



请遵循下面四个步骤，完成今日的无忧听写练习。

055.mp3

步骤一 难词先睹为快

在听写之前，请浏览下列单词，并重点记忆。

proverb 谚语

diplomat 外交家

步骤二 无忧听写练习（参考答案见章末）

不看下文，听录音，按照录音中的要求，把你听到的内容写到空白练习纸上。

Proverbs, sometimes called sayings, are examples of folk wisdom. They are little lessons which older people of the culture pass down to the younger people to teach them about life. Many proverbs remind people of values that are important in the culture. Values teach people how to act, what is right and what is wrong, because the values of each culture are different. Understanding the values of another culture helps to explain how people think and act. Understanding your own culture values is important, too. If you can accept that people from other cultures act according to their values not yours, getting along with them will be much easier. Many proverbs are very old. So some of the values they teach may not be as important in the culture as they once were. For example, Americans today do not pay much attention to the **proverbs** "haste makes waste", because patience is not important to them. But if you know about past values, it helps you to understand the present. And many of the old values are still strong today. Benjamin Franklin, a famous American **diplomat**, writer, and scientist, died in 1790. But his proverb "Time is money" is taken more seriously by Americans of today than ever before. A study of proverbs from around the world shows that some values are shared by many cultures. In many cases though, the same idea is expressed differently.

步骤三 听力理解测试

根据刚才听到的录音，为下列各题选择正确的答案。

1. Why are proverbs so important?
 - A) They help us see the important values of a culture.
 - B) They guide us in handling human relationships.
 - C) They help us express ourselves more effectively.
 - D) They are an infinite source of human knowledge.
2. According to the speakers, what happens to some proverbs with the **passage** of time?
 - A) Their wording may become different.
 - B) The values they reflect may change.
 - C) Their origins can no longer be traced.
 - D) They may be misinterpreted occasionally.

3. What do we learn from the study of proverbs from around the world?
- Certain values are shared by a large number of cultures.
 - Some proverbs are assuming more and more importance.
 - Old proverbs are constantly replaced by new ones.
 - Certain values have always been central to a culture.

步骤四 核对总结分析

核对听力原文，把听写中的各类错误总结规划到下表，日后重点复习。

序号	错误类型	实例汇总
1	连读、弱读	
2	美式发音	
3	纯生词	
4	拼写错误（单复数）	
5	单词发音不熟	
6	语法问题（时态等）	

MEMO

Every extremity is a fault.

万事过火都差误。

—Anonymous

句型拓展

Every child is an angel.

每个孩子都是天使。

Every star is a wish.

每颗星都是一个愿望。

人生真谛

凡事都应该量力而行，要自己把握度，不要过犹不及。人生许多事情皆是如此，都需要适当有度，超过了“度”的界限，事情就会变化，甚至变质。懂得适可而止，不过分强求，不随便放弃，常怀一颗平常心，一切美好就在指尖。