Yasaar marrates that Rasulullah said: Whoever recites thrice in the morning:

A'oodhu billaahis-Samee'il-'Aleemi-minash-shaitaanir-rajeemi

I seek refuge in the All Hearing, All seeing from Shaytan the accursed.

Followed by the last 3 aayaat of Surah <u>Hashr</u> once, Allah se will appoint 70 000 Angels who

will seek forgiveness on his behalf until the evening and if he happens to die in the course of the day he will die as a martyr. And whoever recites this at night will recieve the same benefit. (Mishkaat)

The last 3 aayats of Surah Hashr:

هُــوَ اللهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ﴿عَالِـمُ الْغَيْبِ وَالشُّهَادَةِ هُوَ الرَّحْمَانُ الرَّحِيمُ ﴿٢٢﴾ هُوَ اللهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ، الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيْزُ الْجَبَّارُ الْمُتَكِّبُرُ مُسْبِحَانَ اللهِ عَمَّا يُشْرِكُونَ ﴿٢٣﴾ هُـوَ الله الخَالِقُ الْبَارِئُ الْمُصَوِّرُ اللهُ الْأَسْمَاءُ الْحُسْنَىٰ ۚ يُسَبِّحُ لَهُ مَا فِي السَّمَاوَاتِ وَالْأَرْضِ السَّمَاوَاتِ وَالْأَرْضِ وَهُوَ الْعَزِيْزُ الْحَكِيثُمُ ﴿٢٤﴾

Huwal-laahul-ladhee laaa Ilaaha illaa Huwa 'Aalimul Ghaybi wash-shahaadah; Huwar-Rahmaanur-Raheem.Huwal-laahul-ladhee laaa Ilaaha illaa Hu. Al-Malikul Quddoosus-Salaamul Mu-minul Muhayminul- 'Azeezul Jabbaarul-Mutakabbir; Subhaanal- laahi 'Ammaa yushrikoon. Huwallaahul Khaaliqul Baari-ul Musawwiru lahul Asmaaa-ul Husnaa; yusabbihu lahoo maa fis samaawaati wal ardi wa Huwal 'Azeezul Hakeem

He is Allah, besides whom there is no Deity, Knower of the unseen and the witnessed. He is the Entirely Merciful, the Especially Merciful. He is Allah, besides whom there is no Deity, the Sovereign, the Pure, the Perfection, the Bestower of Faith, the Overseer, the Exalted in Might, the Compeller, the Superior. Exalted is Allah above whatever they associate with Him. He is Allah, the Creator, the Inventor, the Fashioner; to Him belong the best names. Whatever is in the heavens and earth is exalting Him. And He is the Exalted in Might, the Wise.

Protection against Leprosy, Blindness, Insanity and Paralysis.

Recite thrice morning and evening:

Subhaanallahil 'Azeemi wa bi<u>h</u>amdihi wa laa <u>h</u>awla wa laa quwwata illa billaah

Pure is Allah the Mighty together with His Praise and there is no power nor strength (to do good or stay away from evil) except from Allah

Protection of ones Deen, Life, Offspring, Family and Wealth

Hadrat 'Abdullah bin Mas'ood relates that once a bedouin came to Rasulullah and said: I swear by Allah that I fear regarding my life, my offspring, family and my wealth. Rasulullah said to him: Recite thrice every morning and evening:

بِسُـــمِ اللهِ عَلَى دِيْــنِى وَ نَفْسِى وَوَلَدِى وَاهْــلِى وَمَــالِى

Bismillahi 'alaa Deeni wa nafsi wa waladi wa ahli wa maali.

With the name of Allah on my Deen, with the name of Allah on my life, with the name of Allah on my children, with the name of Allah on my family, with the name of Allah on my wealth. (Kanzul Ummal)

Protection against all harm

Hadhrat Abaan ibni Uthmaan narrates from his father that Rasulullah said that whoever recites the following Dua thrice morning and evening will not he harmed by anything. (Mishkaat)

بِسْمِ اللهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي النَّمِيةُ الْعَلِيْمُ الْعَلِيْمُ الْعَلِيْمُ

Bismillaahilladhee laa ya<u>d</u>urru ma-asmihee shay-un fil ar<u>d</u>i wa laa fis samaa-i wa huwas Samee'u1'Aleem

With the name of Allah, with whose name no harm occurs in the earth nor in the heavens and He is the All Hearing and All Seeing.

Sayyidul Istighfaar

Hadhrat Shaddaad bin Aus reports that Rasulullah said that Sayyidul Istighfaar (the highest form of repentance) is that a person recites the following Istighfaar morning and evening. Whoever recites it with conviction in the morning and dies before nightfall, will be from the dwellers of Jannah. Similarly, whoever recites it in the evening with conviction and dies before the morning will be from the dwellers of Jannah.

اَللّٰهُمَّ أَنْتَ رَبِّي ، لَا إِله اِلَّا أَنْتَ خَلَقْتَنَى وَانَا عَلى عَهْدِكَ وَوَعْدِكَ مَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا

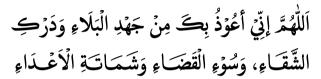
اسْتَطَعْتُ ، أَعُوْذُ بِكَ مِنْ شَرِ مَا صَنَعْتُ البُوّهُ لِكَ بِنِعْمَتِكَ عَلَى وأَبُوّهُ بِذَنْبِي فَاغْفِرُ لِى ، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ الله أَنْتَ

Allahumma anta Rabbee laa ilaaha illaa anta, khalaqtanee wa ana 'abduka, wa-ana 'alaa 'ahdika wawa'adika mas-tata'tu, a'oodhu bika min sharri ma sana'atu, aboo-u- laka bini'imatika 'alayya, wa-aboo-u bidhanbee, faghfir lee fa-innahu laa yaghfirudh-dhunooba illaa anta.

O Allah, You are my Lord, none has the right to be worshiped except You, You created me and I am Your servant and I abide to Your covenant and promise [to honor it] as best I can, I take refuge in You from the evil of which I committed, I acknowledge Your favor upon me and I acknowledge my sin, so forgive me, for verily none can forgive sins except You.

Protection against an evil fate and severe difficities

Hadrat Abu Hurairah arrates that Rasulullah arrates said: Seek the protection of Allah from severe calamities, wretchedness, evil fate and from the taunting of enemies (Mirqaat)



Allahumma innee a'oodhoo bika min jahdil balaa-i wa darkish shaqaa-i wa soo-il qa<u>d</u>aa-i wa shamaatatil a'adaa-i

O Allah, I seek refuge in you from the difficulties of hardships, the acquisition of wretchedness, and ill-fate and the taunts of enemies.

10. Dua for the Protection and preservation of material possessions

Hadrat Abdullah bin 'Umar wis reports that Rasulullah said:

ٱللَّـهُمَّ اِنِّيُ اَعُوْذُ بِكَ مِـنُ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ عَـافِيَتِكَ وَفُجَائَةِ نِقْمَتِكَ وَجَمْيِعِ سَخَطِكَ

Allahumma inni a'oodhu bika min zawaali ni'matika, wa tahawwuli 'aafiyatika, wa fujaa'ati niqmatika, wa jamee'i sakhatik.

O Allah! I seek refuge in You from favors being taken away, and I seek refuge in You from my safety being snatched away, as well as from Your sudden punishment and from every displeasure of Yours. (Mishkaat)

Dua for Deliverance from Shirk (Assigning Partners with Allah Ta'ala)

Rasulullah ﷺ instructed Hadrat Abu Bakr to read the following dua thrice

أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

Allahumma inni aʻoodhu bika min an ushrika bika shay- aw wa ana aʻalamu wa astaghfiruka lima laa aʻalam.

O Allah, I seek protection in You from that I ascribe partners to You knowingly and I seek forgiveness from You for those things which I do not know. (Kanzul Ummaal vol.2)

Dua for the Fulfillment of Debts and Removal of Grief and Sorrow

Hadrat Abu Sa'eed Khudri reports that a person came to Rasulullah and said: "I have been overcome by worries and debts." Rasulullah replied: "Should I not show you such a dua which, if you read it, Allah Ta'ala will remove your worries and will fulfill your debts?" The person exclaimed: "Please do tell me." Rasulullah said: "Recite this dua morning and evening:

اَللهُ مَّ إِنِّي أَعُودُ بِكَ مِنَ الْهَمِّ و الْحُزْنِ ، وَ أَعُودُ بِكَ مِنَ الْهَمِّ و الْحُزْنِ ، وَ أَعُودُ بِكَ مِنَ الْعَجْزِ وَ الْكَسْلِ , و أَعُودُ بِكَ مِنَ بِكَ مِنَ الْبُحْلِ وَالْجُبْنِ ، وَ أَعُودُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَ قَهْرِ الرِّجَالِ

Allahumma inni aʻoodhu bika minal-hammi wal huzni, wa a'oodhu bika minal ʻajzi wal-kasli wa aʻoodhu bika minal bukhli wal-jubni, aʻoodhu bika min ghalabatid dayni wa qahrir rijaal

O Allah! I seek refuge in You from grief and worries, and I seek refuge in You from being unable (to do what is required) and from laziness and cowardice, and I seek refuge in You from excessive debts and from being overpowered by people." (Mishkaat pg.215)

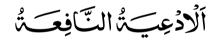
A Comprehensive Dua that Consists of all the Duas made by Rasulullah in his Twenty-Three Years of Prophethood (Recite once)

Hadrat Abu Umaama reports that Rasulullah made numerous duas but some of us could not remember any of these duas. We said to him: "O Nabi of Allah You have made innumerable duas but we do not remember any of them." Rasulullah replied: "Should I not show you such a comprehensive dua which includes all these duas? Say:

اَللّٰهُمَّ اِنِّى اَسَأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْ هُ نَبِيُّكَ مُحَدُّ صَلَّى الله عَلَيْهِ وَسَلَّمْ، وَاعُودُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْ هُ نَبِيُّكَ مُحَدًّ صَلَّى الله عَلَيْهِ وَسَلَّمْ وَأَنْتَ الْمُسْتَعَانُ، وَعَلَيْكَ الْبَلَاغُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللهِ

Allahumma inni as-aluka min khayri ma sa-alaka minhu Nabiyyuka Muhammadun sallallahu alayhi wasallam wa a'oodhu bika min sharri masta'aadha minhu Nabiyyuka Muhammadun sallallahu alayhi wasallam. Wa antal musta-ʻaanu wa alaykal balaaghu wa laa <u>h</u>awlaa wa la quwwata illaa billaahil 'Aliyyil 'Azeem

O Allāh! I beg of You for all the good that Your Nabī Muhammad asked of You and I seek refuge in You from all the evil that Your Nabī Muhammad sought refuge in You from. You alone are the One from whom help is sought. And it is upon You to answer our plea. There is no power to refrain from sins and to perform righteous deeds except from You.



BENEFICIAL DUA'S

Dua is: The Core (Essence) of Ibaadah - Hadith The Weapon of a Believer - Hadith

Nabi said, the action most loved by Allah is that in which there is continuity though it may be small. It is recommended that this kitaab is kept on your person for daily recital

Durood Shareef

Benefits: Nabi is intercession is guaranteed; Nearness to Allah is is gained; Allah is grants Barakah in one's sustenance; calamities are removed and needs are fulfilled; quenching of ones thirst on the Day of Qiyamah at the Hawd-e-Kawthar and success in both worlds.

Allahumma <u>s</u>alli ala Sayyidinaa Mu<u>h</u>ammadinin Nabiyyil ummeeyi wa 'alaa aalihi wasallim tasleemaa

O Allah, send blessings on Muhammad the unlettered Nabi and on his family and send abundant peace.

If you rectite the above Durood 80 times after the Friday Asr Salaah without moving from your place, Allah st will forgive you 80 years of minor sins

Istighfaar

Benefits: Istighfaar brings about Allah seforgiveness, nearness and salvation from Jahannum.

Allahumma innee atoobu ilayka minhaa laa arji-'oo ilayhaa abadaa

O Allah, I am repenting unto you from sin and will not to return to it again.

Conditions for Acceptance of Tawbah are:

Sincere repentance, a firm commitment not to commit that sin again and to resolve not to be involved in that sin again in the future.

Dua when in Distress

Benefits: Cure from any illness, relief from problems. This is the dua of Hadrat Ayyub

Annee massaniya<u>d</u>-<u>d</u>urru wa-anta ar<u>h</u>amu rraahimeen.

Affliction has befallen me, but Thou art the most merciful of the merciful! (21:83)

NB. This Qur-anic dua was read by Hadrat Ayyub in times of utmost distress. Allah seased his difficulity.

Dua for the fulfillment of debts

Benefits: Allah swill make the repayment of debts easy; grant halaal sustenance and safeguard one from haraam provisions.

Allahummak-finee bi<u>h</u>alaa-lika 'an <u>h</u>araamika wa aghninee bi fa<u>d</u>lika 'am-man siwaak.

O Allah, provide me sufficient halaal rizq (provisions) and save me from what you have made haraam and make me independent through Your grace from all besides You.

Dua for Happiness

Benefits: Protection from all evils, removal of grief and attainment of happiness.

تَوَكَّلُتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوْتُ ، وَالْحَمْدُ لِللهِ الَّذِي لَا يَمُوْتُ ، وَالْحَمْدُ لِللهِ الَّذِي لَمُ اللَّهِ اللَّذِي لَمُ شَرِيْكُ فِي النَّدِي لَمُ اللَّكِ ، وَلَمْ يَكُنْ لَهُ وَلِيُّ مِّنَ الذُّلِ ، وَكَمْ يَكُنْ لَهُ وَلِيُّ مِّنَ الذُّلِ ، وَكَبِرُهُ تَكْبِيرًا

Tawakkaltu 'alal <u>h</u>ayyil ladhee laa yamootu wal <u>h</u>amdu lillaahil ladhee lam yattakhidh waladan walam yakullahoo shareekun fil mulki walam yakun lahu waliyyun minadh dhulli wa kabhirhu takheeraa

I have placed my firm trust on the Ever Living who does not die. All praise due to Allah who has not taken a son nor does he have any partner in His Kingdom; and glorify Him in abundance.

Death with Imaan

Benefits: Company of the Pious in the Aakhirah and death with Imaan. Hadrat Yusuf (3)'s dua

فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ أَنتَ وَلِيِّي فِي الدُّنْيَا وَالْآخِينَ وَاللَّانِيَا وَالْآخِينَ وَالْآخِينَ

Faa<u>t</u>iras samaawaati wal-ar<u>d</u>i anta waliyyee fid dunyaa wal aakhirati, tawaffanee musliman waal<u>h</u>iqnee bi<u>ss</u>aaliheen.

O Creator of the Heavens and Earth. You are my protector in this World and the Aakhirah, let me die as a Muslim and unite me with the Saaliheen (Pious). (Yusuf: 12:101)

NB: Despite the high position Hadrat Yusuf with held in Egypt yet he turned towards Allah for his salvation in the Aakhirah.

A comprehensive Dua that includes all Duas

اَللَّهُمَّ إِنَّا نَسَأَلُكَ مِنْ كُلِّ خَيْرٍ مَا سَأَلَكَ

مِنْهُ نَبِيُّكَ مُحَدَّدُ صَلَّى اللهُ عَلَيْهِ وَسَلَّمُ، وَنَعُوْذُبِكَ مِنْ كُلِّ شَرِّ مَا اسْتَعَاذَكَ مِنْهُ نَبِيُّكَ مُحَدًّدُ صَلَّى اللهُ عَلَيْهِ وَسَلَّمُ

Allahumma inni as-aluka min kulli khayri ma sa-alaka minhu Nabiyyuka Muhammadun ﷺ wa na'oodhu bika min kulli sharri masta'aadha-ka minhu Nabiyyuka Muhammadun ﷺ.

O Allah! we beg of You for all the good that Your Nabī Muhammad asked of You and we seek refuge from all the evil that Your Nabī Muhammad sought refuge in You from.

After having recited these durood and duas make the following niyyah (intention): O Allah, convey the rewards of whatever I have recited to Nabi the Sahaaba the Awliya Allah, my parents, ustads and the entire ummah of Nabi till Qiyaamah.

NB: Do remember that Allah se's treasures are unlimited and by conveying the rewards

(Ethaale Thawaab) to those who have passed on does not decrease your reward in any way.

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AAYAAT-E-SHIFAA THE HEALING TREATMENT FROM THE QUR-AAN

Introduction to "The Verses For Shifaa" (Treatment/Cure)

The Loving Allah is Kind, Compassionate and Benevolent. He has always replied to His chosen ones in their hours of agony and afflictions. He has not only answered their prayers, but out of His Infinite Grace and Mercy continues to bestow perpetually through His Word, the same blessings of His Infinite Love and Kindness upon those who believe and trust in Him. Ayat-e-Shifaa are given the title of *The Healing Treatment from the Qur-aan*. The 'Verses For Shifaa' from the Qur-aan are best to invoke His

Blessings against diseases seen and unseen, in most difficult cases of ailments and afflictions like gall-stones, brain tumors, urinary disorders, kidney troubles, ulcers, diabetes and mental fatigue. etc.

- 1. The Book from Allah sis "Al-Shifaa" -The treatment for the afflicted body, mind and soul.
- 2. It is therefore incumbent for a Mu'min to take refuge of Allah through the verses of the Qur-aan.
- 3. It is for those Muslims, male or female who believe and have faith in the verses and signs of Allah the Aayaat of the Qur-aan for spiritual as well as physical and mental health.
- 4. The verses from the Book are a healing touch for the afflicted souls, minds and bodies.
- 5. The word of Allah, The whole Qur-aan is Healing and Mercy to those who believe.
- 6. None should get disappointed or give up hope from the Mercy of Allah. It will always be forth-coming sooner or later.

- 7. It is incumbent on Man to care for his health and hygiene and to ward off any filth and afflictions of his body, mind and soul through dua and turning to Allah.
- 8. Affliction is in the nature and feature of Man and Al-Shifaa is an ever evident Mercy from Him. There is an ever present Cure the Shifaa for all afflictions given in the Holy Quraan.
- 9. It is better for every Muslim, male, female, man, woman, boy or a girl to learn these Aayaate-Shifaa by heart, and practice the Dhikr, given below in one sitting after FAJR PRAYER and blow over on his whole body and all the members of his family, friends and guests.
- 10. A woman in menses may say the Dhikr orally for herself.

Method of recitation of the Ayaat of Shifa:

1. According to Abdullah Bin Abbas, man percieves and knows to treat only one third of the diseases, one third of them get cured naturally but all of them are cured by the Grace

of the Great Allah.

- 2. After the FAJR PRAYER sit at a place with water in a transparent white glass or a bottle, close by.
- 3. Say Durud and Tasmiyah and with full concentration say the Dhikr of Aayaat-e-Shifaa (given hereafter) and blow over the water three times.
- 4. Thereafter add a spoonful of ZamZam to the water in the glass or bottle. Thereafter it should be consumed by the ill person in standing position facing the Holy Kaʻaba (Qibla).
- 5. This water shall Insha Allah be a treatment for any diseased person.
- 6. Repeat the above process continuously every day for 41 days.
- 7. If one is unable to say Dhikr himself, his nearest relative may do the same for him. In case one does not remember tha Aayaat by heart, one may keep this booklet in hand. He may read from therein with full concentration.

8. In serious cases one may get the Aayaat written down with pure saffron, on pieces of tissue-paper, by a learned and pious person and dissolve one piece of the paper in a glassfull of water everyday, remove the paper and add a little honey and ZamZam to it and drink the water as shown at 4

Note: - The Opening Chapter of the Quran is also called 'The Healing Chapter'. ie Surah Fatiha

THE HEALING TREATMENT FROM THE QUR-AAN

Say the following invocation on the Prophet of Mercy

Allahumma <u>s</u>alli 'ala sayyidinaa Mu<u>h</u>ammadin 'abdika wa Rasulikan Nabiiyil Ummi

O Allah send blessing upon our leader Muhammad, Your slave and Your Messenger the Unlettered Prophet

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيمِ ﴿ اَ الْحَمَّدُ لِللهِ رَبِّ الْعَالَمِينَ ﴿ ٢ الرَّحْمَانِ الرَّحِيْمِ ﴿ ٣ مَالِكِ يَوْمِ الدِّيْنِ ﴿ ٤ لَا إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِيْنُ وَمِ الدِّيْنِ ﴿ ٤ لَا إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِيْنُ ﴿ ٥ لَا إِيَّاكَ نَسْتَعِيْنُ الْمَسْتَقِيْمَ ﴿ ٣ فَيْ مِرَاطَ الْمُسْتَقِيْمَ ﴿ ٣ فَيْ مِرَاطَ الْمُسْتَقِيْمَ ﴿ ٣ فَيْ مِرَاطَ اللَّهِمْ فَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الشَّالِينَ ﴿ ٧ فَيْ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِينَ ﴿ ٧ فَيْ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِينَ ﴿ ٧ فَيْ اللَّهِمْ اللَّهِ اللَّهِمْ اللَّهُ اللَّهِمْ اللَّهُ الْعَلَيْمُ اللَّهُ اللَّهُ الْهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللّلَهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ الْعُلِيلُولُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُعْلَقُ اللَّهُ الْمُلْكُولُ اللَّهُ الْعُلْمُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُؤْمِلُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُؤْمِلُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُؤْمِلُ اللَّهُ الْمُلْكُولُ اللَّهُ الْمُؤْمِلُ الْمُلْكُولُ اللَّهُ الْمُؤْمِلُ اللَّهُ الللَّهُ اللَّهُ الْمُؤْمِلُ اللْمُؤْمِلُولُ الللَّهُ الْمُؤْمِلُ الْمُؤْمِلُ اللَّهُ الْم

Bismillaahir Rahmaanir Raheem. Alhamdu lillaahi Rabbil 'aalameen. Ar-Rahmaanir-Raheem. Maaliki Yawmid-Deen. Iyyaaka na'budu wa lyyaaka nasta'een. Ihdinas-Siraatal-Mustaqeem. Siraatal-ladheena an

ʻamta ʻalayhim ghayril-magh<u>d</u>oobi ʻalayhim wa lad-daalleen. Ameen

1. In the Name of Allah, the Most Beneficent, the Most Merciful. 2. All the praises and thanks be to Allah, the Lord of the 'Aalamin (mankind, jinns and all that exists). 3. The Most Beneficent, the Most Merciful. 4. The Only Owner (and the Only Ruling Judge) of the Day of Recompense (i.e. the Day of Resurrection) 5. You (Alone) we worship, and You (Alone) we ask for help (for each and everything). 6. Guide us to the Straight Way. 7. The Way of those on whom You have bestowed Your Grace, not (the way) of those who earned Your Anger (such as the Jews), nor of those who went astray (such as the Christians).

وَيَشْفِ صُدُورَ قَوْمٍ مُّؤْمِنِيْنَ

Wa yashfi <u>s</u>udoora qawmin mu'mineen (9:14) And He shall heal the Chest of Believing people

يَا أَيُّهَا النَّاسُ قَدْ جَاءَتُكُمْ مَّوْعِظَةٌ

مِّن رَّبِّكُمْ وَشِفَاءٌ لِّمَا فِي الصُّدُورِ وَهُدًى وَرَحْمَةٌ لِلْمُؤْمِنِينَ

Yaa ayyuha an-naasu qad jaa-atkum maw 'i<u>z</u>atun min Rabbikum wa shifaa-un limaa fis <u>s</u>udoori wa hudaw wa ra<u>h</u>matun lil-mumineen

Mankind there has come to you a direction from your Lord and a healing for (the diseases) in your hearts, and for those who believe a guidance and a mercy. (10:57)

Wa nunazzilu mina al-qur-aani ma huwa shifaa-un wa rahmatun lil-mu-mineen. (17:82)

And We sent down in the Qur-aan such things that have healing and mercy for the believers

Wa idhaa mari<u>d</u>tu fahuwa yashfeeni

And when I am ill, it is [Alalh] who cures me. (ash-Shu`ara: 26:80)

قُلْ هُوَ لِلَّذِيْنَ آمَنُوا هُدًى وَشِفَاءٌ

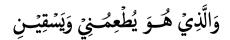
Qul huwa lil-ladheena aamanoo hudan wa shifaa-un

And declare (O Muhammad) that [the Quran] is a guidance and healing for the believers. (41:44)

As part of daily prayers recite the following as a resort. From Sura Shu'araa 26: 78-85

Al-Ladhee Khalaqanee Fahuwa Yahdeeni

He it is Who created me, and He [it is who] guides me.



Wal-Ladhī Huwa yut 'imunee wa yasqeenee And it is He who feeds me and gives me drink.

Wa idhaa mari<u>d</u>tu fahuwa yashfeeni And when I am ill, it is He who cures me

Walladhi yumeetunee thumma yuhyeeni

And who will cause me to die and then bring me to life

Walladhee atma'u an yaghfira lee kha<u>t</u>ee-atee yawmad deeni

And who I aspire that He will forgive me my

sin on the Day of Recompense.

رَبِّ هَبْ لِيُ حُكُمًا وَّأَلْحِقْنِي بِالصَّالِحِينَ

Rabbi hablee <u>h</u>ukmaw wa al<u>h</u>iqnee bi<u>ss</u>aaliheen

[And he said], 'My Lord, grant me authority and join me with the righteous.'



Duas After The Fard Salaah

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيمُ نَحْمَدُهُ وَنُصَلِّى عَلَى رَسُـوْلِهِ الْحَـرِيْمِ

These mubarak duas were regularly recited by Rasulullah after the Fard salaah. We should recite them too. It only takes a few minutes extra of our time but brings great rewards. Rasulullah said "Whoever revives an aspect of my Sunnah that is forgotten after my death, he will have a reward equivalent to that of the people who follow him, without it detracting in the least from their reward."- Tirmidhi

May this booklet bring about the pleasure of Allah and Rasulullah . Except for the last two dua's, all the Duas in this collection are from Kitabul Adhkaar of Imam Nawawi

أَسْتَغُفِرُ الله، أَسْتَغْفِرُ الله، أَسْتَغْفِرُ الله، Astaghfiirullaah x 3

1. I ask Allah to forgive me

Alla'humma antas salaam wa minkas salaam tabaarakta yaa dhal jalaali wal ikraam

2. O Allah, You are the Peace, and You are the Source of Peace, You are Blessed, Oh Possessor of Glory and Honour-**Hadith/Virtue**: Whenever Rasulullah made the Taslim, he would recite (this Dua).

1 The third 'Astghfirullah' should be said slightly audibly and lengthened as in: Astaghfirullaaah.

٣. اَللّٰهُمَّ أَعِنِي عَلى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

- 3. Allahumma a'inni 'alaa dhikrika wa shukrika wa <u>h</u>usni ibadatika
- 3. O Allah Assist me in remembering You, in thanking You, and worshipping You in the best way. **Hadith/Virtue:** One day Rasulullah took Mu'adh Ibn Jabal by the hand and said 'O Mu'adh, by Allah I love you, and I advise you, O Mu'adh, never forget to recite (this Du'a), after every salaah (Fard Salaah)

Thereafter place the right hand on the forehead when reciting the following Dua below which is for removing worry and grief

4. Ashahadu anlaa-ilaaha illallahur Rahmaa-

nur Ra<u>h</u>eem. Allahummadh-hib 'annil hamma wal hazn

4. I bear witness that there is none worthy of worship besides The Compassionate. The Merciful, O Allah remove from me worry and grief. **Hadith/Virtue:** When Rasulullah completed his salaah he put his hands on his forehead and recited this dua for worry/grief

ه. سُبْحَانَ اللهِ (33x) ، اَلْحَمْدُ لِللهِ (33x) ،
 الله أَحْبَرُ (34x)

Subhaan allah: 33 times, Al Hamdu lillah: 33 times, Allahu Akbar: 33 times

5. Pure is Allah, All Praise is for Allah and Allah is the Geatest- **Virtue:** Forgiveness of sins and elevation of ranks amongst many other virtues!

آلله إلا الله وَحْدَهُ لَا شَرِيْكَ لَهُ، لَهُ الله وَحْدَهُ لَا شَرِيْكَ لَهُ، لَهُ المُلْكُ وَلَمْ عَلَى كُلِ شَيْءٍ المُلْكُ وَلَمْ عَلَى كُلِ شَيْءٍ قَلَى عُلْمَ الله مَا الله مَا الله عَلَيْتَ، وَلَا قَلْمَا أَعْطَيْتَ، وَلَا قَلْمَا أَعْطَيْتَ الله قَلْمَا أَعْمَا الله قَلْمَا أَعْلَىٰ الله قَلْمَا أَعْمَا الله قَلْمَا أَعْمَا أَعْمَا أَعْمَا الله قَلْمَا أَعْمَا أَعْمُ أَعْمَا أَع

مُعْطِيَ لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدِّ مِنْكَ الْجَدُّ

- 6. Laa ilaaha illal laahu wahdahu laa shari kalahu. Lahul mulku wala hul hamdu wa huwwa alaa kulli shayin qadeer. Allaahumma laa maani-'a limaa a'atayta, wa laa m'utiya limaa mana'ta, wa laa yanfa'u dhal-jaddi minkaljadd.
- 6. None has the right to be worshipped but Allah alone, He has no partner, His is the dominion and His is the praise, and He is Able to do all things. O Allah, there is none who can withhold what You give, and none may give what You have withheld; and the might of the mighty person cannot benefit him against You. Hadith/Virtue: When Rasulullah completed his salaah he recited this dua. He also said who recites the previoulsy mentioned Tasbeehs 33x each and then completes it by reading this dua will be forgiven all his sins even though they may be as much as the foam of the ocean.

The remaining duas below should preferably be recited after the sunnah salaah.

- 7. Allahumma inni aʻoodhubika minal kufri wal faqri wa ʻadhaabil qabr.
- 7. O Allah I seek Your protection from disbelief, poverty and the punishment in the grave. **Hadith/Virtue:** Rasulullah sought safety from the punishment in the grave after all his salaah. How much more should we!

الفَضْلُ، وَلَهُ الثَّنَاءُ الْحَسَنُ، لَا إِلهَ إِلَّا اللهُ مُخْلِصِينَ لَهُ الدِّيْنَ وَلَوْ كَرِهَ الكافِرُوْنَ مُخْلِصِينَ لَهُ الدِّيْنَ وَلَوْ كَرِهَ الكافِرُوْنَ

- 8. Laa ilaaha illal laahu wahdahu laa shari kalahu. Lahul mulku wala hul hamdu wa huwwa alaa kulli shayin qadeer. Wa laa hawla wa laa quwwata illa billaahil 'Aliyyil 'Azeem. Laa ilaaha illal laahu wa laa n'abudu illaa iyyaahu, lahun ni'imatu wa lahul fadlu walahuth thanaa-ul hasanu, laa ilaaha ilallahu mukhliseena lahud deeni wa low karihal kaaafiroon.
- 8. None has the right to be worshipped but Allah alone, He has no partner, His is the dominion and His is the praise, and He is Able to do all things. There is no might nor power except with Allah, none has the right to be worshipped except Allah and we worship none except Him. For Him is all favor, grace, and glorious praise. None has the right to be worshipped except Allah and we are sincere in faith and devotion to Him although the disbelievers detest it. Hadith: Rasulullah read this after every fard salaah

٩. اَللّٰهُ مَّ إِنِّى أَعُودُ بِكَ مِنَ الْجُ بِنِ
 وَأَعُودُ بِكَ أَنْ أُرَدَّ إلى أَرْذَلِ العُمُرِ، وَأَعُودُ بِكَ مِن فِتْنَةِ الدُّنْيَا، وأَعُودُ بِكَ مِن عَذَابِ القَبْرِ
 عَذَابِ القَبْرِ

- 9. Allahumma inni a'oodhubika minal jubni wa a'oodhubika an uradda ilaa ardhalil 'umuri wa a'oodhubika min fitnatid dunyaa wa a'oodhubika min 'adhaabil qabr.
- 9. O Allah! I seek refuge with You from cowardice, and seek refuge with You from being brought back to a bad stage of old age and I seek refuge with You from the afflictions of the world, and seek refuge with You from the punishments in the grave. Hadith/Virtue:: Rasulullah sought protection with these words after his salaah.

١٠. اَللَّهُمَّ اغْفِرُ لِي ذُنُوْبِي وَخَطَايَايَ

كُلَّهَا، اَللَّهُمَّ انْعِشْنِي واجْبُرُنِي وَاهْدِنِي لِصَالِحِ الْأَعْمَالِ وَالْأَخْلَاقِ، إِنَّهُ لَا يَهْدِى لِصَالِحِهَا وَلَا يَصْرِفُ سَيِّئَهَا إِلَّا أَنْتَ

10. Allahummagh-firlee dhunoobi wa kha<u>t</u>aayaya kullahaa. Allahumman 'ishnee wajburrnee wahdinee li<u>s</u>alihil a'amaali wal akhlaaqi innahu laa yahdee li-saali<u>h</u>ihaa illaa anta.

10. O Allah forgive my sins and faults. O Allah grant me reverence, repair my losses, guide me to good actions and good character, surely none can guide to good actions and good character accept You and none can prevent from bad deeds except you. Hadith/Virtue: Abu Amamah narrates that he did not approach Rasulullah after the prescribed salaah except that he heard Rasulullah say this dua.

١١. اَللَّهُمَّ اجْعَلْ خَيْرَ عُمُ رِي آخِرَهُ، وَخَيْرَ

عَمَلِيْ خَواتِمَهُ، وَاجْعَلْ خَيْرَ أَيَّامِيْ يَوْمَ الْقَاكَ

- 11. Allahummaj'al khayra umuri aakhirahu wa khayra 'amali khawaatimahu wa khayra ayyaamee yawma alqaaka.
- 11. O Allah make my the best part of my life the last part of it, and make my best actions my last actions and make my best day the day that I meet You. **Hadith/Virtue:** Anas was says that when Rasulullah turned from his salaah he recited this dua.

Recite Surah's an-Naas, al-Falaq and al-Ikhlaas each in full x1 after every salaat but x3 after Fajr and Maghrib.

Surah Ikhlaas

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ قُلْ هُوَ اللهُ أَحَدُّ ﴿ ﴾ اللهُ الصَّمَدُ ﴿ ٢﴾ لَمْ يَلِدُ وَلَمْ يُوْلَدُ ﴿ ٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدُّ ﴿ ٤﴾

Bismillaa<u>h</u>ir Ra<u>h</u>maanir Ra<u>h</u>eem. Qul huwal laahu a<u>h</u>ad. Allah hu<u>s</u>-<u>s</u>amad. Lam yalid wa lam yoolad. Wa lam yakul-lahu kufuwan a<u>h</u>ad

Say, 'He is Allah, [who is] One, Allah, the Eternal Refuge. He neither begets nor is born, Nor is there to Him any equivalent.'

12. Uqbah bin Aamir related that Rasulullah ordered us to recite the Muawwadhatayn/Muawwadhaat: Qul Huwallahu Ahad, Qul Aoodhu bi Rabbil Falaq, Qul Aʻoodhu bi Rabbin Naas. This should be recited 1x after salaah. From other Ahaadith we learn that they

should be recited 3 x after Fajr and Maghrib.

Surah Falaq

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيمِ قُلُ أَعُوْذُ بِرَبِّ الْفَلَقِ ﴿ إَلَى مِنْ شَرِّ مَا خَلَقَ ﴿ ٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿ ٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿ ٤﴾ وَمِن شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿ ٥﴾

Bismillaahir Rahmaanir Raheem. Qul a'oodhu bi rabbil-falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin idhaa waqab. Wa min sharrin-naffaa-thaati fil 'uqad. Wa min shar ri haasidin idhaa hasad

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from

the evil of an envier when he envies."

Surah Naas

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيمِ
قُلُ أَعُوْذُ بِرَبِ النَّاسِ ﴿ اللهِ مَلِكِ النَّاسِ
﴿ ٢﴾ إِلَهِ النَّاسِ ﴿ ٣﴾ مِنْ شَرِّ الْوَسُواسِ
الْحَنَّاسِ ﴿ ٤﴾ الَّذِي يُوسُوسُ فِي صُدُورِ النَّاسِ
﴿ ٥﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿ ٢﴾

Bismillaahir Rahmaanir Raheem. Qul a'oodhu birabbin naas. Malikin naas. Ilaahin naas. Min sharril was waasil khannaas. Al-ladhee yuwas wisu fee <u>s</u>udoorin naas. Minal jinnati wan naas

Say, 'I seek refuge in the Lord of mankind, The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer -Who whispers [evil] into the breasts of mankind. From among the jinn and mankind."

١٣. سُبِحَانَ ربِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ، وَسَلَامٌ عَلَى المُرْسَلِينَ، وَالْحَمْدُ لِلهِ رَبِّ الْعَالَمِيْنَ

- 13. Subhana Rabbika Rabbil 'izzati amma yasifun wa salamun alal mursalin wal <u>h</u>amdulillahi rabbil 'alamin
- 13. Pure is Your Sustainer, the Lord of Honour from what they attribute to Him and peace be upon the Messengers and Praise is to Allah, Sustainer of the Worlds

Hadith/Virtue: Abu Said Khudri has said: When Rasulullah completed his salaah, he recited this dua, I cannot remember if after or before the salaam.

Additional Duans after Fajr SalantBefore rising or talking recite:

١٤. لَا إِلَهُ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيْكَ لَهُ، لَهُ

الْمُلَّكُ وَلَهُ الْحَمَٰدُ يُحْيِي وَ يُمِيْتُ وَهُوَ عَلَى الْمُلَّكُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيْرٌ (10x)

- 14. Laa ilaaha illal laahu wa<u>h</u>dahu laa shari kalahu. Lahul mulku wala hul <u>h</u>amdu wa huwwa 'alaa kulli shay-in qadeer.
- 14. None has the right to be worshipped but Allah alone, He has no partner, His is the dominion and His is the praise, He brings to life and causes death and He is Able to do all things. **Hadith/Virtue:** Whoever says this 10 x, after the Fajr Salaah 10 good deeds are written for him and 10 sins wiped out for him, he will be raised 10 degrees and be safeguarded against shaytan and harm that day and no sin can nullify his good deeds except shirk

- 15. Allahumma ajirnee minan naar.
- 15. O Allah protect me from the Fire.
- 2. Recite this dua after Maghrib as well 7x

Hadith/Virtue: Rasulullah said "When you finish the Maghrib prayer, say 'O Allah, save me from the Fire' 7 times. If you do so and die that night, you will be granted protection from the Fire. And do likewise after the Fajr prayer, and if you die during the day, you will be granted protection from the Fire."

١٦. اَللَّهُمَّ بِكَ أُحَاوِلُ، وَبِكَ أُصَاوِلُ،
 وَبِكَ أُفَاتِلُ

16. Allahumma bika u<u>h</u>aawilu wa bika u<u>s</u>aawilu wa bika uqaatil.

16. O Allah with Your help do I make efforts (to do good) and with Your help do I launch an attack (on the enemy) and with Your help do I fight the enemy . Hadith/Virtue: Suhaib saw the lips of Rasulullah moving after fajr salaah and asked O Rasulullah that you are reciting. Rasulullah then said this dua.

١٨. اَللَّهُمَّ اِنِّى اَسْالُكَ عِلْمًا نَافِعًا وَ

عَمَلًا مُتَقَبَّلًا وَرِزُقًا طَيِّبًا

- 17. Allaahumma 'innee 'as'aluka 'ilman naafi'an, wa wa 'amalan mutaqabbalan rizqan tayyiban.
- 17. O Allah I ask of You beneficial knowledge, accepted actions an pure sustenance. **Hadith**: Umme Salamah Radiallahu Anha related that when Rasulullah performed the morning salaah (fajr) he said this dua

Duas from other Kitabs Ayat al-Kursi

١٨. الله لا إِله إِلا هُـو الحِيُّ الْقَيْـومُ، لا
 تَأْخُذُهُ سِنَةٌ وَلا نَوْمٌ، لَهُ مَا فِي السَّمَاوَاتِ
 وَمَا فِي الْأَرْضِ، مَنْ ذَا الَّذِي يَشْفَعُ
 عِنْدَهُ إِلَّا بإذْنِهِ، يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا

خَلْفَهُمْ وَلَا يُحِيْطُ وْنَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ، وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ، وَلَا يَتُوْدُهُ حِفْظُهُ مَا وَلَا يَتُوْدُهُ حِفْظُهُ مَا وَهُو الْعَلِيُّ الْعَظِيمُ

18. Allaahu laa 'ilaaha 'illaa Huwal-<u>H</u>ayyul-Qayyoom, laa ta-khuthuhu sinatun wa laa nawm, lahu maa fis-samaawaati wa maafil-ar<u>d</u>, man thal-lathee yashfa'u 'indahu 'illaa bi-ith-nih, ya'alamu maa bayna aydeehim wa maa khalfahum, wa laa yu<u>h</u>eetoona bishay-im-min 'ilmihi 'illaa bimaa shaa-a, wasi'a kursiyyuhus-samaawaati wal-ar<u>d</u>, wa laa ya-'ooduhu hif<u>z</u>uhumaa, wa Huwal- 'Aliyyul- 'Azeem.

18. Ayat al-Kursi: Allah! There is none worthy of worship but He, the Ever Living, the One Who sustains and protects all that exists. Neither slumber nor sleep overtakes Him. To Him belongs whatever is in the heavens and

whatever is on the earth. Who is he that can intercede with Him except with His Permission? He knows what happens to them in this world, and what will happen to them in the Hereafter. And they will never encompass anything of His Knowledge except that which He wills. His Throne extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them. And He is the Most High, the Most Great.

Virtue: Rasulullah said that nothing will be between him and Jannat for him who recites Ayatul Kursi after ever fardh salaah immediately in the position he is seated. Hadhrat Anas said that Nabi said: "The one who recites Ayatul Kursi after every fard Salaah will be protected until the next Salaah and this is constantly done by a Nabi or a Siddiq or a martyr. Hadhrat Ibn-Mas'ood says that a person requested Rasulullah says says that a person requested Rasulullah said to teach him something that will benefit him. Nabi said "Read Ayatul Kursi, it will protect you, your children, home and even those houses surrounding your house."

19. Recite Surah Fatiha, Ayat al-Kursi, and the 2 verses below of Surah Ale Imraan after Salaah

١٩. سورة الفاتحة - آية الكرسى
 شَهِدَ اللهُ أَنَّهُ لَا إِلهَ إِلَّا هُـوَ وَالْمَلاَئِكَةُ
 وَاُولُو الْعِلْمِ قَائِمًا بِالْقِسْطِ، لَا إِلهَ إِلَّا هُوَ العَزِيزُ الْحَكِيْمُ

Shahida Allahu annahu la ilaha illa huwa walmalaaikatu wa oolul 'ilmi qaa-iman bilqis<u>t</u>i laa ilaaha illaa huwa l 'Azeezul Hakeem.

Allah witnesses that there is no Deity except Him, and [so do] the angels and those of knowledge - [that He is] maintaining [creation] in justice. There is no deity except Him, the Exalted in Might, the Wise.

قُلِ اللّٰهُمَّ مَالِكَ المُلْكِ تُؤْتِي المُلْكَ

مَنْ تَشَاءُ وَتَنْزِعُ المُلْكَ مِمَّنُ تَشَاءُ وَتُعِزُّ مَنْ تَشَاءُ وَتُعِزُّ مَنْ تَشَاءُ بِيَدِكَ الْخَيرُ مَنْ تَشَاءُ بِيَدِكَ الْخَيرُ الْآكِ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، تُولِجُ اللَّيْلَ فِي اللَّيْلِ وَتُخرِجُ النَّهَارَ فِي اللَّيْلِ وَتُخرِجُ الْحَيِّ مِنَ الْحَيِّ الْحَيَّ مِنَ الْحَيِّ وَتُخْرِجُ المَيِّتَ مِنَ الْحَيِّ وَتُخْرِجُ المَيِّتَ مِنَ الْحَيِّ وَتُخْرِجُ المَيِّتَ مِنَ الْحَيِّ وَتُخْرِجُ المَيِّتَ مِنَ الْحَيِّ وَتَرُزُقُ مَنْ تَشَاءُ بِغَيْرِ حِسَابٍ

Qulillahumma <u>m</u>aalikul Mulki tu-til mulka man tashaa-u wa tan-zi'ul mulka min man tashaa-u wa tu'izzu man tashaa- u wa tudhillu man tashaa-u biyadikal khayru innaka 'alaa kulli shay-in qaodeer. Tu-lijul layla finnahaari wa tu-lijun nahaara fil layli wa tukhrijul <u>h</u>ayya minal mayyiti wa tukhrijul mayyita minal <u>h</u>ayyi wa tarzuqu man tashaa u bighayri <u>h</u>isaab.

Say, "O Allah, Owner of Sovereignty, You give sovereignty to whom You will and You take sovereignty away from whom You will. You honour whom You will and You humble whom You will. In Your hand is [all] good. Indeed, You have power over all things. You cause the night to pass into the day, and You cause the day to pass into the night. You bring forth the living from the dead, and You bring forth the dead from that which is alive. You grant sustenance to whom You will, beyond all reckoning."

The virtue of reading the above Surah Fatiha, Ayat al-Kursi, and the 2 verses of Surah Aal-Imraan after Salaah

19. Hadith/Virtue It is reported in a Hadith al Qudsi that whoever reads Surah Fatiha, Ayat al Kursi and these two verses of Surah Aal-Imraan, Allah will bulild a house for him in Jannah and place him up in the Hadhratul Quds (The place of Sanctity), fulfil 70 of his needs and Honour him with His mercy 70 times a day and the least of these 70 wishes will be forgiveness and he will be protected from his enemies and be helped against them. Source: 'Hadis Qudsi' by Shabanul Hind Hazrat Moulana Ahmad Sa'eed Dehlavi

FATEHA

To be read for our loved ones that have passed on

إِنَّ الله وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ، يَآ أَيُّهَا الَّذِيْنَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسُلِيْمًا

Innallaha wa malaa-ikatahu yu<u>s</u>alloona 'alan Nabi. Yaa ayyuhalladheena aamanoo <u>s</u>allu 'alaihi wa sallimu tasleema"

Surely Allah and His angels bless the Prophet; O you who believe! call for (Divine) Blessings on him and greet (salute) him with a (becoming) salutation.

Allahumma salli 'alaasayyidinaa Mu<u>h</u>ammadin wa 'ala aali sayyidinaa Mu<u>h</u>ammadin wa

baarik wasallim

O Allah bless our leader Muhammad and the family of our Leader Muhammad and grant blessings and peace.

RECITE: SURAH IKHLAAS, SURAH FALAQ AND SURAH NAAS

Surah Ikhlaas

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ قُلْ هُوَ اللهُ أَحَدُ ﴿١﴾ اللهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدُ وَلَمْ يُوْلَدُ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدُ ﴿٤﴾

Bismillaa<u>h</u>ir Ra<u>h</u>maanir Ra<u>h</u>eem. Qul huwal laahu a<u>h</u>ad. Allah hu<u>s</u>-<u>s</u>amad. Lam yalid wa lam yoolad. Wa lam yakul-lahu kufuwan a<u>h</u>ad

Say, 'He is Allah, [who is] One, Allah, the Eternal Refuge. He neither begets nor is born,

Nor is there to Him any equivalent.'

Surah Falaq

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ
قُلُ أَعُوْدُ بِرَبِ الْفَلَقِ ﴿ إِلَى مِنْ شَرِّ مَا خَلَقَ
﴿ ٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿ ٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿ ٤﴾ وَمِن شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿ ٥﴾

Bismillaahir Ra<u>h</u>maanir Ra<u>h</u>eem. Qul a'oodhu bi rabbil-falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin idhaa waqab. Wa min sharrin-naffaa-thaati fil 'uqad . Wa min shar ri <u>h</u>aasidin idhaa <u>h</u>asad

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from the evil of an envier when he envies."

Surah Naas

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ قُلُ أَعُوْذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسُواسِ الْحَنَّاسِ ﴿٤﴾ الَّذِي يُوسُوسُ فِي صُدُورِ النَّاسِ ﴿٥﴾ مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾

Bismillaahir Rahmaanir Raheem. Qul a'oodhu birabbin naas. Malikin naas. Ilaahin na as. Min sharril was waasil khannaas. Al-ladhee yuwas wisu fee <u>s</u>udoorin naas. Minal jinnati wan naas

Say, 'I seek refuge in the Lord of mankind, The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind."

بِسْمِ اللهِ الرَّحْمَانِ الرَّحِيمِ ﴿ اللهِ اللهِ الرَّحِمَدُ لِللهِ رَبِّ

الْعَالَمِينَ ﴿٢﴾ الرَّحْمَانِ الرَّحِيْمِ ﴿٣﴾ مَالِكِ يَوْمِ الدِّيْنِ ﴿٤﴾ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِيْنُ ﴿٥﴾ إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيْمَ ﴿٦﴾ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوْبِ عَلَيْهِمْ وَلَا الضَّالِينَ ﴿٧﴾

BismillaahirRahmaanir Raheem. Alhamdu lillaahi Rabbil 'aalameen. Ar-Rahmaanir-Raheem. Maaliki Yawmid-Deen. Iyyaaka na'abudu wa lyyaaka nasta'een. Ihdinas-Siraatal-Mustaqeem.Siraatal-ladheena-an 'amta 'alayhim ghayril-maghdoobi 'alayhim wa lad-daalleen. Ameen

1. In the Name of Allah, the Most Beneficent, the Most Merciful. 2. All the praises and thanks be to Allah, the Lord of the 'Aalamin (mankind, jinns and all that exists). 3. The Most Beneficent, the Most Merciful. 4. The Only Owner (and the Only Ruling Judge) of the Day of Recompense (i.e. the Day of Resurrection)

5. You (Alone) we worship, and You (Alone) we ask for help (for each and everything). 6. Guide us to the Straight Way. 7. The Way of those on whom You have bestowed Your Grace, not (the way) of those who earned Your Anger (such as the Jews), nor of those who went astray (such as the Christians).

الّمَ ﴿ اللّهِ فَلِكَ الْكِتَابُ لَا رَبِّبَ فِيهِ شَاهُ اللّهُ اللّهَ فَيْ فَيْ اللّهِ اللّهَ اللّهِ اللّهُ اللّهُ اللّهُ اللّهِ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ الللللّهُ اللللّهُ الللّهُ الللّهُ الللللّهُ اللّهُ

Alif-Laaam-Meem. Dhaalikal Kitaabu laa rayba feeh; hudal lilmuttaqeen. Alladheena yu'minoona bilghaybi wa yuqeemoona<u>s</u> <u>s</u>alaata wa mimmaa razaqnaahum yunfiqoon.

Walladheena yu'minoona bimaa unzila ilayka wa maaa unzila min qablika wa bil Aakhirati hum yooqinoon Ulaaa'ika 'alaa hudam mir Rabbihim wa ulaaa'ika humul muflihoon.

1. Alif-Lam-Mim. 2. This is the Book (the Qur-aaan), whereof there is no doubt, a guidance to those who are Al-Muttaqun. 3. Who believe in the unseen and perform As-Salat, and spend out of what we have provided for them 4. And who believe in which has been sent down to you (Muhammad) and in what was sent down before you and they believe with certainty in the Hereafter. 5. They are on (true) guidance from their Lord, and they are the successful.

Inna rahmatallahi qareebun minal muhsineen Surely the mercy of Allah is near to the doers of good

Wa-ilahukum ilaahun waa<u>h</u>idun laa ilaaha illa huwar Rahmaanur Raheem.

And your God is one God (only; there is no God except Him, the Most Gracious, the Most Merciful.

Fa rawhun wa rayhaanun wa jannatu na 'eem Then [for him is] rest and bounty and a garden of pleasure.

Maa kaana Mu<u>h</u>ammadun abaa a<u>h</u>adin min rijaalikum walaakin Rasula Allahi wa khaataman Nabiyyeen, wakaana- Allahu bikulli shayin 'Aleemaa

Muhammad is not the father of [any] one of your men, but [he is] the Messenger of Allah

and last of the Prophets. And ever is Allah, of all things, Knowing.

Duas to be read Daily and in Janaazah Salaah.

Make intention for Salaatul Janaazah with 4 takbeers behind the Imam

After the first takbeer recite:

Subhaanakal-laahumma,wabihamdika,wata baara kasmuka, wata'aala jadduka, wa jalla thanaa-uka, wa laa ilaahaa ghayruk.

You are Pure O Allah and praise be to You and blessed is Your Name exalted is Your majesty and, elevated is Your praises and there is no Deity besides You

After the second takbeer recite:

اَللَّهُمَّ صَلِّ عَلَى مُحَدَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيْمَ إِنَّكَ حَمِيْدٌ مَجِيْدٌ اَللَّهُمَّ بَارِثِ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَدَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيْمَ وَعَلَى آلِ إِبْرَاهِيْمَ إِنَّكَ حَمِيْدٌ مَجِيْدٌ

Allahumma salli 'ala Muhammadin wa 'alaa aali Muhammadin kamaa sallayta 'alaa Ibraaheema wa 'alaa aali Ibraaheema innaka Hameedum Majeed. Allahumma barik 'alaa Muhammadin wa 'alaa aali Muhammadin kamaa barakta 'alaa Ibraaheema wa 'alaa aali Ibraaheema innaka Hameedum Majeed.

O Allah, send blessings upon Muhammad and the family of Muhammad, as you have sent blessings on Ibraheem and his family. Truly, You are Praiseworthy and Glorious.

O Allah, bless Muhammad and the family of Muhammad, as you have blessed Ibraaheem and his family. Truly, You are Praiseworthy and Glorious.

After the third takbeer recite: (for an adult male or female):

اَللهُمَّ اغْفِرُ لِحَيِّنَا وَمَيِّتِنَا وَشَاهِدِنَا وَغَائِبِنَا وَصَغِيْرِنَا وَخَائِبِنَا وَصَغِيْرِنَا وَأَنْثَانَا ، اَللَّهُمَّ مَنْ أَحْيِئِنَا وَأَنْثَانَا ، اَللَّهُمَّ مَنْ أَحْيِئِنَهُ مِنَّا فَأَحْيِهِ عَلَى الْإِسْلَامِ ، وَمَنْ تَوَفَّيْتَهُ مِنَّا فَتَوَفَّهُ عَلَى الْإِيمَانِ وَمَنْ تَوَفَّيْتَهُ مِنَّا فَتَوَفَّهُ عَلَى الْإِيمَانِ

Allah hummagh fir li <u>h</u>ayyinaa, wa mayyitinaa, wa shaahidinaa, wa ghaa-ibina, wa <u>s</u>agheereena, wa kabeerina,wa dhakarinaa ,wa unthaanaa, Allah humma man a<u>h</u>-yaytahu, minna fa <u>ah</u> yihi 'alal Isl<u>a</u>m. Waman tawaf faytahu minnaa fata-waffahu 'alal Imaan.

Oh Allah! Forgive those of us that are alive and those of us that are deceased, those of us that are present and those of us who are absent; those of us who are young and those of us who are adults; our males and our females. Oh Allah! Whomsoever You keep alive, let him live as a follower of Islam and whomsoever You cause to die, let him die a Believer.

If the deceased is a male child then recite

Allahummaj-ʻalhu lanaa fara<u>t</u>an wajʻalhu lanaa dhukhran wajʻalhu lanaa shaafiʻan wa mushaffaʻan

O Allah make him a cause of recompense for us in the world to come as one going before and a treasure and a reward and make him an intercessor for us and one whose intercession is accepted.

If the deceased is a female child then recite

اَللّٰهُمَّ اجْعَلْهَا لَنَا فَرَطًا وَّاجْعَلْهَا لَنَا اَجْرًا وَّذُخْرًا وَّذُخْرًا وَّدُخُرًا وَّدُخُرًا وَالْمُفَقَعًا وَالْمُشَفَّعًا

Allahummaj-'alhaa lanaa fara<u>t</u>an waj'alhaa lanaa dhukhran waj'alhaa lanaa shaafi'an wa mushaffa'an

O Allah make her a cause of recompense for us in the world to come as one going before and a treasure and a reward and make her an intercessor for us and one whose intercession is accepted.

After the fourth takbeer recite the salam together with the Imaam

The above duas mentioned in the Janaazah salaah should also be read daily.

Additional daily duas to be read

اَللَّهُمَّ اجْعَلُ قَبْرَهُ رَوْضَهُ مِنْ رِيَاضِ الْجَنَّةِ

Allahummaghfir lahu war<u>h</u>amhu wa sakkinhu fil jannah. Allahummajʻal qabrahu raw<u>d</u>atan min riyaa<u>d</u>il jannah

O Allah forgive him and have mercy on him and make his resting place Jannah. O Allah make his grave a garden from amongst the gardens of Jannah

Allahummaghfir-haa war<u>h</u>amhaa wa sakkinhaa fil jannah. Allahummaj'al qabrahaa raw<u>d</u>atan min riyaa<u>d</u>il jannah

O Allah forgive her and have mercy on her and make her resting place Jannah. O Allah make her grave a garden from amongst the gardens of Jananah يَا أَيَّتُهَا النَّفْسُ الْمُطْمَئِنَّةُ، اِرْجِعِي إِلَى رَبِّكِ رَاضِيَةً مَّرْضِيَّةً، فَادُخُ لِيْ فِيْ عِبَادِيْ وَادْخُلِيْ جَنَّتِيْ

Yaa ayyatuhan nafsul mutmainnah, irji'ee ilaa Rabbiki raa<u>d</u>iyatan mar<u>d</u>iyyah. Fadkhulii fee 'ibaadii wadkhulee jannatee.

O soul at peace, return to your Lord, well pleased & well-pleasing. Enter with My servants, enter into My Garden.

اَللَّهُمَّ اغُفِرُلِى وَلِوَالِدَى وَلِأُسْتَاذِى وَ لِجَمِيْعِ اللَّهُمَّ اغُفِرُلِى وَلِوَالِدَى وَلِأُسْتَاذِى وَ لِجَمِيْعِ الْمُؤْمِنَاتِ وَالْمُسِلِمِيْنَ وَالْمُسْلِمَاتِ بِرَحْمَتِكَ يَا اَرْحَمَ الرَّاحِمِيْنَ

Allaummaghfirli wa li waalidayya wa li ustaadhiyya wa li jamee'il mumineena wal muminaati wal muslimeena wal muslimaati, bi ra<u>h-</u> matika yaa Ar<u>h</u>amar Raa<u>h</u>imeen O Allah forgive me and my parents and my teachers and all the believing men and women and the submitting men and women, with Your mercy O Most Merciful of all those who show mercy

أَلَا إِنَّ أَوْلِيَـاءَ اللهِ لَا خَـَوْثُ عَلَيْهِمْ وَلَا هُــمُـ يَحْـزَنُـوْنَ

Alaa inna awliyaa Allaaahi laa khawfun 'alayhim wa laa hum ya<u>h</u>zanoon

Behold! The Friends of Allah, no fear shall come upon them nor shall they grieve

بِسُمِ اللهِ الرَّحْمَانِ الرَّحِيْمِ ﴿ إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ ﴿٢﴾ وَمَا أَدْرَاكَ مَا لَيْلَةُ الْقَدْرِ ﴿٢﴾ لَيْلَةُ الْقَدْرِ ﴿٢﴾ لَيْلَةُ الْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ ﴿٣﴾ تَنْزَّلُ الْمَلَائِكَةُ وَالرُّوْحُ فِيهَا بِإِذْنِ رَبِّهِمْ مِّنْ كُلِّ الْمَلَائِكَةُ وَالرُّوْحُ فِيهَا بِإِذْنِ رَبِّهِمْ مِّنْ كُلِّ

أَمْرٍ ﴿٤﴾ سَلَامٌ هِيَ حَتَّىٰ مَطْلَعِ الْفَجْرِ ﴿٥﴾

Bismillaahir Rahmaanir Raheem. Innaa anzalnaahu fee laylatil qadr. Wa maa adraaka ma laylatul qadr. Laylatul qadri khayrun min alfee shahr. Tanaz zalul malaa-ikatu war roohu feehaa bi idhni-Rabbihim min kulli amr. Salaamun hiya hattaa mat la'il fajr

Verily! We have sent it (this Qur'an) down in the night of Al-Qadr (Decree). And what will make you know what the night of Al-Qadr (Decree) is? The night of Al-Qadr (Decree) is better than a thousand months (i.e. worshipping Allah in that night is better than worshipping Him a thousand months, i.e. 83 years and 4 months). Therein descend the angels and the Ruh [Jibrael Decrees, Peace! (All that night, there is Peace and Goodness from Allah to His believing slaves) until the appearance of dawn.

الَّذِيْنَ آمَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللهِ اللهُ اللهُ اللهُ اللهُ اللهُ اللهِ اللهُ اللهُ اللهِ اللهِ اللهِ اللهِ اللهِ اللهِ اللهِ اللهِ المُلْمُلْم

Alladheena aamanu wa tatmainnu quloobbuhum bidhikrillahi, alaa bidhikrillaahi tatmainnul-qulub

Those who have believed and whose hearts find rest with the remembrance of Allah. Unquestionably, with the remembrance of Allah do the hearts find rest.

سُبِحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ وَسَلَامٌ عَلَى المُرْسَلِينَ وَالْحَمْدُ لِلهِ رَبِّ الْعَالَمِينَ

Subhana Rabbika Rabbil 'izzati 'ammaa ya<u>s</u>ifoona wasalamun 'alal mursaleena wal-<u>h</u>amdu lillahi Rabbil 'aalameen.

Pure is Your Sustainer, the Lord of Honour from what they attribute to Him and peace be upon the Messengers and Praise is to Allah, Sustainer of the Worlds

دعاء أنس بن مالك رضى الله عنه

DUA OF ANAS BIN MAALIK ومنالفينة FOR

PROTECTION

Taught to him by Rasulullah 4.

Due to this Dua the tyrant Hajjaaj could not harm Hadrat Anas نطانعنا in any way.

ي . بشمر الله عَلْ مَا أَعْطَا كُ بِهِ شَيْئًا ، اللهُ أَكُّهُ وَ أَحُذُرُ عَزَّ جَارُكَ , وَلَا إِلَّهُ غَيُّوكَ . اَللَّهُمَّ اذَّرُ وَلِتَّى اللَّهُ الَّذِي نَزَّلَ الْكِتَ ىَتَهَ لَّى الصَّالِحِ

Bismillahi 'alaa nafsi, Bismillahi 'alaa deeni, Bismillahi alaa ahli wa maali wa waladi, Bismillahi alaa maa a'a<u>t</u>aaniyallahu. Allahu Rabbi laa ushri-ku bihi shay-an, Allahu Akbar, Allahu Akbar, Allahu Akbar, wa a'azzu wa ajallu wa a'azamu mimmaa akhaafu wa a<u>h</u>dharu, 'azza jaaruka wa jalla thanaa-uka wa laa ilaaha ghayruk. Allahumma innee a'ooudhubika min sharri nafsee wa min kulli shaytaanin mareedin wa min kulli jabbaarin 'aneedin, fa-in tawallaww faqul <u>h</u>asbiyallahu laa ilaaha illaa-hu, 'alayhi tawakkaltu wa huwa Rabbur Arshil 'Azeem. Inna waliiyyi-yallaahul-ladhi nazzalal kitaaba wa huwa yatawalla<u>s</u> <u>s</u>aaliheen.

With the name of Allah upon my life, with the name of Allah upon my Deen, with the name of Allah upon my family, wealth (possessions) and children. With the name of Allah upon everything Allah has given me. Allah, My Sustainer, I do not associate any partner with him in the least. Allah is the Greatest, Allah is the Greatest, Allah is the Greatest, He is Most Honoured, Most Glorified, Most Mighty over what I fear and dread. Mighty is Your patronage, blessed is Your Name, there is no true Deity but You. O Allah surely I seek Your protection from my self and from every rebellious ruler and every obstinate tyrant. 'Say, sufficient for me is Allah, there is no deity except him, on Him I have relied, and he is the Sustainer of the Great Throne.' 'Indeed my Protector is Allah Who has sent down the Book; and He befriends the righteous.'



The 99 Names of Allah (in detail)
Aayaat of Shifaa, Morning and Evening
Duas, Daily Duas, Duas after the Fard
Salaah and Duas for our loved ones
that have passed on
from the Qur-aan and Hadith