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Exercise needs to feel good

From the playing field to the sports hall: Sports facilities need to be taken care of

Anyone who occasionally goes to support their local team at a football match is aware of the state the stands are in afterwards. However, it is not just the stands that need to be cleaned regularly: The playing field and running tracks also feature on the cleaning rota on a regular basis. These tasks are frequently accompanied by the maintenance for sports halls which completes the list of exercise facilities available in most communities. Municipalities and/or service providers therefore have plenty to do – and each task needs to be completed using the right equipment.

The stands:

A job in itself.

Tissues, empty chip trays, paper cups, flyers – unfortunately, the list of rubbish left behind in the stands after a sports event is a long one. This **loose dirt** could, of course, be picked up by hand, but if you want to work efficiently, use a leaf blower in addition to a broom. The blower can effortlessly move the rubbish along the aisles and onto the ground where it can be collected manually or by a sweeper.

It is also frequently necessary to clean the seats in order to remove cola stains or food residue, for example. Cold and hot water high-pressure cleaners can tackle even **coarse dirt** and give you the result you want in record time. When selecting a device, the main thing you need to ensure, depending on the conditions on-site, is that water and high-pressure hose extensions are available. These allow you to definitely reach the nearest water connection and may also enable you to clean larger sections in one go. The final troublesome subject on the list is **chewing gum**, which can be found on or under seats as well as

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on the railings. It can be removed using hot water high-pressure cleaners. Mobile steam cleaners that are specially designed to remove chewing gum are also available. Innovative battery technology enables them to clean without interruption for several hours. If you use steam as well as a degradable detergent that leaves no residue to help, you can work incredibly quickly.

Running tracks and playing fields:

Well-maintained facilities ensure maximum enjoyment.

When it comes to sports facilities, cleanliness serves a purpose: Athletes and people who are there to exercise find it far more appealing to use well-maintained facilities. **Running tracks** also need to be cleaned regularly to keep them in good condition. Usually, surface cleaners with a working width of 30 to 50 cm are used for this job. These enable large surfaces to be cleaned, predominantly without the need for detergents. This is because the impact force which develops due to the high-pressure power nozzles and the corresponding water volume is usually enough to remove most of the dirt. The dirty water is subsequently transported to the sewage system via a drain. Alternatively, to reduce the work time even more, implement carriers with spinning bars could be used for large tracks.

A cylinder lawnmower is well suited to keeping the **grass** on the playing field in good condition thanks to its high area performance and adjustable cutting height. Several versions of this device are available on the market: Front mowers are very manoeuvrable and provide a good view of the implement. The cutting deck is accessible and can be fitted quickly. Central mowers impress with consistent driving characteristics with a fitted deck and the system's responsiveness. This makes straight mowing lines easier to achieve. Lawn sweepers remove the cut grass from the ground using a roller and throw it backwards into a container. Grass suction devices which are connected to the mower extract the cut grass via a vacuum fan and deposit it in a waste hopper.

If the playing field is covered in **artificial turf**, significantly less effort is required to clean it: Sweepers can be equipped with a suitable

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attachment to clean the area on a regular basis.

Sports hall:

Floor cleaning, slipperiness and weight distribution.

Sports halls may not have complex surface compositions but they are challenging to clean. Various different floor coverings such as linoleum, PVC, polyurethane or parquet serve a wide variety of uses ranging from gymnastics to football. No matter what the conditions in a particular hall are like, some things always apply: The floor must not be too slippery but also not too non-slip. If this were the case, you would run the risk of twisting your ankle with every hard stop. To avoid such hazards, the friction levels of floor coverings are defined in **DIN standard 18032/ Part 2**. It is recommended to use detergents that comply with the standard so that the quality of the floor is not altered and people using the space are protected from injuries. If the floors need to be cleaned, large scrubber driers are unbeatable. Sports hall floors, however, are sometimes laid in a way that makes them springy which means they can only withstand a limited **concentrated load**. Sports hall kits could help in this case by providing wide wheels which distribute the weight of the machine such that it can be used without problems. In winter, increased use creates more dust, which increases the risk of people slipping. It is therefore recommended to occasionally wipe the floors so that the dust is bound together, in addition to the usual cleaning.

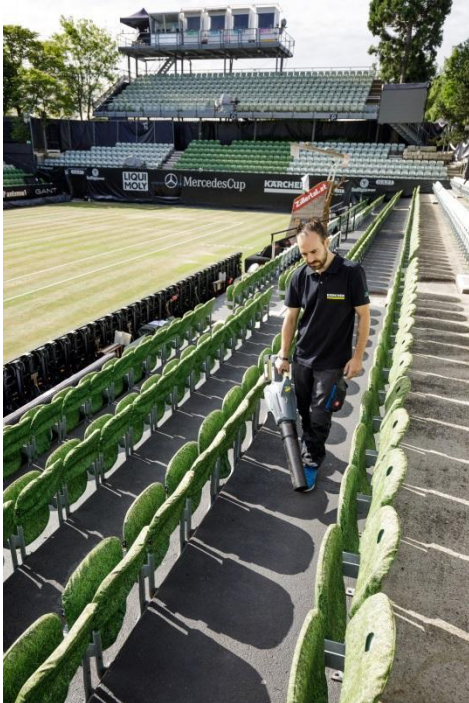
Don't forget:

Hygiene in the changing rooms and washrooms (box).

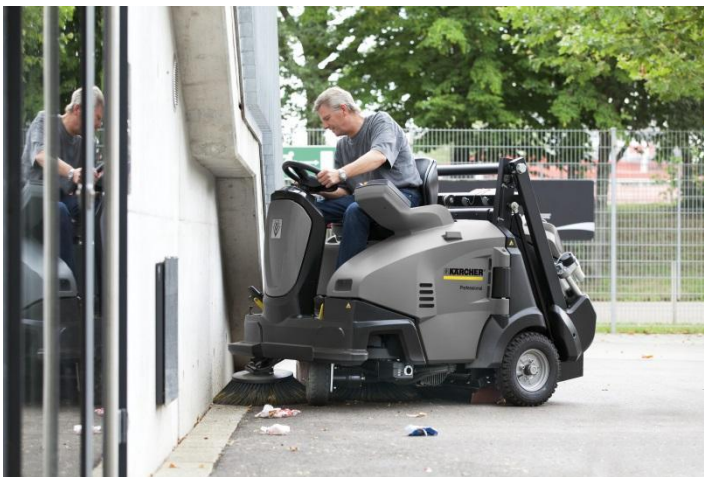
Due to the high frequency of use, changing rooms and washrooms require intensive cleaning. However, frequent disinfection is not necessarily the best way to prevent the spread of microorganisms. By **alternately using acidic and alkaline detergents**, you remove mineral-based and organic dirt – the basis of life of these unwelcome guests. The only thing to be aware of is that if you have joints or tiles that contain cement, these must be rinsed with water before using an acidic detergent. This means the surfaces are saturated with water first and are therefore protected from damage.

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Loose dirt in the stands is best gathered together and collected into one heap using a leaf blower.



The loose dirt can then be vacuumed up by a sweeper.

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The final troublesome subject on the list is chewing gum, which can be easily removed using a mobile steam cleaner. Innovative battery technology enables uninterrupted cleaning for several hours.

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