This document is multiple notes and resources I found over time this is for emergency. Compiled info and hotlines a fast action resource page. made by ali short

Substance Abuse

alcoholism hotline drug dependency 1-800-nca-call al/ alateen drinking 1-800-356-9996 illegal drugs 1-800-662-4357 american council for drug education 1-800-488-drug american lung association 1-800-lung-usa cocaine anonymous referral line 1-800-347-8998

thecoolspot.gov teens.drugabuse.gov

lungsusa.com

sites http://www.marijuana-anonymous.org/

http://www.ca.org/

http://www.wsonic.com

http://www.helpfinders.com

http://www.drugfreeamerica.org//

Eating Disorders

national youth crisis hotline 1-800-448-4663 http://www.edrecovery.com

http://www.anred.com/

nationaleatingdisorders.org.

1-800-931-2237

mirror-mirror.org/eatdis.htm,

Physical and Mental Health

suicide 1-800-621-4000
1-800-64-panic
www.suicidepreventionlifeline.org
depression http://depression.about.com/library/hotlines
sexually transmitted diseases 1-800-227-8922
aids 1-800-342-2437
pregnancy 1-800-550-4900
1-800-228-0332
1-800-826-9662
http://pregnancyresourcecenter.org/

abuse

depression.com

rape 1-800-656-4673 dating violence 1-800-897-link prostitution 1-800-551-1300 domestic violence 1-800-799-7233 national domestic violence hotline 1-800-779-safe

child abuse 1-800-4-A-CHILD

sexual assault 1-800-656-hope

cada 360-675-cada or 1-800-215-5669 or crisis line 360-675-2232 www.cadacanhelp.org

sexual assault http://www.rainn.org

safeyouth.org.

ndvh.org/help/teen-help.html

gang prevention

cult awareness 1-800-556-3055

Education

1-800-usa-learn

1-800-4-fedaid

http://www.jobcorps.org

Other

runaway 1-800-621-4000

youth crisis hotline 1-800-448-4663

covenant house 9 line 1-800-999-9999

The Trevor Project at 1-866-488-7386. You can log on to thetrevorproject.org. (sexual preference) or

http://gsanetwork.org/

http://www.carolweston.com/ a author for teen girls may be of assistance

http://helpguide.org/

http://www.missingkids.com/Report

1-800-843-5678 sex trafficing

cutting

kidshealth.org/teen/your_mind/mental_health/cutting.html.

psyke.org)

1-800-DONTCUT

Teen Lines

http://teenlineonline.org/ 310-855-HOPE or 800-TLC-TEEN site and #

http://teentalkline.org/

focusas.com