

# *Adios* **CANCER**

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HOW RICH AND POOR ALIKE BEAT CANCER  
IN CLINICS SOUTH OF THE BORDER

**BY FRANK COUSINEAU**  
**WITH ANDREW SCHOLBERG**



# *Adios, Cancer!*

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in Clinics South of the Border

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## **How Rich and Poor Alike Beat Cancer in Clinics South of the Border**

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*A Cancer Defeated* Special Report

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### **IMPORTANT CAUTION:**

By reading this special report, you are demonstrating an interest in maintaining good and vigorous health.

This report suggests ways you can do this, but — as with anything in medicine — there are no guarantees.

You must check with private, professional medical advisors to assess whether the suggestions in this report are appropriate for you. And please note, the contents of this report may be considered controversial by the medical community at large.

The authors believe that information presented in the Special Report is accurate but its accuracy cannot be guaranteed. The information is not intended to replace the attention or advice of physicians or other health care professionals. Nothing contained in this book is intended to constitute personal medical advice for any particular individual. Every reader who wishes to embark on any dietary, drug, exercise, or other lifestyle changes intended to treat or prevent a specific disease or health condition should first consult with and seek clearance from a qualified health care professional.

Because there is always some risk involved, the authors and publishers are not responsible for any adverse effects or consequences resulting from the use of any of the suggestions, preparations or procedures described in this Special Report. As with any medical procedure, results of the treatments described in this report will vary among individuals. Please do not use this report if you are not willing to assume the risk.

The authors report here the results of a vast array of experiments and research as well as the personal, anecdotal experiences of patients, health care professionals and caregivers. In many cases the authors were not present firsthand to witness the events described here but are reporting to you the accounts of those who were.

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## About the Authors

**Frank Cousineau** is a California-based researcher, author, and consultant in the field of alternative health. He is also the president of two non-profit organizations devoted to informing cancer patients about effective alternative therapies and helping them take advantage of those therapies.

Frank's interest in alternative health was aroused 35 years ago when his mother developed cancer for the third time in 17 years. The futile attempts of his mother's American doctors to arrest the disease frustrated Frank, and led him to launch a lifelong quest to identify effective natural alternatives to conventional cancer treatment.

Over the last 35 years, Frank has visited 6 countries and logged more than 150,000 miles to investigate dozens of treatments and clinics. In the process, he's been among the first researchers to inform Americans about health breakthroughs that have improved and saved lives.

His years of research have made him a prized consultant to physicians and clinics seeking information about alternative and complementary cancer treatments. He has also organized and conducted more than 80 consumer tours of North American alternative cancer clinics. Many cancer patients who join the tours return to the clinics and are successfully treated.

When Frank isn't traveling the world seeking out new treatments and first-rate clinics, he lives in Modesto, California, with his wife Chayo, and enjoys spending time with his children and grandchildren. Frank and Chayo also run Life Support, which supplies nutritional supplements to physicians and individuals.

**Andrew Scholberg** is a freelance writer living in Chicago, Illinois, as well as a devotee of alternative medicine. He was the defendant in a landmark First Amendment case before the Supreme Court that was ultimately decided in his favor. In his spare time, Andrew is an adventurous outdoorsman.



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# Chapter One

## Why American Millionaires Head South of the Border for Cancer Cures

**F**ew Americans know this, but millionaires from places like Beverly Hills, Palm Springs, and Palm Beach are heading south of the border for cancer treatment. Most of them are people you don't know, but you probably know of some of them:

- Baseball star Brett Butler, who played center field for the Los Angeles Dodgers, went to Mexico for treatment when he got throat cancer in 1996. Today's he's as healthy as a horse.
- Actress Rebecca De Mornay's mother went to Mexico for cancer treatment.
- Max Factor heir Donald Factor was given just six months to live when he got cancer in 1986. He went to Mexico for cancer treatment and beat his cancer.
- Actor Steve McQueen was successfully treated in Mexico for mesothelioma – one of the deadliest cancers. You may have heard that McQueen died of cancer. Not so! His tumors were dead and disintegrating and posed no threat to his health. He died of another cause. See the chapter about Dr. Rodrigo Rodriguez to hear the untold story about McQueen.
- Actor Eddie Albert, who starred with Eva Gabor in the 1960s sit-com "Green Acres," took his wife to Mexico for cancer treatment. Subsequently he appeared in an educational video about what your doctor won't tell you.

Millionaires can easily afford to go to the Mayo Clinic or any other state-of-the-art medical clinic for the finest cancer treatment America has to offer. But instead many of them seek cancer treatment in Tijuana or elsewhere in Mexico.

Why?

Well, that's what this Special Report is all about. But it's not just American millionaires who are seeking cancer treatment in Mexico's state-of-the-art hospitals and clinics. Americans from all walks of life — even Amish people — are heading south of the border. Yet most Americans are completely unaware of what Mexican clinics and hospitals are accomplishing.

You may be wondering if Mexican doctors, clinics, and hospitals are regulated and licensed by government health authorities. Let me answer that right now.

Mexican physicians, to practice legally, must go to medical school, pass an exam, and get a license to practice — just like doctors in America. Mexican hospitals must get a permit to operate from the local health authority and must submit to periodic inspections — just like American hospitals. A valid permit must be posted in a prominent location in each facility.

Doctors also must post their credentials. If you want to verify the credentials of a doctor, a clinic, or a hospital, just ask to see the permit, note the signature on the permit, go to the health department and ask to see the guy who signed it. It's easy to do.

In fact, there's a good chance your American doctor may have gone to medical school in Mexico. American medical schools are so tough to get into that many Americans go to the huge medical school in Guadalajara. Then they come back to America, pass the test, and become licensed to practice on the American side of the border.

## **Cancer Miracles South of the Border**

I'm going to tell you the untold story about the cancer treatments — FORBIDDEN in America — that Mexican doctors are using to produce extraordinary recoveries from cancer.

Some of these recoveries are so spectacular that some would call them miracles. And I'm going to tell you which Mexican doctors stand at the very top of the medical profession worldwide.

Let me explain why I wrote this Special Report.

You see, my Mom died of cancer. She struggled with it — on and off — from 1956 until her death in 1973. This was an agonizing ordeal not just for my Mom but also for our whole family. In 1956 the doctors recommended a pan-hysterectomy for her uterine cancer. In other words, they proposed to remove her uterus and both ovaries. She underwent this drastic operation, and she seemed to be well.

But her cancer snuck back 10 years later, appearing as full-blown colon cancer. The doctors again recommended drastic surgery: the removal of a large portion of her colon. She underwent the operation, but she was never the same after that.

Then in 1973 the doctors informed her that she had an "advanced" case of cancer. They recommended a form of chemo that's still widely used today. The chemo didn't just cause her

to vomit. It caused her to retch violently. The chemo was so harsh she said she'd rather die than undergo one more round of it. She continued to slide downhill until the cancer finally killed her.

Fortunately, you and your loved ones don't have to go through the same drastic, painful, and futile treatments my Mom suffered through if you ever get cancer.

If you're reading this Special Report because you're looking for hope for a loved one or for yourself, I'm going to give you a bright ray of hope.

After my Mom died of cancer I embarked on a quest to find out if something could have been done to save her. I didn't want to see any of my other loved ones waste away and die of this horrible, dreaded disease.

My quest led me to become involved in the alternative health movement. Today I volunteer my time with two California-based not-for-profit organizations devoted to informing cancer patients about effective alternative therapies.

## **I've conducted at least 75 tours of the Mexican clinics**

For the last 22 years I've conducted between 75 and 80 bus tours of the Tijuana cancer clinics — again, as a volunteer. I've given so many tours I can't remember the exact number.

Lots of people who've taken my tour over the years went on to receive successful treatment at the Tijuana clinics.

For example, Ellen W. from New York had breast cancer. She went on the tour in November of 2005 and is happy with her treatment in Tijuana. At this writing she's doing fine today.

Through my numerous visits to the Mexican cancer clinics I've become friends with some of



the finest physicians in the world — doctors who are turning around “hopeless” and “terminal” cancer patients.

In fact, if I had had the information I’m about to share with you when my Mom found out she had cancer, I believe she’d still be alive — or else she would have died years later of old age — not of cancer.

## **I probably know the clinics and doctors better than anyone else**

Some of these “terminal” patients given just months or weeks to live have lived for decades and are in a vibrant state of health today. I’m totally familiar with the alternative doctors’ philosophies, methods, clinics, and treatment options. I have more connections with alternative doctors and clinics in Mexico than perhaps anyone else in the alternative health movement.

## **The cancer doctor who treats royalty**

I will interview Dr. Tony Jimenez, M.D., for a future edition of this Special Report. He runs a small Tijuana cancer clinic called Hope 4 Cancer. Earlier this year he was in Cambodia, treating the royal family. A royal family can afford any kind of treatment in the world. Naturally, they want the best. And when they get cancer, they rely on a doctor from Tijuana.

You’ll find the contact information for Dr. Tony Jimenez, M.D., and his Hope 4 Cancer clinic in Chapter Eleven, “Other Outstanding Mexican Clinics that Offer Alternative Cancer Treatments.”

In this Special Report, I’m only going to recommend the doctors and clinics I know to be outstanding.

You see, I have a passion for alternative health and a passion for the truth. Not long after my Mom’s death I discovered that the American

medical establishment isn’t telling Americans the truth about cancer and its treatment options. The American medical establishment offers basically three treatment options for cancer: Surgery, heavy doses of radiation, or chemotherapy. In other words, the three choices are — cut, burn, or poison.

But as I’ll show you in this Special Report, there are many other effective treatment options. And the best cancer treatments — unlike the American approach — deal with the root causes of the cancer. Remember, a tumor is only a symptom that something in the human body has gone haywire. That’s why tumors so often grow back after conventional treatments by American doctors.

## **I love visiting Tijuana**

If you haven’t been to Mexico — or haven’t been there recently — let me tell you about the New Tijuana, which has become a major cultural center. It’s clean, modern, and safe. The media have hyped the violence in Tijuana, blowing it far out of proportion to reality. I debunk the overblown myth of Tijuana violence in the chapter: “But Is it Safe to Go to Mexico for Cancer Treatment?”

If you don’t go to Tijuana for cancer treatment, you should go for a resort vacation! I recommend you visit the Natural History Museum and the Tijuana Cultural Center. You’ll also find outstanding restaurants. Whether you like a thick, juicy steak, the freshest seafood money can buy, or traditional Mexican fare, you’re sure to find a restaurant to suit your taste and budget.

Several of the Tijuana cancer clinics are located in the beach district. You can bask in the gentle ocean breezes as you take in the spectacular ocean views. If you like to shop, Tijuana has world famous shopping, featuring high quality merchandise. Stick to the high-end stores if you prefer fixed prices. If you enjoy

negotiating the price, you can easily find shops without fixed prices.

In short, I love Tijuana. I always enjoy visiting the city and leading tours of the Tijuana cancer treatment centers. But here's the main thing you need to know...

**For over 30 years I've seen people  
come to the Tijuana cancer clinics and  
— cancer disappears**

The treatments they receive are shown to help time and again. The former cancer patients might die 10 or 20 years later of cardiovascular disease or something else, but their cancer is GONE!

In the first edition of this Special Report I summarized a one-day tour in which we visited three of Mexico's finest cancer treatment centers. For this revised edition I led a subsequent tour of four other outstanding clinics, and I have added a new chapter about each of those clinics.

Near the end of this Special Report I'll give you the names and contact information of other reputable clinics we weren't able to visit because of time constraints.

# Chapter Two

## Dr. Gilberto Alvarez: The Marcus Welby, M.D., of Mexico

**T**he first doctor we met on our initial tour of the Mexican cancer clinics was Dr. Gilberto Alvarez, the founder of the Stella Maris Clinic in Tijuana. Stella Maris means “Star of the Sea.” It’s a place of hope for those who desperately need a ray of hope.

Dr. Alvarez wasn’t expecting us. In fact, I didn’t notify any of the doctors of our plan to tour their clinics. I’ve known Dr. Alvarez and the other doctors for years, and I knew they would give us a warm welcome and an informative tour.

Dr. Alvarez’s clinic is clean and modest. He only accepts a limited number of patients at one time because he wants to spend as much time as possible helping the patient. I can’t think of another clinic that exceeds the personal attention Dr. Alvarez and his staff give to each patient.

Dr. Alvarez greeted us with a smile and showed us his outpatient facility. Then we sat down with him in his office, and he told us about some of the cancer patients he had saved from the brink of the grave.

### **Pittsburgh toddler cured after American doctors gave him up as “hopeless”**

One of his most astounding cases was that of Jeremy Snyder, a toddler who was flown in from Pittsburgh to Dr. Alvarez’s clinic in 1983. Jeremy had a life-threatening brain stem tumor and was already in a coma.

American doctors had told Jeremy’s parents the tumor was “inoperable” because of the high risk of bleeding. They could do nothing for little Jeremy, who was at death’s door and going downhill fast. They pronounced Jeremy’s case hopeless, declared him “terminal,” and gave him no more than six months to live.

But his parents wouldn’t accept that death sentence for an answer. They searched for an alternative that could save their little son’s life. Somehow they found out about the alternative treatments Dr. Alvarez was using in Tijuana. They learned Dr. Alvarez uses forbidden treatments that are unavailable in America.

Desperate for a miracle, even for a tiny ray of hope, they flew their precious son to Tijuana and placed him under Dr. Alvarez’s care.

Although little Jeremy was near death, Dr. Alvarez told the parents, “There’s hope.” He gave Jeremy a conservative therapy that has no side effects. During the second week of treatment, little Jeremy opened his eyes and started toddling again. Not only did Jeremy survive his cancer, but he also went on to graduate from college. At this writing, he’s a 28-year-old married man.

Certainly Jeremy’s parents considered his recovery a miracle. But Dr. Alvarez denies it was a miracle. He says Jeremy’s recovery happened because the conservative therapy allowed Jeremy’s body to shrink the tumor and get rid of the cancer. This spectacular healing caused a sensation in the media at the time. What

conservative therapy did Dr. Alvarez give Jeremy with no side effects? It consisted of three key treatments:

- Laetrile
- DMSO administered by IV
- Vitamin C

These three substances work together in a synergistic way to soften up the cancerous tumor and kill it off.

Vitamin C, of course, is one of the most beneficial antioxidants in nature, and cancer patients desperately need large quantities of antioxidants. Vitamin C quenches the free radicals that tear down the body at the cellular level. Vitamin C promotes healing and helps restore the patient to a vibrant state of health.

You may have heard of DMSO. CBS's *60 Minutes* did a story on it several years ago. The story was surprisingly positive. (Usually the establishment journalists slam alternative medical treatments.) Dr. Alvarez explained that DMSO improves the permeability of the cell and can even go through the blood-brain barrier. Making the cell more permeable enables another substance, laetrile, to attack and shrink the tumor.

To get the maximum benefit, you need to have the DMSO administered by IV — a treatment that's unavailable in America.

Laetrile is the amazing cancer treatment that's forbidden in America but allowed in Mexico and some other countries. Laetrile seeks out cancer cells and kills them while leaving the healthy tissues in the human body undamaged. I'll tell you how laetrile works later in this report.

Although many cancer patients travel to Mexican clinics for laetrile, later on in this report I'll tell you how you can get laetrile at your local

grocery store. Even though the U.S. government forbids laetrile, this remarkable substance is found in many foods. I'll tell you which food is the richest source.

### **The man who REFUSED to undergo drastic surgery for his prostate cancer!**

In another severe case, Dr. Alvarez's own father came down with advanced prostate cancer at the age of 76. The cancer had spread to his bones, and the pain became so unbearable that he needed morphine to control it. He had to urinate about every half hour. Furthermore, he couldn't walk without a cane.

His father's prostate cancer was so bad that his doctors wanted to perform an orchiectomy. In other words, they wanted to surgically remove his testicles — and like any man, he was pretty darn reluctant to sign off on that!

Understandably, his father didn't want to have an orchiectomy, so he asked his son for a second opinion. Dr. Alvarez told his father, "I know other ways to treat your prostate cancer."

And so the father put his fate in his son's hands. His father's prostate had become so enormous that Dr. Alvarez had to use a small dose of radiation — not at all like the giant doses of radiation so many American doctors give. Mostly he used natural therapies to defeat his father's cancer.

His father fully recovered without any surgery and was even able to walk without his cane.

### **Dr. Alvarez gives cancer the one-two punch, knocking the tumor down for the count**

In 2001 Dr. Alvarez's brother also got prostate cancer. His PSA score had spiked to 37. Most

doctors would have recommended drastic surgery or heavy blasts of radiation, but not Dr. Alvarez.

Instead, Dr. Alvarez defeated his brother's cancer by using whole body hyperthermia to soften up the tumor, followed by laetrile therapy to kill the tumor. For a short period of time — just two months or so — he also prescribed hormone blockers for his brother.

Dr. Alvarez's brother is now doing just fine at the age of 60. Let me explain what hyperthermia is and why it's so effective in treating some forms of cancer.

Dr. Alvarez raises the body temperature of his patient from a normal temperature of 98.6 degrees Fahrenheit to 106 degrees. Thus, he artificially creates a fever in his patient that lasts about an hour. Then he allows his patient's body temperature to return to normal.

Hyperthermia creates an environment that cancer hates. Cancer tumors can't stand the heat, and this is one technique Dr. Alvarez uses to make the cancer cells more sensitive. Hyperthermia softens up and weakens the cancer tumor, enabling Dr. Alvarez to kill off the cancer with another natural therapy, such as laetrile, which has no side effects.

Ironically, it was an American doctor, Peter Busch, M.D., who discovered hyperthermia therapy by accident over a century ago in 1868. One of his patients was a 43-year-old woman with a severe case of sarcoma of the face. He observed that her cancer went away after she suffered a 105-degree Fahrenheit fever from a strep infection.

A fever — whether caused by an illness or artificially induced — has a devastating effect on some forms of cancer. Yet few American doctors today even know about this remarkable treatment with no side effects.

If you want hyperthermia treatment, you'll probably have to go to Mexico, Germany, or some other foreign country.

Dr. Alvarez has become one of the world's leading medical authorities on hyperthermia. He attends international medical conferences both to teach and to learn about hyperthermia and other effective cancer treatments.

He studied under one of Germany's greatest physicians and researchers, Dr. Karl Ransberger, the man who brought enzyme therapy to the forefront of the medical community. Dr. Alvarez has also taught at or attended medical conferences in places like China, Dubai, Italy, England, and Mumbai, India, previously known as Bombay.

### **Secret weapon from Greece spots tumor's "vulnerable underbelly"**

Another key part of Dr. Alvarez's current treatment program is an amazing test he orders from Greece. He sends a tumor specimen or a blood specimen to a specialized lab in Greece, where Greek scientists analyze it to determine what kind of therapy the particular tumor will be most sensitive to. The Greek lab sends Dr. Alvarez the results within seven days.

He finds this test EXTREMELY valuable because he likes to attack the tumor's "vulnerable underbelly." When the Greek lab finds that the tumor is extra sensitive to a particular therapy, Dr. Alvarez hits the tumor HARD with that therapy. Dr. Alvarez loves to deliver the knockout punch to cancer tumors so he can see his patient bounce back to a vibrant state of health.

The Greek lab charges a lot of money for this test: 1,300 Euros, which is about \$1800 at this writing. Instead of charging the patient extra for this valuable service, Dr. Alvarez absorbs this cost.



Dr. Alvarez also uses some other state-of-the-art cancer therapies, including “designer vaccines” made from dendritic cells. He has found this kind of therapy especially effective for melanoma. He also uses the cutting-edge Newcastle vaccine. Every cancer patient is unique. One size doesn’t fit all. Dr. Alvarez focuses on the individual patient, not the cancer. He figures out what the patient needs and provides it. That’s why his therapies are so successful.

After the first edition of this Special Report appeared, I visited Dr. Alvarez’s clinic with a prospective patient from Canada. When we arrived, four of the five patients who were getting therapy in the clinic that day warmly greeted me. I had never met them, but they had come to the clinic as a result of reading this Special Report. They had come from Oklahoma, New Orleans, New York, and Australia, and they were happy to be there. We enjoyed meeting each other.

### **Desperate Californian suggests an air ambulance!**

Dr. Alvarez told us of another patient who read the first edition of this Special Report, Californian Carl M. from the Santa Barbara area. This 72-year-old man had advanced prostate cancer that had spread to the bones, creating spinal compression. He couldn’t move his legs anymore. His American doctor had attempted a surgical procedure that only made it worse, and they wanted to repeat the procedure! Dr. Alvarez advised him: “Don’t do it!”

When Carl suggested coming to Dr. Alvarez’s clinic from Santa Barbara by air ambulance, Dr. Alvarez said, “Hold on! That’s quite expensive.” Instead, he suggested a mild therapy that would cause enough improvement to enable him to make the trip on his own without the air ambulance. It worked, and it saved Carl a huge bundle of money.

Now Carl is able to walk with a cane. He was so pleased with his treatment that he gave his testimonial before a huge crowd at the annual Cancer Control Convention in Universal City, California.

### **Not one patient complaint in over 30 years!**

Dr. Alvarez focuses on the patient, not the process. People who come to Mexico for cancer treatment aren’t looking for statistics. They’re looking for health and for hope. And that’s what Dr. Alvarez offers.

But here’s one statistic I can give you about Dr. Alvarez: ZERO. That’s how many patient complaints he has received in 30 years.

Patients come to Dr. Alvarez from all over the world — from places like Australia, England, Canada, and Japan. An Australian with prostate cancer sought his treatment because he didn’t want to have his prostate cut out. After Dr. Alvarez had successfully treated him without surgery, the patient told him he wanted to send him a special gift from Australia in gratitude. A month later Dr. Alvarez received a big package from Australia. Inside the gift package was a kangaroo hide!

### **Treatment costs a fraction of the cost of conventional American therapies**

For outpatient cancer therapy, Dr. Alvarez offers one of the least expensive treatment options in Mexico. The normal course of therapy lasts just three weeks and at this writing costs \$4,200 a week. American health insurance companies often reimburse most of the cost. Certainly the cost is more than reasonable compared to health costs on the American side.

Though Dr. Alvarez has reversed “terminal”

cancers in many patients, some of whom were literally at death's door, he prefers to see the patient earlier rather than later. The earlier the better.

Some patients are looking for a literal miracle, and Dr. Alvarez tells them he can't guarantee a miracle. Sometimes he suggests, "Let's put you in the hospital for a week, try my most effective therapies, and see how it's going."

If the patient is responding to his treatment, it continues. If not, it stops. In other words, Dr. Alvarez doesn't require the patient to commit to a full three weeks of therapy up front.

Of course, early detection and treatment hugely increase your odds of success. Most people turn to alternative medicine only after conventional medicine has failed and the doctor pronounces their case "hopeless."

It's all the more amazing, then, that Dr. Alvarez and the other Tijuana cancer doctors succeed as often as they do. It would be so much better if folks tried alternatives first, BEFORE chemo and radiation have destroyed or compromised their immune systems.

Even though Dr. Alvarez offers one of the least expensive treatment options, you can't judge the quality of medical treatment based on price alone. For many, Dr. Alvarez is exactly the right doctor. For other cancer patients, one of the other Mexican cancer clinics might be more suitable.

But one thing is for sure. Dr. Alvarez is the Marcus Welby, M.D., of Mexico. He's friendly. His patients love him. And despite his stature as one of the world's leading authorities on cancer treatment, he's as common as an old shoe. He doesn't advertise. His satisfied patients give him plenty of word-of-mouth advertising.

## Contact Information

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# Chapter Three

## Dr. Rodrigo Rodriguez:

### The Living Legend

## Who Successfully Treated Steve McQueen

**O**ur next stop on the Mexican cancer clinics tour was a pleasant and cheerful Tijuana hospital called International BioCare. Dr. Rodrigo Rodriguez has been running this amazing facility for over 20 years. It's one of the oldest and most respected cancer treatment facilities in Mexico.

I've known Dr. Rodriguez for 30 years. He's a medical genius – one of the most brilliant, passionate, and friendly doctors I've ever met. He was the youngest member of the medical team that successfully treated Steve McQueen in 1980 for mesothelioma – one of the mostly deadly and difficult-to-treat cancers.

You may have heard that Steve McQueen died of cancer. Not so! McQueen died from complications of an elective surgery – a surgery that was completely unnecessary and ill advised. In fact, Dr. Rodriguez was one of the doctors who sat in Steve McQueen's living room in Santa Barbara, strongly advising him *against* having the elective surgery.

### **Dr. Rodriguez breaks 30 years of silence about McQueen**

Dr. Rodriguez is the last surviving member of the medical team that turned Steve McQueen's cancer around. Now that he has decided to end his 30 years of silence about McQueen, you can hear the untold story for the first time.

McQueen, of course, was known as the “King

of Cool.” In 1974, he was the highest paid movie star in the world. He was fanatical about his physical fitness, sometimes lifting weights and doing other exercises for two hours a day. At one point he even ran five miles a day, seven days a week. But he was also a heavy cigarette smoker and sometimes drank too much.

McQueen quit cigarettes in 1978 when he developed a cough that wouldn't go away. But the cough still didn't go away even after he quit smoking. A year later he became short of breath. And at the end of 1979 he learned he had mesothelioma – cancer of the lining of the lung.

When I told Dr. Rodriguez that conventional doctors consider mesothelioma a particularly difficult cancer, he replied, “We all consider it a difficult cancer.”

McQueen had the means to pay for the finest medical treatment that money can buy. He went to Tijuana for cancer treatment only because his American doctors offered him no hope whatsoever. McQueen hired a team of doctors that gave him a ray of hope. This team included Wolfram Kunhau, M.D., who flew in from Germany expressly to help McQueen, Dr. Rodriguez, and several others.

When McQueen came to Tijuana in July of 1980, he was in terrible shape, according to Dr. Rodriguez. Because the liver and other abdominal organs have the same kind of lining the lung has, McQueen's cancer had spread to his

abdominal cavity. His tumors weighed about five pounds and were growing.

Dr. Rodriguez and the rest of the team put McQueen on an anti-cancer diet of fresh organic food, mostly vegetables, and no red meat. They gave him enzyme therapy, laetrile, live cell therapy, immune boosters, and nutritional supplements. McQueen also underwent a rigorous program of detoxification.

## **McQueen's tumors stopped growing and started dying and disintegrating**

The treatments “kicked in” within a few days, and McQueen's tumors stopped growing and started dying. As the tumors disintegrated, the detoxification procedures were helping his body get rid of the dead cancer cells. These detoxification procedures included far infrared saunas, colonic hydrotherapy, and coffee enemas. The anti-cancer eating plan was also a key part of McQueen's detoxification.

Though McQueen had been in terrible shape when he arrived in Tijuana, his health improved enough to be able to go back to his home in Santa Barbara. His medical team gave him nutritional supplements and instructions so he could continue working the program on the U.S. side of the border.

If McQueen had stayed the course with this successful treatment plan, is it possible he would still be with us today? Yes.

But Dr. Rodriguez told me that McQueen hated taking supplements, hated not being able to eat whatever he felt like eating, and hated the discipline needed to beat one of the deadliest cancers in the world. And he became impatient about his abdominal tumors. Though they were dying and disintegrating, it wasn't happening fast enough to suit McQueen.

Someone – Dr. Rodriguez doesn't know who

it was – talked McQueen into going under the knife and having what remained of the tumors cut out. This idea appealed to McQueen because he thought he could solve the problem with one simple operation and then go back to living his life the way *he* wanted to live it.

## **McQueen's famous last words**

In the living room of McQueen's Santa Barbara home, Dr. Rodriguez and the other members of the team did everything they could to persuade McQueen to stay the course. They urged him to forget the surgery, which was both unnecessary and dangerous. They told him surgery was an *insane* idea.

Dr. Rodriguez told me, “At the end of that meeting with Steve McQueen, his famous last words were, ‘Well, Gentlemen, I will let you know.’ And with that, we all left.”

Sometime later Dr. Rodriguez got a phone call from someone who told him that McQueen was in Juarez, 700 miles from Tijuana, and that McQueen's potassium level was so low that his surgery was being postponed.

Dr. Rodriguez said, “That's when I realized that McQueen had already decided to do the surgery. But when they told me that it had been postponed because of his low potassium level, I thought, ‘O.K., that's going to give me a window of opportunity to talk him out of it.’

“Well, the next morning I woke up to the news that he had died. Apparently the ‘postponement’ was to change the scheduled surgery from 8:00 a.m. to 4:00 p.m. The surgery took place anyway the same day. He died during the night after the surgery because of several complications – among them, sure enough, was a low potassium level. When we heard about his death, we were all disappointed. That was the end of the story.”

## McQueen's widow thanked Mexico

Steve McQueen's widow, Barbara, was gracious. She thanked Mexico for helping her husband after American doctors had written him off. She subsequently wrote a book in which she says, "America turned its back on Steve McQueen."

The media failed to report the truth about Steve McQueen's death: that he died not from his cancer but from an unnecessary and ill-advised surgery together with a low potassium level. Most of the media reports unjustly smeared the brilliant cancer doctors that were actually saving McQueen's life!

Now you know the truth: that McQueen actually had the upper hand over one of the deadliest cancers in the world, a cancer most doctors consider incurable. Tragically, he acted on the wrong advice, a decision that cost him his life.

I asked Dr. Rodriguez how he would treat Steve McQueen's cancer differently today. He replied, "The bottom line is the same. These things have worked: nutrition, diet, detoxification, and enzymes. I would start with that. That's where I place my bets. Hyperthermia and apheresis might have helped McQueen. These are newer therapies we're now using to stimulate and strengthen the immune system."

Apheresis is a procedure that draws out blood to separate the white blood cells, make them more aggressive, and put them back into the body.

## How Dr. Rodriguez learned the secret of beating cancer

In the decades since McQueen's death, Dr. Rodriguez has helped sports heroes, an opera star, and ordinary people from all over the world. What most of his cancer patients have in

common is that their doctors wrote them off as hopeless and terminal.

Dr. Rodriguez didn't learn his health secrets in medical school. As a new doctor back in the late 1970s, he accepted the conventional method of cancer treatment: surgery, radiation, and chemo.

Here's what turned Dr. Rodriguez's world upside down. One day his medical director asked everyone in the clinic to look for cancer cases that had OBJECTIVE evidence of improvement. Either a tumor gets bigger or smaller during treatment. If the tumor is growing, the treatment is failing. If the tumor is shrinking, the treatment is working. It's that simple.

## The doctor wasn't joking when she revealed her unbelievable secret

So Dr. Rodriguez painstakingly looked through the files and found the records of 17 patients who had definitely improved during the course of cancer treatment. Sixteen of these cases came from the same doctor. That doctor was evidently doing something right. Her name was Dr. Frances Rosetti, and her father was also a physician.

Dr. Rodriguez immediately went to her office. He had to know her secret. He had to know what she was doing that produced such remarkable results. He told her, "You know something the rest of us don't know. What are you doing to treat these cancer patients?"

She replied in one word: "Nutrition."

Dr. Rodriguez thought she was joking. He said, "Come on! Tell me what you're *really* doing!" He couldn't believe that nutrition could reverse and defeat cancer. But Dr. Rosetti was serious. She told him she had learned natural therapies from her father, who was also a physician. She explained that good nutrition is a key part of natural therapies that defeat cancer.



Another thing that amazed Dr. Rodriguez was her list of patients. Almost all of her patients were American millionaires from places like Palm Springs, Pebble Beach, Beverly Hills, and Bel-Air.

These millionaires chose Dr. Rosetti's Tijuana clinic over the Mayo Clinic and other well-known American medical centers. The stampede of American millionaires to Tijuana for cancer treatment is probably because of word-of-mouth advertising. The word gets around in millionaire circles, but it doesn't always filter down to regular folks.

Dr. Rosetti died several years ago. But before her death she taught Dr. Rodriguez everything she knew about nutrition and other natural cancer therapies. He has used that precious knowledge in his crusade to defeat cancer — one patient at a time.

### **“I’m absolutely convinced you can beat cancer!”**

One of the first cancer patients Dr. Rodriguez successfully treated – even before he saw Steve McQueen – was a lady named Helen who came to see him in 1979 because of her malignant melanoma. Dr. Rodriguez helped her get rid of her cancer, and she has been cancer free for 31 years. He told me, “I called Helen the other day because it was her birthday.”

Around the same time Dr. Rodriguez was treating McQueen, a woman and her husband came to see him for her colon cancer.

The husband was suffering from the same kind of cancer, but he chose to have conventional cancer treatment in America. He died in 1981. Three decades later, the wife is still alive. She's over 90 years old, has aches and pains, and doesn't walk very well. She recently told Dr. Rodriguez, “Doctor, I never expected to have old age problems.”

Dr. Rodriguez says, “It's good to see cancer patients after many years. Sometimes when you see them you feel like saying, ‘Are you still alive?’ It's really unbelievable. That's why I'm absolutely convinced that you can beat cancer!”

Today, Dr. Rodriguez's patients come from all walks of life — rich and poor — and from all over the world. Even Amish people from Wisconsin make the journey to his hospital for cancer treatment.

### **Breast cancer patient beat her cancer — despite her rotten attitude!**

Certainly a positive attitude helps the healing process during cancer therapy, but Dr. Rodriguez told us a remarkable story about a woman who came to him in 1995 with severe breast cancer. She had a rotten attitude about medical treatment. Her family had pushed her to go to Dr. Rodriguez's hospital in Tijuana, but she was sour about it.

When she came to the clinic she had a terrible tumor. She felt bad and looked bad. She told Dr. Rodriguez, “Look, doctor, the only difference between you and me is that I know what I'm going to die of and you don't. I'm going to die of breast cancer. You don't know what you're going to die of. But we're both going to die.”

She told Dr. Rodriguez, “I don't want any treatment – not even a shot. No drugs. No surgery. No chemo. No radiation. Nothing that hurts. If you tell me to take vitamin pills, I'll take them. If you tell me to change my diet, I'll change it. And that's IT! My health is my responsibility, not yours. OK?” She wouldn't even let anyone hook her up to an IV drip.

Her long list of restrictions left few treatment options. Dr. Rodriguez put her on a nutritional program along with proteolytic enzymes, vitamins, and laetrile – all taken by mouth.

## **“Terminal” case lives 11 years and is still kicking**

Dr. Rodriguez likes to show other doctors this lady's first x-ray scans and ask, “What would you recommend for a patient who's this far gone with breast cancer?” Usually the colleague, thinking the x-rays were recently taken, says something to this effect: “Well, she should get radiation first, then chemo, and then surgery. But she's not going to make it.”

Dr. Rodriguez then shocks and astounds the colleague by saying, “What would you think if I told you that her x-rays were taken 11 years ago and that she's been coming here for 11 years?” This lady is now as fit as a fiddle, which is all the more surprising when you consider that she came to the hospital with a bad attitude. Some of Dr. Rodriguez's patients should have been dead a long time ago by all practical reasoning.

Way back in 1979 Dr. Rodriguez treated a patient with malignant melanoma in the eye. It was a “terminal” case. When he saw this patient more recently, he exclaimed, “Oh my gosh, are you still alive?”

In 1980 – the same year Dr. Rodriguez treated Steve McQueen – an Australian lady suffering from malignant melanoma in the lymph nodes had had her lymph nodes removed. The cancer came back and metastasized in her liver. The Australian doctors told her, “That's the end.” In desperation she came to Dr. Rodriguez's Tijuana clinic for treatment. All of a sudden the tumor started shrinking and improving.

Having defeated her cancer, she went back to Australia and presented her case to her doctors there. She pushed the Australian hospital to open a clinical station to discuss the case and to show herself with her new x-rays. Remember, Australian doctors had given her up for dead before she went to Dr. Rodriguez's hospital.

She showed the doctors the x-rays and declared, “I'm here! If anybody wants to feel my liver, you're welcome.”

## **Australian doctor walks out in a huff — too stubborn to learn something new!**

Her doctor stood up and, in a spiteful tone of voice, said, “You're just a lucky lady” and walked out. He didn't even ask how she got rid of her cancer. He wasn't interested. Nobody asked, “How are you still alive?” or “What did you do?” Like many establishment doctors, they were too proud to admit they were wrong and too stubborn to learn about better ways to treat cancer.

How did Dr. Rodriguez treat this “hopeless” patient? He used two things: a low meat diet and laetrile.

He points out that cancer is a disease that comes from within. That's why all the regular weapons don't work very well against cancer. By way of analogy, he says if there's turmoil in Chicago, you don't drop an atomic bomb on the city. You have to use a whole different strategy.

In cancer, you need to recognize that the disease is produced by the patient's own cells because something within the body has gone haywire. You have to get at the root of the problem and correct it. Otherwise you're never going to succeed.

## **Medical establishment has had to swallow its pride again and again**

Dr. Rodriguez pointed out that alternative medicine has had to take NOTHING back in the last 30 years, while the medical establishment has had to swallow its pride again and again.

For example, the famous “Food Pyramid”

keeps changing. Dr. Rodriguez calls the “Food Pyramid” a “joke.” He says if the information were solid, it would never need to be changed.

Another example: A brochure from the National Cancer Institute, an establishment organization, purported to inform people how to detect a “quack.” One of the first red flags listed was: “Beware of any doctor who links cancer to diet.”

A doctor from Modesto, California, once asked Dr. Rodriguez, “What the hell does nutrition have to do with cancer?”

Indeed, few conventional doctors believed diet or nutrition had anything at all to do with cancer until President Ronald Reagan came down with colon cancer. The medical profession accepted the link between improper diet and cancer when the media reported that Reagan’s doctors ordered him to change his diet.

An improper diet is a HUGE cause of cancer, according to Dr. Rodriguez. During our interview Dr. Rodriguez gave us his thoughts on why American doctors have had so little success fighting cancer. He said:

“First of all, what is cancer? None of the books say what cancer is. Nobody can tell me. What is it? And if it’s unclear what cancer is, then how do you treat it? In a case of appendicitis, it’s easy. The answer is the same all over the world. You must operate right away.

“But if you show a typical doctor a case of cancer and ask him how he would treat it, he’d likely recommend surgery followed by chemo. But cancer often comes back after this kind of treatment because cancer comes from within the patient. That’s why we use other approaches in treating cancer; we try to get at the root cause.

“Cancer treatment isn’t a matter of ‘orthodox’ medicine vs. alternative medicine. It’s a matter of medicine, period. I went into medicine because I

want to help people.

“Here at our hospital we use an eclectic approach. We work with one patient at a time on a one to one basis. We evaluate the patient to decide how we can help. We ask ourselves, ‘What modalities of treatment have given success in similar cases?’

“Many of our patients should have been DEAD a long time ago by all practical reasoning. But today they’re alive and in a vibrant state of health.

“When we apply our eclectic program we’re hoping that something within the patient’s body will ‘click’ in the right way so that their own body puts those cancer cells at bay or kills them.

“Natural substances like vitamin C and proteolytic enzymes can turn patients around. These nutritional supplements and others have worked for many, but one size doesn’t fit all. We don’t have THE treatment for cancer. We have a variety of effective treatments we use in different combinations for different patients.

## **Why America’s “War on Cancer” is failing**

“In 1971 President Richard Nixon announced a massive new federal spending program – a ‘War on Cancer’ – with a goal to eradicate cancer by 1976. In the years since then, America has spent a fortune in this war – to no avail.

“The failure of America’s War on Cancer stands in sharp contrast to America’s spectacular success in putting a man on the moon. Yet there’s a reason why America’s space scientists succeeded so admirably while America’s cancer researchers are failing so miserably.

“Trying to cure cancer with new and improved surgery, radiation, and chemo is like trying to put a man on the moon by building a new and

improved airplane. American space scientists in the 1960s knew perfectly well that would never work. The job required a new, appropriate type of technology: the space rocket.

“But America’s cancer researchers followed the opposite path: They kept everything they already had instead of throwing it all out, going back to the drawing board, and starting over from scratch. Thus, they’ve continued using the same three tools over and over: radiation, chemo, and surgery. They built bigger radiation machines. They developed more toxic chemotherapy. They performed more aggressive surgery. They didn’t change one thing!

“And that’s why American cancer researchers are stuck. They aren’t one step closer to defeating cancer.

“If something hasn’t worked after 50 years, it’s certainly not going to work after 100 years, right? That’s only logical. When will it dawn on America’s cancer researchers that they have to do something different – that they’re not going in the right direction?

### **Medical stubbornness is killing cancer patients**

“Many doctors are literally killing their patients with the toxic therapies they use. The patients are brave and take the therapies, and the therapies seem to be successful until it’s discovered at some point that the therapy is no longer useful.

“For example, a doctor may treat cancer of the pancreas and pronounce the treatment successful. But the therapy killed all of the patient’s white blood cells so the doctor can’t give the patient any more of this therapy. So now what? Too many doctors are using devastating therapies like this — almost to no avail.

“This is more than a vicious cycle. This

stubborn, blind approach is taking us nowhere. You shouldn’t necessarily believe your oncologist. Remember, oncologists die of cancer, too.

“It’s not that American doctors always fail. Sometimes something in the body ‘clicks’ in response to an American-style cancer therapy. For example, a few of the chemo-related drugs modify the immune system, letting it be more active. Sometimes American doctors use the right drug for the wrong reason. That’s why some patients do better.

“But why should anyone be satisfied with a 20% success rate if there’s an 80% chance of very serious side effects? Unfortunately, cancer therapy in America is driven by money, by the pharmaceutical industry. And the pharmaceutical industry doesn’t care about patients – just money.

### **Oncologists fear cancer**

“Oncologists who get cancer usually die of it. And so do their mothers. Oncologists don’t know how to treat cancer. Tell an oncologist that he has cancer, and he’ll panic.

“Cancer therapy today is still experimental. It’s not like treating appendicitis where all doctors treat it the same way. If the same cancer patient goes to Sloan-Kettering or M.D. Anderson, he’ll get two different treatment plans. It’s all experimental.

“We’re seeing more and more cancer. We’re seeing it in younger people because we’re creating a weak population. Children aren’t breastfed anymore. They’re given artificially manipulated foods. They grow up to be sick. They’re given a humungous amount of vaccinations with toxic chemicals in the vaccines. Many people look good, but they’re not good. Like genetically modified food, they look like the real thing, but they’re not the real thing.

“The onset of menstruation has dropped about



three years in the U.S. population since 1950. The FDA acknowledges this but denies that this change has any health implications. Yet we're seeing a big upswing in such diseases as cancer, high blood pressure, diabetes, and heart disease.

### **Pink ribbon insanity**

"We spend millions of dollars telling women they should detect breast cancer early. Here's a much better idea: Skip early detection, and just don't get cancer in the first place! A good supplement with selenium, vitamin A, and vitamin E can protect you from cancer.

"Vitamin D is also important. Eighty percent of Americans are low in vitamin D, and a good 60 percent are very low. And you don't even have to buy vitamin D. Just get 15 minutes a day under the sun.

"When I see a cancer patient, I ask, 'How many children do you have?' Then I ask, 'Has it ever occurred to you that your child could get cancer – not because of heredity but because of similar lifestyles such as diet? You should tell your children to take supplements of selenium, vitamin A, and vitamin E.' The patients tell me, 'My children won't take three pills a day.'

"So I approached a company we work with, and I said, 'Why don't you make a product that has 800 units of vitamin E, 10,000 units of vitamin A, and selenium in *one pill*?' The company came up with a pill that's a little bit bigger than average, but it's *one pill*.

"Now I ask my patients, 'Would your kid be willing to take one pill a day to prevent cancer? Just tell him to put it on his night table or next to his toothbrush and to take one every night or one every morning.' And now I have a lot of patients whose children are doing just that!"

[Editor's note: This new product is called Preven Plex. It costs \$30 for 100 tablets – a

100-day supply – and you can order it from Dr. Rodriguez's website [www.biocarehospital.com](http://www.biocarehospital.com). Preven Plex is listed under "Specialty Products." The website also features Dr. Rodriguez in a series of short, effective videos about "Making Healthy Choices."]

### **Why Americans are getting so many deadly diseases**

"In places like Tibet and Africa, people who live in a natural environment don't suffer from the deadly diseases that have become so common in America. Why? Because they eat smaller amounts of highly nutritious foods. That's exactly the opposite of what Americans tend to do. Americans tend to eat large portions of very, very deficient foods.

"Half of the food you're eating comes from a factory. American grocery stores set aside a small area to display fresh produce, little of which is organic, while the rest of the store features food in packages – food that has been sterilized, radiated, and altered with antibiotics and sodium. A diet consisting mostly of such packaged foods is a terrible mistake.

"By contrast, European food consumers are much smarter in their shopping habits than Americans.

"Why do so many Americans drink low-fat milk? Newborn calves that were fed low-fat milk quickly got arthritis. And when those calves were allowed to feed from their mothers' milk, everything returned to normal. It's foolish to pretend we know what should or shouldn't be in food.

"Americans are buying unfertilized eggs loaded with hormones. The egg looks like an egg, but it doesn't have any quality to it. Americans buy eggs by the dozen, not by quality. When you fill up your gas tank, you know the octane. High-octane gas is more expensive than regular. But when



you buy a dozen eggs, do you know the lecithin content?

“Diabetes is overwhelming the native population in Hawaii. This is caused by a sudden overabundance of foods. Eating huge amounts of the wrong food causes the problem. If the downward slide in health continues, just about every American will have diabetes by the year 2050.

“The best health advice I can give Americans is to eat the way your mother fed you and become a discriminating food shopper. When you move from one place to another, try to eat the same way. Take a close look at the food you buy. Plan to do some cooking.

“Foods already prepared come from a factory; avoid those foods. I recommend the ‘100 year rule.’ If a food was available 100 years ago, it’s probably all right. I’m leery of anything that comes in a can or a bottle.

“When people get the hang of cooking simple, nutritious meals from scratch, they’ll enjoy it. It doesn’t take long, for example, to prepare a dish of salmon and good quality pasta.

“To stay healthy, I recommend red meat once a week, wild-caught fish three times a week, and pork or lamb once a week. To me, fish is the best ‘white meat.’ My next choice would be pork or lamb. Pork is actually healthy meat for diabetics because it has certain essential fatty acids.

### **How to feel which meats are best**

“There’s a simple way to judge how good these foods are for your health. Put a piece of fish, a piece of pork, a piece of chicken, and a piece of red meat in the refrigerator. Open it in the morning, and feel all of them. The fish will be as soft as always, and the pork will be second best. The chicken will be a little stiff, and the red meat will be the stiffest. You can really feel the difference.

“The longer the fatty acid chain, the stiffer it will be. The shorter the chain, the softer it will be.

“You can also test butter in the same way. Top quality butter made from the milk of grass-fed cows will always remain somewhat soft. But a poor-quality butter will become as hard as a brick. What causes the difference? It’s what the cow ate. When cows eat a natural diet of fresh green grass, the butter will have the highest nutritional quality. An unnatural diet results in poor quality butter.

“Americans tend to have the wrong spending priorities. The most important spending decisions are made in the grocery store.

“At our hospital we treat all kinds of cancer and other diseases people bring on themselves. There’s a common denominator to diseases like cancer, high blood pressure, and heart disease. They have the same origin. If you fix one disease by solving its cause, you fix the others.

### **Why immune systems are getting so weak**

“Let’s say you get the flu and become feverish. You go to your doctor, who gives you an antibiotic. Two days later you feel better and say to yourself, ‘Thank God I went to the doctor.’ Well, think again. If you keep on taking an antibiotic whenever you get sick, your immune system will never get a workout. If you can make your immune system work, you’ll do better.

“We’re doing terrible things to our immune system every day with terrible consequences. What are the chances that a child born today will reach his first birthday without being given any antibiotics at all? Practically zero! But giving the baby an antibiotic for every little illness handicaps his immune system.

“When I got sick as a child, my mother wrapped me up, kept me home, and monitored

my fever. That gives the child's immune system a chance to work and to get strong. It gives the fever the opportunity to do its job. When the body's temperature goes up, the aggressiveness of white blood cells increases. And the higher the temperature, the higher the enzyme activity.

"Fever is a defense mechanism. But fewer parents today have the patience or willingness to monitor a child's fever.

"The next time you get the flu and have a fever, go home and enjoy it! You're putting your immune system in the gym, where it's getting a big workout. It's learning how to do things. You'll have a shorter flu. You'll come out of it successfully. And you'll feel better in the end.

"If you keep on taking antibiotics whenever you get the flu, you'll have a longer-lasting flu that never seems to go away or might last weeks."

Dr. Rodriguez considers enemas a key part of cancer therapy. Enemas flush toxins right out of the body. He says that constipation causes lots of problems and that extra fiber can prevent this common condition.

The hospital also offers hyperbaric oxygen therapy. In this therapy, the patient enters an airtight hyperbaric chamber, which gently floods the body with pressurized oxygen. This creates an inhospitable environment for cancer and speeds up the healing process.

Cancer patients have priority in Dr. Rodriguez's 15-room hospital. Some patients come to his hospital for preventative medicine — an anti-aging treatment program to rebalance the body. It lasts 10 days and costs about as much as a cruise. Patients who check in to Dr. Rodriguez's hospital typically start losing weight, even though the hospital feeds them very well. When they lose weight they're losing water. They've been retaining water because of an overload of sodium. The hospital provides meals that correct this common imbalance.

Bed rest is also essential to the healing process.

Dr. Rodriguez's hospital relies on word-of-mouth advertising. Indeed, his patients rave about their treatment.

### **Doctors gave Arkansas lady just three weeks to live — over five years ago!**

During our tour of the hospital we met Gayla W., a middle-aged lady from Arkansas with a remarkable story. Gayla was at the hospital for follow-up cancer treatment.

One day in 2004, Gayla got into her car and tried to turn the ignition key, which caused her arm to pop right above the elbow. She went to a doctor who said her arm was broken. A specialist said the same thing, but he didn't know she had cancer of the bone. So the specialist sent her back to her family doctor for treatment.

Later Gayla learned the shocking truth: She had bone cancer — and also breast cancer. She deteriorated quickly — losing her ability to walk. She says she could hardly function at all. She lost 80 pounds and couldn't talk or move. The hospital gave her morphine to control the pain. She was dying. In fact, the doctor said it was time to move her into a hospice because she had just "three weeks to live."

Her husband Jim told us, "They figured on ushering her out" — in other words, ushering her into the next life.

But Gayla's family wouldn't take that for an answer. They didn't think she was ready to die, so her daughters searched for an alternative that might save her life. Somehow they found out about a Tijuana clinic that offered alternative cancer treatments. Apparently this clinic was successfully treating cancer patients that American doctors had declared "terminal" and "hopeless."

When Gayla's family informed the hospital that they were going to take her to a clinic in Tijuana, the hospital said she'd never make the trip. The hospital said she was too far gone to endure the stress of travel.

But her family was determined to save her. So they loaded her on a stretcher, placed her in the back of a van, and drove straight through from Arkansas to Southern California. They didn't even stop for meals — just for gas.

Arriving in San Diego on February 1, 2005, at 3:00 p.m., they knew it was too late to go to the Tijuana clinic until the next morning, so they checked into a motel. They happened to overhear some other guests at the motel talking about cancer treatment at an amazing hospital in Tijuana – Dr. Rodriguez's hospital. Gayla's family was so impressed with what they heard about the wonderful Tijuana hospital that they changed their minds about taking Gayla to the clinic and decided to take her to Dr. Rodriguez's hospital instead.

Gayla's family had no appointment at the hospital, but they entered the hospital with her X-rays to see if the hospital could give them any hope. Upon looking at the X-rays, one of the doctors said he didn't know if there was hope. But he said he thought they could help her. They asked him, "How soon can she get in?" He replied, "Next week." They told him, "That won't do! She's in the parking lot!" The doctor said, "OK. We'll take her right now."

### **In America, doctors would have cut off both of her breasts**

The hospital took Gayla off all pain medication, and she hasn't had any pain medication since. The hospital gave her no drugs, just nutritional supplements. When we met her at the hospital during our first visit in April of 2006 she said, "I can walk now. I've been walking for a

few months. My cancer markers have gone WAY DOWN. They were 3,489 in January of 2005, and within six months they were down to 230." One of her daughters added that another one of her mother's cancer markers dropped from 154 to 30.

But that's not all. Gayla was a type 2 diabetic who needed two insulin shots a day. She said she hasn't had an insulin shot for a year — not one. Eight months ago the doctor pronounced her diabetes completely cured. He told her she didn't have it anymore.

Gayla said, "It's amazing. I feel good. I can do things for myself. I'm able to walk. I didn't know if I would be able to walk again. I'm getting a lot stronger. I work. We have a flower shop. I go to the flower shop every day. The day before Valentine's Day I put in 18 hours and answered the phone for every phone order that came in."

Her first visit to the Tijuana hospital lasted 23 days. She told us, "In the States, they would have taken both of my breasts off. I never had any problem. I had absolutely no problems at all. You wouldn't even know I had breast treatment."

### **Medical establishment gives Mexico a bad rap, smears alternative treatments**

During her third visit she only had an intravenous drip plus an enema every morning. She said, "The treatment is wonderful. There's nothing painful about any of it. They had given up on me at home. Mexico gets a bad rap. People don't know about this hospital. The nurses are fantastic here. They're the NICEST people. These wonderful treatments aren't available to most Americans. More cancer patients would be able to make it if they could have the kinds of treatments I've had here. It's a cheerful place — like an oasis in the desert."

It's true that Mexico got a "bad rap" when Coretta Scott King died in Mexico while seeking

treatment for her cancer. Unfortunately she had waited too long. Her condition was too unstable for any therapy to be administered. Yet the establishment media ignored this fact and used her death to smear the alternative treatments available in Mexico.

Gayla further explained the difference between her treatment in America and in Tijuana, “When I first arrived in Tijuana they stopped the growth of my cancer. Once they got that stopped, they could doctor the disease itself. But in America they only want to treat the symptoms.

“The body has gone haywire to create the problem, and they’re not fixing the body. They’re not getting the body back in balance. In America they just put me on morphine to stop the pain instead of getting to the cause of the pain and helping my body rebuild.”

But Gayla has an additional explanation for her astounding recovery. She told us, “A lot of people were praying for me,” and she said she thanked God.

Her husband said, “We put God first. He made sure the doctor and hospital did the right things.” He added, “It’s frustrating to be in the florist business because we do funerals every week. We buried a 52-year-old beautiful young lady who died of cancer. I felt within my heart that she could have still been living had she gotten the treatment my wife got.”

Though Gayla has made four trips to Tijuana for treatment and follow-up visits, most of her ongoing treatment takes place in Arkansas, where she had to make some big lifestyle changes.

The Tijuana hospital ordered her to observe a strict diet of organic food only. That’s a problem for Gayla because the nearest organic store is a two-hour drive from her home! But she does what’s necessary to follow the doctor’s orders because she knows her life depends on it.

She said juicing is important, and she regularly uses her juicing press at home. She also uses filtered water that’s ionized.

Gayla told us, “A positive attitude and the will to live are important. We never doubted. We did exactly what the hospital said. We followed through at home. We don’t fudge at home. You have to follow through at home with the right diet and vitamin schedule. It’s a whole lifestyle change.”

### **Relaxed atmosphere is like a cozy bed and breakfast**

The front of Dr. Rodriguez’s hospital, International BioCare, is like a sidewalk café. Patients are sitting out in the sunshine or shaded under the table umbrellas, enjoying the warm breeze and the fresh air. There’s also a patio in the back so that patients can easily get as much fresh air and sunshine as they want. The patients are completely relaxed with no problem whatsoever. The neighborhood is obviously a good one.

Under the legendary Dr. Rodriguez, International BioCare is a top-notch hospital that doesn’t seem like a hospital. Rather, it seems more like a “bed and breakfast” – and you also get lunch and dinner. Many patients prefer in-patient treatment because the staff prepares all of the meals, which help get rid of the cancer. When you’re an in-patient, you don’t have to go shopping at a health food store or prepare meals or wash dishes.

Dr. Rodriguez and his staff bend over backwards for their patients. In-patient treatment for cancer at Dr. Rodriguez’s hospital normally lasts three weeks and costs about \$5,000 per week without hyperthermia for a total of \$15,000 — about the cost of a used mini-van. With hyperthermia, the cost of three weeks is \$10,000 higher: about \$25,000. These prices are more than reasonable. This hospital is an outstanding value.

## **Contact Information**

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# Chapter Four

## Dr. Geronimo Rubio: Tijuana's Tumor Terminator

**T**he third and last clinic we toured during our initial visit was the one headed by Dr. Geronimo Rubio, M.D., who has been doing therapy for over 20 years. His aim, pure and simple, is to terminate cancer. He uses special techniques that are devastating to the cancer but gentle for the patient.

We asked him to tell us about his cancer patients and his work. Some of Dr. Rubio's first patients who had been desperately ill with cancer are still alive and in good health — even after 17, 18, or 19 years. For example, a melanoma patient came to him in 1987 with a terrible tumor on the neck — an ugly, nasty tumor. This patient was still alive over 20 years later.

### **Country singer avoids throat surgery**

You may have heard of the country singer and songwriter Jonathan Wild, who likes to wear a big cowboy hat while he strums his guitar and sings. Jonathan came to Dr. Rubio's clinic almost by accident. Diagnosed with throat cancer, Jonathan's doctors told him he had two months to live. He says the only treatments they offered him would have killed his salivary glands, destroyed his voice, and ended his career.

Two days before his scheduled surgery at Stanford Medical Center, Jonathan got a phone call from someone he didn't know. A former State Senator, Don Rogers from Bakersfield, California, called him and told him about a wonderful cancer hospital in Tijuana that had helped his

daughter.

Senator Rogers had heard Jonathan sing at a fundraising event for Americans Concerned About Patriotism, for which Jonathan, a decorated Vietnam veteran, had written the theme song. Jonathan was interested in any option that would leave his voice unharmed. He listened to what the Senator said about the alternative cancer treatments in Tijuana.

Senator Rogers took Jonathan under his wing and drove him to Dr. Rubio's hospital in Tijuana.

When Jonathan arrived at Rubio's hospital, he had a huge tumor on his neck and was barely able to whisper. Dr. Rubio created a customized vaccine to educate Jonathan's immune system to attack the tumor and kill it.

Jonathan says that just eight days after receiving the customized vaccine, he could talk!

Dr. Rubio's therapies energized his immune system to kill the cancer and to wash away the dead cancer cells.

### **Jonathan says, "It works!"**

Jonathan's recovery caused a sensation when the local TV news station in Fresno reported it. Jonathan told the reporter from channel 17, "I got relief after the first round of treatments. It works! I got up the next day and I'm like, 'Let's go!'" His wife told the reporter, "I wouldn't have him if he hadn't gone to Mexico. He wouldn't be here."

Jonathan got his health back and his voice back. He's singing again.

Dr. Rubio specializes in making customized anti-cancer vaccines, such as the one that saved Jonathan's life. He makes these vaccines in his lab at the hospital. Before we toured his lab, we had to put on sterile booties over our shoes to keep the lab free from any contamination whatsoever.

Dr. Rubio has many success stories.

When author and motivational speaker Carolyn Gross was 46, she was diagnosed with stage-three breast cancer. She told herself, "No. I don't want to lose my breast. My breast didn't cause the cancer in the first place." She went to Dr. Rubio's hospital and got rid of her cancer without surgery.

Carolyn is a six-year cancer survivor. It's easy to understand why she's one of Dr. Rubio's biggest fans.

Unlike some Mexican clinics and hospitals, Dr. Rubio accepts children as patients. When we made a follow-up visit to his clinic, he told us about the two children at his hospital. He was treating their neuroblastomas, and he said, "They are doing very, very well."

A Mormon patient had come from Utah with prostate cancer that had spread to his bones. He needed the help of a walker when he arrived at Dr. Rubio's hospital. Dr. Rubio said, "Now he can walk without a walker, and his PSA is normal."

Many American cancer doctors are eager to cut the prostate out. But Dr. Rubio says that surgery to remove tumors should almost always be avoided because the surgery causes cancer cells to spread! No wonder conventional cancer treatment so often fails.

In the last 25 years Dr. Rubio has only done two operations, and they were necessary because of emergency situations. Instead of surgery, Dr.

Rubio recommends giving the immune system a chance to shrink the tumor down to nothing.

Dr. Rubio said he was treating two patients with glioblastoma brain cancer – the most deadly kind of brain cancer. He said, "When they arrived here they didn't even know they were here because they were out of it. Their memories were gone. They are responding well to dendritic cell vaccines, and now their memories are coming back."

Dr. Rubio invited us to interview a patient who had come all the way from Armenia to be treated for his mesothelioma – cancer of the lining of the lung, which is the same kind of cancer Steve McQueen had. The patient was doing well, but we were unable to interview him because we ran short of time.

### **Designer vaccines out-smart "smart" tumors**

Dr. Rubio said when the patient develops a tumor, the tumor is "smart." The tumor's cells hide from the immune system. To terminate these clever cells, his clinic's state-of-the-art lab creates "designer" vaccines from dendritic cells. The vaccine re-educates the immune system so it can terminate the tumor without side effects. A "designer" vaccine sends a message to the bone marrow to send an army of T-cells to go on a search and destroy mission that terminates the cancer.

That's why Dr. Rubio is known as Tijuana's Tumor Terminator.

The designer vaccines can not only kill tumors but also are good for treating leukemia. Two of Dr. Rubio's leukemia patients are in complete remission.

The hospital gives a special diet to patients according to their blood type.

Detoxification is of the utmost importance, according to Dr. Rubio. It's necessary to FLUSH the dead cancer cells OUT! He prescribes enemas to flush the liver. He also gives patients various nutritional substances such as Shitake mushrooms, enzymes, and herbs such as pau d'arco, chaparral, and cat's claw. In addition, he uses some mild medications without harsh side effects.

### **Hyperbaric oxygen therapy shifts healing process into high gear**

Dr. Rubio's clinic also offers hyperbaric oxygen therapy. The patient enters an airtight hyperbaric chamber, which gently floods the body with pressurized oxygen. This creates an inhospitable environment for cancer and speeds up the healing process.

Along with the immunological and holistic therapies, Dr. Rubio sometimes uses low doses of chemotherapy and radiation — about 10 percent of the amount American doctors typically use. And like many of Mexico's outstanding physicians, Dr. Rubio strongly believes in detoxification through colonics. Enemas are an important part of his therapy.

Lots of Amish people come to Dr. Rubio's clinic. He says Amish are getting lots of cancer for two reasons: a small gene pool and exposure to toxic chemicals.

### **Mozart, Chopin, and an ozone-purified swimming pool**

To create an ideal environment for healing, the clinic also uses music therapy. Patients listen to Mozart and Chopin as they heal. The room in which patients take their IV therapy features a beautiful saltwater aquarium. It's relaxing, and the patients enjoy it.

About half of Dr. Rubio's patients enjoy

relaxing under the palm trees and lemon trees next to the clinic's outdoor swimming pool, which is purified with ozone, not chlorine. Many patients take their IV therapy while relaxing by the pool. It's a good place to enjoy sunshine and fresh air. The patients' companions are also invited to use this remarkable swimming pool whenever they wish.

Doctors and nurses are on staff 24 hours a day.

### **Reasonable prices**

Cancer therapy at Dr. Rubio's clinic might last 10 days, two weeks, or three weeks. The cost depends on the patient. Each patient is different. The price ranges from \$800 to \$1,200 per day — a fraction of what American hospitals charge for cancer treatment.

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# Chapter Five

## Sanoviv: The Oceanside Hospital with the Look and Feel of a 5-Star Spa!

**W**hen we returned to Tijuana in 2009 and 2010 to tour more cancer clinics for a new edition of this Special Report, Sanoviv was the first clinic we visited. You've never seen an ocean-view hospital like Sanoviv. When you're driven into Sanoviv through the gates of the compound, you'll think you've arrived in paradise.

No matter what room you stay in, you get an ocean view with a balcony. It's easy to fall asleep to the soothing sound of ocean surf. And it's just as pleasant to wake up to that sound.

In the morning you'll look out at the Pacific Ocean from your private balcony, viewing the sunrise, the dolphins, the fishermen with their lobster pots, and the surfers. And in the evenings you'll enjoy spectacular ocean-side sunsets.

It's hard to believe you're in a hospital because it really does have the look and feel of a 5-star hotel and spa.

As you look down from your private balcony, you'll see an incredible network of therapeutic pools, including a pear-shaped infinity-edge swimming pool (sometimes called a disappearing-edge or vanishing-edge pool). When you're in this pool and you look at the Pacific Ocean, it looks as if the pool blends seamlessly with the ocean out to the horizon. This kind of pool is found at some of the most exotic resorts and exclusive estates.

As a matter of fact, Sanoviv is built on the

Levi Strauss family estate! And patients have full access to the magnificent Strauss mansion. This includes access to the great hall, the dining room, the grand salon, the living room, and the library. Indeed, many of Sanoviv's activities take place in the mansion.

Sanoviv actually *is* a five-star spa – *plus* it's a hospital specializing in holistic, integrative cancer treatments. But if you're a cancer patient at Sanoviv, you don't feel like a patient. Rather, you feel like a *guest*!

The visionary genius behind Sanoviv is Dr. Myron Wentz – a man who made a fortune by creating an assay for the Epstein-Barr virus, which filled an unmet need. Later he pioneered the manufacture of pharmaceutical-grade nutritional products, filling another unmet need. And then he founded Sanoviv to be the hospital of the future, filling yet another unmet need.

Here's what Meghan Black said about her cancer treatment at Sanoviv: "There's a place out there that can help you. That place is Sanoviv."

Meghan is a young lady from Vancouver with a remarkable story of recovery from three different cancers. She got her first cancer at the age of 13 – an ovarian cyst the size of a football. She went through chemo hell in Canada for that.

Then at 16, she got leukemia and underwent a bone-marrow transplant.

And at the age of 27 she came down with cancer on her tongue, which ruined her acting

career because it impaired her speech. But none of her conventional doctors could tell her *why* she kept on getting sick with cancer.

In frustration, she came to Sanoviv seeking answers. At Sanoviv she was asked what she wants from the program. She replied: “I want to know why I keep getting sick.” And after undergoing Sanoviv’s signature 20-test non-invasive Comprehensive Health Assessment, Sanoviv identified the hidden culprit: toxicity. Sanoviv’s gentle and effective therapies gave her the detoxification she needed.

Meghan says, “Sanoviv gave me my life back.”

### **From hospice to health: Sanoviv was the answer!**

As you probably know, a hospice is a place where terminally ill patients go to die. Hospice-care is exactly what Alan Williams’s doctor ordered for him when his melanoma spread to his brain and his liver. In desperation, Alan had tried radiation. But when the doctors looked at the new scan, they saw new cancerous growth.

The doctor told Alan and his wife, “I am sorry. We’ve done all we can do.”

Alan’s wife says, “Those words were devastating.” Close to going into a coma, Alan was slumped over in a wheelchair, paralyzed on the right side. He was unable to talk or communicate. He was near death.

But his wife didn’t give up. Instead, she brought him to Sanoviv. Alan’s response to the treatment was dramatic. He came to Sanoviv in a wheelchair, but he left walking upright! Sanoviv gave him everything they had. And it was exactly what he needed. After four weeks of treatment he was walking and talking. And his wife says, “People got to hear his Australian accent.”

Alan’s wife offers this advice to those seeking

better health, “Come to Sanoviv as soon as possible to experience the wealth of goodness and wellness that they offer here.”

### **The American doctor’s incredible mistake!**

Lynn McCord, a middle-aged registered nurse from Colorado, was having some stomach pains. She told her doctor about it, and he replied, “It’s probably just gastritis.”

When Lynn went to Sanoviv she thought she was healthy, except for the stomach pains that didn’t seem to be serious. She underwent Sanoviv’s non-invasive 20-test Comprehensive Health Assessment. And that’s when she got a shocking surprise. Sanoviv told her that a cancerous tumor had wrapped itself around her bowel and that she was on the verge of severe consequences!

Sanoviv’s doctors are often able to shrink tumors without surgery. But they knew Lynn needed *immediate* surgery because the tumor was compromising one of her kidneys.

Lynn says, “I was lucky to have gotten to Sanoviv when I did. I didn’t realize when I went down there that Sanoviv has a full operating suite and that they can perform major surgery.” It’s one of the best places in the world to have surgery because of its immaculate cleanliness. No one at Sanoviv has ever suffered a staph infection, compared to the nearly 2,000,000 staph infections patients get in American hospitals each year!

Her surgery went well. And she didn’t lose a kidney. Lynn has this to say about Sanoviv, “There’s no better atmosphere. No hospital like it. No healthier environment. They focus on the physical, and allow you time to focus on the spiritual. Their complementary therapies keep you relaxed. It’s a modern facility. I was lucky to have an emergency at a facility that was so qualified to take care of me – in Mexico! Sanoviv



would put a lot of facilities in the United States to shame.”

When Lynn came back to America, her doctors were astonished about her unknown tumor and quick recovery. They encouraged her to keep on doing what she was doing.

### **Sanoviv’s “secret”**

It bears repeating that Sanoviv is so clean that no patient has ever gotten a staph infection – unlike the typical American hospital, which only *appears* to be clean.

You may have heard that you shouldn’t drink the water in Mexico. Not so at Sanoviv! You can drink water right out of the tap because Sanoviv’s water is quadruple filtered and contains no chlorine and no fluoride.

Another difference between Sanoviv and American hospitals is that there’s no electro-magnetic chaos at Sanoviv. The walls at Sanoviv have extra insulation to protect the patients and staff from the electro-magnetic fields that disrupt or impede the proper functioning of the human body.

Yet another difference is that Sanoviv is constructed from non-toxic building materials. And the ocean breezes bring some of the freshest air you can breathe.

Why are so many Americans getting cancer? Why will one of every two men – and one of every three women – get cancer? In most cases it’s because of a toxic overload from our environment, our household products, and even some of our personal care products – plus the nutrient-poor American diet.

At Sanoviv, all you need to bring is your underwear. Sanoviv provides non-toxic, organic, natural-fiber comfortable clothing plus non-toxic personal care products. Many people go there to

“reset” their health with the detox program plus the incredibly healthy and delicious eating plan.

### **A culprit that hides in plain sight: mercury**

One of the signature services in Sanoviv’s integrative program is biological dentistry. Many cancers and other degenerative diseases are caused by mercury toxicity, including mercury dental fillings – sometimes called “silver” or “amalgam” fillings that have a high mercury content.

Mercury is the most toxic non-radioactive substance on the planet: one teaspoon of mercury can pollute a whole lake. Yet most dentists put this poisonous substance into their patients’ mouths without a second thought. No wonder so many people are getting diseases such as cancer, multiple sclerosis, rheumatoid arthritis, and Alzheimer’s.

At Sanoviv, the biological dentist on staff can safely remove a patient’s mercury fillings and replace them with a biologically compatible substance. The dentist will also rule out (or confirm) gangrene of the jawbone from a root canal or from an improperly performed tooth extraction. Root canals cause many cancers – especially cancers of the breast and prostate – and the dentist can eliminate this root cause by properly cleaning out the jawbone.

Many people think going to the dentist is torture. Not at Sanoviv! Here’s how one patient described what it was like to have her mercury fillings removed and replaced with biologically compatible fillings:

“I sat in the dental chair for five hours because I wanted to get it done as quickly as possible. Right after I got out of my chair, a staff member said, ‘It’s time for your massage.’ I never want to leave. They almost have to kick me out of the place. Everyone on the staff exudes a loving

presence. At no point did the doctors say, ‘Oh, we’ve only got 10 minutes.’ They would speak to you as long as necessary. The moment I go through the doors at Sanoviv, it’s like entering another world. A sense of calm comes over me.”

## **Spa services are second to none**

Sanoviv’s spa complex and services are simply spectacular. Everyone who stays at Sanoviv benefits from the relaxing and rejuvenating spa treatments. Each cancer patient gets an individualized schedule that takes full advantage of the spa’s detoxifying benefits.

Daily massage is something cancer patients look forward to and enjoy. And these gentle massages actually move the lymphatic system, which helps the body get rid of its toxic load.

Cancer patients are also prescribed other detoxifying spa treatments, including the far infrared sauna and a seaweed wrap followed by a wet massage with minerals and then hydrotherapy under the Vichy shower.

Vichy shower is a horizontal shower the therapist gives you while you’re lying on a massage table. The six showerheads over the table efficiently rinse off the seaweed and minerals following the seaweed wrap. It’s an incredibly cleansing and relaxing experience.

Most cancer patients also get colonics from a trained therapist to get rid of the toxic load in the colon.

## **Taking the waters: Sanoviv’s therapeutic pools**

Cancer patients are encouraged but not required to take advantage of Sanoviv’s amazing complex of pools. And most of them do so. The pools are so inviting and so soothing that they draw Sanoviv’s patients like a magnet.

All of the pools at Sanoviv use purified ocean water that’s constantly being circulated back into the Pacific Ocean. The purification system is sophisticated, having cost over \$1,000,000! There are no freshwater pools because mineralized ocean water gives the best health benefits. Freshwater showers, of course, are readily available to rinse off the saltwater.

Earlier I told you about the pear-shaped infinity-edge pool that appears to blend into the Pacific Ocean and extend out to the horizon when you’re in the pool. Sanoviv calls that pool the Caribbean pool. It’s primarily for relaxation and recreation.

Sanoviv also has four smaller kidney-shaped whirlpools with air jets called “Thalasso Pools.” These pools are set at different temperatures for water therapy to improve circulation – one of the keys to vibrant health. Moving from a hot pool to a cooler pool moves your blood from your body’s extremities to its core. Hardly anything is better for your circulation.

And there are two other pools: a lap pool for those who want to practice their swimming strokes and a Kneipp cool-water wading pool. You’ll always find a Kneipp at the top European spas, but Kneipp pools are uncommon on this side of the Atlantic Ocean. They’re named after a 19<sup>th</sup> century German priest and health pioneer, Father Sebastian Kneipp, who developed the “water cure” to cure himself of terminal tuberculosis.

Fr. Kneipp was spitting blood and dying of tuberculosis when, in desperation, he plunged himself into an icy river and then warmed himself in blankets. He repeated this incredibly brutal procedure, which cured him – apparently by improving his circulation.

Recognizing that few people are willing to plunge into ice water, Fr. Kneipp found that you could get some of the same circulatory benefits

by walking through a dewy Alpine meadow barefoot. Wading in a Kneipp Pool, with cool water up to your knees, is the equivalent of taking an early morning barefoot stroll through an Alpine meadow.

## **Cancer patient's daily schedule**

When it comes to cancer treatment, one size doesn't fit all. Every cancer patient goes through an incredibly thorough non-invasive 20-test Comprehensive Health Assessment. These tests give a razor-sharp picture of the patient's state of health, enabling Sanoviv to pinpoint the underlying cause of the cancer.

Sanoviv's multidisciplinary team of doctors uses the Comprehensive Health Assessment to create an individualized program and schedule for each cancer patient. These team members meet every morning in the auditorium to discuss each patient. Each patient's records are projected on the full-size movie screen, which is also used later in the day to project full-length movies for the patients' entertainment.

Ten M.D.s are on staff. When a patient sets foot in the hospital, he or she is assigned not only an M.D., but also a chiropractor, a homeopathic doctor, a biological dentist, a psychologist, and a fitness expert!

Core treatments include IV nutrition, oxygenation in a hyperbaric chamber, hyperthermia (raising the body's core temperature to weaken and kill cancer cells), detoxification, colonic hydrotherapy, biofeedback, energy rebalancing, and lymphatic cleansing. This is an impressive list of therapies.

Each patient receives a printed schedule every morning. And if you forget about your massage appointment, a friendly staff member will find you, if necessary, and bring you to the massage table.

There are always, always, always activities for patients. Many patients are up at 6:00 a.m. or 7:00 a.m., deeply breathing the fresh air and doing yoga with the instructor to the sound of the Pacific Ocean. Some patients take salsa classes.

In the morning, the staff takes the patient's vital signs, followed by intravenous treatments with laetrile and other nutritional substances in a pleasant setting overlooking the Pacific Ocean.

Two local culinary schools send their chefs to Sanoviv to create culinary masterpieces from fresh, organic food for the patients to enjoy. And every week Sanoviv offers a cooking class in which the patients can get "hands on" experience to learn how to prepare a delicious meal using raw, living food. Sanoviv also provides patients with an easy-to-use cookbook so they can continue eating well at home.

Because exercise is so important, cancer patients are given an appropriate exercise program based on what they can do. And each patient gets recommendations on how to continue the exercise program at home. Patients who are able can take advantage of the yoga classes. One of the most popular exercises is walking on the ocean-side path.

The psychologist teaches the patient how to relax, how to manage stress, and how to get rid of the toxic emotions that can promote cancer and even cause it!

To eliminate stress and to help business executives and others unplug from the world, Sanoviv doesn't provide Internet access in the patient's rooms. An Internet connection, however, is available in the Strauss mansion, for those who need to check their e-mails.

## **Help for patients who smoke**

In fact, Sanoviv also offers a "Rejuvenation Program" for stressed-out CEOs and anyone else

who wants to look and feel younger and healthier. Stressed-out people who need to come to Sanoviv but are addicted to nicotine can get the help they desperately need.

As you might expect, Sanoviv is a smoke-free compound. Smoking isn't even allowed outside. You might think this would be a problem for a pack-a-day smoker, but it's not. That's because Sanoviv's two-step program is proven to help anyone instantly quit smoking without cravings!

Step one is a biofeedback technique to neutralize the physical craving for nicotine. Step two is psychological counseling to eliminate the psychological need to smoke. It's that simple!

Sanoviv encourages each patient to bring a companion for moral support, and most rooms conveniently have a room-within-a-room so the companion can have some privacy while being close at hand.

Patients get a package of spa treatments. And before they leave Sanoviv they get a package of pharmaceutical-grade nutritional products so they can continue the program at home.

To help patients look good, Sanoviv's salon provides facials, haircuts, and manicures.

## **Celebrities go to Sanoviv**

Celebrities who go to Sanoviv for rejuvenation include motivational speakers such as Mark Victor Hansen of "Chicken Soup for the Soul" fame, Dennis Waitley, and Louise Hay. At least one Hollywood movie star has been a patient at Sanoviv, but we're not at liberty to reveal his name because of patient confidentiality.

Best-selling author Christiane Northrup, M.D., who wrote *The Wisdom of Menopause*, says, "Sanoviv provides the medicine of the future right now. It is, without a doubt, the most advanced healing environment on the planet today."

Gloria Gaynor gave Sanoviv employees and patients a concert, which included her signature song "I Will Survive" – a *great* song for cancer patients to hear, especially when it's sung by the original artist! Other musicians including Mariachi bands sometimes perform for the patients during mealtime.

## **More stories of hope: Cleveland Clinic gives up on outdoorsman**

Ohio outdoorsman Antonio Capra hunted with his dad for years until his dad came down with cancer. Doctors at the famous Cleveland Clinic ran some tests and gave his dad *just months to live*.

As you may know, the Cleveland Clinic is one of the most advanced medical facilities in America. Its brilliant team of surgeons made headlines for doing the first face-transplant in America. But the doctors at the Cleveland Clinic could offer no hope for Antonio's dad to get rid of his cancer.

Instead of accepting the Cleveland Clinic's grim prognosis and checking into a hospice, Antonio's dad checked into Sanoviv. And one year later he was doing all the things he used to do, such as hunting with Antonio and gardening.

After his astonishing recovery, he went back to the Cleveland Clinic and took more tests to determine if he was cancer free. The Cleveland Clinic doctors had such trouble believing the test results that they had a meeting to discuss his case. The doctors concluded that whatever he had done, he had done the right thing for himself.

Antonio has this to say about his father's treatment at Sanoviv: "The treatment you get is unreal. There's no other place around that can do what Sanoviv can do."

Here's another story worth telling.



## At last, Bob gets a straight answer

In January of 2002, software engineer Bob Hassen was diagnosed with bladder cancer. After his cancer surgery in El Paso, Texas, he asked his doctors a key question: “Why did the cancer grow in the first place?” He knew he needed to get a straight answer to his question and deal with the root cause. Otherwise the cancer would sneak back.

Seeking an answer to his question, Bob went to Sanoviv for the Complete Health Assessment – a series of 20 non-invasive tests that reveal the true state of your health. Your true health isn’t how you feel in the morning. Your body is in a state of true health when it’s functioning at its optimal level.

Bob says, “Sanoviv found 40 different toxins at high levels in my body – toxins I was exposed to in my environment, like cleaning solvents. They also told me that my body was acidic: an acidic body promotes cancer growth.” At last, Bob had an answer to his question.

Bob went through Sanoviv’s two-week detoxification program, which includes colonics, spa treatments, and an eating plan that not only detoxified him but also changed his body chemistry from acidic to alkaline.

Here’s what Bob says about Sanoviv: “The food was so amazing. Organic food. I feel great now. I’ve been cancer-free for two years. Sanoviv for me was my saving grace. No traditional medical facility or physician was able to tell me what was going on. Sanoviv told me. You get answers. You get treatment. You get a better quality of life. Sanoviv should be your first option, not your last.”

### Health wisdom from a car repair expert

When auto mechanic Jim Harkness from New

York came down with prostate cancer, he knew his body was breaking down. Having repaired cars for 40 years, he knew full well that when something isn’t running right, you have to get at the *cause*: “If somebody came in with a car that was skipping because of a fouled spark plug I had just replaced, I would have to find out *why* it was fouled.”

Jim wanted to know *why* he had cancer. His American doctors didn’t know why. So he went to Sanoviv to find out and to get rid of his cancer *for good*.

Jim says, “The biggest thing about Sanoviv is that they find out the ‘why.’ Eliminate the ‘why’ and you won’t get cancer again.”

Here’s how Jim describes his reaction to Sanoviv: “This is true? This is a hospital? This is where I can get repaired? The flowers, the trees, the ocean – beautiful – unreal! So clean inside and out. Everything was spotless. At Sanoviv, you’re a guest, not a patient. The spa, massages, hot tub, wraps – unbelievable. The food, fresh fruits, and vegetables – absolutely delicious. I met some great people at Sanoviv.”

In conclusion, Jim says, “My wife and I are coming back here once a year for our physical because we can’t find this anyplace else.”

### Sanoviv’s prices are surprisingly reasonable

Getting to Sanoviv is simple. Just fly into San Diego, and a Sanoviv limousine will pick you up and take you across the border into Sanoviv’s gated compound. You can also be picked up at other locations near the border as well.

Typically, a cancer patient stays at Sanoviv for four to six weeks, depending on the severity of the cancer. Severe cancers require six weeks. Most cancer patients who arrive at Sanoviv are ambulatory, meaning they can walk under



their own power, although some arrive in an ambulance. Unlike some other cancer clinics and hospitals in Mexico, Sanoviv doesn't accept children as patients. But children as young as three years old have come as patients' companions.

You might well think that it would cost six figures to get rid of your cancer at Sanoviv. While Sanoviv isn't Mexico's least expensive cancer treatment option, its prices are reasonable. The cost for cancer treatment is around \$7,000 per week – sometimes less. But it can cost \$10,000 per week in severe cases, depending on what kind of treatments the patient needs.

Upon arrival, cancer patients must pay a deposit of \$30,000. Compared to what American hospitals charge for cancer treatment, this is a reasonable price.

## **How to get insurance reimbursement**

Sanoviv works with a Texas-based company to help their patients get reimbursement from their American health insurance companies. Seven out of 10 American patients at Sanoviv get most of their costs reimbursed. See the chapter on "How to Get Financing and Insurance Reimbursement for Your Cancer Treatment in Mexico."

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# Chapter Six

## Oasis of Hope in the Midst of a Desert of Despair

**O**asis of Hope hospital in Tijuana is indeed an oasis of hope amidst a desert of despair. As one of its former cancer patients said, “I can’t say enough about this hospital. It’s the only hospital where you cry when you leave.”

Oasis of Hope offers more than just hope. It also offers statistical proof that its integrative and complementary cancer therapies are far more effective than the conventional cut-burn-poison treatment in American hospitals.

For example, Oasis of Hope apologizes for “not doing as well with colorectal cancer” as it does with the other kinds of cancer they treat. Their treatment of colorectal cancer is only twice as successful as conventional treatment! “Only” twice as successful? That’s something to boast about rather than to apologize for!

And Oasis of Hope’s track record for other cancers is even more impressive:

- For ovarian cancer: Oasis of Hope’s treatment plan is nearly three times more effective than conventional treatment
- For breast cancer: three times more effective
- For lung cancer: an astonishing ten times more effective!

No wonder cancer patients come to Oasis of Hope from all over the world – places like Africa, Australia, Japan, Korea, India, Mozambique, the

Seychelles, Germany, England, South America, Canada, and the United States.

Many who come to the Oasis of Hope had received a death sentence from their doctors. When a doctor says, “You have three months to live. It’s time to get your affairs in order,” many cancer patients give up and die. But a few find out about the Oasis of Hope and go there.

Oasis of Hope can boast some of the most impressive success stories of long-term cancer cures you’ll ever hear.

### **Cosmetics tycoon cured of “terminal” cancer**

Donald Factor, the son of cosmetics entrepreneur Max Factor, had carcinoma of the lung with metastasis to liver and spine. In a letter dated November 1, 1999, he tells how metabolic therapy in Dr. Contreras’s Oasis of Hope Hospital saved his life. These are his very words:

“My name is Donald Factor. I was living in London in November of 1986 when I was diagnosed with carcinoma of the lung that had spread to my liver. Basically the doctors in England didn’t hold a lot of hope for me. They were very apologetic and offered a treatment which they thought might extend my life for a little while, but not for very long. I didn’t feel like accepting that prognosis and decided to go and see Dr. Contreras.

“I’d met Dr. Contreras a few years before in a

conference in England and was very impressed with his approach. He told us they used modern medicine combined with other natural things and a lot of love and faith. My wife and I moved from England to Los Angeles and then we drove down to Tijuana to the Oasis Hospital where I was treated.

“When I arrived I was in an extremely weak condition. It was 10 days after the original diagnosis and the cancer had spread to my spine. I was in excruciating pain with my sciatic nerve affected so I could hardly walk. I was losing weight rapidly too. They took a look at me at the Contreras clinic and were quite concerned. They too were not very optimistic about my future, but as Dr. Contreras, Sr., said, because both I and my wife were very committed to doing everything possible to beat the cancer, they were prepared to work with us.

“To make a long story short, it succeeded...

“I was very impressed with the Contreras clinic [Oasis of Hope Hospital] when I went inside and met the people; I had never experienced a hospital where the doctors would treat me as a human being instead of a bunch of symptoms or a disease walking through the door. Suddenly, there was a team of people there who were interested in me and they were involving me in the course my treatment would take. I was being asked, I was being informed, and suddenly I was part of the team that was treating me. I wasn't just an object that was being treated. And that was tremendous and I realized there was another side to Tijuana that I never imagined possible in my youth.

“This all happened in 1986 so it will be 13 years this November. After the initial metabolic treatment and about a year of home therapy, I was totally clear of any sign of cancer. I went back regularly for check-ups and after about three years of being in remission, the doctors said I was cured. I said, ‘I thought in the cancer business

you were never cured.’ And they said, ‘Well, it is silly to keep writing down “Remission” year after year. We’ll see you whenever you want to come back.’ And that was that.

“I already had a lot of ideas about the orthodoxy, I suppose I’d call it, of modern science. I was never happy with it. I had known people with HIV and AIDS and I was always rather disturbed at the way that disease was treated and how in those days it seemed that anyone who was diagnosed with HIV was dead within a couple of years. It didn’t seem right to me, it seemed to me that there was something else and I knew a bit about alternatives and complementary medicine. My wife had been involved with some hands-on healing work before that, so I was very open to other ways of doing things. I had never had a direct experience myself as a patient being involved in a place where love and human kindness were actually applied as part of the program. I have to say it was a revelation.

“My name has been given to people and I have happily talked with them telling them pretty much what I tell you now. I think one of the main things that helped early on in my treatment was the use of a catheter, which was able to feed the medications directly into my liver. I think it was a Hickman catheter inserted into my umbilical vein that was able to stay in for about a year. It made taking all the medication much easier.

“One could simply inject whatever was needed into the end of a plastic tube, and it would get through the catheter to the body without the worry of needles and veins. That was wonderful. It made life much easier and the quality of the treatment better. It worked amazingly.”

Oasis of Hope is founded on two basic principles. (1) Hippocrates, the father of medicine, said, “First do no harm.” (2) Jesus Christ said, “Love your neighbor as yourself.” Oasis of Hope was founded as a Christian

hospital that welcomes people of all faiths.

The founder of Oasis of Hope, the late Dr. Ernesto Contreras, Sr., insisted on avoiding cancer treatments that would destroy the patient's quality of life – as usually happens with high-dose chemo. Instead, he taught his staff only to offer therapies they'd be willing to take themselves. And today, Dr. Contreras's son, Francisco Contreras, M.D., upholds the high ideals of his father.

Here are some more impressive stories.

### **Doctors tell pregnant mother with cancer: “You must have an abortion!”**

In the summer of 1987, a German lady named Burga Ratti was delighted to find out she was pregnant with her second child. Her daughter had just turned 11. To her shock, however, doctors confirmed that she had breast cancer.

To save her life, the doctors recommended an immediate abortion and a mastectomy followed by radiation and chemo. But she didn't want an abortion. After praying to the Holy Spirit, she informed her doctors that she was keeping the baby.

To get the kind of treatment that would save her and her baby, she asked Dr. Contreras what she should do. After studying her medical records, Dr. Contreras told her to have the baby and then come to Oasis of Hope to get rid of the cancer. Burga is another long-term survivor – having lived for over 20 years after her original diagnosis.

Burga says, “They don't just treat the body but the person.” Oasis of Hope believes in the power of prayer and applies it. Prayer therapy, devotions, and music therapy minister to the human spirit in addition to the complementary and integrative medical therapies.

### **Athlete beats esophageal cancer**

Ken Papini loved to ski and play baseball. But the diagnosis of esophageal cancer put a stop to these recreational activities. In January of 2005 when his conventional doctors offered him no hope, he came to the Oasis of Hope. He beat his esophageal cancer and is back doing the things he used to do: skiing and playing baseball.

Ken says, “Oasis of Hope is a magical place. It's the only hospital in the world I know of where patients look forward to coming back.” Tests show he's in full remission.

### **Young man gets new liver without a transplant!**

Suffering from gastrointestinal cancer, Rickie Deniz came to Oasis of Hope with five tumors in his liver. The treatments stopped the tumors and shrank them down to nothing. Not only did he get rid of his cancer, but, incredibly, doctors discovered that his liver had all new tissue.

Rickie says, “It's as if I have a new liver, as if my liver has regenerated itself. I praise God. The Lord has used the doctors and treatments to get me to this place. What makes this place unique is its family atmosphere. This really is a place of hope. It's not just a hospital. It's a spiritual retreat. They deal with your mind, your body, and your spirit. The spirit of God dwells here.

“All the workers and every single doctor have been fantastic. They've been kind and compassionate. I know the people who work here actually care. I really and truly am thankful that I came here. I feel blessed that I had a chance to meet everyone and be with everyone. Every single person who comes here feels the same thing that I feel.”

## Therapies at Oasis of Hope

In a holistic way, Oasis of Hope integrates the best natural therapies with the best that conventional medicine has to offer. But the hospital doesn't use high-dose chemo or high-dose radiation because high doses can damage the patient, ruin the patient's quality of life, and destroy the immune system. Surgery is available on-site but is only used when necessary.

In addition to the integrative medical therapies, Oasis of Hope offers psychological counseling for emotional support, one-on-one therapy and group therapy, and prayer. Christian missionaries are available 24 hours a day, 365 days a year to pray with the patients. Oasis of Hope remains convinced of the power of prayer. The staff provides strong support for religion without promoting it.

A lot of Amish people come to Oasis of Hope for cancer treatment. They feel comfortable there. They like the natural treatments, which fit with their beliefs. The Amish and others are attracted to the hospital because the staff members treat every patient the way they'd want to be treated.

Oasis of Hope doesn't use a one-size-fits-all approach to treating cancer patients. Each case is unique, and the doctors create an individual treatment plan for each patient. For example, one patient might receive a combination of intravenous vitamin C, ozone, and laetrile while another patient might get a different combination that includes low-dose chemo. Low-dose chemo isn't used unless it will do some good.

### Recommendations for eating and exercise

Oasis of Hope recommends a vegan eating plan. For those who can't do vegan, the hospital recommends the popular Mediterranean diet. One of the benefits of staying at Oasis of Hope

is that all the meal preparation is taken care of. Oasis of Hope's medical director, David Brockman, M.D., told me, "It's hardly worth the hassle of staying in a hotel and shuttling back and forth to an outpatient clinic. It's better to stay at the hospital and let the hospital prepare the highly nutritious cancer-fighting meals."

For exercise, 30 minutes of walking every day is recommended if the patient is able to do it. The hospital offers health lectures, nutrition classes, and workshops to get rid of the toxic, negative emotions that can cause cancer. The hospital offers its patients tours of the cultural center and day trips to the beach. Some patients go on these tours with a companion or nurse, and others can't. It depends on how sick they are.

Oasis of Hope aims to offer every cancer therapy that makes sense. To detoxify the colon, they provide colonic hydrotherapy.

Dr. Brockman told me, "Laetrile is *very* effective. But cancer today isn't what cancer was 40 years ago. Forty years ago laetrile *was* enough. But cancer today is not the same disease. Now we have to use it in combination with other therapies because cancer cells adapt. So we use laetrile with enzymes, colonics, vitamin C, ozone, emulsified vitamin A from Germany, and other therapies. In Belgium, researchers found that vitamin K magnifies the effects of vitamin C. Combined with ozone, they deliver hydrogen peroxide to kill the cancer cells in a fast, effective way."

### Patient's quality of life is *never* compromised

Dr. Brockman explained why they don't use high-dose chemo. He said, "The problem is that high-dose chemo not only kills cancer cells but it kills everything else. You might be able to uproot the tumor, but you'll probably take the patient, too! We *will not* compromise the patient's quality of life here at the hospital. That's a foundational



principle. And we never give the patient treatments that we wouldn't give ourselves."

One key to their success, said Dr. Brockman, is preconditioning. As he explained, "Preconditioning is immune system boosting, which increases the number of white blood cells in the system. We track this number." State-of-the-art nutritional products boost the immune system.

After Dr. Brockman gave me the scientific explanation of how vitamin C therapy kills cancer cells without damaging healthy cells, he said, "I barely understand this myself [laughter], but one can't deny that it works."

Ninety percent of the cancer patients get a therapy called IRTC – meaning integrative-regulatory therapy with the vitamin C protocol. The other ten percent get IRTQ therapy, which includes low-dose chemo.

And the hospital has just created a new regimen called IRTIL, which includes massive quantities of a non-toxic form of interleukin. This new IRTIL therapy is for advanced and aggressive cancers or for patients that didn't make progress with the vitamin C therapy. It's another option.

Stem cell therapy is also available at Oasis of Hope. But embryonic stem cells are never used. Instead, the hospital uses adult stem cells extracted from bone marrow. Practically all the cancer patients who come to Oasis of Hope choose to have stem cell therapy, which is effective against cancer.

Dr. Brockman says, "We can take care of any medical complication. We're a full-service hospital. And inside our hospital there's a cancer clinic. If there's any complication, you're right here. You don't need to call an ambulance. We can take care of any medical complication. And that you won't get anywhere but here."

## Cost of treatment at Oasis of Hope

The initial treatment plan at Oasis of Hope lasts no fewer than 12 days but no more than 18 days. Patients from America typically will stay for 12 days during their first visit, go home for six or 12 weeks, and come back for a 12-day follow up visit. Oasis of Hope gives primary care instructions for the patient's doctor back home (if the doctor is willing to cooperate).

Patients from faraway places like Australia, Asia, and Europe typically stay at Oasis for 18 days because of the difficulty and expense of a follow-up visit. Follow-up visits are encouraged if it's possible.

Sadly, most American doctors aren't happy about their patients going to Mexico for cancer treatment. But maybe the patients would stay in America if their American doctors would offer integrative cancer treatments instead of cut-burn-poison. If the American doctor back home wants to work with the doctors at Oasis of Hope, Dr. Brockman says, "We're happy to work with them. Mexican doctors have the same kind of training that U.S. doctors have, but the Mexican doctors *also* study alternative medicine because they know the limitations of conventional treatment."

Patients get door-to-door service with a free pickup from San Diego airport to Oasis of Hope and a free drop-off at the airport when they're ready to go home.

At this writing, the cost of 12 days at Oasis of Hope is about \$12,000 without stem cells. Stem cell therapy, which practically all cancer patients choose, adds \$2,000 to the cost.

When cancer patients leave Oasis of Hope, they get a strict and rigid home-care treatment program, which includes 60 pharmaceutical-grade nutritional pills a day. This prolongs the effect of the 12- to 18-day treatment at Oasis, making it more effective.

Oasis of Hope keeps in touch with its patients by e-mails, phone calls, chats, and faxes.

## **Financing is available for U.S. patients!**

Oasis of Hope used to charge its patients for the full cost of treatment up front. But it recently changed to a pay-as-you-go system. And financing is now available to U.S. citizens based on their credit rating. A credit score of 620 or higher is good enough for financing.

Sometimes patients can get partial reimbursement for the cost of their Mexican treatments from their health insurance company, although no clinic can promise reimbursement. See the chapter “How to Get Financing and Insurance Reimbursement for Your Cancer Treatment in Mexico.”

### **Contact Information**

#### **Oasis of Hope Hospital**

Tijuana, Baja California  
Mexico

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# Chapter Seven

## San Diego Clinic: The Cozy Cancer Clinic Just Across the Border

**J**ust 500 yards from the border-crossing is a remarkable cancer clinic known for its casual, friendly atmosphere and its outstanding record of success: Tijuana's San Diego Clinic.

Whether you call or visit San Diego Clinic, a cheerful American woman named Jennifer Miele will probably be the one who greets you with her warm smile. Her last name means "honey" in Italian, and if you ever meet her you'll find that she's a sweet young lady. Jennifer recently moved to Tijuana to help Dr. Filiberto Muñoz, who saved her life. She understands what it's like to have cancer.

Not only did Jennifer have breast cancer, but she also developed asthma and gained 10 pounds in each leg from a lymphatic disorder. "I was pretty sick. My illness began to affect my whole immune system," she told us. But you'd never know that now because Jennifer is perfectly healthy.

Jennifer found out about the clinic in a roundabout way. Her mother had suffered from tuberculosis of the jaw, which was caused by an inept American dentist who used non-sterile instruments. To solve the problem her mother went to a Mexican biological dentist in Tijuana, Dr. Juan Carlos Hernandez, D.D.S. Dr. Hernandez's website is [www.holistic-dentist.com](http://www.holistic-dentist.com), and his office is across the hall from Dr. Muñoz's cancer clinic. (You'll find this dentist's other contact information at the end of the chapter.)

Jennifer's breast cancer was caused by a dental infection after an improperly extracted wisdom tooth. Dr. Hernandez cleaned out her jaw and told her about Dr. Muñoz's outstanding cancer clinic across the hall.

### **How Dr. Muñoz saved Jennifer's life**

Under Dr. Muñoz's care, Jennifer underwent intensive IV therapy that caused her breast cancer tumor to shrivel up and go away without surgery. He also cured her asthma and helped her lose the extra 10 pounds in each leg. Now she's at an ideal weight.

In 2008, Jennifer moved to Tijuana to handle public relations and to be a patient liaison. She told us, "When you've been through it yourself, it makes a difference."

Patients come to the San Diego clinic from the far corners of the world including Australia, Germany, Africa, Russia, England, Cuba, and all over the United States.

Prospective patients send their medical history and medical records by overnight delivery to the San Diego Clinic. Two days later Dr. Muñoz develops a basic treatment protocol for the patient, a protocol that's adjusted as necessary when they arrive.

Jennifer says that Dr. Muñoz is honest about the patient's prospects. In rare cases he may tell a patient not to come because he doesn't want them to waste their time and money. If possible,

he'll try to suggest an alternative in such cases. Jennifer says, "Dr. Muñoz is able to help just about everybody."

The biggest problem, Jennifer told us, is that when people get rid of their cancer, they think that they're cured and that they can go back to doing everything they did before. Wrong! "Once they go home, they have to do a follow up program at home." This program involves taking supplements plus an anti-cancer eating plan.

How long do ex-cancer patients have to do the program? When people ask me that question, I reply, "Only for as long as you want to continue living."

### **Ballroom dancer suddenly turns yellow, stops dancing!**

During our tour of the San Diego Clinic we met a patient who was eager to share his remarkable story. Ali, a businessman from Florida, was at the clinic for a follow up visit. He had always taken his health and fitness seriously. That's because one of his favorite activities is ballroom dancing, which he did five days a week.

He had every reason to believe he was in good health. Every year without fail he would see his doctor for a physical examination, which he always passed with flying colors. The doctor found him in fine health after his January 2008 physical. But just four months later his skin turned yellow – an obvious sign of liver trouble – and doctors found an abdominal tumor. That's when he felt that the bottom had dropped out of his life.

A Miami surgeon told Ali that his tumor was inoperable because it was entangled with arteries. The tumor was blocking Ali's bile duct, which caused his jaundice. The surgeon did remove Ali's gall bladder to relieve the jaundice. But the cancer remained.

After his gall bladder surgery, the doctor said he needed chemo. He knew it would weaken his immune system, and his family was also against chemo. To find out about his alternatives, Ali decided to attend the annual Labor Day weekend Cancer Control Convention in Universal City, California.

### **Florida doctor says, "Listen to that Mexican doctor!"**

Ali didn't want to go to a hospital. Instead, he preferred the casual atmosphere of the San Diego Clinic, which made him feel at ease. He saw patients relaxing on recliners, getting therapy, and then going back to their hotel. He liked that idea. He stayed at the clinic for six weeks, taking Dr. Muñoz's cancer treatment protocol. Every week, tests showed that he was getting better and better.

After his treatment at San Diego Clinic, Ali went back to Florida with a good supply of supplements, including vitamin C, selenium, and zinc. His Florida doctor gave him a CAT scan and could find nothing wrong with him. He asked the doctor, "What should I do?" The Florida doctor replied, "My friend, just listen to that Mexican guy. Don't ask me anything. Obviously, he's doing something right because we don't see anything."

Ali told us, "I've been back at work for the last five or six months, and it's as if nothing has happened. I'm back to normal. Maybe I should've gone to Mexico before my gall bladder surgery in Florida. Was the surgery even necessary?" He said he would return to ballroom dancing "very soon."

When Ali began the treatment protocol at San Diego Clinic, he stayed at a motel on the U.S. side of the border. But he found it too hectic to go back and forth across the border every day. So after a month he moved into the Dali Suites on the Mexican side, which is where most of the

patients at San Diego Clinic stay. A shuttle picks up the patients and drops them off.

What caused Ali's cancer? His root canals were the culprit. Make no mistake. Root canals produce toxins that can definitely cause cancer. To keep on the straight and narrow, Ali eats less red meat, takes care to manage his stress, and lives an active, normal life. His cancer had been a dark cloud over his future, but now he's confident that his future is bright.

### **Patient camaraderie at the Dali Suites near the beach**

Full cancer treatment at San Diego Clinic normally takes six to eight weeks. Patients return in three to six months for a follow up visit.

San Diego Clinic is an outpatient facility. Dr. Muñoz prefers ambulatory patients, but he can hospitalize a patient if necessary. Most patients stay at the Dali Suites at the special rate of \$1,200 a month (\$40 a day). This hotel is near Dr. Muñoz's home, a few blocks from the beach, and just 15 minutes from the clinic. Dr. Muñoz's brother drives the van that shuttles the patients back and forth. The patients get to know each other and often develop friendships.

Patients arrive at the clinic around 8:00 a.m. and take their therapies for three or four hours before going back to the Dali Suites. Sometimes another group of patients, an afternoon shift, comes in after the morning patients have left, so it never seems too crowded in the clinic. All of the patients get the full attention they deserve.

### **Hyperthermia "cooks" cancer cells to death**

One of San Diego Clinic's physicians, Martha Helena Sanchez, M.D., sat down with us for an interview. She has been at San Diego Clinic for four years and operates the hyperthermia

machine. She says the clinic has the best whole-body hyperthermia machine in the world, a sophisticated machine imported from Germany.

The hyperthermia machine raises the patient's core body temperature up to 104-105 degrees Fahrenheit – a temperature that kills or weakens cancer cells while leaving the healthy cells undamaged. After about two hours at this fever temperature, during which the patient is asleep, the patient's body temperature is brought back to normal.

Once the cancer cells have been weakened by hyperthermia, the clinic follows up with two other therapies to kill them off: Insulin Potentiation Therapy (IPT) and laetrile. These therapies have no negative side effects yet devastate the cancer.

One of the most important therapies is the daily intravenous treatment of anti-oxidants and immuno-stimulants to kill the cancer cells. This is a pleasant experience for the patients because while they take the therapy they can enjoy the view of the rolling hills through the huge picture window from the seventh floor of the building. Patients also enjoy the fresh air from the wraparound balcony on two sides of the building.

The clinic also offers two kinds of vaccines to boost the immune system.

Dr. Sanchez said that colonic hydrotherapy and coffee enemas aren't available at the clinic. She affirmed the benefits of coffee enemas, which flush the liver.

When patients leave the clinic they get a program they can do at home, including oral supplements, IV treatments, immuno-stimulants, and anti-oxidants. They also get an eating plan that emphasizes organic food and avoids canned and processed food. They can eat fish and chicken and sometimes red meat once a week.



## **Ruth's ovarian cancer death sentence reversed!**

Dr. Sanchez told us about Ruth, a 56-year-old patient from California. Her American doctor had told her she had terminal ovarian cancer and gave her just three months to live. Three months to live! That was about three years ago.

Instead of accepting her doctor's death sentence, she went to San Diego Clinic and got rid of her cancer. Dr. Sanchez said that Ruth went into remission a year ago and was just at the clinic a month ago for a follow up visit.

San Diego Clinic does not treat children.

### **Dr. Muñoz's stellar reputation!**

In a subsequent visit to the clinic, Dr. Muñoz graciously sat down with me for an interview.

He told me, "My four children think I'm a good doctor. That's the most important thing to me. They think I'm the best doctor in the world, and I have to try to live up to that for them. My patients are happy. I don't care what other physicians think of me. If my patients are happy, and if my family is proud of me, and if I know I'm doing the right thing, whatever others think about me, I don't care. That's the way I see it."

Dr. Muñoz uses sophisticated, German-made hyperthermia machines because his patients have gotten such good results with them. He says, "Whole-body hyperthermia is effective because it turns on your immune system, helps the body detoxify through the skin, and it kills cancer cells. It also enhances the effect of low-dose chemo."

For some patients, Dr. Muñoz recommends a *low* dose of chemotherapy – about one-tenth the amount typically given in America. This is enough chemo to kill cancer cells, but the dose is low enough that it causes no side effects such as hair-loss or nausea.

The most unusual thing about San Diego Clinic is that patients have to stay six to eight weeks. Most other clinics have a three-week program. Here's Dr. Muñoz's explanation of why his program lasts six to eight weeks:

"None of the clinics in Tijuana had a good followup program, so we decided to create one. After six to eight weeks here when we know the program is working, we teach the patients to do some IVs at home. They learn how to do their vitamin C, so the price goes down and they can afford it. We stay in touch by phone. The patients like it. We have a good system."

Dr. Muñoz has successfully treated most cancers. His treatments have so impressed conventional American doctors that many cooperate with him in treating the patients at home.

Dr. Muñoz has had less success in treating metastasized lung cancer, mesothelioma, and leukemia, so he refers patients who have those cancers to other treatment centers.

### **Cost of treatment at San Diego Clinic**

Cancer patients aren't allowed the option to come to San Diego Clinic for only three or four weeks. Instead, they must commit to the treatment plan of six to eight weeks. And Dr. Muñoz has no shortage of patients willing to make that commitment. His clinic is full of cheerful, optimistic patients.

The clinic charges \$4,000 to \$5,000 per week. The clinic has had some success in getting patients' costs reimbursed. See the chapter on "How to Get Financing and Insurance Reimbursement for Your Cancer Treatment in Mexico."

## **Contact Information**

### **San Diego Clinic**

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# Chapter Eight

## Spectacular New Hospital on Tijuana's Skyline: Excel Hospital's Bio Research Institute

**T**ijuana's brand-new 19-story cancer hospital offers five-star accommodations and state-of-the-art integrative cancer therapy similar to Sanoviv. Instead of an ocean view, you get a spectacular panoramic view of the city and the surrounding mountains.

Listen to what patients are saying about this stunning new hospital:

- "The camaraderie between the patients makes it seem like we're at a spa hotel."
- "It's not like a hospital atmosphere but almost like a hotel."
- "This is a fabulous facility. It's a new building. They did a beautiful job. I have a beautiful private room with two beds and a fine shower. Everything's ceramic. The place couldn't be cleaner."
- "I have the biggest bedroom! It's clean. The floors are mopped every day. This is one of the cleanest places, I swear to God. I've never seen anybody mop floors and clean like they do here."
- "When you need something, they get it for you – *right now!*"

### No pain, no side effects

Here's what cancer patients are saying about their *treatments* at Excel Hospital. They find the whole experience enjoyable and pain-free!

- John, a pancreatic cancer patient from Salem, Oregon, has this to say after his three weeks of treatment at Excel Hospital: "One of the most encouraging things about being here is that when you take the treatments, there's no pain. If you come here with pain, they eliminate it! There's no side effects – very little if any at all, which you overcome within a day or two. It's a lot better than being cut open and burned or whatever they do [in conventional cancer hospitals]."
- Amelia, a breast cancer patient with metastasis to the liver and spine, came to Excel Hospital from Connecticut. After her treatment, she says, "I came as a pretty sick person. In less than a month I've had quite a turnaround in my health and am on the road to recovery. I had just about every therapy they offer here, including stem cell therapy. It's a fantastic, wonderful place. Everyone is kind and considerate."
- 80-year-old John, an American leukemia patient, says, "They give me a lot of care and loving kindness here. The girls are exceptional. They take good care of me. This hospital has everything I need. It's a beautiful hospital."
- Carol from Cincinnati heard about Excel Hospital from a niece who's a naturopath. She says, "The treatments are relaxing."
- Shirley, who came from America to Excel Hospital for her stage-four lung cancer, says,

“I don’t feel as tired as I felt a week-and-a-half ago when I came here. I’m just bouncing around this place. We go outside, and it’s really nice down there. I guess we must not be in a bad part of town. The nurses are so nice. They can’t do enough for you. My tumor has shrunk. I can go home and keep taking the supplements.”

- Harold, a prostate cancer patient from Tucson, says, “In eight to 10 days my PSA fell from 130 to 7.8! When I came here I had candida [a yeast infection], but they got rid of it, which they couldn’t seem to do in the States. I’ve accomplished quite a bit. All I need to do now is stay on my regime.”
- Patricia from Canada came to Excel because she was attracted by the far-infrared sauna, hyperthermia (heat therapy), and IPT (insulin potentiation therapy). She says, “I’m confident I’m baking my little cancer cells to death. The nurses speak English well. My doctor, Dr. Garcia, spends as much time with me as I want. I’ve never had that happen to me before. I’m usually rushed in and out. I find it a wonderful experience.”

Excel uses a remarkable system of hyperthermia that not only heats up the patient’s core to the desired temperature but also purifies the blood. Blood is drawn out of the patient and passes first through an ozone machine and then through a UV machine before being heated up in a perfusion hyperthermia machine. Then the purified, heated blood is returned to the patient until the desired core temperature is reached.

Hyperthermia is like a precisely controlled fever that kills or weakens cancer cells. Excel’s system of hyperthermia, which is similar to the system used at Tijuana’s International BioCare Hospital, cannot be replicated in a clinic. That’s because it requires a cardio-vascular surgical theater and a trained staff of doctors and nurses.

## Excel’s cancer doctors are seasoned

Excel may be a brand new hospital, but the cancer doctors there have a wealth of successful experience in treating the toughest and most deadly cancers. That’s because Excel hired seasoned physicians from some of Tijuana’s top cancer clinics and hospitals. So even if Excel doesn’t yet have any long-term success stories because it’s a new hospital, over the coming years Excel will accumulate an impressive record of long-term cancer success stories.

At Excel we interviewed the chief physician, one of the top cancer doctors in Mexico. He explained that immune therapy is the key therapy at Excel. The doctors boost the immune system through vaccines and stem cell therapy using the patient’s own stem cells. None of the cancer clinics or hospitals we recommend uses embryonic stem cells.

The doctor explained that cancer can cleverly hide from the immune system and that vaccine therapy can expose the cancer as a target. The doctors at Excel take a tissue sample from the tumor to produce a vaccine that develops specific antibodies to the cancer. The doctor said, “This is a way to wake up the immune system and tell it: ‘It’s o.k. to go after that tumor!’”

Excel also uses high doses of laetrile given by IV. The doctor said they don’t rely on any one therapy but integrate such therapies as hyperthermia, oxygen, organic food, nutritional supplements, homeopathic remedies, and magnetic pulse therapy. Magnetic pulse therapy, which the top cancer clinics in Germany also use, fights inflammation and boosts the immune system. The doctor said that it’s especially effective when combined with hyperthermia, another standard treatment in the top German clinics.

In other words, you don’t have to go all the way to Germany to get state-of-the-art German

cancer treatments. You can get them just across the border in Mexico.

For detoxification, Excel offers various therapies such as the far infrared sauna, IVs, colonic hydrotherapy, enemas, and lymphatic massage. The doctor said that mercury and lead poisoning are common in cancer patients and that those poisons need to come out. Conventional cancer doctors ignore the whole issue of toxicity and heavy metal poisoning.

### **Excel's high-rise open-air paradise**

To give the patients full access to fresh air and Tijuana sunshine, Excel created an open-air section on a rooftop terrace. It has a lap pool, Jacuzzi whirlpools, open air dining, and a spectacular view of the city and the surrounding mountains. Off-site, Excel maintains its own vegetable garden to produce the healthiest organic food a cancer patient could possibly eat.

Patients with severe cancers may stay at Excel for a whole month. For example, Excel's chief doctor said that Pamela, a 53-year-old stage-four breast cancer patient from Monterey, had come to Excel with metastasis to the bone and liver. She had arrived just a month earlier with one foot in the grave. She even had one of the end-stage signs of liver cancer: a fluid buildup in the abdominal cavity. Excel gave her all of their cancer therapies.

Pamela had used narcotic pain medication for so long she became addicted. At Excel, she was able to cut her narcotic pain medication in half, and her abdominal fluid buildup went away. This was a dramatic improvement. The doctor said, "She went home a couple of days ago. We gave her a maintenance program of nutritional supplements."

In addition to being a first-class hospital for cancer treatment, Excel has a huge floor devoted to dentistry. Excel's biological dentists know how to replace mercury ("silver amalgam") fillings

with biologically compatible fillings. They also know how to fix root canals and cavitations from improperly extracted wisdom teeth. Root canals, cavitations, and mercury poisoning can cause cancer when the toxicity in the mouth travels elsewhere in the body.

### **Excel accepts U.S. medical insurance, and financing is available**

The cost of cancer treatment at Excel varies, depending on the severity of the cancer, the treatments needed, and the length of your stay at the hospital. It will cost in the neighborhood of \$35,000 or more.

But if you have medical insurance, most of the cost is covered. Unlike other Mexican clinics and hospitals, Excel can run your insurance card *before* your treatment begins, so you'll know in advance how much of the cost is covered! Insurance won't pay for stem cell treatment or for laetrile, but it covers most of the costs, leaving the patient with only about \$8,000 to \$10,000 to pay.

Financing is also available for your medical treatment if you need a loan. Excel is in touch with a network of lenders who can make secured or unsecured loans. Also, see the chapter about "How to Get Financing and Insurance Reimbursement for Your Cancer Treatment in Mexico."

Excel is indeed like a new five-star spa hotel with luxurious rooms, attentive service, and a state-of-the-art integrative, holistic cancer treatment program. If you become a patient at Excel, you'll get door-to-door service whether you arrive in San Diego by plane, train, or bus. A driver will pick you up and take you across the border to Excel.

The hospital cannot accept children as cancer patients. To become a patient at Excel, call or e-mail the hospital using the contact information below.



## **Contact Information**

### **Excel Hospital: Bioscience Research Institute**

Ave. Paseo de los Heroes No. 2507

Zona Rio. Tijuana B.C. 22329 Mexico

Toll free: 800-211-0690

After business hours and on weekends:

888-299-1190

Fax: 619-421-6805

e-mail: [info@BioscienceResearchInstitute.com](mailto:info@BioscienceResearchInstitute.com)

website: [www.BioscienceResearchInstitute.com](http://www.BioscienceResearchInstitute.com)

# Chapter Nine

## But Is it Safe to Go to Mexico for Cancer Treatment?

**I**n frustration over the media's relentless drumbeat about crime and street violence in Tijuana, the Mexican secretary of tourism remarked, "Tijuana has 20 homicides per 100,000. Brazil has 150 homicides, and *they* get the Olympics!"

Believe it or not, Tijuana is probably a safer place for you to go as a tourist than San Diego. And it's certainly a lot safer than East Los Angeles!

Of course, if you go to Los Angeles as a tourist, it's unlikely you'd go to East Los Angeles – the area known for drugs, gangs, prostitution, and violence.

By the same token, when you go to Tijuana – whether as a tourist or as a cancer patient – it's unlikely you'd go anywhere near the outskirts of town known for drugs and violence.

I go to Tijuana at the drop of a hat because I love Tijuana. I've been there well over 100 times. Based on this travel experience in Tijuana, I can say that the Tijuana I know and love is a peaceful, colorful, friendly place by the ocean.

Tijuana is safer than any major city in the United States. Violence in Tijuana is rare and is restricted to a small group of criminals on the outskirts of town, well outside the areas where tourists go. The criminals aren't going after Americans or patients. If they had the nerve to kidnap an American, all hell would break loose. These are gang wars like gang wars in American

cities like L.A., Chicago, and New Orleans.

Tijuana is a safe place to live, a safe place to visit, and a safe place for medical treatment. The U.S. State Department has issued a warning to tourists to avoid unnecessary travel in two Mexican states: Chihuahua and Michoacan. Neither of these areas is anywhere near Tijuana.

Incidentally, the city of Juarez in the state of Chihuahua has the highest reported murder rate in the world, behind second-place Caracas and third-place New Orleans. Tourists don't think twice about going to New Orleans. But many hesitate to go to Tijuana because of all the media hype and propaganda about violence. And that's mostly what it is: hype and propaganda.

In addition to the headlines about violence in Tijuana, you may be concerned about the swine flu or H1N1 flu, as it's commonly known. The worst outbreaks of the flu were in three states – Jalisco, Chiapas, and the northwest part of Yucatan – plus Mexico City. None of these areas is anywhere near Tijuana.

If you have lingering concerns about the safety of travel in Mexico, one thing to keep in mind is that Mexico is a huge country. It's about the size of France, Italy, Spain, and Germany put together. If there's trouble in one part of the country, that's no reason to avoid another part.

Using the United States as an example, if you read about a shootout in the drug war in New Orleans, would that be a reason to avoid visiting Seattle?

Here's what I tell people about violence in Mexico. If I were a young Mexican girl, I wouldn't want to live in Juarez. But here in Tijuana we see all these young school girls wandering around, going to and from school with no supervision and with no problem whatsoever. After school, the girls wait for their soccer moms to pick them up. No one is stressed out over any potential violence. Tijuana is a normal city.

Cancer patients in Tijuana aren't worried about gunfire because they never hear any. Nor are they worried about gangs or drugs because the cancer clinics are in a good part of town.

The drug-related violence in Tijuana is a drug war between rival gangs. Civilians and tourists aren't targets of this war, which takes place in the sleazy part of town that also has prostitution. Tourists aren't going to go to this part of town unless they're looking for trouble.

Furthermore, the Mexican government handles violence differently from the way the American government handles it. American law enforcement officials often use SWAT teams and battering rams – with full TV coverage – to converge on a lowlife with a dramatic show of force.

But in Tijuana, the Mexican Army gathers intelligence. And when it gets information about a problem or a potential problem or someone who needs to be dealt with, the Army goes in and deals with the problem quietly and discreetly, with no fanfare or cameras. In other words, the Army just does what it has to do, and the problem is taken care of. There's no media focus on the steps that the Tijuana government has taken to improve life for everyone in the Tijuana area.

We asked the Tijuana cancer clinic doctors and employees for their "take" on the problem of violence. Here's what they said:

Sanoviv's marketing director told us, "We've

been getting murdered by the media. Reporters who haven't been here have been exaggerating the violence. Last year the crime rate in New Orleans, Louisiana, was much higher than Tijuana or Rosarito."

Sanoviv's operations manager Tris Conley, an American who lives in Tijuana, said, "I don't think there's any problem down here because I travel back and forth to Orange County every weekend. My girlfriend drives down, brings her two boys with her. We go out and eat tacos all over the place, so violence is not a problem.

"We hit the little local funky taco shops. We'll go off the beaten path, and it's really like going back 30 years. The Mexican people are so caring and so family oriented. People live together for generations. It's primarily Catholic. Like I say, the girls are still wearing bobby socks and skirts, and the guys are wearing a vest and a tie when they go to school."

Dr. David Brockman, M.D., from Oasis of Hope Hospital, told us, "We never hide anything from the patients. I live here in Tijuana. I watch CNN, and the media are trashing Tijuana! It's frustrating. We've had a slowdown because of that. Prospective patients are curious about security, and they have safety concerns. We have security at the hospital 24-7. We've never had any security or safety problem with any of our patients."

Dr. Brockman said that patients never have occasion to go to the sleazy part of town where drugs, violence, and prostitution are a problem. He said, "If you're looking for trouble, trouble will find you. The police are keen on nothing happening to Americans because of tourism. We have close communication with police. Security isn't an issue."

Jennifer Miele, the young American woman who moved from America to Tijuana to serve as the patient liaison at San Diego Clinic, told

us, “I’ve lived here for a year. I go to the United States three or four times a week, sometimes daily. Being down here and crossing that border daily, I’m aware that there’s a drug war in Tijuana. There is violence – just like in Los Angeles, East L.A. Even in Palm Springs, some sections have gangs. A lot of the violence is media hype.

“Even the people who live here don’t go to the bad parts of town. Tourists don’t go to the rough areas. Our clinic is just 500 yards from the border crossing. This whole area is very safe. As a female I wouldn’t walk in this area at 2:00 a.m. by myself with a purse. But neither would I do it in San Diego at 2:00 a.m.

“Here if you’re on the street and you need help, people help you. People are kind. I don’t see problems of violence. I really don’t. Again, don’t go to the bad parts of town. The clinics are in safe areas. If I watched the news, if I didn’t live down here, and if I didn’t know how safe it is, I wouldn’t come down here either. A lot of it is media hype.”

Dr. Gilberto Alvarez, M.D., the founder of Stella Maris Clinic, told us, “There’s violence between mafia groups that are fighting each other. There have been a lot of killings. But they haven’t touched one single patient. They haven’t touched civilians. They are just killing each other.

“It’s the same thing that happened in Miami in the 1970s. But there’s a lot of media attention on what’s going on here. And they didn’t give the same media attention to the drug wars that were raging in south Florida. I have people coming from all parts of the world, and they always ask me the same question about violence. When I explain the situation to them, they come. Thousands of people usually come for spring break, but because of the media hype about violence, only about 10 percent came this year.”

Dr. Javier Vasquez, M.D., of International BioCare Hospital, says, “There is some violence in Tijuana, but it’s not here in our neighborhood.

It’s in the outskirts of the city. Here is a very safe place. You can see the patients are having no problem at all. We’re in a good neighborhood. Violence is not a problem here.”

In short, you can go to Tijuana for cancer treatment or as a tourist without hesitation. You’ll have no reason to go to the outskirts of the city. Use the same common sense you’d use as a tourist in any major American city.

# Chapter Ten

## How to Get Financing and Insurance Reimbursement for Your Cancer Treatment in Mexico

**T**he cost of cancer treatment in Mexico might run between \$15,000 and \$35,000 or more, depending on where you go, how long you stay at the clinic or hospital, and what treatments you get. Certainly the cost is a bargain, compared to the six-figure price tag at American clinics and hospitals – typically \$350,000 to \$1,000,000!

Furthermore, Mexican cancer clinics can also boast an impressive record of success. When American cancer doctors give up on their cancer patients, Mexico's top doctors stand ready to use milder, more effective methods to cure the cancer. And they often succeed – even in “hopeless” and “terminal” cases.

Still, it can be tough to scrape together an extra \$15,000 to \$35,000, which is the price range of a new or used mini-van.

At this writing, one Tijuana hospital has established relationships with American health insurance companies and can process your insurance coverage *before* your treatment starts. That way, you don't have to come up with all the money up front. See Chapter Eight about Excel Hospital.

The other Tijuana hospitals and clinics require payment in advance. Many cancer patients have obtained partial reimbursement from their health insurance after their treatment, but reimbursement can't be guaranteed.

If you're short of money, one option to consider is financing. A company called Med Loan Finance, based in Kansas, has helped many patients get financing for medical treatment outside the United States. To get an application, you can call their toll-free number or log onto their website. You'll find their contact information below.

The best outcome financially, of course, is to get insurance reimbursement for your cancer treatment in Mexico. It bears repeating that there's no guarantee that you'll get reimbursed. But if you have health insurance, there's a good chance that you can get some or most of your expenses reimbursed.

A spokesman for one of Mexico's top cancer hospitals, Sanoviv, told us that 70 percent of their patients are being reimbursed and that they get 70 to 80 percent of their costs back. He said that Blue Cross/Blue Shield reimburses about 80 percent. That's certainly encouraging.

Of course, if 70 percent of American cancer patients in Mexican hospitals and clinics get reimbursed, the flip side of the coin is that 30 percent don't get any reimbursement. That's why it's best not to count on being reimbursed. But it's certainly worth applying for reimbursement!

There are two Texas-based companies that can negotiate with your insurance company to get you reimbursement. One is Global Billing Service, based in Houston, Texas. The other is



American Medical Health Alliance, based in Spring, Texas. These companies take a percentage of the reimbursement as compensation for their services, and that gives them a strong incentive to get you as much reimbursement as possible. The more you get, the more they make. It's a win/win deal. Your Mexican clinic or hospital can recommend which service to use.

### **Contact information**

#### **Med Loan Finance** (for financing)

10515 W 148th Terrace  
Overland Park, KS 66221

Phone: 800-504-4053

Fax: 800-555-8122

e-mail: [info@MedLoanFinance.com](mailto:info@MedLoanFinance.com)

website: [www.MedLoanFinance.com](http://www.MedLoanFinance.com)

#### **Global Billing Service**

(for insurance reimbursement)

3375 West Park, Suite 452  
Houston, TX 77005

Phone: 832-615-3531

Fax: 832-778-7090

e-mail: [GlobalBillingService@mac.com](mailto:GlobalBillingService@mac.com)

website: [www.GlobalBillingService.com](http://www.GlobalBillingService.com)

#### **American Medical Health Alliance**

(for insurance reimbursement)

1646 Spring Cypress, Suites 110-155  
Spring, TX 77388

Phone: 800-785-8765

Fax: 281-453-1945

e-mail: [info@amhabilling.com](mailto:info@amhabilling.com)

website: [www.amhabilling.com](http://www.amhabilling.com)

# Chapter Eleven

## Other Outstanding Mexican Clinics That Offer Alternative Cancer Treatments

### **American Biologics**

Hospital Ingles/Bradford Research  
Tijuana, Baja California  
Mexico

Phone: 800-227-4473 (Toll Free – USA)  
Phone: 619-947-3027 (USA – In San Diego)

website: [www.ingles-hospital.com](http://www.ingles-hospital.com)

### **Bio Medical Center — Hoxsey Therapy**

615 General Ferreira, Colonia Juarez  
Tijuana, B.C. Mexico 22150

Mailing Address:

P.O. Box 433654  
San Isidro, CA 92143-3654

Phone: 011-52-664-684-9011  
Fax: 011-52-664-684-9744

website: [www.cancure.org/hoxsey\\_clinic.htm](http://www.cancure.org/hoxsey_clinic.htm)

### **Isai Castillo, M.D.**

I.M.A.Q.  
Calle Jose Gorostiza 1129-1  
Zona Rio  
Tijuana, Baja California  
Mexico 22320

Phone: 011-52-664-683-5700

e-mail: [eldoc@drcastillo.com](mailto:eldoc@drcastillo.com)

website: <http://drcastillo.com/>

### **Europa Institute of Integrated Medicine**

Dr. Jeff Freeman and Dr. Sonia Rodriguez  
Paseo de Tijuana, Terra Bldg. #302  
International Borderzone  
Tijuana, Baja California  
Mexico

Phone: 909-338-3533

e-mail: [dbormann@arrowheadhealthworks.com](mailto:dbormann@arrowheadhealthworks.com)

website: [www.arrowheadhealthworks.com/EUROPA.htm](http://www.arrowheadhealthworks.com/EUROPA.htm)

### **Donato Perez Garcia, M.D.**

Paseo de los Heroes #10999  
Eighth Floor, Office 807  
(Medical Office Building, Hospital Angeles  
Tijuana)  
Tijuana, Baja California 22010, Mexico

Phone: 011-52-664-635-1846

e-mail: [drdonato3@yahoo.com.mx](mailto:drdonato3@yahoo.com.mx)

website: [www.donatoperezgarcia.com](http://www.donatoperezgarcia.com)

### **The Gerson Institute**

Gerson Therapy Hospital  
Tijuana, Baja California  
Mexico

Phone: 800-838-2256 (U.S. and Canada)

Phone: 888-443-7766 (U.S. only)

Phone: 619-685-5353 (San Diego, CA)

e-mail: [info@gerson.org](mailto:info@gerson.org)

website: [www.gerson.org](http://www.gerson.org)

**Issels Treatment Center**

Paseo Playas de Tijuana #19  
Playas de Tijuana  
Secc. Monumental  
Tijuana, Baja California  
Mexico CP 22200

Phone: 888-447-7357 (from USA or Canada)

Phone: 001-888-447-7357 (from abroad)

website: [www.issels.com](http://www.issels.com)

**Mission Medical Center Clinic**

Avenida Paseo Playas  
Playas, Baja California  
Mexico

Phone: 619-662-1578

website: [www.missionmedicalcenter.com](http://www.missionmedicalcenter.com)

**Hope 4 Cancer**

Tony Jimenez, M.D.  
Playas de Tijuana  
Baja California, Mexico  
U.S. mailing address:  
482 W San Ysidro Blvd. #1589  
San Ysidro, CA 92173

Phone: 888-544-5993

Fax: 941-921-3536

website: [www.hope4cancer.com](http://www.hope4cancer.com)

**Hughes Bellevue, M.D.**

Hospital Saint-Marc  
Playas de Tijuana, Mexico  
(U.S. Contact)  
416 W. San Ysidro Blvd., #L276  
San Ysidro, CA 92173

Phone: 516-216-4204

website: [www.advancedcancertherapy.com](http://www.advancedcancertherapy.com)

**Alpha Medical Clinic**

Humberto Barboza, M.D.  
Dr. Donsbach's Therapies

(U.S. Contact)

1229 — 3rd Avenue Suite D  
Chula Vista, CA 91911

Phone: 619-427-3008

Toll free: 800-359-6547

e-mail: [alphamedicalcenter@gmail.com](mailto:alphamedicalcenter@gmail.com)

website: [www.alphamedicalclinic.com](http://www.alphamedicalclinic.com)

**Salvador Vargas, M.D.**

Tijuana, Mexico

(U.S. Contact)

30144 Corte San Luis  
Temecula, CA 92591

Phone: 888-396-3130

**Frank Morales, M.D.**

Rio Valley Medical Center  
Nuevo Progreso, Tamaulipas  
Mexico

(U.S. Contact)

Phone: 956-592-5586

# Chapter Twelve

## The Truth about Laetrile: What it Is, How it Works, Where to Get it, How to Take it

**L**aetrile therapy is a staple at many of the Mexican cancer clinics. Laetrile, sometimes called amygdalin, is a substance consisting of two molecules of sugar, one molecule of benzaldehyde, and one molecule of cyanide. Whenever you mention cyanide, people freak out and say, “Poison!” Hold on. Let me explain how laetrile works.

Amygdalin is a naturally occurring substance in over 1,200 fruits, seeds, nuts, and berries. People consume it all the time with no ill effects. In fact, it’s difficult to avoid eating amygdalin unless you cut out fruits, seeds, nuts, and berries from your diet.

Some of the foods rich in amygdalin are macadamia nuts, millet, elderberries, and buckwheat. If you eat foods like these, yes, you are eating cyanide. But these foods are healthy.

International House of Pancakes (IHOP) serves lots of buckwheat pancakes, but I’ve never seen a warning notice about cyanide on an IHOP menu. Bitter almonds are a wonderfully rich source of amygdalin. But in the U.S. it’s against the law to sell or cultivate the bitter almond tree. Of course, you can obtain processed laetrile if you go to Mexico. Otherwise there’s a convenient alternative to bitter almonds that you can get at any grocery store in America: apricot seeds. It’s worth noting that nobody has ever died from eating bitter almonds or apricot seeds.

Does that mean you should eat as many

apricot seeds as possible? No. If you eat a mound of apricot seeds you’ll become nauseated and vomit them all out. At some point your body will tell you, “Enough! Stop! That’s too much!”

What does laetrile do? When it’s injected intravenously or ingested orally, it circulates throughout the body. Near cancer sites you’ll find greater concentrations of an enzyme called betaglucosadase, which rips the amygdalin apart, releasing the cyanide. By contrast, the body’s healthy cells have an enzyme called rhodinase that converts cyanide into thyocyanate, which is then excreted in the urine. This conversion process also reduces blood pressure, so those who suffer from hypertension could benefit from eating foods rich in amygdalin.

Thus, the cyanide in laetrile kills cancer cells without poisoning the body’s healthy cells.

### **Kills pain, too!**

But that’s not all. A moment ago I told you that amygdalin also contains a molecule of benzaldehyde. This substance is even stronger at killing cancer cells than the cyanide. And it also has pain-killing properties. That’s one reason why so many cancer patients at Mexican clinics are able to go off their medications for pain control.

Doctors can inject enormous quantities of laetrile into the body intravenously with no ill effects. The Israelis have given over 100 grams per day intravenously. The standard dosage in Mexico

is usually six to nine grams per day intravenously.

It shouldn't be necessary to mention this, but you should NEVER drink a bag of laetrile intended for intravenous use. A woman once took it into her head to do just that. No one could figure out why she did it. No doctor ever suggested it. She died.

In tablet form, thousands safely take laetrile orally.

There's a quick and easy way to get laetrile if you don't have a source for the tablets or don't want to spend the money for the tablets: apricot seeds. You'll need to buy whole apricots since no grocery store in America sells the apricot seeds apart from the fruit. You just have to crack open the pit to get at the seed.

Lots of people eat the apricot and then crack open the pit and eat the seed. Apricots are highly nutritious. The seeds are bitter. They taste like almond extract. But some people like the taste.



# Chapter Thirteen

## Good Places to Stay During Your Treatment South of the Border

If you or a loved one seek treatment in one of Mexico's cancer clinics, there are two basic options: in-patient treatment and outpatient treatment. Obviously, if you're being treated as an in-patient, you'll be staying in a Mexican hospital. But if you're treated as an outpatient in Tijuana, you could stay at a motel or hotel on either side of the border. Let me explain the options.

But first you need to know this IMPORTANT requirement: If you decide to drive across the border into Tijuana, be sure to stop at one of the convenient insurance booths on the U.S. side and buy auto insurance for Mexico. This is necessary because Mexico doesn't recognize your regular auto insurance. If you get in a car accident in Mexico, you need to have insurance recognized in Mexico or else post a \$35,000 cash bond. It's a lot simpler just to buy the extra insurance, which doesn't cost much.

I recommend an insurance booth in San Ysidro at the intersection of Via de San Ysidro and I-5. Look for the sign that says: "Always Open, Instant Mexico Auto Insurance, the Big #1." I like this place because it's a drive-through, and it's open 24 hours a day. I've been buying insurance from this place for over 30 years.

### **U.S. hotels with free van service to the clinics**

Some of the hotels and motels on the U.S. side offer shuttle service to the Mexican clinics. So it makes no sense to drive back and forth every day,

especially if you don't know where you're going or how to get around in Tijuana. You might as well let someone else fight the traffic.

You have several options for motels on the American side that offer shuttle service.

An excellent choice is the Best Western Americana Inn in San Ysidro, California, right next to the border with Tijuana. It offers FREE van service to all Tijuana clinics, grocery stores, and health food stores. It also offers senior, weekly, AAA, and AARP rates. The phone number for the front desk of the Americana Inn is 619-428-5521. If you prefer to call a toll free number to make your reservation, call 1-800-780-7234.

Another fine choice is the International Motor Inn in San Ysidro. This was the first motel to shuttle patients back and forth. It's a big, full-service motel with a pool and laundry room. It even has an RV park if you prefer staying in your RV. Call 619-428-4486 to reach the front desk, or call toll free 866-688-5061 to make a reservation. Be sure to mention the reason for your visit, and ask for the medical rate.

The Valli-Hi is a popular San Ysidro motel with kitchenettes. You can call the front desk at 619-428-2204. Before you make a reservation at this hotel or any of the others on the U.S. side of the border, make sure they still offer shuttle service to the Mexican clinics.

Of course, you could stay in a hotel or motel

on the Mexican side during your outpatient treatment. There are hotels and motels to suit every taste and budget. If you plan to stay on the Mexican side for your outpatient treatment, your best bet is to choose the clinic first, and then ask the clinic for advice about where to stay. The clinics have made arrangements with certain hotels to get special rates for their patients.

At this writing, cancer patients can stay at the *five-star* Camino Real Hotel for \$65 a night. The Lucerna Hotel, another five-star establishment, also offers a deeply discounted rate for cancer patients. The Dali Suites, which is located not far from the ocean, charges \$1,200 a month – about \$40 a day.

# Chapter Fourteen

## A Quick Way to Learn More about the Mexican Cancer Clinics

**F**or cancer treatment, Mexico offers a wide variety of clinics, hospitals, and treatment options. It can be time-consuming to gather all the information you need, and it can be hard to choose a clinic even when you have all the information. Each patient is different. Each case of cancer is different. One size doesn't fit all.

You could check out websites and send e-mails to the various hospitals, clinics, and doctors. You could call the clinics and gather the information by phone. But many people don't have the time or patience to call a dozen or more clinics or to wait for e-mail responses.

Since I know the doctors, the clinics, the hospitals, and the various treatment options, some people seek me out as a "short-cut" to gathering all the information on their own.

I'd be glad to help you learn about the clinics in more depth. If you'd like my help, please contact me at the phone number or e-mail address below. I'd be glad to hear from you. And since you purchased this Special Report, we'll give you a \$25.00 discount off my services (regularly \$150.00 per hour). To get the discount, just mention that you bought the Special Report.

You can reach me through my wife, Chayo, who schedules my consultations. Chayo is super friendly. She really likes people, and I know you'll enjoy talking with her. Here is our contact information:

Phone: 209-529-4697

e-mail: [frankcousineau@sbcglobal.net](mailto:frankcousineau@sbcglobal.net)

Please don't hesitate to leave a voicemail message if Chayo is away from her desk or on the phone. If you prefer you can contact me directly by e-mail:

[frankcousineau@sbcglobal.net](mailto:frankcousineau@sbcglobal.net)