User Guide



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Congratulations on purchasing your new AliXXor frequency generator.

This unit is carefully constructed to give you a long lasting unit that delivers accurate frequencies in a safe range for you to experiment with.

There is a lot of excitement about working with frequencies to help with many health conditions. The technology is not new and has demonstrated some excellent results since its inception in the early 1900s.

The use of frequencies for healing is still very much in the experimental category and as such the user is encouraged to experiment with the various sequences and make their own sequences to suit their needs.

AliXXor's many features allow variable times for frequencies to run, the ability to pulse frequencies, the ability to hold on a particular frequency, to explore around a particular frequency for a more suitable setting. Don't be afraid to use these features when using this frequency unit.

Do read this manual through before using your AliXXor paying particular attention to the PRECAUTIONS on page 7.

Happy Zapping!!!

Warning and Disclaimer

The use of the Alixxor and it's ancillaries are intended as a guide to further research and should be viewed as experimental only. The frequencies have not been established through clinical research or double blind studies as being effective in the treatment of any condition or disease. Neither Health Recovery Systems nor its representatives make any medical claims regarding the suitability of the Alixxor, the frequencies or possible side effects. Rife Technology does not have FDA or any other approvals of any description.

The user of this information and the Alixxor assumes all responsibility and liability for the outcome of treatments using the Alixxor, the frequencies and this information.

The Alixxor and the frequencies should not be used if you have a pacemaker, are pregnant or are breastfeeding.

Use of the Alixxor and the frequencies can cause adverse side effects, including life threatening effects for individuals who may have certain serious conditions. If in doubt, please consult your medical practitioner before using the Alixxor.

We recommend that you use the Alixxor for a few minutes only for the first day to see how you respond. The Wellness Sequence in the primary list is a good tester. We also recommend drinking large amounts of water to reduce the symptoms of the detoxification you will experience from using the Alixxor.

The information and products in this manual should not be used as a substitute for professional medical advice, diagnosis or treatment. The information provided should not be regarded as advice from Health Recovery Systems or its representatives that the Alixxor and/or the frequencies will give relief or protection from particular conditions or benefit any person. If you are sick or have any question please consult your medical practitioner.

The Alixxor must be maintained to a high standard and it is the owners' responsibility to make sure this happens.

Health Recovery Systems and its representatives shall have no liability whatsoever to any person, whether in connection with the Alixxor, the information in this manual, or otherwise.

Precautions



CAUTION: READ THIS PAGE CAREFULLY BEFORE USING THE ALIXXOR UNIT

- Do not use the AliXXor Unit if you have been fitted with a PACEMAKER or have a HEART CONDITION.
- Do not use the AliXXor Unit if you have had an ORGAN TRANSPLANT.
- Do not use the AliXXor Unit if you are PREGNANT or BREASTFEEDING.
- Do not use the AliXXor Unit if you have EPILEPSY.
- Do not use the AliXXor Unit if you have had a STROKE.
- Do not use the AliXXor Unit if you or your Health Professional have reason to believe that your system is too weak to handle the toxic waste material that will inevitably result from the fre quency sessions.
- Use on the head and neck has been well documented. However, since these are sensitive areas we do not endorse the use of AliXXor on the head or neck particularly at high intensity.
- Keep out of the reach of children, this is not a toy.
- Do not expose this unit to rain or moisture.
- Use only the AC power supply supplied with this unit.
- Always turn the unit off when not in use.
- As with all equipment, use only as directed in this manual.

List of Parts

Your Alixxor comes with:

- 1 Alixxor frequency generator
- 2 Hand cylinders
- 2 Foot plates
- 1 Power pack
- 1 Electrode cable
- 2 Socks for the foot plates

The Alixxor Water unit comes with:

- 1 Water treatment unit
- 1 Cable

The Alixxor Silver unit comes with:

- 1 Jar
- 1 Electrode holder lid
- 2 Electrodes
- 1 Cable

The Alixxor Beck comes with:

- 1 Wrist Band
- 1 Cable
- 2 Electrodes
- Electrode socks
- 1 Eye dropper

List of Parts

Cables

The cables have different conection ends and as such can only plug into the correct socket on the back of the Alixxor. Note the cable for the hand and foot electrodes is the same as the cable for the Water char-



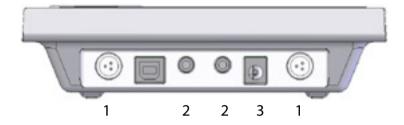
ger and as a consequence can be plugged into either of the outside sockets.

Power Supply

The power supply that comes with Alixxor is the correct voltage for your country. It comes with a range of pin selections. Simply attach the pin style you wish to use. Do not try to bend pins to make fit. Keep the other styles for when you travel to other areas that may not use the same plugs as you use.

Ready for Use

Plug in the electrode cable to either the left or right socket (1) on the back of Alixxor. Note the small black release button on the bottom of the socket is at the bottom when plugged in.



Plug the cable ends into the hand cylinders or the foot plates.

Plug in the power supply to the socket (3) on the back of the unit.

Your Alixxor is now ready to use.

To turn on, hold down the Control Selector for a few seconds, Alixxor will switch on.

The first screen to come up is the precautions screen, you need to press the "accept" button to complete the starting of Alixxor.

Turn Off

To turn off your AliXXor either select Power Down from the Main Menu or hold down the Control Selector for a couple of seconds.

Plug the Colloidal Silver maker into socket (2)



Important: Please note the Precautions on page 7.

Detox - Detox - Detox

Experienced frequency users suggest the following protocol for maximum results.

ALWAYS DETOX FIRST before you do any other protocol.

- 1. Use foot plates on balls of feet in the a.m.
- 2. Use hand cylinders in the p.m.
- 3. Run Detox twice daily: once in the am and once in the pm for three straight days (6 times total), then skip two complete days.

Now start on your own protocol for your conditions / diseases.

Experimenters have found the above to be most beneficial prior to going into their personal protocol for any disease.

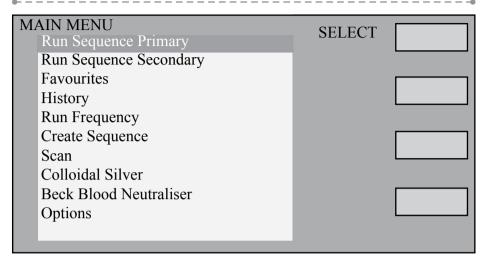
You do not have to repeat the Detox protocol at any other time unless you miss 8 days total of your selected protocol (i.e. you go on vacation for two weeks (14 days) without taking your unit with you).

If so do the Detox protocol on return. Then go back to your protocol for your problem.



!\ Important: Please note the Precautions on page 7.

Main Menu



Use the CONTROLLER to scroll to the menu item you wish to use.

Press SELECT to select that option.

Select Primary Sequence

SELECT PRIMARY SEQUENCE Abdominal Pain	SELECT	
Abdominal Pain 2 Abdominal Pain, Bacterial	INFO	
Abdominal Pain, Detox Abdominal Pain, Parasites	INFO	ш
Abscesses Acidosis		
Acne Actinomycosis	MENU	
Adenoids, Bacterial Presence	WILLING	

Scroll down to the setting you wish to use and press SELECT.

Alternatively press the CONTROLLER and this will bring up an A-Z index.

Scroll to the start letter you wish to use, eg. W. This will start the on screen menu at W. Now scroll down to the setting you wish to use.

INFO

Displays any info associated with that selection.

Note some settings will display a WARNING prior to being able to run this sequence.

MENU

Takes you back to the MAIN MENU.

Select

AB	DOMINAL PAIN		RUN	
	Frequency	3.00 Hz	ADD FAV	
	Time to Run	0.03.00 hh:mm:ss		
	Total Time to Run	0.18.00 hh:mm:ss	MENU	

Once a selection has been made this screen will show.

Adjusting the CONTROLLER will vary the total time for the sequence. The individual frequency times will vary in proportion to their original programmed time.

eg. If the Total Time to Run is doubled, then a 3 minute frequency will go for 6 minutes and a 5 minute frequency will go for 10 minutes.(most frequencies are set for 3 minutes).

RUN

Starts the sequence. The Time to Run will count down on that frequency and the Total Time to Run will also count down.

ADD FAV

If you wish to add this to your favourites list, simply press ADD FAV and it will now show up in your ADD FAV list on the MAIN MENU.

MENU

Takes you back to the previous screen.

Run

AB	DOMINAL PAIN		PAUSE	
	Progress	ı		
	Frequency	3.00 Hz	NEXT	
	Time to Run	0.02.36 hh:mm:ss	DWELL	
	Total Time to Run	0.16.36 hh:mm:ss		
	Intensity		MENU	

Once RUN has been selected this screen will show.

PAUSE

Pauses the sequence and the PAUSE button will change to RUN. When ready to resume press RUN and the sequence will start from where it was paused. When paused the DWELL changes to PREV. Selecting PREV will go back to the start of the previous frequency.

NEXT

This selection will jump to the next frequency in the sequence.

DWELL

This selection will hold the current frequency until you deselect DWELL. DWELL highlights to show you it is in DWELL mode.

MENU

Takes you back to the MAIN MENU.

CONTROLLER

Use this to vary the intensity.

Run Frequency

RU	IN FREQUEN	CY	RUN	
	Frequency	0000.00 Hz	WOBBLE	
	Duration	0.03.00 hh:mm:ss	BACK	
	Type	Steady		
	Intensity		MENU	

This menu selection allows you to run a particular frequency for a period of time. Rotate the CONTROLLER to select the numerals. Press the CONTROLLER to move to the next selection point.

You can adjust the frequency, duration and select STEADY or PULSE.

BACK

Allows you to go back to make corrections.

WOBBLE

This varies the frequency selcted by 6 hz either side of the selected frequency. WOBBLE highlights when selected.

MENU

Takes you back to the MAIN MENU.

CONTROLLER

When running the CONTROLLER adjusts the intensity.

Create Sequence

SAVE	
BACK	
MENU	

This menu selection allows you to customise your own sequence of frequencies. When first selected the display prompts you for a name, this will allow you to find the sequence in the secondary list once it has been saved.

Rotate the CONTROLLER to select the numerals, press the CONTROLLER to move to the next selection point.

You can adjust the frequency, duration and select STEADY or PULSE. Once you have selected you first frequency for your new sequence, adjusted the duration and set as STEADY or PULSED, press NEXT. The display at the top will now show Frequency 2 of 25. you can now select the second frequency as you did with the first. You can select a maximum of 25 frequencies in a sequence.

SAVE

Once you have completed your sequence selections press SAVE. Your sequence will now be saved in the SECONDARY list as well as the HISTORY list in the MAIN MENU under the name you selected.

BACK

Allows you to make corrections by moving the cursor back.

Search

SEARCH	SEARCH	
Enter Search String	PRIMARY	
	BACK	
	MENU	

Use this menu selction to short cut to a known sequence or to search the extensive sequence list for a particulars set of letters.

eg. Selecting COX in the SECONDARY list brings up 6 sequences starting with COX. Note the string may appear in the middle of a word also.

Rotate the CONTROLLER to select the letters, press the CONTROLLER to move to the next selection point.

SEARCH

Press when ready for search.

PRIMARY

Means that the search will occur in the PRIMARY list only. Pressing PRIMARY will change the list to SECONDARY.

BACK

Allows you to go back to make a correctiuon.

MENU

Takes you back to the MAIN MENU

Scan a Frequency Range

SC	AN SETUP		RUN	
	Min Frequency	0000.00 Hz		
	Max Frequency	0000.00 Hz	BACK	
	Time to Run	0.03.00 hh:mm:ss) (E) III	
	Intensity		MENU	

Use this menu item to run frequencies between a range selection. Select the bottom frequency of the range and then select the top frequency of the range. Select the total time for the scan.

Rotate the CONTROLLER to select the numbers, press the CONTROLLER to move to the next selection point.

RUN

Starts the sequence. The Time to Run will count down and the current frequency will show.

DWELL

This appears once the scan is running. Pressing DWELL will hold the frequency at that time. DWELL highlights until deselected.

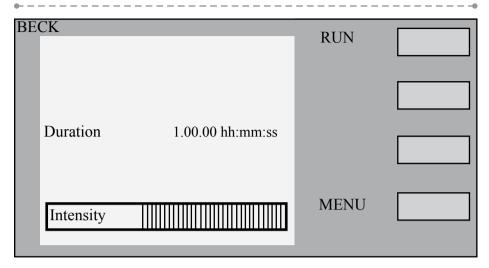
BACK

Allows you to go back to make a correctiuon.

MENU

Takes you back to the MAIN MENU

Beck



Plug the Beck Blood Cleansing cable into socket (1) page 10

Use the CONTROLLER to adjust the time.

RUN

Starts the frequency and the Duration counts down. When RUN is pressed the RUN changes to PAUSE, this allows the frequency to be paused until you are ready to resume.

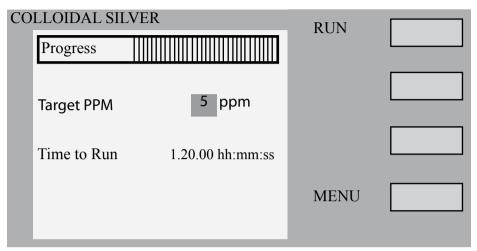
MENU

Takes you back to the MAIN MENU

CONTROLLER

Varies the intensity. You may need to increase this as time goes on.

Colloidal Silver



Plug the Colloidal Silver maker into socket (2) on page 10

Rotate the CONTROLLER to select the desired concentration.

Ensure the Colloidal silver maker is attached to the AliXXor with the correct amount of water in the jar.

Use only distilled water

Press RUN. AliXXor will show READY once the desired concentration has been reached. This can take considerable time depending on the concentration.

Approximate times.

 5ppm
 80 min

 10 ppm
 190 min

 15 ppm
 340 min

Guidelines for using Electrodes

Hand Cylinder

Electrodes are any appliance attached to the body for the conduction of energy or frequency into the body.

CAUTION: Always turn the intensity down (counter clockwise) before picking up the cylinders, foot plates or disks. Gradually increase the intensity to a comfortable level once you begin or resume a program. Use the intensity at a comfortable level, more is not better.

Hand cylinders: be sure to touch all fingertips, including thumb, to allow proper conduction through the hands and arms.

Use electrodes on the hands when these organs are involved:

- Any organ above the diaphragm (lung, brain, teeth, etc.)
- Large and Small Intestine, (EXCEPT STOMACH)
- Immune System, including allergies
- Endocrine System (glands and reproduction)
- Vascular System (blood vessels)

General Rule: Use the hand cylinders for conditions originating above the solar plexus.

NOTE: We cannot endorse use of this unit for heart conditions.

Always use the hand cylinder dry.

Never use them internally.

Hold as depicted to get optimal exposure.



Guideline for using Electrodes

Foot Plates

All toes and balls of the feet should touch the plates to allow proper conduction through the feet and legs. Place the foot plates inside the towelling sleeves and moisten the top side. The moisture enhances conduction. You may use a plastic bag under the moistened sleeves to protect carpet or upholstery. Assume a comfortable position, such that the feet will firmly rest on the foot plates.

Use electrodes on the feet when these organs are involved:

- Stomach
- · Liver and Gall bladder
- Pancreas and spleen
- Kidneys and Urinary bladder
- Tendons, Joints, Skin, Scars, Fibroids, Connective tissue in general.

General Rule: Use the foot plates for conditions originating below the solar plexus.



Applying Electrodes Directly Over the Afflicted Area

Generally, the easiest way to deliver frequencies to an afflicted organ is to hold the cylinders in the hands, or rest the feet on the metal plates.

The energy pathways (meridians) in the hands and feet distribute frequencies all over the body. But sometimes, these energy path ways are blocked by tiny scars or toxins. Then they are unable to carry frequencies to the target area.

NOTE: When possible placing the electrodes as close as possible to the affected area is preferable. Hand cylinders, foot plates or discs may be used, depending on the area involved.

Direct Application of Electrodes

The the best method of delivery to a targeted area, is direct application of electrodes directly over and behind an afflicted organ.

This eliminates the risk of a blocked meridian failing to carry frequencies to that organ.



Be sure the afflicted area lies exactly on an imaginary straight line drawn between the two electrodes. Even slight deviations in placing the electrodes can mean the difference between success and failure.



Loosely applied electrodes may sting, if there are slight gaps between skin and electrode, or if the subject shifts position. Therefore, secure the foot plates flat and firm against the skin using foam belts. Or you may prefer to lie in a prone position on top of one foot plate, with the other foot plate on top of you.

You may also use rubber gloves to hold the cylinders on a particular position to

ensure the frequencies go through the desired area and not through the hands.

CAUTION: when using metal plates, always use the moistened toweling cloth sleeves.

AVOID: placing electrodes on areas of irritated or broken skin. Ideally use the AliXXor stick on electrodes.

Correct Placement of Electrodes

If There is no Tingling Sensation

A tingling sensation simply indicates that the body is sensitive enough to feel the frequencies. You may be unable to feel tingling when applying frequencies to the feet and larger areas of the body.

Remember, your feet have most likely been highly abused over the years and as a result become very insensitive to external stimuli.

The thick calloused sole of the foot can block the frequencies. Also, the extra distance and tissue volume from one leg to the other dissipates more energy than in the upper torso.

Blocked Energy Pathways

Transmitted frequencies are carried to all parts of the body more or less evenly. But electrodes use energy pathways and acupuncture meridians to distribute frequencies to the target organ.

Scars as tiny as 3 millimeters across can block meridians from carrying frequencies from the electrodes to the target area.

Accessories.

See the website for stick on electodes and velcro belts to hold plates in position.

Correct Placement of Electrodes

To Clear Blocked Meridians

Application of the correct frequency pattern across the blocked section of a meridian has been used to correct blockages. The only way to bypass meridians blocked above the feet is to directly apply metal plates to the afflicted organ.

Special Applications

To target specific skin and muscle conditions, such as a back injury, place the electrodes "side by side" (about 4-6 inches apart) - one on each side of the affected area of the spine. Do not place directly on the spine.

Cylinders may also be used in direct application to focus on a tight curvature of the body such as in the arm pit.

Tips On Using Electrodes

Always place the plates, cylinders and disks on normal healthy skin. When placing electrodes near the eyes or on the head, remember to reduce the intensity level, to a level that you may not feel the tingling sensation. See Precautions on page 7.

When the plates are placed close together, be certain they are separated, and without moisture between them, so they do not touch and "short out" the current.

Correct Placement of Electrodes

The towelling cloth sleeves should contain only enough water to be thoroughly moist and not dripping wet. Never wet the sleeves with anything greasy or with contaminated water. Salt water enhances the conductivity of frequencies.

You can use one hand cylinder and one foot plate to run the frequencies through the body, but never use both cylinders and foot plates at the same time.

Before using the cylinders for the first time, wipe thoroughly with soap and water to remove residual oil.

Disconnect the cords only when swapping cylinders for plates, or when moving the unit. This will relieve strain on connecting parts.

Pressure Pointing.

This is an excellent way to direct frequencies directly onto an afflicted area as in muscle pains and is also a very useful method for massage therapists.

Have the recipient hold one hand cylinder or use a foot plate, the other person now holds the other cylinder or uses the other footplate and then using THREE finger tips from the other hand touches the recipient over the point of affliction. The person doing the touching will feel the tingling through their finger tips, the more the tingling the closer they are to the correct position. Moving the finger tips around will locate the point needing the frequency most. Once the tingling goes away generally so has the pain.

Using the Intensity Controller

Set the intensity control at a comfortable level, one that you can run for the duration of the entire program. If the intensity is such that it causes discomfort or pain, it becomes ineffective. The frequency will travel through the body whether you feel it or not. The intensity which you will tolerate may change from day to day, as your body adjusts to use of the frequencies.

To Ensure A Smooth Transition From Weak To Strong Frequencies After a frequency completes the run time (the minute countdown reaches "0"), you will hear a short audio melody. This is your cue to turn the intensity ALL THE WAY DOWN. When the next frequency begins, you can increase the intensity (turn control clockwise) to a comfortable level.

REMINDER: Every frequency has a very distinct feeling. Certain frequencies such as frequency 10,000 Hz are very mild. Other frequencies, such as frequency 433, are very powerful. You may not experience a feeling of energy on a mild frequency. Do not forget to turn the intensity down (counter clockwise) prior to each frequency starting. More is not better. A comfortable tingling sensation is all you need.

IMPORTANT PRECAUTION: Avoid excessive energy stimulation to the eyes or head. Individuals with seizure disorders and those who have been fitted with pacemakers and pumps and have heart conditions should not use the AliXXor Unit. They should always consult with their Health Professional before using any kind of frequency instrument. See PRECAUTIONS on pages 7 of this manual.

Animals And Other Subjects

When using the personal application plates on an animal, always restrain the pet so he cannot wander off and be careful to gradually increase the intensity so not to cause discomfort. You may try placing the electrodes on each side of the pet's bedding as in broadcast mode.

Broadcast Mode

Broadcast Mode—Place instrument anywhere in a room preferably center. It will effectively broadcast frequencies up to 36 feet through as many individuals that are within the 36 foot circumference range.

Extend the cables with cylinders attached as far to the right and left of the instrument as possible (See Diagram).



Instructions

Run the suggested sequence for 6 minutes or more per frequency, not the 3 minute default time.

Turn the intensity as high as possible, turn the intensity down before touching cylinders again.

Caution: Keep all appliances in the area off (i.e. TV, VCR, etc) while using the broadcast mode (or at least 8 feet from the unit while turned on).

Individual acute/chronic problems such as cancer, parasites, hepatitis, etc achieve best results by direct body contact.

This method of application is suggested for use with infants, small children and also with pets.

Running Sequences

The sequences contain a varying number of frequencies. Each frequency in the sequence is programmed to run for a specific time. Generally this is for a period of 3 minutes, occasionally you will sees a frequency run for 20 minutes.

For example the detox sequence contains eleven frequencies, each of which will run for three minutes. The Total Time to Run is therefore thirty three minutes. Once you have made your sequence selection you will see the Time to Run for the first frequency and the Total Time to Run for the sequence.

The Time to Run should be varied for the response of the subject. Heavily infected individuals, with persistent afflictions, might be limited to 1 minute per frequency until the toxins are eliminated.

It is important for the user to drink plenty of water to eliminate toxins. Easily detected signs of inadequate drainage are sluggishness, headaches, fatigue, yellowish skin, pain, swelling or return of symptoms.

For individuals that are quite ill, set the Time to Run to one minute per frequency. This time can be gradually increased to 3 minutes over subsequent sessions. Skip a session if the individual becomes sluggish.

Five minutes is about the maximum ever used for most frequencies except in broadcast mode.

Some of the other frequencies do respond better to longer times. For example, the headache frequency and the menstrual cramp frequency, are far more effective if allowed to remain running until the subject indicates all pain has disappeared

Choosing the Correct Sequences

AliXXor has a PRIMARY and a SECONDARY set of sequences for various conditions. The PRIMARY list should always be first choice as these sequences have been identified as having been beneficial on many occasions. The SECONDARY list is made up of many frequencies from a range of sources, these sequences fall much more into the experimental category. If you can't find what you are looking for in the PRIMARY list then go to the SECONDARY list. There is a lot in the secondary list so be prepared to be patient in identifying useful frequencies.

Identify the problem/condition you want to work with first. From the list of sequences, select the condition which best describes your problem. If there is more than one sequence listed for your condition, experiment with each code listed and determine which produces the best results. For example, there are five sequences listed for Arthritis.

You may rotate through each of the five sequences. If you are doing 2 sessions per day, you may use one in the morning and another in the evening on Day 1, another one in the morning and another in the evening on Day 2 and so on. Do this for 5 days then rest for two days and repeat the rotation until you achieve desired results. Alternatively do the same sequence for five days rest two days then try another for five days etc. Compare the effectiveness of the sequences to pick the best sequence for your condition.

Once you find the best sequence you will be able to further isolate which frequencies work best for you. Do the first half of the sequence for a few days and then the second half for a few days and compare the results. It can take time to find the right frequencies.

Do not hesitate to call/communicate with your distributor regarding selection of the best frequency/code for your problem.

How Long Should I Use These Programs

For Chronic Conditions (entrenched, persistent, long term)

If pain or previous symptoms are severe, one session of 1 minute per frequency or one session every other day, three days per week. Skip a session and increase your intake of water if you become sluggish at any time.

If symptoms are moderate, one session daily for five days or two sessions per day, three days per week. Adjust according to your response.

If you become sluggish or notice an increase in symptoms initially, skip a session and increase your intake of water. This sluggish feeling may be a result of toxins being released faster than they are being flushed.

Continue until symptoms are not only gone, but there is no chance of relapse. With most conditions, it is wise to continue periodic use on a regular basis as insurance against recurrence or relapse.

How Long Should I Use These Programs

For Acute Conditions (Those which develop suddenly, recently, and are temporary in nature)

The following schedule is intended only as a suggested guideline. Many variables, including age, vitality and overall condition, will determine the length and course of use.

One to two sessions daily (if drainage is good). Usually symptoms disappear the first or second day. However, even if symptoms disappear within hours, it is important to continue sessions for 4-5 days afterward.

If you feel worse afterward (sluggishness, hangover, increased symptoms) due to release of toxins, skip a day, increase water intake, use a detox program and resume use of frequencies less aggressively.

Water



You are 70% Water by Weight!

Water sustains all forms of life, including human life. More than 70% of our body is water. As you can see from the following figures, every major organ and even our blood is mainly water:

- Brain 74.5%
- Bone 22%
- Kidney 82.7%
- Blood 83%

For the body to function properly, it must be hydrated properly. Water regulates the body's temperature and assists in digestion. It removes toxins from the body and also makes necessary body fluids. As chemical reactions that support life take place in a water medium, one can say the chemistry of life is water chemistry. The quality and properties of the water we drink determine the quality of our health.

Drainage refers to the removal of cellular waste and toxins from the body. One achieves drainage by drinking an adequate amount of water daily. To comfortably consume adequate amounts of water, you may want to drink two glasses of water prior to your meals and two glasses before bedtime. Water is most effective in flushing toxins and waste from the body when drank on an empty stomach.

Water is water!! There are those that propose water must be purified, distilled or treated with Reverse Osmosis to be optimally effective in removing toxins and waste. However, there are users who will not make this extra effort. Therefore, water of what ever nature is better than no water at all. DRAINAGE IS CRITICAL!

Water

Flushing toxins and cellular waste from the body is equally as important as choosing the right frequency or correct placement of electrodes!!

Drinking water every day is critical to your success when using the bio-active frequencies. This is the mechanism your body uses to rid itself of toxins. If these toxins are not removed from the body regularly, a build-up occurs which intensifies the symptoms you were experiencing and may even cause additional symptoms to occur.

What Effect Are You Looking For?

The response you are looking for could be either:

- a) the sudden disappearance of all symptoms
- b) an increase in symptoms, if drainage is poor.

Remember: a temporary increase in symptoms is possible if you neglect to drink enough water to flush out the toxins released. If symptoms become worse, flush toxins out with more drinking water, use the detox program and skip a session, if necessary.

The detox program is so important it should be added to any schedule of programs.

Factors Which Speed Recovery

The most important factor is adding the maximum amount possible of water and raw foods to the diet. We already know that drinking water between meals flushes toxins out of the body. But why are raw foods so helpful?

The Price-Pottenger Foundation of San Diego has fascinating documentation proving that every primitive tribe studied develops diseases unknown in it's entire history when it begins to use "civilized" cooked foods.

Man's genetic code evolved long before fire and food processing. This genetic code was designed to use raw, rather than cooked, food for metabolism and repair. The dangerously altered diet mankind has eaten for the last 100 years has scarcely altered what our cells require. However in that 100 years, man has significantly changed his eating habits and lifestyle.

Meanwhile, our DNA has only changed .0001 percent in the last 10,000 years -- meaning that before our DNA can evolve to replace missing nutrients in processed or cooked foods, mankind will succumb to many degenerative diseases. Even if science discovers all of the hundreds of thousands of enzymes available in raw food, and somehow replaces them all in processed food, we will still have degenerative disease caused by changes in our diets.

That is because cooked food, unlike raw food, creates "clinkers". This cellular debris is created when molecules in food are denatured by heat and their structure is changed. Such clinkers interfere with metabolic processes and promote aging and disease. You should consume as much raw food as possible. Raw foods contain specific substances for rapid cell repair.

Factors Which Speed Recovery

Making fruit smoothies and raw veggie drinks is actually faster than cooking the same foods. In about 5 minutes, you can blend frozen berries, bananas, pure fruit juices, etc. (Leave out the added sugar). You can also add raw kefir. Try a blend of 1.5 cups water with a variety of sliced veggies in a blender. For protein, add a raw egg (only eggs from free-running hens, from health food stores. Raw eggs often carry salmonella if they are from factory hens, cramped quarters and fed processed food).

Diversity is essential. Eat as many kinds of raw food as possible. The more variety you eat , the more types of bio-chemicals you provide for your body to fight disease. The modern diet, limited to a dozen vegetables or so and three or four sources of protein, almost guarantees deficiencies in the body's ability to function optimally. Our highly synthetic diet is incompatible with the needs of our cells.

Raw foods are unable to destroy viruses, tumor cells or bacteria. Raw food is not a cure, although it may strengthen the immune system. But on the other hand, only raw foods provide the best materials to repair the damage of chronic illness. Processed foods merely add to the degeneration of the illness.

Remember that water is essential for optimal function of the body as well as success with Bio-active frequencies. The detox frequencies assist greatly, but water is still necessary.

Regular exercise, fresh air and sunshine are no less important than dietary habits in achieving and maintaining an optimal state of health.

A Rule Of Thumb For Any Type Of Therapy

If a person improves initially, then repeatedly hits a plateau or the gain is lost, this decline may be the result of an energy disturbance which blocks normal metabolism and tissue repair.

The most common causes of "hitting a brick wall" in recovery are geopathic stress, toxic exposure, focal infection, or parasites. Here is what to look for...

Focal Energy Disturbance

This can be a hidden infection, or a meridian (energy pathway) blocked by toxins or scars. Such a focus may go undetected for years, draining energy and hindering metabolism without producing obvious disease. But when the patient does become ill, the focus blocks recovery with even the best therapy.

If the focus is a hidden infection, it is a continual drain on the immune system. If the focus is a blocked meridian, it hinders proper metabolism.

A focal infection often develops after exposure to toxins in the jaw or appendix. A focal energy disturbance develops in surgical scars, commonly in the appendix, uterus, tonsils, or gall bladder.

Since a silent focus is without symptoms and extremely difficult to identify on x-rays, its existence is typically ignored. Diagnostic equipment for electronic detection of silent foci is only used in the most exclusive European clinics These clinics recognize that recovery from any chronic condition is almost impossible if a focal disturbance exists. The Issels Silbersee cancer clinic refused cancer patients until after any focal disturbance was removed. A focus "eliminated" with drugs or surgery frequently returns.

Geopathic Disturbance

Several different types of weak field disturbances in the earth's energy field can disrupt functions of DNA. These are collectively referred to as "geopathic radiation". Examples of such include x-rays, power lines, microwave ovens, computers, and radioactivity. Geopathic radiation causes gradual genetic degeneration. Over a period of years, it seriously disrupts metabolism in both plants and animals, by preventing the repair of DNA.

The correlation between cancer and geopathic stress is close to 100%. This does not mean that geopathic radiation directly causes cancer – it does not directly cause any disease. It only causes the metabolic degeneration that encourages disease.

The body is left defenseless against all parasites including the cancer virus as a result of geopathic radiation, because it disrupts normal metabolism and weakens the immune system, much like radioactivity or a carcinogen.

It is now known that geopathic radiation not only makes recovery from any illness difficult or impossible, but may be the underlying cause of many illnesses. It may take several years for a geopathically stressed individual to recover completely. Geopathic radiation impairs DNA functioning and damages the immune system.

There are dowsers who can help with countering these zones and also some devices on the market that help to negate the radiation patterns.

Clearly, raw food, water, sun and exercise are all valuable allies in the effort to repair metabolic damage.

Auto-intoxication

If an individual is busy destroying his body as fast as frequencies can revive it, expect to see slow progress.

Detrimental health habits include: inadequate exercise, smoking, alcohol, junk food, excessive toxic exposure to pesticides, industrial poisons, prescription, recreational or over-the-counter drugs, and exposure to toxic dental materials.

Toxicity data on the following dental materials: aluminum, nickel (in stainless steel), palladium, gold, silver, mercury, and various plastics is becoming common knowledge.

Some are toxic only under certain conditions. Mercury, for example, is inert until methylated by Candida in the saliva of those who eat sweets. Then it becomes roughly 100 times more toxic. The least toxic dental materials are titanium-based bridges and crowns and alumina free ceramic/glass inlays.

Poor Compliance

Irregular sessions, for example, may retard recovery. The subject may not understand the importance of continuing regular sessions even after symptoms disappear. So he suffers a relapse or incomplete results.

Or he may neglect drainage, or disregard the effects of geopathic stress. Again, he may suffer a relapse and blame the frequencies instead of his own poor record.

Miscellaneous Factors Which Retard Recovery

Examples are advanced age, congenital disease, prior frail health, immune disorders, unsupportive relatives, other conflicting treatment modalities.

Malnutrition And Impaired Cell Chemistry

Another factor which may retard or prevent recovery is nutritional deficiencies. Bio-active frequencies act on microbes. They do not correct underlying dietary deficiencies. Malnutrition creates a biological "terrain" that is weak. Nutritionally-inferior tissues are constantly colonized by silent, low-level infections of viruses, fungi, parasites and bacteria.

Eliminating these microbes with bio-active frequencies may eliminate some symptoms. But if the primary cause is underlying nutritional deficiency, than only a good diet can eliminate such symptoms. On the other hand, raw fruits and vegetables may keep you too healthy to get sick, but they are still unable to kill a microbe.

Recovery may also be unsatisfactory if the underlying cause is actually metabolic defects caused by exposure to toxins, or inherited disease. The detox frequencies may be of great benefit.

Bio-Active Frequencies Do Not Do Everything!

Remember that there are no known bio-active frequencies to correct these conditions:

- 1. Trauma or underlying nutritional deficiencies which prevent genetic repair
- 2. Genetic damage induced by toxic chemicals, geopathic zones or other radiation.

So affecting cells and parasites may not eliminate all symptoms. For that, effective therapy should always include a focus on healthy diet and exercise and detoxification. Also avoid geopathic radiation, and toxic chemicals.

Consider this carefully - over a million years, our ancestors evolved while spending most of their lives outdoors, exercising continually in fresh air and sunshine and eating only raw food (until about 10,000 years ago). Since then our DNA has changed only .0001 percent, so we still have the same requirements for exercise, sunlight and raw food. Shouldn't we spend at least one hour each day in the sunshine, exercising and eating as much raw food as possible?

Accessories

AliXXor Water

There is a lot of research about water and its ability to be influenced. As we are made up of 70% water there is a lot of water in our bodies. With the AliXXor Water unit you are able to electromagnetically infuse the sequences into the water.

AliXXor has two outlets on the back, this allows you to charge water at the same time as you are running a frequency session. Because it is imperative that the user drinks plenty of water when using frequencies, using the charged water can prolong the frequency session throughout the day.

Use distilled water where possible and keep away from any other electrical devices that could offer their own frequencies.

Use the water within 24 hours.

Too busy to have time to sit down for a frequency session? Use AliXX-or water to charge some water to use throughout the day.

To Use AliXXor Water

Place a clean glass bottle filled with distilled water into the AliXXor Water unit. Plug the cable from the AliXXor frequency unit into the sockets on the side of the water unit. Select the sequence/frequency you wish to run and press RUN.

If just treated the water and not running a session, setting the Time to Run to 1 minute should be sufficient.

Always put water into clean glass bottle and then put this into the unit.

Accessories

AliXXor Silver

Silver has long been known for its special properties, Through the ages, silver has been used to fight disease-causing organisms.

Colloidal Silver Treatment

Colloidal silver is tasteless, odourless and non-stinging to sensitive tissues. It may be taken orally, as well as put on a Band-Aid and applied directly to cuts, scrapes, open sores and warts.

It may also be used as a rinse for acne, eczema and other skin irritations. It can be gargled, dropped into eyes and ears, used vaginally and anally, as well as atomised and inhaled into the nose or lungs.

To Make Colloidal Silver.

Fill the AliXXor Silver jar with distilled water.

Plug the AliXXor Silver cable into the AliXXor frequency unit and attach the other end of the cable to the electrodes on the lid on the jar.

On the MAIN MENU on the AliXXor frequency generator scroll down to Colloidal Silver, press SELECT.

Select the concentration you want to make and press RUN.

AliXXor will show READY once the desired concentration has been reached.

The Blood Purifier must ONLY be used under the following conditions:

- 1. NO orthodox cancer treatments NONE
- 2. NO other alternative cancer treatments (see above)
- 3. NO prescription drugs (see above)
- 4. NO pain killers
- 5. NO blood thinners (e.g. Coumadin)
- 6. NO herbs (including NO seasonings)
- 7. NO garlic or anything closely related to garlic!!
- 8. NO strong over-the-counter medications (e.g. no aspirin, no Tylenol)
- 9. NO vitamins (especially no vitamin A)
- 10. NO supplements, including NO enzymes
- 11. NO alcohol, "recreational" drugs, coffee, tea, etc.
- 12. NO smoking
- 13. NOT for pregnant women
- 14. NOT for those with pacemakers.

Using the Blood Purifier causes electroportation. Electroporation will allow substances to enter cells at a rate 20 to 30 times HIGHER than they normally do. This is why so many things are absolutely forbidden. For example, taking 2 aspirin during the treatment is really the equivalent of taking 40 to 60 aspirin, as just one example!!! The purpose of the Blood Purifier/Blood Electrification is to attenuate (i.e. disable from multiplying) microbes which flow through the blood. The Blood Purifier creates a small electrical current in the blood which will break off a key enzyme on the surface of all tested microbes. This prevents the microbe from attaching to human cells and multiplying. The microbes are then safely removed from the body.

Because of the vast number of microbes which cannot attach to human cells because of this device, it is almost certain that within the first few days of using the Blood Electrification device you will experience "flu-like symptoms" (this is called the "Herxheimer Reaction"). These symptoms are caused by the massive die-off of microbes and do not create any type of danger.

To prevent this symptom from being severe, it is important to drink copious amounts of water. This is important.

The majority of the water you drink during the day should be before the Blood Purifier session. Ideally most, if not all, of the water you take should be ozonated water.

VERY, VERY Important Note - Study Carefully!!!:

When placing the electrodes on your ulnar and radial arteries (on your wrist), you should place the electrodes directly on top of the arteries and at the location of strongest pulse. Once you get used to placing the electrodes you will memorize their location and be familiar with the amount of tingling of the electrical current.

When putting the electrodes on your wrist, each electrode should be placed inside of a cotton sleeve. The purpose of these cotton sleeves is to protect your skin and to provide better electrical conductivity between the electrodes and the skin. The sleeves need to have salt water dropped on them in order for the electricity to be transferred from the electrodes to the skin.

When keeping these sleeves wet, by putting a few drops of sea salt water on them every 20 to 60 minutes, it is possible that there will be a film of water on the surface of the wrist, and/or on the bottom of the rubber strap, between the two cotton sleeves. Since electricity always takes the path of least resistance, it is possible the electricity will cross over the thin layer of water on your skin or the bottom of the rubber strap, instead of going through the skin and into the blood stream. You will know this happens because the tingling of the skin, caused by the electrical current, will stop after you put drops of salt water on the cotton sleeves.

It is critical to keep the skin between the two cotton sleeves, and the bottom of the rubber strap, DRY. This is very important to check after each time you wet the cotton sleeves. You can use a Q-Tip, and/or a dry finger and/or blow air between the electrodes, until the area between the cotton sleeves is dry!! When the area between them is dry (including the top of the skin and the bottom of the rubber strap), the tingling should return.

If you think you have large amounts of microbes in your body at the beginning of this treatment, you might want to start using the Blood Purifier for only 20 minutes a day, and build up by 20 minutes a day, until you are using the machine for two hours. You should use the machine for two hours a day for 4 weeks (this does NOT include the days where you use it less than two hours).

Likewise, after the four weeks is over, you might want to gradually taper off by 20 minutes a day.

Intensity

During the first half hour, every 5 or 10 minutes you need to turn the knob closer to the maximum. You may be able to turn it up slightly 2 or 3 times during this half hour. In other words, every 5 or 10 minutes you may be able to turn it up a little more. You should be able to feel it comfortably

The bottom line is this, you should adjust the Blood Purifier to where you can feel the tingling and it is at a comfortable level.

Sample Protocol

(Two days with none of the forbidden items listed above)

Day 1) 20 minutes

Day 2) 40 minutes

Day 3) 60 minutes

Day 4) 80 minutes

Day 5) 100 minutes

The 28 consecutive days of the official treatment Days 6-33) 120 minutes every day.

Day 34) 100 minutes

Day 35) 80 minutes

Day 36) 60 minutes

Day 37) 40 minutes

Day 38) 20 minutes

At no time during the 38 days of using the equipment (in this example), and the 2 days before you start, are you allowed to take any of the forbidden items.

As can be seen, including the build-up and taper-off, this is almost a 6 week treatment. But the benefits of this treatment make it worth the time and effort!

The Beck Blood Purifier is a powerful protocol but the precautions MUST be adhered to.

Technical Specifications

Input voltage to power pack	120 -250 v AC
Input voltage	12v DC
Input current	500ma
Frequency range of stored frequencies	0.4 Hz – 10,000 Hz
Number of stored frequencies	1,000,000
Number of stored sequences	2000+
Range of frequencies available to be stored	0.01 – 9999.99Hz
Application	Through hand cylinders foot plates or stick on electrodes
Cable (2)	Flexible single core, 1.2 m in length
Ability to pulse frequencies	Yes (standard pulse time for all)
Run time for default settings	3 minutes
Maximum run time programmable	99 minutes
Maximum entries for custom sequences	32 frequencies
Variable run times	Yes
Scan	Yes
Dwell	Yes
Wobble	Yes
Weight (unit)	0.7kg
Collodial Silver maker	30v dc constant current
Collidial Silver ppm	5-15ppm selectable
Beck Unit voltage	27volts dc
Dimension of unit	210 X 140 X 40mm
Display	LCD, 11 line display:

Limited Warranty

AliXXor is warranted to be free from defect in material and workmanship for a period of five years from the date of purchase.

Terms and Conditions

This product carries a 30 day money back guarantee with a full refund. All unopened products can be returned for a full refund of the purchase price. Products must be sealed, unopened, and in original packaging. Products must be shipped back to Health Recovery Systems at the customers' expense. Products that have been opened will incur a 5% restocking fee. The manufacturers guarantee AliXXor does what they say it does as per the specifications, they offer no guarantee on results achieved or not achieved. The guarantee is not to be considered a trial period.

Shipping required to facilitate warranty within the first 90 days, will be paid by manufacturer.

Shipping required to facilitate warranty after 90 days, is the financial responsibility of the end user.

The warranty DOES NOT cover instances involving or damages resulting from:

- Accident, misuse or abuse
- Lack of responsible care
- Use of unapproved power pack
- · Alteration or disassembly
- Loss of parts
- Exposure to the elements
- Exposure to excessive electromagnetic frequency