



请遵循下面四个步骤，完成今日的无忧听写练习。

057.mp3

步骤一 难词先睹为快

在听写之前，请浏览下列单词，并重点记忆。

available 可得到的，可利用的

saving 积蓄

relative 亲戚

use up 用完

appreciate 欣赏，感激

步骤二 无忧听写练习（参考答案见章末）

不看下文，听录音，按照录音中的要求，把你听到的内容写到空白练习纸上。

When people care for an elderly relative, they often do not use **available** community services, such as adult day care centers. If the care givers are adult children, they are more likely to use such services, especially because they often have jobs and other responsibilities. In contrast, a spouse, usually the wife, is much less likely to use support services or to put a dependent person in a nursing home. Social workers discover that the wife normally tries to take care of her husband herself for as long as she can in order not to **use up** their life **savings**. Researchers have found that caring for the elderly can be a very positive experience. The elderly **appreciated** the care and attention they received. They were affectionate and corporative. However, even when care giving is satisfying, it is hard work. Social workers and experts on aging offer care givers and potential care givers help when arranging for the care of an elderly **relative**. One consideration is to ask parents what they want before they become sick or dependent. Perhaps they prefer going into a nursing home and can select one in advance. On the other hand, they may want to live with their adult children. Care givers must also learn to state their needs and opinions clearly and ask for help from others especially brothers and sisters. Brothers and sisters are often willing to help but they may not know what to do.

步骤三 听力理解测试

根据刚才听到的录音，为下列各题选择正确的答案。

- Why are adult children more likely to use community services to help care for elderly parents?
 - They think they should follow the current trend.
 - Nursing homes are well-equipped and convenient.
 - Adult day-care centers are easily accessible.
 - They have jobs and other commitments.
- Why are most wives unwilling to put their dependent husbands into nursing homes?
 - They don't want to use up all their life savings.
 - They fear they will regret it afterwards.

- C) They would like to spend more time with them.
D) They don't want to see their husbands.
3. According to the passage, what must care givers learn to do?
A) Provide professional standard care.
B) Be affectionate and cooperative.
C) Be frank and seek help from others.
D) Make full use of community facilities.

步骤四 核对总结分析

核对听力原文，把听写中的各类错误总结规划到下表，日后重点复习。

序号	错误类型	实例汇总
1	连读、弱读	
2	美式发音	
3	纯生词	
4	拼写错误（单复数）	
5	单词发音不熟	
6	语法问题（时态等）	

MEMO

Many a little makes a mickle.

积少成多。

—Anonymous

句型拓展

Many littles make a much. 积少成多。

Friendship makes life worth living. 友谊使生活更有价值。

人生真谛

不积跬步，无以至千里，不积小流，无以成江海。我们有时候会希望摆脱小事，不肯为琐碎的事操心，甚至不屑去做小事，可是如果我们忽略小事，小物，小地方，大事也不能完成。无论做什么事，若能不断努力，每次做一点，永恒地做下去，积少成多，就一定可以做成大事。