



请遵循下面四个步骤，完成今日的无忧听写练习。

068.mp3

### 步骤一 难词先睹为快

在听写之前，请浏览下列单词，并重点记忆。

**mixture** 混合物

**readily** 容易地，乐意地

**contaminate** 污染，弄脏

**eliminate** 消除

**hazard** 危险

### 步骤二 无忧听写练习（参考答案见章末）

不看下文，听录音，按照录音中的要求，把你听到的内容写到空白练习纸上。

Attracting and feeding wild birds are entertaining activities that have long been enjoyed by people all over the world. Feeding birds has become so popular that prepared feed **mixtures** are **readily** available. We feed birds for many reasons. Many pleasant hours can come from watching birds. A hobby often develops into a serious study of their habits. Accurate identification of birds is usually the first goal. But observations that an amateur bird-watcher can make are really limitless. There is, however, responsibility associated with bird feeding, including a disease hazard. Attracting numbers of birds continually to the same spot can be harmful to them, particularly species that pick food from the ground **contaminated** by the droppings of other birds. In winter feeding efforts are most satisfying to people and are of greatest benefit to birds. During this time when fewer natural foods are available and air temperatures are lower, extra feeding can keep a bird warm and well. Once begun, feeding should never stop during these lean months. If you start a local increase of birds, be prepared to do what may be required to **eliminate hazards** to those you want to befriend. A constant supply of food should be given until the cold is over and spring has come. If feeding is stopped during severe weather, birds used to relying upon the feeders must starve.

### 步骤三 听力理解测试

根据刚才听到的录音，为下列各题选择正确的答案。

- What does the speaker say about bird watching?
  - It is entertaining.
  - It is a costly hobby.
  - It takes lots of time.
  - It requires training.
- What does the speaker say about birds are fed continually on the same spot?
  - They can harm nearby plants.
  - They may catch some disease.
  - They fight each other for food.

- D) They may pollute the environment.
3. What does the speaker suggest we do in feeding birds in winter?
- A) Place the food on warmer spots.
- B) Use prepared feed mixtures only.
- C) Avoid using any contaminated food.
- D) Continue the feeding till it gets warm.

#### 步骤四 核对总结分析

核对听力原文，把听写中的各类错误总结规划到下表，日后重点复习。

序号	错误类型	实例汇总
1	连读、弱读	
2	美式发音	
3	纯生词	
4	拼写错误（单复数）	
5	单词发音不熟	
6	语法问题（时态等）	

#### MEMO

The bough that bears most, hangs lowest.

结果最多的枝头，垂得最低。

——T. Fuller

T. 富勒（英国学者）

#### 句型拓展

The purest gold is the most ductile. 纯金最韧。

The most common thing is the most useful. 常见之物用处大。

#### 人生真谛

成功的第一个条件是真正的虚心，越有成就的人往往就越谦虚。谦虚谨慎的品格，能使一个人面对成功、荣誉时不骄傲，把它视为一种激励自己继续前进的力量，而不会陷在荣誉和成功的喜悦中不能自拔，沾沾自喜于一得之功，不再进取。