Lasagna is a classic Italian dish known for its rich layers and comforting flavors. The main ingredients include wide flat pasta sheets, a hearty meat sauce typically made from ground beef or pork simmered with tomatoes and aromatic vegetables like onions and garlic, and a creamy béchamel sauce that adds smoothness and richness. Mozzarella and Parmesan cheeses are generously layered to create a golden, bubbly crust when baked. Fresh herbs such as basil and oregano often enhance the flavor profile, making lasagna a beloved dish worldwide for family dinners and special occasions.