

# Bioreducible Polymer Nanocarrier Based on Multivalent Choline Phosphate for Enhanced Cellular Uptake and Intracellular Delivery of Doxorubicin

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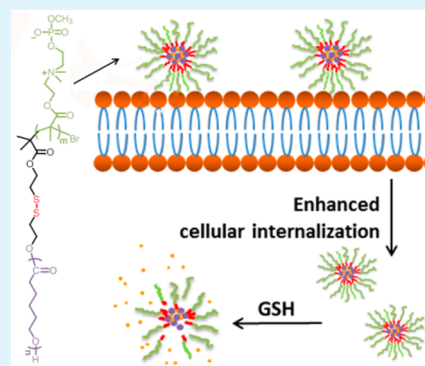
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## S Supporting Information

**ABSTRACT:** Limited cellular uptake and inefficient intracellular drug release severely hamper the landscape of polymer drug nanocarriers in cancer chemotherapy. Herein, to address these urgent challenges in tumor treatment simultaneously, we integrated the multivalent choline phosphate (CP) and bioreducible linker into a single polymer chain, designed and synthesized a neoteric bioreducible polymer nanocarrier. The excellent hydrophilicity of these zwitterionic CP groups endowed high drug loading content and drug loading efficiency of doxorubicin to this drug delivery system (~22.1 wt %, ~95.9%). Meanwhile, we found that the multivalent choline phosphate can effectively enhance the internalization efficiency of this drug-loaded nanocarrier over few seconds, and the degree of improvement depended on the CP density in a single polymer chain. In addition, after these nanocarriers entered into the tumor cells, the accelerated cleavage of bioreducible linker made it possible for more cargo escape from the delivery system to cytoplasm to exert their cytostatic effects more efficiently. The enhanced therapeutic efficacy in various cell lines indicated the great potential of this system in anticancer drug delivery applications.

**KEYWORDS:** choline phosphate, polymer nanocarriers, bioreducible linker, cellular internalization, cancer therapy



## 1. INTRODUCTION

Polymer drug nanocarriers have received tremendous attention as an emerging tool for cancer chemotherapy because of their characteristic properties that increase drug bioavailability, prolong circulation time, circumvent the drug efflux pumps, and promote accumulation in the tumor via enhanced permeability and retention (EPR) effect.<sup>1–3</sup> For example, the biomimetic phosphorylcholine (PC)-based copolymers have been exploited to deliver doxorubicin (Dox) and shown remarkable bioavailability and minimized cardiotoxicity.<sup>3–6</sup> In addition, the biodegradable poly( $\epsilon$ -caprolactone) has also been extensively integrated into the delivery system as the core of nanocarriers to load hydrophobic anticancer drug via van der Waals force.<sup>7–10</sup> However, the sluggish cellular internalization as well as the inefficient intracellular drug release of these polymer drug loaded nanocarriers severely results in the intracellular concentration of anticancer drugs below the required therapeutic level and the inefficient chemotherapy efficacy,<sup>11</sup> which greatly limited its application in practical therapy. To address the challenges, a few strategies have been proposed: (i) utilization of cationic domains, such as

polyethylenimine to enhance the attraction between the nanocarriers and the anionic cell surface;<sup>12–17</sup> (ii) optimizing the shape of the nanocarriers, for example, tubular and long cylindrical morphology to improve circulation time and cell internalization;<sup>18–22</sup> (iii) natural ligands (e.g., folic acid, RGD) have also been introduced to facilitate cellular uptake by targeting nanocarriers to specific receptors out of the cell surface;<sup>23–25</sup> (iv) decorating with boronic acid to improve the cellular internalization via diol-boronate ester formation with cell surface glycoproteins.<sup>26–28</sup>

Although great progress have been achieved, it is still desirable to develop new neoteric tactics to better solve these challenges, especially those that can both enhance cellular internalization and intracellular drug release at the same time. Inspired from the phosphatidylcholine groups (PC, the headgroup of phospholipids existed in mammalian cells and at least 10% of all bacterial), Yu et al. first synthesized the “PC-

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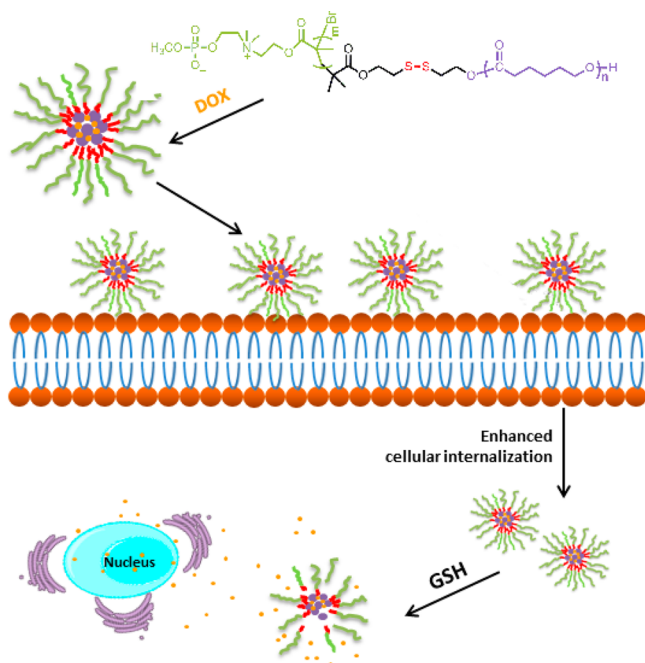
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reverse" choline phosphate (CP), and confirmed that the choline phosphate in a multivalent fashion can rapidly and reversibly bind to various cell membranes and to PC-containing liposomes.<sup>29–34</sup> Meanwhile, we prepared a neoteric prodrug system decorated with multivalent CP groups, which shown enhanced cellular internalization and improved cancer therapy efficacy.<sup>35</sup> In addition, other studies also showed that CP groups are compatible with human physiology, appearing in tissue engineering, localized drug delivery and other remedies.<sup>36–38</sup> On the basis of the recent studies in choline phosphate, we propose a novel perspective to overcome the inefficient cellular internalization and intracellular drug release for these drug loaded polymer nanocarriers simultaneously.

Here we prepared the polymer nanocarrier constructed with poly(choline phosphate) and poly( $\epsilon$ -caprolactone) (PCL), which were linked by disulfide bond, then furtherly demonstrated that the use of multivalent choline phosphate was conducive to enhance the delivery of Dox into the cancer cells (as shown in Scheme 1), and the degree of improvement

**Scheme 1. Schematic Illustration of Cellular Internalization and Its Intracellular Drug Release of the Dox-Loaded PMCP-s-s-PCL Nanoparticles**



depended on the CP density in a single polymer chain. On the other hand, the excellent hydrophilicity of these zwitterionic CP groups endowed high drug loading content and drug loading efficiency of Dox to this drug delivery system ( $\sim 22.1$  wt %,  $\sim 95.9\%$ ). In addition, it has been found that the concentration of glutathione (GSH) in intracellular compartments is as high as 2–10 mM, although it becomes much smaller than that in extracellular milieu ( $<10$   $\mu$ M).<sup>39–43</sup> Considering the large redox potential difference between extra- and intracellular compartments, the redox-cleavable disulfide bonds were introduced to improve intracellular drug release in response to intracellular levels of glutathione. The cell viability assay demonstrated that the Dox-loaded polymer nanocarriers we reported here exhibited enhanced efficacy of cancer chemotherapy in different tumor cell lines. It provided novel perspective for addressing these therapeutic challenges of tumors by using polymer drug

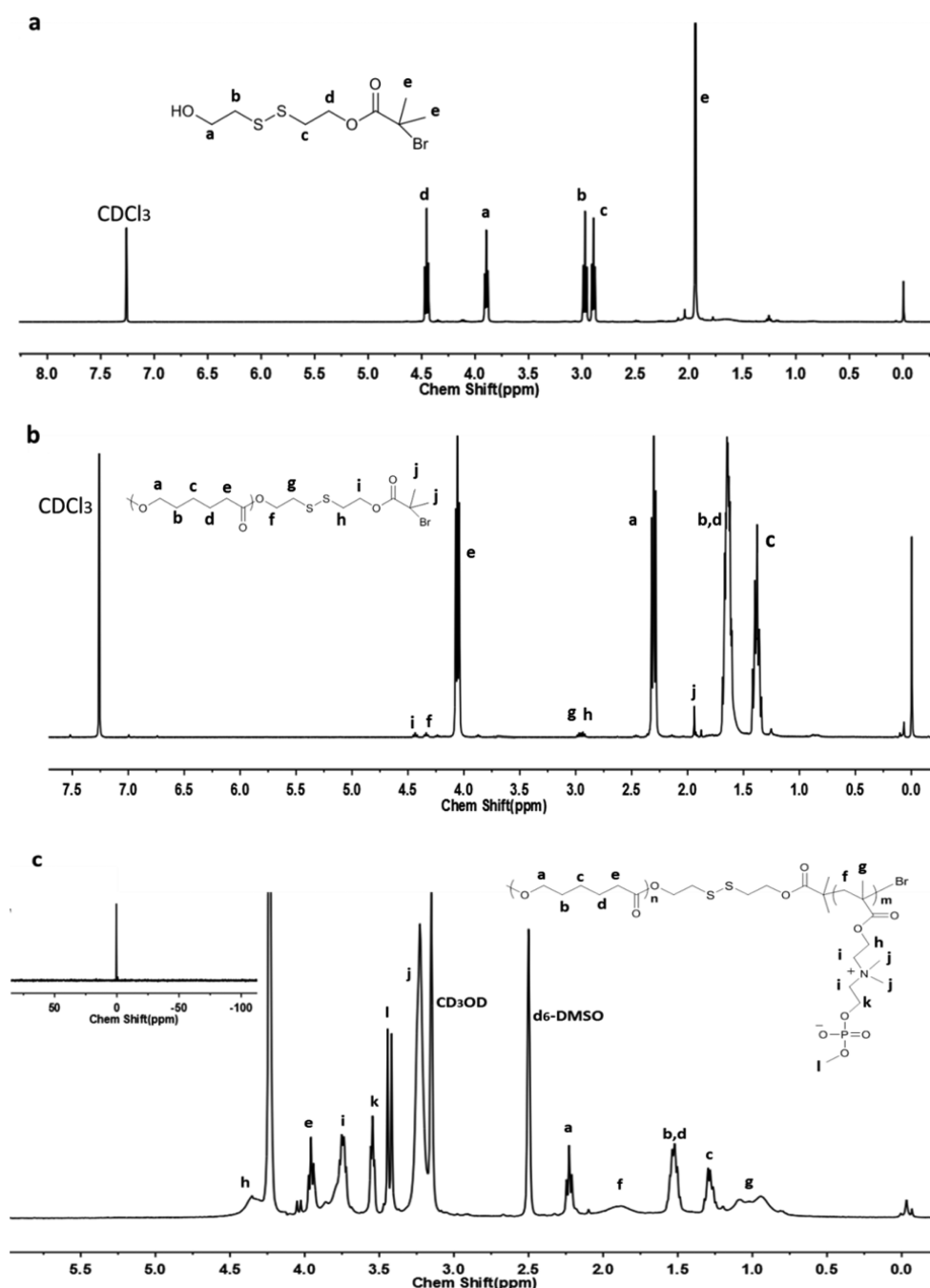
nanocarrier, which are currently considered difficult to overcome.

**2.1. Materials.** The synthesis of 2-(methacryloyloxy) ethyl choline phosphate (MCP) has been reported by previous methods.<sup>29,35</sup> 2-hydroxyethyl disulfide (technical grade), doxorubicin hydrochloride (Dox-HCl), copper(I) bromide (CuBr, 99.999%), 2-methacryloyloxyethyl phosphorylcholine (MPC), tin(II) 2-ethylhexanoate (Sn(Oct)<sub>2</sub>), and 2,2-bipyridine (bpy) were purchased from Sigma-Aldrich. Triethylene glycol,  $\alpha$ -bromoisobutyl bromide (Br-iBuBr) and  $\epsilon$ -caprolactone were purchased from J&K Chemical. The  $\epsilon$ -caprolactone monomer was dried over CaH<sub>2</sub> for 24 h and distilled under vacuum before use. Toluene was dried through refluxing over Na and distilled before use. The MPC monomer was washed with THF three times to remove the polymerization inhibitor before use. All chemicals were used without further purification unless otherwise mentioned.

**2.2. Characterization.** The <sup>1</sup>H and <sup>31</sup>P NMR spectra were recorded on the Unity-400 NMR spectrometer using DMSO-*d*<sub>6</sub>, CD<sub>3</sub>OD, or CDCl<sub>3</sub> as the solvent. The size distribution of these copolymer delivery systems in aqueous medium was measured via DLS on Zetasizer Nano-ZS. In addition, the morphology of these nanoparticles was measured by transmission electron microscopy (TEM) using JEOL JEM-1011 electron microscope. The molecular weight and polydispersity of the polymers PCL-Br and PCL-s-s-Br were determined by gel permeation chromatography (GPC, Waters 1525). THF was used as eluent solution and polystyrene as standard. Meanwhile, the UV-vis spectroscopy (NnanoDrop 2000c) was used to determine the Dox content accommodated in the nanoparticles. The fluorescent intensity of Dox internalized into the cells was recorded via confocal laser scanning microscopy (LSM 700 Carl Zeiss Microscopy) and flow cytometry (FACS, Guava easyCyte 6–2L from Milipore). What's more, the synergy microplate reader (Synergy H1, from Bio Tek) was used to detect the cell viability.

**2.3. Synthesis of 2-[(2-hydroxyethyl)disulfanyl]ethyl 2-bromo-2-methylpropanoate (HO-s-s-Br).** The synthesis of HO-s-s-Br was according to previous methods.<sup>8,44</sup> 2-Hydroxyethyl disulfide (3.1 g, 0.02 mol) and trimethylamine (2.53 g, 0.025 mol) were dissolved in dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>, 50 mL). Br-iBuBr (2.3 g, 0.01 mol) dissolved in 15 mL CH<sub>2</sub>Cl<sub>2</sub> was added dropwise at 0 °C over 30 min to above mixed solution. The resulting mixture was stirred for 24 h at room temperature and the white solids were removed by vacuum filtration. The filtrate was washed with water three times, and dried with anhydrous MgSO<sub>4</sub>. The CH<sub>2</sub>Cl<sub>2</sub> was removed by rotary evaporation and the residue was purified by silica column chromatography with a mixture of CH<sub>2</sub>Cl<sub>2</sub>/ ethyl acetate (5/1, v/v). The product was collected by removing the solution with yield 33%. <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>): Figure 1a,  $\delta$  (ppm) 4.45 (t, -CH<sub>2</sub>OC(O)-), 3.89 (t, -CH<sub>2</sub>-OH), 2.97 (t, -s-s-CH<sub>2</sub>-CH<sub>2</sub>OC(O)-), 2.89 (t, HO-CH<sub>2</sub>-CH<sub>2</sub>-s-s-), 1.94 (s, -C(CH<sub>3</sub>)<sub>2</sub>Br).

**2.4. Synthesis of PCL-s-s-Br.** The PCL-s-s-Br was synthesized via ring-opening polymerization (ROP) under the catalysis of Sn(Oct)<sub>2</sub>. Simply, HO-s-s-Br (0.182 g, 0.6 mmol),  $\epsilon$ -caprolactone (4.78 g, 42 mmol) and Sn(Oct)<sub>2</sub> (0.122 g, 0.3 mmol) were added to a dry flask containing 15 mL anhydrous toluene, where the flask was flame-dried and protected by argon before using. Then, the resulting solution was degassed through three exhausting/refilling argon cycles, and the reaction was carried out for 5 h at 110 °C with continuous stirring. The



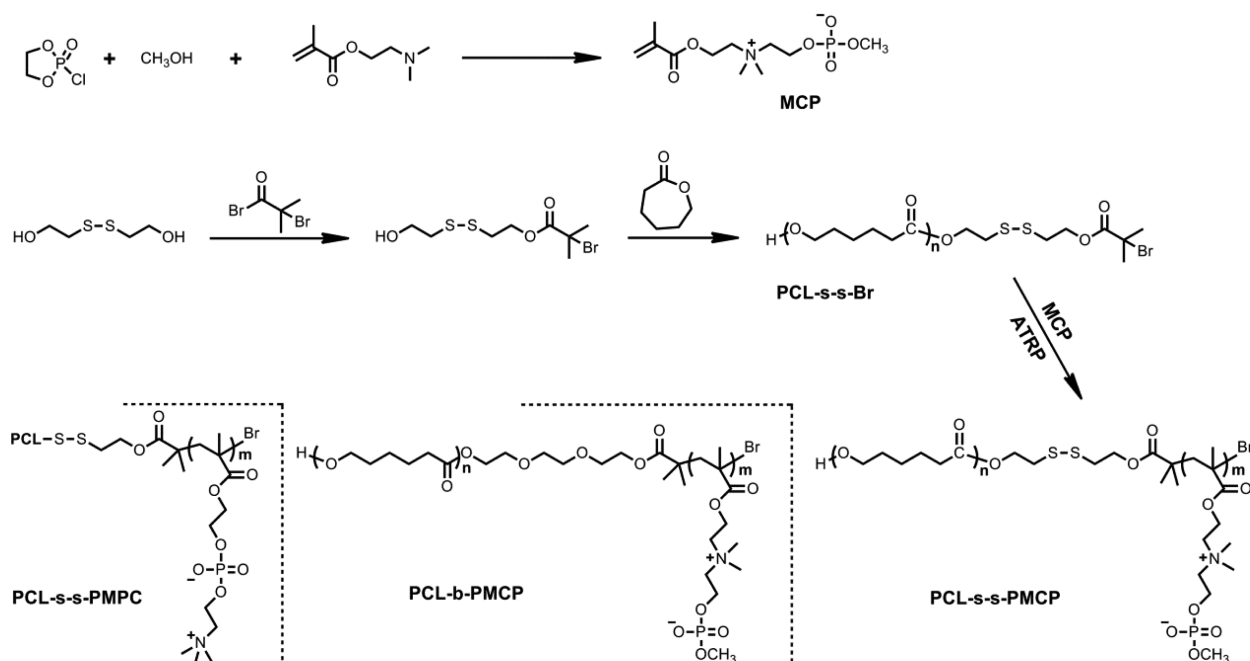
**Figure 1.** (a)  $^1\text{H}$  NMR spectra of HO-s-s-Br, (b)  $^1\text{H}$  NMR spectrum of PCL-s-s-Br, (c)  $^1\text{H}$  NMR, and  $^{31}\text{P}$  NMR spectra of PMCP-s-s-PCL.

mixture was concentrated and precipitated third times in cold diethyl ether. Finally, the precipitate was collected and dried under vacuum at  $30\text{ }^\circ\text{C}$  for 24 h with yield 82.4%.  $^1\text{H}$  NMR (400 MHz,  $\text{CDCl}_3$ ): Figure 1b, 4.06 (t,  $-\text{CH}_2\text{COO}-$ ), 2.30 (t,  $-\text{O}-\text{CH}_2-\text{CH}_2-$ ), 1.64 (m,  $-\text{OCH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{COO}-$ ), 1.38 (m,  $-\text{OCH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{COO}-$ ).

**2.5. Synthesis of PCL<sub>90</sub>-s-s-PMCP.** The typical ATRP procedure consulted previous methods.<sup>30,35</sup> PCL<sub>90</sub>-s-s-Br (0.528 g, 0.05 mmol), MCP (1.475g, 5 mmol), bpy (31.2 mg, 0.2 mmol) and solvent (mixture of 4 mL THF and 3 mL methanol) were added to a Schlenk flask. The mixture was degassed by three exhausting/refilling dry nitrogen cycles, and then the CuBr (14.3 mg, 0.1 mmol) was added under the nitrogen. The polymerization was carried out at room

temperature for 36 h, and then quenched by exposing the mixture to air. Finally, the solution was diluted by water, and then put into the dialysis bag with MCWO-3500 to dialyze for 24 h to remove the excessive catalyst and monomer. After lyophilized, the PCL<sub>90</sub>-s-s-PMCP was collected (yield 71.9%).  $^1\text{H}$  NMR (400 MHz,  $d_6$ -DMSO and  $\text{CD}_3\text{OD}$ ): Figure 1c,  $\delta$  (ppm) 4.35 (s,  $-\text{CH}_2\text{O}-\text{CO}-$ ), 3.96 (t,  $-\text{CH}_2\text{COO}-$ ), 3.75 (m,  $-\text{CH}_2\text{N}(\text{CH}_3)_2-\text{CH}_2-$ ), 3.55 (t,  $-\text{POCH}_2-$ ), 3.44–3.42 (d,  $-\text{POCH}_3$ ), 3.23 (s,  $-\text{N}-(\text{CH}_3)_2$ ), 2.23 (t,  $-\text{O}-\text{CH}_2-\text{CH}_2-$ ), 1.88 (s,  $-\text{CCH}_2\text{C}-$ ), 1.54 (m,  $-\text{OCH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{COO}-$ ), 1.28 (m,  $-\text{OCH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{COO}-$ ), 1.09–0.93 (d,  $-\text{CCH}_3$ );  $^{31}\text{P}$  NMR (400 MHz,  $d_6$ -DMSO and  $\text{CD}_3\text{OD}$ ):  $\delta$ (ppm) 0.96 (s).

**Scheme 2. Synthetic Strategies for the Polymer of PMCP-s-s-PCL, and the Chemical Structure for Control of Both PCL-s-s-PMPC and PCL-b-PMCP**



**2.6. Preparation of Blank and Drug-Loaded Nanoparticles.** The diblock copolymers (30 mg) of PMCP-s-s-PCL, PMPC-s-s-PCL or PMCP-b-PCL were dissolved in 1 mL mixed solution (methanol: DMSO, 1:1, v/v) respectively, and stirred at room temperature for 1 h. Then, the mixture was added dropwise to 20 mL of deionized water with continue stirring. After stirred for another 4 h, the solution was dialyzed against 1 L deionized water for 24 h (MWCO 3500) to remove the solvent, and the deionized water was exchanged every 6 h. The size and polydispersity were determined by DLS.

**2.7. Preparation of Dox-Loaded Nanoparticles.** Following the blank nanoparticles preparation method described above. The diblock copolymers (30 mg) of PMCP-s-s-PCL, PMPC-s-s-PCL, PMCP-b-PCL, respectively, and 9 mg Dox-HCl were dissolved in 1 mL mixed solution (methanol: DMSO, 1:1, v/v), and then trimethylamine (10  $\mu$ L) was added to the mixture to remove the HCl of Dox-HCl, and then the solution was stirred at room temperature for 1 h. Subsequently, the mixture was added dropwise to 20 mL deionized water with continue stirring. After stirred for another 4 h, the solution was dialyzed against 1 L of deionized water for 24 h (MWCO 3500) to remove the solvent, and the deionized water was exchanged every 6 h. To determine the total loading of Dox, we lyophilized the dialysate, and redispersed Dox-loaded nanoparticle (1 mg) in deionized water. The UV absorbance at 488 nm was measured to determine the total loading of Dox. Drug loading content (DLC) and drug loading efficiency (DLE) were calculated according to the eqs 1 and 2.

$$\text{DLC}(\%) = \frac{\text{weight of drug encapsulated in nanoparticles}}{\text{weight of polymer}} \times 100\% \quad (1)$$

$$\text{DLE}(\%) = \frac{\text{weight of drug encapsulated in nanoparticles}}{\text{weight of drug in feed}} \times 100\% \quad (2)$$

**2.8. In Vitro Drug Release.** The release of Dox from drug-loaded PMCP-s-s-PCL and PMPC-b-PCL nanoparticles was examined using a dialysis method against phosphate buffered saline (PBS) with or without 10 mM glutathione at 37  $^{\circ}$ C. Drug-loaded nanoparticles (3 mg) redispersed in PBS (2 mL, with or without 10 mM glutathione) were dialyzed against PBS (18 mL, with or without 10 mM glutathione) with constant stirring at 37  $^{\circ}$ C. At fixed time intervals, the outside buffer solution (1 mL) was taken out to determine the concentration of Dox via UV-vis measurements respectively, and replenished with an equal volume of fresh medium. The total release amount of Dox was determined by the previous method.<sup>35</sup>

**2.9. Cellular Uptake Assays. Flow cytometry.** MCF-7, A549 and HePG-2 cells were grown in Dulbecco's modified Eagle's medium (DMEM) with high glucose containing 10% fetal bovine serum (FBS), streptomycin (100  $\mu$ g/mL) and 100 units per mL of penicillin at 37  $^{\circ}$ C, respectively. Then cells were transferred to 12-well plates with the density of  $2 \times 10^5$  cells per well and incubated for 1 day. Afterward, the medium was removed and the fresh serum-free DMEM including free Dox, Dox loaded nanoparticles (PMCP-s-s-PCL, PMPC-s-s-PCL, PMCP-b-PCL) were added, respectively. The concentration of Dox in all medium was 10  $\mu$ g/mL. After incubated for fixed time, the medium was removed, and the plates were washed with PBS. The cells were digested with trypsin and collected after centrifugation. Finally, the cells were resuspended in 0.3 mL of PBS to determine the internalization efficiency with flow cytometer.

**Confocal Laser Scanning Microscopy.** MCF-7, A549, and HePG-2 cells were grown in Dulbecco's modified Eagle's medium (DMEM) with high glucose containing 10% fetal bovine serum (FBS), streptomycin (100  $\mu$ g/mL) and 100 units per mL of penicillin at 37  $^{\circ}$ C. The cells were then transferred to 12-well plates with the density of  $2 \times 10^5$  cells per well and incubated for 1 day. Afterward, the medium was removed and the fresh serum-free DMEM including free Dox, Dox-loaded PMCP<sub>120</sub>-s-s-PCL<sub>90</sub>, and PMPC<sub>150</sub>-s-s-PCL<sub>90</sub> were added,



respectively. After incubation at 37 °C for corresponding time intervals, the medium was removed, and the plates were washed with PBS. Then, 4% formaldehyde was added to fix the cell for 30 min at room temperature. The cell nuclei were then stained with 4',6-diamidino-2-phenylindole (DAPI, 10 µg/mL) for 10 min and washed at least four times with cold PBS. Finally, the CLSM images were taken using confocal microscope.

**Cell Viability Assay.** MCF-7, A549 and HePG-2 cells were transferred to 96-well flat-bottomed plates with density of  $9 \times 10^3$  cells per well and incubated for 1 day. Afterward, the medium was removed and the fresh serum-free DMEM including free Dox, Dox-loaded PMCP<sub>120</sub>-s-s-PCL<sub>90</sub>, PMPC<sub>150</sub>-s-s-PCL<sub>90</sub> and PMCP<sub>83</sub>-b-PCL<sub>77</sub> were added, respectively. After incubated for 2 h, the medium was removed, and the plates were washed twice times with cold PBS, then the fresh serum-free DMEM was added. After incubated for another 22 h, 10 µL of Celltiter-Blue reagent was added to each well and the cells were incubated for another 4 h. The cell viability was detected via microplate reader ( $\lambda_{\text{ex}} = 560$  nm,  $\lambda_{\text{em}} = 590$  nm). The cell viability was calculated based on the eq 3.

$$\text{cell viability}(\%) = \frac{\text{fluorescent intensity}(\text{sample})}{\text{fluorescent intensity}(\text{control})} \times 100\% \quad (3)$$

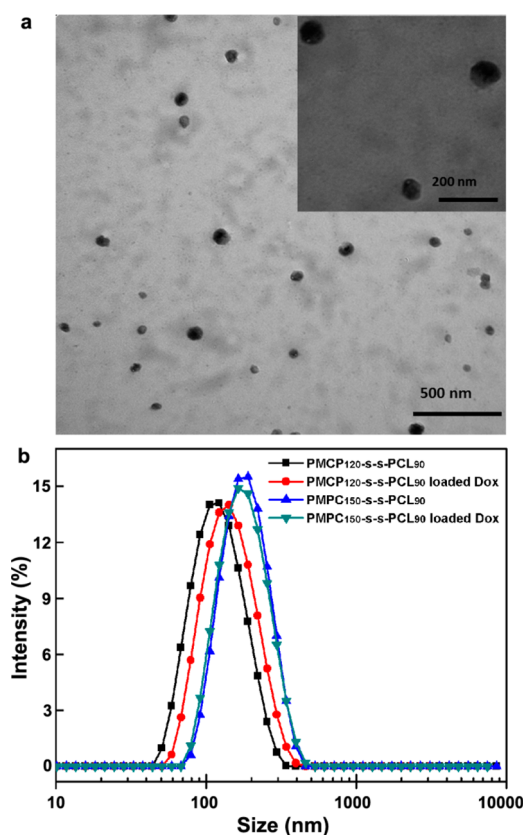
### 3. RESULTS AND DISCUSSION

**3.1. Synthesis of the Polymer Drug Delivery System PMCP-s-s-PCL.** The synthetic method of diblock copolymer PMCP-s-s-PCL was shown in Scheme 2. First, the dual initiator HO-s-s-Br with a disulfide and terminal groups of OH and Br was synthesized via a simple condensation reaction in the presence of 2-hydroxyethyl disulfide and Br-iBuBr, and the <sup>1</sup>H NMR (Figure 1a) demonstrated the high purity of this product. Then, the PCL-s-s-Br was prepared by ring-opening polymerization under the catalysis of Sn(Oct)<sub>2</sub> in toluene at 110 °C, where the polymerization degree of these polymers could be well controlled by adjusting the mole ratio of HO-s-s-Br and ε-caprolactone monomer. The  $M_n$  of these macroinitiators was determined from the <sup>1</sup>H NMR (Figure 1b) through comparison of the integrals of HO-s-s-Br ( $\delta$  1.94) and PCL ( $\delta$  4.06,  $\delta$  2.30,  $\delta$  1.64,  $\delta$  1.38), and the GPC data (Table 1 and Figure S3) indicated these polymers had a low polydispersity.

Subsequently, with the aid of the ATRP, the diblock copolymer PMCP-s-s-PCL with various polymerization degree were obtained using the PCL-s-s-Br as macroinitiator (<sup>1</sup>H NMR and <sup>31</sup>P NMR spectrum were shown in Figure 1c), and the  $M_n$  was calculated from the <sup>1</sup>H NMR through comparison

of the integrals of HO-s-s-Br ( $\delta$  1.94), PCL ( $\delta$  4.06,  $\delta$  2.30,  $\delta$  1.64,  $\delta$  1.38) and PMCP ( $\delta$  3.75,  $\delta$  3.55,  $\delta$  3.44,  $\delta$  3.23). In addition, we also synthesized the series of diblock copolymer PMPC-s-s-PCL and PMPC-b-PCL as control (<sup>1</sup>H NMR spectrum was shown in Figures S2a–d), the detailed synthesis procedure are shown in Scheme S1.

**3.2. Preparation and Characterization of Nanoparticles.** After dissolved in mixed solution (DMSO: CH<sub>3</sub>OH, 1:1, v/v) and dialyzed against water, PMCP-s-s-PCL were able to self-assemble into nanoparticles driven by the hydrophobic PCL core as well as hydrophilic PMCP outer shell. As shown in Figure 2 and Table 2, the TEM and DLS measurements



**Figure 2.** (a) TEM image of PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> nanoparticles, (b) the size distribution of PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> and PMPC<sub>150</sub>-s-s-PCL<sub>90</sub> nanoparticles before and after loading Dox in aqueous solution.

indicated that these nanoparticles had a desirable size range (<200 nm) and a narrow polydispersity (<0.290), which effectively circumvented the uptake of reticuloendothelial system, minimized the renal excretion and enhanced the EPR effect for passive tumor targeting.<sup>45</sup> In addition, it can be found that after loading the drug the size of nanoparticles became larger, which maybe because that the hydrophobic Dox was accommodated into the nanoparticle via van der Waals interaction, which expanded the core of the nanoparticles and rendered the size increase.

In general, because the relatively low DLC and DLE of traditional drug delivery systems, the high dosage of polymer carrier was required to increase the anticancer drug concentration in cells up to the therapeutic level, which inevitably generated new concerns, such as the degradation, and biological toxicity of these carriers.<sup>46,47</sup> Impressively, the PMCP-s-s-PCL we synthesized here showed tremendous

**Table 1. Molecular Weight and Polydispersities of Polymers**

entries	polymers	$M_n^a$ g·mol <sup>-1</sup>	$M_n^b$ g·mol <sup>-1</sup>	PDI <sup>a</sup>	PMCP mol %
1	PCL <sub>77</sub> -Br	14247	9077	1.45	n/a
2	PCL <sub>90</sub> -s-s-Br	11431	10559	1.25	n/a
3	PCL <sub>120</sub> -s-s-Br	15856	13979	1.50	n/a
4	PMCP <sub>83</sub> -b-PCL <sub>77</sub>	n/a	34152	n/a	52%
5	PMCP <sub>120</sub> -s-s-PCL <sub>90</sub>	n/a	45660	n/a	57%
6	PMPC <sub>150</sub> -s-s-PCL <sub>90</sub>	n/a	54809	n/a	63%(PC)

<sup>a</sup>Measured by GPC (THF as eluent, PS as standards). <sup>b</sup>Calculated by the <sup>1</sup>HMR spectrum.

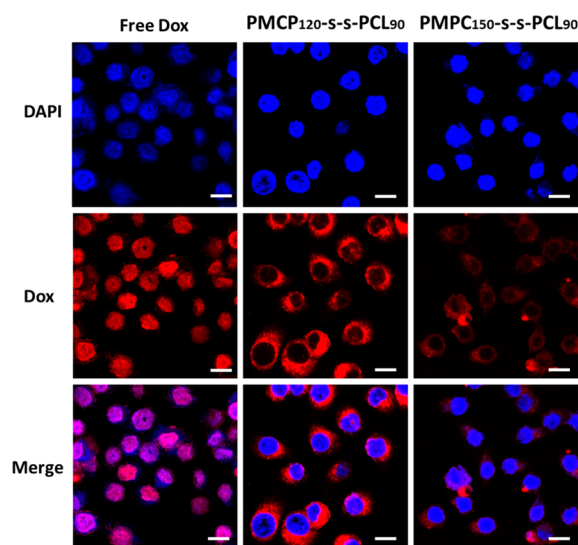
Table 2. Hydrodynamic Size and PDI of Polymer Nanoparticles Determined by DLS

entries	polymers	size <sup>a</sup> (nm)	PDI <sup>a</sup>	size <sup>b</sup> (nm)	PDI <sup>b</sup>	DLC (%)	DLE (%)
1	PMCP <sub>85</sub> -b-PCL <sub>77</sub>	129.6	0.285	147.3	0.288	18.41	79.80
2	PMCP <sub>50</sub> -s-s-PCL <sub>90</sub>	115.0	0.113	precipitate	n/a	n/a	n/a
3	PMCP <sub>90</sub> -s-s-PCL <sub>90</sub>	125.4	0.204	132.6	0.199	21.37	92.61
4	PMCP <sub>110</sub> -s-s-PCL <sub>90</sub>	110.7	0.178	135.5	0.164	18.59	80.56
5	PMCP <sub>120</sub> -s-s-PCL <sub>90</sub>	113.6	0.146	138.8	0.225	22.13	95.91
6	PMCP <sub>180</sub> -s-s-PCL <sub>90</sub>	191.6	0.174	266.4	0.123	19.82	85.9
7	PMPC <sub>150</sub> -s-s-PCL <sub>90</sub>	155.6	0.137	164.3	0.380	14.44	62.65

<sup>a</sup>Before loading Dox. <sup>b</sup>After loading Dox.

potential to improve the DLC and DLE of the drug delivery system. According to the data in Table 2, the DLC and DLE of this delivery system can be calculated to as high as to be 22.1 wt % and 95.9%, respectively, which was much larger than the reported delivery systems (<10 wt %).<sup>45,48,49</sup> The enhanced loading capacity was attributed to the excellent hydrophilicity of PMCP shell, which stabilized the nanoparticle in case it precipitated at high loading content.

**3.3. Enhanced Cellular Internalization.** As a proof of concept, we determined whether the delivery system with multivalent CP groups can largely enhance the cellular internalization over a short time. At first, we qualitatively measured the internalization efficiency of Dox using CLSM, where the red fluorescence intensity was corresponding to the internalization efficiency of Dox. It can be seen from Figure 3

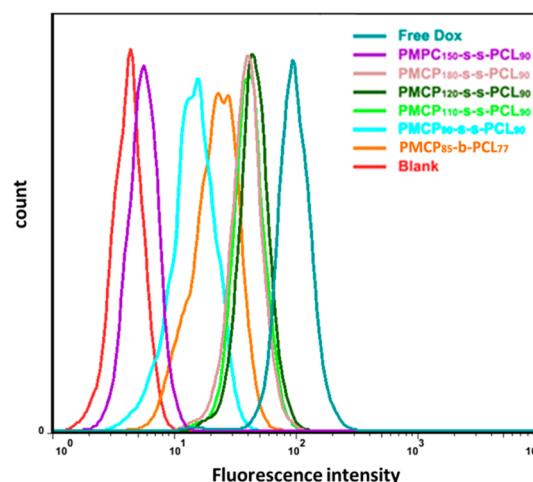


**Figure 3.** Confocal images of MCF-7 cells incubated 1 h by free Dox (10 μg/mL), Dox-loaded polymers (Dox equivalent concentration: 10 μg/mL) of PMCP<sub>120</sub>-s-s-PCL<sub>90</sub>, PMCP<sub>85</sub>-b-PCL<sub>77</sub>, and PMPC<sub>150</sub>-s-s-PCL<sub>90</sub> (as control). Scale bar: 20 μm.

that after MCF-7 cells was incubated with various Dox-loaded nanoparticles and free Dox for 1 h, the nanoparticles decorated with multivalent CP exhibited higher red fluorescence intensity than the these without CP, confirmed that the integration of multivalent CP into delivery systems can significantly enhance the cellular internalization. Because the nanoparticles sizes are in the same range (100–200 nm) and the polydispersity is narrow (Table 2), the enhanced cellular internalization should be caused by the strong interactions of polyvalent CP and PC-lipids in cell membrane instead of the diverse size effect. Meanwhile, we observed the same results in another two tumor

cell lines A549 and HePG-2, as shown in Figures S4 and S5, which means that the enhanced internalization efficiency caused by the addition of CP is universal in various tumor cell lines.

Subsequently, to further confirm that the multivalent CP can indeed enhance the cellular internalization, and to discuss the influence of CP density to cellular internalization efficiency, we further detected the fluorescence intensity of MCF-7 cells incubated with free Dox, various Dox-loaded PMCP-s-s-PCL, PMCP-b-PCL, and PMPC-s-s-PCL for fixed time intervals (0.5h, 1h, 2h) using flow cytometry. As shown in Figure 4



**Figure 4.** Overlays of flow cytometry of MCF-7 cells incubated 1 h by Dox (10 μg/mL), series of polymers (Dox equivalent concentration: 10 μg/mL) of Dox-loaded PMCP-s-s-PCL, and Dox-loaded PMPC-s-s-PCL (as control).

Figure S6, although the internalization efficiency of all these kind of nanoparticles was enhanced with the prolong of incubation time, the Dox-loaded nanoparticles with multivalent CP were much more efficiently uptake at fixed time intervals, and the fluorescence signal incubated by the nanoparticle without CP groups was weak, indicating the sluggish and inefficient internalization for this kind of nanoparticle. In addition, considering the existence of serum in the practical application, we investigated the cellular internalization of this CP-based nanocarrier in the presence of serum by using flow cytometry (as shown in Figure S7), and also compared the results in the absence and presence of serum. It was found that in this CP decorated nanocarriers the serum has no obvious influence on its cellular internalization. What's more, the internalization efficiency enhanced as the increase of CP density, but the tendency became smaller after the polymerization degree of MCP was up to 120. We applied the same experiments on another two tumor cell lines, A549 and HePG-

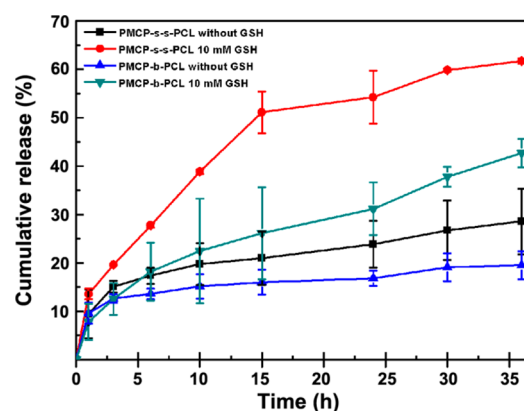
2 (Figures S8 and S9), and showed same tendency on their cellular internalization. The FACS results were consistent well with the previous CLSM results, which further indicated the delivery systems with multivalent CP may be internalized by tumor cells with faster speed and higher efficiency over few second.

Different from the passive diffusion of small-molecule drugs, the polymer nanocarriers entered into the cells mainly by active or passive endocytosis,<sup>46,50–53</sup> which has been proven to be inefficient since it is a sluggish process for polymer nanocarriers to bind to the cell membranes. In our experiment, multivalent CP were successfully introduced to the polymer and existed as out shell in the formed nanoparticles due to its strong hydrophilicity. The specific and strong interaction between multivalent CP and membranes accelerated these delivery systems to bind to the tumor cell membranes, and make it possible for more drug-loaded nanoparticles entered into the cells to exert their efficacy.<sup>29–35</sup> In addition, it has been found that the binding strength between the polymer nanocarriers and membranes depended on the number density of CP groups, and it can be improved as the increase of the number density of CP groups in a range.<sup>29,31</sup> But with the gain of polymer molecular weight, the entropic exclusion between the polymer chain and potentially binding species out of the cell membranes, like glycocalyx, plays the indispensable role in the interaction between the NDDS and membranes,<sup>29</sup> and this is why the PMCP<sub>180</sub>-s-s-PCL<sub>90</sub> produces a small increase in cellular uptake efficiency relative to PMCP<sub>120</sub>-s-s-PCL<sub>90</sub>.

### 3.4. In Vitro Drug Release Triggered via Glutathione.

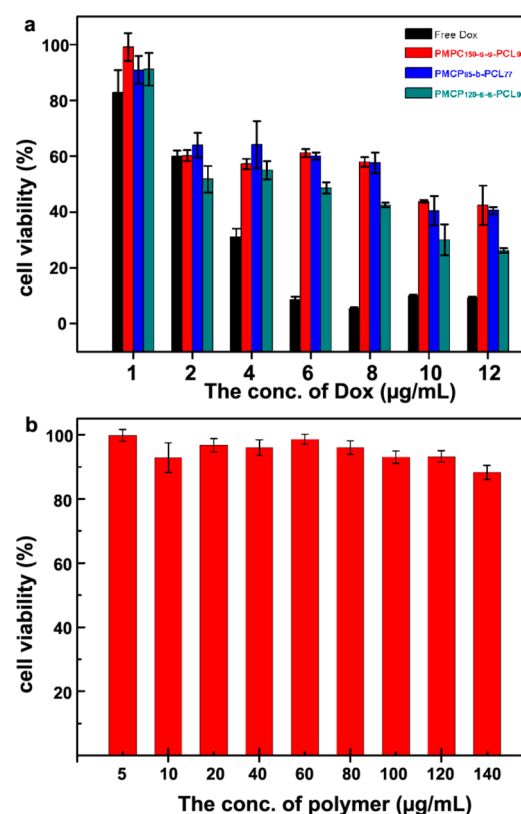
It is one of the most important issues for the drug-delivery systems to release the loaded-drug effectively after they entered into the tumor cells. To improve the release efficiency of Dox, we integrated the “disulfide bridge” into the polymer chain to conjugate the hydrophobic PCL and water-soluble PMCP. It has been found that the cleavage of “disulfide bridges” can be accelerated when they encounter high glutathione concentration,<sup>10</sup> and the concentration of glutathione in intracellular environment (10 mM) is much higher than that in the extracellular milieu (<10  $\mu$ M),<sup>41</sup> which made it possible for the disulfide bonds cleaved once these drug-loaded nanoparticles entered into the tumor cells, and then the cargo was released more effectively. In order to confirm the efficiency of bioreducible drug release, in vitro drug release at the milieu with or without 10 mM glutathione and the controlled experiment were determined. It can be found from Figure 5 that only 28.6% Dox was released after the drug-loaded PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> was incubated at PBS without glutathione for 36 h, but about 61.7% Dox was released effectively after incubated with 10 mM glutathione for same time scale, suggesting the PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> system was not only stable before they enter into the tumor cells but can also collapse effectively after they entered into the tumor cells. In the controlled experiment, the in vitro release of drug-loaded PMCP<sub>85</sub>-b-PCL<sub>77</sub> exhibited an inefficient release profile under the same conditions compared with the PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> in imitative intracellular milieu.

**3.5. Cellular Proliferation Inhibition.** Celltiter-Blue assay was used to evaluate in vitro cytotoxicity of Dox-loaded systems. The MCF-7 cells were incubated with Dox-loaded polymer of PMCP<sub>120</sub>-s-s-PCL<sub>90</sub>, PMCP<sub>85</sub>-b-PCL<sub>77</sub>, or PMPC<sub>150</sub>-s-s-PCL<sub>90</sub> for 2 h, and then incubated with fresh DMEM for another 22 h. As expected, compared with the other two controlled systems, the Dox-loaded PMCP<sub>120</sub>-s-s-PCL<sub>90</sub>



**Figure 5.** In vitro release curves, Dox released from polymers of PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> and PMCP<sub>85</sub>-b-PCL<sub>77</sub> nanoparticles in PBS buffer with or without 10 mM glutathione.

showed enhanced cytotoxicity to the cell lines MCF-7 (Figure 6a), which can be attributed to the enhanced internalization



**Figure 6.** (a) Incubated with different concentrations of free Dox, Dox-loaded PMCP<sub>120</sub>-s-s-PCL<sub>90</sub>, PMPC<sub>150</sub>-s-s-PCL<sub>90</sub>, and PMCP<sub>85</sub>-b-PCL<sub>77</sub> for 2 h, then incubated with serum-free DMEM for another 22 h; (b) MCF-7 cells incubated with gradient concentrations of the PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> for 24 h.

efficiency induced by the PMCP and improved intracellular drug release triggered by the cleavage of bioreducible linkers. Interestingly, the groups PMCP<sub>85</sub>-b-PCL<sub>77</sub> and PMPC<sub>150</sub>-s-s-PCL<sub>90</sub> exhibit similar therapeutic efficacy, which maybe because that although the former has the advantage to enhance the cellular uptake, the sluggish intracellular drug release contrast to the PMPC<sub>150</sub>-s-s-PCL<sub>90</sub> causes the Dox cannot effectively diffuse into nucleus to exert their cytostatic effects. The vitro



cytotoxicity of blank PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> nanocarrier toward MCF-7 was also estimated using a Celltiter-Blue assay. As shown in Figure 6b, the cell viability assays demonstrated the PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> has good biocompatibility and low toxicity. The same tendency was found in other two tumor cell lines (Figures S10 and S11). We also chose MCF-7 as the model to study the cytotoxicity of these polymer nanocarriers in the presence of serum (as shown in Figure S12). It was found that these polymer nanocarriers showed similar toxicity with those in the absence of serum. Combined with the previous cellular internalization results, it can be concluded that this CP-based polymer nanocarriers showed increased cellular internalization, low toxicity and good biocompatibility, which are independent of the existence of serum. All these results indicated that the PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> can be used as a novel delivery system to conquer some stubborn challenges in current tumor treatment.

#### 4. CONCLUSION

In summary, we designed and synthesized a new polymer delivery system, whose specific structures and features can be used to improve the therapy efficacy in tumor treatment. The integration of multivalent CP into the delivery system effectively enhanced the cellular internalization over a short time via the specific and strong interactions between PMCP and cell membrane. Meanwhile, the accelerated cleavage of bioreducible “disulfide bridge” between the hydrophobic PCL and water-soluble PMCP in intracellular milieu improved the Dox escape from the delivery system to cytoplasm to exert their cytostatic effects. Importantly, the in vitro cytotoxicity assays showed that the Dox-loaded PMCP<sub>120</sub>-s-s-PCL<sub>90</sub> had enhanced cytotoxicity to tumor cells. As a proof of concept, the multivalent CP decorating materials showed great potential to improve the internalization efficiency in drug delivery application.

#### ■ ASSOCIATED CONTENT

##### Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsami.7b03317.

Synthesis and characterization of the control, additional confocal images, flow cytometry analysis, and cell viability of other cell lines (A549 & HepG2) (PDF)

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##### Notes

The authors declare no competing financial interest.

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